

# Proteome and Metabolome of Subretinal Fluid in Central Serous Chorioretinopathy and Rhegmatogenous Retinal Detachment: A Pilot Case Study

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**Purpose:** To investigate the molecular composition of subretinal fluid (SRF) in central serous chorioretinopathy (CSCR) and rhegmatogenous retinal detachment (RRD) using proteomics and metabolomics.

**Methods:** SRF was obtained from one patient with severe nonresolving bullous CSCR requiring surgical subretinal fibrin removal, and two patients with long-standing RRD. Proteins were trypsin-digested, labeled with Tandem-Mass-Tag and fractionated according to their isoelectric point for identification and quantification by tandem mass spectrometry. Independently, metabolites were extracted on cold methanol/ethanol, and identified by untargeted ultra-high performance liquid chromatography and high-resolution mass spectrometry. Bioinformatics analyses were conducted.

**Results:** In total, 291 proteins and 651 metabolites were identified in SRF samples. Compared with RRD, 128 proteins (77 downregulated; 51 upregulated) and 76 metabolites (43 downregulated; 33 upregulated) differed in the SRF from CSCR. Protein and metabolites notably deregulated in CSCR were related to glycolysis/gluconeogenesis, inflammation (including serum amyloid P component, versican), alternative complement pathway (complement factor H and complement factor H-related protein), cellular adhesion, biliary acid metabolism (farnesoid X receptor/retinoid X receptor), and gluco- and mineralocorticoid systems (aldosterone, angiotensin, and corticosteroid-binding globulin).

**Conclusions:** Proteomics and metabolomics can be performed on SRF. A unique SRF sample from CSCR exhibited a distinct molecular profile compared with RRD.

**Translational Relevance:** This first comparative multiomics analysis of SRF improved the understanding of CSCR and RRD pathophysiology. It identified pathways potentially involved in the better photoreceptor preservation in CSCR, suggesting neuroprotective targets that will require additional confirmation.

## Introduction

Central serous chorioretinopathy (CSCR) is characterized by serous detachments of the neurosensory retina, frequently affecting the macula, focal pigment

epithelial detachments, increased choroidal thickness and choroidal vascular hyperpermeability. Severe CSCR can present as bullous exudative retinal detachment with persistence of subretinal material,<sup>1</sup> that may exceptionally require surgery.<sup>2</sup> During the procedure, subretinal fluid (SRF) can be collected,

but to the best of our knowledge, the composition of SRF from a CSCR patient has never been analyzed. Mechanisms of SRF accumulation in CSCR are still uncertain. Several theories have been proposed to explain fluid entry from the choroid toward the subretinal space: dilated and hyperpermeable choroidal vessels favoring trans- or interretinal pigment epithelium (RPE) entry flow,<sup>3</sup> changes in RPE cell polarity altering hydroionic pumping direction,<sup>4</sup> uni- or multifocal rupture of the RPE barrier,<sup>5</sup> or active reverse flow by unknown triggering mechanisms.<sup>6</sup>

Although serous macular detachments form rapidly and last for 3 to 6 months in most cases,<sup>7</sup> visual acuity is usually preserved, suggesting a good preservation of photoreceptors function and structure.<sup>8</sup> This differs strikingly with macula-off rhegmatogenous retinal detachment (RRD), in which detachments lasting more than 3 to 5 days lead to irreversible visual impairment.<sup>9</sup> Mechanisms of photoreceptor cell death after RRD are multiple, triggered by oxidative and metabolic stress, complement alternative pathway activation, immune response, and inflammation.<sup>10,11</sup> In RRD, SRF originates mainly from liquefied vitreous, which diffuses through a retinal tear under the neuroretina. In response to neuroretinal detachment, RPE cells proliferate and migrate into the subretinal space,<sup>12</sup> which may contribute to SRF accumulation. Whether SRF composition influences the differential photoreceptor survival and visual prognosis in different types of neuroretinal detachment is not known.

The aim of this study was to investigate the molecular composition of subretinal fluid in CSCR and RRD using proteomics and metabolomics. We compared the SRF profile from one case with severe CSCR and two cases with chronic RRD. Due to the rarity of SRF samples from CSCR, we opted for an untargeted proteomic approach, with independent cross-assessment by metabolomics analysis.

## Methods

### Study Subjects

This study involving human subjects adhered to the tenets of the Declaration of Helsinki, and was approved by the local Ethics Committee of the Swiss Department of Health on research involving human subjects (CER-VD N°340/15 and CER-VD N°19/15). Patients signed an informed consent. A 48-year-old male patient with persistent bullous CSCR underwent vitrectomy for subretinal fibrinous clot removal. Two

patients underwent vitrectomy for long-standing macula-off RRD repair: an 82-year-old Caucasian female (Patient RRD-1), and a 58-year-old African male (Patient RRD-2). In all cases, 23-G trocars were inserted at the pars plana and SRF was collected using a back flush cannula connected to a syringe, through retinal tears in RRD, and through a retinotomy in the CSCR case, as described in the Results section. Samples were directly frozen and stored at  $-80^{\circ}\text{C}$  in our institutional biobank, a platform similar to the biorepository described by Skeie et al.<sup>13</sup> Coded samples and their associated clinical data were then sent to the laboratories in charge of the proteomics and metabolomics analyses. The CSCR patient underwent multimodal retinal imaging at regular intervals, consisting in spectral-domain optical coherence tomography (SD-OCT), fundus autofluorescence, fluorescein, and indocyanine green (ICG) angiography on Spectralis (Heidelberg Engineering, Heidelberg, Germany).

### Proteomic Analysis

The proteome of the SRF was compared between samples from the CSCR patient and the two patients with chronic RRD. The total protein concentration in each sample was determined using a Bradford protein assay (Protein assay Dye reagent concentrate, Bio-Rad, Hercules, CA) according to the manufacturer's instructions.

### Sample Preparation

The two control RRD samples were pooled to homogenize experimental conditions and filter small interindividual differences, while increasing the concentration of proteins or metabolites related to the pathogenic process, as previously described for the omics analysis of ocular fluids.<sup>14</sup> In order to reduce the impact of potential blood contamination during sample collection, 100  $\mu\text{g}$  of SRF from the CSCR patient and 100  $\mu\text{g}$  of SRF pooled from the two RRD patients (a 1:1 vol/vol ratio) were filtered using a commercial resin according to the manufacturer's recommendations (Proteome Purify 12 Human Serum Protein Immunodepletion Resin; R&D Systems, Abingdon Science Park, UK) to deplete the classical top-12 most abundant serum proteins (alpha-1-acid glycoprotein, alpha-1-antitrypsin, alpha-2-macroglobulin, albumin, apolipoprotein A-I, apolipoprotein A-II, fibrinogen, haptoglobin, immunoglobulin (Ig)A, IgG, IgM, transferrin). Using the Bradford method, the total protein concentration after depletion was estimated at 9.5  $\mu\text{g}/\text{mL}$  in the CSCR sample

and 9.6 µg/mL in the pooled RRD samples. Subsequently, 5 µg of samples (CSCR and RRD) were reduced using 33 µL of 6-M urea (Merk, Boisselle-de-France, France) and 2 µL of 50-mM tris-(2-carboxyethyl)phosphine (TCEP; Sigma-Aldrich, Lesquin, France). After incubation at 37°C during 1 hour, 1 µL of 400-mM iodoacetamid (Sigma-Aldrich) was added and samples were incubated for 30 minutes and 67 µL of 0.1-M triethylammonium bicarbonate buffer (TEAB; Sigma-Aldrich) were added before trypsin (1 µg/50 µg of proteins, porcine origin; Promega Corporation, Charbonnières-les-Bains, France) digestion overnight at 37°C. Samples were labeled with one of the 6 Tandem Mass Tag reagents (TMT; isobaric label reagent sets; ThermoFisher Scientific, Steinhausen, Switzerland) applying the Simultaneous Marker discovery And verification for the Rapid Translation of Exogeneous Reference material (SMARTER)-based approach,<sup>15</sup> according to manufacturer's instructions. Briefly, tag 128 was attributed to pooled SRFs (used as clinical controls) from RRD patients and tag 130 to the case study CSCR. Tags 126 and 127 were used to label vitreous pool of RRD patients and commercial tears (HMTEARS; Seralab, West Sussex, UK) both used as biological controls. Finally, the 2 remaining tags (129 and 131) were used as internal technical controls. The total quantity of each labeled sample (30 µg) was pooled and dried in a speed vacuum.

#### Off-Gel Electrophoresis (OGE)

Previously dried samples were resuspended in 5% CAN and 0.1%FA and purified under Macrospin columns (Harvard Apparatus, Holliston, MA). A 3100 OFFGEL Fractionator (Agilent Technologies, Les Ulis, France) was then used to separate peptides according to their *pI*, as reported previously<sup>16</sup> with a 13 cm IPG strip (immobiline Dry strip pH 3–10, 13 cm; GE Healthcare, Little Chalfont, UK) and 12 OGE wells. The focusing parameters were 20 Kv, 800v, 50 uA, 200 mW, and 100 s. The hold parameters were 500 V, 20 uA, and 50 mW. After overnight fractionation, microspin columns (Harvard Apparatus) were performed according to manufacturer's recommendations and the 12 fractions were dried under speed vacuum.

#### Mass Spectrometry Analysis

For each fraction, 0.5 µg of sample was injected four times (final amount injected: 2 µg) and then analyzed in gas-phase fractionation (GPF4) mode<sup>17</sup> by tandem mass spectrometry (MS) (liquid chromatography (LC)-MS/MS) using a LTQ Orbitrap Velos

Pro (Thermo Fisher Instrument, Steinhausen, Switzerland) coupled to a nanoflow high pressure liquid chromatography (HPLC, nanoaquity system; Waters, Milford, MA). LC-MS/MS analyses were performed as described elsewhere.<sup>18</sup>

#### Data Analyses

Peak lists and resulting files were searched against the UniProt-Swiss-Prot database (2014\_10 version Homo sapiens taxonomy) using Phenix 2.6 software (Gene Bio, Geneva, Switzerland). Variable amino acid modifications were oxidized methionine, glutamine, and asparagine deamidation, and TMT-labeled peptides amino terminus (+229.1629 Da if required). TMT-labeled lysine (if concerned) and carbamidomethylation of cysteines were set as fixed modification.<sup>18</sup> Trypsin was selected as the enzyme, with one potential missed cleavage. Only proteins matching two different and unique peptide sequences were selected for identification and quantification. A false discovery rate of 1% was selected. Protein quantification was obtained from Mascot method in Easyprot (version 2.3) as statistical tools in order to calculate the proteins ratios between the CSCR SRF (tag 130) and the RRD SRFs (tag 128).<sup>19</sup> Briefly, to obtain the ratio of a protein, Mascot computes the geometric mean of all peptide ratios linked to this protein. Proteins were considered as significantly different if the 130/128 ratio were above 1.50 or below 0.67, with a *P* value < 0.05.<sup>20</sup> For more details about quantification and statistical criteria, please refer to the previously reported methods.<sup>19,20</sup> The 12 proteins that were initially resin depleted were removed from the final lists, if identified.

#### Metabolomics Analysis

Similarly, independent untargeted metabolomics was performed to compare SRF metabolome in the CSCR patient with the two RRD patients. Metabolites were extracted from 50 µL of SRF samples using cold methanol/ethanol (1:1, vol/vol) in a 1:3 ratio.<sup>21</sup>

#### Untargeted Ultra-High Performance Liquid Chromatography (UHPLC) – High-Resolution Mass Spectrometry (HRMS) Analysis

For comparison of CSCR and RRD, two independent analyses were performed on two different days. These analyses were performed on UHPLC (UltiMate 3000 RSLCnano System; Thermo Scientific) hyphenated with HRMS (Q Exactive Plus MS; Thermo Scientific). The metabolites were separated by reversed phase chromatography on a Kinetex C18

(2.6  $\mu\text{m}$ , 50 mm  $\times$  2.1 mm internal diameter [ID]) column (Phenomenex, Los Angeles, CA) using MeOH:H<sub>2</sub>O 0.1% formic acid solvent in a gradient elution mode with fixed flow rate at 0.3 mL/min. Quality controls (i.e., representative pool of samples) and internal standards were used to assess the over-batch repeatability. Data acquisition was performed in full scan mode in both negative and positive polarities considering suitable tuning methods.<sup>21</sup> Subsequently, MS/MS spectra were acquired in a data-dependent acquisition mode. Resolutions were fixed at 70,000 and 17,000 for full scan and MS/MS acquisitions, respectively.

### Chemometric Analysis

Raw UHPLC-HRMS data were converted to appropriate format to be processed by XCMS online software (The Scripps Research Institute, San Diego, CA) for peak detection, chromatogram alignment, and isotope annotation.<sup>22</sup> Preprocessed data were normalized by using sample-wise mean normalization as well as feature-wise Pareto scaling. The assessment of the metabolic patterns was driven by the use of unsupervised and supervised learning approaches, including prediction analysis for microarrays data mining (PAM) into the R software (Version 3.3.0, R Foundation for Statistical Computing, R Core Team, 2016, Vienna, Austria. <http://www.R-project.org>) and the 'pamr' package, as well as the online Metaboanalyst tool (<http://www.metaboanalyst.ca/>). PAM classifier gives the opportunity to keep only the subset of features that maximized the model performance in predicting class membership.<sup>23</sup>

### Metabolite Identification

Differential metabolites were confirmed based on their retention time and MS<sup>2</sup> fragmentation pattern<sup>21</sup> using open-access libraries, including the HMDB database ([www.hmdb.ca](http://www.hmdb.ca)), lipidmaps ([www.lipidmaps.org](http://www.lipidmaps.org)), metlin (<http://metlin.scripps.edu/index.php>), and mzcloud ([www.mzcloud.org](http://www.mzcloud.org)).<sup>24</sup>

### Biological Process and Pathway Analysis

The Panther software (Protein Analysis Through Evolutionary Relationships, version 10.0; [www.pantherdb.org](http://www.pantherdb.org)) was used to analyze the protein lists in order to generate the gene ontology categories (protein class).<sup>25</sup> The overrepresentation of the pathways in which the differential proteins of the CSCR SRF compared with the RRD SRF are involved was performed with QIAGEN's Ingenuity

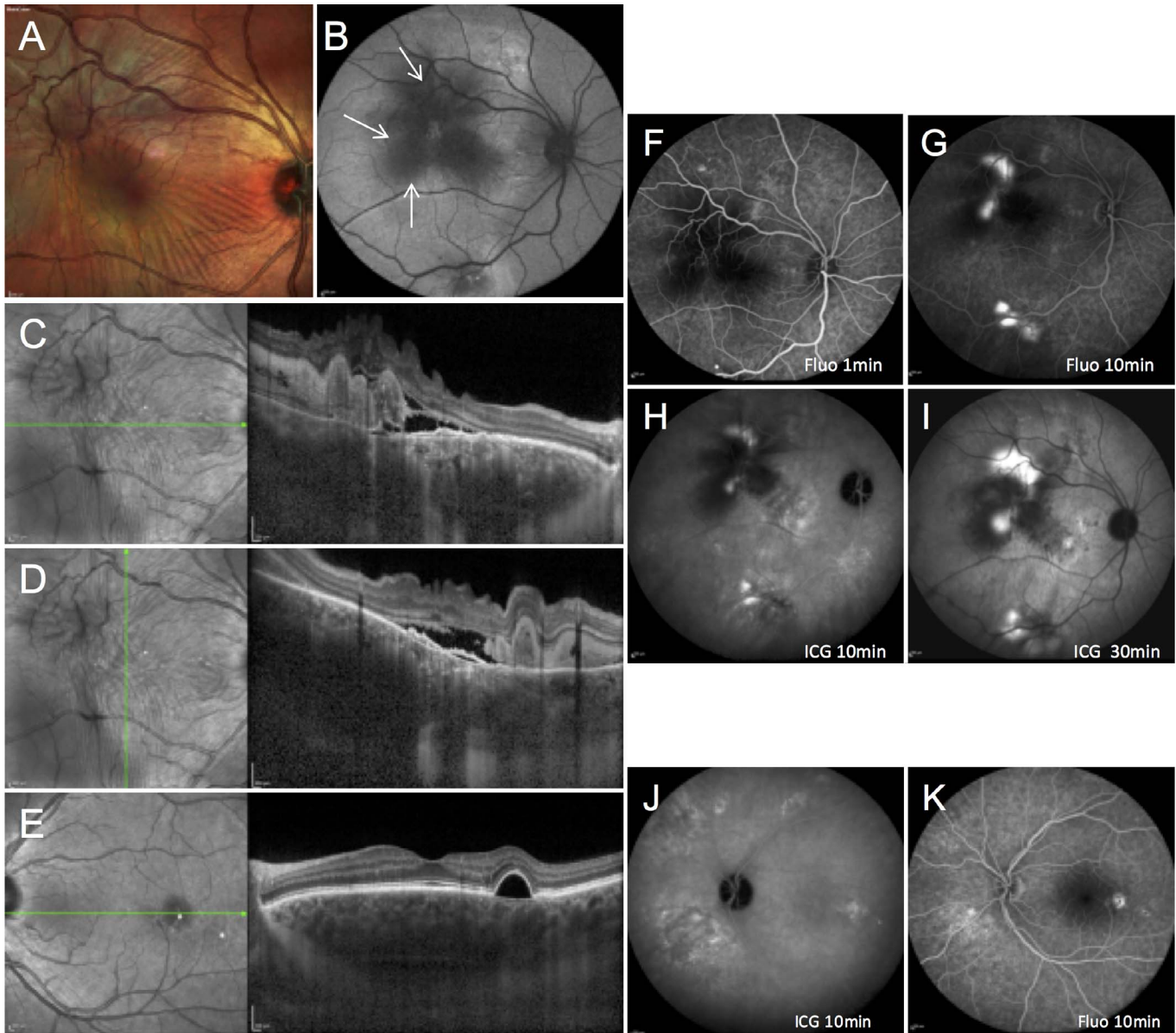
Pathway Analysis (IPA; QIAGEN Redwood City, CA).

Overrepresentation analysis on the metabolomics data was performed by ConsensusPathDB (<http://consensuspathdb.org>) to obtain accurate insight into the underlying biology of differentially expressed metabolites exploiting the KEGG database ([www.genome.jp/kegg/pathway.html](http://www.genome.jp/kegg/pathway.html)). Enrichment set analysis was appreciated by 4150 identifications for human species included in the KEGG library. Cytoscape software (Version 3.2.1, <http://cytoscape.org>) and the MetScape plugin (Version 3.1.2; [metscape.ncibi.org/](http://metscape.ncibi.org/)) were used to build the compound-gene metabolic network.<sup>26</sup> From the set of genes obtained in the compound-gene network, gene ontology terms were integrated and functionally organized in a gene ontology network function using the ClueGO plugin (Version 2.2.5; [apps.cytoscape.org/apps/cluego](http://apps.cytoscape.org/apps/cluego)).<sup>27</sup>

## Results

### Clinical History of the CSCR Patient

A 48-year-old male was referred with right eye vision loss for 3 months. He reported steroid nasal spray use for allergic rhinitis, and no remarkable medical history. Best-corrected visual acuity of his right eye was decreased to 20/200. No ocular inflammation was observed, and intraocular pressure was normal. Fundus examination showed a posterior serous retinal detachment with multiple retinal folds and presence of focal subretinal yellowish material (Fig. 1A). On fundus autofluorescence, extensive hyperautofluorescent gravitational tracks contrasted with central hypoautofluorescence due to subretinal material masking effect (Fig. 1B, arrows). SD-OCT showed a serous retinal detachment with retinal folds, hyperreflective material in the subretinal space (Figs. 1C, 1D) and flat irregular pigment epithelial detachments (Figs. 1C, 1D). Subfoveal choroidal thickness, using enhanced-depth imaging SD-OCT was 548  $\mu\text{m}$  in the right eye and 661  $\mu\text{m}$  in the left eye, superior to choroidal thickness reported in healthy subjects.<sup>8</sup> In the left eye a regular pigment epithelial detachment temporal to the fovea was observed on SD-OCT (Fig. 1E). On fluorescein angiography, multiple leakage sites were observed in the right eye, temporal to the fovea, and along the superior and inferior temporal vessels (Figs. 1F, 1G), and pigment epithelial alterations, suggestive of previous CSCR episodes, were visible in the left eye (Fig. 1K). On ICG angiography,

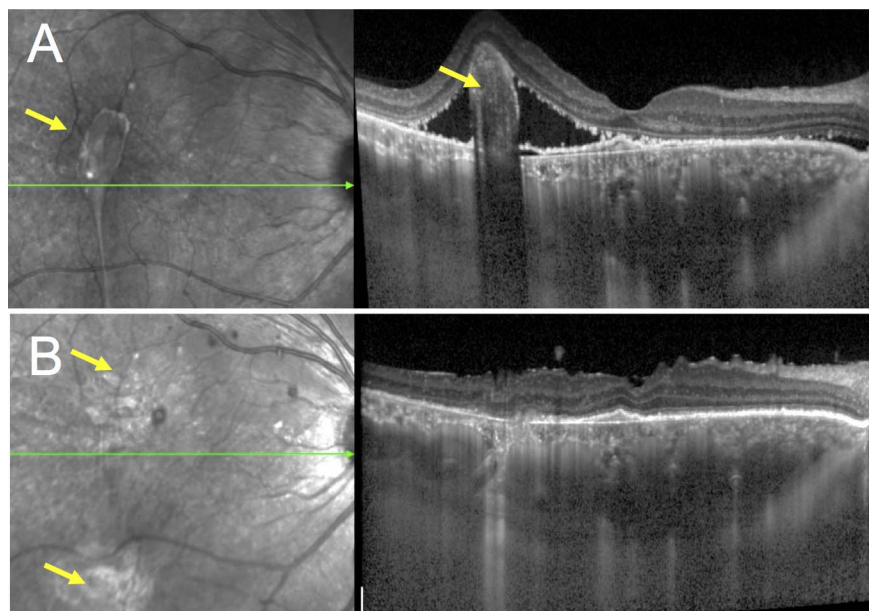


**Figure 1.** Retinal imaging findings in a 48-year-old patient with severe fibrinous central serous chorioretinopathy. Right eye: (A) multicolor fundus imaging showing a posterior serous retinal detachment with multiple folds and focal subretinal protein deposits. (B) Fundus autofluorescence showing a large hyperautofluorescent area covering the posterior pole and extending toward the superior and inferior temporal vascular arcades, due to recent exudative detachment, with central autofluorescence masking due to protein deposits (arrows). (C, D) SD-OCT showing a serous retinal detachment with retinal folds, and hyperreflective material partially occupying the subretinal space. (F, G) Fluorescein angiography showing leakage sites, temporal to the fovea and along the superior and inferior temporal vessels. (H, I) Mid- and late-phase ICG angiography showing choroidal vascular hyperpermeability. Left eye: (E) SD-OCT showing a serous pigment epithelial detachment temporal to the fovea. (J) Midphase ICG angiography demonstrating choroidal hyperpermeability. (K) Fluorescein angiography showing multifocal retinal pigment epithelium alterations and progressive dye filling of the pigment epithelial detachment.

choroidal hyperpermeability was clearly observed in both eyes (Figs. 1H, 1J).

After a 2-month observation period without any SRF resolution, this refractory CSCR patient with signs of chronic epitheliopathy was treated with the

oral mineralocorticoid-receptor antagonist spironolactone (25 mg/day for a week and then with 50 mg/day) as previously reported.<sup>28–30</sup> After 3 months, visual acuity had improved to 20/50. SRF and subretinal protein exudates decreased dramatically



**Figure 2.** Resolution of residual retinal detachment after surgical subretinal fibrin removal in a 48-year-old patient with severe fibrinous central serous chorioretinopathy. (A) SD-OCT showed persistence of subretinal material preventing complete retinal reattachment 3 months after initiation of oral spironolactone, which prompted to perform vitrectomy with retinotomy and internal removal of a subretinal fibrin clot. (B) SD-OCT showed disappearance of the subretinal deposit and complete macular reattachment 1 month after the procedure (arrow).

(Figs. 2A, 2B), but a globular fibrous clot persisted just temporal to the fovea, preventing complete macular reattachment (Fig. 2A, arrow). Pars plana vitrectomy with retinotomy and subretinal clot removal was performed, and SRF was collected prior to clot removal. Visual acuity had improved to 20/25 1 month later, and the macular detachment had resolved without remnants of subretinal material (Figs. 2C, 2D). Visual acuity remained unchanged without CSCR recurrence over an additional 2-year follow-up.

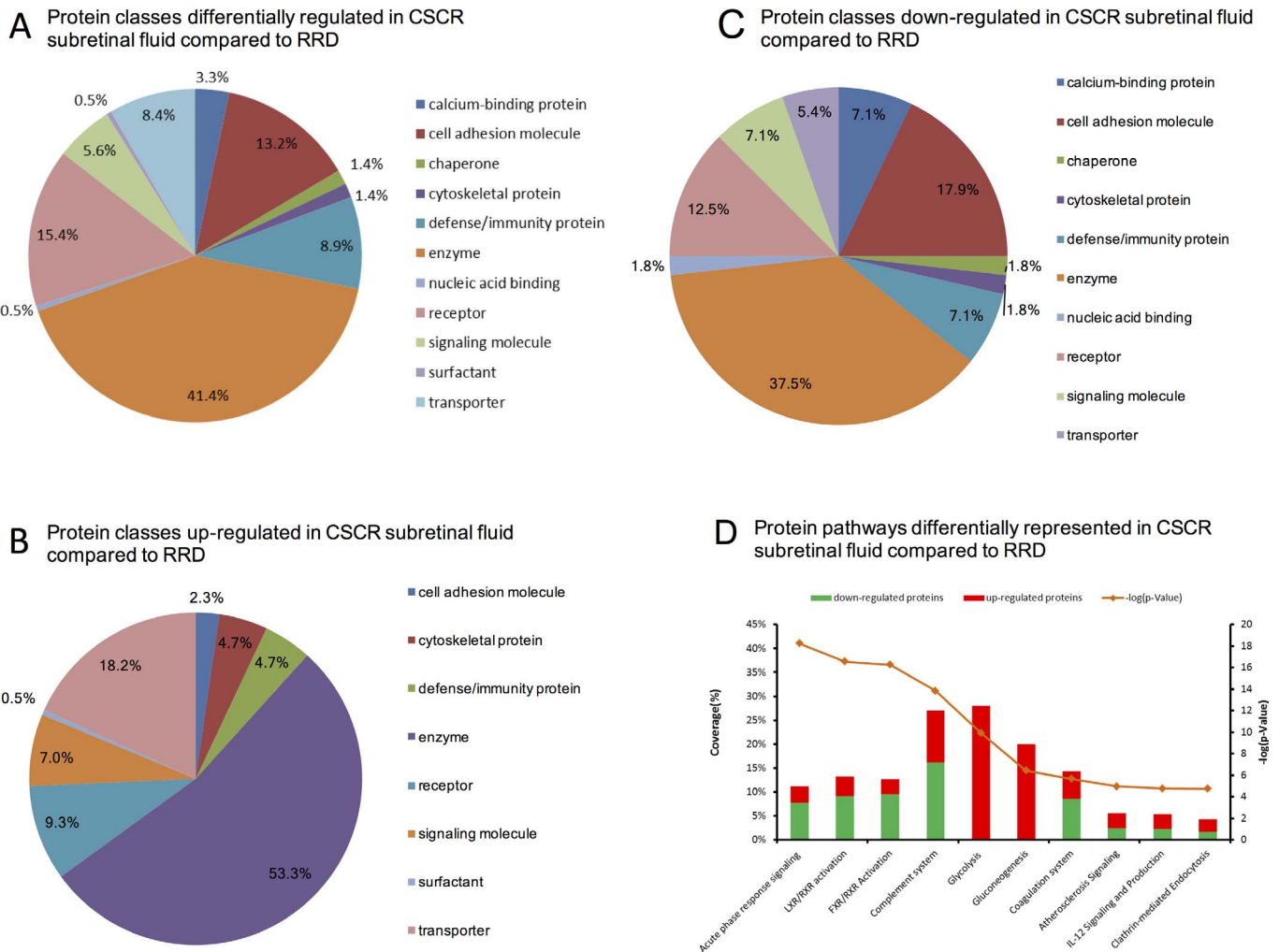
### Clinical History of the RRD Patients

Patient RRD-1 had no remarkable medical or ocular history, except for mild myopia. She presented with subtotal macula-off RRD 16 days since central vision loss, and underwent pars plana vitrectomy, laser photocoagulation, and gas tamponade. Final visual acuity was 20/50. Patient RRD-2 had no remarkable medical history. His mother had a history of RRD. He presented 20 days after central vision loss with total macula-off RRD and stage B proliferative vitreoretinopathy, and underwent pars plana vitrectomy, laser photocoagulation, and silicone tamponade. After silicone removal 3 months later, final visual acuity was 20/100.

### Subretinal Fluid Proteome

The quantitative proteomics analysis identified 291 proteins in all SRF samples, among which 128 were differentially regulated between the CSCR and RRD samples (see [Supplementary Table S1](#) for the complete list of identified proteins). Of proteins, 77 were downregulated ( $<0.67$ ) and 51 were upregulated ( $>1.5$ ) in CSCR compared with RRD (see [Supplementary Table S2](#) for the list of up- and downregulated proteins). Using gene ontology, these differentially regulated proteins were categorized as enzymes (41.5%, 55 proteins including complement factors, peptidases, and protease inhibitors), receptors (15.4%, 32 proteins), cell adhesion molecules (15%, 29 proteins), defense/immunity proteins (8.9%, 19 proteins), and transporters (8.4%, 17 proteins) (Fig. 3A). Protein classes of the upregulated and of the downregulated proteins in CSCR SRF as compared with RRD are, respectively, represented in [Figures 3B](#) and [3C](#). These figures show that among upregulated proteins the most represented classes are enzymes (53.3%) and transporters (18.2%), and that among downregulated proteins the most represented classes are enzymes (37.5%), cell adhesion molecules (17.9%), and receptors (12.5%).

Among the 15 most upregulated proteins in the CSCR sample (ratio  $>10$ ), 10 were involved in



**Figure 3.** Differential subretinal fluid proteome in central serous chorioretinopathy compared with rhegmatogenous retinal detachment. (A) Circle chart of differentially regulated protein classes obtained with the Panther software. Some classes contain several subclasses (cell adhesion and extracellular matrix protein: cell adhesion molecule, cytoskeletal protein, extracellular matrix protein, structural protein, surfactant; enzyme: enzyme modulator, hydrolase, isomerase, kinase, lyase, oxidoreductase, phosphatase, protease, transferase; transporter: membrane traffic protein, transfer/carrier protein, transporter). From the list, Panther did not take 29 proteins into account. (B) Protein pathways differentially represented using overrepresentation pathway analysis in CSCR subretinal fluid compared with RRD. The 10 most significant pathways provided by the Ingenuity Pathway Analysis software were selected based on right-tailed Fisher's exact test significance levels. *Red* and *green* bars represent up- and downregulated proteins, respectively. The *orange* line represents the *P* value corresponding to each pathway.

glycolysis and gluconeogenesis: fructose-bisphosphate aldolase A, beta-enolase, glycerol-3-phosphate dehydrogenase [NAD(+)], cytoplasmic L-lactate dehydrogenase A chain, phosphoglucomutase-1, alpha-enolase, pyruvate kinase, phosphoglycerate kinase-1, triosephosphate isomerase, and glyceraldehyde-3-phosphate dehydrogenase. The most downregulated proteins were mainly involved in cell adhesion or extracellular matrix interaction, including opticin, myocilin, calyntenin-1, versican, metalloproteinase-2, osteopontin, neurexin-3, cell-adhesion molecule 1

and 2, and insulin-like growth factor-binding protein 7 (see [Supplementary Table S2](#) for *P* values). Among proteins involved in cell adhesion, galectin-3 binding protein was the only upregulated molecule.

The overrepresentation analysis of differentially regulated pathways is displayed in [Figure 3B](#), and the corresponding up- and downregulated proteins within overrepresented pathways are displayed in the [Table](#). The following pathways were overrepresented in CSCR, as compared with RRD: (1) the immune and inflammatory response (acute phase response signal-





**Table.** Continued

Canonical Pathway	Upregulated Proteins		Downregulated Proteins	
	Protein	Ratio*	Protein	Ratio*
Gluconeogenesis	Fructose-bisphosphate aldolase A	39.3		
	Enolase 1	12.68		
	Enolase 3	24.59		
	Glyceraldehyde-3-phosphate dehydrogenase	10.12		
	Phosphoglycerate kinase 1	10.83		
Coagulation system	Kallikrein B1	1.67	Plasminogen	0.36
	Serpin family D member 1	2.58	Serpin family A member 1	0.31
			Serpin family C member 1	0.32
Atherosclerosis signaling	Apolipoprotein B	5.28	Apolipoprotein A-IV	0.15
IL-12 Signaling and Production in Macrophages	Apolipoprotein C-III	3.79	Retinol binding protein 3	0.63
	Lysozyme	1.64	Serpin family A member 1	0.31
	Paraoxonase 1	1.95		
	Heat shock protein family A (only for Clathrin mediated Endocytosis Signaling)	5.62		
	Clathrin-mediated Endocytosis signaling			

Pathway analysis was performed using the Ingenuity Pathway Analysis software.

\* Ratio of subretinal fluid protein concentrations between central serous chorioretinopathy and rhegmatogenous retinal detachment samples. Only upregulated (>1.5) or downregulated (<0.67) proteins are reported.

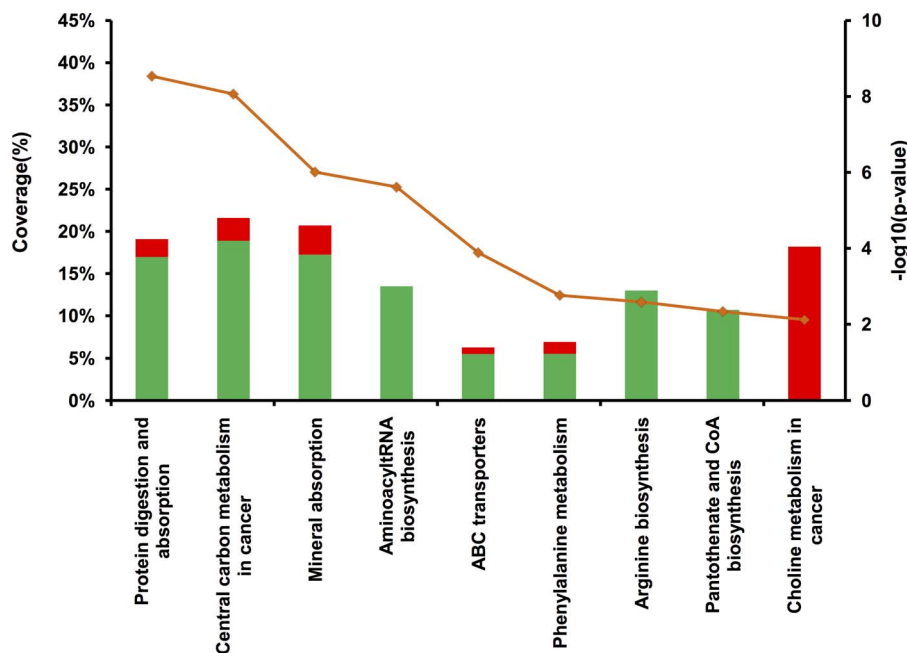
ing,  $P = 5.85E-19$ ; complement system,  $P = 1.49E-14$ ), with a majority of downregulated proteins in CSCR (68% and 60% respectively); (2) lipid transport and macrophage activation (liver X receptor/retinoid X receptor pathway, liver X receptor/retinoid X receptor [LXR/RXR], with 69% of downregulated proteins in CSCR,  $P = 5.85E-19$ ); (3) metabolism of biliary acids (farnesoid X receptor/retinoid X receptor pathway [FXR/RXR], with 75% of downregulated proteins in CSCR,  $P = 5.57E-17$ ); (4) the glycolysis ( $P = 1.16E-10$ ) and gluconeogenesis ( $P = 3.74E-7$ ) pathways, in which all proteins were upregulated in CSCR compared with RRD (aldolase, fructose-bisphosphate A, enolase 1, 3, glyceraldehyde-3-phosphate dehydrogenase, phosphoglycerate kinase 1, pyruvate kinase, muscle, triosephosphate isomerase 1); (5) coagulation system ( $P = 2.18E-6$ ); (6) atherosclerosis signaling ( $P = 1.1E-5$ ; upregulation of apolipoprotein B, C-III, lysozyme, and paraoxonase 1, and downregulation of apolipoprotein A-IV, retinol binding protein 3, and serpin family A member 1); (7) interleukin (IL)-12

signaling ( $P = 1.74E-5$ ); and (8) clathrin-mediated endocytosis ( $P = 1.81E-5$ ).

### Subretinal Fluid Metabolome

After matching against known metabolites in the HMDB database using the mass to charge ratio (m/z), the putative metabolite list was reduced to 651 single molecules. The supervised learning approach was successful in reconstructing sample classes, based on the differentially expressed metabolites between CSCR and RRD. In the SRF sample from the CSCR patient, 76 metabolites were differentially regulated as compared with RRD of which 43 were downregulated and 33 were upregulated (see [Supplementary Table S3](#) for a list of differentially regulated metabolites).

Overrepresentation pathway analysis was performed on the deregulated metabolites ([Fig. 4](#)). It confirmed the proteomics results with the protein digestion and absorption pathway ( $P = 3E-9$ ) defined by approximately 20% coverage of inputted metabolites (specifically methionine, phenylalanine, valine, tyrosine, leucine, glutamine, arginine, isovalerylcarni-



**Figure 4.** Overrepresentation pathway analysis of differentially represented metabolites in the central serous chorioretinopathy subretinal fluid compared with rhegmatogenous retinal detachment. A minimum of two metabolites per pathway and a significant association cut-off ( $P < 0.01$  and  $q$  value  $< 0.05$ ) were used. Red and green bars represent metabolites up- and downregulated, respectively. The orange line represents the associated  $P$  value corresponding to each pathway.

tine, and tyramine-*o*-sulfate), which is in accordance with the peptidase and protease inhibitor activity differentially regulated within the enzyme in the proteomics analysis.

Interestingly, additional pathways were also highlighted in CSCR compared with RRD samples, including: (1) the choline pathway, containing exclusively overregulated metabolites, such as phosphatidylcholine (16:0/18:4) (fold change [FC] = 5.8,  $P = 4E-5$ ) and phosphatidylglycerol (18:0/18:1) (FC = 1.58,  $P = 6E-3$ ), with 18% metabolite coverage; (2) the aminoacyl tRNA biosynthesis, arginine biosynthesis and pantothenate/CoA biosynthesis pathways, determined exclusively by downregulated metabolites; (3) the mineral absorption and ABC transporters pathways were mostly downregulated, which is consistent with the reduced expression of transporter proteins in the CSCR SRF; and (4) phosphoric acid, also involved in ATP production, was the only upregulated metabolite in the mineral absorption pathway (FC = 4.22).

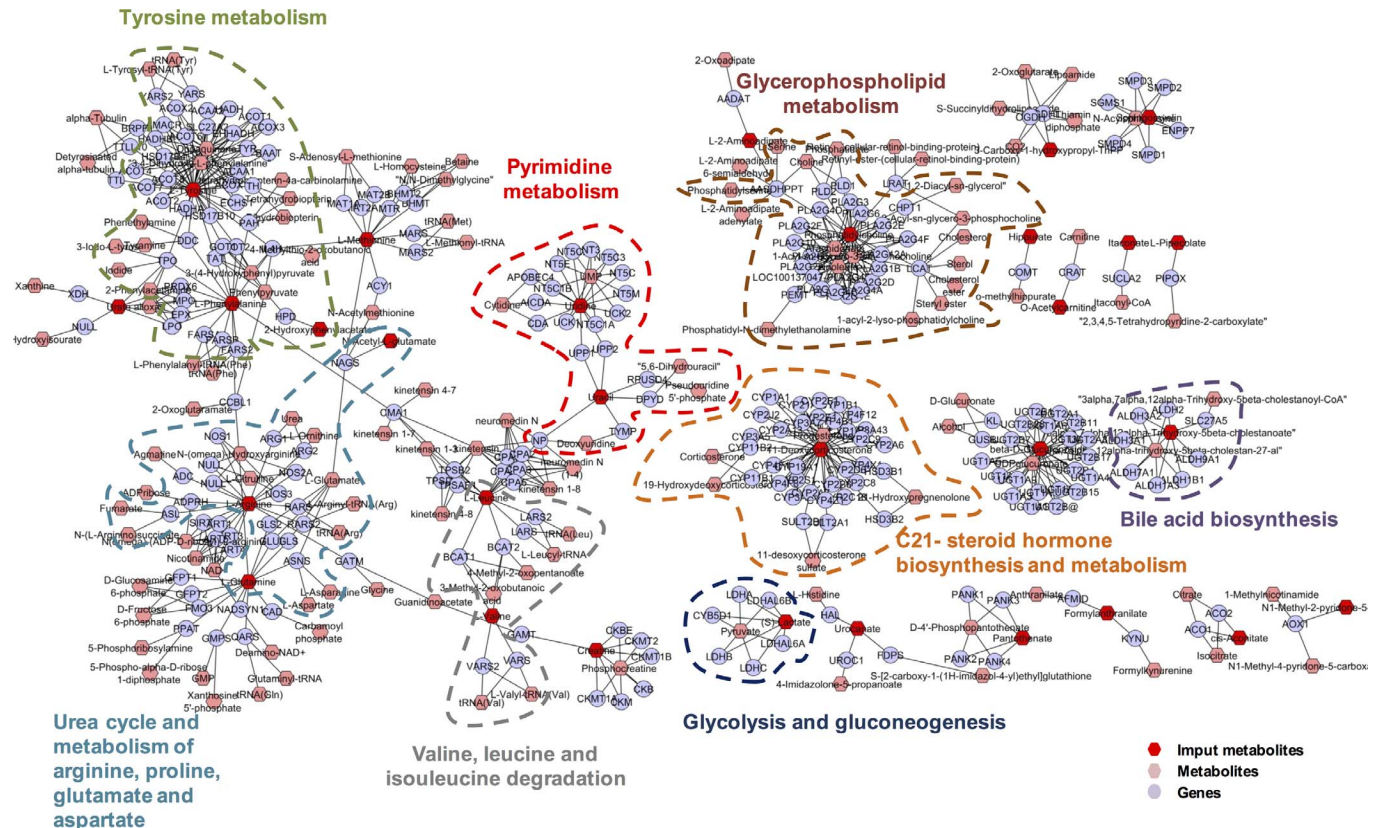
The chemical subclassification of metabolites deregulated in CSCR, as compared with RRD, was obtained from the HMDB library. The largest subgroup (30%) belonged to the amino acid/peptide subclass, confirming the overrepresentation pathway analysis (see Supplementary Fig. S1 for a chart of

deregulated metabolites). Using this classification system, the next highly susceptible metabolite classes were phosphosphingolipids (12%), fatty acids/conjugates (7%), and fatty acid esters (6%), which demonstrated alterations in lipid metabolism, in agreement with the proteomic results showing deregulation of the LXR/RXR pathway.

Finally, the pathway-based network was explored to create a compound-gene network on the MetScape software (Fig. 5), providing a comprehensive overview of the specific SRF metabolic signature in the CSCR sample. Among subnetworks, branch-chain amino acid degradation pathway, glycolysis and gluconeogenesis, steroid hormone biosynthesis and metabolism, and bile acid biosynthesis were remarkably deregulated, showing a high consistency with the proteomics results.

## Discussion

The present pilot study reports the first proteomic and metabolomic investigation of SRF, to the best of our knowledge. Applied comparatively with CSCR and RRD, this approach provided unique molecular information, given the rarity of bullous variants of CSCR requiring subretinal surgery,<sup>1,2</sup> the difficulty of SRF collection, and the limited volume of SRF



**Figure 5.** Pathway-based network of differentially expressed metabolites in the subretinal fluid between CSCR and RRD. In the compound-gene networks, detected metabolites are shown in red. Blue nodes correspond to the genes identified by enrichment analysis performed using the differentially detected metabolites.

available. Although proteomics results were based on a single CSCR case, they were supported by an independent and orthogonal metabolomics analysis, and by the biological consistence with current understanding of CSCR pathophysiology.

Our results are based on the assumption that the molecular composition of the subretinal material that we collected was related to the disease process. Indeed, because there is no fluid between the retina and the RPE in normal healthy conditions, the presence of SRF itself constitutes a pathological process. Other factors than CSCR or RRD may influence the proteome/metabolome of SRF described here, but the existence of these samples is the sole consequence of the causing disease, CSCR or RRD, which should be therefore considered as the main factor influencing their characteristics.

In addition to demonstrating the feasibility of multiomics exploration of SRF, this study suggests that inflammatory and immune responses in the subretinal space are differentially regulated in CSCR and RRD. Regarding the complement pathway, the

upregulation of complement factor H (CFH) confirms its involvement in CSCR pathogenesis. This finding is consistent with previous reports that genetic variants of CFH are associated to a higher risk of developing CSCR,<sup>31–33</sup> and that other variants could protect from the disease.<sup>33</sup> The upregulation of CFH and CFH-related protein-1, and the decrease in complement factors B and 4B in the SRF of CSCR may indicate a lower activation of the alternative complement pathway, subsequent reduction of membrane attack complex and reduced photoreceptor cell death.<sup>34,35</sup> Noticeably, the C4B genomic copy number is related to the risk of developing chronic CSCR, with absent C4B conferring a higher risk and presence of three copies decreasing this risk.<sup>36</sup> On the other hand, the alternative complement pathway contributes to physiologic transport of ions and macromolecules through pores formation, such as C5b-8 and C5b-9.<sup>35</sup> This mechanism involves CD59 protein, also found in our study as downregulated. Impaired activation of this mechanism could result in fluid

and macromolecule accumulation in the subretinal space of patients with CSCR.

Among proteins differentially regulated in the acute phase response-signaling pathway, Serum amyloid P component (SAP or pentraxin-2) is of specific interest. SAP interacts with complement factors<sup>37</sup> and inhibits the recruitment of profibrotic macrophages.<sup>38</sup> In addition, it protects from cell damage induced by histone H3,<sup>39</sup> a potential mechanism contributing to photoreceptor cell death.<sup>40</sup>

Regarding proteins related to gluco- and mineralocorticoid hormonal systems, the CSCR sample showed a moderate elevation of galectin-3, a biomarker linked to mineralocorticoid activation and vascular fibrosis,<sup>41,42</sup> and a reduction in cortisol binding globulin and angiotensin (Supplementary Table S2). In addition, the identification of the C21 steroid hormone biosynthesis metabolic subnetwork (Fig. 4), which includes critical gluco- and mineralocorticoid molecules, such as cortisol and aldosterone (both having 21 carbons), reflects the deregulation of steroid metabolism, as previously identified in CSCR patients.<sup>43,44</sup> This increase in C21 steroids and the reduced cortisol binding globulin in the SRF of CSCR could also modulate photoreceptor cell death and survival.<sup>45</sup>

Clathrin-mediated endocytosis, one of the differentially regulated pathways between CSCR and RRD, could be an additional mechanism for controlling C5b-8 or C5b-9 levels at the RPE cell membrane, and regulating their lytic threshold.<sup>34</sup> Interestingly, five of seven proteins of the clathrin-mediated endocytosis pathway have functions in lipid transport and are involved in vascular diseases (apolipoprotein A-IV, retinol binding protein 3, serpin family A member 1, apolipoprotein B, C-III, and paraoxonase 1). The LXR/RXR pathway, involved in lipid transport, also regulates macrophage-mediated inflammatory response in atherosclerosis,<sup>46</sup> and induces microglial activation in the subretinal space.<sup>47</sup> Taken together, these results indicate that microglia/macrophage and lipid metabolism are differentially regulated during rhegmatogenous or serous retinal detachments, and are potentially involved in CSCR pathophysiology.

The difference in glycolysis and gluconeogenesis pathways between CSCR and RRD is also emphasized by both proteomics and metabolomics approaches. Compared with RRD, all proteins involved in glycolysis and gluconeogenesis pathways were upregulated in the SRF from CSCR, which could point to differential neuronal survival mecha-

nisms. Indeed, gluconeogenesis products contribute to protecting the retina against oxidative and nitrosative stress,<sup>48,49</sup> and increased glucose levels may promote cone photoreceptor survival by stimulation of aerobic glycolysis.<sup>50</sup>

The FXR pathway identified by proteomics analysis is directly linked to the bile acid pathway identified by metabolomics. Bile acids, increased in the SRF of CSCR as compared with RRD are potent antiapoptotic components for photoreceptors in various models.<sup>51</sup> For example, tauroursodeoxycholic acid (TUDCA) prevents photoreceptors cell death after experimental retinal detachment.<sup>52</sup> Similarly, the pantothenate and CoA pathways have a protective effect against retinal degeneration, and were also activated in CSCR, pointing out another potential neuroprotective mechanism.<sup>53</sup>

Proteins involved in cell migration and adhesion, essential to cellular movement, accounted for 15% of the differentially regulated proteins in the SRF of CSCR, compared with RRD. Consistently, most proteins usually found in the vitreous<sup>54,55</sup> were less abundant in the SRF from CSCR, which is not expected to be contaminated by vitreous fluid, such as opticin,<sup>56</sup> osteopontin,<sup>57</sup> and versican.<sup>58</sup> Proteins involved in retinal structure were also reduced in the SRF of CSCR as compared with RRD (such as contactin 1,<sup>59</sup> SYNCAM, and lumican<sup>60</sup>), which may be related to the better architecture preservation of the detached retina in CSCR. A clear reduction in the choline metabolic pathway, which intervenes in the photoreceptor outer segment/RPE microvilli interaction,<sup>61</sup> may also be related to the better preservation of photoreceptor outer segments in CSCR as compared with RRD.<sup>62</sup>

Very few studies have analyzed the proteome of SRF in patients with RRD. Shitama et al.<sup>63</sup> have performed the proteomic analysis of 10 SRF samples from RRD, compared with 13 control vitreous samples. These results should be compared with caution to our findings, because the authors used a different strategy, by not removing abundant plasma proteins from ocular samples. The most increased proteins in RRD SRF identified by Shitama et al.<sup>63</sup> were albumin, transferrin, transthyretin, and cathepsin D. Other proteins, identified as potential markers of RRD were  $\alpha$ -1 antitrypsin, clusterin (also known as apolipoprotein J), pigment epithelium-derived factor (PEDF), and apolipoprotein A-IV (APOA4). In contrast, our proteome analysis of SRF in RRD could not identify albumin, transferrin or  $\alpha$ -1 antitrypsin that had been depleted among the 12

major plasma proteins removed at the initial step of our protocol. Yet, we identified transthyretin, clusterin, cathepsin D, PEDF, and APOA4 in the SRF from patients with RRD (See [Supplementary Table S1](#)). Moreover, as proteomic methods differ between studies,<sup>54,55,64</sup> direct comparison of the SRF proteomes to published datasets is not possible. However, in one of our preliminary experiments, the vitreous and SRF from three patients presenting with RRD were analyzed using the same proteomics strategy (unpublished data). We identified 70% of proteins that were common to the SRF and vitreous from these patients (257 of 367 proteins). Among these proteins, several known to be enriched in the vitreous such as opticin, osteopontin, versican, retinoschisin, transthyretin, or hyaluronan-binding protein 2 (related to hyaluronic acid), or collagen alpha-2 were found. These data are consistent with the notion that RRD involves the creation of a retinal tear, leading to passage of liquefied vitreous humor through the tear into the subretinal space. Unfortunately, the proteomic strategy used in the present study does not allow us to separate the raw protein lists specific to CSCR or RRD SRF. Therefore, we cannot compare the composition of the CSCR SRF with the vitreal proteome. Moreover, we can assume that, because no retinal tear occurs in CSCR, it is unlikely that vitreal proteins with high molecular weight could migrate through the retina.

Finally, a recent proteomics analysis of intraretinal schisis fluid from two subjects with X-linked retinoschisis highlighted canonical pathways also identified in the present study, such as LXR/RXR activation, complement system, and acute phase response signaling.<sup>65</sup> Because chronic CSCR may also manifest with retinoschisis-like cavities,<sup>66</sup> similar biochemical changes may occur in both diseases. These convergent results support the involvement of the identified pathways in a range of retinal disorders, and show the emerging potential of ocular proteomics.

To summarize, this work demonstrated the feasibility and power of proteomics, combined to metabolomics, for the analysis of SRF. This approach opens perspectives for the comprehensive analysis of ocular biomarkers in retinal diseases, which is a current trend aiming at establishing early diagnosis and personalized therapies.<sup>67,68</sup> This study demonstrates in particular the interest of the omics approach for the screening of neuroprotective therapeutic targets in retinal detachment. Its main weakness was the limited number of SRF samples analyzed. Although results from proteomics and metabolomics were largely

consistent with each other, and highlighted key molecular players in CSCR pathophysiology previously reported in the literature, they must be interpreted with caution. Results also relied on the consistency of the control group, for which two cases with different clinical characteristics were pooled in order to highlight their common RRD-related molecular characteristics, and filter individual variability while preserving sample representativeness.

Although the indication of subretinal surgical procedures in CSCR is exceptional, the larger-scale feasibility and repeatability of this multiomics approach, and the translational results obtained will require confirmation with additional samples. This first comparative molecular analysis of SRF in CSCR and RRD improved the understanding of both disorders, and identified pathways involved in the better photoreceptor preservation in CSCR.

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