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**The VAD Connection: Connecting Ventricular Assist Devices to the
Aorta in Silico**

THESE

préparée sous la direction du Professeur Ludwig Karl von Segesser
avec la co-direction du Professeur Alfio Quarteroni

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***The VAD Connection: Connecting Ventricular Assist Devices
to the Aorta in Silico***

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Rapport de synthèse

Les systèmes d'assistance ventriculaire sont apparus durant la dernière décennie comme une approche thérapeutique efficace du traitement de l'insuffisance cardiaque terminale, en particulier dans le contexte de manque de donneurs d'organes. Néanmoins, et ceci malgré les progrès techniques majeurs, les taux de complications restent élevés et sont en partie liés à la configuration géométrique, en particulier le site d'implantation de la cannule de sortie à l'aorte thoracique. Bien que l'anastomose à l'aorte descendante permette une chirurgie moins invasive, les bénéfices de cette technique sont toujours controversés, comparée à la méthode standard de l'aorte ascendante, en raison du risque thrombo-embolique possiblement augmenté et des modifications hémodynamiques induites au niveau de l'arc aortique.

Dans ce travail, nous comparons *in silico* en terme de débit et pression les deux possibilités anastomotiques. Nous développons un réseau de modèles mathématiques unidimensionnels, et l'appliquons à diverses situations cliniques, pour différents stades d'insuffisance cardiaque et de vitesses de rotation de la machine. Les données initiales sont obtenues grâce à un modèle 0D (c'est-à-dire qui dépend uniquement du temps mais pas de l'espace) du système cardiovasculaire comprenant une assistance circulatoire, validé avec des données cliniques. Les simulations réalisées montrent que les deux méthodes sont similaires, en terme de débit et courbes de pression, ceci pour tous les cas cliniques étudiés. Ces résultats numériques soutiennent la possibilité d'utiliser la technique d'anastomose à l'aorte thoracique descendante, permettant une chirurgie moins invasive.

Sur un plan plus fondamental, le système cardiovasculaire peut être simulé par le biais de multiples modèles de niveau de complexité différents, au prix d'un coût computationnel toujours plus élevé. Nous évaluons les avantages de modèles géométriques à plusieurs échelles (uni- et tridimensionnelle) avec données provenant de patients, comparés à des modèles simplifiés. Les résultats montrent que ces modèles de dimensions hétérogènes apportent un bénéfice important en terme de ressources de calcul, tout en conservant une précision acceptable.

En conclusion, ces résultats encourageant montrent la relevance des études numériques dans le domaine médical, tant sur le plan fondamental et la compréhension des mécanismes physiopathologiques, que sur le plan applicatif et le développement de nouvelles thérapeutiques.



Numerical simulation of left ventricular assist device implantations: Comparing the ascending and the descending aorta cannulations

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ABSTRACT

In this work we present numerical simulations of continuous flow left ventricle assist device implantation with the aim of comparing difference in flow rates and pressure patterns depending on the location of the anastomosis and the rotational speed of the device. Despite the fact that the descending aorta anastomosis approach is less invasive, since it does not require a sternotomy and a cardiopulmonary bypass, its benefits are still controversial. Moreover, the device rotational speed should be correctly chosen to avoid anomalous flow rates and pressure distribution in specific location of the cardiovascular tree. With the aim of assessing the differences between these two approaches and device rotational speed in terms of flow rate and pressure waveforms, we set up numerical simulations of network of one-dimensional models where we account for the presence of an outflow cannula anastomosed to different locations of the aorta. Then, we use the resulting network to compare the results of the two different cannulations for several stages of heart failure and different rotational speed of the device. The inflow boundary data for the heart and the cannulas are obtained from a lumped parameters model of the entire circulatory system with an assist device, which is validated with clinical data. The results show that ascending and descending aorta cannulations lead to similar waveforms and mean flow rate in all the considered cases. Moreover, regardless of the anastomosis region, the rotational speed of the device has an important impact on wave profiles; this effect is more pronounced at high RPM.

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1. Introduction

The implant of a ventricular assist device (VAD) has become a common therapeutic approach for treating heart failure, especially because of the lack of donors and to the raising number of patients presenting terminal heart failure [1,2]. At the early stage the use of a VAD was indicated for patients on the transplantation waiting list (*bridge to transplantation* [3]) and for patients with a temporary need of circulatory support (*bridge to recovery* [4]).

With the development of more effective devices and the improvement of the clinical experience, the indication for the procedure has widen and it is now proposed to patients who are ineligible for transplantation (*destination therapy* [5]) and also in situations of extreme emergency (*bridge to decision* [6]).

When using a continuous-flow left ventricular assist device (LVAD), such as the HeartMate II® (Thoratec Corporation¹), the outflow cannula is usually anastomosed to the ascending aorta (AA). However, other devices such as the Jarvik 2000 FlowMaker® (Jarvik Heart Inc.²) allow to perform the anastomosis to the descending aorta (DA). The latter procedure is less invasive for the patient as it consists in a left thoracotomy without a cardiopulmonary bypass (CPB) [7] and avoids the adverse effects of the CPB and the sternotomy, especially in the case of patients who are critically ill and already had multiple median sternotomy [8].

Nevertheless the beneficial effect of this procedure is still controversial. For instance, Litwak and co-workers [9] performed *in vivo* experiments showing that DA anastomosis induces a significant lower flow rate in the aortic arch and an abnormal flow pattern, such as turbulent regions. This has been further confirmed in Litwak et al. [10] through *in vitro* experiments where the combined

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¹ <http://www.thoratec.com>.

² <http://www.jarvikheart.com>.

ejection of the DA anastomosed cannula and the heart induced regions of stagnation and turbulence which could potentially have clinical consequences [11]. Moreover Nawata and co-workers [12] reported adverse clinical effects in patients with DA anastomosis, especially thromboembolic events. In addition, the numerical results provided by Bazilev et al. [13] indicate deficiencies associated with the implantation of the LVAD in the descending branch of the thoracic aorta, specifically, blood flow stagnation, abnormally high mean wall shear stress in the vicinity of the implant, and abnormally low and highly oscillatory wall shear stress in the aortic arch.

However, the reliability of DA anastomosis with the Jarvik 2000 FlowMaker® device has been demonstrated clinically by Frazier et al. [14]. Furthermore, Tuzun et al. [15] showed that myocardial blood flow is not adversely affected by the outflow-graft anastomosis and Ghodsizad et al. [16] reported the advantages of DA anastomosis without CPB; both studies were conducted on animals.

Few studies were performed by mathematical and numerical models to compare the different sites of outflow cannula anastomosis [17–19]. Moreover, at the best of our knowledge, only Kar et al. [20] compared the AA and DA configurations, highlighting the presence of stagnation zones in the aortic arch, especially in the DA configuration.

On a slightly different context, another relevant aspect that should be addressed to help physicians improving the correct tuning of the device is the assessment of the response of the cardiovascular system to the rotational speed of the device itself. Recent studies show that variable pump speed is beneficial, especially for outpatient and for exercise [21,22].

Consequently, in this work we aim to:

- develop a new mathematical multiscale framework for assessing the response of the cardiovascular response to the implant of a LVAD;
- assess possible differences in flow rates and pressure patterns depending on the location of the anastomosis;
- assess possible differences in flow rates and pressure patterns depending on rotational speed of the device.

A critical point of the numerical models is the choice of a suitable set of boundary conditions to correctly impose the flow rates provided by the device and by the heart. Up to now, experimental flow rates (either from humans or animals) have been applied as boundary data at the root of the aortic arch, while experimental or extrapolated data have been used as inflow conditions for the anastomosed cannula of the LVAD. Although these methods allow a rough estimation of flows, they do not take into account the fact that the flow rate prescribed by the LVAD depends on the pressure difference across the device and therefore on the left ventricle pressure which is determined by the cardiac function.

To overcome these limitations, in this work we set up a geometrical multiscale model based on the algorithms developed in Malossi et al. [23,24] that:

- 1 simulates different stages of heart failure;
- 2 takes into account the interaction of a continuous-flow LVAD with the cardiovascular system (including different rotational speeds and the effects of autoregulation);
- 3 allows the evaluation of flow rate and pressure at different location of the cardiovascular system;
- 4 evaluates qualitatively and quantitatively differences between AA and DA anastomosis.

The main ingredient of our geometrical multiscale model is a network of one-dimensional (1D) models [25], which provides a detailed description of the pulse wave propagation along the

arterial tree. The network is terminated by lumped parameters windkessel models to account for the peripheral circulation. Inflow boundary conditions are determined a priori by using the global circulation lumped parameters model [26], which has been slightly modified to account for the presence of the LVAD.

2. Models and methods

In this section we summarize the main components of our geometrical multiscale model. First we introduce the network of 1D models describing the global arterial circulation proposed by Reymond et al. [25], that has been slightly modified to account for the presence of the two aforementioned cannula configurations. Then, we recall from the work of Ursino et al. [26] a lumped parameters model for the global circulation, which is used to generate the inflow boundary data for the geometrical multiscale problem.

To have comparable results between the two cannulation possibilities, we decided to use the parameters of only one device, the Thoratec HeartMate II®, although this device is neither designed nor approved for a DA cannulation.

2.1. 1D FSI model for the global arterial circulation

Numerical simulations of the cardiovascular system using a collection of simple distributed 1D fluid-structure interaction (FSI) models have proven to be able to provide useful information under physiological and pathophysiological conditions. In particular, they give insight about the main characteristics of the flow and the interplay among physical phenomena taking place in the systemic arteries [27–33].

2.1.1. Equations and numerical approximation

The 1D FSI model is derived from the incompressible Navier-Stokes equations by introducing some simplifying hypotheses on the behavior of the flow quantities over the cross-section of the artery. Being $z \in [0, L]$ the axial coordinate, with L the length of the vessel, the resulting governing equations are

$$\begin{cases} \frac{\partial A}{\partial t} + \frac{\partial Q}{\partial z} = 0 & \text{in } (0, L) \times (0, T), \\ \frac{\partial Q}{\partial t} + \frac{\partial}{\partial z} \left(\alpha_F \frac{Q^2}{A} \right) + \frac{A}{\rho_F} \frac{\partial P}{\partial z} + \kappa_F \frac{Q}{A} = 0 & \text{in } (0, L) \times (0, T), \end{cases} \quad (1)$$

where α_F and κ_F are the Coriolis and friction coefficients, respectively, whose definitions are given in Malossi et al. [24], A is the cross-sectional area, Q is the volumetric flow rate, and P is the average pressure. The fluid problem (1) is coupled with the 1D structural model through the pressure-area relation

$$P = \psi(A) = P_{\text{ext}} + \hat{\psi}(A) + \tilde{\psi}(A) \quad \text{in } (0, L) \times (0, T), \quad (2)$$

being P_{ext} a reference pressure, i.e., the pressure level at which the vessel area A is equal to the reference area A^0 , and

$$\hat{\psi}(A) = \beta_S \left(\sqrt{\frac{A}{A^0}} - 1 \right), \quad \tilde{\psi}(A) = \gamma_S \left(\frac{1}{A\sqrt{A}} \frac{\partial A}{\partial t} \right),$$

with

$$\beta_S = \sqrt{\frac{\pi}{A^0}} \frac{h_S E_S}{1 - v_S^2}, \quad \gamma_S = \frac{T_S \tan \phi_S}{4\sqrt{\pi}} \frac{h_S E_S}{1 - v_S^2},$$

being h_S is the wall thickness, T_S is the wave characteristic time, and ϕ_S is the viscoelastic angle. The functions $\hat{\psi}$ and $\tilde{\psi}$ in (2) account for the elastic and viscoelastic response of the vessel wall. If needed, problem (1) is closed by a proper set of initial and boundary conditions. The latter can be either inflow or outflow boundary data

Table 1

List of the four parameters calibrated to account for the two heart failure levels (MHF and SHF). The values of the parameters for the HH are the same as those given in Ursino et al. [26].

Parameter ^a	HH	MHF	SHF
$E_{\max,lv}$	2.950	0.800	0.200
$E_{\max,lv,0}$	2.392	0.800	0.200
$G_{E_{\max,lv}}$	0.475	0.200	0.200
$k_{E,lv}$	0.140	0.130	0.110

^a $E_{\max,lv}$ [mmHg/ml], reference value of the ventricle elastance; E_{\max} [mmHg/ml], reference value of the ventricle elastance in absence of autoregulation; $G_{E_{\max,lv}}$ [mmHg/ml/(spikes/s)], maximum baroreceptor gain; $k_{E,lv}$ [1/ml], steepness of the pressure–volume curve.

or coupling conditions with other models, as we detail in Section 2.1.3.

From the numerical viewpoint, the 1D FSI problem is solved by using an operator splitting technique based on an explicit second order Taylor–Galerkin discretization, where the solution of the problem requires two steps: the first one corresponds to the solution of a purely elastic problem, while the second one provides a viscoelastic correction. The spatial discretization is accomplished using P1 finite elements. For more details see Malossi et al. [24].

2.1.2. Human arterial tree model with cannula

To model the global circulation we use the data of the arterial network provided in Reymond et al. [25] (Fig. 2 and Table 2), in which the entire arterial network is divided in many small anatomical arterial segments. More precisely, the model is composed by 103 elements, i.e., 24 elements for the aorta, 4 for the coronary system, 51 for the cerebral system, 10 for the upper limbs, and 14 for the lower limbs. It also includes all the values of the parameters required to describe the blood flow, such as the geometrical properties of the vessels (length and proximal/distal areas) and the data for the terminals, which are modeled as three-element windkessel elements. These values have been obtained both from *in vivo* measurements and averaged literature data. The presence of the venous circulation is taken into account by imposing a constant pressure of 5 mmHg on the distal side of each windkessel terminal, i.e., $P_v = 5$ mmHg (see Malossi et al. [24], Fig. 7). Regarding the parameters of the wall, since we use a different model, we estimate these values from other sources, as described in Malossi et al. [24].

To account for the presence of the LVAD the global network of 1D arteries is extended by including an additional segment representing the cannula. As discussed in the introduction, the position of the cannula depends on the chosen approach for the anastomosis. Following the same numeration in Reymond et al. [25] (Fig. 2 and Table 2), in the AA configuration the cannula is connected in the middle of the segment 95 (ascending aorta 2), while in the DA configuration it is attached at the junction between segments 18 (thoracic aorta A) and 27 (thoracic aorta B). The end of the outflow cannula of the LVAD is modeled as a stiffer 1D element (Young modulus $E_S = 4$ MPa) and a diameter of 16 mm as reported by the manufacturer. The inflow boundary data for the cannula are computed by using the lumped parameters model by Ursino et al. [26], as described in Section 2.2.

2.1.3. Interface conditions for the network of models

The solution of the global network of 1D models is addressed in detail in a previous work of Malossi et al. [24]. We consider a general network of 1D models connected by C coupling nodes: at

each c th coupling node we impose the conservation of mass and the continuity of mean pressure as

$$\begin{cases} \sum_{i=1}^{I_c} Q_{c,i} = 0 & , \\ P_{c,1} - P_{c,i} = 0, & i=2, \dots, I_c, \end{cases} \quad (3)$$

where I_c is the number of interfaces connected by the c th coupling node, $c = 1, \dots, C$. From the numerical viewpoint, the global interface problem is written in a residual formulation and solved by Newton or inexact–Newton methods, where the Jacobian matrix is either computed analytically, by solving the tangent problem associated to each model, or approximated with finite difference. To avoid the recomputation of the Jacobian matrix at each iteration, a Broyden method is used [24].

2.2. Lumped parameters model for the cannula inflow boundary conditions

Zero-dimensional (0-D) (or lumped or compartmental models) usually provide averaged spatial information about the fundamental variables (pressure, flow, and volume) of the compartment (organ, vessel or part of vessel) of interest at any instant in time, differentiating themselves from higher dimensional models that are also able to capture the spatial variation of these parameters. They are particularly appreciated in the description of complex multi-compartmental systems as they are easy to develop and prototype, fast to solve and may be refined by adding equations for second-order effects and nonlinearities. Usually, lumped parameter models consist of differential algebraic equations describing the conservation of mass and momentum which are complemented by a pressure–volume relation [34–37]. Lumped models have been extensively applied for modeling the cardiovascular system [26,31,38]. For a recent review on lumped parameters models for cardiovascular problems see Shi et al. [39] and references therein.

2.2.1. Model description

The lumped description of the cardiovascular network is obtained extending the model of Ursino et al. [26] by including a compartment representing the LVAD. Ursino model was developed to provide a lumped mathematical description of the whole cardiovascular system accounting also for autoregulation and therefore constitute a suitable basis for our analysis. The model includes an elastance variable description of the left and right heart, the splanchnic and extrasplanchnic systemic circulation, the pulmonary circulations, the afferent carotid baroreceptor pathway, the sympathetic and vagal efferent activities, and the action of several effector mechanisms. A sketch of the model is depicted in Fig. 1.

The vascular compartments are modeled by the classical basic L -circuit equivalent equations, derived by linearizing system (1) [40]. The resulting equations relate the volume of the compartment V_C , the inlet and outlet volumetric flow rate Q_{in} and Q_{out} , and the inlet and outlet pressure P_{in} and P_{out} . The mass conservation reads

$$\frac{dV_C(t)}{dt} = Q_{in}(t) - Q_{out}(t), \quad (4)$$

while the momentum conservation is given by

$$P_{in}(t) - P_{out}(t) = R_C Q_{out}(t) + L_C \frac{dQ_{out}(t)}{dt}, \quad (5)$$

where R_C denotes the hydraulic resistance of the compartment and L_C the inertance of the flow. Eqs. (4) and (5) are complemented by a pressure–volume relation by mean of a compliance C_C , namely

$$\frac{dV_C(t)}{dt} = C_C \frac{dP_{in}(t)}{dt}.$$

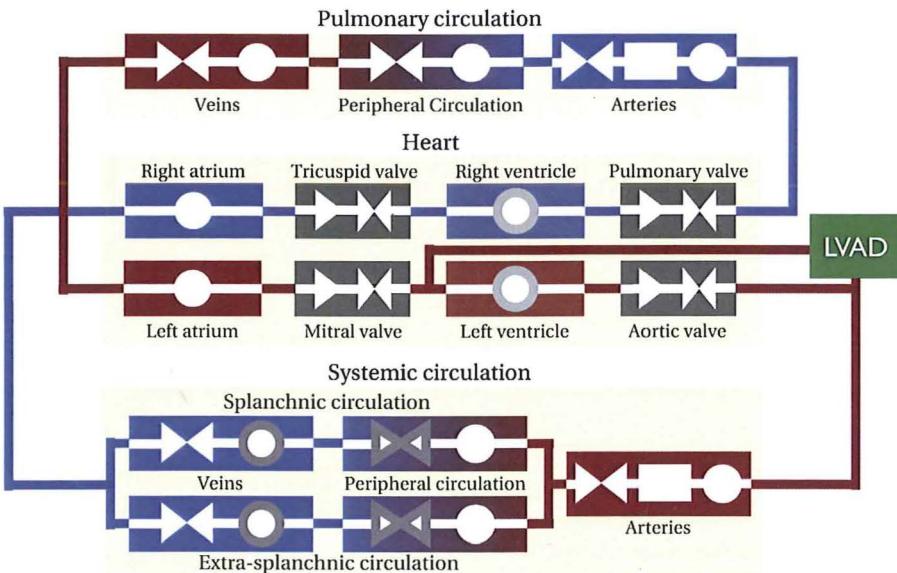


Fig. 1. Diagram of the lumped model. Four main compartments may be identified: heart, systemic circulation, and pulmonary circulation. Red elements denote subcompartments containing oxygenated blood while blue elements subcompartment containing deoxygenated blood. White circles represent compliances, white rectangles inertances, and white facing triangles resistances. Single triangles denote proper valves. Elements with a thick gray contour are subject to autoregulation as a function of the arterial pressure at the inlet of the systemic circulation arteries. The LVAD device pumps blood from within the left ventricle to the systemic arteries. (For interpretation of the references to color in this figure legend, the reader is referred to the web version of the article.)

Table 2

Lumped parameter model results with and without LVAD. In the latter case, both model and reference results are provided, where the reference values are clinical data given by Cox et al. [41].

Parameter ^a	No VAD						LVAD					
	Ref.		Mod.			8k RPM		9k RPM		10k RPM		
	HH	HF	HH	MHF	SHF	MHF	SHF	MHF	SHF	MHF	SHF	
EF	55–65	15–33	57	32	17	35	17	34	17	33	23	
HR	60–100	76–103	71	78	85	75	81	72	77	69	71	
EDV	90–162	20–522	133	180	238	169	224	156	208	140	174	
ESV	27–45	140–249	56	122	197	110	185	104	172	94	134	
LVADPI	–	–	–	–	–	25	15	15	10	10	9	
CI	2.8–4.2	1.9–2.4	3.0	2.5	1.9	1.3	0.4	0.7	0.0	0.1	0.0	
AQ	–	–	5.4	4.4	3.5	2.2	0.7	1.2	0.0	0.1	0.0	
LVADQ	–	–	–	–	–	2.4	3.2	3.7	4.3	5.0	4.9	
TOTQ	–	–	5.4	4.4	3.5	4.6	3.9	4.9	4.3	5.1	4.9	
SAP	90–140	107–115	131	112	94	109	91	105	89	98	95	
DAP	60–90	68–76	88	79	69	83	78	87	84	90	89	
MAP	70–105	78–95	102	90	78	92	83	93	85	93	91	
SPAP	15–28	54–62	27	30	32	29	30	28	29	27	27	
DPAP	5–16	28–29	13	18	23	16	20	15	18	13	14	
MPAP	10–22	27–40	18	23	26	21	24	20	22	18	19	
PCWP	5–12	17–29	8	14	19	12	17	11	14	8	9	

^a EF [%], ejection factor; HR [1/min], heart rate; EDV [ml], end-diastolic volume; ESV [ml], end-systolic volume; LVADPI, LVAD pulsatile index; CI [$\text{L}/(\text{min m}^2)$], cardiac index; AQ [L/min], aortic flow rate; LVADQ [L/min], LVAD flow rate; TOTQ [L/min], total flow rate; SAP [mmHg], systolic arterial pressure; DAP [mmHg], diastolic arterial pressure; MAP [mmHg], mean arterial pressure; SPAP [mmHg], systolic pulmonary arterial pressure; DPAP [mmHg], diastolic pulmonary arterial pressure; MPAP [mmHg], mean pulmonary arterial pressure; PCWP [mmHg], pulmonary capillary wedge pressure.

The conservation of mass and momentum is imposed at each node of the 0-D network through equations analogous to (3). Inertance of the flow is considered only for arterial compartments since in the other elements that term is small with respect to the resistive hydraulic pressure loss and may be neglected. Cardiac valves are considered open if the pressure in the upper chamber is greater than the one in the lower compartment and closed otherwise. In the former case, a nonlinear resistance models the hydraulic pressure loss through the valve. Autoregulation is modeled by differential algebraic equations changing the elastance of the heart ventricles and the resistances and the unstressed reference volumes of splanchnic and extrasplanchnic circulation. Both sympathetic and vagal autoregulation pathways are taken into account [26].

The LVAD is modeled by a pressure-controlled flow generator. Particularly, for each value of the pressure across the device, the corresponding flow is prescribed according to interpolated experimental pressure-flow curves at different rotational speeds³. The model has been implemented in Modelica® (a non-proprietary, object-oriented, equation based language aimed at conveniently model complex physical systems⁴) and solved for different device rotational speeds and ventricular elastance corresponding to the

³ For the data we referred to the HeartMate II® operating manual available at: <http://www.thoratec.com>.

⁴ <http://www.modelica.org>.

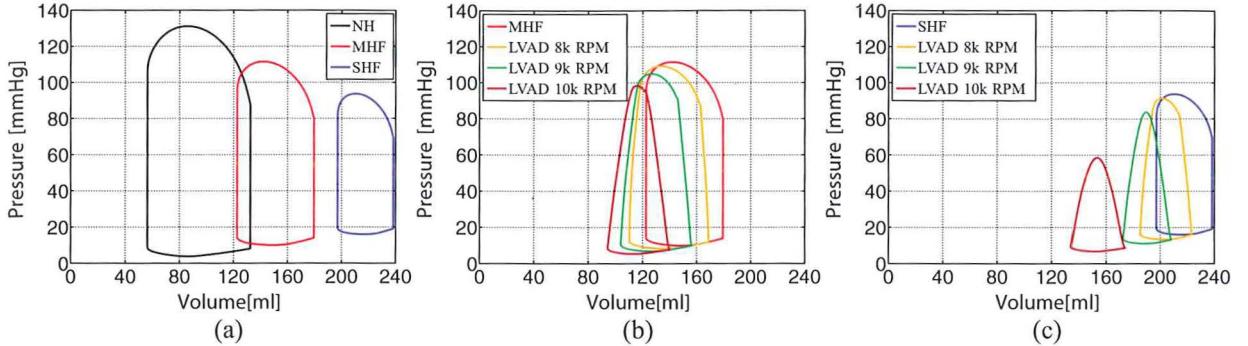


Fig. 2. Comparison of pressure–volume diagrams for several heart conditions and LVAD speeds. (a) Physiological and pathological cases without LVAD. (b) MHF with and without LVAD. (c) SHF with and without LVAD.

case of healthy heart (HH), mid heart failure (MHF), and severe heart failure (SHF); the last two are both in the context of dilated cardiopathy.

To set up the two cases we have changed some of the parameters given in Ursino et al. [26]; these are summarized in Table 1. More precisely, $E_{\max,lv}$ represents the reference value of the ventricle elastance at the instant of maximum contraction for the patient, while E_{\max} the value in absence of autoregulation, and $G_{E_{\max,lv}}$

$_{lv,0}$ the maximum baroreceptor gain (autoregulation effect). By lowering these parameters the contractility properties of the heart are decreased, hence modeling heart failure of different intensity. We also varied $k_{E,lv}$, the steepness of the pressure–volume curve for the ventricle (supposed to be monoexponential), to be able to correctly represent the pressure–volume curve in patients presenting heart failure of different intensity. All the other parameters are set as in Ursino et al. [26].

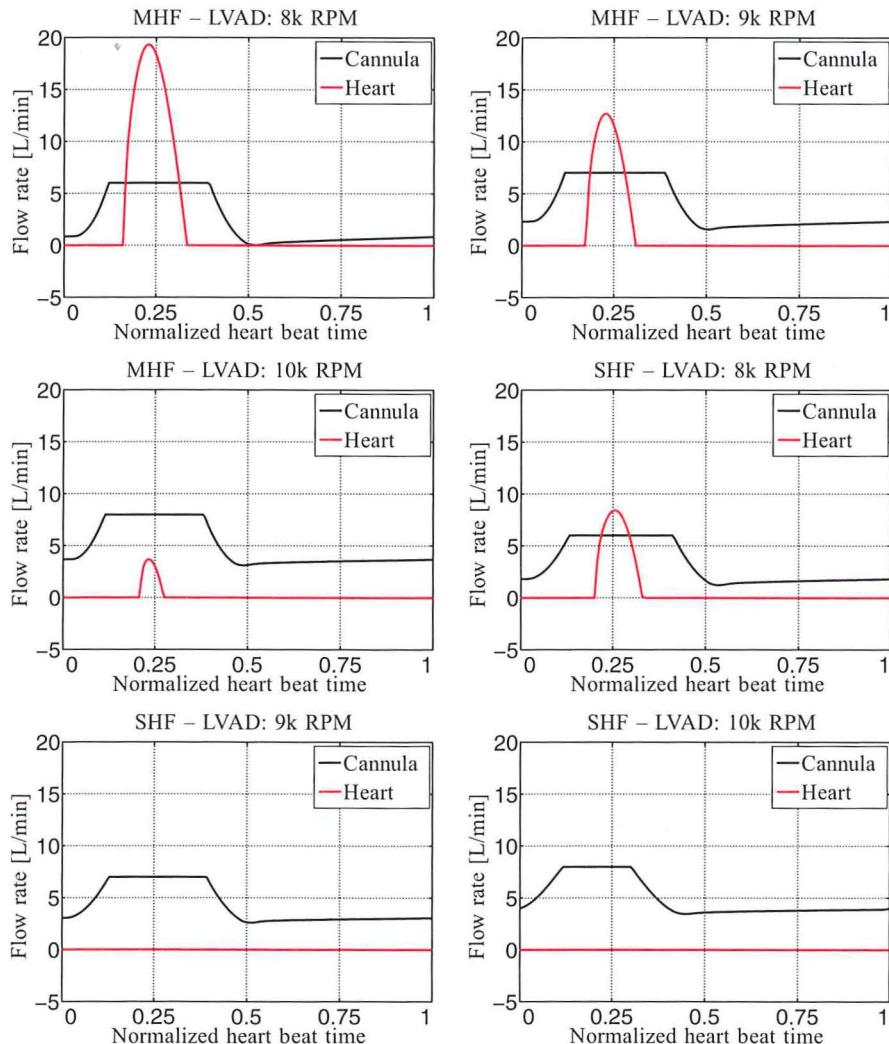


Fig. 3. Time dependent inflow boundary conditions for the 1D arterial network computed with the lumped parameters model as a function of the LVAD rotational speed and of the heart failure level.

Table 3

Mean flow rate comparison, at several location of the arterial network, between different LVAD configurations and heart failures. The flow rates are expressed in [ml/s].

Location	MHF [RPM]						SHF [RPM]					
	8k		9k		10k		8k		9k		10k	
	AA	DA	AA	DA	AA	DA	AA	DA	AA	DA	AA	DA
Abdominal aorta	40.822	40.880	42.715	42.783	44.798	44.849	34.596	34.665	37.719	37.776	43.160	43.208
Left main coronary	3.215	3.210	3.356	3.349	3.507	3.500	2.751	2.746	2.979	2.973	3.382	3.376
Left ant. desc. coron.	1.532	1.530	1.599	1.596	1.673	1.669	1.309	1.307	1.418	1.415	1.612	1.609
Right coronary RCA	1.346	1.344	1.407	1.404	1.472	1.469	1.146	1.143	1.244	1.242	1.418	1.416
Right common carotid	4.123	4.101	4.322	4.297	4.528	4.508	3.483	3.460	3.798	3.779	4.356	4.341
Right vertebral	0.891	0.886	0.920	0.913	0.949	0.941	0.815	0.808	0.856	0.849	0.927	0.919
Left subclavian	4.289	4.298	4.522	4.533	4.763	4.772	3.632	3.642	3.998	4.007	4.599	4.605
Right renal	8.821	8.825	9.219	9.225	9.651	9.656	7.509	7.515	8.157	8.162	9.298	9.303
Right common iliac	5.521	5.520	5.771	5.772	6.059	6.061	4.629	4.629	5.062	5.064	5.826	5.831
Right anterior tibial	0.940	0.939	0.977	0.977	1.022	1.022	0.778	0.778	0.848	0.848	0.980	0.980

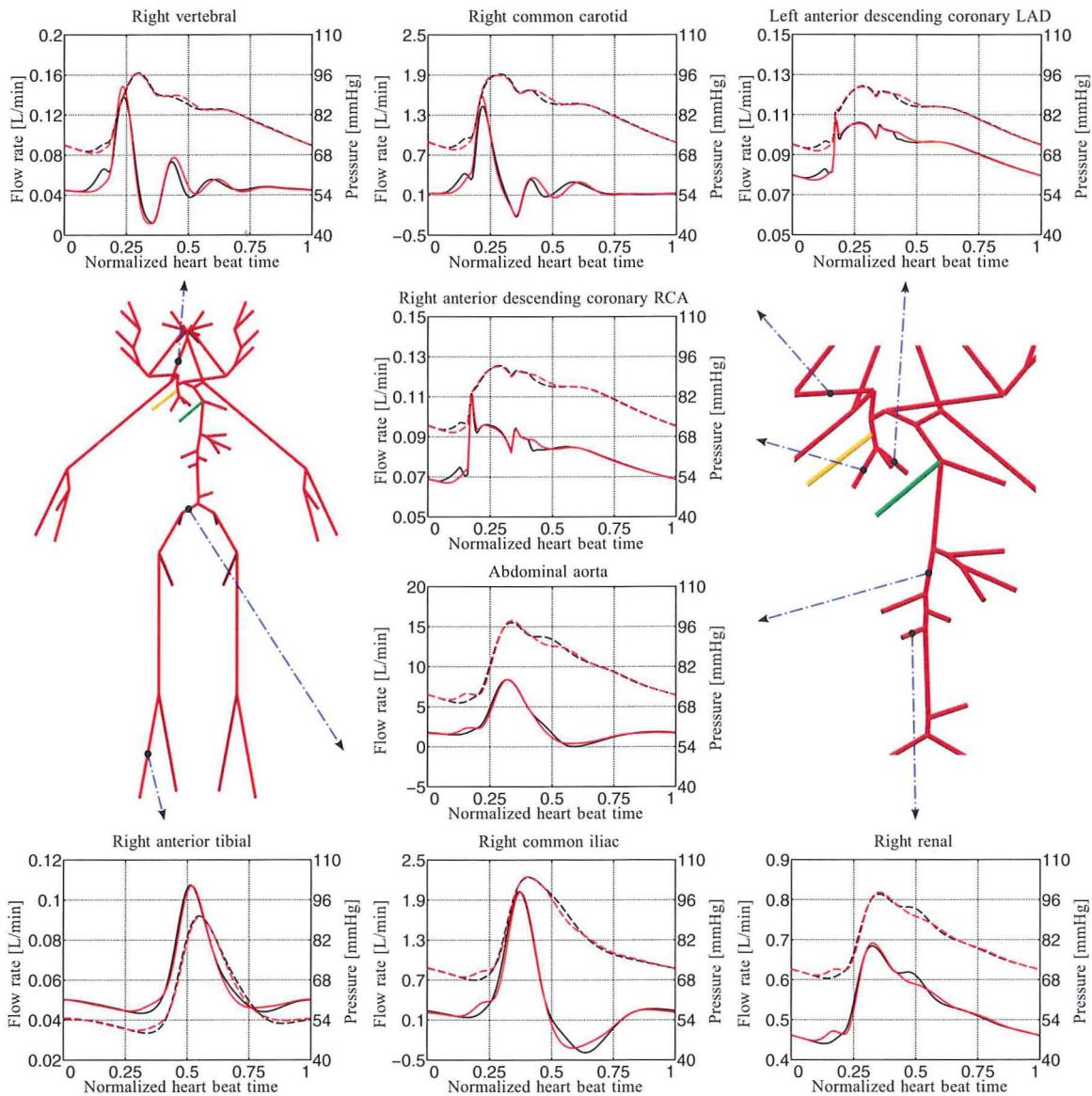


Fig. 4. Flow rate (solid lines) and pressure (dashed lines) comparison between AA (black lines) and DA (red lines) cannula configurations in eight different arterial vessels for a MHF with LVAD at 8k RPM. The left image represents a global view of the 1D network elements, while the right one is a zoomed view of the aortic region. The yellow and green segments represent the two configurations for the cannula (AA and DA, respectively). Positioning of the elements is purely visual. (For interpretation of the references to color in this figure legend, the reader is referred to the web version of the article.)

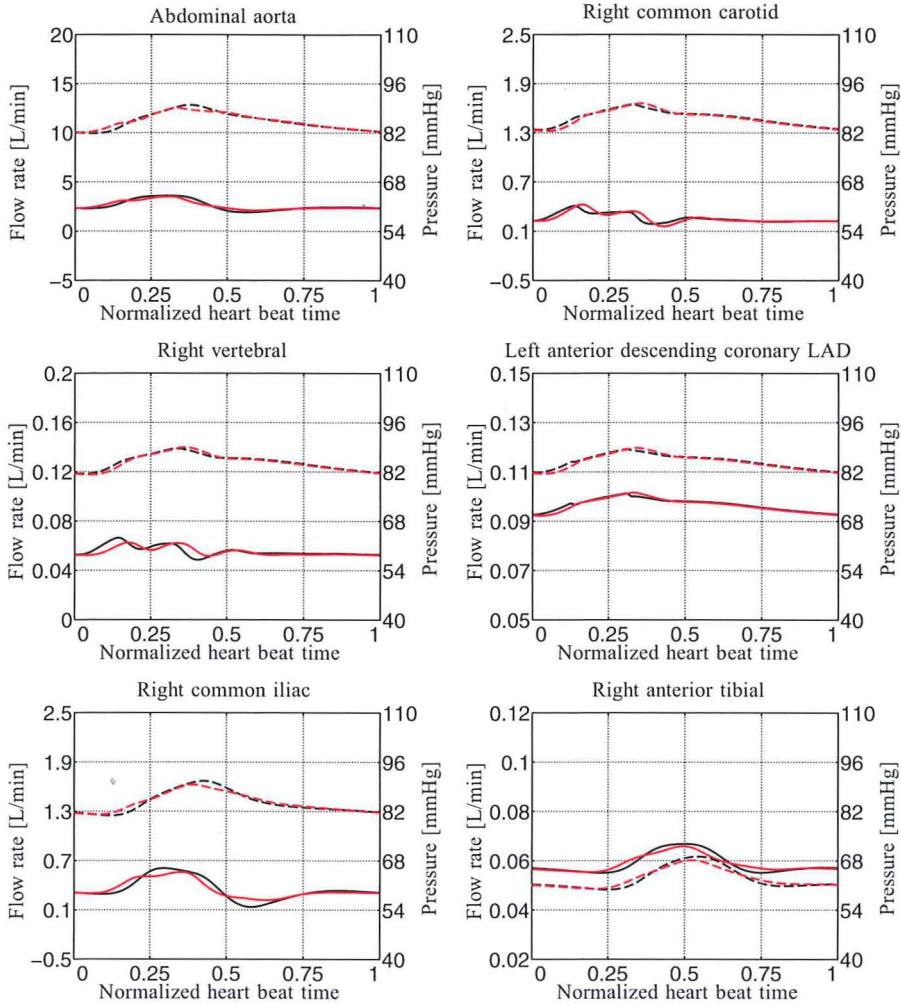


Fig. 5. Flow rate (solid lines) and pressure (dashed lines) comparison between AA (black lines) and DA (red lines) cannula configurations in six different arterial vessels for a SHF with LVAD at 10k RPM. (For interpretation of the references to color in this figure legend, the reader is referred to the web version of the article.)

3. Lumped parameters model results and validation

In this section we present the numerical results obtained by the lumped parameters model. Particularly, the model offers the possibility to compare and evaluate different scenarios including:

1. different stages of heart failure;
2. pre- and post-operative situations (before and after the device implant);
3. different rotational speeds of the device.

An extensive overview of the results provided by the model is reported in Table 2 for both pre- and post-LVAD implant. Simulations performed without the LVAD aim at comparing the predictive and explanatory ability of the model for the cases described in Section 2, i.e., HH, MHF, and SHF. To set up these simulations we use the parameters reported in Table 1. To validate our results, we compare them with the clinical data given by Cox et al. [41], which are reported in Table 2 under the "Ref." column for the reader's convenience. The values predicted by the model for the case of an healthy heart match the reference data except for the end-systolic volume, which is higher than the upper bound of the clinical range. In the case of middle and severe heart failure the model provides results that are in good agreement with the limits of the clinical ranges for the heart failure (HF), thus representing the case of MHF

and SHF. However, in these cases, predicted pulmonary pressures are lower than expected.

Finally the pressure-volume diagrams for the physiological and the two pathological situations are depicted in Fig. 2(a). The curves for stages of dilated heart failure match both qualitatively and quantitatively the typical curves observed in clinical practice [42]. Note that the pathological conditions, compared to the physiological one, exhibit the presence of systolic dysfunction with increased end-systolic and end-diastolic volumes, decreased stroke volume, and increased end-diastolic pressure.

Configurations including the LVAD were tested for MHF and SHF and for different pump rotational speeds corresponding to the usual values used in the clinical practice (8k, 9k, and 10k RPM). The numerical results show that our model is able, at least qualitatively, to reproduce the main features of the continuous-flow assist devices. Particularly we observe:

1. a flow rate increase when increasing the pump rotational speed;
2. a flow rate increase when decreasing the pressure jump across the pump;
3. a pulsatility decrease when increasing the pump rotational speed (measured by the pulsatile index);
4. a venous pulmonary pressure decrease when increasing the pump rotational speed: this is a well known behavior of LVAD, since it improves pulmonary circulation in patients.

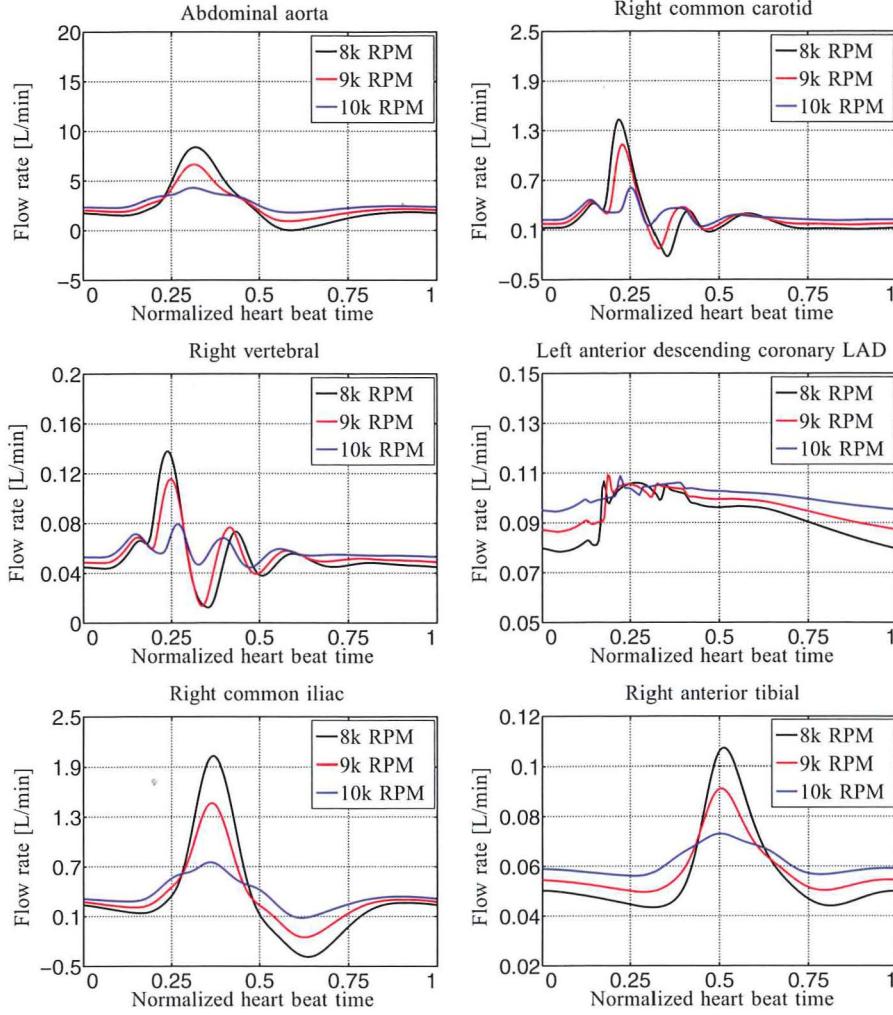


Fig. 6. Flow rate comparison, in six different arterial vessels, for three different speed of the LVAD anastomosed to the AA of a patient with MHF.

The pressure–volume curves for the middle and severe heart failure states are reported in Fig. 2(b) and (c), respectively, for different rotational speeds. In all the cases the device helps in unloading the ventricle from its pumping workload and the effect becomes more evident when the rotational speeds and therefore the LVAD flow rate are increased. The model reproduces the typical triangular pressure volume curves observed in clinical practice for patients under ventricular assistance [43].

In conclusion, the lumped parameters model provides a reliable description of the behavior of the device in different relevant physiological and pathological conditions, since it accounts for the interaction among the ventricle, the assist device, the aorta, and the other parts of the circulatory system. Consequently, it can be used to estimate a proper set of inflow boundary conditions for the network of 1D arteries. In particular, we generate six sets of boundary data at different values of the rotational speed and for different heart failure levels, as shown in Fig. 3 where, for the reader's convenience, the timescale in the images has been normalized to one heart beat; the real timescale can be deduced by the heart rate values reported in Table 2.

The curves exhibit a good qualitative agreement with the experimental data reported, for example, by Khalil et al. [44]. Particularly, the 0D model allows us to take into account the dynamic interaction between the device and the cardiovascular system itself, predicting, for example, the blood stealing effect that the device has on the ventricle chamber, especially at high rotational speeds. In fact, the

device empties the ventricle chamber continuously reducing the amount of blood available to be ejected by the aortic valve during heart contraction. Coherently, the aortic valve flow rate provided by the 0D model is present only at the systolic phase peak and is reduced by increasing the device RPM, being effectively null in the case of 9k and 10k RPM with SHF. By using the lumped parameters model results as boundary data for the networks of 1D arteries we take into account these effects.

4. Numerical comparisons of LVAD implant configurations

We use the network of 1D arteries described in Section 2.1.2 to set up several numerical comparisons between different LVAD implant configurations. The aortic and the LVAD periodic flow rates computed by the lumped parameters model (see Fig. 3) are used as inflow boundary data for the network of 1D arteries, as described in Section 3. Note that these data are supposed to be valid for both the AA and DA cannulations, since the lumped parameters model used was not able to take into account the exact location of the anastomosis. This can introduce a bias in our comparisons by attenuating the differences between AA and DA. We analyze 12 different clinical scenarios obtained by the combination of the two possible sites for the anastomosis of cannula, the two stages of heart failure, and the three available rotational speeds of the device. We remark that not only these scenarios are rather frequent among different patients presenting heart failure, they may also regard a single patient at

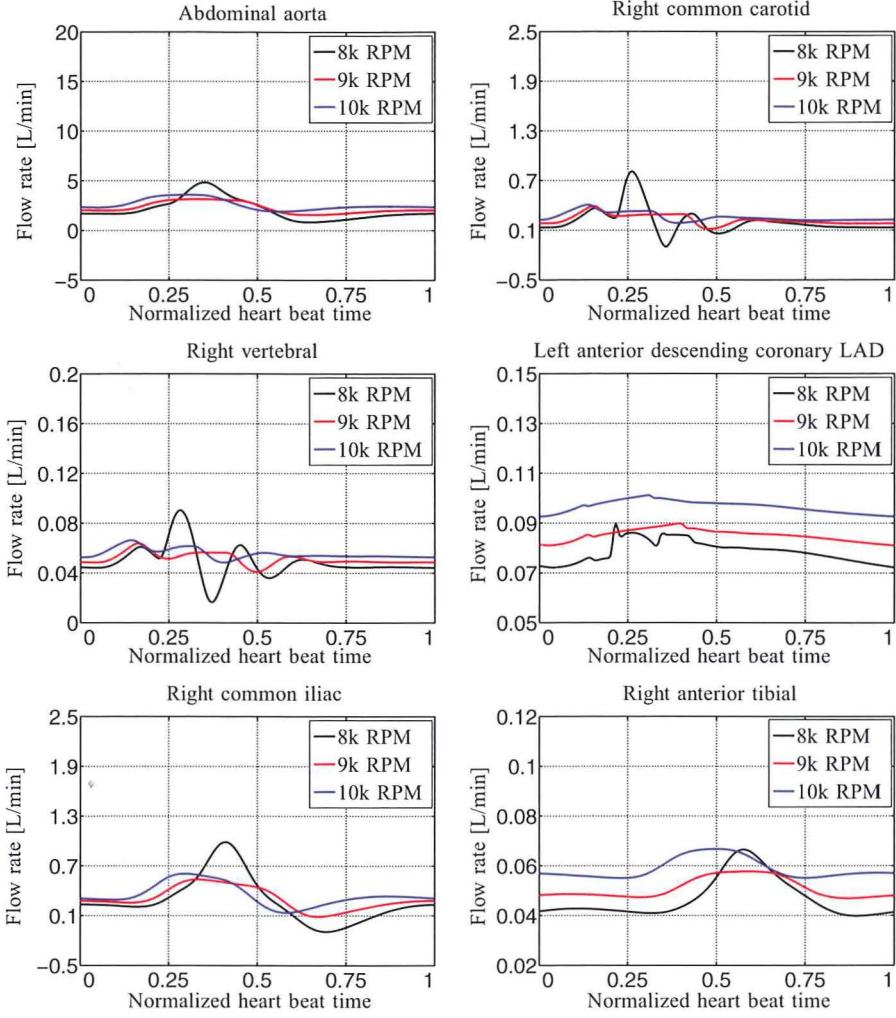


Fig. 7. Flow rate comparison, in six different arterial vessels, for three different speed of the LVAD anastomoted to the AA of a patient with SHF.

different stages of the disease, for example in the case of the idiopathic dilated cardiomyopathy in which the device, implanted as a *bridge to recovery*, weans to the progressive full recovery of the heart [4].

The main motivation for our study is to numerically model and compare different sites of outflow cannula anastomosis. Indeed, the network of 1D arteries allows to perform this analysis by comparing the blood pressures and flow rate waveforms at different locations for the selected clinical scenarios.

In Table 3 we select nine arteries from the global 1D network and we compare the predicted mean flow rates for the two cannulation techniques. The results show that, regardless of the heart failure stage (MHF or SHF) and rotational speed (8k, 9k, and 10k RPM), the mean flow rate between the AA and DA anastomosis is similar. In particular, the flow rates in the coronaries and in the cerebral arteries for the two approaches may be considered clinically equivalent. This is relevant due to the importance of the heart and cerebral perfusions. Moreover, for all the other arterial segments, the differences between the two approaches have been quantified in less than 1%.

Furthermore, we want to assess whether there is any significant difference in the flow rates and pressures waveforms between the two different cannulation techniques. In this respect, we compare the flow rates and pressures waveforms for two limit configurations: the MHF state with LVAD at 8k RPM and the SHF state with LVAD at 10K RPM. In the first case both the cannula and the aortic

valve inflows are non-null, such that the systemic circulation is fed from two different points and with flows characterized by different shape and amplitude. In the second case the device is the only flow source since it sucks too much blood from the ventricle for the aortic valve flow rate to be present. Thus the heart does not contribute to the systemic circulation. The results of these comparisons are shown in Figs. 4 and 5, respectively. In both configurations, the AA and the DA flow rate and pressure waveforms are almost the same in all the vessels.

Finally, in Figs. 6 and 7 we show flow rate comparisons at different rotational speeds for the MHF and SHF cases, respectively, in six selected arterial segments. Since the AA and DA cannulations lead to very similar waveforms, in the images we show only the results of the former approach. Similar curves are obtained for the case of the DA cannulation. An increase of the rotational speed of the device decreases the flow rate wave amplitude, regardless of the stage of heart failure. This effect is particularly pronounced in the MHF case in which wave profiles alteration are observed in the right common carotid, in the right vertebral artery, and in the left anterior descending coronary. We recall that loss or reduction of pulsatility and wave profile alterations for flow rates may have adverse effects on human physiology. For this reason, even if numerical simulations have proven that the AA and DA cannulation approaches are similar, particular care should be taken in setting the correct device rotational speed.

5. Limitations and extension of the current work

Our model proved to be effective in describing the global cardiovascular response to the implant of a LVAD, to its location, and to its rotational speed. However, the present work presents some limitations that should be further investigated in the future. Being based on reduced dimensional techniques which provide only spatial averages of the quantities of interest, our approach neglects possibly relevant 3D effects like vortex flow regions, turbulent flow regions, zones of stagnation, and abnormal distributions of the wall shear stress at the site of anastomosis or at vessels bifurcations. These flow patterns can, in principle, lead to complications, e.g., thrombosis or hemolysis, to long-term effect on aortic wall, i.e., remodeling, or to haemodynamical effects on the aortic valve, i.e., valve regurgitation. These limitations could be partly overcome using a 3D model of the cannula anastomosed to the aorta, thus considering the 3D dynamics of the flow in that region [45]. The use of 3D geometries, besides allowing the study of the effect of the site and the angle of the anastomosis of the cannula, make it possible a comparison of 3D flow patterns with data from the literature [13].

Another limitation of the present work is that the 0D and the 1D model do not provide reciprocal feedbacks, being effectively decoupled. In fact the lumped parameters model is used only to pre-generate the inflow boundary condition for the cannula while the 1D model does not feature a closed loop as it only accounts for the description of the systemic arteries. In this respect, the development of a closed-loop model which accounts for the interaction between a detailed (i.e., 1D plus 3D) systemic circulation and a lumped description of the peripheral^{*} and venous compartments, as well as of the LVAD pump, may provide more accurate results. Another possible extension of the present model deals with the inclusions of the effects due to nonlinear material properties of blood and wall tissues. However, these effects are generally considered negligible when using reduced order models, such as the 1D FSI model employed in this work. More precisely, the assumption of a linear elastic stress-strain wall relation is acceptable unless specific clinical scenarios dominated by the nonlinear mechanics of the wall are analyzed (e.g., stenoses or aneurysms); for this class of problems, a 3D description of the flow and of the arterial wall could be essential.

6. Conclusions

In this work we developed a geometrical multiscale model to simulate the interaction of a LVAD with the systemic circulation. A brief description of the employed models including some details about the used numerical approximation have been provided. Our work had three main goals.

1 The development of a multiscale framework for assessing the cardiovascular response to the implant of a LVAD. This framework effectively combines a lumped mathematical model with autoregulation and a network of 1D FSI arteries that in future works can be extended to include local 3D blocks. The lumped parameters model has been validated for different stages of heart failure and is able to represent different clinical situations pre- and post-LVAD implant, being therefore able to provide reliable preliminary results on pressures and flow rates, accounting for the interaction between the device and the global circulation. The 1D FSI arteries model uses the results of the lumped model as inflow boundary data and provides an effective description of the flow rates and pressure in the global arterial tree. Through this framework we were able to study several clinical scenarios, given by the combination of two possible sites for the anastomosis of cannula of the LVAD (AA and DA), three rotational speed of

the device (8k, 9k, and 10k RPM), and two stages of heart failure (MHF and SHF).

- 2 The assessment of possible difference in flow rates and pressure patterns depending on the location of the anastomosis. In this respect the results for AA and DA cannulations exhibit similar waveforms and mean flow rates in all the considered cases. In spite of the limitations of our model, the results confirmed that, as mentioned in Section 1, DA cannulation remains an adequate therapeutic option, especially in patients who are at high risk for the AA cannulation.
- 3 The assessment of possible difference in flow rates and pressure patterns depending on rotational speed of the device. In this respect the results show that, regardless of the anastomosis region, the rotational speed of the device has a significant impact on the wave profiles. In particular, the pulsatility decreases by increasing the rotational speed of the device and this effect is more pronounced at high RPM. The resulting continuous-flow physiology is a well known issue of these devices, for which the clinical impact is still not clear, even if it is suspected to be relevant especially in the long term period. Indeed, manufacturers are now trying to re-introduce pulsatility in continuous-flow devices by, e.g., varying the RPM in time. From this viewpoint this model might be useful to evaluate and test new devices and functioning modes.

Although the current model presents some limitations (see Section 5), our mathematical framework has proven to be effective in describing and capturing many global phenomena and, in spite of neglecting specific local 3D flow patterns, it provides indication that may be considered already useful in clinical practice. Moreover, the introduced multiscale framework could easily be extended to include local 3D geometries. To conclude, in future studies the geometrical multiscale model will be used to evaluate several new clinical scenarios. For example, for the evaluation of the hemodynamic response and pump behavior in aortic regurgitation, which is a common problem, or for testing different devices under typical clinical situations.

Ethical approval

Not required.

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Conflict of interest statement

There are no conflicts of interest to declare.

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Numerical Comparison and Calibration of Geometrical Multiscale Models for the Simulation of Arterial Flows

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Abstract—Arterial tree hemodynamics can be simulated by means of several models of different level of complexity, depending on the outputs of interest and the desired degree of accuracy. In this work, several numerical comparisons of geometrical multiscale models are presented with the aim of evaluating the benefits of such complex dimensionally-heterogeneous models compared to other simplified simulations. More precisely, we present flow rate and pressure wave form comparisons between three-dimensional patient-specific geometries implicitly coupled with one-dimensional arterial tree networks and (i) a full one-dimensional arterial tree model and (ii) stand-alone three-dimensional fluid–structure interaction models with boundary data taken from precomputed full one-dimensional network simulations. On a slightly different context, we also focus on the set up and calibration of cardiovascular simulations. In particular, we perform sensitivity analyses of the main quantities of interest (flow rate, pressure, and solid wall displacement) with respect to the parameters accounting for the elastic and viscoelastic responses of the tissues surrounding the external wall of the arteries. Finally, we also compare the results of geometrical multiscale models in which the boundary solid rings of the three-dimensional geometries are fixed, with respect to those where the boundary interfaces are scaled to enforce the continuity of the vessels size with the surrounding one-dimensional arteries.

Keywords—Geometrical multiscale modeling, Blood flow models, Fluid–structure interaction, Wave propagation, Patient-specific geometries, Aorta and iliac arteries.

INTRODUCTION

Numerical simulations based on complex mathematical approaches have become an effective tool to model arterial flow dynamics. Research in this field is essential in order to understand, predict, and treat common and potentially fatal cardiovascular pathologies, such as aneurysms formation, atherosclerosis, and congenital defects, as well as the planning of surgical intervention, usually called predictive surgery.

Thanks to modern supercomputing facilities, modeling big portions of the systemic arterial tree with a fully detailed three-dimensional (3-D) description is nowadays feasible.⁴⁸ Nevertheless, the amount of data required by these simulations can be hardly retrieved. Moreover, a compromise between model complexity and computational cost might be still relevant in a medical environment, where huge number of patients need to be assisted at the same time. In this sense, geometrical multiscale approaches provide an efficient and reliable way to select the desired level of complexity in each component of the cardiovascular system.^{6,21,37,40,41,47} The main ingredients of a geometrical multiscale model for cardiovascular flows are (i) 3-D fluid–structure interaction (FSI) models, which are used to represent few specific components of main interest,^{4,10,13,18,23,25,26,46} (ii) one-dimensional (1-D) FSI models, which describe the global blood circulation in the arterial network,^{1,7,8,20,35} and (iii) lumped parameters models, which account for the cumulative effects of all distal vessels, i.e., small arteries, arterioles, and capillaries.^{22,45} More generally, from the medical point of view, a 3-D model allows to have a deep insight of a specific region of the cardiovascular system (e.g., the thoracic aorta), whereas the interaction with the global cardiovascular system is modeled by the

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mean of simpler models obtained through a dimensional reduction.

Despite the fact that the geometrical multiscale modeling technique is widely accepted in the literature, so far the greatest part of the studies has focused mainly on mathematical and methodological aspects. In particular, at the best of our knowledge, there are no studies performing a quantitative comparison between large heterogeneous cardiovascular networks (including at the same time 3-D FSI, 1-D FSI, and lumped parameters models), vs. simplified problems, e.g., stand-alone 3-D FSI simulations or full 1-D FSI problems. Moreover, most of the patient-specific cardiovascular applications in the literature does not make use of networks of 1-D arteries to account for the systemic circulation, which is generally condensed by using lumped parameters models directly coupled with the inlets/outlets of the 3-D geometries of the patients (see, e.g., Balossino *et al.*², Laganà *et al.*³⁰, Baretta *et al.*³, and Moireau *et al.*³⁹). This is a quite severe modeling assumption, since the flow in the systemic arteries is strongly space-time dependent, thus requiring at least a 1-D axial description of the traveling waves.

To fill this gap, in this work we provide several numerical comparisons of geometrical multiscale models with the aim of proving, and somehow quantifying, the benefits of such complex dimensionally-heterogeneous problems with respect to other simpler approaches. The geometrical multiscale models are set up by coupling one or more 3-D patient-specific geometries with a full network of 1-D models representing the global circulation of an average healthy patient. In particular, since the analysis of pathological scenarios is not considered here, we select two healthy 3-D geometries corresponding to the aorta and the iliac arteries. The results of these models are compared with both a full 1-D network of arteries and stand-alone 3-D FSI simulations, where the data for the latter at the inlet and outlet boundary interfaces are taken from a precomputed full 1-D network simulation. The comparisons are performed mainly in terms of flow rate and pressure waveforms. In addition, we also analyze the 3-D solid wall displacement magnitude.

On a slightly different context, we also focus on the calibration of cardiovascular simulations. Indeed, a key aspect to consider in order to obtain results in the physiological range is the tuning of the problem parameters, especially for modeling 3-D FSI arteries. In the literature there are several works on parameter estimation for cardiovascular applications; among the most popular techniques we can mention the Kalman filtering approaches or the variational procedures.^{5,15,38} For our specific analysis, it is essential to account for the correct boundary data on the solid wall geometries. This problem has been already addressed by Crosetto *et al.*¹⁴

and Moireau *et al.*³⁹ for the external surface of the arterial wall, where Robin boundary conditions have been successfully used to account for the elastic and viscoelastic responses of the external tissues. Nevertheless, the values of the empiric tissue parameters appearing at the boundaries is rather difficult to estimate, and neither calibration procedures nor sensitivity analysis to show the effect of the variation of the parameters on the main quantities of interest were provided. Regarding the interface boundary rings of the arterial wall, in Formaggia *et al.*²⁰ and Malossi *et al.*³⁷ an approach to prescribe the continuity of the vessel area with surrounding models has been proposed. However, its impact on cardiovascular simulations compared to fixed area configurations has never been investigated, apart from few benchmark tests in simple geometries.

With the aim of covering the aspects mentioned above, in this work we also provide several comparisons and sensitivity analysis focused both on the calibration of the tissue parameters and on the analysis of the impact of different interface ring boundary conditions on the main quantities of interest.

This work is organized as follows. In the “**Geometrical Multiscale Approach**” section we describe the main ingredients of the geometrical multiscale methodology. Then, in the “**Numerical Simulations**” section, we present the numerical results with several comparisons and sensitivity analyses. Finally, main conclusions are summarized in the “**Conclusions**” section.

GEOMETRICAL MULTISCALE APPROACH

In this section we describe the main components of the geometrical multiscale method that we use to simulate the global arterial circulation. More precisely, we model the arterial network by coupling together different dimensionally-heterogeneous models, such as 3-D FSI models, which are used to represent specific components of main interest, 1-D FSI models, to simulate the pulse wave propagation in the global arterial system, and three-element RCR windkessel terminals, that account for the peripheral circulation and correspond to well known simple differential algebraic equations, for brevity not described here (see Malossi *et al.*³⁵, Section 5.1 for all the details). Finally, we briefly recall from other works the coupling equations and the numerical approach to solve the global network of models.

3-D FSI Model for Main Arteries

In a geometrical multiscale setting, 3-D FSI models are used to simulate the hemodynamics in complex geometrical situations, such as those occurring at bifurcations, aneurysms, and stenoses among others. In

addition, when aiming at patient-specific analyses, the correct characterization of the local arterial flow has to be carried out by using patient-specific data obtained from medical images, e.g., computed tomography (CT) scan or magnetic resonance imaging (MRI).

Equations

Let $\Omega \subset \mathbb{R}^3$ with boundary $\partial\Omega$, where $\bar{\Omega} = \bar{\Omega}_F \cup \bar{\Omega}_S$, being Ω_F and Ω_S the fluid and solid domains, respectively. In addition, let Γ_I be the fluid-solid interface $\partial\Omega_F \cap \partial\Omega_S$. The FSI problem employed in this work consists of the incompressible Navier–Stokes equations coupled with a linear elastic isotropic structure described by the St. Venant–Kirchhoff equations. To account for the interaction between the fluid and the solid, we define an Arbitrary Lagrangian–Eulerian (ALE) map, i.e.,

$$\begin{aligned} \mathcal{M}' : \Omega_F^0 &\rightarrow \Omega_F^t \subset \mathbb{R}^3 \\ \mathbf{x}^0 &\mapsto \mathcal{M}'(\mathbf{x}^0) = \mathbf{x}^0 + \mathbf{d}_F(\mathbf{x}^0), \end{aligned}$$

where the superscripts 0 and t refer to the reference and current configurations, respectively (see Fig. 1), $\mathbf{x}^0 \in \Omega_F^0$ is a point, and \mathbf{d}_F is the fluid domain displacement. More precisely, in this work we compute \mathbf{d}_F as the harmonic extension of the solid displacement \mathbf{d}_S at the reference fluid-solid interface Γ_I^0 to the interior of the reference fluid domain Ω_F^0 .

The resulting FSI problem reads

$$\left\{ \begin{array}{ll} \frac{\partial \mathbf{u}_F}{\partial t} \Big|_{\mathbf{x}^0} + \left(\left(\mathbf{u}_F - \frac{\partial \mathbf{d}_F}{\partial t} \Big|_{\mathbf{x}^0} \right) \cdot \nabla \right) \mathbf{u}_F \\ - \frac{1}{\rho_F} \nabla \cdot \sigma_F = \mathbf{0} & \text{in } \Omega_F^t \times (0, T], \\ \nabla \cdot \mathbf{u}_F = 0 & \text{in } \Omega_F^t \times (0, T], \\ \rho_S \frac{\partial^2 \mathbf{d}_S}{\partial t^2} - \nabla \cdot \sigma_S = \mathbf{0} & \text{in } \Omega_S^0 \times (0, T], \\ -\Delta \mathbf{d}_F = \mathbf{0} & \text{in } \Omega_F^0 \times (0, T], \\ \mathbf{u}_F \circ \mathcal{M}' - \frac{\partial \mathbf{d}_S}{\partial t} = \mathbf{0} & \text{on } \Gamma_I^0 \times (0, T], \\ \sigma_S \cdot \mathbf{n}_S - J_S G_S^{-T} (\sigma_F \circ \mathcal{M}') \cdot \mathbf{n}_S = \mathbf{0} & \text{on } \Gamma^0 \times (0, T], \\ \mathbf{d}_F - \mathbf{d}_S = \mathbf{0} & \text{on } \Gamma_I^0 \times (0, T], \end{array} \right. \quad (1)$$

where $(0, T)$ is the time interval, \mathbf{u}_F the fluid velocity, ρ_F and ρ_S are the fluid and solid density, respectively, \mathbf{n}_S is the outgoing normal direction applied to the solid

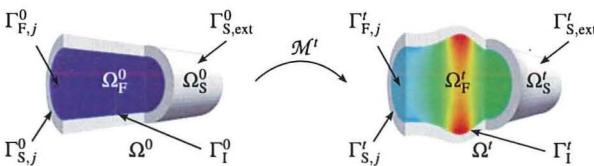


FIGURE 1. ALE map between reference and current configurations. The colors in the scheme refer to the computed pressure field.

domain, $G_S = I + \nabla \mathbf{d}_S$ the solid deformation gradient (with I the identity matrix), and $J_S = \det(G_S)$. In addition, σ_F and σ_S are the Cauchy and the first Piola–Kirchhoff stress tensors, respectively, i.e.,

$$\sigma_F = -p_F I + 2\mu \epsilon_F(\mathbf{u}_F),$$

$$\sigma_S = \lambda_S(E_S, v_S) \text{tr}(\epsilon_S(\mathbf{d}_S)) I + 2\mu_S(E_S, v_S) \epsilon_S(\mathbf{d}_S),$$

where $\epsilon_F(\mathbf{u}_F)$ is the strain rate tensor, being p_F the fluid pressure and μ_F the fluid dynamic viscosity, and $\epsilon_S(\mathbf{d}_S)$ is the linear strain tensor, being λ_S and μ_S the first and second Lamé parameters, respectively, which are algebraic functions of the Young's modulus E_S and the Poisson's ratio v_S of the wall material.

Problem (1) is closed by a proper set of initial and boundary conditions. More precisely, on the external wall $\Gamma_{S,\text{ext}}^0$ we apply a viscoelastic Robin boundary condition to account for the presence of the external tissues, as we detail in the “Robin Boundary Condition for the Solid External Wall” section. On $\Gamma_{F,j}^t \subset \partial\Omega_F^t \setminus \Gamma_I^t$, $j = 1, \dots, n_{FS}^t$ we impose either inflow and outflow boundary data or continuity equations with the surrounding models, which are detailed in the “Interface Equations for the Global Network of Models” section. Similarly, the inlet/outlet solid rings $\Gamma_{S,j}^0$, $j = 1, \dots, n_{FS}^0$ can be either fixed or scaled to match the area of surrounding models, as described by Malossi *et al.*³⁷ and briefly recalled in the “Interface Equations for the Global Network of Models” section.

Remark 1 Several models of the arterial wall are described in literature, with different levels of complexity.^{24,27,28,32,44} An accurate model for the arterial wall should take into account the effects of anisotropy due to the distribution of the collagen fibers, the three layers (intima, media, and adventitia) structure, the nonlinear behavior due to collagen activation, and the incompressibility constraint. Nevertheless, a linear elastic isotropic structure is still considered a reasonable approximation for the large healthy arteries, as demonstrated numerically in, e.g., Crosetto *et al.*,^{12,14} and validated experimentally in, e.g., Kanyanta *et al.*²⁹

Numerical Approximation

The FSI problem is solved by using a non-modular (monolithic) approach.^{11,13} The fluid problem is discretized in space by a $\mathbb{P}1 - \mathbb{P}1$ finite element method, stabilized by an interior penalty technique.⁹ The solid and the geometric problems are discretized in space by $\mathbb{P}1$ finite elements. Regarding time discretizations for the incompressible Navier–Stokes equations on moving domains we use a first order Euler scheme, while for the structural problem we use a second order midpoint scheme, for an overall accuracy of one. The time

interval $[0, T]$ is split into subintervals $[t^n, t^{n+1}]$, $n = 0, 1, 2, \dots$, such that $t^n = n\Delta t$, Δt being the time step. The fluid and solid problems are coupled by using the geometric convective explicit time discretization, i.e., the fluid problem is linearized by considering explicit the fluid domain displacement and the convective term. This choice allows to split the solution of the geometric part (the harmonic extension) from the fluid-solid one, leading to a significant reduction of the computational cost. For more details on the 3-D FSI problem see Crosetto.¹¹

Robin Boundary Condition for the Solid External Wall

From the modeling point of view, one critical aspect to get physiological results in a 3-D FSI simulation is the tuning of the boundary condition on the solid external wall. The influence of external tissues and organs tethering and constraining the movement of blood vessels is of critical importance when simulating 3-D FSI problems in the arterial system.³³ At the present time, the modeling of the detailed multi-contact relations between the arteries and the other tissues is unfeasible. However, in the literature there are examples proving that the behavior of external tissues support on the outer arterial wall can be handled by enforcing a Robin boundary condition on $\Gamma_{S,\text{ext}}^0$. As an example we mention the work of Crosetto *et al.*,¹⁴ where the tissues are modeled with a purely elastic term, and the work of Moireau *et al.*,³⁹ where both the elastic and the viscoelastic contributions are accounted. In this latter case, the resulting Robin boundary condition for the 3-D FSI problem reads

$$\sigma_S \cdot \mathbf{n}_S + k_S \mathbf{d}_S + c_S \mathbf{v}_S + P_{\text{ext}} \mathbf{n}_S = \mathbf{0}, \quad \text{on } \Gamma_{S,\text{ext}}^0 \times (0, T], \quad (2)$$

where \mathbf{v}_S is the velocity of the solid domain and P_{ext} the reference external pressure. The parameters k_S and c_S account for the elastic and viscoelastic response of the external tissues, respectively. More generally, they are empiric coefficients that depend on space and, possibly, on time (e.g., to represent the change of mechanical properties over time).

Tuning the value of the parameters k_S and c_S is rather difficult. In both Crosetto *et al.*¹⁴ and Moireau *et al.*,³⁹ a range of orders of magnitude for the aorta is identified on the basis of qualitative considerations about the pulse wave velocity and the maximum admissible displacement of the vessel wall. However, neither further investigations nor sensitivity analyses that show the effect of the variation of the parameters on the main quantities of interest are provided. To fill this gap, in the “External Tissues Parameters Comparisons: 3-D Aorta” and “External Tissues Parameters Comparisons: 3-D Iliac” sections we perform

several comparisons in terms of flow rate and displacement for the aorta and iliac arteries, respectively, as a function of different sets of values for the parameters k_S and c_S .

Remark 2 From the numerical viewpoint, the Robin boundary condition must be implemented according to the time discretization scheme used in the solid problem. In particular, since in this work we use an explicit second order mid-point scheme, the following relation holds

$$\frac{\mathbf{v}_S^{n+1} + \mathbf{v}_S^n}{2} = \frac{\mathbf{d}_S^{n+1} - \mathbf{d}_S^n}{\Delta t},$$

such that, for $n = 0, 1, 2, \dots$, the discrete form of (2) reads

$$\begin{aligned} \sigma_S \cdot \mathbf{n}_S + \left(k_S + \frac{2c_S}{\Delta t} \right) \mathbf{d}_S^{n+1} \\ - \left(\frac{2c_S}{\Delta t} \mathbf{d}_S^n + c_S \mathbf{v}_S^n \right) + P_{\text{ext}} \mathbf{n}_S = \mathbf{0}, \quad \text{on } \Gamma_{S,\text{ext}}^0. \end{aligned}$$

1-D FSI Model for the Global Arterial Circulation

In a geometrical multiscale setting, the global arterial circulation can be modeled by a network of 1-D FSI models based on the Euler equations.¹⁶ Despite its simple axial symmetric representation of the blood flow, it has proven to be able to provide accurate information under physiological and pathophysiological conditions, and therefore gives insight about the main characteristics that lead to the interplay among physical phenomena taking place in the systemic arteries.

Equations

The 1-D FSI model is derived from the incompressible Navier–Stokes equations by introducing some simplifying hypotheses on the behavior of the flow quantities over the cross-section of the artery. The structural model is accounted through a simple pressure-area relation. Being $z \in [0, L]$ the axial coordinate, with L the length of the vessel, the resulting governing equations are

$$\begin{cases} \frac{\partial A}{\partial t} + \frac{\partial Q}{\partial z} = 0 & \text{in } (0, L) \times (0, T], \\ \frac{\partial Q}{\partial t} + \frac{\partial}{\partial z} \left(\alpha_F \frac{Q^2}{A} \right) + \frac{A}{\rho_F} \frac{\partial P}{\partial z} \\ + \kappa_F \frac{Q}{A} = 0 & \text{in } (0, L) \times (0, T], \\ P - \psi(A) = 0 & \text{in } (0, L) \times (0, T], \end{cases} \quad (3)$$

where α_F and κ_F are the Coriolis and friction coefficients, respectively,³⁵ A is the cross-sectional area, Q the volumetric flow rate, P the average pressure, and

$$\psi(A) = P_{\text{ext}} + \beta_S \left(\sqrt{\frac{A}{A^0}} - 1 \right) + \gamma_S \left(\frac{1}{A\sqrt{A}} \frac{\partial A}{\partial t} \right), \quad (4)$$

where

$$\beta_S = \sqrt{\frac{\pi}{A_0} \frac{h_S E_S}{1 - v_S^2}}, \quad \gamma_S = \frac{T_S \tan \phi_S}{4\sqrt{\pi}} \frac{h_S E_S}{1 - v_S^2},$$

being A^0 the reference value for the vessel area, h_S the wall thickness, T_S the wave characteristic time, and ϕ_S the viscoelastic angle. The second and third terms in (4) account for the elastic and viscoelastic response of the vessel wall.

Problem (3) is finally closed by a proper set of initial and boundary conditions. The latter can be either inflow and outflow boundary data or continuity equations with the surrounding models, as we detail in the “Interface Equations for the Global Network of Models” section.

Numerical Approximation

The 1-D FSI problem is solved by using an operator splitting technique based on an explicit second order Taylor–Galerkin discretization, where the solution of the problem is split into two steps, such that the first one corresponds to the solution of a purely elastic problem, while the second one provides a viscoelastic correction.¹⁹ The spatial discretization is accomplished using P1 finite elements. For more details see Malossi *et al.*³⁵ and references therein.

Interface Equations for the Global Network of Models

The solution of the global dimensionally-heterogeneous problem is addressed following the approach first devised in Malossi *et al.*³⁶ and later extended in Malossi *et al.*³⁷ to account for the continuity of the vessel area. More precisely, let us consider a general network of heterogeneous models connected by C coupling nodes. At each node we write the conservation of averaged/integrated quantities over the boundary interfaces, such that the interface problem does not have any dependency on the geometrical nature nor on the mathematical formulation of each model. In other words, we treat the coupled models as black boxes, such that the equations and the modeling assumptions (e.g., 3-D vs. 1-D modeling) are hidden behind general interfaces providing information regarding the boundary values in terms of averaged/integrated quantities. Particularly, these boundary quantities are the volumetric flow rate \mathcal{Q} , the averaged normal component of the traction vector \mathcal{S} , and the area of the fluid section \mathcal{A} , hereafter referred to as *coupling flow*, *coupling stress*, and *coupling area*, respectively. On the j th coupling interface of the 3-D FSI model these quantities are computed as

$$\begin{aligned} \mathcal{Q}_j^{3\text{-D}} &= \int_{\Gamma_{F,j}^t} \mathbf{u}_F \cdot \mathbf{n}_F d\Gamma, \quad j = 1, \dots, n_{FS}^{\Gamma}, \\ \mathcal{S}_j^{3\text{-D}} &= \frac{1}{|\Gamma_{F,j}^t|} \int_{\Gamma_{F,j}^t} (\sigma_F \cdot \mathbf{n}_F) \cdot \mathbf{n}_F d\Gamma, \quad j = 1, \dots, n_{FS}^{\Gamma}, \\ \mathcal{A}_j^{3\text{-D}} &= |\Gamma_j^t|, \quad j = 1, \dots, n_{FS}^{\Gamma}, \end{aligned}$$

where \mathbf{n}_F is the outgoing normal direction applied to the fluid domain. The 3-D FSI fluid problem is closed by imposing $(\sigma_F \cdot \mathbf{n}_F) \cdot \tau_{1F} = 0$ and $(\sigma_F \cdot \mathbf{n}_F) \cdot \tau_{2F} = 0$ on $\Gamma_{F,j}^t, j = 1, \dots, n_{FS}^{\Gamma}$, where τ_{1F} and τ_{2F} are the two tangential directions. In addition, we assume that the normal stress $(\sigma_F \cdot \mathbf{n}_F) \cdot \mathbf{n}_F$ is constant over the coupling interfaces. Regarding the solid problem, following the approach of Formaggia *et al.*,²⁰ the vessel area is imposed by prescribing a radial displacement of the internal contour of the j th 3-D solid ring, i.e.,

$$\begin{cases} \mathbf{d}_S \cdot \mathbf{n}_S = 0 & \text{on } \Gamma_I^0 \cap \Gamma_{S,j}^0 \times (0, T], \\ \left[\mathbf{d}_S - \Psi_j^t \left(\mathbf{x}^0 - \mathbf{x}_{G,j}^0 \right) \right] \cdot \tau_{1S} = 0 & \text{on } \Gamma_I^0 \cap \Gamma_{S,j}^0 \times (0, T], \\ \left[\mathbf{d}_S - \Psi_j^t \left(\mathbf{x}^0 - \mathbf{x}_{G,j}^0 \right) \right] \cdot \tau_{2S} = 0 & \text{on } \Gamma_I^0 \cap \Gamma_{S,j}^0 \times (0, T], \end{cases}$$

for $j = 1, \dots, n_{FS}^{\Gamma}$, where τ_{1S} and τ_{2S} are the two tangential directions lying on $\Gamma_{S,j}^0, j = 1, \dots, n_{FS}^{\Gamma}$. This corresponds to scale the boundary area preserving its original shape, where the radial scale factor is defined as

$$\Psi_j^t = \sqrt{\frac{\mathcal{A}_j^{3\text{-D}}}{A_j^0}} - 1,$$

being A_j^0 and $\mathbf{x}_{G,j}^0$ the reference area of the j th coupling interface of the 3-D fluid problem and its geometric center, respectively. Other more general approaches might be employed to weakly prescribe the value of the area on the solid boundary interface. Nevertheless, since in cardiovascular applications the displacement of the vessel is relatively small, thus not far from the original shape, the technique presented here can be considered enough accurate for our analysis. Note that to close the 3-D FSI solid problem, we need to impose an additional boundary condition on $\Gamma_{S,j}^0 \setminus \Gamma_I^0 \cap \Gamma_{S,j}^0, j = 1, \dots, n_{FS}^{\Gamma}$, which in our case is $\sigma_S \cdot \mathbf{n}_S = 0$. Regarding the two coupling interfaces of the 1-D FSI model we have

$$\begin{aligned} \mathcal{Q}_L^{1\text{-D}} &= -\mathcal{Q}_R, & \mathcal{S}_L^{1\text{-D}} &= -P_L, & \mathcal{A}_L^{1\text{-D}} &= A_L, \\ \mathcal{Q}_R^{1\text{-D}} &= \mathcal{Q}_L, & \mathcal{S}_R^{1\text{-D}} &= -P_R, & \mathcal{A}_R^{1\text{-D}} &= A_R, \end{aligned}$$

where the subscripts L and R stand for left and right quantities, respectively.

The resulting set of conservation equations for the fluid part of the interface problem is

$$\begin{cases} \sum_{i=1}^{\mathcal{I}_c} \mathcal{Q}_{c,i} = 0, \\ \mathcal{S}_{c,1} - \mathcal{S}_{c,i} = 0, \quad i = 2, \dots, \mathcal{I}_c, \end{cases} \quad (5)$$

where \mathcal{I}_c is the number of interfaces connected by the c th coupling node, $c = 1, \dots, C$. More precisely, the first equation ensures the conservation of the mass and the second implies the continuity of the mean normal stress. Note that no assumption is made on the type of boundary data (\mathcal{Q} or \mathcal{S}) to be imposed on the 3-D and 1-D interfaces. Indeed, our methodology allows to choose the type of data to be applied on any boundary interface independently of the models type.^{36,37} The iterations number of the interface problem might be slightly affected by the type of boundary data imposed on the interface of the coupled models. Particularly, in all the tested cases, at a given time step the increase/decrease of the iterations number is always bounded to one or two iterations maximum, without a precise correlation with the chosen type of boundary data. By averaging the number of iterations per time step over the entire simulation, this difference further reduces and becomes nearly negligible.

Remark 3 Being written in terms of mean normal stress, the set of interface equations (5) does not preserve the total energy of the problem at the interface between two dimensionally-heterogeneous models. However, the kinetic contribution of the total stress is negligible for cardiovascular problems, as shown by Malossi,³⁴ see Section 5.4.2.5 of the dissertation, such that the results presented here using (5) coincides with those that would have been obtained by prescribing the continuity of the mean total normal stress. Hence, the set of interface equations used in this work are stable for this class of problems.

In case the continuity of the vessel area is enforced between two vessels, the set of Eqs. (5) becomes

$$\begin{cases} \mathcal{Q}_{c,1}^{1\text{-D}} + \mathcal{Q}_{c,2}^{3\text{-D}} = 0, \\ \mathcal{S}_{c,1}^{1\text{-D}} - \mathcal{S}_{c,2}^{3\text{-D}} = 0, \\ \mathcal{A}_{c,1}^{1\text{-D}} - \mathcal{A}_{c,2}^{3\text{-D}} = 0, \end{cases} \quad (6)$$

where, for the sake of clarity, the model to which each quantity belongs is indicated in the superscript. More precisely, the continuity of the vessel area cannot be imposed between two 1-D FSI vessels. In fact, due to modeling reasons, the 1-D FSI problem needs just one physical boundary condition on each side of the segment, and therefore it is not possible to impose both a fluid quantity and the vessel area at the same time. On the contrary, the 3-D FSI model needs boundary data on both the fluid and the solid parts of each interface, such that it is possible to set the continuity of its boundary areas with the surrounding 1-D FSI models.

In addition, we remark that (6) is written for the specific case of a 3-D FSI interface coupled with a single 1-D FSI model. In the case of a generalization to two or more 1-D models connected to the same 3-D FSI interface, the continuity of the area does not make sense, and for this reason we do not address this case.³⁷

From the numerical viewpoint, the global interface problem is written in a residual formulation and solved by using the Newton and the Broyden methods. First of all, the Jacobian of the global interface problem is either computed analytically by solving the tangent problem associated to each model, or approximated with finite differences. The resulting matrix is used to perform a single (inexact-)Newton iteration, which corresponds to the very first iteration at the first time step of the simulation. After that, from the second iteration and for all the other time steps, the Jacobian is updated by using a Broyden method, which is based on a cheap evaluation of the residual of the interface problem.^{34,35,37}

NUMERICAL SIMULATIONS

In this section we present several comparisons among different geometrical multiscale models. The purpose of these comparisons is manifold. On the one hand, we study the interaction between 3-D patient specific geometries and a global arterial network of 1-D models. This results are compared both with a full 1-D network of arteries, and a stand-alone 3-D simulation with boundary data taken from the same full 1-D network. On the other hand, we also analyze the effect of the 3-D solid boundary conditions on the simulations. In particular, we perform a sensitivity analysis of the external tissues parameters, and we also compare results of configurations where the area at the interfaces is fixed, with those where it is scaled to have the continuity of the vessels size with the surrounding 1-D arteries.

All the simulations presented in this work have been performed using the LifeV library¹ on several cluster nodes with two Intel® Xeon® processors X5550 (quad core, 8 MB cache, 2.66 GHz CPU) each, interconnected by a 20 Gb/s InfiniBand® architecture.

Human Arterial Tree Model

To model the global circulation we use the data of the arterial network provided in Reymond *et al.*,⁴³ which is composed by 103 elements (4 coronary, 24 aortic, 51 cerebral, 10 upper limbs, and 14 lower limbs) and includes all the values of the parameters required to describe the blood flow, such as the geometrical properties of the vessels (length and proximal/distal areas)

¹<http://www.lifev.org>.

TABLE 1. Main parameters of the 1-D network of arteries.

ρ_F	Blood density	1.04 g/cm ³
μ_F	Blood viscosity	0.035 g/cm/s
κ_F	Friction coefficient	2.326 cm ² /s
α_F	Coriolis coefficient	1.1
P_{ext}	Reference external pressure	100,000 dyn/cm ²
P_v	Venous pressure	6,666 dyn/cm ²
h_s/R_S	Wall thickness/local radius	0.1
E_S	Young's modulus	3–12 × 10 ⁶ dyn/cm ²
v_S	Poisson's ratio	0.50
ϕ_S	Viscoelastic angle	10°
T_S	Systolic period	0.24 s
	Heart rate	75 bpm

For more details see Malossi *et al.*³⁵ and references therein.

and the data for the terminals, which are modeled as three-element windkessel elements and account for the cumulative effects of all distal vessels (small arteries, arterioles, and capillaries). These values have been obtained both from *in vivo* measurements and averaged data from the literature. The presence of the venous circulation is taken into account by imposing the return venous pressure P_v on the distal side of each windkessel terminal node. Regarding the parameters of the wall, since we use a different model, we estimate these values from other sources.³⁵ The main parameters that define the problem are summarized in Table 1. The average space discretization of each 1-D FSI segment is 0.1 cm. Regarding the time discretization, in each artery we define a different time step based on the local CFL requirements. These local inner time steps are defined such that they synchronize with each other at each global outer time step, i.e., the time step chosen for the 3-D FSI models. This guarantee the possibility to write the interface equations between all the coupled models at each outer time step. More details about this two-level adaptive time step technique are provided in Malossi *et al.*³⁵

Geometry Reconstruction and Mesh Generation

In this work we use the 3-D FSI model to simulate the flow in two main patient-specific arteries, i.e., the aorta and the iliac of two healthy patients. These geometries have several bifurcations and some severe bends, such that the blood flow dynamics can be precisely described only by employing a 3-D model.

The segmentation of the aorta was obtained through MRI Time of Flight acquisition on a 3T MRI scanner (Siemens Trio-Tim 3T System); details on the used sequences are given in Reymond *et al.*⁴² Then, the arterial lumen was reconstructed in 3-D from MRI magnitude data (ITK Snap software). Since the thickness of the wall is not visible in MRI data, it had to be synthetically reconstructed. In particular, it has been estimated to be equal to 10 percent of local lumen

radius, which is a commonly accepted approximation.³¹ Regarding the iliac, the geometry of the lumen has been taken from the Simtk website,² and the thickness of the wall has been reconstructed with the same assumptions used for the aorta.

To correctly model the different material properties of the arterial wall and of the external tissues, we divide the solid domains into several regions, which are schematically shown in Fig. 2. Note that for the iliac geometry we provide two different configurations, which are later used in the “External Tissues Parameters Comparisons: 3-D Iliac” section for a numerical comparison of the results as a function of the tissue parameters at the bifurcations. The main wall parameters that define the 3-D problems are summarized in Table 2.

Remark 4 The jumps in the mechanical properties of the arterial wall (see Fig. 2 and Table 2) might introduce wave reflections in the flow field. Nevertheless, these reflections are negligible if compared to the physical reflection driven by the sudden change in the vessel lumen at the bifurcations. Moreover, the structural model can be easily refined by introducing smooth continuous functions between the different wall regions. This improvement will be included in future works.

Remark 5 The value of the arterial wall density has been taken from Crosetto *et al.*¹³ and Moireau *et al.*³⁹ In Malossi,³⁴ see Section 5.4.2.6 of the dissertation, a comparison of the results obtained by setting $\rho_S = 1.2$ g/cm³, with those computed by using either $\rho_S = 1.0$ g/cm³^{46,47} or $\rho_S = 0.0$ g/cm³ (purely elastic wall without inertia) is presented, proving that (i) the inertia of the arterial wall has a very small impact on this class of applications, and (ii) the methodology and algorithms described in Section 2 are stable even if the arterial wall density is neglected.

Finally, for each arterial vessel two separate conforming fluid and solid geometries have been generated using the VTK,³ VMTK,⁴ and ITK⁵ libraries.¹⁷ The resulting mesh of the fluid part of the 3-D aorta consists of 280,199 unstructured tetrahedral elements with 50,866 vertices, while the solid part is made of 278,904 structured tetrahedral elements with 58,565 vertices. The corresponding average space discretizations for both the fluid and solid problems is 0.158 cm. Regarding the 3-D iliac, the mesh of the fluid part

²<http://simtk.org>.

³<http://www.vtk.org>.

⁴<http://www.vmtk.org>.

⁵<http://www.itk.org>.

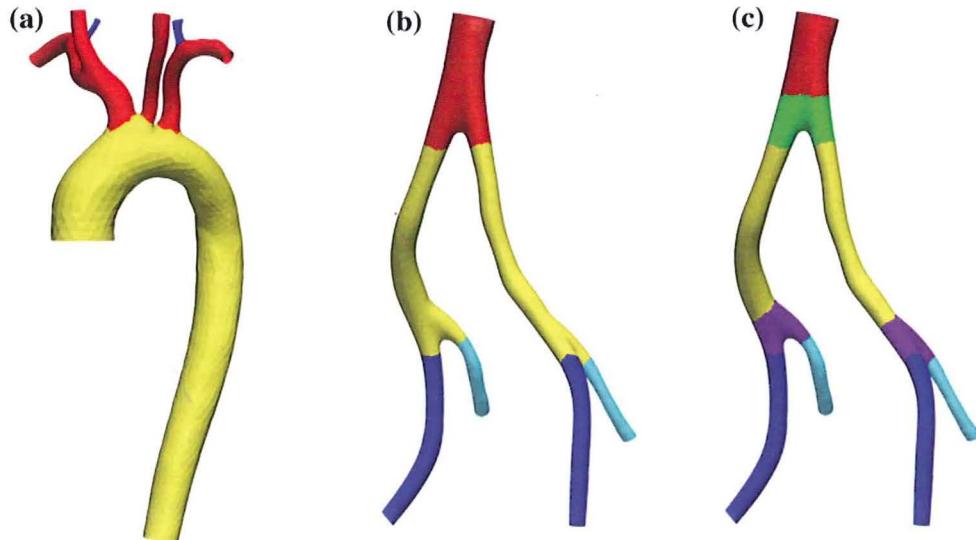


FIGURE 2. View of the aorta and iliac geometries with wall regions. (a) The aorta is divided in three regions: aortic arch (yellow), carotids and subclavians (red), and vertebrals (blue). (b) The iliac is divided in four regions: abdominal aorta (red), common iliac (yellow), external iliac (blue), and inner iliac (cyan). (c) Same as (b) with two additional regions at the bifurcations: abdominal aorta bifurcation (green) and common iliac bifurcations (magenta).

TABLE 2. Wall parameters of the 3-D FSI arteries.

ρ_s	Wall density	1.2 g/cm ³
h_s/R_s	Wall thickness/local radius	0.1
E_s	Young's modulus	$3-12 \times 10^6$ dyn/cm ²
ν_s	Poisson's ratio	0.48

The Young's modulus of the 3-D FSI aorta and iliac is 3,000,000 dyn/cm² in all the branches apart from the vertebral arteries, where it is 6,000,000 dyn/cm², and inner iliac arteries, where it is 12,000,000 dyn/cm².

consists of 350,376 unstructured tetrahedral elements with 63,716 vertices, while the solid part is made of 359,256 structured tetrahedral elements with 60,788 vertices. In this case, the corresponding average space discretizations for both the fluid and solid problems is 0.076 cm. Regarding the time discretization, we use a constant time step of 0.001 s.

Remark 6 The mesh size employed for the discretization of the 3-D geometries used in our studies might not be fine enough to represent the smallest fluid dynamics structures. Particularly, the relatively high Reynolds number in the aorta requires the use of boundary layers to capture the details of the fluid dynamics near the wall (which are fundamental to evaluate, e.g., the wall shear stress). Nevertheless, the focus of our analysis is on the value of the averaged/integrated interface quantities, such as the flow rate, the inlet/outlet pressure drop, and the boundary wall displacement, for which the employed discretization is fine enough.

Geometrical Multiscale Modeling

In this section we set up and solve three different geometrical multiscale models where the 3-D patient-specific vessels in Fig. 2 are embedded in the 1-D network described in the “Human Arterial Tree Model” section, which represents an average healthy patient.

To set up the models we use the following procedure. First of all, we identify the 1-D elements of the network to be removed or cut, since they overlap with some regions of the 3-D patient-specific geometries. This is done by measuring the length of the different branches of the 3-D vessels and comparing these data with the one of the 1-D network. Obviously, this phase presents several degrees of freedom and arbitrariness. The degree of precision of this step also depends on the region of interest and the required level of accuracy (e.g., rough evaluation of flow vs. precise local quantification for surgery planning). In a clinical context this operation should be supervised by the clinician in order to immediately determine the crucial regions for the numerical simulations. Once the 1-D elements are cut, the second step consists in changing the reference area and the wall thickness of the 1-D arteries in order to match the one of the nearby 3-D interfaces. Since the 3-D geometries are not symmetric, it is possible that some asymmetries are introduced also in the 1-D networks (e.g., between the left and right external iliac arteries). Moreover, it is important to check that the resulting distal area is always smaller or equal than the proximal one. If it is not the case, some further adjustments to the 1-D elements are required to avoid a non-physiological behavior of the flow in those elements.

Parallel Solution of the Global Problem

The parallelism is handled by distributing the models across the available processes and cluster nodes. Each model can be either assigned to a single process or partitioned across several nodes. In our implementation, we distribute the models as a function of their type and computational cost. More precisely, the models obtained through a dimensional reduction (e.g., 1-D FSI models and the lumped parameters terminals) are distributed one per each available process. If the number of models exceeds the number of processes, the algorithm assigns more models to the same process. For example, when solving a network of 150 1-D and/or lumped parameters models using 48 processes, each process holds at least 3 models. The more expensive 3-D FSI models are then partitioned across all the available nodes and processes (including those that are already holding one or more reduced dimensional models). If more 3-D models are present in the network, each of them is split on a subset of nodes such that they globally use all the available resources. Thanks to the parallelism intrinsic in our algorithms, this choice leads in general to a balanced load.

The global network of elements is solved by using the Broyden method, as described at the end of the “Interface Equations for the Global Network of Models” section. The convergence to the imposed tolerance of 10^{-6} is achieved between 2 and 4 iterations; the average number of iterations per time step is approximately 2.25 in all the presented cases.

External Tissues Parameters Comparisons: 3-D Aorta

In this section we focus on the study of the external tissues parameters k_S and c_S introduced by the Robin boundary condition on the arterial wall of the 3-D FSI problem. For this analysis, we consider a geometrical multiscale model assembled by coupling the 3-D patient-specific aorta in Fig. 2a with the 1-D arterial tree described in the “Human Arterial Tree Model” section, which represents an average healthy patient. For the sake of simplicity, the results presented in this section are obtained by fixing the position of the boundary solid rings of the 3-D arterial wall of the aorta, i.e., $\mathbf{d}_S = \mathbf{0}$ on $\Gamma_{S,j}^0$, $j = 1, \dots, n_{FS}$.

The first study we perform consists of a sensitivity analysis of the main quantities of interest with respect to a variation of the elastic parameter k_S . This is done by assuming $c_S = 0$ dyn s/cm³ and choosing five sets of values for the coefficient k_S at the different branches of the aorta, as detailed in Table 3. Note that the values of the different cases are chosen as multiples of those of case E_1^A .

The results of this comparison, at the most significant coupling interfaces between the 3-D aorta and the 1-D network, are summarized in Fig. 3, where we also plot the result of the full 1-D arterial network. First of all, we observe that the behavior of the flow rate and pressure is quite different in each of the five considered cases. From the behavior of the pressure we observe that the elastic tissues parameters of case E_1^A is not stiff enough to correctly capture the cardiovascular wave pulse (the pressure level is low and nearly flat). This is confirmed by the analysis of the displacement magnitude field of the 3-D arterial wall of the aorta at the second heart beat (see Fig. 4), where we observe a small overinflation of the thoracic aorta in case E_1^A and severe overinflations of the left common carotid artery for the first three sets of coefficients in Table 3.

The analysis of the flow rate profiles in the other branches displayed in Fig. 3 shows that all the considered cases present spurious high-frequency oscillations at the vertebral arteries, which are probably the cause of the numerical breakdown in cases E_2^A and E_4^A . In case E_5^A , which represents the stiffer artery, the oscillations do not appear in the left vertebral artery, suggesting that this phenomenon might be related to the stiffness of the external tissues parameters. In particular, the two vertebral arteries are the smallest branches of the considered geometry, which in turn means that the wall thickness there is considerably smaller than in the other branches (we recall that the thickness of the solid domain is chosen to be proportional to the local lumen of the vessel). This could explain the fact that the high-frequency oscillations are not present in the other branches of the same geometry.

Remark 7 Here, as well as in the forthcoming “External Tissues Parameters Comparisons: 3-D

TABLE 3. Empirical external tissues coefficients at the different wall regions of the 3-D aorta (see Fig. 2a).

Artery	k_S (dyn/cm ³)					c_S (dyn s/cm ³)
	E_1^A	E_2^A	E_3^A	E_4^A	E_5^A	
Aortic arch	15,000	30,000	45,000	60,000	75,000	0.0
Left/right carotid and subclavian	22,500	45,000	67,500	90,000	112,500	0.0
Left/right vertebral	30,000	60,000	90,000	120,000	150,000	0.0

We define five cases for the sets of values of the elastic coefficient.

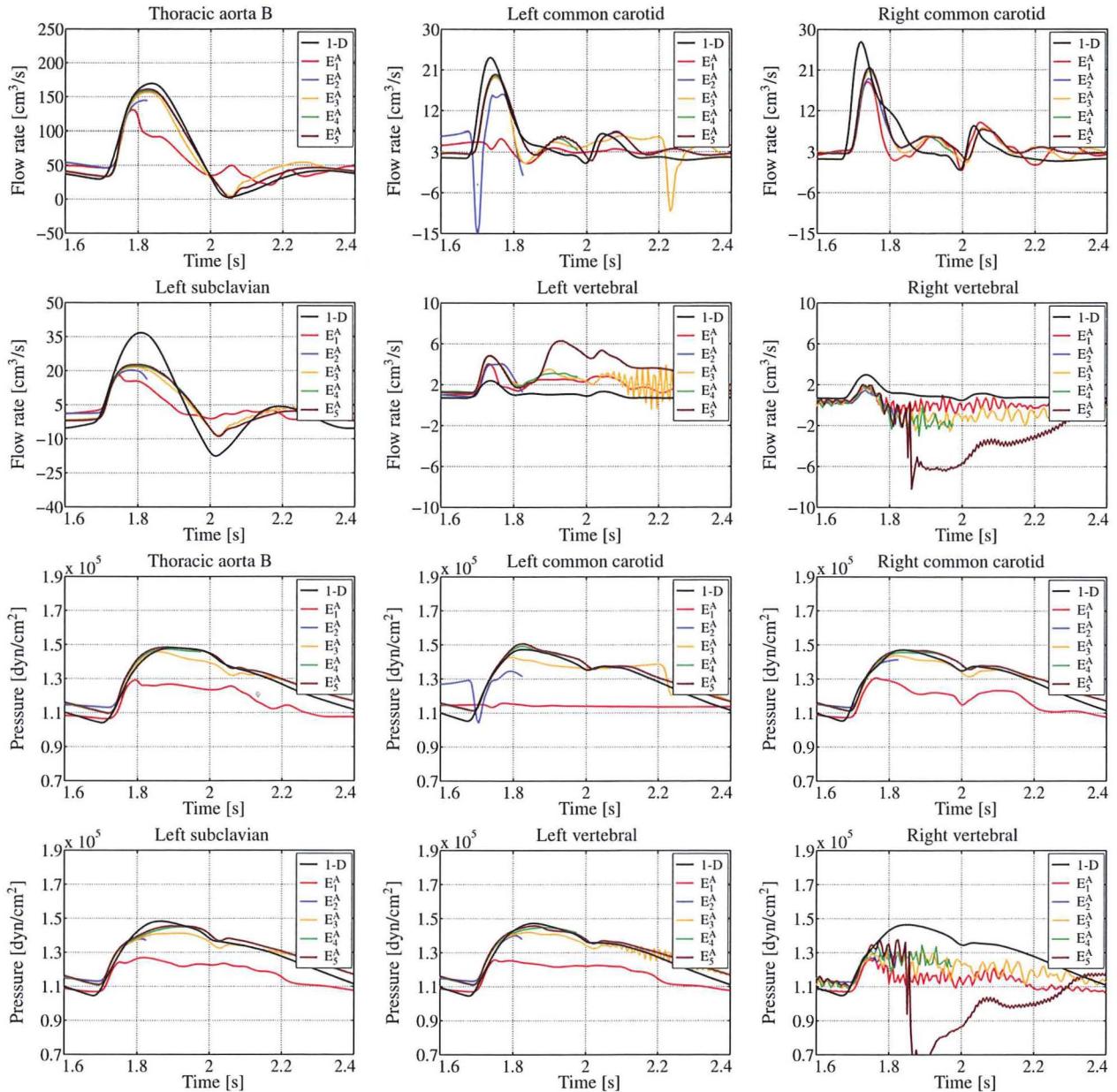


FIGURE 3. Flow rate and pressure comparison, at the third heart beat, for the sets of values given in Table 3 (elastic behavior of the external tissues), at the most significant coupling interfaces between the 3-D aorta (see Fig. 2a) and the 1-D network. The black line is the solution of the full 1-D network.

Iliac” section, the results of the full 1-D network are aimed to provide a reference, validated⁴³ value for the main quantities of interest, and must not be considered as a reference exact solution. Indeed, differences between the results of the geometrical multiscale models and those of the full 1-D network are expected in view of the patient-specific topologies of the 3-D geometries embedded in the former models.

Further comments about the high-frequency oscillations observed in the purely elastic case can be performed by studying the results of a second set of simulations in which we introduce the viscoelastic

response of the tissues through the parameter c_S (see Eq. (2)). As previously done for the elastic parameter, we select several sets of values for the coefficient c_S at the different branches of the aorta, as detailed in Table 4. Regarding the elastic parameter, we choose the set of values E_4^A , which has proven to be stiff enough to prevent excessive strain in all the branches of the 3-D geometry (see Fig. 4), even if it was not able to smooth out the high-frequency oscillations observed in the smallest branches.

The results of this comparison, at the same interfaces of the previous one, are summarized in Fig. 5.

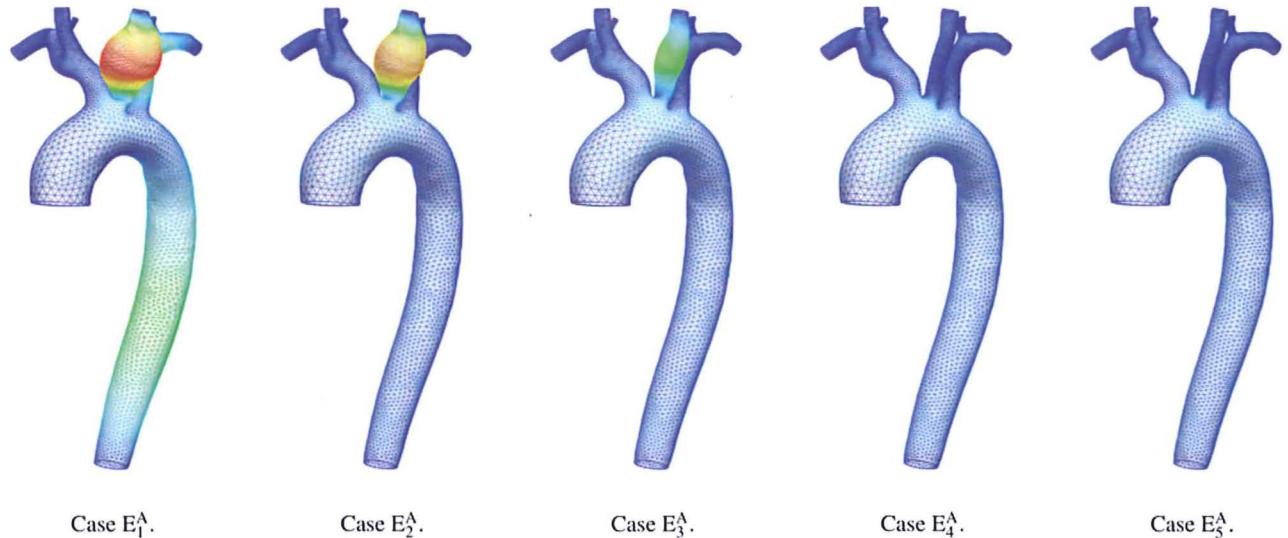


FIGURE 4. Wall displacement magnitude comparison, at the end-systole of the second heart beat ($t = 1.2$ s), for the sets of values given in Table 3 (elastic behavior of the external tissues) of the 3-D aorta (see Fig. 2a) coupled with the 1-D network (not shown). The color bar ranges from blue (0.0 cm) to red (1.8 cm).

TABLE 4. Empirical external tissues coefficients at the different wall regions of the 3-D aorta (see Fig. 2a).

Artery	k_s (dyn/cm ³)		c_s (dyn s/cm ³)					
	E ₄ ^A	V ₁ ^A	V ₂ ^A	V ₃ ^A	V ₄ ^A	V ₅ ^A	V ₆ ^A	
Aortic arch	60,000	500	1,000	5,000	10,000	50,000	100,000	
Left/right carotid and subclavian	90,000	500	1,000	5,000	10,000	50,000	100,000	
Left/right vertebral	120,000	500	1,000	5,000	10,000	50,000	100,000	

We define six cases for the sets of values of the viscoelastic coefficient.

First of all, we observe that the spurious high-frequency oscillations disappear at all the boundary interfaces and independently of the chosen set of values for the parameter c_s . This behavior confirms the importance of including the viscoelastic effects in the model of the arterial wall, not only in 1-D FSI simulations, as already proven, for instance, by Malossi *et al.*³⁵ but also in 3-D FSI problems, as claimed by Moireau *et al.*³⁹ Moreover, this result suggests that the high-frequency oscillations observed in Fig. 3 might be related mainly to the model chosen for the structure of the arterial wall. In particular, we recall that in our simulations we use a linear elastic isotropic model, which does not include any damping effect.

Regarding the value of the viscoelastic parameter, we observe that the flow rate and pressure waveforms change significantly among the simulated cases. More precisely, the set of values V_1^A and V_2^A , are not high enough to smooth the low-frequency oscillations of the 3-D FSI elastic wall. Moreover, they lead to a pressure overshoot at most of the branches during the systolic peak. On the contrary, the results given by the other

four sets of values are all very similar and belong to the physiological regime. In particular, we observe a sort of limit behavior of the viscoelastic parameter, such that above a certain threshold the sensitivity of the flow rate and pressure waveform to a variation of the parameter c_s becomes very small. This is coherent with the nature of the Robin boundary conditions, whose contribution decrease drastically when the parameters value become high. In view of these results, hereafter we compute the value of the viscoelastic parameter as one tenth of the value of the corresponding elastic one, i.e.,

$$c_s = k_s / 10. \quad (7)$$

This rule provides a reliable and easy way to calibrate the viscoelastic parameter of the Robin boundary condition for the external tissues.

External Tissues Parameters Comparisons: 3-D Iliac

In this section we further extend the study of the external tissues parameters k_s and c_s by considering a

different problem. More precisely, we set up a geometrical multiscale model composed by the 3-D patient-specific iliac in Fig. 2b coupled with the 1-D arterial tree described in the “Human Arterial Tree Model” section, which represents an average healthy patient. For the sake of simplicity, the results presented in this section are obtained by fixing the position of the boundary solid rings of the 3-D arterial wall of the iliac, i.e., $\mathbf{d}_S = \mathbf{0}$ on $\Gamma_{S,j}^0, j = 1, \dots, n_{FS}^\Gamma$.

First of all, we perform a sensitivity analysis of the main quantities of interest with respect to a variation of the external tissues parameters. In view of the results achieved in the previous section, we directly consider both the elastic and viscoelastic coefficients. For the first one, we choose five sets of values at the different branches of the iliac, as detailed in Table 5. Note that the values of the different cases are chosen as multiples of the ones of case E_1^I . Then, following the result of the

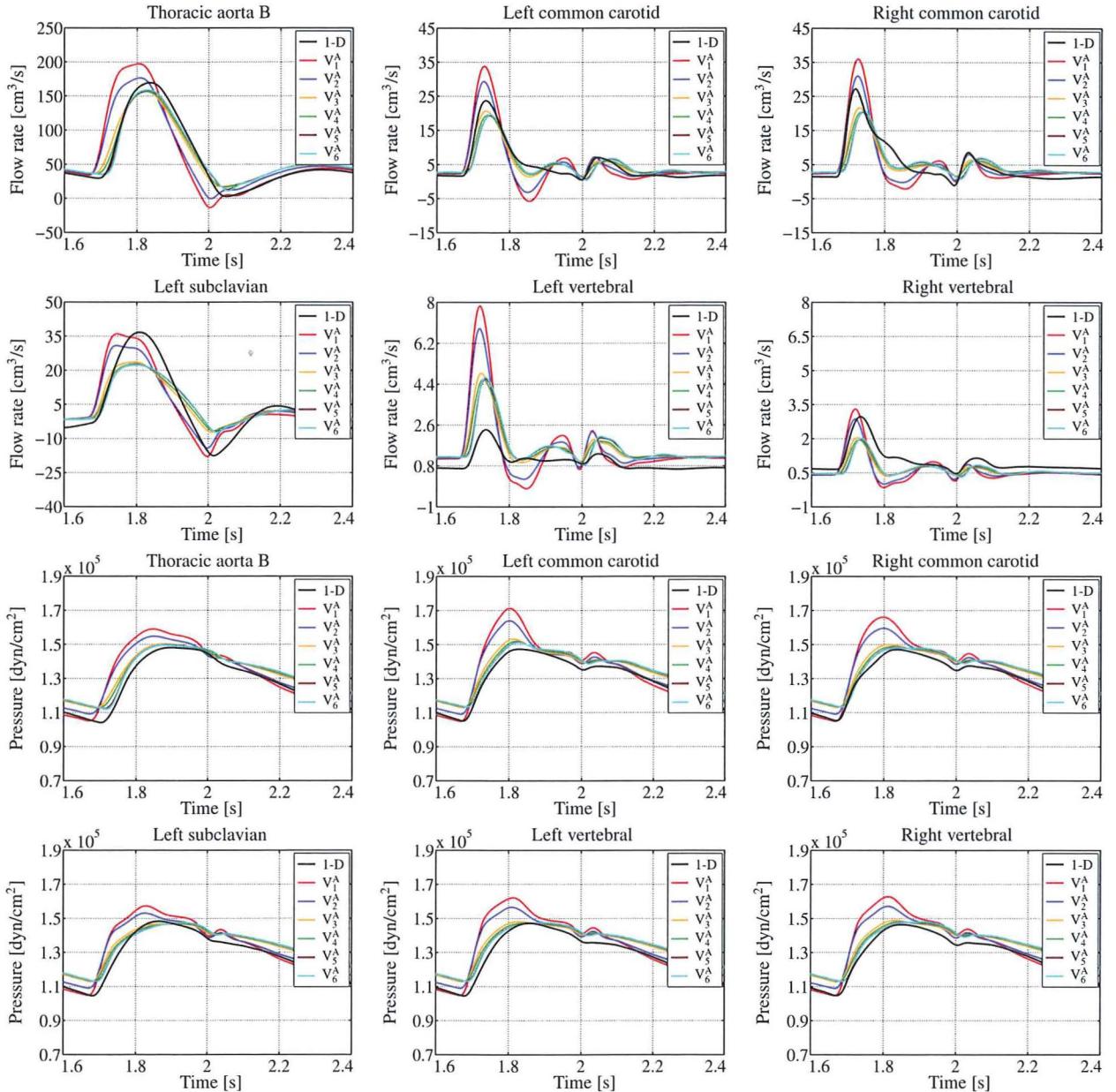


FIGURE 5. Flow rate and pressure comparison, at the third heart beat, for the sets of values given in Table 4 (elastic and viscoelastic behavior of the external tissues), at the most significant coupling interfaces between the 3-D aorta (see Fig. 2a) and the 1-D network. The black line is the solution of the full 1-D network.

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TABLE 5. Empirical external tissues coefficients at the different wall regions of the 3-D iliac (see Fig. 2b).

Artery	k_S (dyn/cm ³)					c_S (dyn s/cm ³)
	E_1^I	E_2^I	E_3^I	E_4^I	E_5^I	
Abdominal aorta	25,000	50,000	75,000	100,000	125,000	$k_S/10$
Left/right common iliac	35,000	70,000	105,000	140,000	112,500	$k_S/10$
Left/right external iliac	37,500	75,000	112,500	150,000	187,500	$k_S/10$
Left/right inner iliac	42,500	85,000	127,500	170,000	212,500	$k_S/10$

We define five cases for the sets of values of the coefficients.

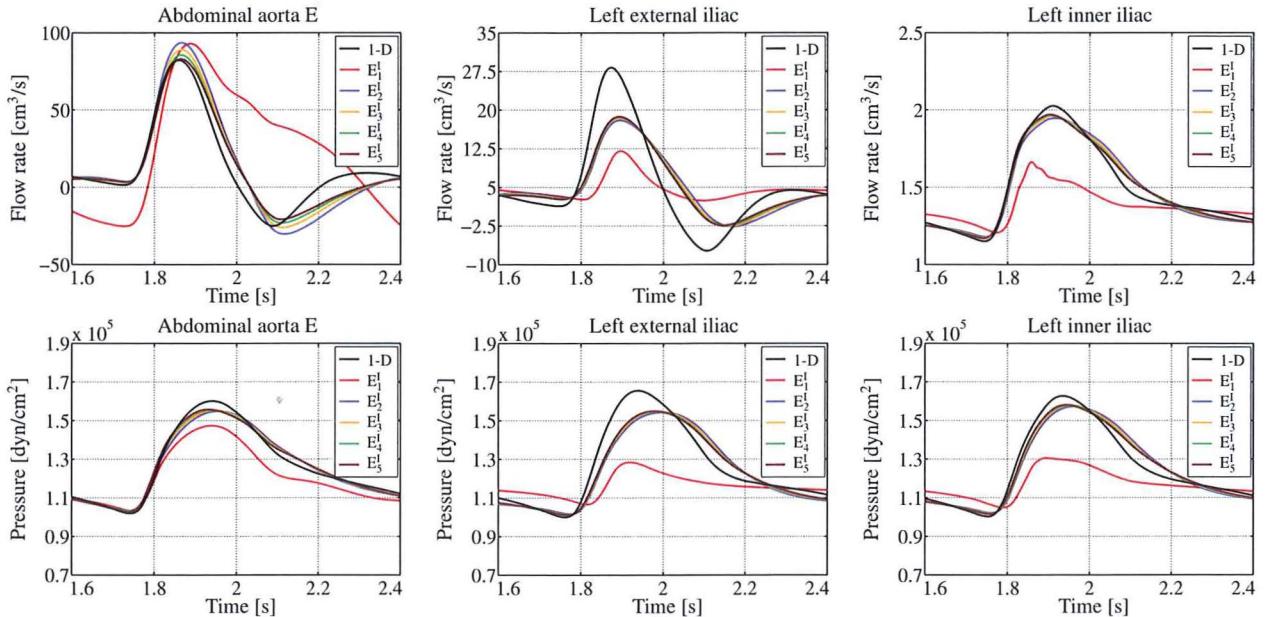


FIGURE 6. Flow rate and pressure comparison, at the third heart beat, for the sets of values given in Table 5 (elastic and viscoelastic behavior of the external tissues), at the most significant coupling interfaces between the 3-D iliac (see Fig. 2b) and the 1-D network. The black line is the solution of the full 1-D network.

previous section, the viscoelastic parameter is obtained from (7).

The results of this comparison, at the most significant coupling interfaces between the 3-D iliac and the 1-D network, are summarized in Fig. 6. There we observe that, apart from case E_1^I , whose tissues are clearly not stiff enough (the pressure level is significantly lower than the reference one), all the other cases lead to results in a physiological regime. Moreover, there are no significant differences among the last four cases, even if the parameters change considerably. This confirms the results of the previous section. In particular, we remark that the high sensitivity observed in Fig. 3 for the aorta was mainly due to the lack of damping terms and, consequently, to the high-frequency oscillations in the solution, rather than to a true sensitivity to the elastic parameter k_S .

Regarding the displacement of the 3-D arterial wall, similarly to the previous section, we observe a gradual

decrease in the displacement magnitude with respect to an increase in the value of the tissues parameters. No overinflations appear along the iliac branches in all the simulated cases. However, even in the stiffer case, we observe some severe overinflations at all the three bifurcations. This non-physiological behavior is due to the local reduced stiffness of the vessel, which in turn is caused by the fact that at the branching points the lumen of the vessel increases significantly, while the thickness of the wall gradually diminish (since the distal branches have a smaller radius). In the real patient, these large deformations are prevented thanks to the support of the external tissues and to the presence of collagen fibers, which are not accounted in our model.

To solve this issue without introducing a more complex model for the 3-D vessel wall, we use a second configuration of the iliac geometry, where two additional regions are introduced at the bifurcations (see

TABLE 6. Empirical external tissues coefficients at the bifurcations of the 3-D iliac (green and magenta wall regions in Fig. 2c).

Artery	k_S (dyn/cm ³)				c_S (dyn/cm ³)
	E_4^I	E_{4a}^I	E_{4b}^I	E_{4c}^I	
Abdominal aorta (bifurcation)	100,000	200,000	300,000	400,000	$k_S/10$
Left/right common iliac (bifurcations)	140,000	280,000	420,000	560,000	$k_S/10$

From the reference case E_4^I (see Table 5), we define three additional configurations.

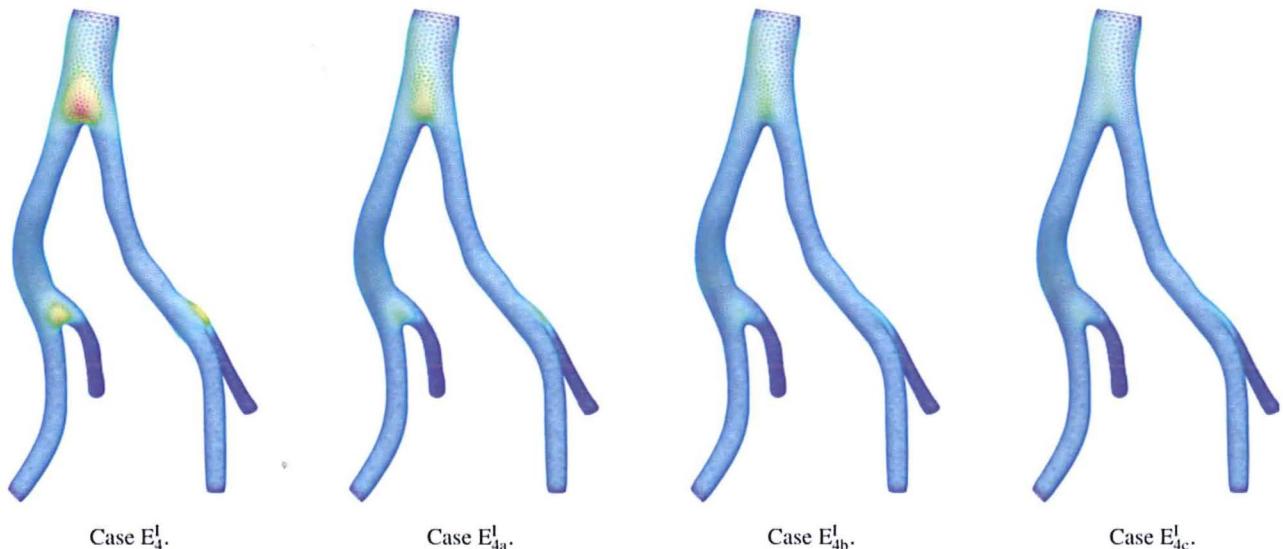


FIGURE 7. Wall displacement magnitude comparison, at the end-systole of the third heart beat ($t = 2.0$ s), for the sets of values given in Table 6 (stiffening of the bifurcations), of the 3-D iliac (see Fig. 2c) coupled with the 1-D network (not shown). The color bar ranges from blue (0.0 cm) to red (0.5 cm).

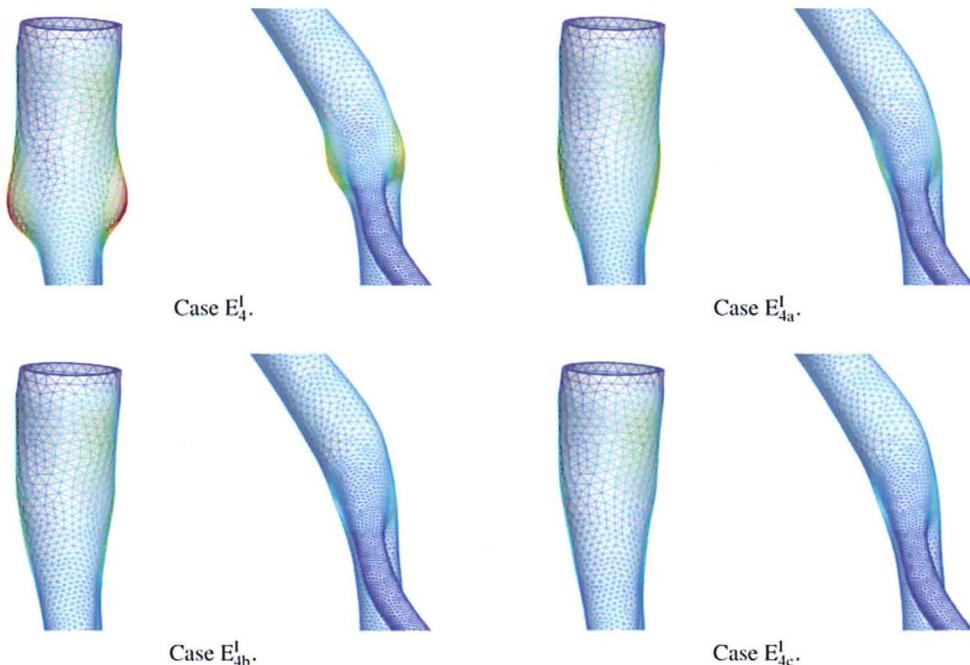


FIGURE 8. Lateral view of the top and low left bifurcations for the four cases in Fig. 7.

Fig. 2c). Then we choose case E_4^I as the reference one, and we introduce three additional sets of values for the tissues parameters at the iliac bifurcations, as detailed in Table 6. As before, the values of the different cases are chosen as multiples of the reference one.

In Fig. 7 we compare the magnitude of the displacement field of the 3-D iliac arterial wall for the different cases. The graphs show that at each increase in the values of the tissues parameters, the overinflations at the branches diminish. This phenomenon is more visible in Fig. 8, where an enlarged lateral view of the top and low left bifurcations is shown. In addition, a further analysis of the flow rate and pressure waveform at the coupling interfaces (which for brevity is not

presented here) shows no significant changes compared to the results in Fig. 6. In view of these results we conclude that, despite their simple formulation, Robin boundary data provide a reliable way to account for the effect of external tissues over the arterial wall. Moreover, they can be used to somehow compensate a local lack of stiffness due to particular geometrical topologies, at least in healthy arteries.

Solid Ring Boundary Condition Comparisons

In this section we compare the solution of geometrical multiscale models in which the boundary solid rings of the 3-D geometries are fixed, as opposed to the

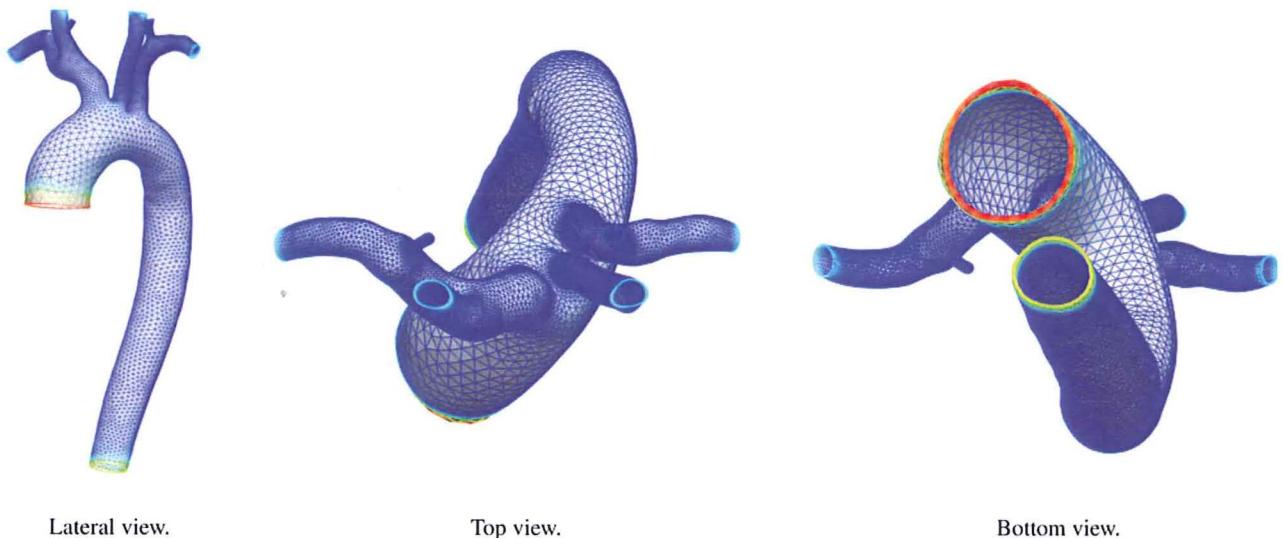


FIGURE 9. 3-D aorta wall displacement magnitude difference, at the end-systole of the sixth heart beat ($t = 4.4$ s), between the scaled area and the fixed area cases. The color bar ranges from blue (0.0 cm) to red (0.2 cm).

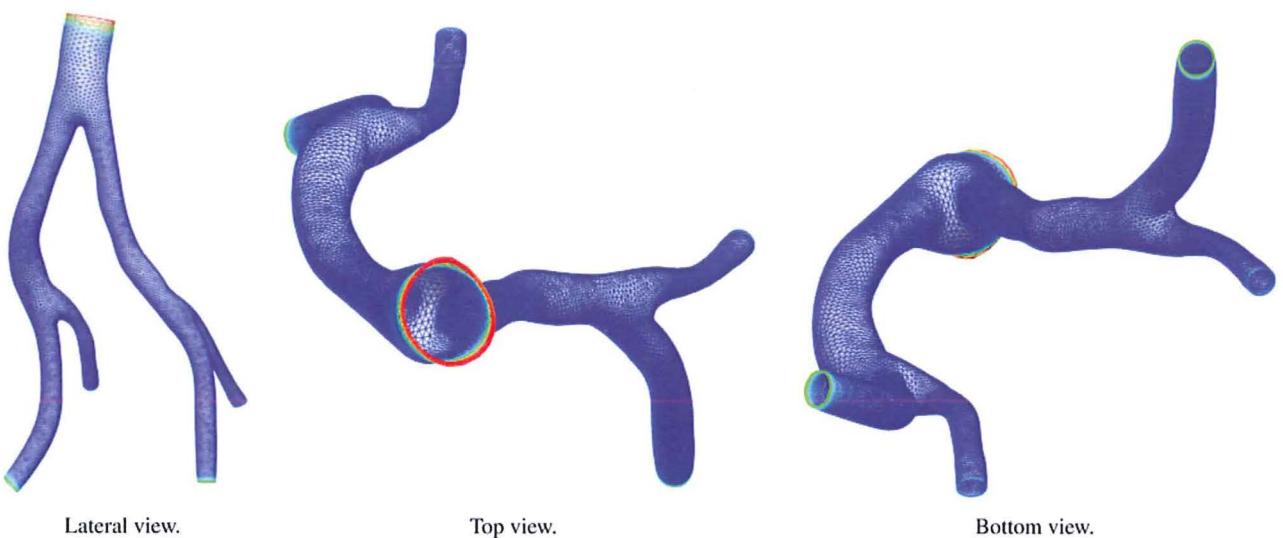


FIGURE 10. 3-D iliac wall displacement magnitude difference, at the end-systole of the sixth heart beat ($t = 4.4$ s), between the scaled area and the fixed area cases. The color bar ranges from blue (0.0 cm) to red (0.1 cm).

case where the same 3-D boundary interfaces are scaled to enforce the continuity of the vessels size with the surrounding 1-D arteries. For these comparisons we use the same geometrical multiscale models introduced in the “External Tissues Parameters Comparisons: 3-D Aorta” and “External Tissues Parameters Comparisons: 3-D Iliac” sections. For the values of the elastic parameter of the external tissues, we select cases E_4^A and E_4^I for the aorta and iliac, respectively, while the viscoelastic parameter is given by (7).

In Figs. 9 and 10 several views of the magnitude difference of the two 3-D geometries displacement fields are shown. In particular, we observe that a significant difference between the two cases exists only near the coupling interfaces, where the boundary conditions change. In the other parts of the wall the result is almost the same. In addition, a further analysis of the flow rate and pressure waveform at the coupling interfaces (which for brevity is not presented here) shows no significant differences between the two

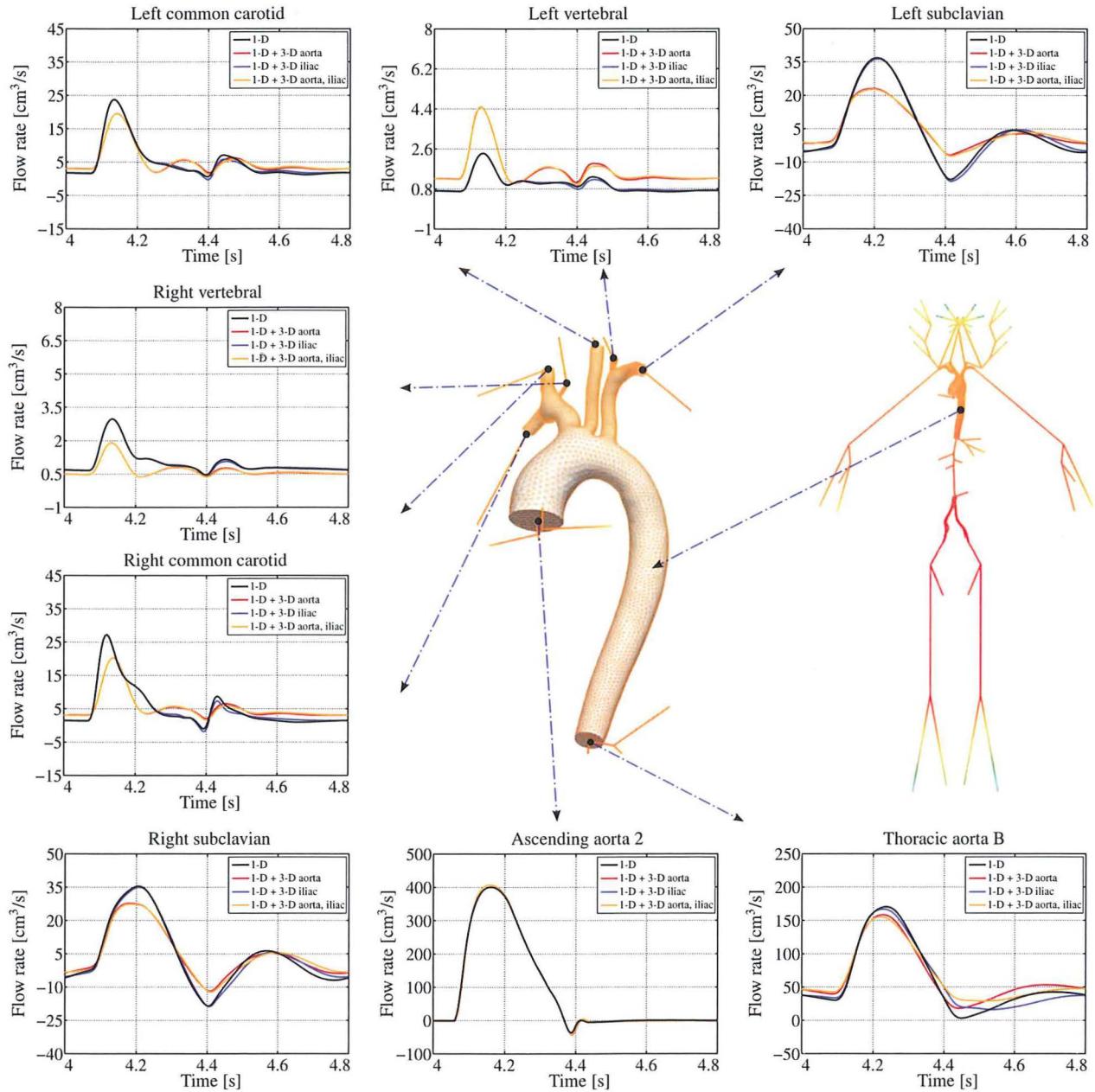


FIGURE 11. Flow rate comparison, at the sixth heart beat, for different configurations of the global arterial network, at the eight interfaces of the 3-D aorta. The color of the 3-D picture represents the pressure field at the end-systole of the sixth heart beat ($t = 4.4$ s), where the color bar ranges from blue (80,000 dyn/cm²) to red (165,000 dyn/cm²). Positioning of 1-D network elements is purely visual.

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configurations. This is coherent with the St. Venant–Kirchhoff theory, which states that the influence of the boundary conditions is bounded to the boundaries in dissipative systems. In view of these results we conclude that the continuity of the vessel area between 3-D and 1-D models is not essential for cardiovascular applications, unless the focus of the analysis is on the study of the dynamics and stresses of the wall near the boundary interfaces. On the contrary, it might still be relevant to avoid (or at least reduce) the generation of spurious interface wave reflections in other flow regimes.³⁷

Geometrical Multiscale Models Comparisons

In this section we present several comparisons among different geometrical multiscale models. More precisely we compare the results of the full 1-D arterial tree described in the “Human Arterial Tree Model” section, which represents an average healthy patient,

with the two dimensionally-heterogeneous models introduced in the “External Tissues Parameters Comparisons: 3-D Aorta” and “External Tissues Parameters Comparisons: 3-D Iliac” sections, and a third model where the 3-D aorta and iliac geometries are coupled together within the same 1-D network. The purpose of the latest model is twofold: on the one hand, it serves to prove the robustness of the presented algorithms in configurations where more than a single 3-D FSI model is included; on the other hand, it is used to analyze the combined effect of multiple disjoint 3-D geometries embedded in the same arterial network, compared to the cases in which just one single 3-D geometry is considered. For all the configurations, we impose the continuity of the vessel area through (6) at the interfaces between the 3-D geometries and the 1-D arteries. Regarding the values of the elastic parameter of the external tissues, we select cases E_4^A and E_{4b}^I for the aorta and iliac, respectively, while the viscoelastic parameter is given by (7).

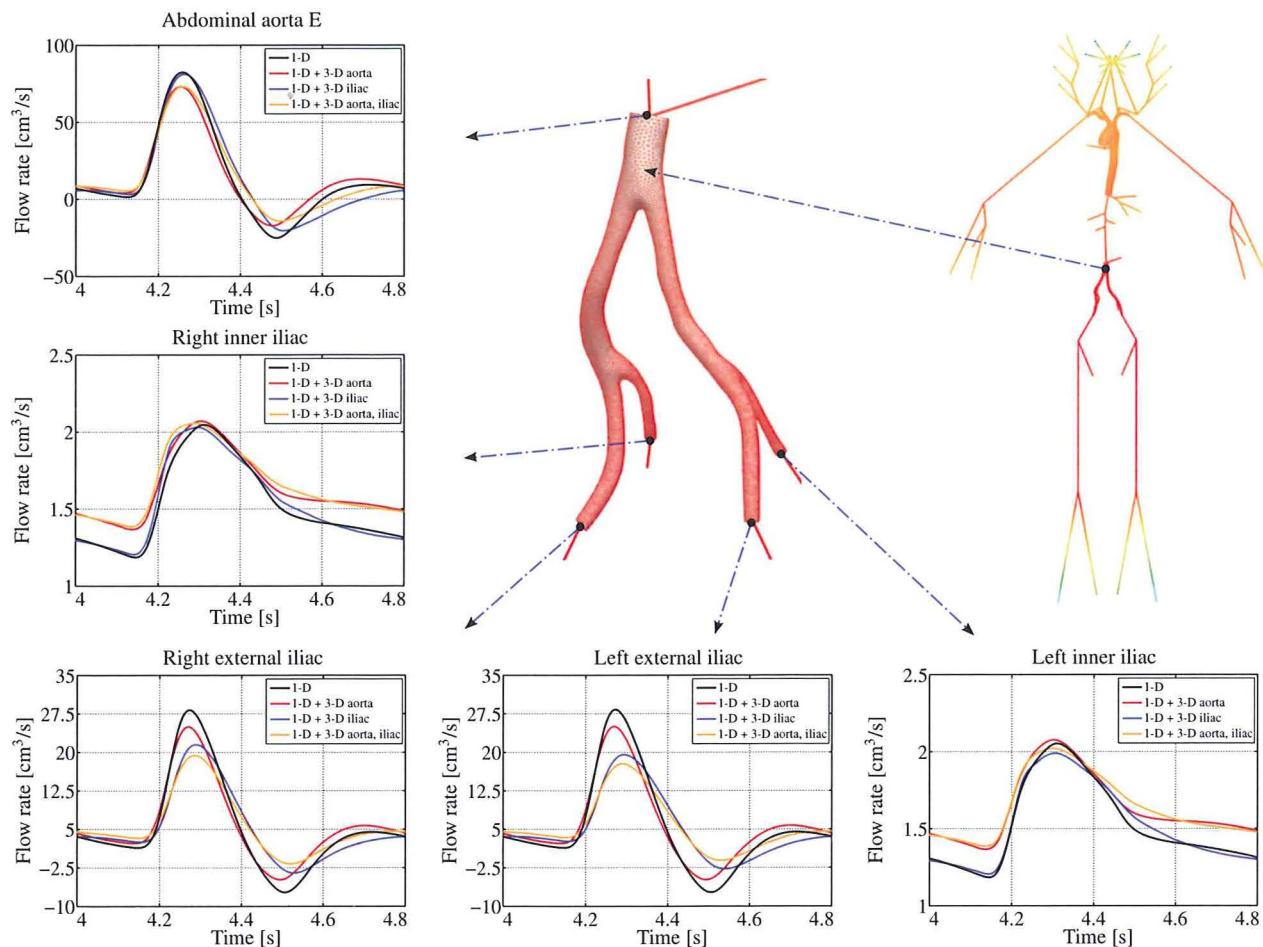


FIGURE 12. Flow rate comparison, at the sixth heart beat, for different configurations of the global arterial network, at the five interfaces of the 3-D iliac. The color of the 3-D picture represents the pressure field at the end-systole of the sixth heart beat ($t = 4.4$ s), where the color bar ranges from blue (80,000 dyn/cm²) to red (165,000 dyn/cm²). Positioning of 1-D network elements is purely visual.

The results of the flow rate waveform comparison at all the coupling interfaces between the 1-D network and the 3-D aorta and iliac are summarized in Figs. 11 and 12, respectively. First of all, we observe that the presence of the 3-D iliac geometry has almost no effect on the upstream solution (apart in the thoracic aorta B interface, which is quite close to the iliac artery), while the 3-D aorta produces a visible, even if small, difference in the downstream flow (see, e.g., the external iliac interfaces). In addition, even if the inlet flow rate is the same in all the cases (see ascending aorta 2 flow rate in Fig. 11) the flow rate at the seven outlets of the aorta is

slightly different. This can be justified by observing that the 3-D geometry of the aorta is not symmetric (particularly, the branches have different left and right vessel sizes), thus inducing a different splitting of the flow compared to the one obtained for the full 1-D arterial tree. Particularly, this difference is more pronounced in the vertebral arteries, where the left/right area is equal to 0.1 cm^2 in the 1-D network, while in the 3-D geometry we have 0.2 cm^2 on the left side and 0.07 cm^2 on the right one.

Regarding the behavior of the pressure and, consequently, of the radial scale factor, which are shown in

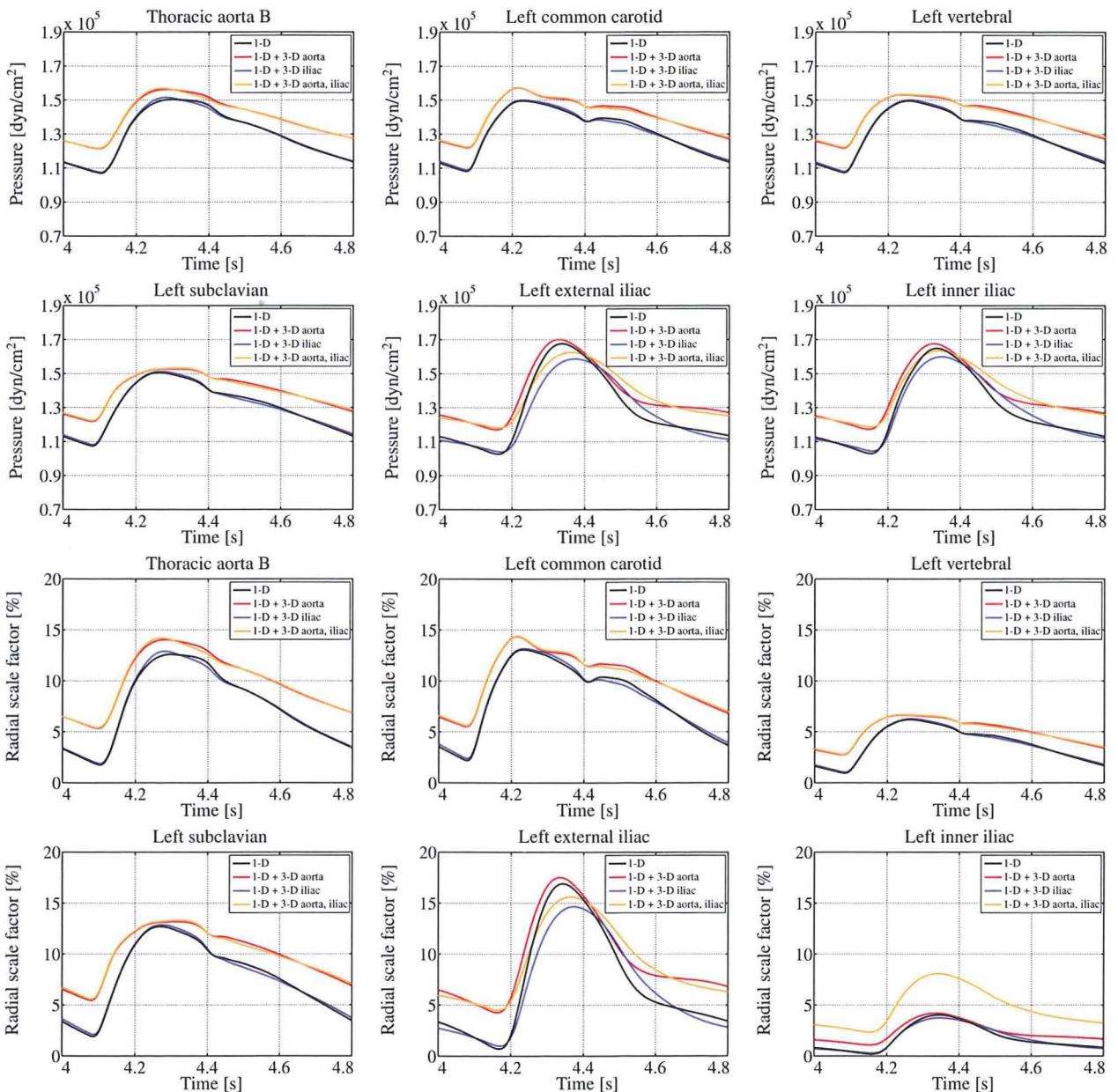


FIGURE 13. Pressure and radial scale factor comparisons, at the sixth heart beat, for different configurations of the global arterial network, at the most significant coupling interfaces of the 3-D aorta and iliac (see Figs. 11 and 12).

Comparison of Geometrical Multiscale Models for Arterial Flows

Fig. 13, we observe a difference in mean values between the cases with and without the 3-D aorta geometry. This is due to an increase in the resistance between the inlet and the outlet, which in turn is due to the presence of 3-D fluid dynamics. This was confirmed by a sensitivity analysis with respect to the Young's modulus (for brevity not reported here), which has shown almost no effect on the level of the end-diastolic pressure. A possible motivation for the increase of the resistance could be related to the presence of the

curvature of the aortic arch in the 3-D model, which is not accounted in the 1-D problem. Moreover, recirculation regions as well as friction forces at branching points are also neglected in the 1-D case. In view of these results, we conclude that 3-D patient-specific geometries might have a significant effect on the arterial flow, even in the case of healthy arteries. The presence of geometrical singularities and pathologies, such as aneurysms and stenoses, would probably increase this effect and will make the subject of future works.

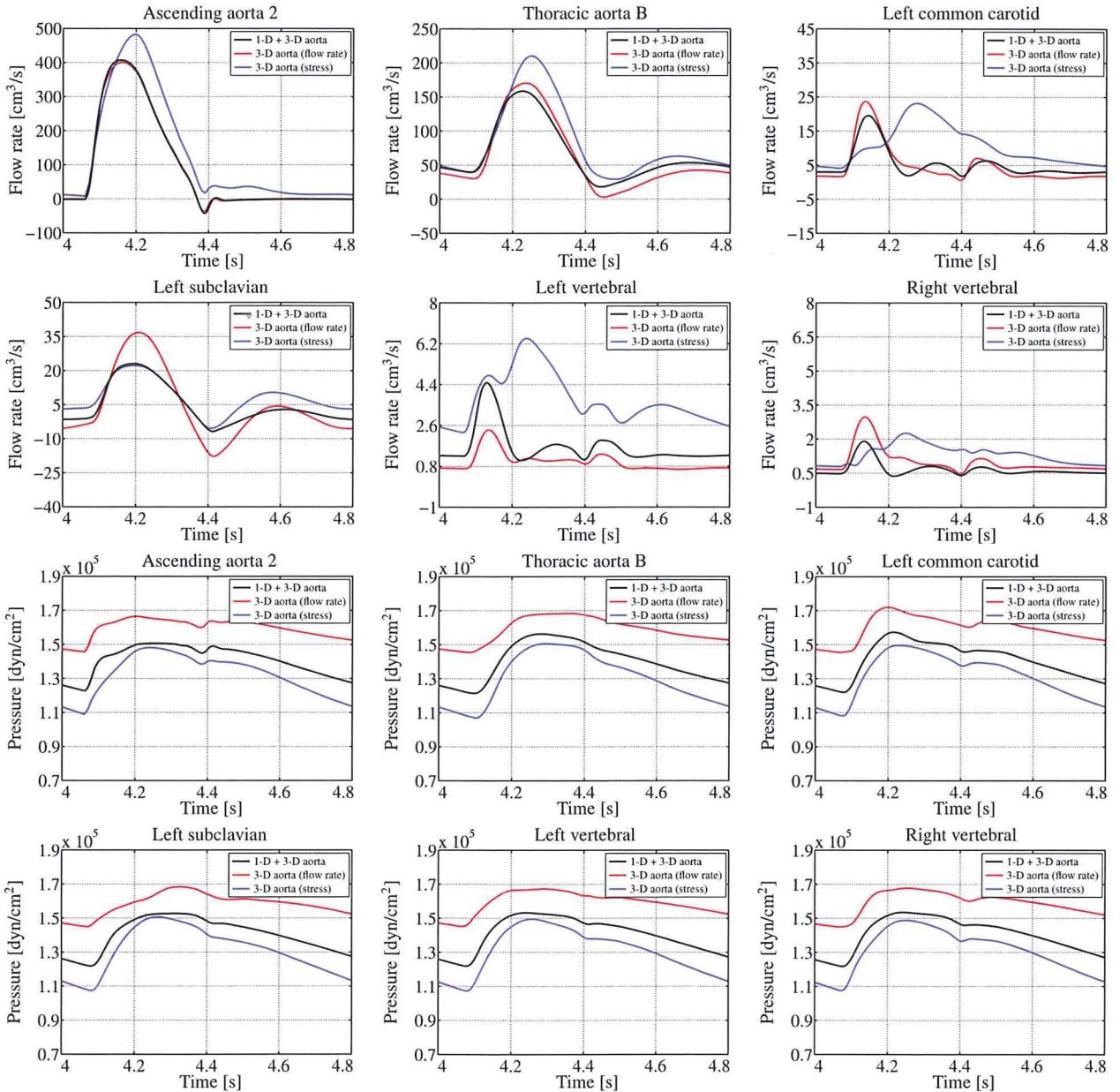


FIGURE 14. Flow rate and pressure comparisons, at the sixth heart beat, between the solution of the geometrical multiscale problem and the one of the stand-alone 3-D aorta with flow rate or stress boundary data from the full 1-D network, at the most significant coupling interfaces of the 3-D aorta.

Stand-Alone 3-D FSI Modeling

In this section we set up a comparison between the results of the geometrical multiscale models presented in the “External Tissues Parameters Comparisons: 3-D Aorta” and “External Tissues Parameters Comparisons: 3-D Iliac” sections, and their stand-alone 3-D FSI simulations counterparts. More precisely, the stand-alone 3-D problems are set up by considering the same 3-D geometries and data used in the two reference geometrical multiscale models (cases E_j^0 and E_{4b}^1 , respectively, where the viscoelastic parameter is given by (7)). However, at the boundary interfaces, instead of imposing the set of conservation equations with the surrounding models, as described in the “Interface Equations for the Global Network of Models” section we prescribe either flow rate or stress time profiles, taken from a precomputed solution of a full 1-D arterial tree. Following the same approach, we also impose the radial scale factor time profile on the solid ring boundary interfaces, such that they are not fixed.

The flow rate and pressure waveform comparisons, at the most significant coupling interfaces between the 3-D aorta and the 1-D network, are summarized in Fig. 14. The results show significant differences between the reference configuration, i.e., the geometrical multiscale model, and the solution computed by solving the stand-alone 3-D aorta model. For instance, let us consider the flow rate waveform. The red lines coincide with the precomputed (and imposed) solution of the full 1-D

arterial tree, which is different from the one of the geometrical multiscale model, as already discussed in the “Geometrical Multiscale Models Comparisons” section. On the contrary, the blue lines are computed by imposing a stress boundary data. However, even in this case, the resulting flow rate is significantly different from the reference one. In particular, the flow rate prediction in the left common carotid and vertebral arteries are clearly incorrect. Regarding the pressure waveform, where the precomputed solution of the full 1-D arterial network coincides with the blue lines, a visible mismatch between the reference solution and the stand-alone cases is always present. In particular, the average pressure level is overestimated when the flow rate is imposed, and underestimated when the stress is prescribed. As a consequence of the different flow rate and pressure waveform, also the displacement field changes, as shown in Fig. 15. The differences with respect to the reference case are more evident when imposing the flow rate, where we also observe a non-physiological excessive strain (overinflation) of the left common carotid artery, even if we use the same values for the tissues parameters in both simulations.

Regarding the stand-alone 3-D iliac model, similar considerations hold, as shown in Figs. 16 and 17. Among other things, we highlight the totally incorrect flow rate prediction in the left inner iliac artery when imposing a stress boundary data.

The results of these comparisons prove the importance of the geometrical multiscale approach in the

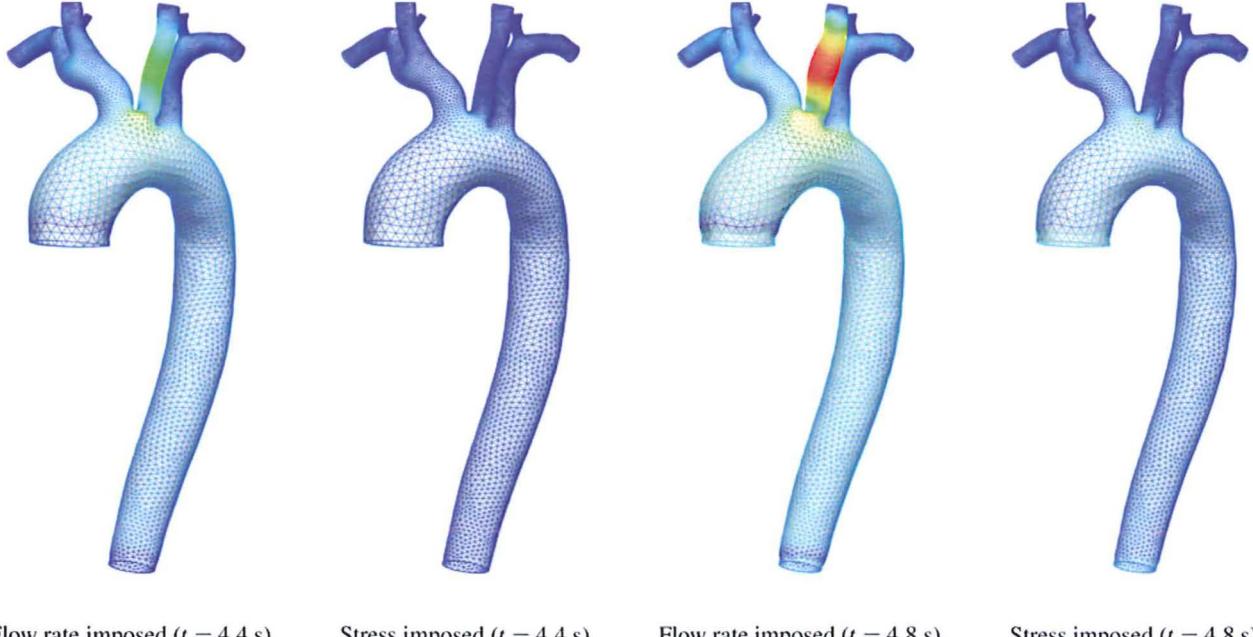


FIGURE 15. 3-D aorta wall displacement magnitude difference, at the end-systole and end-diastole of the sixth heart beat, between the solution of the geometrical multiscale problem and the one of the stand-alone 3-D aorta with flow rate or stress boundary data from the full 1-D network. The color bar ranges from blue (0.0 cm) to red (0.5 cm).

Comparison of Geometrical Multiscale Models for Arterial Flows

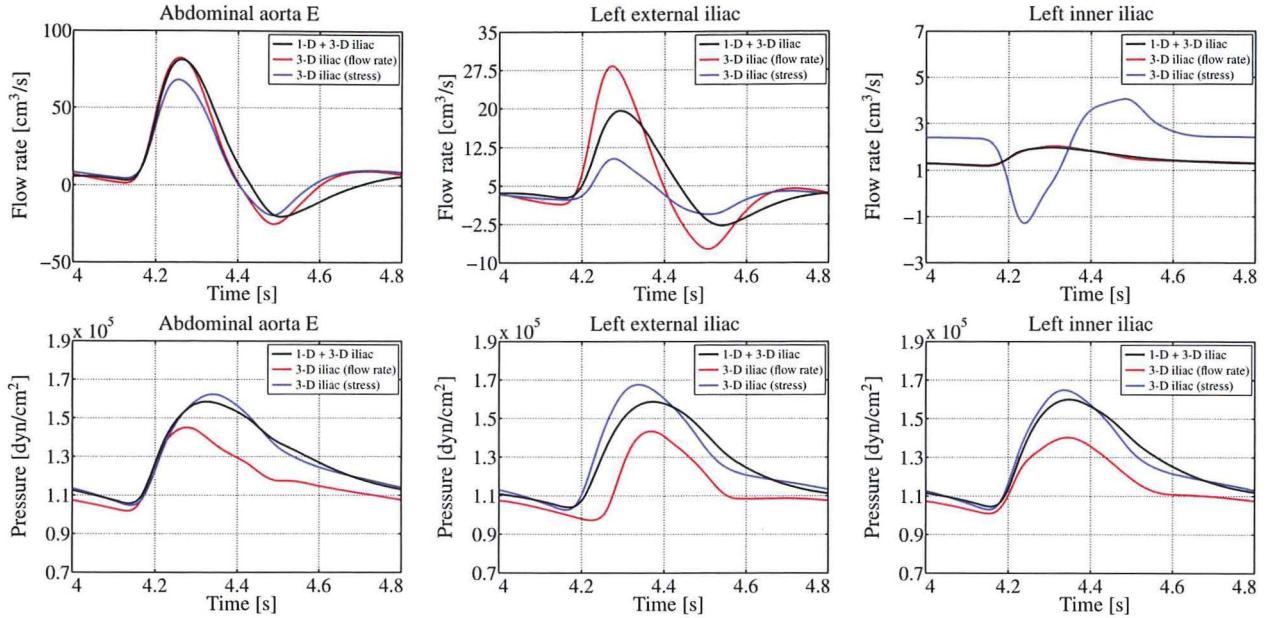


FIGURE 16. Flow rate and pressure comparisons, at the sixth heart beat, between the solution of the geometrical multiscale problem and the one of the stand-alone 3-D iliac with flow rate or stress boundary data from the full 1-D network, at the most significant coupling interfaces of the 3-D iliac.

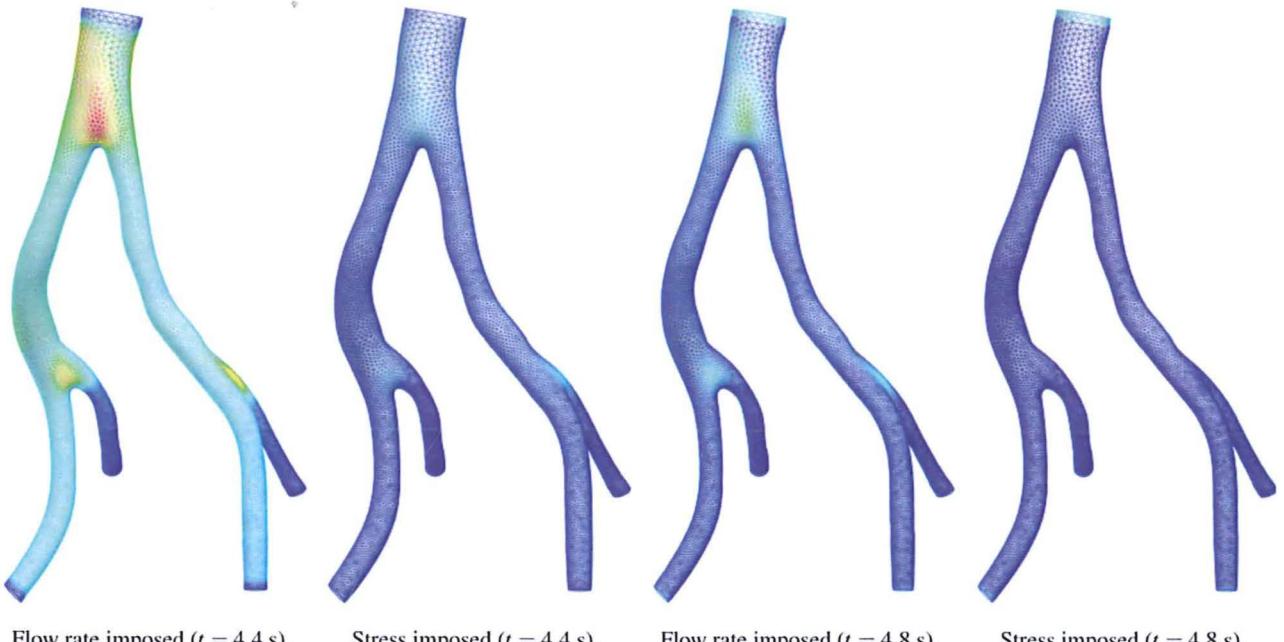


FIGURE 17. 3-D iliac wall displacement magnitude difference, at the end-systole and end-diastole of the sixth heart beat, between the solution of the geometrical multiscale problem and the one of the stand-alone 3-D iliac with flow rate or stress boundary data from the full 1-D network. The color bar ranges from blue (0.0 cm) to red (0.5 cm).

modeling of cardiovascular flows. The different behavior of the stand-alone 3-D FSI simulations with respect to the geometrical multiscale model reference cases is mainly due to the lack of dynamic interplay between the dimensionally-heterogeneous models.

Indeed, on the one hand, the set of conservation equations described in the “Interface Equations for the Global Network of Models” section provides a reliable and automatic way to determine the boundary data of each coupled model. On the other hand, they also

provide bilateral information on both flow rate and pressure, independently of the imposed boundary condition type.

CONCLUSIONS

In this work, we presented several numerical comparisons of geometrical multiscale models. A brief description of the main ingredients of the geometrical multiscale approach has been recalled from previous works, together with the partitioned solution strategy used to set up the global network of dimensionally-heterogeneous models.

The purposes of this work were manifold. A first goal was to describe in detail a possible approach to set up and solve geometrical multiscale problems (not only regarding interface equations, network connectivity and solution algorithms, but also with a focus on the set up of the specific problems), and to give more insight on the calibration of the most critical parameters needed by the numerical simulations. In this regard we first provided a short description of the procedure required to plug one or more 3-D patient-specific geometries in a 1-D arterial tree network, whose parameters were calibrated to represent an average healthy patient. Then we set up several comparisons to study the sensitivity of the main quantities of interest (flow rate, pressure, and solid wall displacement) with respect to the elastic and viscoelastic external tissues parameters. These quantities, which appear in the Robin boundary condition on the solid wall of the 3-D FSI models, are empiric coefficients whose evaluation is rather difficult. The results of our analysis show that:

1. the use of purely elastic Robin boundary conditions together with a linear elastic structure might lead to spurious high-frequency oscillations in some arteries, due to the total lack of damping terms in the structural model;
2. viscoelastic Robin boundary conditions can be used to somehow compensate for the lack of damping terms in 3-D FSI model, at least in healthy arteries, where a linear elastic structure can still be considered a reasonable approximation;
3. a simple empiric relation can be used to determine the value of the viscoelastic parameter as a function of the elastic one;
4. above a certain threshold, the sensitivity of the flow rate and pressure waveform to a variation of the external tissues parameters is very small.

In future works, additional investigations will be performed to confirm the results of the first two

points. A possible strategy to do this is to try to reproduce the high-frequency oscillations observed in the vertebral arteries by using simpler geometrical configurations, such as a cylindrical benchmark case where the radius, the material properties, and the inflow wave are chosen to be similar to those at the simulated vertebral arteries. In addition, further sets of simulations will be performed on the 3-D geometry of the aorta by varying, for instance, the local thickness of the wall or by including a more accurate model for the structure. Anyway, despite these aspect, we showed that it is possible to estimate, in a systematic way, an admissible range of values for these parameters, such that they lead to reliable physiological results.

Another goal of this work was to prove the importance of the geometrical multiscale approach in the modeling of cardiovascular flows. To do this we compared the results given by geometrical multiscale models with both the solution of a full 1-D arterial tree, and the one of stand-alone 3-D problems, where the 3-D patient-specific geometries were fed with boundary data taken from a precomputed solution of the same full 1-D network. Main results of this analysis are:

1. 3-D patient-specific geometries might produce significant changes in the 1-D arterial flow, even in the case of healthy arteries;
2. flow rate and pressure waveforms produced by stand-alone 3-D FSI simulations are different (and in some cases far) from the ones obtained in comparable geometrical multiscale scenarios: this is due to the fact that stand-alone 3-D FSI simulations lack the dynamic interplay among the dimensionally-heterogeneous models;
3. the continuity of the vessel area between 3-D and 1-D FSI models is not essential for cardiovascular applications, unless the focus of the analysis is on the study of the dynamics and stresses of the wall near the boundary interfaces.

In summary, despite their increased complexity and computational cost with respect to either 1-D arterial networks or simpler stand-alone 3-D FSI simulations, geometrical multiscale models represent a powerful, accurate tool to study in detail complex cardiovascular problems. Indeed, they give the possibility to detail some specific regions of interest by the mean of 3-D FSI models, evaluating local hemodynamics parameters (e.g., wall shear stress, turbulent flow, regions of recirculation) without neglecting the interaction with the global circulation, accounted through a network of 1-D elements.

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CONFLICT OF INTEREST

All authors declare that no conflicts of interest exist.

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