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The Utility of ctDNA in Lung Cancer Clinical Research and Practice: A Systematic Review and Meta-Analysis of Clinical Studies

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ABSTRACT

This systematic review with embedded meta-analysis aimed to evaluate the clinical utility of circulating tumor DNA (ctDNA) in lung cancer. After screening and review of the Embase database search, 111 studies from 2015 to 2020 demonstrated ctDNA's value in prognostication/monitoring disease progression, mainly in patients with advanced/metastatic disease and non-small cell lung cancer. ctDNA positivity/detection at any time point was associated with shorter progression-free survival and overall survival, whereas ctDNA clearance/decrease during treatment was associated with a lower risk of progression and death. Validating these findings and addressing challenges regarding ctDNA testing integration into clinical practice will require further research.

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KEYWORDS



Biomarker; circulating tumor DNA; non-small cell lung cancer; small cell lung cancer; lung cancer

Introduction


Released by cancer cells through apoptosis, lysis of circulating tumor cells, and active secretion, circulating tumor DNA (ctDNA) constitutes a small fraction of cell-free DNA (cfDNA) in blood (1,2). Unlike tumor tissue sampling, which is limited by invasiveness and associated risks, tissue accessibility, sampling frequency, and cost, ctDNA offers a convenient, minimally invasive method to measure tumor burden and genomic profile. Additionally, because of the short half-life in circulation, ctDNA is considered a “real-time” snapshot of tumor activity (2). These features make ctDNA a promising molecular biomarker in oncology and have triggered interest in ctDNA utility during the past decade. Recent technological advances in the detection and quantification of low-abundance ctDNA have accelerated the progress of integrating ctDNA testing into clinical decision-making in cancer care. Recently

published US Food and Drug Administration draft guidance and the European Society for Medical Oncology recommendations on ctDNA utility in cancer further confirm the value and potential of ctDNA while also highlighting the knowledge gaps and data limitations in its clinical utility (3,4). Within the field, there is substantial interest in refining study designs and standardizing assessment methods to improve the level of evidence for the different ctDNA utilities in early- and late-stage disease (3–5).

ctDNA biology, evaluation techniques, and potential applications have been reviewed in numerous publications (2,6–9). As the treatment landscape for lung cancer has increasingly shifted toward the use of targeted therapies and immunotherapies (10–12), there has been substantial interest in using ctDNA for the detection of specific gene mutations to inform treatment selection. Multiple actionable mutations have been

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identified in non-small cell lung cancer (NSCLC), including mutations in *EGFR*, *KRAS*, and *ALK* (11). ctDNA-mediated detection of these mutations has the potential to help direct targeted therapy selection or monitor treatment response in situations where biopsies are not feasible.

Previous systematic reviews on ctDNA in lung cancer have primarily focused on diagnostic accuracy, evaluating the concordance between ctDNA results and tissue-based testing (13–16). Another systematic review in NSCLC focused on the association between ctDNA and response to immune checkpoint inhibitors (ICIs) (17). The literature on ctDNA utility within small cell lung cancer (SCLC) is more limited, with 1 systematic review that examined the role of ctDNA for disease monitoring and genomic profiling (18). Although these analyses furnish valuable insights, they do not provide information on the bigger picture of how ctDNA is being used across lung cancer in this rapidly developing field. This systematic review aimed to comprehensively summarize data on the utility of ctDNA from published clinical studies of lung cancer. The findings detail the current landscape of ctDNA applications in lung cancer, serving as a foundation to inform study design development and result interpretation.

Methods

Literature identification and eligibility criteria

A systematic literature review was performed using the Embase database to identify published literature on lung cancer and ctDNA from January 1, 2015, to December 31, 2020. The final search terms were “(‘lung cancer’/exp OR ‘lung cancer’) AND (‘ctDNA’ or ‘circulating tumor DNA’ or ‘cell-free tumor DNA’) AND [english]/-lim AND [2015–2020]/py”. No limitations were placed on lung cancer type or disease stage.

Full-text original clinical research articles were included; review/meta-analysis articles and non-English articles were excluded. Conference abstracts, editorials, commentaries, case reports, and study protocols were excluded because of incompleteness of data or small sample sizes.

Articles were included for studies in which ctDNA was linked to clinical features (eg, tumor stage) or outcomes (eg, progression-free survival). Articles that were limited to the following topics were considered out of scope for this review and therefore excluded: cfDNA, specimens other than blood/plasma/serum, ctDNA analytic validation (eg, descriptive analysis of ctDNA dynamics or correlation with tumor tissue DNA), or assessment of the tumor burden without relating ctDNA to tumor characteristics or clinical outcomes. However, articles that measured the genomic alterations of specific molecular tumor-related alterations in cfDNA were included. Initial selection based on title and abstract was performed by 2 independent reviewers; any disagreements on inclusion/exclusion were resolved by a third reviewer or consensus-based discussion. One reviewer also identified additional articles using reference lists from systematic review or meta-analysis reports on the same or a similar topic.

Data collection and extraction

One reviewer extracted data from included articles into a predefined extraction Excel table, covering article information (authors, title, publication year), study design (study period, location, research/clinical settings, study population, sample size), tumor characteristics (lung cancer subtype, stage), and ctDNA-related information (platform type, test timing, clinical utility). Extracted data were quality checked by a second reviewer.

The ctDNA utilizations proposed by Wan and colleagues and Narayan and colleagues were adapted (Table 1) (2,19). Studies were classified into 3 categories based on ctDNA testing aims, the timing of ctDNA tests, and endpoints/outcomes in the analyses: (1) diagnosis (early diagnosis, screening), (2) prognostication (detection, profiling, prognostication), and (3) monitoring (monitoring disease progression, treatment response, or genomic evolution using longitudinal ctDNA samples). Because disease history and ctDNA dynamics are a continuous course, categories were not mutually exclusive. Studies

Table 1. Description of ctDNA clinical utilities in lung cancer.

Utility	Aims	Timing of ctDNA Test	Endpoints/Outcomes
Diagnosis (early diagnosis, screening)	Detect ctDNA in general population or high-risk noncancer populations to identify patients with lung cancer	Cross-sectional or longitudinal before clinical lung cancer diagnosis	Cancer incidence, prediction accuracy, etc
Prognostication (detection, profiling, prognostication)	Characterize ctDNA qualitatively or quantitatively in patients with lung cancer to predict clinical prognosis	Cross-sectional in disease/treatment journey (eg, at diagnosis, after surgery, after systemic therapy)	Cancer characteristics, recurrence, progression, death, etc
Monitoring (monitoring disease progression, treatment response, or genomic evolution)	Capture ctDNA dynamics (ie, change in repeated measures) during/after treatment qualitatively or quantitatively in patients with lung cancer, and correlate these features with progression, treatment response, or tumor evolution	Longitudinal through patient treatment journey (eg, during/after neoadjuvant treatment, adjuvant treatment, or systemic treatment)	Treatment response, recurrence, progression, death, prediction accuracy, lead time, changes in ctDNA genomic profile, etc

ctDNA: circulating tumor DNA.

Adapted from the ctDNA utilizations proposed by Wan et al.⁽²⁾ and Narayan et al.⁽¹⁹⁾

that fulfilled more than 1 predefined category were reported in multiple categories.

Meta-analysis

A meta-analysis was conducted to quantitatively review and synthesize the association of ctDNA with clinical outcomes for patients with lung cancer. Studies that reported hazard ratios (HRs) with corresponding 95% CIs for the association between ctDNA and progression-free survival (PFS) or overall survival (OS) were included in the meta-analyses. ctDNA detection was assessed as a binary variable (positive vs. negative or decrease/clearance yes vs. no). For longitudinal ctDNA assessments, results were grouped according to 3 broad categories (before, during, or after treatment). The definition of ctDNA decrease/clearance varied across studies in terms of the timing and number of ctDNA assessments. However, because of the small number of studies, all definitions of ctDNA decrease/clearance were grouped together and treated as the same. Separate analyses were performed for the detection of *EGFR* mutation(s) in ctDNA. Although mutations in other tumor genes were of interest, data were insufficient for meta-analyses.

Pooled estimates were calculated using fixed-effect and random-effect models (20), respectively, depending on the *p* value (cut point, 0.05) and I^2 for the test of heterogeneity (>50%). Results were presented in forest plots. Stratified analyses were performed by potential effect modifiers, including ctDNA assessment timing (before, during, or after treatment), study type

(observational study vs. clinical trial), lung cancer histology subtype (NSCLC vs. other), and disease stage (advanced/metastatic vs. early) when adequate data were available (≥ 3 studies in a category). The appropriateness of the assumptions made for the analyses was assessed by performing the I^2 test of heterogeneity and using meta-regression to assess effect modifiers (21,22). Egger tests (when study number was >10) and funnel plots were used to assess publication bias. All statistical tests were 2-sided with α of 0.05. All analyses were performed using R version 4.1.0 with the “meta” and “metafor” packages.

Results

Study selection

A total of 2200 publications were identified in the initial Embase search (Figure 1). Of the 238 articles selected from the initial screening for full-text review, 101 articles were selected for inclusion. Ten additional articles were identified by reviewing the reference lists for recent selected meta-analysis or review articles (23–25). The final review included 111 articles (Table 2).

Study and patient characteristics

Table 3 summarizes the characteristics for all 111 included studies. ctDNA was increasingly studied during 2015–2020, with 60 studies (54.1%) published in 2019 or 2020. Overall, 52.3% of included studies were conducted in Asia-Pacific, 25.2% in European countries, and 19.8% in the United States or Canada. Most studies (78.4%) used an

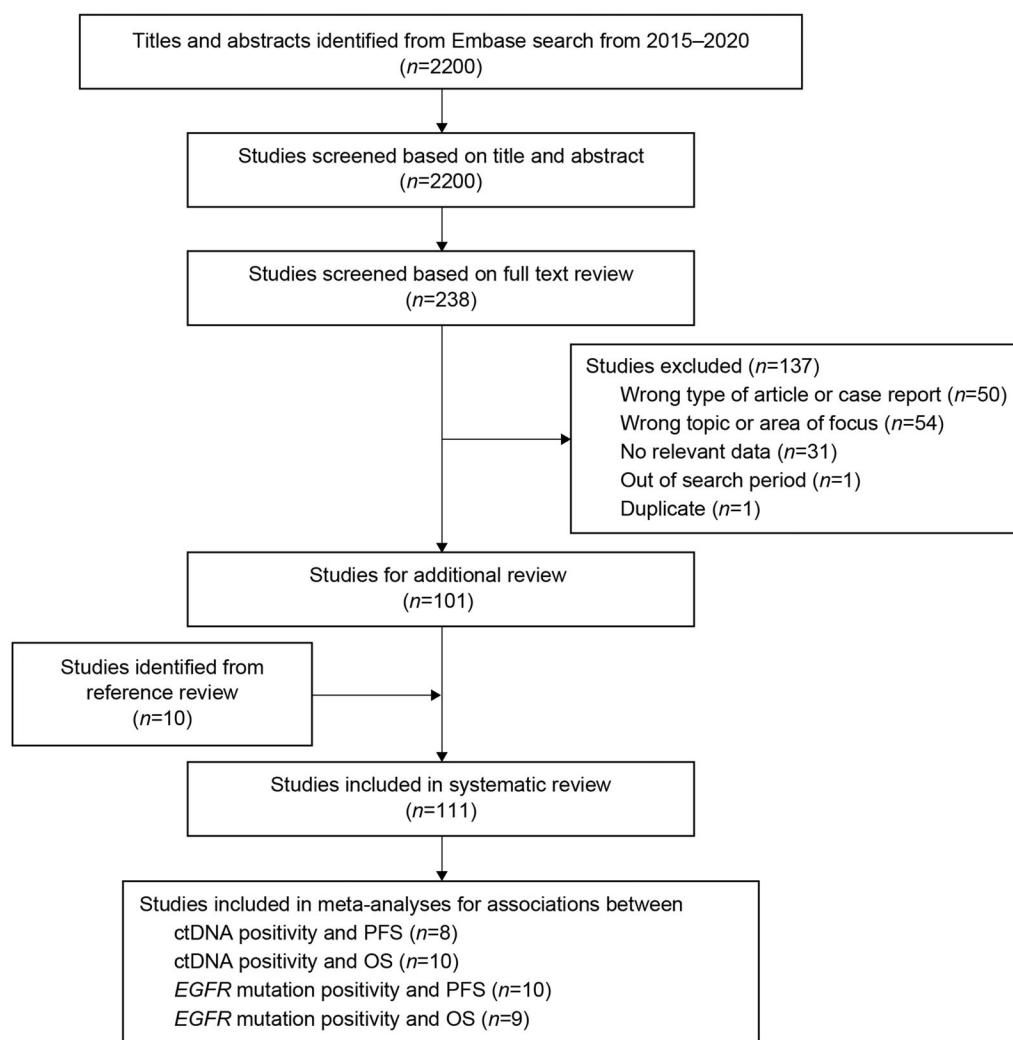


Figure 1. PRISMA diagram. All records were screened and reviewed by 2 independent human reviewers. ctDNA: circulating tumor DNA; EGFR: epidermal growth factor receptor; OS: overall survival; PFS: progression-free survival.

observational design, with clinical trials constituting 21.6% of the studies. The number of patients who underwent ctDNA testing differed significantly across studies, ranging from 8 to 1070, with 39.6% of studies including fewer than 50 patients with ctDNA data. Of the included studies, 73.0% were conducted among patients with advanced/metastatic disease (Table 3). Most studies (79.3%) included patients with NSCLC.

ctDNA measurement

Although the number of ctDNA tests per patient depended on the study aims and design, 52.3% of the studies measured ctDNA in each patient (or a subset of patients) multiple times (Supplementary

Table 1). In the identified studies, tumor-informed testing was used less frequently (2.7%) than tumor-naïve testing (97.3%). Prognostication was the most common utility (76.6%), followed by monitoring progression/treatment response (47.7%). Only 3 studies (2.7%) assessed ctDNA for early cancer diagnosis.

ctDNA for early cancer diagnosis and screening

Three studies used ctDNA as a screening biomarker for the diagnosis of lung cancer (Supplementary Table 2) (26–28). Studies were in the exploratory stage and generally focused on diagnostic accuracy compared with pathological diagnosis, with varied results for sensitivity and specificity.

Table 2. Basic characteristics of the 111 studies included in the literature review.

First author	Year	Location	Study Type	Subtype	Tumor Stage ^a	Sample Size ^b	Assay Type	ctDNA Testing Number ^c	Utility
Abbosh C	2017	Multiple	Observational	NSCLC	I-III	100	Tumor-informed	Single	Evolution
Aldea M	2019	France	Observational	NSCLC	IV	247	Tumor-naïve	Multiple	Prognostication Monitoring
Alegre E	2016	Spain	Observational	NSCLC	I-IV	36	Tumor-naïve	Multiple	Prognostication Monitoring
Anagnostou V	2019	USA	Observational	NSCLC	Metastatic	40	Tumor-naïve	Multiple	Monitoring
Baigkouramidou I	2016	Greece	Observational	NSCLC	I-IV	44	Tumor-naïve	Single	Prognostication
Beagan JJ	2020	Netherlands	Observational	NSCLC	Metastatic	20	Tumor-naïve	Single	Prognostication
Buder A	2020	Austria	Observational	NSCLC	Metastatic	108	Tumor-naïve	Single	Prognostication
Buttitta F	2020	Italy	Observational	NSCLC	III-IV	64	Tumor-naïve	Multiple	Monitoring
Chabon JJ	2016	USA	Clinical trial	NSCLC	III-IV	43	Tumor-informed	Multiple	Monitoring
Chae YK	2019	USA	Observational	NSCLC	III-IV	136	Tumor-naïve	Single	Prognostication
Chaudhuri AA	2017	USA	Observational	Any LC	I-III	40	Tumor-naïve	Multiple	Diagnosis Prognostication Monitoring
Chen C	2020	China	Observational	NSCLC	I	163	Tumor-naïve	Single	Diagnosis
Chen K	2019	China	Observational	Any LC	I-IV	26	Tumor-naïve	Multiple	Monitoring
Chia BSH	2020	Singapore	Observational	Any LC	I-III	9	Tumor-naïve	Single	Prognostication
Chiou C-C	2020	China	Observational	NSCLC	IV	11	Tumor-naïve	Multiple	Monitoring
Cho M-S	2020	South Korea	Observational	NSCLC	I-IV	36	Tumor-naïve	Single	Prognostication
Corradetti MN	2019	USA	Clinical trial	Any LC	III	24	Tumor-naïve	Single	Prognostication
Dagogo-Jack I	2018	USA	Observational	Adenocarcinoma	I-IV	22	Tumor-naïve	Single	Monitoring
Del Re M	2017	Italy	Observational	NSCLC	IIIB, IV	49	Tumor-naïve	Single	Prognostication
Demuth C	2018	Denmark	Observational	NSCLC	III-IV	40	Tumor-naïve	Multiple	Monitoring
Dietz S	2020	Germany	Observational	NSCLC	Metastatic	73	Tumor-naïve	Single	Prognostication
Ding PN	2019	Australia	Observational	NSCLC	IV	28	Tumor-naïve	Multiple	Monitoring
Duan J	2020	China	Clinical trial	Adenocarcinoma	IV	180	Tumor-naïve	Multiple	Prognostication Monitoring
Ebert EBF (A)	2020	Denmark	Observational	NSCLC	Advanced	82	Tumor-naïve	Multiple	Prognostication Monitoring
Ebert EBF (B)	2020	Denmark	Observational	NSCLC	Advanced	98	Tumor-naïve	Multiple	Prognostication Monitoring
Gandara DR	2018	Multiple	Clinical trial	NSCLC	Advanced	1070	Tumor-naïve	Single	Prognostication
Giroux Leprieur E	2020	France	Observational	NSCLC	Advanced	8	Tumor-naïve	Multiple	Monitoring
Giroux Leprieur E	2018	France	Observational	NSCLC	Advanced	15	Tumor-naïve	Multiple	Prognostication Monitoring
Goldberg SB	2018	USA	Observational	NSCLC	Metastatic	28	Tumor-naïve	Multiple	Prognostication Monitoring
Guibert N	2019	France	Clinical trial	NSCLC	IIIB, IV	86	Tumor-naïve	Multiple	Prognostication
Guibert N	2016	France	Observational	Adenocarcinoma	Metastatic	32	Tumor-naïve	Single	Prognostication
Guo D	2020	China	Observational	NSCLC	I-IV	64	Tumor-naïve	Multiple	Monitoring
Guo N	2016	China	Observational	NSCLC	I-IV	41	Tumor-naïve	Multiple	Monitoring
Han JY	2016	South Korea	Clinical trial	NSCLC	IIIB, IV	208	Tumor-naïve	Single	Prognostication
Han X	2019	China	Observational	Adenocarcinoma	III-IV	32	Tumor-naïve	Multiple	Prognostication
He J (A)	2017	China	Observational	Adenocarcinoma	III/IV	120	Tumor-naïve	Multiple	Prognostication
He J (B)	2017	China	Clinical trial	NSCLC	Advanced	200	Tumor-naïve	Multiple	Prognostication Monitoring
Hellmann MD	2020	USA	Observational	NSCLC	IV	31	Tumor-informed	Single	Prognostication
Herbreteau G	2020	France	Clinical trial	SCLC	Limited or extensive ^d	68	Tumor-naïve	Single	Prognostication
Horn GYF	2020	Hong Kong	Observational	NSCLC	IV	20	Tumor-naïve	Multiple	Monitoring
Horn L	2019	USA	Clinical trial	NSCLC	IV	76	Tumor-naïve	Single	Prognostication
Iijima Y	2017	Japan	Observational	NSCLC	Metastatic	14	Tumor-naïve	Multiple	Prognostication Monitoring
Imamura F	2016	Japan	Observational	NSCLC	III-IV	52	Tumor-naïve	Single	Prognostication
Isaksson S	2019	Sweden	Observational	NSCLC	I-III	146	Tumor-naïve	Single	Prognostication
Iwama E	2018	Japan	Observational	NSCLC	IIIB, IV	35	Tumor-naïve	Multiple	Prognostication

(continued)

Table 2. Continued.

First author	Year	Location	Study Type	Subtype	Tumor Stage ^a	Sample Size ^b	Assay Type	ctDNA Testing Number ^c	Utility
Iwama E	2017	Japan	Clinical trial	Adenocarcinoma	IIIB, IV	35	Tumor-naïve	Multiple	Prognostication Monitoring
Jia J	2018	China	Observational	NSCLC	IV	150	Tumor-naïve	Multiple	Prognostication Monitoring
Jiang J	2020	Germany	Observational	NSCLC	III-IV	71	Tumor-naïve	Multiple	Prognostication
Jiang T	2017	China	Clinical trial	NSCLC	IIIB, IV	48	Tumor-naïve	Multiple	Prognostication
Kim T	2019	South Korea	Observational	Adenocarcinoma	I-IV	81	Tumor-naïve	Single	Prognostication
Kuang PP	2020	China	Observational	NSCLC	IB-III	38	Tumor-naïve	Multiple	Prognostication Monitoring
Lee JY	2016	South Korea	Observational	NSCLC	IV	81	Tumor-naïve	Multiple	Prognostication Monitoring
Lee Y	2018	South Korea	Observational	NSCLC	Advanced	57	Tumor-naïve	Multiple	Prognostication Monitoring
Leung M	2020	UK	Observational	Any LC	I-IV	192	Tumor-naïve	Single	Prognostication
Lin X	2019	China	Observational	NSCLC	III-IV	36	Tumor-naïve	Single	Prognostication
Liu Y	2020	China	Observational	Squamous cell	IA-IV	26	Tumor-naïve	Single	Prognostication
Liu Z	2019	China	Observational	NSCLC	Advanced	853	Tumor-naïve	Single	Prognostication
Mastoraki S	2021	USA	Observational	NSCLC	I-IV	139	Tumor-naïve	Single	Prognostication
Mezquita L	2020	France	Observational	NSCLC	I-IV	128	Tumor-naïve	Multiple	Prognostication
Minari R	2020	Italy	Observational	NSCLC	Advanced	120	Tumor-naïve	Single	Prognostication
Moding EJ	2020	USA	Clinical trial	NSCLC	II-III	65	Tumor-naïve	Multiple	Prognostication Monitoring
Mok T	2015	China	Clinical trial	NSCLC	IIIB, IV	447	Tumor-naïve	Multiple	Prognostication Monitoring
Moon SM	2020	South Korea	Observational	NSCLC and SCLC	I-IV	99	Tumor-naïve	Single	Diagnosis
Nardo G	2020	Italy	Observational	NSCLC	I-IV	122	Tumor-naïve	Single	Prognostication
Nong J	2018	China	Observational	SCLC	Limited or extensive ^d	22	Tumor-naïve	Multiple	Prognostication Monitoring
Ohara S	2020	Japan	Observational	Any LC	IIA-IIIa	20	Tumor-naïve	Multiple	Prognostication
O'Kane GM	2019	Canada	Observational	NSCLC	IV	72	Tumor-naïve	Single	Prognostication
Ortiz-Cuaran S	2020	France	Clinical trial	NSCLC	Metastatic	78	Tumor-naïve	Multiple	Prognostication Monitoring
Oxnard GR	2016	Taiwan	Clinical trial	NSCLC	Advanced	271	Tumor-naïve	Single	Prognostication
Park C-K	2019	South Korea	Clinical trial	NSCLC	Metastatic	80	Tumor-naïve	Single	Prognostication
Pécuchet N	2016	France	Observational	NSCLC	IIIB, IV	105	Tumor-naïve	Multiple	Prognostication
Pender A	2020	Canada	Clinical trial	NSCLC	Advanced	177	Tumor-naïve	Single	Prognostication
Peng M	2020	China	Observational	NSCLC	I-IV	75	Tumor-naïve	Multiple	Prognostication
Peng X	2019	China	Observational	Any LC	I-IV	31	Tumor-naïve	Single	Prognostication
Phallen J	2019	USA	Observational	NSCLC	I-IV	28	Tumor-naïve	Multiple	Prognostication
Plotrowska Z	2015	USA	Clinical trial	Any LC	Advanced	25	Tumor-naïve	Single	Prognostication Monitoring
Provencio M	2018	Spain	Observational	NSCLC	III-IV	41	Tumor-naïve	Multiple	Monitoring
Raja R	2018	Worldwide	Observational	NSCLC	III-IV	100	Tumor-naïve	Multiple	Monitoring
Rao C	2018	China	Observational	NSCLC	IV	34	Tumor-naïve	Single	Monitoring
Reckamp KL	2020	USA	Observational	NSCLC	IV	76	Tumor-naïve	Single	Prognostication
Remon J	2017	France	Observational	NSCLC	III-IV	48	Tumor-naïve	Single	Prognostication
Romero A	2020	Spain	Observational	NSCLC	Advanced	22	Tumor-naïve	Multiple	Monitoring
Schwaederlé MC	2017	USA	Observational	Adenocarcinoma	IIIB, IV	88	Tumor-naïve	Single	Prognostication
Song Y	2020	China	Observational	NSCLC	Advanced	248	Tumor-naïve	Multiple	Prognostication Monitoring
Spence T	2021	Canada	Observational	NSCLC	Metastatic	343	Tumor-naïve	Multiple	Monitoring
Sueoka-Aragane N	2015	Japan	Observational	Adenocarcinoma	Advanced	89	Tumor-naïve	Multiple	Monitoring
Taus A	2018	Spain	Observational	NSCLC	III-IV	33	Tumor-naïve	Multiple	Monitoring
Thompson JC	2016	USA	Observational	NSCLC	III-IV	102	Tumor-naïve	Multiple	Monitoring
Tsui DWY	2018	Singapore	Clinical trial	NSCLC	IV	50	Tumor-naïve	Single	Prognostication Monitoring
Uchida J	2016	Japan	Observational	NSCLC	IV	57	Tumor-naïve	Multiple	Monitoring
Usui K	2019	Japan	Observational	NSCLC	Advanced	122	Tumor-naïve	Multiple	Monitoring
Wang J	2017	China	Observational	NSCLC	IV	22	Tumor-naïve	Single	Prognostication
Wang W	2017	China	Observational	NSCLC	IV	75	Tumor-naïve	Single	Prognostication

(continued)

Table 2. Continued.

First author	Year	Location	Study Type	Subtype	Tumor Stage ^a	Sample Size ^b	Assay Type	ctDNA Testing Number ^c	Utility
Wang Y	2019	China	Observational	NSCLC	I-IV	464	Tumor-naïve	Single	Prognostication
Wang Z	2018	China	Clinical trial	Adenocarcinoma	IV	183	Tumor-naïve	Multiple	Prognostication Monitoring
Wang Z	2019	China	Observational	NSCLC	III-IV	84	Tumor-naïve	Single	Prognostication
Wei Z	2017	China	Clinical trial	NSCLC	IIIB, IV	200	Tumor-naïve	Multiple	Prognostication Monitoring
Wu Y-L	2019	China	Clinical trial	NSCLC	Advanced	169	Tumor-naïve	Single	Prognostication
Xing P	2019	China	Observational	Adenocarcinoma	Metastatic	36	Tumor-naïve	Multiple	Prognostication Monitoring
Yang W	2020	China	Observational	NSCLC	I	82	Tumor-naïve	Multiple	Monitoring
Yang X	2016	China	Observational	NSCLC	IV	73	Tumor-naïve	Multiple	Prognostication Monitoring
Yu HA	2020	USA	Clinical trial	NSCLC	Metastatic	49	Tumor-naïve	Multiple	Monitoring
Zhang C	2017	USA	Observational	NSCLC	Advanced	45	Tumor-naïve	Single	Monitoring
Zhang EW	2020	USA	Observational	NSCLC	Metastatic	75	Tumor-naïve	Single	Prognostication
Zhang H	2018	China	Observational	NSCLC	Metastatic	160	Tumor-naïve	Single	Prognostication
Zhang S	2018	China	Observational	NSCLC	III-IV	307	Tumor-naïve	Single	Prognostication
Zheng D	2016	China	Observational	NSCLC	Advanced	117	Tumor-naïve	Single	Prognostication Monitoring
Zheng Q	2020	China	Observational	NSCLC	Advanced	54	Tumor-naïve	Single	Prognostication
Zhou Q	2016	China	Clinical trial	NSCLC	IIIB, IV	78	Tumor-naïve	Multiple	Prognostication
Zhou Y	2018	China	Observational	NSCLC	I-IV	212	Tumor-naïve	Single	Prognostication
Zhu Y-J	2017	China	Observational	NSCLC	III-IV	57	Tumor-naïve	Multiple	Prognostication Monitoring

LC: lung cancer; NSCLC: non-small cell lung cancer; SCLC: small cell lung cancer; UK: United Kingdom; US: United States.

^aThere were no standardized definitions for “early stage,” “advanced stage,” or “metastatic stage.” Typically, early stage included stages I, IIA, IIB, and IIIA; advanced stage included locally advanced and stage IV; metastatic disease includes initial stage IV or metastatic disease with initial diagnosis of early stage.

^bSample size was the number of patients who underwent ctDNA testing, not overall size of the study patient population.

^cNumber of times within the study that ctDNA was sampled and tested.

^dNot further defined.

Table 3. Characteristics of the 111 studies included in the review.

Characteristic	Studies, n (%)
Study characteristics	
Publication year	
2015	3 (2.7)
2016	15 (13.5)
2017	15 (13.5)
2018	18 (16.2)
2019	22 (19.8)
2020	38 (34.2)
Region	
Asia-Pacific	58 (52.3)
Europe	28 (25.2)
United States and Canada	22 (19.8)
Multiple countries	3 (2.7)
Study design	
Clinical trial	24 (21.6)
Observational study	87 (78.4)
Sample size ^a	
<50	44 (39.6)
50–100	33 (29.7)
≥101	34 (30.6)
Patient characteristics	
Tumor stage ^b	
Stage I	2 (1.8)
Stage I–III	5 (4.5)
Stage II/III	2 (1.8)
Stage III	1 (0.9)
Stage I–IV	20 (18.0)
Stage III/IV	29 (26.1)
Advanced	21 (18.9)
Stage IV or “metastatic”	31 (27.9)
Tumor subtype	
Any non–small cell lung cancer	88 (79.3)
Adenocarcinoma only	11 (9.9)
Squamous cell carcinoma only	1 (0.9)
Small cell lung cancer only	2 (1.8)
Any lung cancer (not defined)	9 (8.1)

ctDNA: circulating tumor DNA.

^aNumber of patients who underwent ctDNA testing, not the size of the study population.

^bCategories represent the descriptions provided in the studies.

ctDNA for prognostication

Linking ctDNA to prognosis was the most common utility identified among the included studies. Most studies of ctDNA detection and lung cancer prognosis focused on PFS or OS, with worse survival outcomes for patients with detected ctDNA at all disease stages. The association between detection of ctDNA and tumor characteristics, such as stage and subtype, has not been extensively studied in patients with lung cancer. Results from studies reporting these associations have been mixed.

ctDNA positivity before treatment

Many studies focused on the implications of ctDNA positivity/detection before treatment (eg, surgery, chemotherapy, targeted therapy) in patients with all disease stages combined (10 studies, [Supplementary Table 3](#)) (29–38),

nonmetastatic disease (stages I–III combined, 7 studies, [Supplementary Table 4](#)) (39–45), and advanced/metastatic disease (45 studies, [Supplementary Table 5](#)) (42,46–88). The association between detectable ctDNA before treatment and baseline tumor features (eg, tumor size, type of metastasis) was not consistently reported. Several studies reported higher ctDNA levels with advanced disease stage; this association was not consistently observed, perhaps owing in part to the inclusion of relatively few patients with early-stage disease (30–34,36,42,49). Similarly, several studies reported ctDNA positivity or a higher concentration of ctDNA associated with specific metastatic sites or the number of metastatic sites, but results were sparse and inconsistent (32,33,49–52,86,87).

Most studies reported shorter OS or PFS associated with ctDNA positivity and/or higher concentrations of ctDNA, regardless of lung cancer stage ([Supplementary Tables 4 and 5](#)) (39–88). Among studies that evaluated overall ctDNA positivity (not specific genetic mutations in ctDNA) before treatment, only 2 studies did not find an association between overall ctDNA positivity/detection and survival outcomes (44,71). Most of the studies that evaluated mutations in a single predefined mutated oncogene (eg, T790M resistance mutation in the *EGFR* gene, *KRAS*) did not find an association between pretreatment ctDNA and prognosis (34,46,54,59,63,67,68). One study found patients with a low pretreatment T790M/*EGFR* ratio had significantly less tumor shrinkage (47). Three of the studies that reported no association between detectable pretreatment ctDNA and subsequent outcomes were clinical trials (54,67,68). Four studies focused on the association between the methylation of specific genes (*KMT2C*, *SOX17*, *SHOX2*) and prognosis and reported improved survival outcomes with lower levels of methylation (30,35,42,45). Ten studies analyzed the association between pretreatment ctDNA and the overall response rate, disease control rate, or tumor response; however, the results were not consistent (38,46,48,60,70,75,77,79,84,85).

ctDNA during or after treatment

The prognostic value of ctDNA assessed cross-sectionally during treatment, after treatment, or

specifically at the time of radiographic progression was evaluated in patients with lung cancer in 24 studies (Supplementary Table 6) (37,44,45,70,81,86, 89–105). Two studies were conducted in patients with nonmetastatic lung cancer; in both studies, a higher risk of recurrence was observed for patients with detectable ctDNA after surgery or chemotherapy compared with patients with undetectable ctDNA after surgery/chemotherapy (44,105).

The remaining 22 studies included only patients with advanced/metastatic lung cancer. Most studies consistently reported an association between ctDNA positivity during/after treatment and reduced survival (PFS, OS, or relapse-free survival [RFS]) or treatment response. All 8 studies that assessed overall ctDNA positivity during/after treatment in patients with advanced/metastatic disease found worse outcomes for patients with detectable ctDNA.

Most studies (12/14, 86%) that focused on specific genes (*EGFR*, *BRAF*, *KRAS*, methylated *SHOX2*) in ctDNA assessed during/after treatment observed an association between the detection of variants in these genes and worse survival outcomes. One study of 20 patients with metastatic disease treated with second- or third-line *EGFR*-tyrosine kinase inhibitor (TKI)-targeted therapy found 50% of non-responders had *EGFR* detected in ctDNA after treatment compared with none with *EGFR* detected among the ongoing treatment responders (89). An additional study of 120 patients with advanced disease treated with a first- or second-generation TKI found that detection of the *EGFR* T790M resistance mutation during treatment was associated with progression at extra-thoracic metastatic sites ($p=0.008$) and bone disease ($p=0.003$) (91). However, 2 studies found no association between the detection of the T790M resistance mutation in *EGFR* and patient outcomes (93,97).

ctDNA assessed at nonuniform or unclear time points

Ten additional studies included patients with cross-sectional ctDNA collected at nonuniform or unclear time points across the treatment spectrum (Supplementary Table 7) (106–115). As with the cross-sectional studies noted above, a consistent association between ctDNA detection

or higher levels of ctDNA was associated with worse survival outcomes. A study of 128 patients with stage I–IV NSCLC with *ALK* assessed before treatment with a TKI, or at the radiographic follow-up evaluation reported a shorter OS for those with ≥ 1 *ALK* mutations than for those with no ctDNA detected; OS and PFS were worse for those with ≥ 2 *ALK* mutations than for those with a single *ALK* mutation (111).

Association between ctDNA positivity at any time point and clinical outcomes in patients with advanced disease (meta-analysis)

To evaluate the association between ctDNA positivity at certain time points and clinical outcomes, we included studies that reported an HR and 95% CI for the association between ctDNA positivity and PFS and OS in a meta-analysis. Among the 8 estimates from 6 studies ($n=622$) included, patients with lung cancer who were positive for ctDNA had a significantly shorter PFS than those with no ctDNA detected (HR, 2.34; 95% CI, 1.89–2.89; Figure 2(A)). A stronger association was observed for the 5 observational studies (HR, 2.99; 95% CI, 2.27–3.94) than for the 3 clinical trials (HR, 1.67; 95% CI, 1.21–2.31; Supplementary Table 8). Similar results were observed for 10 studies ($n=743$) specifically reporting the detection of the *EGFR* alterations in ctDNA (HR, 2.19; 95% CI, 1.78–2.68; Figure 2(B)) and among 4 studies ($n=337$) evaluating the *EGFR* T790M resistance mutation in ctDNA (HR, 2.55; 95% CI, 1.67–3.90; Supplementary Figure 1). However, a stronger association between *EGFR* and PFS was observed for the studies assessing the detection of *EGFR* during treatment (HR, 4.29; 95% CI, 2.77–6.67) than for the studies that assessed *EGFR* before treatment (HR, 1.82; 95% CI, 1.37–3.29; Supplementary Table 8). No significant evidence of publication bias was found in these analyses ($p>0.05$; Supplementary Figure 2). Subgroup analyses were performed by study design, ctDNA test timing, lung cancer subtype, and disease stage and are summarized in Supplementary Table 8; results were similar to overall positivity results for both ctDNA overall and *EGFR* mutations, with positivity associated with shorter PFS and OS.

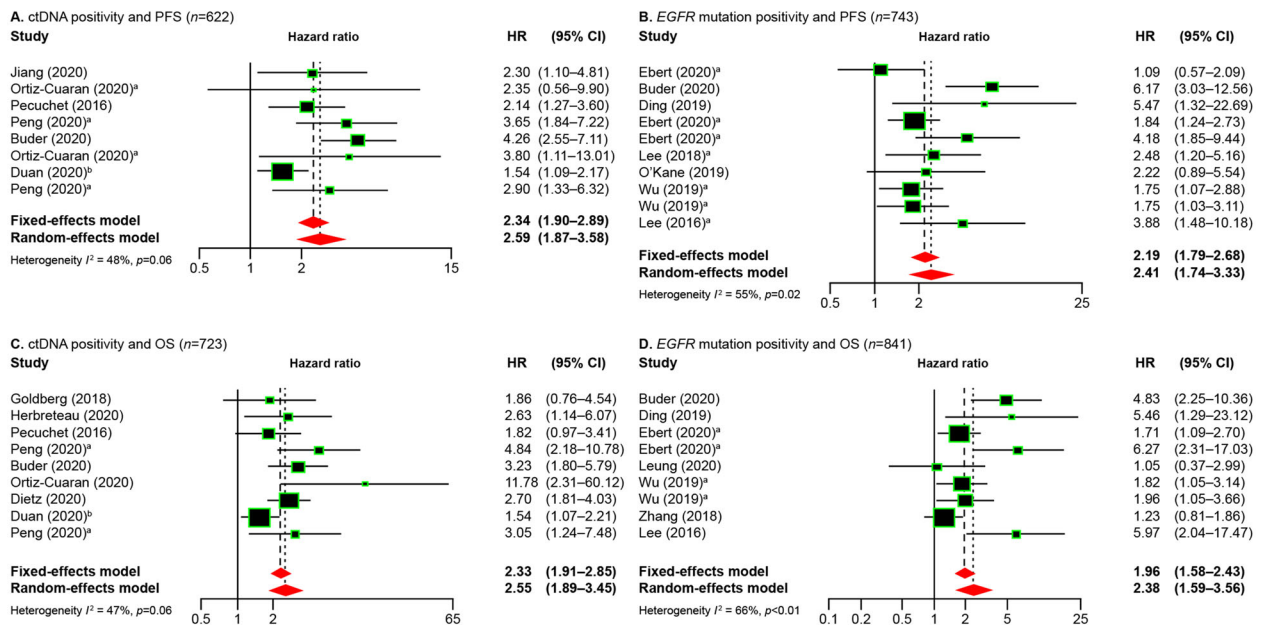


Figure 2. Meta-analysis of ctDNA positivity, PFS, and OS. (A) Meta-analysis of ctDNA positivity and PFS ($n = 622$). (B) Meta-analysis of *EGFR* mutation positivity and PFS ($n = 743$). (C) Meta-analysis of ctDNA positivity and OS ($n = 723$). (D) Meta-analysis of *EGFR* mutation positivity and OS ($n = 841$). ^aIf a study measured the cross-sectional association at different time points, the HR at each time point was assumed independently and entered the meta-analysis separately, which is reflected by multiple records from 1 study in the forest plots. The assumption was assessed and supported by sensitivity analysis where 1 study only contributed 1 record in meta-analysis. ^bHR was adjusted for baseline status. ctDNA: circulating tumor DNA; HR: hazard ratio; OS: overall survival; PFS: progression-free survival.

Among 9 estimates from 8 studies ($n = 723$) with data available for ctDNA positivity and OS, patients with positive ctDNA had a significantly shorter OS than those with no detected ctDNA (HR, 2.33; 95% CI, 1.91–2.85; Figure 2(C)). A stronger association was observed for the 6 observational studies (HR, 2.72; 95% CI, 2.12–3.50) than for the 3 clinical trials (HR, 1.81; 95% CI, 1.31–2.50; Supplementary Table 8). No differences were observed for ctDNA timing (before vs. during treatment) or for analyses limited to patients with advanced/metastatic disease or those with the NSCLC subtype. Similar results were observed for 9 studies ($n = 841$) specifically reporting circulating mutations in *EGFR* (HR, 1.96; 95% CI, 1.58–2.43; Figure 2(D)). Stratified analyses showed few significant differences by study design (Supplementary Table 3). A stronger association between *EGFR* positivity and shorter OS was observed for *EGFR*-mutation detection during treatment (HR, 5.34; 95% CI, 3.05–9.34) than for detection before treatment (HR, 1.64; 95% CI, 1.30–2.07; Supplementary Table 8). However, the small number of studies within

each stratum precludes drawing strong conclusions. The funnel plot for the *EGFR* positivity analysis shows asymmetry, which may indicate the presence of publication bias ($p = 0.0311$); little evidence of publication bias was observed in the other OS analyses.

Longitudinal ctDNA for monitoring disease progression or treatment response

Longitudinal ctDNA assessment was used in evaluating ctDNA dynamics during treatment, evaluating prognosis, determining lead time compared with radiographic progression, and assessing changes to the genomic profile of tumors.

ctDNA dynamics

In 8 studies, ctDNA detection was assessed for changes at ≥ 2 -time points during the treatment period without evaluating the associations with clinical outcomes (Supplemental Table 9) (51,58,65,116–120). These studies described ctDNA changes in a variety of ways, which makes it challenging to compare results. In

general, these studies show a decrease in ctDNA positivity during or after treatment compared with before treatment, or a higher proportion of patients with detectable ctDNA in those with progressive disease (PD) than in those with stable disease (SD). For example, among 20 patients with stage IV NSCLC who received either a TKI or chemotherapy, 65% had detectable ctDNA before treatment, which subsequently decreased for patients with SD (35%) and increased for those with PD (80%) (117). Another study of 41 patients with stage I–IV NSCLC reported 8.9% of patients with ctDNA positivity before surgery, which decreased to 0.28% after surgery (116).

ctDNA for monitoring tumor progression

The association between ctDNA collected at multiple time points in relation to lung cancer outcomes was evaluated in 7 studies of patients with nonmetastatic lung cancer or for all disease stages combined, and in 30 studies of patients with advanced/metastatic disease. In each of the 7 studies evaluating the association between ctDNA monitoring and clinical outcomes in patients with the nonmetastatic disease (or all stages combined), more favorable survival (longer PFS, OS, or RFS) was observed for patients with ctDNA clearance, ctDNA decreases, or no detectable ctDNA observed across the treatment and/or follow-up periods (Supplementary Table 10) (26,43,45,105,121–123). Each study evaluated multigene ctDNA using a next-generation sequencing (NGS) platform; no studies focused on specific genes such as *EGFR*.

ctDNA monitoring studies conducted in patients with advanced/metastatic lung cancer consistently reported improved survival outcomes for patients with ctDNA clearance, ctDNA decreases, and those who remained with undetectable ctDNA across the monitoring period (Supplementary Table 11) (46,48,50,54,56,58,66–71,73,77,79,81,87,95,101,106,124–133). Among these studies, 18 evaluated the change/clearance of a specific gene in ctDNA, *EGFR* or *EGFR* T790M, and the remaining 12 studies evaluated overall ctDNA clearance/decreases without a specific gene focus. Several studies ($n=8$) evaluated the association between ctDNA changes and radiological response; in each study,

ctDNA clearance/decrease/absence was associated with improved tumor response outcomes (48,70,71,79,81,126,128,129).

Association between ctDNA clearance/decrease and clinical outcomes (meta-analysis)

For the meta-analysis of longitudinal ctDNA, we included studies that reported an HR and 95% CI for the association between ctDNA clearance/decrease during treatment and PFS or OS. The change in ctDNA was defined in a variety of ways, including any decrease (67,95) or >50% decrease (71) in ctDNA concentration from before to after treatment; above vs. below median change in detected ctDNA quantity from baseline and at follow-up during treatment (68); increased ctDNA or no change vs. complete clearance in ctDNA (45,46,132); and ctDNA disappearance at 4 weeks (126), 8 weeks (56), or the start of the third therapy cycle (129) during systemic treatment. ctDNA clearance/decrease was associated with a lower risk of progression in 8 studies (Figure 3(A); HR, 0.24; 95% CI, 0.19–0.31) and a lower risk of death in 8 studies (Figure 3(B); HR, 0.40; 95% CI, 0.27–0.60). However, there was evidence of publication bias ($p=0.0005$) based on the funnel plot analysis for the OS analysis.

Subgroup analyses of ctDNA clearance/change and PFS did not show differences when limited to observational studies or advanced/metastatic disease (Supplementary Table 12). For the OS analysis, the association between improved survival outcomes and ctDNA clearance/change was stronger in observational studies (HR, 0.21; 95% CI, 0.13–0.36) than in clinical trials (HR, 0.62; 95% CI, 0.49–0.78; Supplementary Table 12). There was no difference in the OS analysis when limiting the analysis to studies of patients with advanced/metastatic lung cancer.

Lead time of ctDNA-detected progression compared with radiographic progression

The lead time or concordance for detection of ctDNA progression compared with radiographic progression after treatment was reported in 12 studies; 5 studies focused specifically on circulating *EGFR* and/or *EGFR* T790M, with the remaining 7 studies evaluating the detection ctDNA (Supplementary

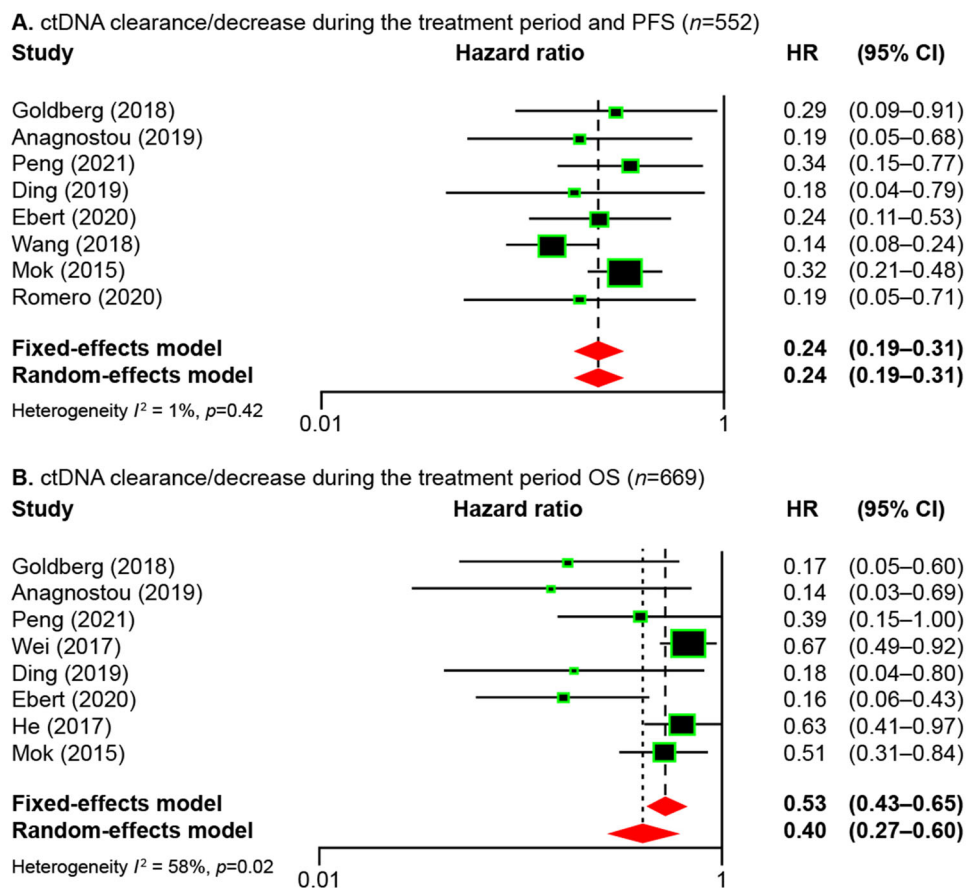


Figure 3. Meta-analysis of ctDNA clearance/decrease during the treatment period and clinical outcomes. (A) Meta-analysis of ctDNA clearance/decrease during the treatment period and PFS ($n = 552$). (B) Meta-analysis of ctDNA clearance/decrease during the treatment period and OS ($n = 669$). ctDNA: circulating tumor DNA; HR: hazard ratio; OS: overall survival; PFS: progression-free survival.

Table 13) (26,31,43,45,54,65,71,86,99,124,127,132). Most studies (8/12; 67%) were conducted in patients with advanced/metastatic disease. The average lead time varied widely between studies (17 days to 12.6 months) in both patients with early-stage and advanced/metastatic disease. The variation may reflect differences in frequency or timing (eg, weekly, monthly, pre-/post-treatment only), ctDNA assessments (overall positivity or specific alterations), radiographic imaging (eg, every 2 months, every 5–10 weeks), and the study populations (eg, treatment type, early stage vs. metastatic), making it difficult to compare results across studies. However, each of these studies demonstrated that ctDNA may be a useful tool for detecting disease progression earlier than standard radiographic methods.

Assessing tumor evolution and resistance by changes in ctDNA genomic profile

Clonal evolution, or the acquisition of new mutations in response to selective pressures, is

increasingly recognized to explain tumor heterogeneity and therapeutic resistance (134). Longitudinal profiling of ctDNA in serial monitoring provides an attractive, cost-effective, non-invasive monitoring technique to describe tumor genomic clonal evolution in response to treatment in a real-time manner, and consequently contribute to understanding the mechanisms of acquired drug resistance. Several studies have evaluated the prognostic effect of newly acquired mutations during TKI treatment, with *EGFR* T790M most frequently evaluated. Additional studies evaluated small samples of patients during treatment for several different ctDNA-based genetic changes. These ctDNA-based genetic changes included the acquisition of new mutations during TKI treatment (122,135) or chemotherapy (36), increases in gene copy numbers or losses of tumor suppressor genes during ICI therapy (136), and the frequency of C > G and C > A substitutions during chemotherapy (77).

In this review, 1 clinical study examined genetic evolution with systemic approaches (eg, evolutionary trees). In the TRACERx study, Abbosh and colleagues detected subclonal single-nucleotide variants in early-stage NSCLC and mapped them back to multiregion exome sequencing (M-Seq)-derived tumor phylogenetic trees (137). A limited number of additional studies described changes in the detection of specific genes in ctDNA, which may indicate genomic evolution in response to treatment. For example, a study of 43 patients with advanced NSCLC evaluated the copy number gains in specific genes (eg, *MET*, *EGFR*) from before treatment with third-generation EGFR-TKI, rociletinib, to the time of PD; patients with shorter PFS were more likely to have copy number gains (47).

Discussion

In this systematic review, we summarized the data on ctDNA clinical utility in lung cancer, focusing on 3 key areas: diagnosis, prognostication, and monitoring. Among these, prognostication was by far the most studied utility for ctDNA in lung cancer. In meta-analyses, both overall ctDNA positivity and the presence of *EGFR* mutations within ctDNA were associated with worse PFS and OS outcomes. The second most common ctDNA utility in lung cancer was disease monitoring. The association between ctDNA dynamics and clinical outcomes was evaluated by a meta-analysis, in which ctDNA clearance/decrease was associated with a lower risk of progression and death. In terms of diagnosis or other applications within ctDNA monitoring, such as detecting residual disease or disease relapse, assessment of treatment efficacy, or identification of treatment resistance mechanisms, the data in the literature are limited and/or mixed. As such, although these results are promising, the existing data are insufficient to formulate definitive conclusions or recommendations for use, and additional research is needed. The least studied utility was diagnosis (3 of 111 studies), and many key issues need be addressed before ctDNA can be applied for cancer screening and early detection.

Despite the consistent association between ctDNA and prognosis in patients with lung cancer, several important limitations need to be addressed in future studies. A critical limitation is the small sample size in most studies, with almost 70% of studies having ctDNA data for fewer than 100 patients. Consistent with this, many studies were not statistically powered to detect associations between ctDNA results and outcomes in subgroups where patients were stratified by factors with the potential to contribute to heterogeneity (eg, lung cancer subtype or stage). Further, the small sample sizes also limited the independent prognostic value of the results because it was not possible to estimate and remove potential confounding variables (eg, stage). Sample sizes were especially small in studies measuring ctDNA dynamics longitudinally for monitoring disease progression and/or treatment response. For studies with few patients (ie, <20) with ctDNA encompassing hundreds of cancer-related or other genes measured at 2 or more time points, it is challenging to determine the true association between ctDNA changes and prognosis. Moreover, most of the identified studies simply estimated the association of ctDNA with clinical outcomes at multiple time points individually or ctDNA change over 2 time points. Consequently, they cannot address important questions, such as quantitatively characterizing ctDNA dynamics throughout the disease course or identifying the optimal timing and frequency of blood sampling for the intended purpose of the study and whether any adjustments need to be made depending on cancer subtype.

Most of the studies evaluated were conducted in patients with advanced/metastatic NSCLC. There were limited prognostication data in patients with early-stage lung cancer or other histological subtypes. Because only 2 of the included studies focused exclusively on patients with SCLC, the utility of ctDNA for predicting prognosis in patients with this aggressive lung cancer is less clear (36,84). Besides prognostication, 3 studies used ctDNA for the detection of molecular residual disease (26,43,137). These studies suggest that ctDNA analysis, particularly using highly sensitive tumor-informed assays, can identify recurrence earlier than radiographic

imaging. If confirmed, ctDNA for molecular detection has the potential to inform and improve patient identification and stratification for treatment selection. A more comprehensive review covering topics beyond our study, such as technical considerations and major barriers for use in clinical practice, on ctDNA molecular residual disease detection in patients with early-stage NSCLC, was published recently (138).

Several limitations should be considered when interpreting the findings of this systematic literature review. First was the heterogeneity across studies. Within each of the 3 clinical applications or articles that addressed similar research questions, studies vary significantly by study design, lung cancer histological type, stage, tumor burden, location, treatment, the timing of ctDNA testing, features of ctDNA assays, and in the pre-analytic or analytic parameters of the ctDNA analysis. For example, in studies that assessed a single gene mutation, some studies estimated the mutation status using digital PCR assays (24), whereas others used NGS (139). In addition, the timing of ctDNA sampling varied, with some studies testing for *EGFR* mutations before (45,51) or during treatment (66,90,126). The differences across studies reflect the complexity of ctDNA research but also highlight the importance of standardizing guidelines when ctDNA becomes part of standard clinical practice. In meta-analyses, when the overall prognostication associations with PFS and OS were estimated, we did not detect heterogeneity by stage, histological type, or ctDNA measurement timing. However, this result may be due to sparse data in certain subgroups and the underpowered analyses. Moreover, there might be other factors that were not evaluated but that also contributed to the associated heterogeneity. Another limitation of the embedded meta-analyses was that not all prognostic studies reported HRs. Of the 85 studies on prognostication, only 26 studies qualified for meta-analyses. Many studies, particularly those with small sample sizes, simply reported the median survival time for patients with detected vs. those with no detected ctDNA alterations. The lack of HR data in these studies may have biased the pooled HRs.

Our study covered a wide range of ctDNA clinical utility and synthesized the data largely based on the availability of published studies. Therefore, some interesting topics were not reviewed in detail. For example, as an actionable alteration in advanced NSCLC, ctDNA *EGFR* mutations have been extensively studied and reviewed previously (140–142). However, this review focused on the association of ctDNA *EGFR* mutations, at both a single time point or longitudinally with clinical outcomes. Beyond that, several studies also demonstrated the value of *EGFR* or *EGFR* T790M mutation in monitoring EGFR-TKI treatment and treatment resistance (122,135). However, because data were usually presented descriptively or on a patient-by-patient basis, with large interstudy differences, we did not summarize these findings, despite their clinical relevance.

Although ctDNA testing has been increasingly used and studied in recent years, ctDNA is unlikely to replace tumor tissue DNA testing for lung cancer screening and diagnosis or for the detection of disease progression in the short-term. However, ctDNA will play an important role in lung cancer as oncology advances precision medicine. This systematic review of 111 studies with embedded meta-analyses demonstrated that ctDNA is a sensitive biomarker, reflecting tumor burden and dynamics, that also has prognostic value. These factors make ctDNA a promising tool for predicting clinical outcomes and tracking treatment responses. Large-scale, prospective clinical trials are needed to further validate these findings. Future studies will evaluate the potential for improved patient outcomes or cost savings of ctDNA applications compared with standard clinical approaches to assess treatment response, detect treatment resistance, individualize therapy, and predict outcomes.

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Data availability statement

As a systematic literature review and meta-analysis, this manuscript contains no original data.

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