Supplementary material

Table A1:. Change in perceived stress during the Covid19 pandemic: Marginal effects

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|  |  | | Perceived stress | | | |  |  |
|  | M1 |  | |  | M2 |  |  |  |
| **Social isolation** |  |  | |  |  |  |  |  |
| Covid-19 risk group: no | -0.187 | [-0.224, -0.150] | |  | -0.180 | [-0.217, -0.142] |  |  |
| Yes | -0.107 | [-0.166, -0.048] | |  | -0.122 | [-0.181, -0.063] |  |  |
| Single household: no | -0.163 | [-0.198, -0.129] | |  | -0.171 | [-0.206, -0.135] |  |  |
| yes | -0.151 | [-0.242, -0.060] | |  | -0.121 | [-0.216, -0.026] |  |  |
| Partner: No partner | -0.206 | [-0.284, -0.128] | |  | -0.223 | [-0.302, -0.145] |  |  |
| Living with partner | -0.146 | [-0.187, -0.106] | |  | -0.140 | [-0.181, -0.100] |  |  |
| Partner not in household | -0.167 | [-0.272, -0.061] | |  | -0.172 | [-0.278, -0.066] |  |  |
| Age group |  |  | |  |  |  |  |  |
| 18-25 years | -0.207 | [-0.335, -0.079] | |  | -0.267 | [-0.417, -0.118] |  |  |
| 26-45 years | -0.180 | [-0.241, -0.120] | |  | -0.152 | [-0.218, -0.087] |  |  |
| 46-55 years | -0.249 | [-0.316, -0.182] | |  | -0.212 | [-0.284, -0.140] |  |  |
| 56-65 years | -0.170 | [-0.239, -0.101] | |  | -0.154 | [-0.224, -0.083] |  |  |
| 66-75 years | -0.105 | [-0.189, -0.022] | |  | -0.149 | [-0.245, -0.052] |  |  |
| 76 years and older | -0.008 | [-0.103, 0.087] | |  | -0.072 | [-0.181, -0.037] |  |  |
| **Workload** |  |  | |  |  |  |  |  |
| Gender: Men | -0.164 | [-0.205, -0.150] | |  | -0.149 | [-0.190, -0.108] |  |  |
| Women | -0.158 | [-0.197, -0.119] | |  | -0.172 | [-0.211, -0.133] |  |  |
| Children in the household: No | -0.164 | [-0.178, -0.113] | |  | -0.141 | [-0.174, -0.108] |  |  |
| Yes | -0.221 | [-0.291, -0.150] | |  | -0.238 | [-0.311, -0.165] |  |  |
| Work from home: No | -0.125 | [-0.158, -0.092] | |  | -0.143 | [-0.178, -0.109] |  |  |
| Yes | -0.274 | [-0.335, -0.213] | |  | -0.217 | [-0.286, -0.149] |  |  |
| Short time work: No | -0.164 | [-0.176, -0.116] | |  | -0.146 | [-0.176, -0.116] |  |  |
| Yes | -0.295 | [-0.385, -0.205] | |  | -0.296 | [-0.394, -0.199] |  |  |
| **Socioeconomic resources** |  |  | |  |  |  |  |  |
| Education |  |  | |  |  |  |  |  |
| Compulsory |  |  | |  | -0.063 | [-0.155, -0.030] |  |  |
| Upper Secondary |  |  | |  | -0.149 | [-0.190, -0.108] |  |  |
| Tertiary |  |  | |  | -0.201 | [-0.249, -0.153] |  |  |
| Working status |  |  | |  |  |  |  |  |
| Employed |  |  | |  | -0.203 | [-0.255, -0.150] |  |  |
| Self-employed |  |  | |  | -0.200 | [-0.313, -0.088] |  |  |
| Unemployed/looking for a job |  |  | |  | -0.027 | [-0.482, -0.058] |  |  |
| Inactive |  |  | |  | -0.088 | [-0.155, -0.021] |  |  |
| Fixed term contract\*employed |  |  | |  | -0.224 | [-0.374, -0.074] |  |  |
| Public sector\*employed |  |  | |  | -0.195 | [-0.267, 0.123] |  |  |
| In education: No |  |  | |  | -0.166 | [-0.196, -0.136] |  |  |
| Yes |  |  | |  | -0.108 | [-0.235, 0.019] |  |  |

Note: Average marginal effects of change-score models. Dependent variables refer to change, survey weights applied. 95% confidence intervals in brackets. Source: Swiss Household Panel (own calculation).

Table A2: Change in life satisfaction during the Covid19 pandemic: Marginal effects

|  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- |
|  |  | | Life satisfaction | | | |  |  |
|  | M1 |  | |  | M2 |  |  |  |
| **Social isolation** |  |  | |  |  |  |  |  |
| Covid-19 risk group: no | -0.023 | [-0.072, 0.027] | |  | -0.025 | [-0.075, -0.024] |  |  |
| Yes | -0.229 | [-0.306, -0.151] | |  | -0.223 | [-0.301, -0.145] |  |  |
| Single household: no | -0.087 | [-0.132, -0.041] | |  | -0.086 | [-0.133, -0.040] |  |  |
| yes | -0.100 | [-0.221, 0.020] | |  | -0.102 | [-0.228, -0.024] |  |  |
| Partner: No partner | -0.164 | [-0.268, -0.060] | |  | -0.161 | [-0.265, -0.056] |  |  |
| Living with partner | -0.078 | [-0.131, -0.024] | |  | -0.080 | [-0.134, -0.027] |  |  |
| Partner not in household | -0.002 | [-0.141, 0.137] | |  | -0.012 | [-0.128, 0.152] |  |  |
| Age group |  |  | |  |  |  |  |  |
| 18-25 years | -0.697 | [-0.866, -0.528] | |  | -0.644 | [-0.841, -0.447] |  |  |
| 26-45 years | -0.215 | [-0.294, -0.136] | |  | -0.188 | [-0.274, -0.102] |  |  |
| 46-55 years | -0.116 | [-0.204, -0.028] | |  | -0.095 | [-0.189, -0.001] |  |  |
| 56-65 years | -0.056 | [-0.147, 0.035] | |  | -0.053 | [-0.146, 0.040] |  |  |
| 66-75 years | 0.154 | [0.044, 0.264] | |  | -0.096 | [-0.031, 0.224] |  |  |
| 76 years and older | 0.261 | [0.135, 0.388] | |  | 0.198 | -0.053, 0.342] |  |  |
| **Workload** |  |  | |  |  |  |  |  |
| Gender: Men | -0.055 | [-0.109, -0.001] | |  | -0.045 | [0.100, -0.009] |  |  |
| Women | -0.121 | [-0.172, -0.069] | |  | -0.129 | [0.181, -0.078] |  |  |
| Children in the household: No | -0.083 | [-0.126, -0.040] | |  | -0.079 | [-0.123, -0.036] |  |  |
| Yes | -0.112 | [-0.205, -0.019] | |  | -0.097 | [-0.222, -0.031] |  |  |
| Work from home: No | -0.106 | [-0.150, -0.063] | |  | -0.106 | [-0.151, -0.061] |  |  |
| Yes | -0.036 | [-0.117, 0.045] | |  | -0.037 | [-0.127, 0.053] |  |  |
| Short time work: No | -0.093 | [-0.132, -0.054] | |  | -0.095 | [-0.135, -0.056] |  |  |
| Yes | -0.057 | [-0.176, 0.062] | |  | -0.034 | [-0.162, 0.094] |  |  |
| **Socioeconomic resources** |  |  | |  |  |  |  |  |
| Education |  |  | |  |  |  |  |  |
| Compulsory |  |  | |  | -0.021 | [-0.143, -0.102] |  |  |
| Upper Secondary |  |  | |  | -0.070 | [-0.124, -0.016] |  |  |
| Tertiary |  |  | |  | -0.129 | [-0.192, -0.067] |  |  |
| Working status |  |  | |  |  |  |  |  |
| Employed |  |  | |  | -0.104 | [-0.172, 0.036] |  |  |
| Self-employed |  |  | |  | 0.045 | [-0.104, 0.193] |  |  |
| Unemployed/looking for a job |  |  | |  | -0.718 | [-0.998, -0.437] |  |  |
| Inactive |  |  | |  | -0.075 | [-0.164, 0.014] |  |  |
| Fixed term contract\*employed |  |  | |  | 0.070 | [-0.128, 0.267] |  |  |
| Public sector\*employed |  |  | |  | -0.081 | [-0.176, 0.014] |  |  |
| In education: No |  |  | |  | -0.073 | [-0.112, 0.033] |  |  |
| Yes |  |  | |  | -0.275 | [-0.443, -0.107] |  |  |
|  |  |  | |  |  |  |  |  |
|  |  |  | |  |  |  |  |  |

Note: Average marginal effects of change-score models. Dependent variables refer to change, survey weights applied. 95% confidence intervals in brackets. Source: Swiss Household Panel (own calculation).