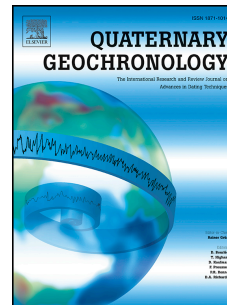


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# 1 **Infrared Radiofluorescence (IR-RF) dating: a review**

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24

25 **Abstract**

26 Luminescence dating methods on natural minerals such as quartz and feldspars are indispensable  
27 for establishing chronologies in Quaternary Science. Commonly applied sediment dating  
28 methods are optically stimulated luminescence (OSL) and infrared stimulated luminescence  
29 (IRSL). In 1999, Trautmann et al. (1999a, b) proposed a new related technique called infrared  
30 radiofluorescence (IR-RF). IR-RF denotes the infrared luminescence signal resulting from  
31 exposure to ionizing radiation and potentially offers a significant methodological advance  
32 compared to OSL and IRSL regarding luminescence signal stability, dating range and required  
33 measurement time. The method has rarely been applied due to a lack of commercially available  
34 measurement equipment but experienced a revival during the last years. The present article  
35 provides a state-of-the-art overview of the physical background of IR-RF, its challenges,  
36 applications and the potential as a dating method. The paper particularly addresses practical  
37 considerations for applying IR-RF dating, including signal bleachability and saturation  
38 behaviour, and summarizes proposed solutions.

39 **Keywords:** Infrared radiofluorescence; Radioluminescence; Feldspar; Chronology;  
40 Luminescence dating

## 41 1 Introduction

42 In the late 1990s, Trautmann et al. (1998) characterized radioluminescence signals, the emission  
43 stimulated by ionizing radiation, from various feldspar specimens to investigate their potential  
44 for dating applications. Focusing first on radiation-induced emissions in the UV and yellow  
45 wavelength range, where luminescence signal increases with radiation dose, they incidentally  
46 observed the opposite for potassium bearing (K-) feldspar specimen such as microcline and  
47 orthoclase: a dose-dependent signal decrease of the emission centred at 854 nm (1.45 eV; based  
48 on peak tail fitting only). Later, Trautmann et al. (1999a, b), Schilles (2002) and Erfurt and  
49 Krbetschek (2003a) determined that the emission peak was centred at 865 nm (1.43 eV).  
50 Trautmann et al. (1998) recognized that this emission energy is similar to the excitation energy  
51 used for infrared stimulated luminescence (IRSL, Hütt et al., 1988) and consequently interpreted  
52 this process as a luminescent transition (trapping) of electrons. Their pioneer work paved the  
53 way to what is known today as infrared radiofluorescence (IR-RF) dating; the method first  
54 proposed by Trautmann et al. (1999a, b) and termed by Erfurt and Krbetschek (2003a, b).  
55 The IR-RF signal is believed to be a direct measure of the fraction of empty electron traps, unlike  
56 conventional luminescence dating methods such as those based on thermoluminescence (TL, cf.  
57 Aitken, 1985a), optically stimulated luminescence (OSL, Huntley et al., 1985; Aitken, 1998) and  
58 infrared stimulated luminescence (IRSL, Hütt et al., 1988), for which the signals are associated  
59 with more complex recombination pathways. Since the IR-RF signal intensity *decreases* with  
60 increasing dose, it can be used for dosimetry and dating purposes. IR-RF may provide  
61 advantages over conventional single aliquot regenerative (SAR, Murray and Wintle, 2000) dose,  
62 IRSL dating methods (e.g., SAR IRSL, Wallinga et al., 2000) or its derivatives deploying higher  
63 reading temperatures (post-IR IRSL, Thomsen et al., 2008; MET-pIRIR, Li and Li, 2011a) in  
64 terms of required measurement time (relatively short protocol, cf. Erfurt and Krbetschek, 2003b),  
65 resolution of the dose-response curve (continuous recording of data points) and dating range  
66 (Sec. 7). Nevertheless, IR-RF as a dating method is still subject to ongoing research, with its  
67 general applicability being questioned (Buylaert et al., 2012). On the contrary, recent  
68 technological and methodological work, e.g., on the optical resetting of the IR-RF signal, and  
69 improved routines for dose estimation have yielded promising results (Frouin, 2014; Frouin et  
70 al., 2015, 2017; Huot et al., 2015; Kreutzer et al., 2017; Murari et al., 2018).

71 This contribution provides an overview of past and recent developments of IR-RF from K-  
72 feldspar as a dating method. We summarize current knowledge on existing models on the origin  
73 of IR-RF, outline commonly applied measurement procedures and equipment, and highlight  
74 shortfalls, challenges and open questions. Understanding what remains unknown may stimulate  
75 discussions and lead to improved experimental designs towards a full establishment of IR-RF as  
76 a valuable chronological tool.

## 77 **2 Origin of the IR-RF signal and relevant models**

78 The 1.43 eV (865 nm) IR-RF emission of K-feldspar (Trautmann et al., 1999a, b; 1.45 eV in  
79 Trautmann et al., 1998, see below for an explanation) has the same energy as the typical  
80 excitation maximum of IRSL (Hütt et al., 1988; Poolton et al. 2002a, b), which led Trautmann et  
81 al. (1998) to suggest that both signals are derived from the same principal electron trap. More  
82 recent observations of infrared photoluminescence (IR-PL; Prasad et al., 2017) seem to support  
83 this hypothesis (see also Kumar et al., 2018). Further studies by Kumar et al. (2020) generally  
84 confirmed this view but extended the understanding by assigning two different defect sites to the  
85 principal trap based on their cathodoluminescence measurements.

86 Trautmann et al. (1999a, b) and Trautmann (2000) proposed a model for the IR-RF emission of  
87 feldspar whereby IR-RF results from the transition of an electron from the conduction band to  
88 the ground state of the IRSL trap through the excited state.

89 Figure 1 illustrates the different electronic transitions associated with IRSL and IR-RF  
90 production in one plot. Please note: Although we compiled different ideas in one figure, our  
91 graphical representation *should not* be considered a new model. In Fig. 1, continuous exposure to  
92 ionizing radiation leads to a constant flow of electrons from the valence band to the conduction  
93 band [a], from which electrons can either recombine radiatively [b] or non-radiatively (not  
94 shown for clarity), or become trapped [c]. As irradiation persists, the IRSL trap [c] becomes  
95 filled, resulting in more electrons recombining radiatively [b], accounting for the observed rise in  
96 the ultraviolet (UV)-RF and visible light (VIS)-RF emissions at higher doses (Trautmann et al.,  
97 1999a). However, this model raises two major questions: (1) why does the IR-RF signal not fully  
98 saturate during laboratory irradiation, resulting in a zero or negligible IR-RF signal, and (2) to  
99 bleach, why does the IR-RF signal require exposure to light of higher energies than IR (e.g.,

100 Trautmann et al., 1998, 1999a, b; Frouin et al., 2015, 2017), whereas the IRSL signal from the  
101 same trap could be efficiently reset through exposure to infrared light?

102 ***Figure 1***

103 ***(Models)***

104 To explain why the IR-RF signal does not appear to saturate, Trautmann et al. (1999a) first  
105 considered electron release throughout irradiation due to the low thermal stability of the IRSL  
106 trap, resulting in the replenishment of free electron-hole pairs and thus a continuously decaying  
107 IR-RF signal. However, this hypothesis contradicts a measured lifetime of the IRSL trap in the  
108 range of Ga (Murray et al., 2009). An alternative explanation not considered by Trautmann et al.  
109 (1999a) is the loss of trapped electrons by athermal tunnelling, known as anomalous fading of  
110 feldspar (e.g., Wintle 1973; Spooner 1992; Visocekas, 1993; Huntley and Lian, 2006) and more  
111 specifically, the anomalous fading of the IRSL feldspar trap (e.g., Spooner 1992; Huntley and  
112 Lamothe, 2001) (transition [d] in Fig. 1), which we summarised in Sec. 5.6. Instead, Trautmann  
113 et al. (1999a) preferred a model already suggested by Schön et al. (1942) and Klasens (1946) for  
114 sulphide phosphors, with a proposed transfer of holes from the valence band to the IRSL trap  
115 throughout irradiation, effectively increasing the defects trapping capacity (transition [e] in Fig.  
116 1).

117 To address the different bleaching behaviour of IR-RF and IRSL signals,  
118 Trautmann et al. (2000a) modified their earlier model, relating the bleaching of the IRSL signal  
119 to localized electron transitions after the suggestion by Poolton et al. (1995). Following IR  
120 exposure, an electron is only excited to the excited state of the trap ([f] in Fig. 1), which is paired  
121 with the excited state of a neighbouring recombination centre, allowing a localized transition.  
122 Thus, the IRSL emission would relate to the radiative relaxation of the electron to the ground  
123 state of the recombination centre. Trautmann (2000) and Trautmann et al. (2000a) determined  
124 from pulse-annealing experiments that bleaching of the IRSL trap is limited by the number of  
125 available recombination centres, suggesting thermal instability of trapped electrons could reduce  
126 the density of holes. They drew this conclusion from the IR-RF signal's stability up to  
127 temperatures of 400 °C, whereas IRSL and the related VIS-RF signals depleted at temperatures  
128 >300 °C. Trautmann (2000) and Trautmann et al. (2000a) concluded that the IRSL electron-hole

129 population accounts for only ~1.5 % of the total potential IRSL trap occupancy, implying that  
130 most of these trapped electrons do not have the possibility of recombining with a hole during IR  
131 stimulation. A phenomenon that Trautmann (2000) and Trautmann et al. (2000a) did not  
132 consider, and which may influence these effects to some extent, is athermal signal loss (i.e.,  
133 anomalous fading). Following the model of Huntley (2006), ground state tunnelling [d in Fig. 1]  
134 would result in preferential recombination of unstable charge with proximal recombination  
135 centres, which may otherwise have been involved in localized transitions from the IRSL trap.  
136 Athermal de-trapping results in a non-linear increase of IRSL with dose, an effect recorded and  
137 highlighted by Trautmann (2000) and Trautmann et al. (2000a).

## 138 **2.1 Defects related to IR-RF and IRSL**

139 The exact identification of defects responsible for electron and hole trapping in feldspar is  
140 subject to ongoing research, and as such, the physical nature of the IRSL and IR-RF trap remains  
141 under debate. The traps and recombination centres of K-feldspars have mainly been assigned  
142 based on indirect measurements and correlation studies (e.g., Baril and Huntley, 2003a; Erfurt  
143 2003a, b; Erfurt and Krbetschek, 2003b). Krbetschek et al. (1997) discussed the principal K-  
144 feldspar luminescence emissions and their possible origins for different excitation methods. The  
145 most common emission bands for K-feldspar are listed in Table 1 (please also note the references  
146 given therein).

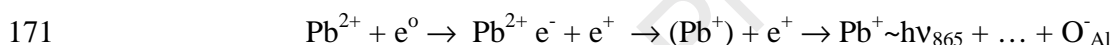
147 *Table 1*

148 *(Traps and recombination centres)*

149 It appears that in the literature  $\text{Fe}^{3+}$  and  $\text{Pb}^{+}$  ions have been identified as the main centres which  
150 are believed to be responsible for the presence of the red to deep-red emission (~ 1.7 eV; Prasad  
151 and Jain, 2018) in feldspar. Kumar et al. (2018) tried to correlate their IR-PL findings (Prasad et  
152 al., 2017) with the IR-RF signal. Their work suggested that the same defect participated in the  
153 production of IR-RF and IR-PL. However, they speculated that IR-PL, contrary to IR-RF, is  
154 “site-selective”, i.e. IR-PL preferentially probes centres leading to the emission at ca 1.30 eV  
155 (955 nm) whereas the IR-RF emission may be ‘contaminated’ by emissions from other centres,  
156 such as  $\text{Fe}^{3+}$ , related to the emission band near 680 nm to 740 nm (e.g., Geake et al., 1977; Telfer  
157 and Walker, 1975; White et al., 1986; Brooks et al., 2002; Finch and Klein, 1999; Krbetschek et

158 al., 2002; Prasad and Jain, 2018). Most recent work by Kumar et al. (2020), reporting infrared  
 159 cathodoluminescence (IRCL) experiments at 7 K, give evidence for a correlation of emission  
 160 peak position and K-concentration. They further propose  $\text{Fe}^{4+}$  as a defect competing for electrons  
 161 with the principal trap. Furthermore, the red emission's peak location has been observed to be  
 162 related to the composition of feldspar samples (e.g., Finch and Klein, 1999; Krbetschek et al.,  
 163 2002). In contrast, the  $\text{Pb}^+$  centre appears to be related to the IR-RF emission bands between ca.  
 164 860 nm and 910 nm (e.g., Nagli and Dyachenko, 1988; Erfurt 2003a, b; Erfurt and Krbetschek,  
 165 2003a).

166 Erfurt (2003a) and Erfurt and Krbetschek (2003a) observed an increase of IR-RF signal intensity  
 167 with increasing Pb content for concentrations on the order of 30 ppm to 1,400 ppm, and proposed  
 168 that the IR-RF emission may be associated with the excitation of  $\text{Pb}^{2+}$  to monovalent ( $\text{Pb}^+$ )\*  
 169 which subsequently relaxes to the ground state of  $\text{Pb}^+$ , emitting photons at 1.43 eV.  
 170 Schematically it reads (adapted from Ostrooumov 2016, p. 152 for amazonite):



172 However, this hypothesis remains unproven, and earlier electron paramagnetic resonance (EPR)  
 173 studies have indicated that  $\text{Pb}^+$  is only found in amazonite, a specific type of microcline where  
 174  $\text{Pb}^+$  occupies a  $\text{K}^+$  position (Marfunin and Bershov, 1970; Marfunin, 1979). In contrast, Poolton  
 175 et al. (2002b) hypothesised that the IRSL trap is a simple hydrogenic defect, calculating an  
 176 optical transition at  $1.48 \pm 0.04$  eV, close to that observed in the K-Na feldspar series.

## 177 2.2 IR-RF model and related phenomena

178 Since Trautmann et al. (1998, 1999a, 2000a) proposed a model to explain the processes of (IR)-  
 179 RF of feldspar, our understanding of luminescence processes in feldspar has improved  
 180 considerably, driven mainly by the developments around conventional IRSL (e.g., Wallinga et  
 181 al., 2000; Huntley and Lamothe, 2001; Lamothe et al., 2003; Auclair et al., 2003; Murray et al.,  
 182 2009; Kars and Wallinga 2009; Pagonis and Kulp, 2017; Pagonis et al., 2013, 2019; Lamothe et  
 183 al., 2020), the post-IR IRSL (also pIRIR) measurement protocols (Thomsen et al., 2008; Buylaert  
 184 et al., 2009), time-resolved IRSL investigations (e.g., Jain and Ankjærsgaard, 2011) as well as IR-  
 185 PL (Prasad, 2017; Prasad et al., 2017, 2018; Kumar et al., 2020).



186 Figure 1 shows a band-gap diagram which describes models for IRSL, post-IR IRSL and IR-RF.  
187 The presence and importance of the sub-conduction band tail-states are now widely recognized  
188 (Poolton et al., 2002a, 2009; Jain and Ankjærgaard, 2011) and anomalous fading (athermal  
189 signal loss; Wintle, 1973 for TL; Spooner 1992 for stimulation at 514.5 nm and ~880 nm) from  
190 the IRSL trap is generally regarded as ubiquitous in feldspar (e.g., Huntley and Lamothe, 2001)  
191 (transition [d] in Fig. 1). The largest inconsistency between the IR-RF models and more recent  
192 studies is that the former models did not consider the effects of hole distribution (i.e.,  
193 recombination distance) and anomalous fading.

194 Excitation spectra of feldspar revealed the characteristic resonance at ~1.4 eV (1.43 eV, Hütt et  
195 al., 1988; see also above), which is superimposed on a rising continuum, now recognized as  
196 relating to the sub-conduction band-tail states (Poolton et al., 2002a, 2009). IRSL preferentially  
197 samples electrons which can recombine with proximal holes, either through tunnelling from the  
198 ground state of the IRSL trap (transition [d] in Fig. 1) or via a localized transition (transition [f]  
199 in Fig. 1). Higher energy stimulation of the IRSL trap or higher temperature stimulation  
200 (phonon-assisted diffusion) allows electrons to recombine via diffusion through the band-tail  
201 states (Poolton et al. 2002a; Jain and Ankjærgaard, 2011) (transition [g] in Fig. 1). For post-IR  
202 IRSL signals, which are measured at elevated temperatures of typically 225 °C or 290 °C  
203 (pIRIR<sub>225</sub> or pIRIR<sub>290</sub>), this enables more distal recombination centres to be accessed (Jain and  
204 Ankjærgaard, 2011), which have greater athermal (Huntley 2006; Jain and Ankjærgaard, 2011)  
205 and thermal stability (Thomsen et al., 2010; Li and Li, 2011b, 2013; Fu et al., 2012). However,  
206 pIRIR signals are systematically harder to bleach than IRSL signals (e.g., Li and Li, 2011a).

207 In general, the IR-RF signal is known to bleach less efficiently than the low-temperature IRSL  
208 signal with infra-red light (Trautmann, 1999; Trautmann et al., 1999a; Frouin, 2014; Frouin et  
209 al., 2015) and recently it has been shown that the bleaching rate is similar to that observed for the  
210 pIRIR<sub>290</sub> signal (Frouin et al., 2017). This comparably slow bleachability agrees with the  
211 apparently high thermal stability of the IR-RF signal (at least up to 350 °C, cf. preheat vs curve  
212 shape experiments by Erfurt and Krbetschek, 2003b, their Fig. 7). However, further  
213 investigations are required to constrain the thermal stability of IR-RF signal and its susceptibility  
214 to anomalous fading.

### 215 **3 Measurement devices**

216 The first IR-RF studies were carried out on home-made systems (Trautmann et al., 1998, 1999a;  
217 Schilles and Habermann, 2000; Erfurt et al., 2003), which differ from the ready-to-use systems  
218 available today (Lapp et al., 2012; Richter et al., 2013). The device described in Trautmann et al.  
219 (1998) was equipped with a spectrometer for K-feldspar IR-RF exploration. However, because  
220 the spectrometer was limited to 800 nm (Trautmann et al., 1998, 1999b), first peak investigations  
221 were based on signal extrapolation (Trautmann et al., 1998). After identifying the dose-  
222 dependent peak (Trautmann et al., 1999a) at 865 nm, the integrated RF signal around this peak  
223 was used for RF dose estimation. Schilles and Habermann (2000) and Erfurt (2003b) went one  
224 step further and attached a photomultiplier tube with a filter combination optimized to limit the  
225 measured luminescence to the 865 nm emission closely. Tables 3 and 4 summarize the details of  
226 various instruments concerning signal detection and sample bleaching parameters. Figures 2 A–  
227 D provide different technical realizations for measuring the RF signal from K-feldspar samples.

228 *Figure 2 A B C D*

229 *(All IR-RF devices)*

#### 230 **3.1 Stimulation or irradiation unit**

231 Radiofluorescence (RF) is the light emission caused by ionizing radiation. Therefore, stimulation  
232 sources can either be ionizing charged particles (ions, electrons or protons) or high energy  
233 photons (X-ray or  $\gamma$ -ray). The custom-made devices were equipped with  $^{137}\text{Cs}/^{137}\text{Ba}$  sources ( $t_{1/2}$   
234  $\sim 30.08$  a) (Schilles and Habermann, 2000), while other (commercially) available RF equipment  
235 has  $^{90}\text{Sr}/^{90}\text{Y}$  sources ( $t_{1/2} \sim 28.8$  a) (Lapp et al., 2012; Richter et al., 2012, 2013). Details of the  
236 radiation sources are provided in Table 2. The major differences between these radiation sources  
237 are activity, radiation type and energy spectra. The  $^{137}\text{Cs}/^{137}\text{Ba}$  radiation sources in the home-  
238 made devices, e.g., used by Trautmann et al. (1999a), Schilles (2002) and Erfurt et al. (2003),  
239 emit  $\beta$ -particles and  $\gamma$ -photons with mean energies of 187.1 keV and 662 keV, respectively. At  
240 the same time,  $^{137}\text{Cs}$  is also a  $\gamma$ -photon emitter, but the IR-RF stimulation by  $\gamma$ -rays was  
241 considered being negligible in comparison to the  $\beta$ -particles (Trautmann, 1999, p. 16). The  
242  $^{90}\text{Sr}/^{90}\text{Y}$  source emits a broad energy spectrum with mean  $\beta$ -energies around 195.8 keV. Other

243 differences regarding the stimulation sources are the design and the way of irradiating the sample  
244 (planar radiation source geometry vs ring source geometry). The ring source design (Richter et  
245 al., 2012) allows the detector to be mounted directly above the source. For the planar sources, the  
246 light collection is realized by an optical light guide (Lapp et al., 2012) or using light reflected to  
247 the detector (Schilles, 2002). The indirect light collection has the advantage of reducing  
248 unwanted signal contributions induced in the detection system due to bremsstrahlung, but it  
249 usually comes at the cost of reduced detection efficiency. Additionally, the ring-type sources  
250 have been reported as delivering a highly spatially homogenous dose rate (Richter et al., 2012),  
251 relative to planar sources. Common to all types of sources and geometries is the underlying  
252 assumption of measuring a comparable IR-RF signal.

253 *Table 2*

254 *(Irradiation units)*

255 **3.2 Detection and filter combination**

256 Initial studies on IR-RF were based on spectrometer measurements to identify IR-RF peaks and  
257 characterize their behaviour. Trautmann et al. (1998) identified the presence and behaviour of the  
258 IR-RF peak around 854 nm based on curve fitting of a partially measured peak, but later  
259 (Trautmann et al., 1999a, b) reassigned the peak position to 865 nm using an improved  
260 spectrometer. Erfurt (2003b) and Schilles (2002) studied this peak in detail with a spectrometer  
261 and a photomultiplier tube in conjunction with optical filters (Sec. 5.1). The spectrometers'  
262 relevant details are provided in Table 3, and Fig. 3 shows the efficiency of different spectrometer  
263 systems.

264 *Table 3*

265 *(Spectrometer overview)*

266 *Figure 3*

267 *(Spectrometer transmission)*

268 Table 4 provides detailed detector settings applied to measure the IR-RF signal. The main  
269 difference between the devices is the filter combination, and thus the detection window.  
270 However, all types of filters centre around 865 nm and the usage of different filters reflects

271 mainly the availability of filters when the equipment was delivered. Trautmann et al. (1999a)  
272 recommended centring around 865 nm and avoiding interference from the 710 nm peak. This  
273 idea was also followed by Erfurt and Krbetschek (2003b) using a detection window of  $865 \pm 20$   
274 nm, considering the broadening effect of the 710 nm peak with increasing dose (Sec. 5.1). The  
275 devices used by Schilles (2002) and Erfurt (2003b) both had the same type of photomultiplier  
276 tube (PMT) (Hamamatsu R943-02) with a quantum efficiency of  $\sim 5\%$  at 865 nm. The quantum  
277 efficiency of commercial *lexsyg* and *Risø* readers is about  $\sim 12\%$  at that wavelength, both  
278 employing the same PMT (Hamamatsu H7421-50), but the efficiency drops to 0.001 % for  
279 wavelengths  $> 900$  nm. The PMTs of these commercial devices have a lower efficiency for the  
280 potentially interfering signals  $> 900$  nm but relatively high efficiency for the 710 nm peak (Erfurt  
281 and Krbetschek, 2003b), which might significantly interfere with the main IR-RF peak. The  
282 bandpass for different systems used in the past and present are shown in Figs. 4 A and B.

283 **Table 4**

284 *(detector settings)*

285 **Figure 4 A B**

286 *(PMT efficiency and filter combinations)*

287 **3.3 Bleaching units**

288 Table 5 summarizes the information on the commonly used bleaching units. In the device used  
289 by past researchers (e.g., Schilles and Habermann, 2000; Erfurt et al., 2003) the sample geometry  
290 was fixed, i.e., the sample was not moved between different measurement steps. Thus, the IR-RF  
291 signal's bleaching was done by connecting a solar lamp using an optical fibre. In this design, IR  
292 cut-off filters were used to avoid excess heating due to the high intensity of light of the solar  
293 lamp. In contrast, inside commercial devices for IR-RF measurement and bleaching (e.g., *lexsyg*  
294 and *Risø*) the sample moves to different positions. The *Risø* system is equipped with powerful  
295 UV LEDs ( $\sim 700$  mW), and the *lexsyg* device has an inbuilt LED solar simulator that combines  
296 up to six wavelengths with the option of varying the power of each LED (Richter et al., 2013; see  
297 Table 5).

298 **Table 5**

299 (bleaching units)

### 300 3.4 Sample geometry

301 Krbetschek et al. (2000) and Erfurt and Krbetschek (2003b) recommended a fixed geometry  
302 during IR-RF measurements. They observed a high dispersion in IR-RF dose distributions  
303 attributed to geometry changes (e.g., grain movements) when samples were bleached outside the  
304 reader. Buylaert et al. (2012) did not observe any changes in the IR-RF signal due to the  
305 movement of the sample from one position to another (cf. Fig 3b in Buylaert et al., 2012).  
306 Similarly, Frouin et al. (2015, 2017) did not report dose dispersions caused by the movement of  
307 the sample inside the reader for their measurements using a *lexsyg research* reader. Later,  
308 Kreutzer et al. (2017) attributed a large part of the inter-aliquot scatter to unwanted machine-  
309 induced geometry changes, which, however, may have affected only their particular reader.  
310 Nevertheless, in summary, it appears to be advisable to aim for a stable sample geometry and  
311 check the results for unwanted effects, enlarging the  $D_e$  distribution (cf. Kreutzer et al., 2017).

## 312 4 Sample preparation methods

313 IR-RF sample preparation methods extract K-feldspar enriched mineral grains following routine  
314 procedures (e.g., Preusser et al., 2008). After sieving and chemical treatments with HCl and  
315 H<sub>2</sub>O<sub>2</sub>, density separation using heavy-liquids (e.g., lithium heteropolytungstates or sodium  
316 polytungstate) extract feldspar grains. Additional (froth) flotation (e.g., Herber 1969; application  
317 examples: Miallier et al., 1983; Sulaymonova et al., 2018) can be applied to enrich the K-  
318 feldspar concentration further; a procedure that the Freiberg group has mainly used in the context  
319 of IR-RF (e.g., Trautmann, 1999; Erfurt 2003b). Flotation likely provides a better yield in terms  
320 of better separation of quartz and feldspar mineral phases. Despite requiring extra laboratory  
321 equipment and staff training, flotation has unmined potential for further enriching the K-feldspar  
322 fraction (e.g., via selective flotation: Larsen et al., 2019) with possible implications for measured  
323 IR-RF signals.

324 To remove the outer  $\alpha$ -irradiation affected layer of coarse K-feldspar grains ( $> 90 \mu\text{m}$ ) a low  
325 concentration ( $\leq 10 \%$ ) HF treatment was often used (e.g., Wagner et al., 2010; Lauer et al.,  
326 2011). However, the practice of etching of coarse grain K-feldspar was already questioned by

327 Duller (1992), who described non-uniform etching along the lines of weakness within the  
328 mineral. Porat et al. (2015) recalled caution if HF is applied to feldspar grains because HF  
329 etching might significantly modify the luminescence properties of K-feldspar, and thus Porat et  
330 al. (2015) suggest etching times <15 min. Frouin et al. (2017) reported inconclusive, younger and  
331 highly scattered, IR-RF results for two samples (BT714, BT715) after prolonged HF treatment  
332 (10 %, 40 min), while this was not observed for another, non-etched, sample from the same site  
333 (BT706). Although the systematic effect of HF treatments with different timings and  
334 concentration on the IR-RF signal remains unexplored, HF treatment appears to be dispensable.

## 335 **5 IR-RF signal characteristics**

### 336 **5.1 IR-RF spectroscopy: Signal identification and measurement optimization**

337 The IR-RF signal composition was extensively studied using a home-made spectrometer in  
338 combination with a liquid nitrogen-cooled charged coupled device (CCD) detector (Trautmann et  
339 al., 1998, 2000b; Krbetschek and Trautmann, 2000). Their spectroscopic investigations of IR-RF  
340 from feldspar revealed many peaks centred at various wavelengths. However, the 865 nm  
341 emission peak was found to be stable with its intensity decreasing with increasing dose. K-  
342 feldspar showed the highest signal intensity at this wavelength compared to other feldspar  
343 compositions. Trautmann (1999) and Schilles (2002) noticed that the spectrum of K-feldspar  
344 could be fitted with two Gaussian functions centred at 710 nm (1.75 eV) and 865 nm (1.43 eV).  
345 Later, Erfurt (2003b) improved the spectrometer used by Trautmann (1999) and recognized that  
346 the data required a minimum of three Gaussian functions to fit the emission spectrum, with a  
347 third emission centred at ~910 nm (1.35 eV; Erfurt and Krbetschek, 2003a). The spectroscopic  
348 study of these peaks provided the appropriate detection range (filter combination) required for  
349 isolating the main IR-RF peak at 865 nm from other neighbouring emissions (Krbetschek et al.,  
350 2000). A typical raw spectrum for K-feldspar shows many emission peaks (Fig. 5C after  
351 Schilles, 2002) and Trautmann et al. (1999a) demonstrated that the peak intensity at 865 nm  
352 decreases with increasing dose, whereas the intensity of the 710 nm peak increases with dose.  
353 Furthermore, Trautmann et al. (1998) observed that the 710 nm peak is unstable and vanished  
354 within a few hours following irradiation.

355 Both the 710 nm and 910 nm<sup>1</sup> emissions may interfere with the main IR-RF peak (865 nm),  
356 which filters can minimise. The effect of such a filter can be simulated using three superimposed  
357 Gaussian functions (Fig. 5A and Fig. 5B similar to Erfurt and Krbetschek, 2003b). Table 4  
358 summarizes all devices' filter combinations to isolate the peak centred at a wavelength of 865  
359 nm.

360 *Figure 5 A B C*

361 *(IR-RF peaks in feldspar)*

362 **5.2 IR-RF signal resetting**

363 The success of (optical) luminescence dating methods relies on resetting the luminescence signal  
364 during sediment transport prior to burial. For IR-RF, the signal intensity increases with light  
365 exposure after several minutes to several hours and reaches its highest value when all traps are  
366 empty. The bleachability of the IR-RF signal was assessed by bleaching until a plateau is formed  
367 between the IR-RF signal vs bleaching time. A constant plateau indicates no further signal  
368 increase, i.e., the IR-RF signal is at its maximum, and all IR-RF related traps are empty. In the  
369 first IR-RF bleaching experiments (Trautmann et al., 1999a), natural direct sunlight (VIS to UV  
370 component, Fig. 6A) was used for a few hours (between 2 h and 5 h of daylight exposure in  
371 February in Freiberg, Germany) to bleach the IR-RF signal. Later, Trautmann et al. (2000a)  
372 showed that wavelengths shorter than 500 nm were more efficient at resetting the IR-RF signal  
373 (Fig. 6B) and Krbetschek et al. (2000) demonstrated that only a few minutes (~5–10 min) were  
374 required to reset the signal, using a 200 W Hg-lamp (Table 5 for an overview of the settings)  
375 along with a heat-absorbing filter (Fig. 6C). Further bleaching experiments were conducted using  
376 a 300 W OSRAM 'Ultravitalux' sunlamp placed at a distance of 35 cm from the aliquot for 6.5 h  
377 (Krbetschek et al., 2000) or an on-board lamp (250 W OSRAM metal halide), using fibre optics,  
378 which delivered ~100 mW cm<sup>-2</sup> to the aliquot for 30 min.

379 *Figure 6 A B C D*

380 *(Bleaching)*

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<sup>1</sup>920 nm in Erfurt and Krbetschek (2003b), however, henceforth termed '910 nm' emission.

381 Buylaert et al. (2012) compared the  $D_e$  values of samples with independent age control. They  
382 obtained different values between aliquots that were bleached with UV LEDs (delivering 700  
383  $\text{mW cm}^{-2}$ ) with an exposure time of 25 min, compared to bleaching with a Hönle SOL 2 solar  
384 simulator for 4 h. Samples bleached with the Hönle SOL2 resulted in older, but partly also more  
385 consistent ages compared to the independent age control (cf. Buylaert et al., 2012, their Fig. 7).  
386 Later Varma et al. (2013) concluded that exposure of 800 s is optimal for resetting the IR-RF  
387 signal using the aforementioned UV LED (delivering 700  $\text{mW cm}^{-2}$ ).

388 Frouin et al. (2015) systematically compared the bleaching behaviour of monochromatic light  
389 and a solar simulator spectrum. In their study, they showed that: i) K-feldspars of various origins  
390 exhibit the same behaviour during bleaching experiments, and ii) the IR-RF signal can be  
391 bleached by all wavelengths, ranging from 365 nm to 850 nm, and iii) the IR-RF signal can be  
392 completely reset in nature and cannot be “over-bleached” in the laboratory even with the use of  
393 longer time exposures. Finally, they recommend a solar spectrum close to the terrestrial solar  
394 spectrum with minimal UV light contribution. They achieved this by individually adjusting the  
395 monochromatic LEDs' power in their luminescence reader and stated that this spectrum delivered  
396 a sufficient amount of power (375  $\text{mW cm}^{-2}$ ) to bleach the IR-RF signal in minimum time at  
397 ambient temperature (Frouin et al., 2015). Furthermore, they showed that the onset of a  
398 bleaching plateau started after 3 h to 4 h of light exposure (cf. Fig. 4 in Frouin et al., 2015).  
399 Specifically, within this light spectrum, the power of the UV (325 nm) LED was reduced to 10  
400  $\text{mW cm}^{-2}$  as this wavelength is absorbed by the atmosphere and its presence in the terrestrial  
401 solar spectrum is minimal. Regardless, this low power, Frouin (2014, her Fig. 28) showed that  
402 UV bleaches most efficiently within the first seconds before it reaches a plateau after ca. 40 h.  
403 Although an artificial bleaching spectrum using only six wavelengths (LEDs) cannot match the  
404 terrestrial solar spectrum, it may remain a good approximation of natural bleaching conditions  
405 (typical irradiance on Earth of 90–100  $\text{mW cm}^{-2}$ ; ASTM international, 2012). A comparison  
406 between the bleaching behaviour of the IR-RF signal measured at 70 °C (Sec. 6.1) with other  
407 variants of the IRSL signals of K-feldspar showed that IR-RF seems to bleach at a similar rate to  
408 the  $\text{pIRIR}_{290}$  signal but much slower than the  $\text{IRSL}_{50}$  signal (Frouin et al., 2017; Fig. 6D).  
409 However, a similar bleaching rate compared to the  $\text{pIRIR}_{290}$  signal does not guarantee a complete  
410 reset of either signal (i.e.,  $\text{pIRIR}_{290}$  and IR-RF); various studies have shown that the  $\text{pIRIR}_{290}$



411 signal is hard to bleach and can have large residual doses even after 4 h of solar simulator  
412 bleaching (e.g., Buylaert et al., 2012; Li et al., 2014). It may take up to ~300 h to reach a  
413 constant residual dose (Yi et al., 2016). In summary, Frouin et al. (2015) recommended a  
414 minimum of 3 h bleaching using the inbuilt solar simulator of their equipment with the following  
415 settings: 365 nm ( $10 \text{ mW cm}^{-2}$ ), 462 nm ( $63 \text{ mW cm}^{-2}$ ), 525 nm ( $54 \text{ mW cm}^{-2}$ ), 590 nm ( $37 \text{ mW}$   
416  $\text{cm}^{-2}$ ), 623 nm ( $115 \text{ mW cm}^{-2}$ ), and 850 nm ( $96 \text{ mW cm}^{-2}$ ).

### 417 **5.3 Phosphorescence**

418 In the context of IR-RF, two types of phosphorescence have been observed: (1) Phosphorescence  
419 after bleaching (Fig. 7) and (2) phosphorescence after irradiation (so-called  
420 radiophosphorescence). *Phosphorescence after bleaching* was considered by Erfurt and  
421 Krbetschek (2003b). They recognized that K-feldspar samples, bleached with a solar simulator,  
422 show a very strong phosphorescence at 865 nm. For a sediment sample with a palaeodose of  
423 ~1,500 Gy, extrapolation of the phosphorescence signal at room temperature using an  
424 exponential decay shows that its effect lasts beyond 1,000 s after bleaching (cf. Fig. 6 in Erfurt  
425 and Krbetschek, 2003b). To accommodate this effect in IR-RF measurement protocols, Erfurt  
426 and Krbetschek (2003b) recommended a pause of one hour after bleaching, before starting the  
427 next IR-RF measurement. In contrast, Buylaert et al. (2012) showed that after bleaching the  
428 phosphorescence signal intensity is lower by two orders of magnitude than IR-RF, its effect on  
429 the main IR-RF signal will be negligible. However, it should be noted that their setup differs  
430 from the one used by Erfurt and Krbetschek (2003b) (Sec. 3). Varma et al. (2013) reported that  
431 although the IR-RF signal of their sample was almost at its saturation level, it did not show  
432 significant phosphorescence after bleaching the sample for 800 s. Hence, they concluded that no  
433 extra pause is needed and suggested that a delay of 500 s is sufficient to reduce the  
434 phosphorescence down to the background level if the bleaching time is less than 800 s. Similarly,  
435 Schaarschmidt et al. (2019) reported a weak phosphorescence compared to the IR-RF signal and  
436 reduced the pause to 900 s for their samples. In summary, it seems that phosphorescence caused  
437 by bleaching can be avoided by introducing a pause of 15 min to 1 h prior to IR-RF  
438 measurements (Erfurt and Krbetschek, 2003b; Frouin et al., 2015; Schaarschmidt et al., 2019) in  
439 the case of solar simulator bleaching and may not be required if the sample is bleached with a  
440 UV LED for 800 s or longer (Varma et al., 2013).

441 *Radiophosphorescence* is a known phenomenon used in the past to characterize luminescence  
442 spectra from feldspar (e.g., Krbetschek and Rieser, 1995; Baril and Huntley, 2003b). Varma et  
443 al. (2013) observed phosphorescence with an intensity of ~35 % of the IR-RF signal (cf. Fig 2b  
444 in Varma et al., 2013) immediately after irradiation up to 800 Gy. Phosphorescence caused by  
445 irradiation can be a severe issue since IR-RF measurements need continuous irradiation during  
446 signal measurement. Thus, phosphorescence superposition onto the main IR-RF signal can be  
447 problematic and might be as high as 35 % of the IR-RF signal (Varma et al., 2013).  
448 Nevertheless, if the phosphorescence intensity is independent of the previously administered  
449 radiation dose, it might be neglected. In contrast, if the radiophosphorescence is dose-dependent,  
450 it will be impossible to isolate it from the IR-RF signal. This possible superposition of IR-RF and  
451 radiophosphorescence needs to be further investigated.

#### 452 *Figure 7*

#### 453 (*Phosphorescence*)

### 454 **5.4 IR-RF sensitivity**

455 Schilles and Habermann (2000) conducted a bleaching study on natural and commercially  
456 available K-feldspar samples. Two repeated cycles of 20 h of sunlight bleaching resulted in  
457 different IR-RF intensities and changes in the shape of the decay curve for each bleaching cycle.  
458 Natural and commercial samples showed different bleaching levels and a relative change of  
459 signal intensity of 3.6–4.8 % for natural sunlight and 5.1–8.9 % for artificial solar simulation  
460 (SOL2, Hönle). These variations in signal intensity indicated sensitivity changes due to  
461 bleaching and/or irradiation during the measurement. In order to cope with this, Schilles (2002)  
462 suggested using a separate aliquot and measuring its IR-RF for two bleaching cycles. Based on  
463 these additional measurements, a dimensionless correction factor could be derived from the ratio  
464 of the regenerated IR-RF intensities (Fig. 8A).

465 Similarly, Varma et al. (2013) reported sensitivity changes during measurement and could not  
466 recover a given dose using IR-RF. They derived a sensitivity correction factor  $F_S$  by repeating  
467 the bleaching and regenerative IR-RF six times.  $F_S$  (also Sec. 6.1) is estimated from the ratio of  
468 IR-RF intensity of the first regenerated cycle to the extrapolated intensity of the zeroth cycle  
469 (Fig. 8B). Furthermore, Varma et al. (2013) recognized that all six sediment samples investigated

470 in their study needed a sensitivity correction to obtain reasonable dose recovery results. Erfurt  
471 and Krbetschek (2003b) also showed a shape mismatch and change in intensity for multiple  
472 measurements but demonstrated that this sensitivity change would only affect the dose  
473 estimation by 3 % (cf. Fig 4 in Erfurt and Krbetschek, 2003b). In addition to these studies,  
474 Buylaert et al. (2012) mentioned the possibility of a significant sensitivity change, either induced  
475 by bleaching or by the IR-RF measurement itself.

476 Frouin et al. (2017) reported on a curve shape mismatch between the natural IR-RF ( $RF_{\text{nat}}$ ) and  
477 the regenerated IR-RF ( $RF_{\text{reg}}$ ) curve (cf. Fig. 2 in Frouin et al., 2017), and rejected the measured  
478 aliquots (Fig. 8C). In the literature, two attempts have been made to explain this behaviour:  
479 Kreutzer et al. (2017) gave evidence that a technical artefact with the measurement equipment  
480 caused an unwanted geometry change. Murari et al. (2018) investigated the possible reason for  
481 this shape mismatch using three modern bleached samples in a dose recovery study. For these  
482 samples, a given dose was recovered using the  $RF_{\text{nat}}$  and  $RF_{\text{reg}}$  signals. In their study,  $RF_{\text{nat}}$  refers  
483 to IR-RF curves from the naturally bleached modern sample, and  $RF_{\text{reg}}$  refers to IR-RF curves  
484 measured after bleaching with the solar simulator. As samples are bleached in both cases, both  
485 IR-RF curves,  $RF_{\text{nat}}$  and  $RF_{\text{reg}}$ , can act as regenerated IR-RF curves. An offset of 23 % was  
486 observed when the dose was recovered from the  $RF_{\text{nat}}$  signal (cf. Fig. 2 in Murari et al., 2018)  
487 while all the samples were able to recover the known dose from the  $RF_{\text{reg}}$  signal with an  
488 uncertainty of 4 %. Their findings showed the discrepancy in dose recovery and the mismatch of  
489 the shape of  $RF_{\text{reg}}$  curves compared to  $RF_{\text{nat}}$  curves. The latter is attributed to the change in IR-  
490 RF sensitivity. Possible causes for these sensitivity changes are the high photon flux of the built-  
491 in solar simulator, the high laboratory dose rate and/or the interference from other neighbouring  
492 peaks with the main IR-RF signal (i.e., 710 nm and 910 nm emissions; Trautmann, 1999; Erfurt  
493 and Krbetschek, 2003b). In summary, it seems that IR-RF is affected by sensitivity changes that  
494 should be monitored and corrected. Based on their findings, Murari et al. (2018) suggested a new  
495 analysis and correction method named the '*horizontal and vertical correction*' method (Sec. 6.2).

#### 496 **Figure 8**

497 **(Sensitivity change monitoring)**

## 498 5.5 IR-RF initial rise

499 A few IR-RF studies mentioned an unexpected signal rise at the beginning of the IR-RF  
500 measurement (e.g., Schilles, 2002; Buylaert et al., 2012; Frouin, 2014; Huot et al., 2015; Frouin  
501 et al., 2017). It was often described as a bump, a TL-like peak or an initial rise of the RF signal  
502 (Fig. 9A; for further discussions on the dynamic range see below) and it typically persisted for  
503 the first few hundred seconds (~6–12 Gy) before the IR-RF starts decaying monotonically (Huot  
504 et al., 2015). According to Frouin et al. (2017), the initial rise in the natural signal seemed to be  
505 positively correlated with the equivalent dose ( $D_e$ ) (cf. Fig. S7 in Frouin et al., 2017) of a sample  
506 and was observed for every K-feldspar sample used in their study.

507 In contrast, the Freiberg group never reported such IR-RF behaviour (e.g., Krbetschek et al.,  
508 2000; Erfurt, 2003b) leading to speculation that differences in instrumental design (overall  
509 system efficiency, different detection bandpass filter combinations or radiation source strengths)  
510 may cause the effect or favour its detection. Measurements using both commercial devices  
511 (*lexsyg research* and *Risø*, Sec. **Error! Reference source not found.**) showed the initial rise  
512 behaviour (e.g., Huot et al., 2015; Frouin et al., 2017; Qin et al. 2018). However, this is not  
513 discussed in detail by Buylaert et al. (2012) who discarded the signal corresponding to the first  
514 ~20 Gy from their data analysis considering it as a sample-specific behaviour.

515 Huot et al. (2015) thoroughly investigated the origin of the initial rise after bleaching  
516 (regenerated signal). They hypothesized that the rapid increase in RF observed at the beginning  
517 of the irradiation, is not due to higher electron trapping, but can be explained by thermally  
518 assisted phosphorescence. “Minute variations in sample temperature” (Huot et al., 2015, p. 241)  
519 can cause this peak because of the existence of shallow traps which emit phosphorescence in the  
520 near-infrared region. Their recommendation to avoid this peak was to wait at least 1 h after  
521 bleaching, let the sample cool down to room temperature, or measure IR-RF at elevated  
522 temperatures of around 70 °C to 100 °C. Nevertheless, the phenomenon does not seem to  
523 disappear from the IR-RF signal even when measured at elevated temperatures of 70 °C and  
524 waiting for one h after bleaching (cf. Fig. 2 vs Fig. 7 in Frouin et al., 2017).

525 Furthermore, the reported a correlation between the intensity of the initial rise in the natural  
526 signal and the sample's  $D_e$  (cf. Frouin et al., 2017 their Fig. S7), indicated that shallow TL traps

527 alone cannot explain this phenomenon. Nevertheless, from the perspective of dating, it seems  
528 that the effect of the initial rise does not affect dose estimation as it appears only for 100 s to 200  
529 s (typically ~6–12 Gy) in every IR-RF signal (i.e., natural and regenerated IR-RF signals).  
530 However, further investigations combined with modelling are needed to better understand the  
531 origin of the IR-RF signal increase during the first seconds.

### 532 *Figure 9*

#### 533 *(Initial rise and dynamic range)*

## 534 **5.6 IR-RF signal stability**

535 The IR-RF signal stability has two dimensions: thermal stability and athermal stability. The first  
536 is directly related to the depth of the trap and represents the stability of the electrons captured by  
537 the defect over time, dependent on the ‘burial’ temperature. The second, also known as  
538 ‘anomalous fading’ (Wintle 1973), is temperature independent.

539 The thermal stability of the IR-RF signal was investigated by Trautmann et al. (1999a) who used  
540 pulse annealing experiments, and they reported thermal stability of the IR-RF signal up to 450 °C  
541 (Fig. 10A). However, this result was observed only for one sample (Ook1), which is >1 Ma old;  
542 two younger samples showed a decrease in signal intensity after 250 °C (Fig. 10A). Later  
543 experiments by Erfurt and Krbetschek (2003b) and Frouin et al. (2017) (Fig. 10B) confirmed  
544 these findings. Further, it was noticed that for temperatures of 250 °C and higher, natural IR-RF  
545 ( $RF_{\text{nat}}$ ) signal intensities decreased with pulse annealing temperature (Fig. 10B) while they  
546 increased slightly for regenerated IR-RF signals ( $RF_{\text{reg}}$ ). If annealing at high temperatures resets  
547 the IR-RF signal, the IR-RF intensity should not decrease, which is in accordance with  
548 observations on  $RF_{\text{reg}}$ , but in contradiction to that for  $RF_{\text{nat}}$ . This contrasting feature may be  
549 explained by a change of the IR-RF sensitivity with temperature. In thermoluminescence (TL)  
550 studies on K-feldspar rapid, temperature-induced luminescence sensitivity decreases were  
551 frequently reported (Aitken, 1985a, 1998). Those changes are non-repeatable in subsequent dose  
552 cycles (cf. reasoning in Frouin et al., 2017).

553 Nevertheless, while temperatures above ca. 250 °C may impact the  $D_e$ , these observations should  
554 not be used to draw general conclusions on the thermal stability of the defect responsible for the

555 IR-RF emission. Erfurt (2003a, b) referred to works on amazonite (cf. Ostrooumov, 2016 for an  
556 overview) and argued that the  $\text{Pb}^+$  centres are stable up to  $\sim 450^\circ\text{C}$  (Speit and Lehmann 1982) or  
557 even up to  $700^\circ\text{C}$  (assumption in Erfurt, 2003b:  $500^\circ\text{C}$ ;  $700^\circ\text{C}$  in Ostrooumov, 2016). Above  
558 this temperature, the  $\text{Pb}^+$  centre disappears (a process also referred to as de-amazonitization).

559 Krbetschek et al. (2000) presented experimental results supporting the hypothesis of long-term  
560 stability of the IR-RF signal. For instance, short-term (days to months) fading tests with storage  
561 of samples for several months at room temperature showed no sign of signal increase (i.e., no  
562 emptying of traps) which seems to confirm signal stability over short periods (at room  
563 temperature). Furthermore, based on the dating of sediment samples using IR-RF, e.g., Wagner  
564 et al. (2010) and Novothny et al. (2010) claimed that the IR-RF signal exhibited no indication of  
565 fading for ages in the range ca 420–700 ka (Wagner et al., 2010) and 148–250 ka (Novothny et  
566 al., 2010). Likewise, Frouin et al. (2017) and Kreutzer et al. (2018a) reported a good agreement  
567 with the independent age control of even older ages. By contrast, Buylaert et al. (2012) showed  
568 age underestimation for older samples ( $>100$  ka) and overestimation for younger samples ( $< 50$   
569 ka). They speculated whether the offset could be explained by signal instability (fading),  
570 bleachability and sensitivity change during measurement. They also showed the natural IR-RF  
571 signal from an infinitely old sample was only 84 % of the saturation, suggesting the signal might  
572 fade. However, the measurement setup by Buylaert et al. (2012) did not match the suggestions by  
573 Erfurt and Krbetschek (2003b), e.g., regarding the detection window, and should be read  
574 cautiously. Recently, Kumar et al. (2021) reinterpreted the findings by Buylaert et al. (2012).  
575 They reported IR-PL age results in agreement with independent age control. These findings  
576 indicate that IR-PL does not suffer from athermal fading or signal instability. However, since  
577 Kumar et al. (2018) hypothesised a similar trap for the IR-PL and the IR-RF, they concluded that  
578 IR-RF does not suffer from signal instability. Hence, without presenting new IR-RF data, Kumar  
579 et al. (2021, p. 14) concluded: “[...] *that the under-estimation in IR-RF [meant are the results*  
580 *reported by Buylaert et al., 2012] is likely because of sensitivity changes rather than signal*  
581 *stability.*” Nevertheless, beyond the research summarized above, further studies should be carried  
582 out to investigate the thermal and athermal stability in the context of IR-RF as a luminescence  
583 dating method. For IR-PL, Kumar et al. (2021) suggested tests on geological samples ( $\sim$  Ma), i.e.

584 samples in apparent dose saturation, which might also provide a good test for the IR-RF signal  
585 stability in future studies.

586 **Figure 10 A B**

587 **(Signal stability)**

588 **5.7 IR-RF dose limits**

589 The minimum measurable dose has not yet been systematically determined with IR-RF. While  
590 Erfurt (2003b) estimated a dose of ca 40 Gy, Frouin et al. (2017) reported measurable doses of  
591  $0.5 \pm 1.0$  Gy and  $1.2 \pm 1.9$  Gy for two modern analogue samples. Current instrument  
592 configurations allow signals with a few photon-counts per second to be distinguished. In  
593 available luminescence measurement systems (Sec. 3), the IR-RF signal of K-feldspar is usually  
594 of the order of a million photon counts per second with signal intensities at its maximum when  
595 the sample is bleached, i.e., for zero dose samples. Thus, the minimum measurable dose (limit) is  
596 a function of stimulation dose-rate ( $\text{Gy s}^{-1}$ ), the measurement channel resolution ( $\text{s channel}^{-1}$ ) and  
597 the applied statistical procedure to distinguish two bright signals and determine the  $D_e$  (e.g., the  
598 sliding method causes discretization effects, Sec. 6.2). For example, a sampling rate as applied  
599 by Murari et al. (2018) of  $10 \text{ s channel}^{-1}$  for a dose rate of ca.  $0.06 \text{ Gy s}^{-1}$  would theoretically  
600 correspond to a minimum distinguishable dose of 0.6 Gy on average.

601 The IR-RF dynamic range is defined as the ratio of the maximum to the minimum of the IR-RF  
602 signal intensity. In other words, this is the ratio of the IR-RF signal from saturation to the  
603 bleaching level of the sample, which in general varies about a factor of 2 (Erfurt and Krbetschek,  
604 2003a). The IR-RF signal dynamic range is minimal (Fig. 9B) compared to the signal dynamics  
605 from the other variants of luminescence such as OSL or IRSL, where it typically is at least an  
606 order of magnitude higher. Due to low signal dynamic ranges, the slope of IR-RF intensity ( $I$ )  
607 with respect to dose ( $D_e$ ) changes gradually and finally approaches zero. In terms of resolving  
608 dose estimates, the resolution becomes impoverished in the higher dose region as a slight change  
609 in intensity ( $dI$ ) may lead to a large uncertainty in dose estimation ( $dD_e$ ). Erfurt and Krbetschek  
610 (2003b) recommended determining the dose where the slope of signal intensity vs dose  
611 approaches a value of zero (i.e.,  $dI/dD_e \approx 0$ ). Based on this parameter, they found that for their  
612 reader configuration, IR-RF curves allow dose estimation up to ~650 Gy.

613 However, the upper dose limit of IR-RF, and with it, the temporal range, is subject to ongoing  
614 research. Krbetschek et al. (2000) reported a saturation  $D_e$  value of  $1,440 \pm 215$  Gy (nature of the  
615 error not reported) for a single sample, and in a recent IR-RF dating study Kreuzer et al. (2018a)  
616 reported a measurable mean dose of  $1,064 \pm 41$  Gy (mean  $\pm$  standard deviation). Erfurt (2003b)  
617 estimated a mean saturation dose as high as 1,500 Gy. However, Erfurt (2003b) and Erfurt and  
618 Krbetschek (2003b) also estimated the maximum resolvable dose at 600 Gy to 650 Gy as the  
619 small IR-RF signal dynamic range can limit the precision of signal interpolation. The highest,  
620 single aliquot, IR-RF dose of  $4,181 \pm 371$  Gy (mean  $\pm$  standard deviation) was reported by  
621 Wagner et al. (2010) (cf. their “Supporting Information”, Table S2) using the same instrument as  
622 Erfurt et al. (2003).

623 On a *lexsyg research* system Frouin et al. (2017) recently reported successful measurement of a  
624  $\sim 2,100$  Gy dose using a regenerated IR-RF signal that was recorded up to 4,000 Gy cumulative  
625 dose (cf. their Fig. 7 for sample TML1). Furthermore, Murari et al. (2018) demonstrated accurate  
626 laboratory dose recovery up to 3,600 Gy by interpolating onto a regenerated IR-RF curve  
627 measured up to 3,900 Gy. However, it should be pointed out that the intensity difference between  
628 2,000 Gy and 3,500 Gy was only around 4 % (Fig. 9B for the dynamic range of IR-RF), which  
629 leaves the results susceptible to minimal intensity changes. Hence, at this moment, we cannot  
630 refer to a saturation limit of IR-RF. However, the one single value published by Murari et al.  
631 (2018) of ca. 3,600 Gy would allow age determinations (dose rates in the order of 2–3 Gy ka<sup>-1</sup>)  
632 of 1.2 Ma to 1.8 Ma. Whether this dose (and temporal) range is feasible for routine dating is still  
633 under debate.

## 634 **5.8 The IR-RF alpha-efficiency**

635 The ionisation efficiency and, with it, the efficiency of induced luminescence per unit dose,  
636 depends on the type of irradiation (i.e.,  $\alpha$ - vs  $\beta$ - vs  $\gamma$ -radiation). Commonly, the luminescence  
637 produced by  $\alpha$ -particles per unit dose is substantially lower than for  $\beta$ - or  $\gamma$ -radiation. Thus, the  
638  $\alpha$ -efficiency needs to be determined to correctly calculate the  $\beta$ -equivalent  $\alpha$ -dose rate  
639 contribution (cf. Aitken, 1985a) if polymineral fine grain (4–11  $\mu\text{m}$ ) or other grain size fractions  
640 untreated with HF are used. So far, only a single study exists determining the  $\alpha$ -efficiency of K-  
641 feldspar using IR-RF. Kreuzer et al. (2018b) used an  $\alpha$ -flux calibrated <sup>241</sup>Am source. The central



642  $S_{\alpha}$ -value (Guérin and Valladas, 1980; Valladas and Valladas, 1982) obtained from four fine-  
643 grain K-feldspar samples (84 aliquots) was  $9.26 \pm 1.62 \mu\text{Gy}/(10^3\alpha \text{ cm}^{-2})$ . The corresponding  
644 (dimensionless) value in the  $a$ -value system (cf. Aitken 1985b) of  $0.067 \pm 0.012$  is similar to  $a$ -  
645 values reported for IRSL polymineral fine grain (e.g., Kadereit et al., 2010). Based on these  
646 findings and if the  $\alpha$ -efficiency cannot be determined, an estimated  $a$ -value of  $0.07 \pm 0.01$   
647 (applied to fine grain and unetched coarse grains, cf. Kreuzer et al., 2018b) appears to be  
648 justified.

## 649 **6 Measurement protocols and data analysis**

650 Like other luminescence measurement protocols for equivalent dose ( $D_e$ ) determination (e.g., for  
651 TL, OSL or IRSL), over the years, several measurement protocols and data analysis techniques  
652 have been proposed to determine the  $D_e$  for IR-RF.

### 653 **6.1 IR-RF measurement protocols**

654 The first comprehensive IR-RF measurement protocol named IRSAR (infrared single-aliquot  
655 regenerative-dose) was presented by Erfurt and Krbetschek (2003b). Frouin et al. (2017)  
656 introduced a modified version of this protocol and entitled it RF<sub>70</sub> (where the subscript '70' refers  
657 to the applied measurement temperature of 70 °C). Additionally, several other protocols have  
658 been reported in the literature and are summarized in Table 6.

659 **Table 6**

660 **(Measurement protocols)**

661 All listed protocols consist of less than six measurement steps. Common to all protocols are three  
662 main steps: (I) measurement of the natural IR-RF signal (RF<sub>nat</sub>), (II) signal resetting by bleaching  
663 and (III) measurement of the regenerated IR-RF (RF<sub>reg</sub>) signal after bleaching. The duration of  
664 the IR-RF measurements (natural, regenerative) is determined by the chosen data analysis  
665 approach (Fig. 11). For example,  $D_e$  determination via curve fitting and signal extrapolation  
666 results in IR-RF measurements of longer duration for the natural IR-RF signal than for the  
667 regenerated signal and vice versa for a  $D_e$  determination via interpolation.

668 Trautmann et al. (1999a), Krbetschek et al. (2000) and Schilles (2002) distinguished between an  
669 additive (extrapolation) and a regenerative (interpolation) measurement approach, depending on  
670 the particular IR-RF signal (natural: additive; regenerative: regenerative) used for subsequent  
671 curve fitting. However, this distinction is misleading and should be avoided as it conflicts with  
672 the commonly accepted terminology used for TL/OSL. All recorded IR-RF signal curves are  
673 dose-response curves, and signal resetting is carried out by optical bleaching. Thus, natural IR-  
674 RF curves are always additive dose-response curves, irrespective of the technique used to  
675 analyse the data and to obtain the  $D_e$ , namely: extrapolation, interpolation or sliding (see the  
676 following section).

677 *Bleaching duration:* All published protocols include an optical bleaching step to reset the natural  
678 IR-RF signal. The bleaching is either carried out by using an artificial light source or by natural  
679 sunlight. To mimic natural sunlight conditions, Frouin et al. (2015) proposed a bleaching  
680 spectrum consisting of six different wavelengths ranging from UV-A (365 nm) to NIR (850 nm),  
681 while Buylaert et al. (2012) used only a single wavelength (UV-violet LED, 395 nm) to reset the  
682 IR-RF signal. The bleaching duration is sample dependent and linked to the technical  
683 specification of the equipment, the available wavelengths, and power. Using a similar  
684 measurement setup, Varma et al. (2013) and Buylaert et al. (2012) found bleaching for 800 s and  
685 1,500 s respectively, to be sufficient for most cases, Frouin et al. (2017) suggested solar  
686 simulator bleaching for at least 10,800 s. Kreutzer et al. (2018a) suggested a bleaching test using  
687 the internal solar simulator of their *lexsyg* system. The test applied consecutive bleaching steps  
688 of 1,000 s each. A stable signal plateau indicates sufficient bleaching. Generally, it appears that  
689 longer bleaching times should be preferred to ensure the resetting of the natural IR-RF signal.  
690 For further details on the bleaching behaviour of the IR-RF signal see Sec. 5.2.

691 *Pause duration:* Five out of seven IR-RF protocols (Table 6) suggested a pause after the optical  
692 resetting of the IR-RF signal for at least 1,800 s. The pause is believed to account for an  
693 unwanted superposition of IR phosphorescence on the IR-RF signal (e.g., Erfurt and Krbetschek,  
694 2003b). Varma et al. (2013) carried out the pause as a phosphorescence measurement just before  
695 the stimulation itself. Based on their results, it appears that the phosphorescence is induced only  
696 by the irradiation ('radiophosphorescence') and that it is not further increased by bleaching. They  
697 thus proposed an optimum bleaching time of 800 s to reduce phosphorescence to its residual

698 level without implementing an additional pause within the measurement procedure. However,  
699 this study contradicted the observation made on the same system (*Risø* TL/OSL DA-20 with IR-  
700 RF attachment) by Buylaert et al. (2012) who showed the appearance of IR phosphorescence  
701 even after bleaching of 1,500 s, though it was two orders of magnitude smaller than the IR-RF  
702 signal which can probably be considered negligible. Nevertheless, other studies contradicted  
703 these findings, e.g., Erfurt (2003b), Erfurt and Krbetschek (2003b) and Huot et al. (2015) showed  
704 the presence of phosphorescence directly emitted after bleaching. The above-described  
705 observations suggest that an additional pause of 30 min up to 1 h might be beneficial to minimize  
706 the potential effects of unwanted signal superposition from the phosphorescence caused by  
707 bleaching (also Sec. 5.3).

708 *Preheat and measurement temperature:* The work of Trautmann (1999) gave evidence for a  
709 strong temperature dependence of the IR-RF signal of K-feldspar, which appears to be related to  
710 the sample's age (see also Erfurt, 2003b). Considering the dependency of the IR-RF signal  
711 intensity (Trautmann, 1999; Erfurt, 2003b; Frouin, 2014) on the preheat and measurement  
712 temperature, measurements under well-controlled temperature conditions appear advisable.  
713 However, due to technical limitations, measurements under controlled (elevated) temperature  
714 conditions have only been applied by Frouin et al. (2017). They suggested a preheat of 70 °C  
715 based on the observation of thermally assisted phosphorescence. Huot et al. (2015) advised that a  
716 temperature range of 70 °C to 100 °C would be suitable. However, Erfurt and Krbetschek  
717 (2003b) neglected the need for any preheat prior to measurement following their observation of  
718 no change in IR-RF intensity from room temperature to 250 °C (cf. Fig. 2 in Erfurt and  
719 Krbetschek, 2003b). Nevertheless, a comparison of IR-RF ages with independent age control  
720 showed improvement in results when measurements are carried out at elevated temperature  
721 (Frouin et al., 2017). Therefore, Frouin et al. (2017) recommended measurements at elevated  
722 temperature.

723 *Sensitivity correction (also Sec. 5.4):* Monitoring changes in the dose-response characteristics is  
724 an essential feature of every OSL SAR protocol. Schilles (2002) and Varma et al. (2013)  
725 included treatments to correct for unwanted changes in IR-RF signal sensitivity by introducing a  
726 correction factor for IR-RF measurements. Murari et al. (2018) investigated a new way of  
727 correction. In this method, the shapes of IR-RF curves are matched by moving the  $RF_{nat}$

728 vertically along with horizontal sliding (Sec. 5.4 for sensitivity change). This method was able to  
729 recover a given dose with 3–10 % accuracy, compared to an offset by 15–23 % when recovered  
730 only using the horizontal sliding method proposed by Buylaert et al. (2012). The recommended  
731 method (Kreutzer et al., 2017; Murari et al., 2018) does not need any extra measurements other  
732 than those implemented in the protocol suggested by Frouin et al. (2017). However, the  $RF_{\text{nat}}$   
733 measurement should be long enough to produce an RF signal with pronounced curvature to  
734 match the  $RF_{\text{nat}}$  and  $RF_{\text{reg}}$  curves.

## 735 6.2 Data analysis

736 Data analysis for  $D_e$  estimation is essential for age determination.  $D_e$  determination requires a  
737 comparison of the natural and a minimum of one regenerated IR-RF signal. The different  
738 methods available for making this comparison are described below.

### 739 *Figure 11*

#### 740 *( $D_e$ determination methods)*

741 *Extrapolation and Interpolation method:* Three different approaches were presented to analyse  
742 IR-RF data (Fig. 11): (I) extrapolation, (II) interpolation and (III) sliding. The first two  
743 approaches comprise a mathematical curve fitting for  $D_e$  determination. Extrapolation (Fig. 11A)  
744 and interpolation (Fig. 11B) requires that either the natural or regenerative signal is recorded  
745 over a more extended period (natural signal: extrapolation; regenerative signal: interpolation).  
746 The chosen channel resolution and stimulation time determine the precision of the curve fitting  
747 and thus, the statistical error of the  $D_e$ . For curve fitting (extrapolation, interpolation), Trautmann  
748 et al. (1999a), Krbetschek et al. (2000) and Schilles (2002) proposed a single exponential  
749 decaying function with three parameters. Later, Erfurt and Krbetschek (2003b) recognized that  
750 the curve shape could be best described using a so-called stretched exponential function (Fig.  
751 12). This function was suggested in a general form by, e.g., Pavesi and Ceschini (1993). The  
752 stretched exponential function introduces a dispersion factor ( $\beta$ ), which accounts for the  
753 underlying physical processes in disordered condensed matter systems. Unfortunately, the  
754 mathematical expression of this function type is not consistent in the IR-RF literature (Fig. 12)  
755 and differs regarding the placement of  $\beta$  in the equation. Although the functions shown in Fig. 12  
756 may result in consistent  $D_e$  estimations, they reveal different curve shapes for similar parameter

757 sets. Therefore, parameters describing an IR-RF curve's decay cannot be compared without a  
758 statement on the applied mathematical expression.

759 **Figure 12**

760 **(Equations used for IR-RF curve fitting)**

761 Due to the general difficulties associated with  $D_e$  estimation by extrapolation (i.e., substantial  
762 uncertainties), this methodological approach appears to have been abandoned in later studies, and  
763 more recently only  $D_e$  estimation by interpolation has been applied (e.g., Wagner et al., 2010;  
764 Novothny et al., 2010; Kreutzer et al., 2014). Nevertheless, every fitting method requires an  
765 assumption regarding the IR-RF curve shape, either based on a model or the best graphic  
766 adaption of the curve shape. Furthermore, IR-RF curves recorded only for a short time do not  
767 sufficiently reveal the curve shape and potential changes.

768 *Sliding method:* Buylaert et al. (2012) suggested a data analysis method based on horizontal  
769 sliding of the  $RF_{nat}$  curve until the best match is reached (inspired by the *Australian slide* method  
770 introduced initially by Prescott et al., 1993). This approach appears to be even more justified  
771 since Frouin et al. (2017) pointed out an initial rise at the beginning of the natural IR-RF curve  
772 (Sec. 5.5). The observed initial rise at the beginning of the IR-RF curve does not allow an  
773 unbiased channel selection if curve fitting combined with interpolation or extrapolation is  
774 applied. In other words, for IR-RF data analysis, the (horizontal) sliding technique should be  
775 favoured over the curve fitting approach. However, it was often seen that  $RF_{nat}$  and  $RF_{reg}$  curves  
776 did not match after horizontal sliding. Kreutzer et al. (2017) suggested enhancing the technique  
777 by combining vertical and horizontal sliding to account for an observed IR-RF light level change  
778 encountered for a particular technical setup, presented in Murari et al. (2018). The sliding  
779 method requires a long natural IR-RF measurement to match the regenerative IR-RF, e.g., Frouin  
780 et al. (2017) (their supplement) recommended a minimum of 40 channels for robust  $D_e$   
781 estimation for the horizontal sliding method. In the case of the vertical and horizontal sliding  
782 methods, Murari et al. (2018) used 100 channels. However, the precise number depends on the  
783 signal shape.

784 *Error estimation:* Krbetschek et al. (2000) suggested that the primary source of random error in  
785 the IR-RF 'mean'  $D_e$  arises from changes in the sample geometry at a single-grain level (see also

786 Trautmann et al., 2000b). In contrast to OSL, where the dose-response curve is typically  
787 reconstructed with a few (e.g., 5–15) regenerative dose measurements, the number of channels  
788 used for constructing the IR-RF dose-response curve can be increased dramatically (e.g., >1,000  
789 values) and is limited only by the instrumental signal-to-noise ratio and the total number of  
790 allowed channels by the system. Consequently, for IR-RF dating studies, individual (statistical)  
791 errors have been ignored, and the standard error deduced from individual  $D_e$  distributions (e.g.,  
792 Wagner et al., 2010; Lauer et al., 2011; Kreutzer et al., 2014). To account for potential errors  
793 Frouin et al. (2017) (their supplement) developed an approach to estimate the standard error of  
794 an individual aliquot based on a non-parametric bootstrapping approach (Efron, 1979) for the  
795 sliding method. Nevertheless, the results of Frouin et al. (2017) also showed that the obtained  
796 individual statistical standard error remains negligible in comparison to inter-aliquot scatter and  
797 becomes relevant only for dim IR-RF signals.

798 *Data analysis software:* To analyse IR-RF data, no specialized software is needed, and  
799 commercial software solutions, e.g., *SigmaPlot<sup>TM</sup>* or *ORIGIN<sup>TM</sup>* may be sufficient to analyse  
800 single measurements. However, within a dating study, the amount of data may demand more  
801 comprehensive and efficient solutions. Two freely available software solutions have been  
802 published to analyse IR-RF data based on the IRSAR Erfurt and Krbetschek (2003b) approach.  
803 The *MS Windows<sup>TM</sup>* software *RLanalyse* (Lapp et al., 2012; latest version 1.20) has implemented  
804 the (horizontal) sliding method and works with BIN/BINX-files produced by a *Risø* TL/OSL  
805 reader. The most recent version of the function `analyse_IRSAR.RF()` implemented in the  
806 package ‘Luminescence’ (Kreutzer et al., 2012, 2018c) makes use of the platform-independent  
807 programming language **R** (R Core Team, 2018), and supports the horizontal and vertical sliding  
808 approach. The function also supports  $D_e$  estimation via curve fitting as described by Erfurt and  
809 Krbetschek (2003b) as well as via sliding including the individual standard error estimation  
810 approach described in Frouin et al. (2017) and Murari et al. (2018). Through the ‘Luminescence’  
811 environment, XSYG-files (Freiberg Instruments *lexsyg* readers), BIN/BINX-files (*Risø* TL/OSL  
812 reader) as well as various other data formats (e.g., file endings \*.csv, \*.txt) are supported as input  
813 data.

## 814 **7 Application of IR-RF dating**

815 The broader use of IR-RF as a dating method for sediments started mainly after introducing the  
816 IRSAR protocol by Erfurt and Krbetschek (2003b). Signal saturation levels of > 1,000 Gy (e.g.,  
817 Erfurt and Krbetschek, 2003b and Sec. 5.7) favoured IR-RF dating applications on Middle  
818 Pleistocene sediments which are generally beyond the quartz OSL dating limit. The typical dose  
819 saturation for quartz OSL measured in the UV is reached around 150–200 Gy (Wintle and  
820 Murray, 2006) except for a few cases where quartz doses >300 Gy are reported (e.g., Lowick and  
821 Valla, 2018). Until now, IR-RF dating has mainly been applied to coarse grain K-rich feldspar  
822 using multiple-grains (Secs. 7.17.2). Spatially resolved and single grain studies are limited to  
823 preliminary work (e.g., Schilles 2002; Trautmann et al., 2000b) and a manuscript in an open  
824 discussion by Mittelstrass and Kreutzer (preprint) and are thus not further discussed here.  
825 Applications of IR-RF on polymineral fine-grain samples (4–11  $\mu\text{m}$ ) are currently limited to  
826 three studies (Schilles, 2002; Kreutzer et al., 2018b; Coussot et al., 2019).

### 827 **7.1 Application to glacio-fluvial and fluvial sediments**

828 In the past, IR-RF dating has been favoured particularly for constraining the timing of the  
829 Saalian glacial cycle and the Eemian interglacial by dating fluvial deposits of sites located in  
830 Central/Eastern Germany (Eissmann, 2002) by Degering and Krbetschek (2007), Krbetschek et  
831 al. (2008) and Kreutzer et al. (2014). Degering and Krbetschek (2007) presented IR-RF ages  
832 ranging from  $120 \pm 15$  ka to  $158 \pm 21$  ka for the Eemian site Klinge (Germany), and the results  
833 were in good agreement with quartz and K-feldspar OSL and IRSL luminescence dating results.  
834 IR-RF dated fluvial sites (e.g., Wallendorf and Delitzsch, Germany) are highly relevant for  
835 establishing a chronology for Middle Pleistocene Palaeolithic human activity in Europe due to  
836 the presence of stone-artefacts embedded in fluvial sands and gravels. Krbetschek et al. (2008)  
837 presented IR-RF ages ranging from ~150 ka to ~306 ka for the Saalian period and highlighted  
838 human activity in Central Germany already at around 300 ka. Lauer and Weiss (2018) compared  
839 pIRIR<sub>290</sub> luminescence ages from the important palaeolithic site of Markkleeberg (Baumann et  
840 al., 1983; Schäfer et al., 2003) with previously available IR-RF ages (Krbetschek et al., 2003)  
841 and found the pIRIR<sub>290</sub> and IR-RF ages were in excellent agreement and provided late MIS 6  
842 ages for the upper fluvial sequence at the site. Also, for the key site of the Homo heidelbergensis,

843 located at Mauer in south-west Germany, IR-RF was applied to fluvial deposits correlated to the  
844 archaeological horizon of the Mauer mandible. At this site, the IR-RF ages were in good  
845 agreement with results of combined electron spin resonance (ESR)/U-series dating on mammal  
846 teeth, yielding an age of around 0.6 Ma (Wagner et al., 2010). Lauer et al. (2011) used IR-RF to  
847 date fluvial deposits collected from sediment-cores drilled into the northern Upper Rhine Graben  
848 (Germany). They deduced several fluvial aggradation periods and phases of increased tectonic  
849 subsidence between ~300 ka and ~650 ka based on these IR-RF ages. Li et al. (2017) compared  
850 the data reported by Lauer et al. (2011) with their chronology based on fading corrected pIRIR<sub>225</sub>  
851 ages obtained for the core Heidelberg UniNord 1. Except for the lowermost sample (below the  
852 B/M boundary) both chronologies were broadly consistent. For the lowest sample, Li et al.  
853 (2017) reported a minimum age of  $>602 \pm 77$  ka, consistent with the magnetostratigraphic  
854 information which was not available in 2011. In light of the new findings, the IR-RF age of  $643$   
855  $\pm 28$  ka by Lauer et al. (2011) should be considered as minimum age. The reasons for this age  
856 underestimation should be subject to future research.

857 In general, studies presented by Krbetschek et al. (2008) and Wagner et al. (2010) demonstrated  
858 good agreement with independent age control. In contrast to these studies, Buylaert et al. (2012)  
859 showed that IR-RF dating results of coastal marine sediments from Russia and Denmark as well  
860 as colluvial sediments from France were either overestimated (for ages between 20–45 ka) or  
861 underestimated (for older samples ~128 ka) compared to independent dating methods based on  
862 biostratigraphy, radiocarbon (<sup>14</sup>C), OSL and pIRIR<sub>290</sub> (for numerical values cf. Table S1 in  
863 Buylaert et al., 2012).

### 864 *Figure 13 ABC*

865 *(Age comparison)*

## 866 **7.2 Application to aeolian deposits**

867 Well-bleached sediments, such as wind-blown loess or dune sands seem to be most suitable for  
868 IR-RF dating applications, although the amount of sand-sized K-feldspars in silt-dominated loess  
869 is limited. Early aeolian samples used for IR-RF dating result originate from a sediment core  
870 from the Gaxun Nur Basin in North-West Chin (Wünnemann et al., 2007). The IR-RF dating



871 results<sup>2</sup> significantly overestimated previously reported TL/IRSL ages and were discarded by the  
872 authors (Wünnemann et al., 2007), without presenting further technical details.

873 Novothny et al. (2010) were the first to extract coarse-grained K-feldspars from Hungarian loess  
874 for IR-RF dating. The IR-RF ages of ~200 ka presented by Novothny et al. (2010) significantly  
875 overestimated the fading-corrected IRSL ages of ~130 ka, explained due to insufficient bleaching  
876 of the coarse-grained fraction. An IR-RF age overestimation compared to quartz OSL ages of  
877 reworked aeolian sediments from Egypt was also reported by Buylaert et al. (2012), which was  
878 either attributed to a preliminary determination of the bleaching level before the regenerative  
879 dose measurement or sensitivity changes between the measurement of the natural and  
880 regenerated curves.

881 It was recently demonstrated that the modified IRSAR-protocol, measuring the IR-RF signal at  
882 70 °C (RF<sub>70</sub>), recovered IR-RF ages on modern aeolian samples that agreed with independent  
883 age control. Frouin et al. (2017) have shown reasonable agreement with independent age control  
884 from polymineral (4–11 µm) fine-grain results published by Meszner et al. (2013). However,  
885 they also observed a large scatter in their  $D_e$  distributions. Another age from a loess sample from  
886 the same site appeared to be underestimated. This offset was explained by the low  $D_e$  values  
887 resulting from low signal intensities (Frouin et al., 2017).

888 Kreutzer et al. (2018a) presented a dating application study on coastal dynamics from the Médoc  
889 region (south-west France), comparing coarse grain K-feldspar IR-RF ages (RF<sub>70</sub> protocol) with  
890 quartz OSL ages and quartz multiple-centre ESR dating (Toyoda et al., 2000). In this study, the  
891 IR-RF ages were systematically older than the SAR quartz ages, which was believed to be a  
892 consequence of insufficient resetting of the IR-RF signal. However, this study showed  
893 reasonable agreement with the ESR ages for older sediments (200–330 ka). Similarly, Scerri et  
894 al. (2018) also found that RF<sub>70</sub> and pIRIR<sub>290</sub> age estimates were consistent within a 2-sigma limit  
895 and in stratigraphic order. The aeolian samples from an archaeological site in Saudi Arabia  
896 resulted in age estimates of ~276 ka for the older (archaeologically sterile) layer and 197 ka for  
897 the human occupation layer.

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<sup>2</sup> In Fig. 22.3 (Wünnemann et al., 2007) the IR-RF results were erroneously presented as OSL dates.

### 898 **7.3 Remarks on IR-RF age accuracy and independent age control**

899 Figure 13 presents a non-exhaustive overview of published IR-RF data. The ages from the IR-RF  
900 dating approaches generally show good agreement with independent age control (e.g., Degering  
901 and Krbetschek, 2007), whereas the IR-RF ages from Buylaert et al. (2012) disagree with  
902 independently derived ages. Again, a good agreement between IR-RF and independent ages was  
903 reported using a modified IRSAR protocol (RF<sub>70</sub>) suggested by Frouin et al. (2017).

904 The study by Frouin et al. (2017) was the first to present various IR-RF dating applications with  
905 a modified IRSAR protocol (RF<sub>70</sub>), which agreed with independent age control. IR-RF dating of  
906 a Pleistocene beach deposit from Peru and colluvial deposits from France appeared to be  
907 overestimated compared to independent age information from IRSL, U/Th series or radiocarbon  
908 dating; a pattern also observed by Schaarschmidt et al. (2019). However, for the Peruvian  
909 sample, IR-RF and pIRIR<sub>290</sub> ages agreed within error limits. Similarly, Holocene beach sand  
910 from Denmark and another colluvial example from France yielded ages in good agreement with  
911 independent age information. In conclusion, published IR-RF dating results indicated that the IR-  
912 RF dating method produced correct ages in some cases, but fails for other cases. It seems that  
913 there are still methodological problems related to IR-RF dating, and further investigation is  
914 needed to overcome these challenges.

## 915 **8 Summary and future directions of IR-RF dating**

916 Overall, regardless of ambivalent dating results in some studies, IR-RF appears to be a promising  
917 but somewhat overlooked dating method on K-feldspars. The status quo renders a picture with  
918 several, potentially, game-changing advantages but without a significant breakthrough because  
919 those benefits are not received as significant enough by dating practitioners. On the other hand,  
920 IR-RF poses a bunch of open questions and challenges that are yet to overcome.

### 921 **8.1 The status quo**

922 The plus side of IR-RF dating has different dimensions. From a **methodological perspective**,  
923 IR-RF is believed to monitor the trapping of electrons in the principal trap, i.e., it is a *direct*  
924 measurement of the dose accumulation in the mineral. This approach is conceptionally different  
925 from conventional OSL, IRSL and TL measurements, involving secondary recombination

926 processes to infer the signal of interest. Debated methodological issues, such as phosphorescence  
927 and sensitivity change (see Secs. 5.35.4), appear to be manageable by proper experimental and  
928 data analysis design.

929 From a **practical perspective**, compared to post-IR IRSL dating, for instance, the measurement  
930 sequence for one aliquot is reasonably concise, less error-prone, and, depending on the aimed  
931 dose range, likely less time-consuming (depending on the chosen measurement sequence). The  
932 dose-response curve is the IR-RF curve measured during irradiation with a resolution usually in  
933 the order of a fraction of a Gy. Instead of applying different fitting equations determining the  $D_e$ ,  
934 the data analysis using the sliding method, i.e., matching two dose-response curves ( $RF_{nat}$  and  
935  $RF_{reg}$ ), could not be more straightforward. Software to analyse IR-RF signals is freely available  
936 and partly open-source. The biggest obstacle for applying IR-RF dating in the past, availability  
937 of equipment, is no more. At least two commercial manufacturers offer ready-to-use IR-RF  
938 readers for research and dating applications.

939 From a **dating perspective**, the target mineral, K-feldspar, shows a high natural abundance, an  
940 acknowledged higher luminescence dating range compared to quartz, and the internal potassium  
941 concentration lowers the impact of the external dose-rate contribution. However, conventional  
942 feldspar luminescence is reported to suffer from an unwanted athermal signal loss (fading).  
943 Contrary to IRSL, no definite evidence was provided for fading of the IR-RF signal of K-  
944 feldspars to date. Although Buylaert et al. (2012) reported age underestimations for older  
945 samples of ca 30 %, this does not appear to be a generally observed pattern. Furthermore, signal  
946 instability as a cause for this observation was considered unlikely by Kumar et al. (2021). The  
947 thermal stability of the IR-RF signal (determining the potential age range) appears to be  
948 sufficiently high up to 700 °C (Sec. 5.6), though previous experiments indicated changes of the  
949 IR-RF signal shape above ~250 °C (Trautmann et al., 1999a; Erfurt and Krbetschek, 2003b;  
950 Frouin et al., 2017).

951 However, to sustain, a dating method has to show advantages over established methods, which  
952 are also perceived as significant for application studies. Supposing that the signal of choice is  
953 thermally and athermally stable, for luminescence-based chronologies such advantages are  
954 measured in terms of bleachability and temporal range.

955 Compared to pIRIR<sub>290</sub>, which seems to suffer from no or at least less fading than IRSL, IR-RF's  
956 bleachability is comparable. In other words, in natural environments involving sediment  
957 transport processes with only short sunlight exposure, IR-RF dating seems to be as applicable as  
958 pIRIR<sub>290</sub> and other methods may suit better. Whether the temporal range is as high as the ~1.2–3  
959 Ma (~ 3,600 Gy) postulated by Murari et al. (2018) is yet to be revealed. More realistically seem  
960 values around up to 1,500 Gy measured by, e.g., Erfurt (2003b), Frouin (2014), Frouin et al.  
961 (2017) and Kreutzer et al. (2018). Here we conclude that the signal saturation limit (and thus the  
962 temporal range) appears to be significantly higher than for conventional OSL on quartz (up to  
963 400 Gy, typically lower, for a review cf. Wintle and Adamiec, 2017). This “winning margin” is  
964 less pronounced if IR-RF is compared to studies reporting post-IR IRSL (more specific:  
965 pIRIR<sub>290</sub>) or MET-pIRIR results. For instance, Liu et al. (2016) reported doses up to ca. 1,240  
966 Gy, however, ages were reported to underestimate the independent age control above ca. 600–  
967 900 Gy (cf. Lieu et al., 2016; their Table 2 and Fig. 3). For MET-pIRIR, Li et al. (2014) reported  
968 potential natural dose measurements up to ca. 1,500 Gy, however, it remains unclear whether  
969 such values can be met regularly in routine dating studies (cf. Zhang and Li, 2020 for a  
970 discussion).

## 971 **8.2 Future directions**

972 Future methodological research on IR-RF should first resolve some open debates, particularly on  
973 signal saturation and signal stability (fading). Although fading does not appear to be a generally  
974 observed pattern, this topic should be explored in more detail, along with potential sensitivity  
975 changes using samples of known and geological age. The biggest obstacle to resolving whether  
976 the signal recorded with IR-RF is stable or suffers from an athermal signal loss over geological  
977 timescales might be the experimental design. From the current perspective, it appears that short  
978 experiments over a couple of weeks to months are not sufficient to provide answers to that  
979 question. Hence, research should involve laboratories with a relatively long history and an  
980 archive of already measured, irradiated and stored feldspar specimen. The quantification of the  
981 saturation level is more of theoretical than practical relevance.

982 With regard to the literature, it is safe to assume a rather broad, sample dependent, saturation  
983 level range between 600 Gy and 2,000 Gy up to perhaps 4,000 Gy. However, of relevance for the

984 dating practice is the limit of the K-feldspar sample at hand, regardless of any theoretical value.  
985 In other words, the saturation level of IR-RF dating and with it the temporal range, will itself  
986 establish circumstantially over time; with or without dedicated research. However, both research  
987 on the fading behaviour and the signal saturation might contribute to a broader understanding of  
988 the physics underpinning IR-RF. To date, Trautmann's model (Trautman et al., 2000a) remained,  
989 to our knowledge, the only comprehensible model genuinely dedicated to IR-RF. Clearly, efforts  
990 are needed to combine the old and new findings around IR-PL and combine them with  
991 established knowledge in IRSL to decipher the proposed resemblance of IR-RF and IR-PL (cf.  
992 Kumar et al., 2020). Similarly, while there seems to be extensive research to identify the defect  
993 responsible for IR-PL (most recently Kumar et al., 2020), it appears that established knowledge  
994 on the role of Pb in the luminescence production in feldspar (cf. textbook by Ostrooumov, 2016)  
995 did not (yet) receive full attention.

996 On the application site, the next logical application step is spatially resolved IR-RF in a single  
997 grain (Mittelstrass and Kreutzer, preprint) or even sub-grain level as concluded by Kumar et al.  
998 (2020).

999 Another direction to test, for already available multi-grain IR-RF, are fine-grain (polymineral)  
1000 mineral fractions. The few attempts reported in the literature yielded promising results (Schilles  
1001 2002; Coussot et al., 2019). However, the mixture of minerals in such samples may hamper its  
1002 application. Meyer et al. (2013) used quantitative evaluation of minerals by scanning electron  
1003 microscopy (QEMSCAN) for polymineral fine grain OSL samples from interglacial lacustrine  
1004 units (NW11 and THG 4 from Switzerland; Lowick et al., 2012) and found that K-feldspar  
1005 amounts only to ~2–4 %. The major component of the samples was quartz (40–50 %).  
1006 Tsukamoto et al. (2012) confirmed similar observations for various loess samples using X-ray  
1007 diffractometry (XRD) as well as scanning electron microscopy-energy dispersive X-ray (SEM-  
1008 EDX). While quartz samples emit RF in the IR region, but not beyond 735 nm (Schmidt et al.,  
1009 2015), quartz may not interfere with the main IR-RF emission (865 nm). However, the  
1010 polymineral composition may lead to unfortunate emission spectra with, e.g., a dominating peak  
1011 at 710 nm (cf. Heydari et al., 2021, for an unsuccessful IR-RF dating attempt using  
1012 polyminerals). Hence, for such an application, spectrometer measurements appear indispensable.  
1013 Besides, deploying IR-RF on polymineral fine grain samples would significantly broaden the

1014 application to environmental settings where grain sizes  $<90 \mu\text{m}$  dominate, and applications can  
1015 be tested preferably without extensive methodological research.

1016 In summary, the current status of IR-RF dating still leaves room for rich methodological and  
1017 application studies towards a potentially bright future.

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1029

1030 **Figure captions**1031 **Figure 1**

1032 Schematic of the different luminescence transitions involved in IR-RF, IRSL and post-IR IRSL  
1033 measurements, based on Trautmann et al. (1998, 1999a, 2000a) and Jain and Ankjærgaard  
1034 (2011). Colours read as follows: Black lines indicate electron transitions; blue lines indicate hole  
1035 migrations. Red colours also refer to electron transitions but related to the production of IRSL.  
1036 [a] Exposure to ionizing radiation results in a constant flux of electrons from the valence band to  
1037 the conduction band. These electrons may recombine radiatively [b], non-radiatively (not-shown  
1038 for clarity), drop immediately back to the valence band (not-shown for clarity) or populate the  
1039 IRSL trap [c]. Electrons that populate the IRSL trap pass through the excited state, resulting in  
1040 infrared radiofluorescence (1.43 eV). Electrons within the IRSL trap are sensitive to infrared  
1041 light and preferentially recombine with proximal holes. Additionally, the electrons may tunnel  
1042 directly from the ground-state of the trap [d] (anomalous fading). Alternatively, Trautmann  
1043 (2000) and Trautmann et al. (2000a) proposed hole production by allowing a direct transition of  
1044 electrons into the valence band. This facilitates new possibilities for the recombination of  
1045 electrons in the IRSL trap [e]. Note that each electron stimulated from the valence band will  
1046 result in the production of a hole. However, these are not shown for clarity. If the electrons are  
1047 stimulated with infrared light, they reach the excited state of the trap, from which they can  
1048 migrate locally [f] before recombining. Higher temperature stimulations provide phonon-  
1049 assistance (dashed black arrows), allowing post-IR IRSL signals to be measured from electrons  
1050 that have diffused through the band-tail states to more distal holes [g], which are thermally and  
1051 athermally more stable.

1052 **Figure 2**

1053 Schematic representation of self-made and commercially available measurement devices. A) The  
1054 device used by Erfurt (redrawn after Erfurt et al., 2003). B) The device used by Schilles (redrawn  
1055 after Schilles, 2002). C) The device manufactured by Risø laboratories (redrawn after Lapp et al.,  
1056 2012). D) The device manufactured by Freiberg Instruments (redrawn after Richter et al., 2013)

1057

1058 **Figure 3**

1059 The efficiencies of four different spectrometers. The overall efficiencies of spectrometers were  
1060 approximated by multiplying the individual efficiencies of the grating with those of the  
1061 spectrograph and the CCD chip.

1062 **Figure 4**

1063 Effective detection band for (A) the setups used by Schilles (2002) and Erfurt (2003b), and (B)  
1064 *Risø* and *lexsyg research* readers. The net transitions were estimated by interpolation and by  
1065 multiplying the filter transmission and quantum efficiency of the PMT.

1066 **Figure 5**

1067 Simulated Gaussian IR-RF peaks from K-feldspar at 710 nm, 865 nm and 910 nm (similar to  
1068 Erfurt and Krbetschek, 2003b). The main IR-RF peak is centred at 865 nm. A) Simulated IR-RF  
1069 spectrum with a high 865 nm peak, simulating a bleached sample. B) Simulated IR-RF spectrum  
1070 with a high 710 nm peak, a situation appearing when the sample is dosed. C) A typical spectrum  
1071 from K-feldspar for a sediment sample (redrawn after Schilles, 2002).

1072 **Figure 6**

1073 IR-RF bleaching using different bleaching sources. A) Sunlight bleaching (redrawn after  
1074 Trautmann et al., 1999a). Full signal resetting is reached within 4–6 h. B) Monochromatic  
1075 bleaching for wavelengths <500 nm; a bleaching plateau seems to be reached within ca. 0.3 h  
1076 (redrawn after Trautmann et al., 2000a). C) Solar simulator (200 W high-pressure Hg-lamp, 5  
1077 mm Schott KG3 heat absorbing filter at a distance 20 cm) allows full signal resetting within 0.7 h  
1078 (redrawn after Krbetschek et al., 2000). D) A bleaching comparison of IR-RF measured at  
1079 elevated temperature ( $RF_{70}$ ) with  $IR_{50}$ ,  $pIRIR_{225}$  and  $pIRIR_{290}$  (redrawn after Frouin et al., 2017).  
1080 Resetting of the IR-RF signal is much slower compared to  $IR_{50}$  and  $pIRIR_{225}$ , but it is similar or  
1081 slightly faster than  $pIRIR_{290}$  and needs ~3 h bleaching time. The x-axis scale is similar for all  
1082 subplots.



1083 **Figure 7**

1084 IR phosphorescence of a K-feldspar sample after bleaching as observed by Erfurt and  
1085 Krbetschek (2003b) (redrawn after Erfurt and Krbetschek, 2003b).

1086 **Figure 8**

1087 A schematic representation to explain the sensitivity change monitored by various authors using  
1088 different methods. A) Derived sensitivity correction factor ( $s$ ) by fitting exponential functions to  
1089 two bleached regenerated IR-RF ( $RF_{reg}$ ) curves (Schilles, 2002). B) Sensitivity correction factor  
1090 ( $F_s$ ) estimation using spline fitting and extrapolation (Varma et al., 2013). C) Sensitivity  
1091 correction of IR-RF data by sliding the natural IR-RF ( $RF_{nat}$ ) curve vertically up or down along  
1092 with horizontal sliding to find the best match with the  $RF_{reg}$  curve (see main text for detail).

1093 **Figure 9**

1094 A) A typical behaviour of the initial rise of IR-RF from a natural sample. The first few channels  
1095 of the measured data show an initial rise in IR-RF intensity before decaying monotonically. B)  
1096 IR-RF signal dynamic range measured while irradiating the sample with a cumulative dose of  
1097 3,900 Gy. The typical dynamic range of IR-RF signals is  $\sim 2$ , as reported by Schilles (2002) and  
1098 (Erfurt, 2003b).

1099 **Figure 10**

1100 IR-RF signal stability with respect to pulse annealing temperature. A) All natural IR-RF ( $RF_{nat}$ )  
1101 signals measured for a fixed short duration at different annealing temperatures. All samples show  
1102 an increase in IR-RF up to 150 °C. For samples Gro8 and Es1 the signal decrease for  
1103 temperatures  $> 250$  °C, but remains stable for sample Ook1, a  $>1$  Ma old sample (redrawn after  
1104 Trautmann et al., 1999a). B) The signal remains stable until ca 250 °C for  $RF_{nat}$  and regenerated  
1105 IR-RF ( $RF_{reg}$ ) for sample TH8 and changes its intensity for temperatures  $>250$  °C (redrawn after  
1106 Frouin et al., 2017).

1107 **Figure 11**

1108 Graphical representation of IR-RF data analysis techniques used to determine the  $D_e$ . A) The  $D_e$   
1109 is obtained by extrapolation using the fitted natural IR-RF signal. B) The natural IR-RF signal is

1110 used to re-calculate the  $D_e$  using the fitted regenerated IR-RF curve after bleaching. C) The  
1111 natural and the regenerated IR-RF signals are recorded before both are matched via (horizontal)  
1112 sliding. D) The natural curve is moved up or down via vertically sliding to find both curves' best  
1113 match. The  $D_e$  is defined as the offset of the natural signal on the x-axis (for further details, see  
1114 main text).

### 1115 **Figure 12**

1116 Simulated IR-RF curves for different equations reported in the literature, with  $\Phi_0$  the initial IR-  
1117 RF photon flux,  $\Delta\Phi$  the dose-dependent change of the IR-RF flux,  $\lambda$  the decay parameter,  $\beta$  the  
1118 dispersion factor and  $D$  the dose. For similar parameter values, the curve shapes differ markedly.  
1119 Values chosen for the figure:  $\Phi_0 = 1$ ,  $\Delta\Phi = 1$ ,  $\lambda = 2.274e-03$ ,  $\beta = 7.6e-01$ .

### 1120 **Figure 13**

1121 A) Independent age control vs IR-RF age (redrawn after Degering and Krbetschek, 2007). All  
1122 IR-RF ages match within the error limits when compared to independent ages. B) All IR-RF ages  
1123 show either over or underestimation compared to independent age control (redrawn from  
1124 supplement data, Buylaert et al., 2012). C) Independent age control vs IR-RF ages measured with  
1125 a modified IRSAR protocol (RF<sub>70</sub>) (redrawn after Frouin et al., 2017). Almost all ages match  
1126 within  $2\sigma$  uncertainty. Abbreviations used in figure legends: IR-RF SOL2: IR-RF ages when  
1127 samples are bleached for 4 h using the external solar lamp Hönle SOL2, Biost.: Biostratigraphy,  
1128 IRSL-50<sub>fc</sub>: Fading corrected IRSL age.

1129

## Table captions

Table 1: The main emission bands and possible defects observed in feldspar (copyright by Prasad 2017, permission granted by the author).

Table 2: Irradiation source parameters for various devices used for IR-RF stimulation.

Table 3: The relevant parameters for different spectrometer configurations.

Table 4: Detection parameters for various devices used for IR-RF detection.

Table 5: Bleaching source parameters for various devices used for IR-RF bleaching.

Table 6: Overview of published IR-RF measurement protocols used for  $D_e$  determination. et al.,

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Table 1.

<i>Emission band</i>	<i>Excitation</i>	<i>Possible origin</i>	<i>Reference</i>
~3.8–4.4 eV (280–320 nm)	TL	Strain and/or ionic diffusion	Garcia-Guinea et al. (1999)
	PL	Tl <sup>+</sup>	Gorobets et al. (1995)
	IRSL		Baril and Huntley (2003a)
	TR-OSL		Clark and Bailiff (1998)
~3.1 eV (400 nm)	CL	Paramagnetic defect	*Finch and Klein (1999)
	IRSL	?	Rieser et al. (1999)
	IRSL	?	Baril and Huntley (2003a)
~2.2 eV (560 nm)	IRSL	Mn <sup>2+</sup>	Rieser et al. (1997)
	IRSL		Baril and Huntley (2003a)
	CL		Geake et al. (1977)
	TR-OSL		Clark and Bailiff (1998)
~1.7 eV (730 nm)	Absorption	Fe <sup>3+</sup>	White et al. (1986)
	PL		Telfer and Walker (1975)
	IRSL		Krbetschek et al. (1997)
	PL		Poolton et al. (1996, 2006)
~1.45 eV (855 nm)	RL or RF	IRSL dating trap	Trautmann et al. (1998)
~1.41–1.3 eV (900 nm) (~880 nm and ~955 nm)	CL (at 7 K)	IRCL trap with two sites and Fe <sup>4+</sup> as a competitor	Kumar et al. (2020)
~1.3–1.36 eV (910 nm)	RL or RF	Pb <sup>+</sup>	Erfurt (2003b)
	Post IR phosphorescence	IRSL dating trap	Baril and Huntley (2003a)
	TL	?	Krbetschek and Rieser (1995)

TL: Thermoluminescence, IRSL: Infrared stimulated luminescence, CL: Cathodoluminescence, RF: Radiofluorescence, RL: Radioluminescence, PL: Photoluminescence

TR-OSL: Time-resolved optically stimulated luminescence, IRCL: Infrared Cathodoluminescence

\* Finch and Klein (1999) reported the peak maximum at 430 nm related to Al<sup>3+</sup>-O<sup>2-</sup>-Al<sup>3+</sup> “Löwenstein” bridges.

Table 2:

<i>Laboratory / Manufacturer</i>	<i>Radiation source</i>	<i>Activity [GBq]</i>	<i>Radiation Type</i>	<i>Source type</i>	<i>Dose rate [Gy min<sup>-1</sup>]</i>	<i>Active area [mm<sup>2</sup>]</i>	<i>Reference</i>
Freiberg	<sup>137</sup> Cs/ <sup>137</sup> Ba	0.0037	β and γ	Planar	0.050	19.6	Trautmann (1999)
Freiberg	<sup>137</sup> Cs/ <sup>137</sup> Ba	0.0050	β and γ	Planar	0.080	50.3	Erfurt (2003b)
Heidelberg	<sup>137</sup> Cs/ <sup>137</sup> Ba	0.0037	β and γ	Planar	0.034	28.3	Schilles (2002)
Risø	<sup>90</sup> Sr/ <sup>90</sup> Y	1.48	β	Planar	2.640	50.3	Buylaert et al. (2012)
Freiberg Instruments	<sup>90</sup> Sr/ <sup>90</sup> Y	1.6–2	β	Ring	2.250	n.a.	Richter et al. (2012)

# Erfurt calibrated the radiation source with Al<sub>2</sub>O<sub>3</sub>:C while the other readers were calibrated with natural (calibration) quartz.

Table 3:

<i>Laboratory / Manufacturer</i>	Spectrograph	<i>Spectrograph/Grating</i>		Dispersion [nm]	Company	<i>CCD Camera</i>			<i>Reference</i>
		Grating	Blazed			Camera type	Active Pixels	Cooling Type	
Freiberg	Jobin Yvon CP200	Holographic	Not applicable	300–1000	Marconi	NA	1152x298	-100 °C (Liquid nitrogen)	Rieser et al. (1994)
Freiberg	Jobin-Yvon CP200	Holographic	Not applicable	250–1152	Marconi	Front-illuminated	1152x352	-100 °C (Liquid nitrogen)	Erfurt (2003b), Rieser et al. (1994)
Heidelberg	Acton SP150	150 lines/mm	300 nm	200–1100	Princeton Instruments	Back-illuminated	1100x330	-100 °C (Liquid nitrogen)	Rieser et al. (1999)
Freiberg Instruments	Andor Shamrock 163	300 lines/mm	500 nm	200–1050	Andor Newton 920-BU/iDus 420 OE	Back-illuminated / Open Electrode	1024x255	-80 °C (TE Cooled)	Richter et al. (2013)

TE Cooled: Thermoelectric cooling

Table 4:

<i>Laboratory/ Manufacturer</i>	<i>Detector</i>	<i>Detection [nm]</i>	<i>Filters</i>	<i>Bandpass [nm]</i>	<i>Light collection</i>	<i>References</i>
Freiberg	Spectrometer	300–1000	No filter	300-1000	Optical Guide	*Trautmann (1999)
Freiberg	Spectrometer / Hamamatsu (R943-02)	160–930	HQ865/20	855-875	Optical Guide	#Erfurt (2003b)
Heidelberg	Spectrometer / Hamamatsu (R943-02)	160–930	IR83 HOYA	820-930	Optical Guide	#Schilles (2002)
Risø	Hamamatsu (H7421-50)	380–890	Chroma D900/100	850-890	Optical Guide	Buylaert et al. (2012)
Freiberg Instruments	Spectrometer / Hamamatsu (H7421-50)	380–890	Chroma D850/40	845-885	Direct	Richter et al. (2013)

\*Trautmann's research was based on spectrometer measurements using a 200–800 nm detection range. Later, the spectrometer was modified for detecting 300–1,000 nm. The integrated counts of IR-RF peak were used to estimate the  $D_e$ .

#Schilles and Erfurt used liquid-cooled thermoelectric housing (LCT50, Thorn EMI) at about  $-20^{\circ}\text{C}$  to reduce the thermal noise.

Table 5:

<i>Laboratory/ Manufacturer</i>	<i>Bleaching source</i>	<i>Spectrum</i>	<i>Max Power*</i> <i>[mW cm<sup>-2</sup>]</i>	<i>Connection</i>	<i>Reference</i>
Freiberg	Hg-Lamp	UV-VIS	--	Optical Guide	# Trautmann (1999)
Freiberg	250W OSRAM LAMP	UV-VIS	100	Optical Guide	+ Erfurt (2003b)
Heidelberg	150W QTH	UV-VIS	80	Optical Guide	+ Schilles (2002)
Risø	UV LED	UV	700	Direct	Buylaert et al. (2012)
Freiberg Instruments	6 LED solar simulator	UV-IR	700	Direct	Richter et al. (2013)

\*Maximum power density of the bleaching units refers to approximate power at the sample position. It can vary from device to device.

#Trautmann (1999) used an interference filter in front of the solar lamp for monochromatic bleaching.

+Schilles (2002) and Erfurt (2003b) both used an IR cut-off filter.



1 Table 6:

Reference	Protocol Abbr.	Treatments and observations <sup>1</sup>						Data analysis	Comments
		#1	#2	#3	#4	#5	#6		
Buylaert et al. (2012)	NA (based on IRSAR)	-	IR-RF [ $RF_{nat}$ ]	Bleaching ( $\geq 1,800$ s) (ca. 395 nm)	Pause ( $\geq 3,600$ s)	-	IR-RF [ $RF_{reg}$ ]	Sliding	-
Erfurt and Krbetschek (2003b)	IRSAR	-	IR-RF [ $RF_{nat}$ ]	Bleaching ( $\geq 1,800$ s) (artificial solar spectrum)	Pause ( $\geq 3,600$ s)	-	IR-RF [ $RF_{reg}$ ]	Fitting (interp.)	$RF_{nat}$ is represented by only a few channels
Frouin et al. (2017)	RF <sub>70</sub> (based on IRSAR)	PH@70 °C (900 s)	IR-RF@70 °C [ $RF_{nat}$ ]	Bleaching@70 °C ( $\geq 7,200$ s) (artificial solar spectrum)	Pause ( $\geq 3,600$ s)	PH@70 °C (900 s)	IR-RF@70 °C [ $RF_{reg}$ ]	Sliding	-
Krbetschek et al. (2000)	NA	-	IR-RF [ $RF_{nat}$ ]	Bleaching ( $\geq 1,800$ s) (artificial solar spectrum)	-	-	IR-RF [ $RF_{reg}$ ]	Fitting Sliding	Based on the results by Trautmann et al. (1999a), but with artificial bleaching
Trautmann et al. (1999a)	NA	-	IR-RF [ $RF_{nat}$ ]	Bleaching (natural sunlight)	-	-	IR-RF [ $RF_{reg}$ ]	Fitting (extrapol.)	$RF_{reg}$ is represented by only a few channels
Schilles (2002)	NA	-	IR-RF [ $RF_{nat}$ ]	Bleaching $\geq 3,600$ s) (artificial solar spectrum)	Pause ( $\geq 1,800$ s)	-	IR-RF [ $RF_{reg}$ ]	Fitting	Combination of extrapolation and interpolation for the data analysis; sensitivity correction using a separate aliquot (Schilles, 2002, p. 97)
Varma et al. (2013) <sup>2</sup>	NA (based on IRSAR)	-	IR-RF [ $RF_{nat}$ ]	Bleaching ( $\geq 800$ s) (ca. 395 nm)	-	-	IR-RF [ $RF_{reg}$ ]	Sliding	200 s phosphorescence measurement before and after each IR-RF measurement; Repeat step #3 and #6 to monitor sensitivity changes

2 <sup>1</sup>The instrumental setup differs considerably across the studies and should be considered before protocol application. If no measurement temperature is listed, such value was not  
3 reported by the study or no additional heating above ambient temperature was applied. Please note that the table lists only general treatments, for further details the reader is  
4 referred to the respective publication.

5 <sup>2</sup>The authors used their protocol for dose recovery tests only; distinct  $D_e$  determinations are not mentioned.

6 PH: Preheat | NA: Not available

7

8

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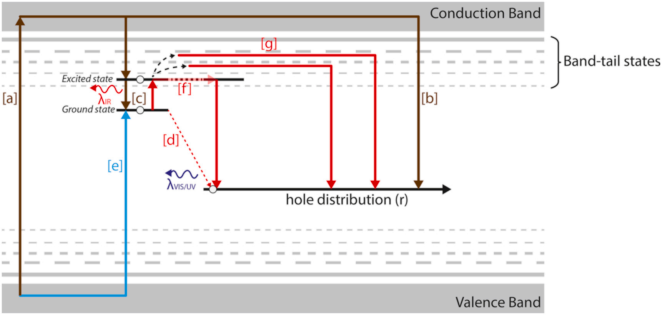
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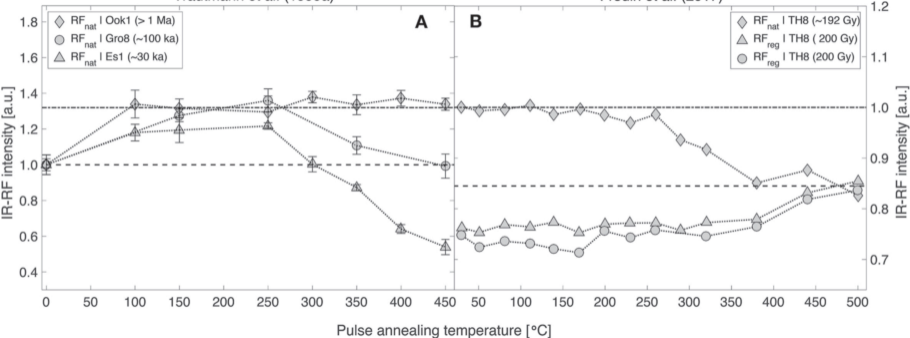


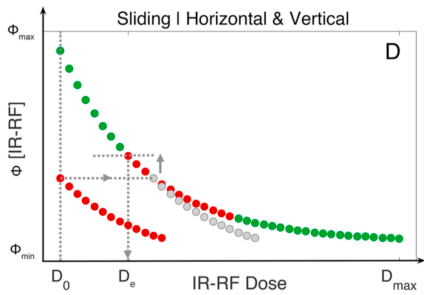
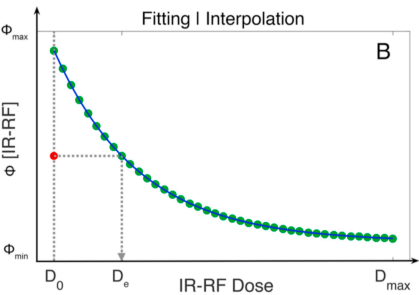
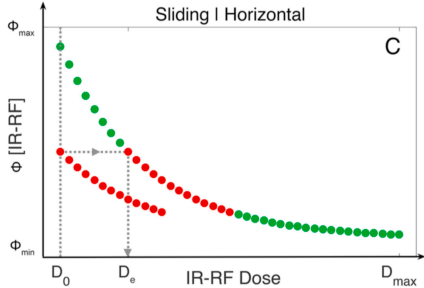
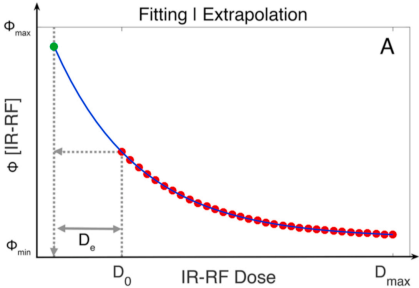
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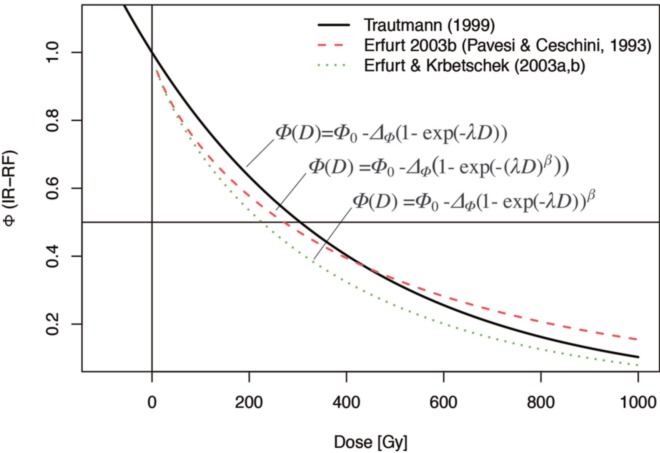
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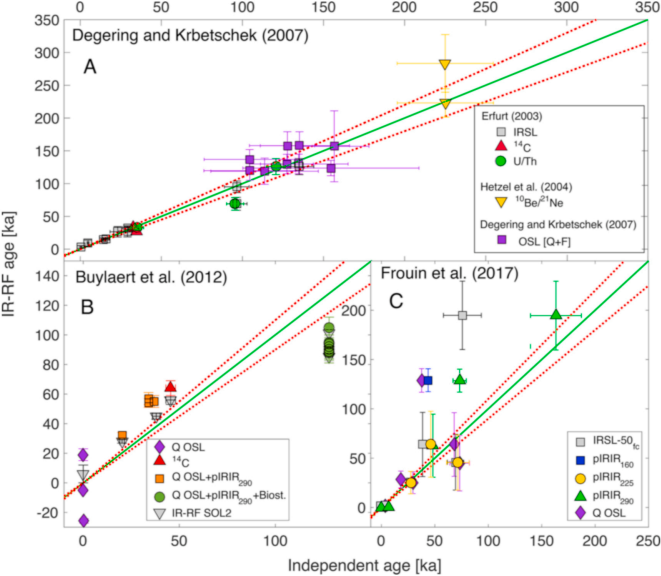


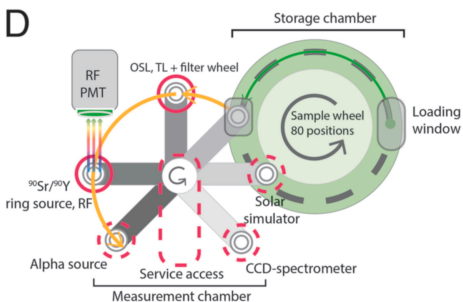
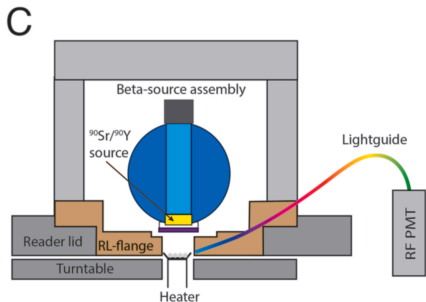
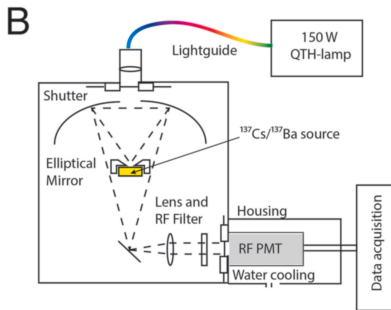
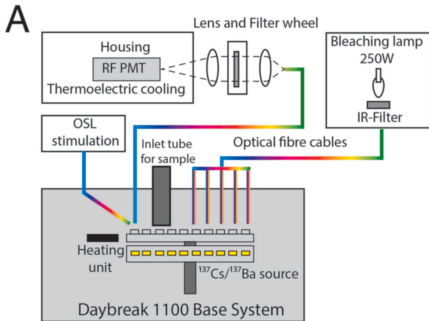


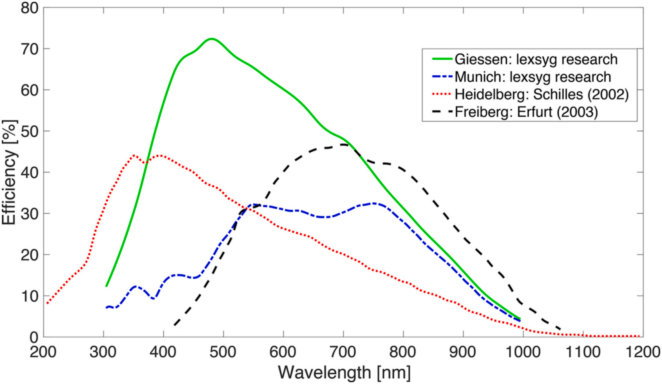
— Fitting • Natural • Regenerated • Horiz. Sliding

# Equations used for IR-RF curve fitting

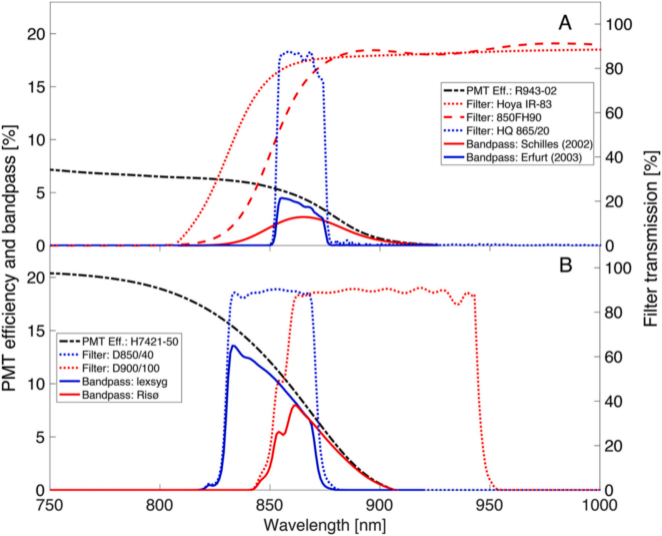


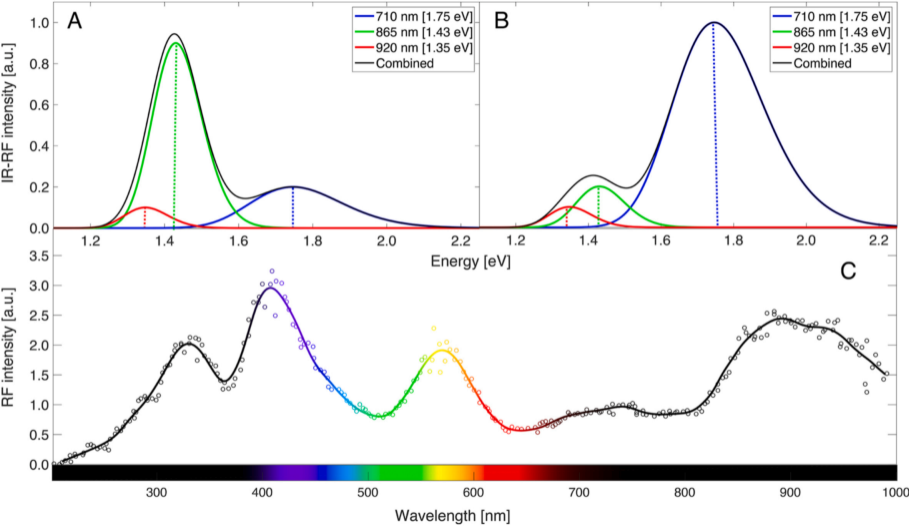


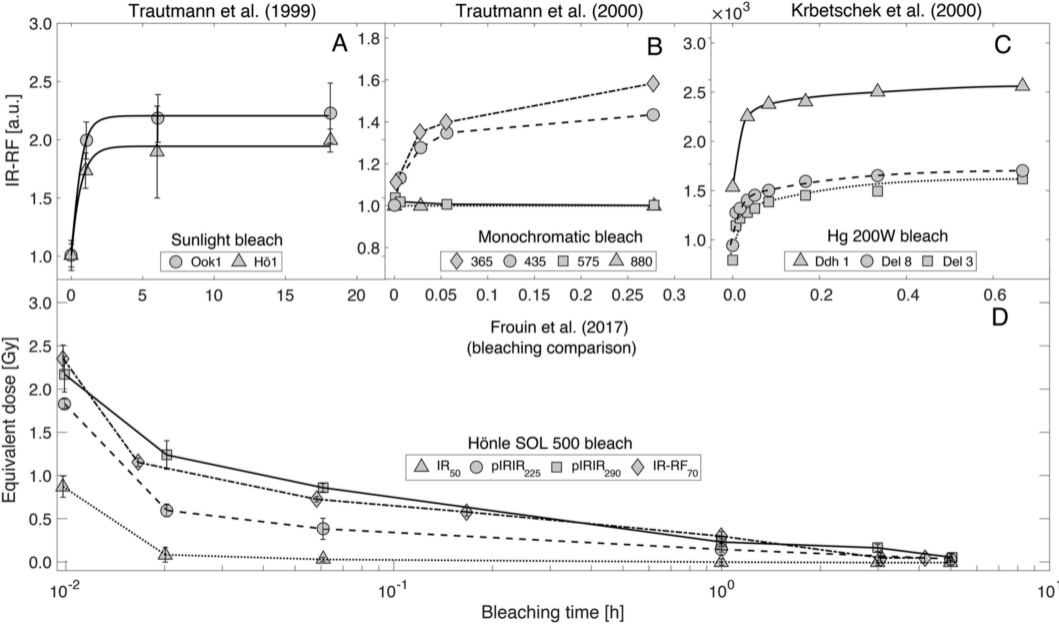


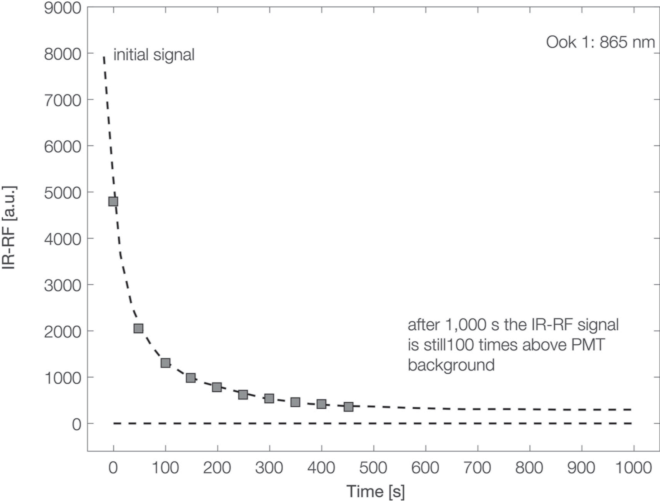




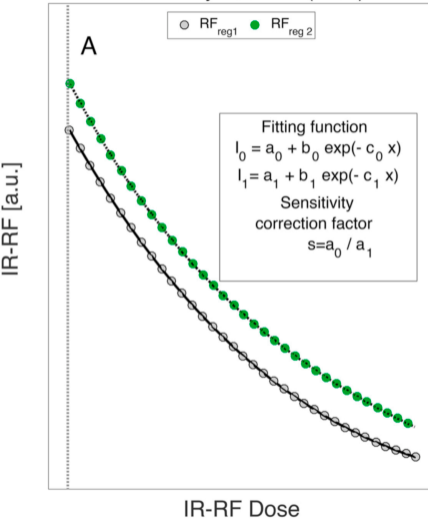




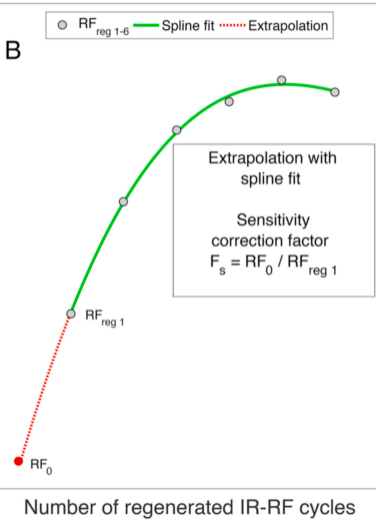




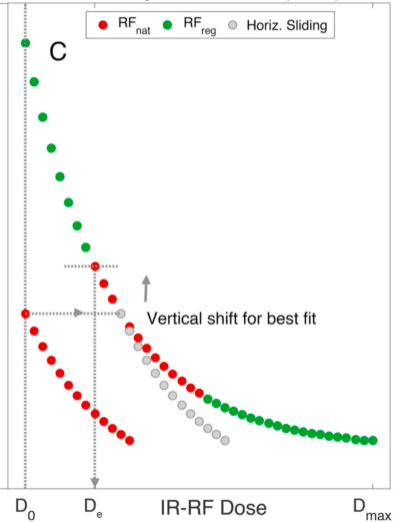
Sensitivity I Schilles (2002)

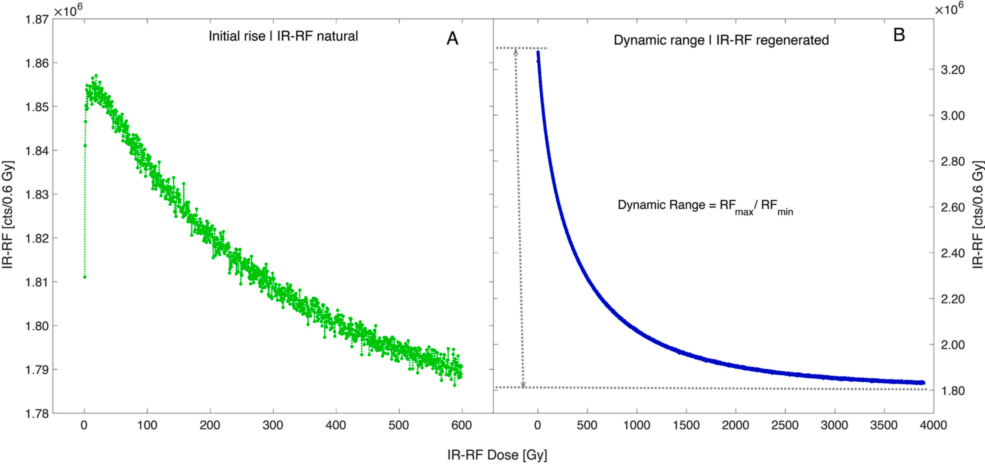


Sensitivity I Varma et al. (2013)



Sensitivity I Murari et al. (2018)





**Declaration of interests**

The authors declare that they have no known competing financial interests or personal relationships that could have appeared to influence the work reported in this paper.

The authors declare the following financial interests/personal relationships which may be considered as potential competing interests:

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