Oral Presentation

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Jean-Luc Bulliard

Screening for skin cancer: current epidemiological evidence

Introduction

Skin cancer is the most common cancer but also one of the most preventable. Despite many melanoma/skin cancer prevention campaigns and varied intervention strategies over the last decades, the incidence of melanoma and nonmelanoma skin cancer is still rising in fair-skinned populations, and decreases in melanoma mortality are modest and limited to few countries.

Methods

Interventions aiming at primary or secondary prevention of melanoma/skin cancer are reviewed. Relevant endpoints for these interventions are identified and their impact assessed.

Results

Impact of skin cancer prevention has been more often monitored and more favourable in the short than long-term. Long-term evaluation of sustained prevention campaigns remains difficult since the interaction of several factors can conceal or alter the long-term impact of interventions. Examples are presented and the interaction of concomitant factors is discussed in the interpretation of incident and mortality trends from melanoma.

Conclusion

Evidence suggests that secondary prevention (early detection) has to date been more efficient than primary prevention. Longer-duration interventions and improved validity of study designs are needed. If general population-based screening appears too expensive to be achieved, screening of high-risk individuals is recommended.