

S1 Table. Correlations between the variables of interest (N = 1595)

| | Mental Health | | | | Burnout | | |
|----------------------|----------------------|-------------------|------------------|--------|----------------------|----------|-------------------|
| | Depression Symptoms | Suicidal Ideation | Anxiety Symptoms | Stress | Emotional Exhaustion | Cynicism | Academic Efficacy |
| Mental Health | | | | | | | |
| Depression Symptoms | 1.00 | | | | | | |
| Suicidal Ideation | 0.62 | 1.00 | | | | | |
| Anxiety Symptoms | 0.75 | 0.49 | 1.00 | | | | |
| Stress | 0.62 | 0.35 | 0.58 | 1.00 | | | |
| Burnout | | | | | | | |
| Emotional Exhaustion | 0.62 | 0.41 | 0.55 | 0.53 | 1.00 | | |
| Cynicism | 0.42 | 0.43 | 0.35 | 0.25 | 0.50 | 1.00 | |
| Academic Efficacy | -0.46 | -0.41 | -0.47 | -0.28 | -0.46 | -0.54 | 1.00 |

Note. Depression symptoms was measured with the Center for Epidemiological Studies-Depression (CES-D), suicidal ideation with two questions of the Beck Depression Inventory (BDI), anxiety symptoms with the trait section of the State-Trait Anxiety Inventory (STAI), stress with a single generic item (“Globally, how would you evaluate your current stress level on a scale from 1 ‘none’ to 10 ‘extreme?’”), and burnout with the Maslach Burnout Inventory Student-Survey (MBI-SS).