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The prognostic value of minimally involved melanoma sentinel lymph nodes

THESE

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*The prognostic value of minimally involved melanoma
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Titre : The prognostic value of minimally involved melanoma sentinel lymph nodes

Introduction: la biopsie du ganglion sentinelle (GS) est une procédure reconnue et fiable pour établir le stade ganglionnaire du mélanome cutané. Le GS est le facteur pronostique le plus puissant pour la survie des patients atteints d'un mélanome à risque intermédiaire, cliniquement localisé. Celui-ci est métastatique dans environ 15-30% des cas. Lorsque le GS est positif, un curage de l'aire ganglionnaire concernée est généralement entrepris. Néanmoins, seuls 20-25% de ces patients présentent des ganglions non-sentinelles (GNS) métastatiques. Ces données suggèrent que le curage, et les risques opératoires qui y sont associés, n'est peut-être pas nécessaire chez le trois-quarts de ces patients. Un autre aspect est que l'impact sur la survie des curages basé sur le résultat du GS n'est pas clairement démontré. La nécessité de ce curage d'emblé est actuellement en cours d'évaluation par un protocole international (Multicenter Selective Lymphadenectomy Trial II : MSLT II). Plusieurs auteurs ont essayé de classifier la charge tumorale du GS afin d'évaluer s'il était possible d'épargner le curage à certains patients et de mieux affiner ce facteur pronostic sans succès. En 2009, le Groupe Mélanome de l'EORTC (European Organisation for Research and Treatment of Cancer) a recommandé un protocole d'évaluation anatomopathologique du GS-positif en trois items: (1) la localisation micro-anatomique des métastases à l'intérieur du ganglion selon Dewar (A = sous-capsulaire, B = combinée sous-capsulaire and parenchymateuse, C = parenchymateuse, D = multifocale, and E = extensive); (2) la mesure de la taille tumorale dans le ganglion selon les critères de Rotterdam pour le diamètre maximal. Le diamètre de la plus grande métastase est exprimé en nombre absolu et (3) la taille tumorale stratifiée par catégories : <0.1mm, 0.1–1.0mm et >1.0 mm. Le but de cette étude rétrospective d'une cohorte de patients, était d'investiguer les résultats des GS-positifs et d'analyser les facteurs pronostiques de la survie à la lumière des recommandations de l'EORTC. Ainsi que de comparer les sous-groupes du GS-positif avec une invasion minimale (taille tumorale <0.1mm et/ou atteinte sous-capsulaire) avec le GS-négatif. Les facteurs pouvant prédire la présence de GNS-positif ont également été analysés.

Matériel et méthode : une étude des dossiers a été réalisée pour les 499 patients consécutifs entre 1997 et 2008 qui ont eu une biopsie du GS dans notre institution. Le degré d'envahissement du GS-positif a été entièrement revue par l'équipe référente de l'Institut de Pathologie (Dresse E. Saiji et Dresse H. Bouzourène) selon les recommandations de l'EORTC. Des analyses univariées et multivariées des potentiels facteurs pronostics ont été réalisées. Des analyses de survie ont également été effectuées avec des courbes d'estimation de Kaplan-Meier combinées à une régression de Cox. Le protocole a été accepté par la Commission d'Éthique.

Résultats: un GS-positif a été trouvé chez 123 (25%) patients parmi les 499 qui ont bénéficié d'une biopsie. Avec un suivi médian de 52 mois, la survie à 5 ans sans récurrence (SSR), spécifique à la maladie (SS) et globale (SG) étaient de 88%, 94%, et 90% respectivement pour les patients avec GS-négatif. Concernant les GS avec invasion minimale, 21 patients étaient dans le sous-groupe <0.1mm selon les critères de Rotterdam et 52 patients dans le sous-groupe sous-capsulaire selon Dewar. La survie dans ces deux sous-groupes était de 80% et 57% pour la SSR, 87% et 70% pour la SS, 87% et 68% pour la SG, respectivement. L'analyse multivariée des GS-positifs a montré que les facteurs suivants influençaient significativement la survie (SSR, SS et SG): l'épaisseur selon Breslow de la tumeur primaire ($p=0.002, 0.006, 0.004$), la taille tumorale du GS-positif $\geq 0.1\text{mm}$ ($p= 0.01, 0.04, 0.03$), le genre masculin ($p=0.06, 0.005, 0.002$) et l'ulcération de la tumeur primaire ($p=0.05, 0.03, 0.007$). L'analyse des sous-groupes avec invasion minimale n'a pas permis d'établir de facteur pour prédire la négativité des GNSs.

Conclusion: La classification du GS-positif par la taille tumorale selon les critères de Rotterdam est un facteur pronostique simple et utile pour évaluer la survie des patients atteints de mélanome. Nous avons observé une tendance (non statistiquement significative) d'une survie diminuée pour le sous-groupe des patients avec GS-positif et une taille de la métastase <0.1mm comparée à celle des patients avec GS-négatif. Ceci nous incite à conclure que ce sous-groupe de patients ne devrait pas être assimilé et traité comme ceux qui ont un GS-négatif. D'autre part nos résultats montrent que la localisation micro-anatomique selon Dewar n'est pas un outil pronostique utile pour évaluer la survie, ni pour prédire le status des GNSs.

The Prognostic Value of Minimally Involved Melanoma Sentinel Lymph Nodes^{*}

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ABSTRACT

Background: Sentinel node (SLN) status is the most important prognostic factor for early-stage melanoma patients. It will influence follow-up and may change therapy. Positive SLNs present different degrees of involvement so that sub-groups of patients may have minimal SLN invasion. The aim of this study was to evaluate survival in subgroups with minimally involved SLNs and to compare them to negative SLN patients. **Method:** SLN biopsy was performed in 499 consecutive clinically N0 patients between 1997 and 2008. Following updated recommendations from the Melanoma Group of the European Organization of Research and Treatment of Cancer, degrees of SLN involvement were fully reassessed for two anatomopathological parameters: tumour burden according to Rotterdam criteria (<0.1 mm, 0.1 - 1.0 mm, and >1.0 mm) and microanatomic location according to Dewar (subcapsular, combined subcapsular and parenchymal, parenchymal, multifocal, or extensive). Minimally involved SLNs were defined as those with tumor burden <0.1 mm and/or subcapsular metastasis location. Kaplan-Meier and multivariable logistic regression analyses were performed. **Results:** Out of 499 clinically N0 patients, positive SLNs were found in 123 patients (24.7 percent). With a median follow-up of 52 months (range: 9 - 146), five-year disease-free (DFS), disease-specific survival (DSS) and overall survival (OS) were 88.1, 93.9 and 89.9 percent for negative SLN patients, respectively. In minimally involved SLNs, there were 21 with tumour burden <0.1 mm, and 52 with subcapsular metastasis. Five-year DFS, DSS and OS in these sub-groups were 79.6, 86.6 and 86.6 percent, then 57.3, 69.8 and 67.8 percent respectively. DFS univariable analysis of these sub-groups compared to negative SLNs showed: (HR1.89, 95 percent CI 0.75 - 4.79; p 0.175) and (HR 3.92, 95 percent CI 2.29 - 6.71; p < 0.0001) respectively. Minimally involved sub-groups were not predictive for NSLN negativity. **Conclusion:** Rotterdam's tumour burden stratification is an easy and useful prognostic factor of melanoma survival. There was a trend showing that patients with SLN tumour burden <0.1 mm have a lower survival compared to SLN negative patients. One might suggest that patients with minimally involved SLNs may not be managed similarly to negative SLN patients. Subcapsular metastasis subgroup according to the microanatomic location has statistically significant worst survival.

Keywords: Metastatic Melanoma; Sentinel Node; Minimally Involved

1. Introduction

Since the first report in 1992 for melanoma patients [1], sentinel lymph node (SLN) biopsy has become a routine procedure in specialized centers for the management of

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intermediate risk, clinically localized cutaneous melanoma. Lymphatic mapping with sentinel lymphadenectomy is a safe and effective surgical technique with limited morbidity [2]. The importance of the SLN status is now widely accepted as the most important prognostic factor [2,3]. In literature, positive SLN is found in 15 percent to 30 percent of patients [3-8]. In case of positive

SLN, most centers recommend a completion lymph node dissection (CLND). However, additional positive non-sentinel lymph nodes (NSLN) are found in only about 20 percent of CLND [3,5,7-10]. This means that radical lymph node dissection, with its consecutive morbidity [11], might be unnecessary in about three quarters of patients with positive SLN. Seeking for the optimal practice, the SLN status was sharpened in order to better predict NSLN status, recurrence rate and survival. Different classifications of positive SLN were proposed but none of these have gathered a wide acceptance [5,7-17]. Recently, the EORTC Melanoma Group recommended a protocol to report the three following items per positive SLN [18]: (1) The microanatomic location of the metastases according to Dewar for the entire node (A = subcapsular, B = combined subcapsular and parenchymal, C = parenchymal, D = multifocal, and E = extensive); (2) the SLN tumour burden according to the Rotterdam Criteria for the maximum diameter of the largest metastasis expressed as an absolute number; and (3) the SLN tumour burden stratified per category: <0.1 mm, 0.1 - 1.0 mm, or >1.0 mm.

The aim of this retrospective study of a prospective cohort was to analyze the results of the positive SLNs in a tertiary reference center for melanoma, to investigate prognostic factors for disease-free survival (DFS), disease-specific survival (DSS) and overall survival (OS) in light of the EORTC recommendations protocol and primary tumour criteria, and to compare minimally involved subgroups, such as tumour burden <0.1 mm, subcapsular metastasis, and SLN negative patients. Predictability of positive NSLNs was also analyzed.

2. Patients and Methods

2.1. Patients

Between October 1997 and December 2008 all consecutive SLN biopsy (SLNB) for melanoma patients were included prospectively in a database. SLNB was performed by a single surgical team at the Centre Hospitalier Universitaire Vaudois (CHUV) in Switzerland. Inclusion criteria were primary skin melanoma >1.00 mm without palpable adenopathy and absence of distant metastases (confirmed by CT scan or PET scan). Patients with melanoma thickness <1.00 mm in the presence of specific histopathologic factors, such as ulceration, regression, or Clark level IV/V were also included. A CLND was usually proposed to patients with metastatic SLN. Patients with clinically metastatic lymph nodes were offered a therapeutic lymph node dissection and excluded from the present analysis. Patients with local recurrence of an earlier melanoma who also had a SLNB were excluded. The protocol of this study was accepted by the Institutional Ethical Committee.

2.2. Surgical Technique and Pathological Analysis

All patients underwent SLNB according to the triple technique as previously described (3). The SLN was defined as any blue node, the node with the highest radioactive count, and any node with >10 percent count rate of the most radioactive node. Any enlarged (>1 cm) suspicious node and some adjacent nodes (mainly for anatomical reason) were also dissected. SLNB was followed by initial melanoma scar wide excision (WE) with safety margins of 1 cm and 2 cm according to Breslow thickness of ≤ 1 mm and >1 mm respectively. SLN(s) were sent fresh or in formaldehyde solution directly to the University Institute of Pathology. Lymph nodes were bivalved and paraffin embedded. Three slices were cut for hematoxylin and eosin (H & E) and immunohistochemistry (IH) staining (Melan A and protein S100) at a regular 50 μ m interval at least six times following a SLNB protocol (3). No PCR analysis was performed. The CLND's nodes were only processed with H-E staining. An expert team from the Department of Pathology (E.S. & H.B.) reviewed all positive SLNs for the purpose of this study, according to the EORTC Melanoma Group recommended protocol [18]. Degrees of SLN involvement were fully re-assessed for two anatomopathological parameters: tumour burden according to Rotterdam criteria (<0.1 mm, 0.1 - 1.0 mm, and >1.0 mm) and microanatomic location according to Dewar (subcapsular, combined subcapsular and parenchymal, parenchymal, multifocal, or extensive). Minimally involved SLNs were defined as those with tumor burden <0.1 mm and/or subcapsular metastasis location.

2.3. Follow-Up

A clinical follow-up was performed every 3 months during the first year after diagnosis, every 4 months during the second year, every 6 months during the 3rd, 4th and 5th years and then once a year. For patients with a Breslow more than 4 mm and for patients with positive SLN, a thoraco-abdominal scan was done once a year during the first five years following diagnosis. Most patients were followed at the outpatient clinic of the Oncology Unit in the same institution. Some patients were followed by their own dermatologists; their written follow-up was obtained after consent. Duration of follow-up was defined as time between date of SLN procedure and date of the last follow-up or death.

2.4. Statistical Analysis

Quantitative variables were compared using the Student or the Mann-Whitney test. Categorical variables were compared using the χ^2 test. Univariable analysis of potential prognostic factors was performed (Table 1). A

Table 1. Clinical and anatomopathological characteristics of 123 positive sentinel lymph nodes (SLNs) patients and univariable analyses of disease-free (DFS), disease-specific (DSS) and overall survival (OS).

Characteristics	Level	Patients N = 123	DFS			DSS			OS		
			HR	95% CI	P	HR	95% CI	P	HR	95% CI	P
Gender	Female	50	1			1			1		
	Male	73	2.14	1.2 - 3.8	0.008	2.57	1.2 - 5.3	0.011	2.58	1.3 - 5.1	0.007
Age (mean)	≤65 years	84	1			1			1		
	>65 years	39	1.68	1.0 - 2.83	0.052	1.50	0.8 - 2.9	0.230	1.57	0.9 - 2.9	0.153
Melanoma subtype	Superficial spreading	42	1			1			1		
	Nodular	50	1.05	0.6 - 1.9	0.870	1.22	0.6 - 2.5	0.601	1.24	0.6 - 2.5	0.544
	Acral lentiginous	15	1.63	0.7 - 3.6	0.220	1.82	0.6 - 5.2	0.265	1.67	0.6 - 4.7	0.331
	Others	16	0.76	0.3 - 1.9	0.545	0.95	0.3 - 3.0	0.935	1.10	0.4 - 3.1	0.861
Breslow thickness	<1 mm	4	1			1			1		
	1.01 - 2.0 mm	41	1			1			1		
	2.01 - 4.0 mm	49	1.82	1.3 - 2.5	<0.0001	3.68	1.1 - 2.3	0.002	1.64	1.1 - 2.4	0.008
	>4.0 mm	29	1.82	1.3 - 2.5	<0.0001	3.68	1.1 - 2.3	0.002	1.64	1.1 - 2.4	0.008
Clark level	III	23	1			1			1		
	IV	89	1.23	0.6 - 2.5	0.552	1.41	0.6 - 3.4	0.440	1.56	0.7 - 3.7	0.316
	V	11	1.37	0.5 - 3.8	0.551	1.21	0.3 - 4.9	0.787	1.63	0.5 - 5.9	0.448
Ulceration	Absent	49	1			1			1		
	Present	74	2.21	1.3 - 3.7	0.003	2.16	1.1 - 4.1	0.018	2.38	1.3 - 4.3	0.005
Primary melanoma location	Extremity	63	1			1			1		
	Head and neck	5	1.68	0.5 - 5.5	0.393	2.93	0.9 - 10.1	0.089	2.41	0.7 - 8.2	0.157
	Trunk	55	1.09	0.7 - 1.8	0.729	1.50	0.8 - 2.9	0.226	1.32	0.7 - 2.5	0.379
Lymph node basin	1	92	1			1			1		
	>1	31	1.08	0.6 - 1.9	0.789	1.26	0.6 - 2.6	0.530	1.41	0.7 - 2.7	0.314
SLN Tumour Burden	<0.1 mm	21	1			1			1		
	0.1 - 1 mm	33	2.58	0.9 - 7.3	0.076	2.14	0.7 - 6.9	0.203	2.11	0.7 - 6.8	0.211
	>1.0 mm	65	4.50	1.8 - 11.5	0.002	3.35	1.2 - 9.7	0.026	3.69	1.3 - 10.6	0.015
	Not available	4									
SLN Microanatomic tumour location*	A	52	1			1			1		
	B	18	1.45	0.7 - 3.2	0.363	1.57	0.6 - 3.9	0.327	1.69	0.7 - 4.0	0.232
	C	11	0.74	0.2 - 2.5	0.635	0.94	0.3 - 3.3	0.927	0.88	0.3 - 3.0	0.841
	D	8	1.32	0.5 - 3.9	0.611	0.39	0.05 - 3.0	0.367	0.37	0.05 - 2.8	0.334
	E	29	3.31	1.7 - 6.1	<0.0001	1.98	0.9 - 4.3	0.081	1.97	1.0 - 4.1	0.070
	Not available	5									

*SLN Microanatomic tumour location according to Dewar (8): A, subcapsular. B, combined subcapsular and parenchymal. C, parenchymal. D, multifocal or E, extensive. HR, hazard ratio. CI, confidence interval. P, significance level.

multivariable logistic regression model was used for the significant factors in the univariable analyses. Survival analyses involved the Kaplan-Meier method combined with log-rang test and multivariable Cox's proportional hazard regression models. Statistical analyses were performed with Stata 11 software (Stata Corp®). P values less than 0.05 were considered statistically significant.

3. Results

3.1. Patient Characteristics

During the study period, 499 consecutive patients with primary skin melanoma and clinically N0 underwent a SLNB and were included in this study. Metastases to SLN(s) were detected in 123 (24.7 percent) patients. The median (range) Breslow thickness was 1.7 mm (0.3 - 15), 1.5 mm (0.3 - 15), and 2.5 mm (0.8 - 12) for all patients, SLN negative and SLN positive patients respectively.

For the same groups of patients, male ratios were 274/499 (55 percent), 201/376 (54 percent) and 73/123 (59 percent) respectively; ulceration rates were 126/499 (25 percent), 77/376 (21 percent), 49/123 (40 percent) respectively. Clinical and anatomopathologic characteristics of the 123 SLN positive patients are presented in **Table 1**. All positive SLN were classified according to the recommendations from the EORTC Melanoma Group protocol published in 2009 (15). In four cases the pathological slides were not available for reassessment of the tumour burden and in five cases for the micro-anatomic location. The four SLN positive patients who had melanoma with Breslow thickness ≤1.0 mm had a Breslow thickness close to 1.0 mm (n = 2) or Clark level IV (n = 2).

3.2. Prognostic Factors

The univariable Cox's analysis of the 123 SLN positive

patients for DFS, DSS, and OS are presented in **Table 1**. Breslow thickness >2.0 mm, male gender, ulceration, SLN tumour burden \geq 0.1 mm, and extensive microanatomic metastatic location (E) were significantly associated with worse DFS, DSS, and OS ($p < 0.05$). An age > 65 years was also significantly associated with worse DFS. On the multivariable analysis, Breslow thickness >2.0 mm (HR 3.01, 95 percent CI 1.51 - 6.04; p 0.002/HR 3.27, 95 percent CI 1.40 - 7.66; p 0.006/HR 3.46, 95 percent CI 1.49 - 8.05; p 0.004), ulceration (HR 1.74, 95 percent CI 0.99 - 3.06; p 0.054/HR 2.13, CI 1.07 - 4.27; p 0.032/HR 2.50, 95 percent CI 1.28 - 4.89; p 0.007), and SLN tumour burden \geq 0.1 mm (HR 3.55, 95 percent CI 1.30 - 9.66; p 0.013/HR 3.04, 95 percent CI 1.03 - 8.94; p 0.044/HR 3.29, 95 percent CI 1.12 - 9.66; p 0.030) were independent significant factors lowering DFS, DSS, and OS. Male gender (HR 1.81, 95 percent CI 0.98 - 3.32; p 0.057/HR 2.95, 95 percent CI 1.39 - 6.27; p 0.005/HR 3.32, 95 percent CI 1.58 - 7.0; p 0.002) was an independent significant factor lowering DSS and OS. Extensive microanatomic metastatic location (E) was an independent significant factor lowering only DFS (HR 1.87, 95 percent CI 1.05 - 3.35; p 0,033). The median SLN tumour burden in the extensive microanatomic location (E) was 7 mm (range: 0.8 - 15) compared to 0.15 mm (range 0.09 - 4) in the subcapsular microanatomic location (A) (HR 3.31, 95 percent CI 1.7 - 6.1; $p < 0.001$).

3.3. Survival Analyses

The median follow-up time for all 499 patients was 52 months (range: 9 - 146). The median follow-up time for the 123 SLN positive patients was 41 months (range: 2 - 146). The 3- and 5 - year DFS for SLN positive patients

were 57.8 percent and 47.6 percent, compared to 92.3 percent and 88.1 percent respectively for patients with a negative SLN. The 3- and 5-years DSS were 77.2 percent and 61.8 percent compared to 97.2 percent and 93.9 percent; and OS were 75.4 percent and 59.1 percent compared to 95.4 percent and 89.9 percent for the same patients respectively.

3.4. Sentinel Lymph Node Positive Subgroups Analyses

SLN positive subgroups DFS, DSS, and OS compared to negative SLN are presented in **Table 2**. SLN tumour burden subgroups 0.1 - 1 mm and >1 mm were significantly associated with worse survival. However, it did not reach statistical significance for the <0.1 mm subgroup. SLN microanatomic tumour location subgroups were all constantly significantly associated with a poorer survival, except for subgroups C and D. The 3- and 5-years DFS, DSS, and OS for SLN positive subgroups compared to SLN negative patients are presented in **Table 3**. Tumour burden subgroups disease-free survival curves are shown in **Figure 1**. Global recurrence rate was 5 (24 percent), 14 (42 percent), and 43 (66 percent) for Rotterdam subgroups <0.1 mm, 0.1 - 1 mm, and >1 mm respectively. Minimally involved SLN subcapsular subgroup A presented 20 recurrences (39 percent). There were 45 recurrences (12 percent) in the negative SLN.

3.5. Predictive Factors for Non-Sentinel Lymph Node Metastasis

Among the 123 patients with a positive SLN, 111 underwent a CLND. The procedure was not proposed to

Table 2. Univariable analyses of sentinel lymph node (SLN)-positive subgroups of disease-free (DFS), disease-specific (DSS) and overall survival (OS) compared to SLN negative patients.

SLN status	Level	N	DFS			DSS			OS		
			HR	95% CI	P	HR	95% CI	P	HR	95% CI	P
SLN	negative	376	1			1			1		
SLN Tumour Burden	<0.1 mm	21	1.89	0.75 - 4.79	0.175	2.42	0.84 - 6.95	0.100	1.43	0.51 - 3.99	0.493
	0.1 - 1.0 mm	33	4.55	2.45 - 8.47	<0.0001	5.41	2.60 - 11.26	<0.0001	3.29	1.65 - 6.56	0.001
	>1.0 mm	65	8.97	5.83 - 13.80	<0.0001	8.88	5.08 - 15.56	<0.0001	6.04	3.72 - 9.79	<0.0001
SLN Microanatomic tumour location*	A	52	3.92	2.29 - 6.71	<0.0001	3.20	2.64 - 9.44	<0.0001	4.10	1.81 - 5.68	<0.0001
	B	18	6.07	2.96 - 12.48	<0.0001	5.55	3.57 - 19.27	<0.0001	8.30	2.60 - 11.86	<0.0001
	C	11	2.71	0.84 - 8.75	0.095	2.97	1.44 - 15.83	0.069	4.78	0.92 - 9.59	0.010
	D	8	5.08	1.82 - 14.17	0.002	1.08	0.25 - 13.68	0.942	1.85	0.15 - 7.82	0.545
	E	29	13.93	8.38 - 23.17	<0.0001	7.02	5.31 - 21.18	<0.0001	10.60	3.75 - 13.14	<0.0001

*SLN Microanatomic tumour location according to Dewar (8): A, subcapsular. B, combined subcapsular and parenchymal. C, parenchymal. D, multifocal or E, extensive. HR, hazard ratio. CI, confidence interval. P, significance level.

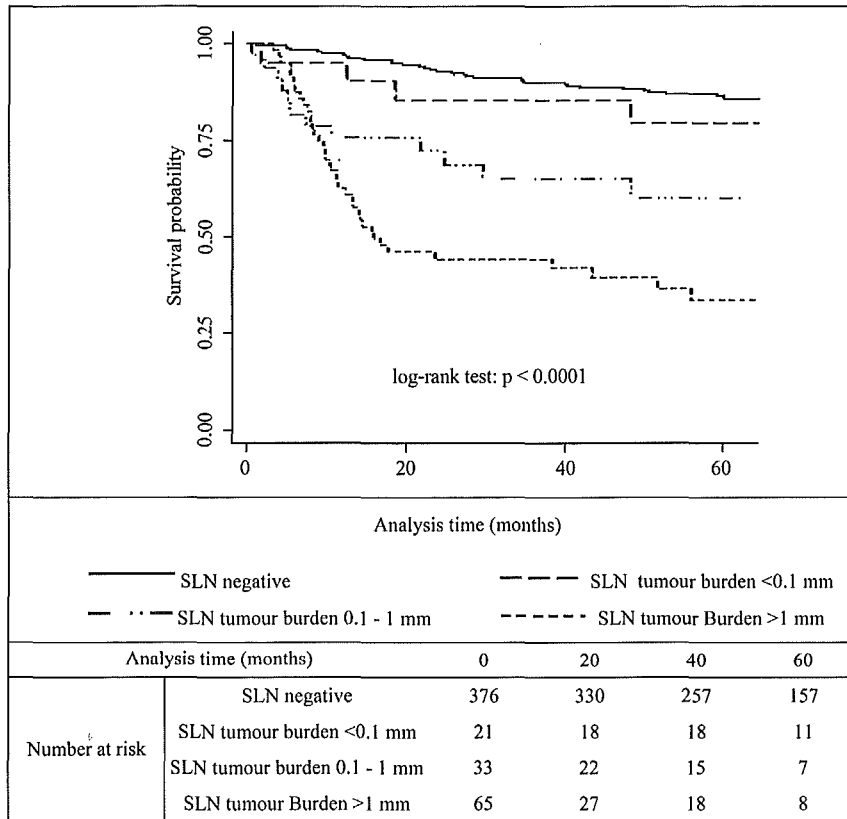


Figure 1. Kaplan-Meier curves with log-rank test of tumour burden subgroups disease-free survival compared to negative sentinel nodes patients.

Table 3. Sentinel lymph node (SLN) subgroups primary characteristics: Breslow thickness (median and range) and ulceration, the 3 and 5 years rates of disease-free (DFS), disease-specific (DSS) and overall survival (OS).

SLN status	Level	Breslow	U	3 years			5 years		
				DFS	DSS	OS	DFS	DSS	OS
SLN	negative	1.5 (0.3 - 15)	20%	92.3	97.2	95.4	88.1	93.9	89.9
	<0.1 mm	2.3 (1.1 - 9)	38%	86.3	93.4	93.7	79.6	86.6	86.6
SLN Tumour Burden	0.1 - 1 mm	2.0 (1.0 - 6)	30%	64.4	83.1	83.4	52.7	68.7	68.5
	>1 mm	3.0 (0.8 - 12)	48%	43.3	69.2	65.3	32.1	50.2	44.9
SLN Microanatomic Tumour location*	A	2.4 (1.0 - 9)	37%	68.4	83.4	82.6	57.3	69.8	67.8
	B	2.8 (1.1 - 8)	33%	56.9	72.6	67.4	45.0	54.8	47.9
	C	2.0 (1.2 - 6)	36%	78.4	84.2	84.5	69.2	71.0	70.8
	D	2.7 (1.5 - 5)	38%	65.9	94.0	94.3	54.5	87.9	88.0
	E	3.1 (0.8 - 12)	52%	32.0	66.7	63.9	22.6	47.9	44.0

*SLN Microanatomic Tumour location according to Dewar (8): A, subcapsular, B, combined subcapsular and parenchymal, C, parenchymal, D, multifocal, or E, extensive. U, ulceration.

three patients due to their poor general condition, and six further patients refused the procedure. A CLND was also not proposed to three patients between 1997 and 2000 due to the very limited SLN invasion. Their SLNs were negative with H-E and had few metastatic cells detected

in IH. One or more (median = 1, range = 1 - 4) positive non-sentinel nodes (NSLN) were found in 20 patients (18 percent). The univariable analysis of these patients is presented in Table 4. On the multivariable analyses, ulceration (OR 6.51, 95 percent CI 1.91 - 22.13; p = 0.003)

Table 4. Predictive factors of positive non-sentinel lymph nodes (NSLNs).

Characteristics	Level	Positive NSLN = 20		Negative NSLN = 91		OR	P
		N	%	N	%		
Gender	Female	8	18	37	82	1	0.957
	Male	12	18	54	82	1.03	
Age (mean)	≤ 65 years	11	14	65	86	1	0.157
	> 65 years	9	26	26	74	2.04	
Melanoma subtype	Superficial spreading	5	12	36	88	1	0.138
	Nodular	11	25	33	75	2.40	
	Acral lentiginous	2	18	9	82	1.60	
	Others	2	13	13	87	1.11	
Breslow thickness	<1 mm	0	-	4	100	1	0.135
	1.01 - 2.0 mm	4	10	37	90	1	
	2.01 - 4.0 mm	11	28	29	73	1.57	
	>4.0 mm	5	19	21	81	1.57	
Clark level	III	3	14	19	86	1	0.552
	IV and V	17	19	72	81	1.50	
Ulceration	Absent	6	9	60	91	1	0.005
	Present	14	31	31	69	4.52	
Primary melanoma location	Extremity	10	18	45	82	1	0.051
	Head and neck	3	60	2	40	6.75	
	Trunk	7	14	44	86	0.72	
SLN Tumour Burden	<0.1 mm	1	6	16	94	1	0.308
	0.1 - 1 mm	5	17	25	83	3.20	
	>1.0 mm	12	20	49	80	3.92	
	Not available	2		1			
SLN Microanatomic Tumour location*	A	6	13	40	87	1	0.481
	B	2	13	14	87	0.95	
	C	2	22	7	78	1.90	
	D	0	0	7	100	-	
	E	8	28	21	72	2.54	
	Not available	2		2			

*SLN Microanatomic tumour location according to Dewar (8): A, subcapsular. B, combined subcapsular and parenchymal. C, parenchymal. D, multifocal or E, extensive. OR, odd ratio. P, significance level.

and primary local tumour in the head and neck (OR 17.83, 95 percent CI 2.02 - 157.90; $p = 0.010$) were significant predictive factors for NSLN positivity. The degree of SLN involvement, with both studied classifications, was not a predictive factor of NSLN positivity. Among the 12 patients who did not undergo a CLND, four were in the minimally involved <0.1 mm subgroup and two of them recurred at 2 months and 4 years then deceased at 2 and 5 years respectively, another six patients were in the minimally involved subcapsular microanatomic location (A) and four of them recurred at 2, 5, 6, and 24 months while three of them deceased at 1, 2, and 3 years.

4. Discussion

This single-institution-based study with surgical and an anatomopathological dedicated teams confirmed that tumour burden stratification according to Rotterdam criteria is a useful prognostic factor for survival. Patients with SLN tumour burden <0.1 mm have a trend toward lower survival and toward higher recurrence rate, compared to

SLN negative patients.

The clinical and anatomopathologic characteristics of SLN positive patients in this study are comparable to those described in literature [7-10,13,15] in terms of age, primary melanoma location, male/female ratio, Clark level, and ulceration rate. However, the median Breslow thickness was 1.7 mm for all patients, and 2.45 mm for SLN positive patients. These Breslow data are among the lowest mentioned in literature [7,13,15], indicating that primary tumours were probably detected at an earlier stage. Despite this, 24.7 percent of metastatic SLN were detected in clinically negative patients, which is among the highest published rate [7-10,13,15]. The positive NSLN rate is comparable to those previously reported.

The microanatomic location classification according to Dewar was intended to predict NSLN metastatic involvement in the CLND following a SLNB procedure [5]. The subgroup with subcapsular metastasis (A) is considered to be in the early stage of metastatic invasion, with the hypothesis that metastatic cells have not yet continued to NSLN. However, in this study, 13 percent of the

patients with subcapsular metastasis presented a positive NSLN. Compared to negative SLN patients, the subgroups A, B, and E were associated with a higher recurrence rate and a poorer survival. The subgroups C and D comprised of such a small number of patients that they were therefore probably not associated with a poorer survival than negative SLN patients.

Only subgroup E, with extensive metastasis, was an independent significant factor on multivariable analysis and negatively affected DFS. This was in fact partially related to the diameter, with a median SLN tumour burden significantly higher in the subgroup E compared to subgroup A. Additionally, the distribution of the different subgroups in this present study differed from its original description: we found 42 percent of patients with subcapsular metastasis (*i.e.* subgroup A), as compared to 26 percent in Dewar's publication. This can be explained by the fact that this cohort of patients seems to have been diagnosed at an earlier stage. One may also hypothesize that the Dewar classification is difficult to reproduce, despite the fact that expert pathologists (ES, HB) precisely reviewed all slides. This suggests that microanatomic location is not a useful tool for predicting survival or the NSLN status.

Van Akkooi's Rotterdam Criteria was specifically designed for survival analysis [7]. He convincingly demonstrated that the tumour burden threshold for SLN sub-micrometastases in melanoma should be <0.1 mm. With a slightly higher cut-off of <0.2 mm, the future of these patients is differed significantly [15]. Tumour burden within SLN is indeed an easy way to classify the degree of the SLN metastatic invasion in contrast to many other complicated classifications [16,19-21]. In his first publications, Van Akkooi concluded that sub-micrometastases <0.1 mm could be considered as biologically false positive, identical to SLN negative patients. Therefore, these patients could be spared a CLND and could be included into adjuvant therapy trials as SLN negative patients [7,22]. Van der Ploeg *et al.* [8-10] confirmed these conclusions in the same institution, and mentioned seven patients from 2004 to 2008 who did not undergo CLND because of the presence of minimal SLN tumour burden (<0.1 mm). By interest, the issue of minimally involved SLN was initially also debated in this institution. Three among the earlier patients treated in this cohort were not proposed a CLND. In the present study, only tumour burden ≥ 0.1 mm was a significant independent factor worsening DFS, DSS and OS. Sub-micrometastases (<0.1 mm) was not a significant independent factor for survival. However, there was a trend towards worse outcomes for patients with sub-micrometastases in comparison to SLN negative patients. It could be hypothesized that this trend did not reach statistical significance due to the small number of patients (21 in the sub-mi-

cro-metastatic subgroup), therefore not permitting a generalization on a larger scale. Global recurrence rates also rose following an increase of the metastatic charge expressed as tumour burden. However, even in the sub-micrometastatic group, five patients recurred: four patients presented initially local recurrence, and one patient had directly distant metastases. Only one patient in sub-micrometastatic subgroup had a positive NSLN. The Rotterdam criteria satisfactory allow a stratification of the prognosis of patients with positive SLN. Although CLND did not influence survival in cohort studies [23], there is no data from randomized controlled trials. That is why; the issue remains debated waiting for the ongoing prospective study MLST II results. The European consensus multidisciplinary based guideline 2012 did not cut the issue of CLND for sub-micrometastatic subgroup [24].

Some authors attempted to integrate various elements in scores, taking into account the primary melanoma characteristics and the metastatic charge of the SLN, but until now these scores failed to reach two goals. The first one is to find out the least invasive but the most secure care program for a subgroup of positive SLN who are unlikely to recur and have similar survival compared to negative SLN. The second goal is to identify patients with micrometastatic SLNs who have no positive NSLN and thus can be considered as negative SLN. Taking into account the present clinical data, one would challenge at this point that such a classification might be possible. As shown in this study, even a very limited SLN invasion had a trend toward lower survival and could be associated with positive NSLN. If other primary tumour characteristic restrictions are added to the sub-microscopic subgroup, a real subgroup acting as negative SLN might be found. In this case, it would restrict this subgroup so much that it would apply to a very limited number of patients and thus lose its clinical significance.

5. Conclusion

Tumour burden stratification according to Rotterdam criteria is an easy and useful prognostic factor of survival in melanoma. There was a trend showing that patients with SLN sub-micrometastases <0.1 mm had a lower survival compared to SLN negative patients. One might suggest that patients with minimally involved SLNs may not be managed similarly to negative SLN patients. Our results suggest that micro-anatomic location according to Dewar is not a useful tool for predicting survival and the NSLN status

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