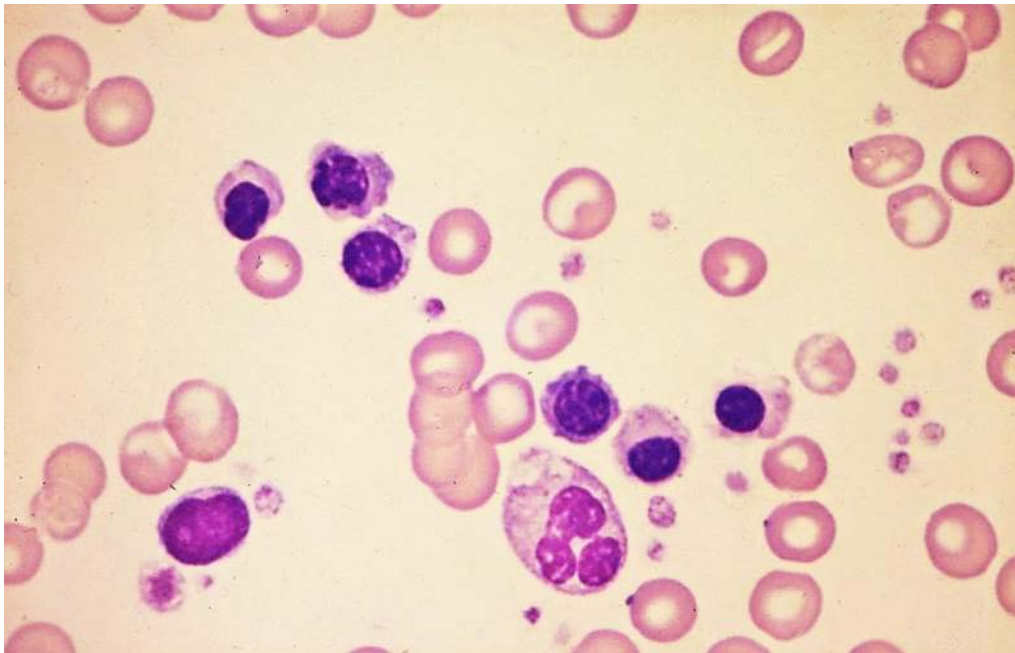


# BASIC PHYSIOPATHOLOGY OF GENERAL HEMATOLOGY

## A SYNOPSIS OF HEMATOLOGY



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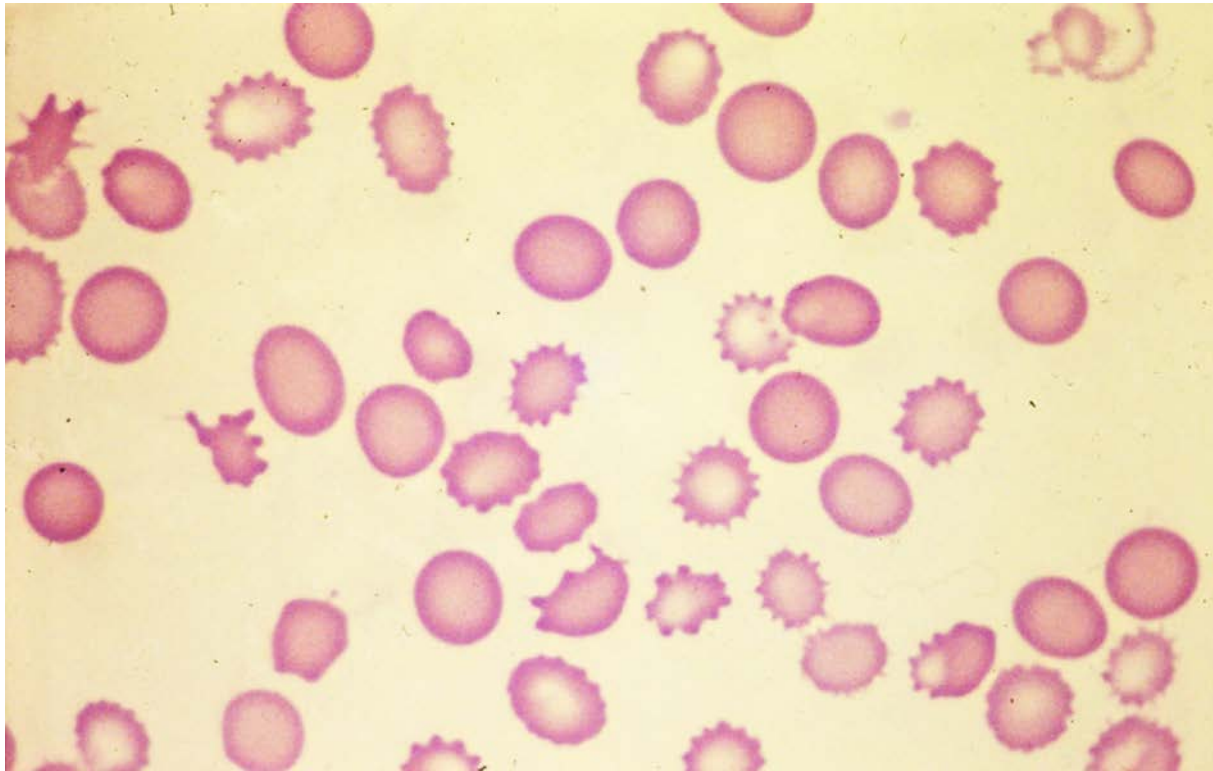
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*Part 1*

# RED BLOOD CELL PATHOLOGY



# DIFFERENTIATION OF BLOOD CELLS

## Early-acting hematopoietic growth factors

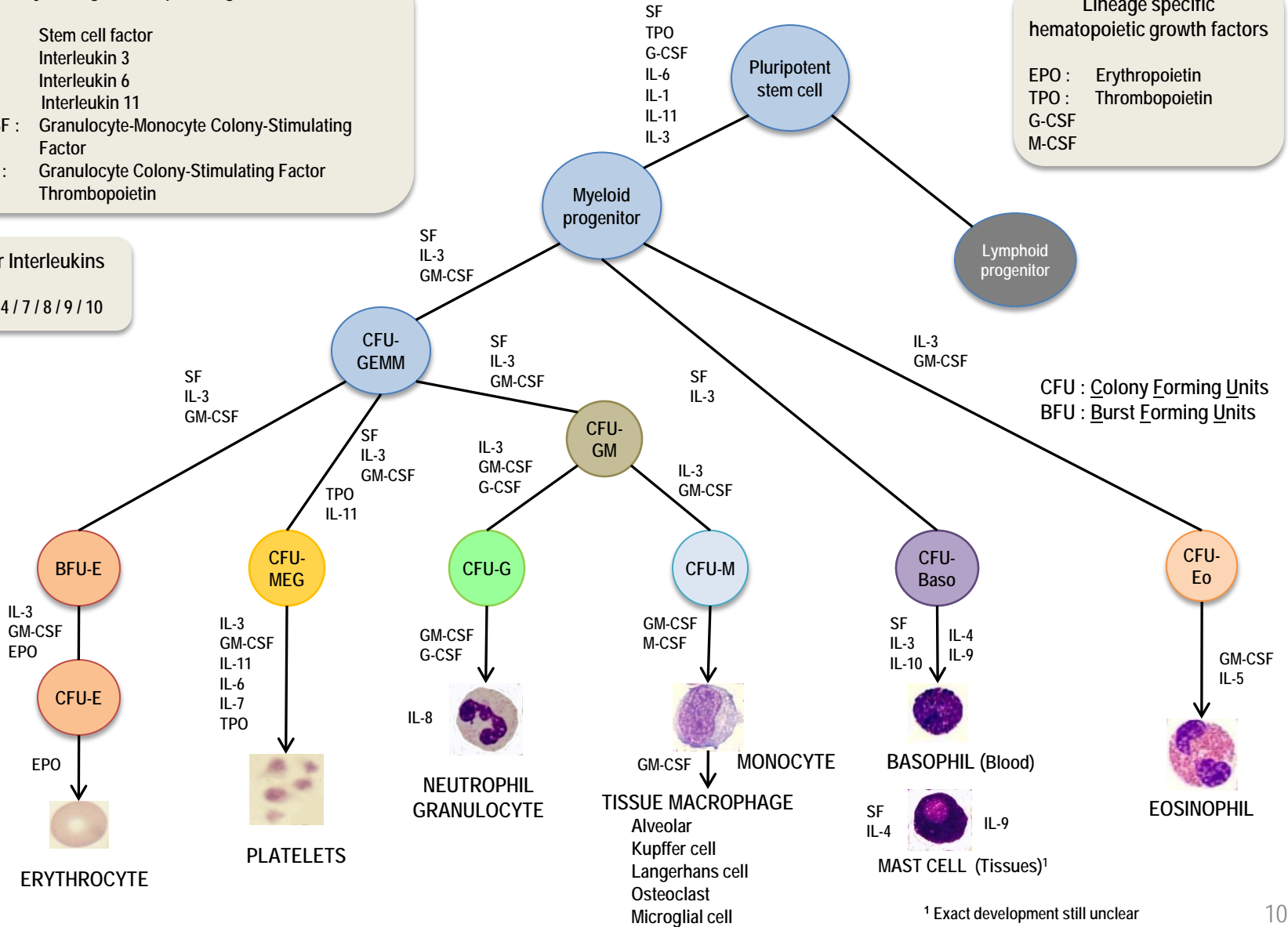
SF : Stem cell factor  
 IL-3 : Interleukin 3  
 IL-6 : Interleukin 6  
 IL-11 : Interleukin 11  
 GM-CSF : Granulocyte-Monocyte Colony-Stimulating Factor  
 G-CSF : Granulocyte Colony-Stimulating Factor  
 TPO : Thrombopoietin

## Other Interleukins

IL-1/4/7/8/9/10

## Lineage specific hematopoietic growth factors

EPO : Erythropoietin  
 TPO : Thrombopoietin  
 G-CSF  
 M-CSF



# NORMAL RANGES IN HEMATOLOGY

	UNITS	MEN	WOMEN
HEMOGLOBIN <sup>1</sup> (Hb)	g / L	133 – 177	117 – 157
HEMATOCRIT <sup>1</sup> (Hct)	%	40 – 52	35 – 47
ERYTHROCYTES <sup>1</sup> (Ery)	T / L	4.4 – 5.8	3.8 – 5.2
MCV	fL	81 – 99	
MCH	pg	27 – 34	
MCHC	g / L	310 – 360	
RDW <sup>2</sup> (Anisocytosis index)	%	< 15	
RETICULOCYTES (relative value)	‰	5 – 15	
RETICULOCYTES (absolute value)	G / L	20 – 120	
LEUKOCYTES	G / L	4 – 10	
THROMBOCYTES / PLATELETS	G / L	150 – 350	

<sup>1</sup> Increased values with prolonged stay at high altitude

<sup>2</sup> RDW : Red cell distribution width

T / L : Tera / L = 10<sup>12</sup> / L  
 G / L : Giga / L = 10<sup>9</sup> / L  
 fL : Femtoliter = L<sup>-15</sup>  
 pg : Picogram = g<sup>-12</sup>

LCH-CHUV, 2012

## COMPLEMENTARY INDICES \*

INDEX	UNIT	REFERENCE INTERVAL **
HYPO <sup>3</sup>	%	< 5.0
MCVr / MRV <sup>4</sup>	fL	104 - 120
CHr <sup>5</sup>	pg	28 - 33.5
IRF <sup>6</sup>	%	2.3 - 15.9
MPV <sup>7</sup>	fL	7 - 11.5
PDW <sup>8</sup>	%	9.0 - 13.0

\* Indices produced by hematological analyzers

<sup>3</sup> HYPO : Hypochromic RBC fraction

<sup>4</sup> MCVr : Mean Cellular Volume of reticulocytes \*\* or  
 MRV : Mean Reticulocyte Volume \*\*

<sup>5</sup> CHr : Cellular Hemoglobin Content of reticulocytes \*\*

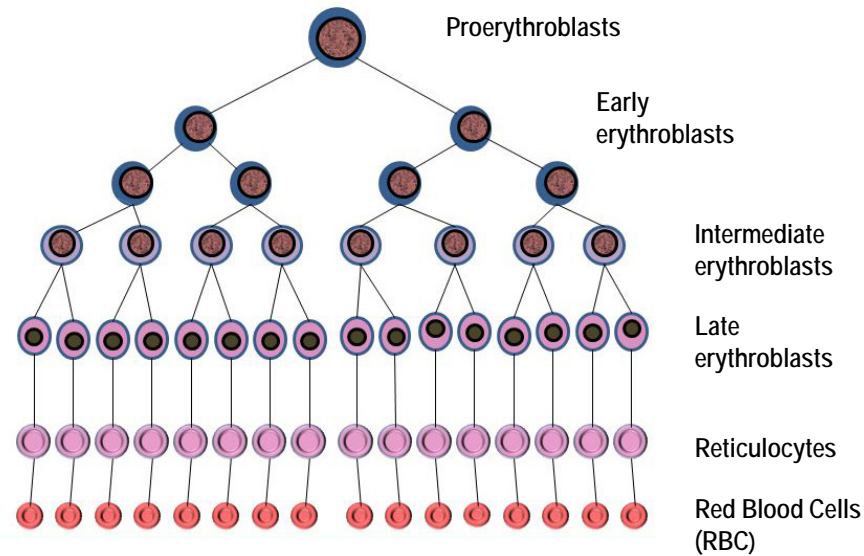
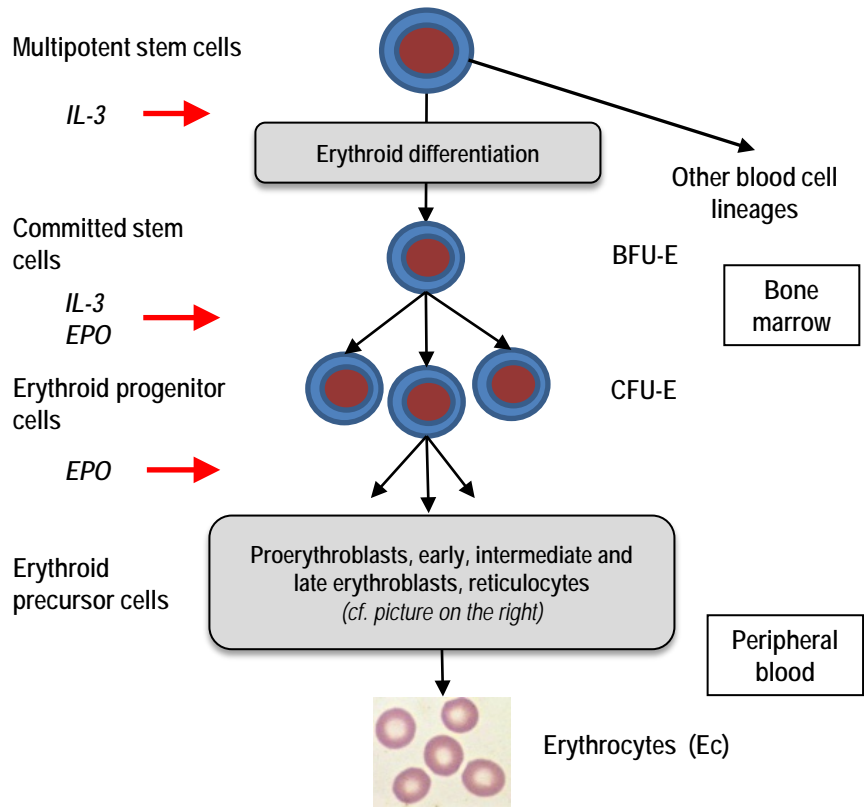
<sup>6</sup> IRF : Immature Reticulocyte Fraction \*\*

<sup>7</sup> MPV : Mean Platelet Volume \*\*

<sup>8</sup> PDW : Platelet Distribution Width \*\*

\*\* These indices may vary depending on the type of analyzer and of preanalytic conditions

# ERYTHROPOIESIS



Amplification and maturation of the erythroid cell line from proerythroblasts to RBC

BFU : Burst Forming Unit

CFU : Colony Forming Unit

Classical schedule of erythropoiesis. Cytokines like Interleukin 3 (IL-3) act on stem cells and primitive BFU-E; Erythropoietin (Epo) acts on more mature BFU-E but principally on CFU-E and on the erythroblastic compartment

# EVALUATION OF ANEMIA

3 PARAMETERS

3 INDICES

RETICULOCYTE COUNT

## EVALUATION OF ANEMIA (2)

### PARAMETERS

HEMOGLOBIN (g / L)

RED BLOOD CELL COUNT (T / L =  $10^{12}$  / L)

HEMATOCRIT (%)

ANEMIA = DIMINUTION OF HEMOGLOBIN (*WHO 1997*)

Child	< 5 years	< 110 g / L
Child	5-11 years	< 115 g / L
Child	12-14 years	< 120 g / L
Adult man		< 130 g / L
Adult woman		< 120 g / L
Pregnant woman		< 110 g / L

## EVALUATION OF ANEMIA (3)

### RED BLOOD CELL INDICES

MCV : Mean Corpuscular Volume  $(Hct / RBC) \times 10$  (fL)

MCH : Mean Corpuscular Hemoglobin  $Hb / RBC$  (pg)

MCHC : Mean Corpuscular Hemoglobin Concentration :  
 $(Hb / Hct) \times 100$  or  $(MCH / MCV) \times 1'000$  (g / L)

### MORPHOLOGICAL CLASSIFICATION OF ANEMIAS

	MCV	MCH	MCHC
Normocytic normochromic	no	no	no
Microcytic hypochromic	↓	↓	↓
Macrocytic normochromic	↗	↗	no

# EVALUATION OF ANEMIA (4)

## RETICULOCYTES

Absolute reticulocyte count :

< 120 G / L : Hyporegenerative anemia

> 120 G / L : Regenerative anemia

Reticulocyte production index (RPI)

$$RPI = \text{Reticulocytes (\%)} / 10 \times \text{reticulocyte maturation time in blood (days)}^1 \times \text{Hematocrit} / 45$$

Normal : 1.0 - 2.0

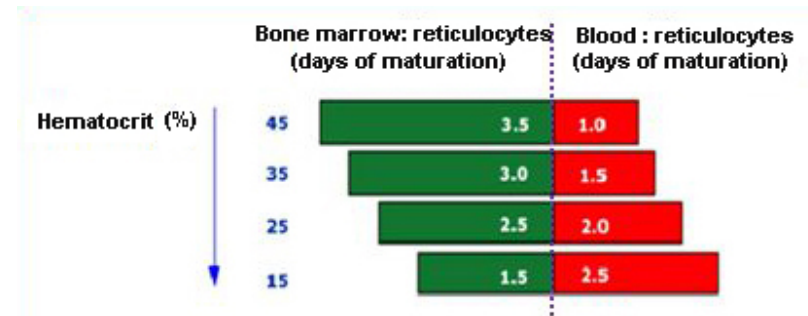
Hyporegenerative anemia : < 2.0

Regenerative anemia : > 2.0

<sup>1</sup> Reticulocyte have a total maturation time of 4.5 days :

- Normally 3.5 days in bone marrow and 1 day in peripheral blood
- In case of hematocrit reduction reticulocytes leave the bone marrow earlier at a less mature stage, → maturation > 1.0 day in peripheral blood (where the reticulocyte count is performed)

Reticulocyte maturation related to anemia severity<sup>1</sup>



Reticulocytes distribution related to RNA<sup>2</sup> content :

HFR (High-Fluorescence Reticulocytes) : high Immature reticulocytes (*IRF : Immature Reticulocyte Fraction*<sup>3</sup>)

MFR (Medium-Fluorescence Reticulocytes) : medium

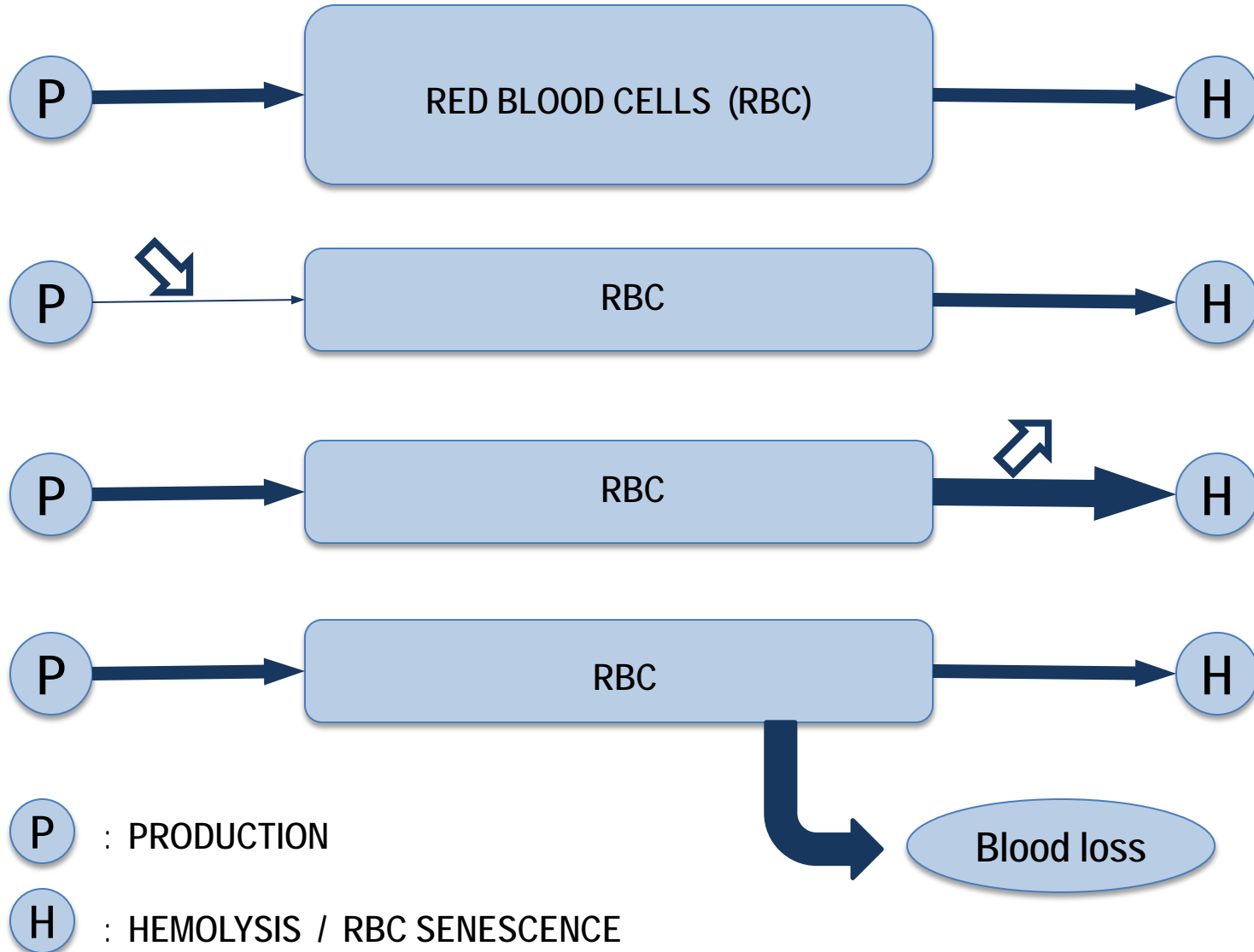
LFR (Low-Fluorescence Reticulocytes) : low Mature reticulocytes

<sup>2</sup> By flow cytometry

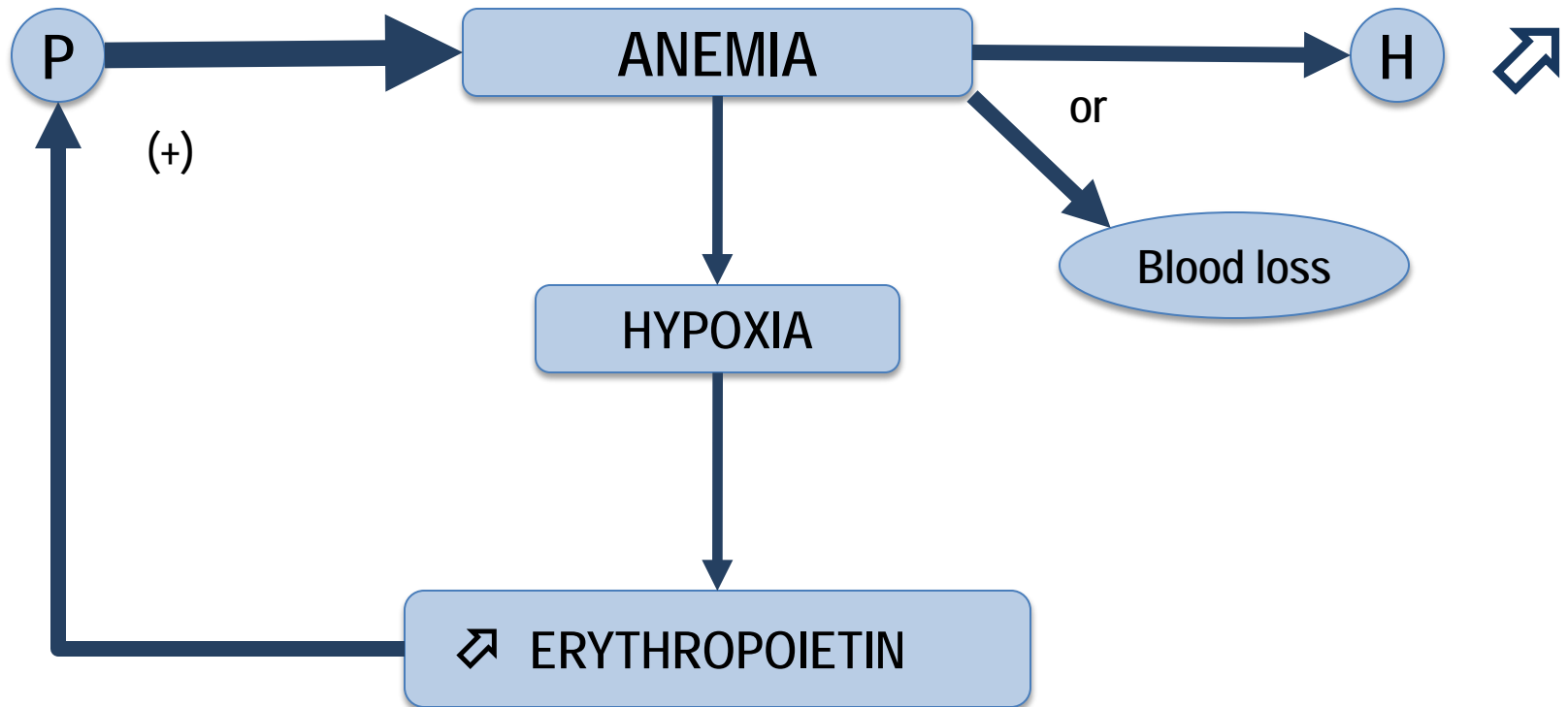
<sup>3</sup> Increase of this fraction may precede the reticulocyte increase in peripheral blood. Therefore it can be an early sign of recovery or stimulation of erythropoiesis.  
e.g. : a) after bone marrow / stem cell transplantation; b) monitoring of EPO treatment



# MECHANISMS OF ANEMIA



## MECHANISMS OF ANEMIA (2)

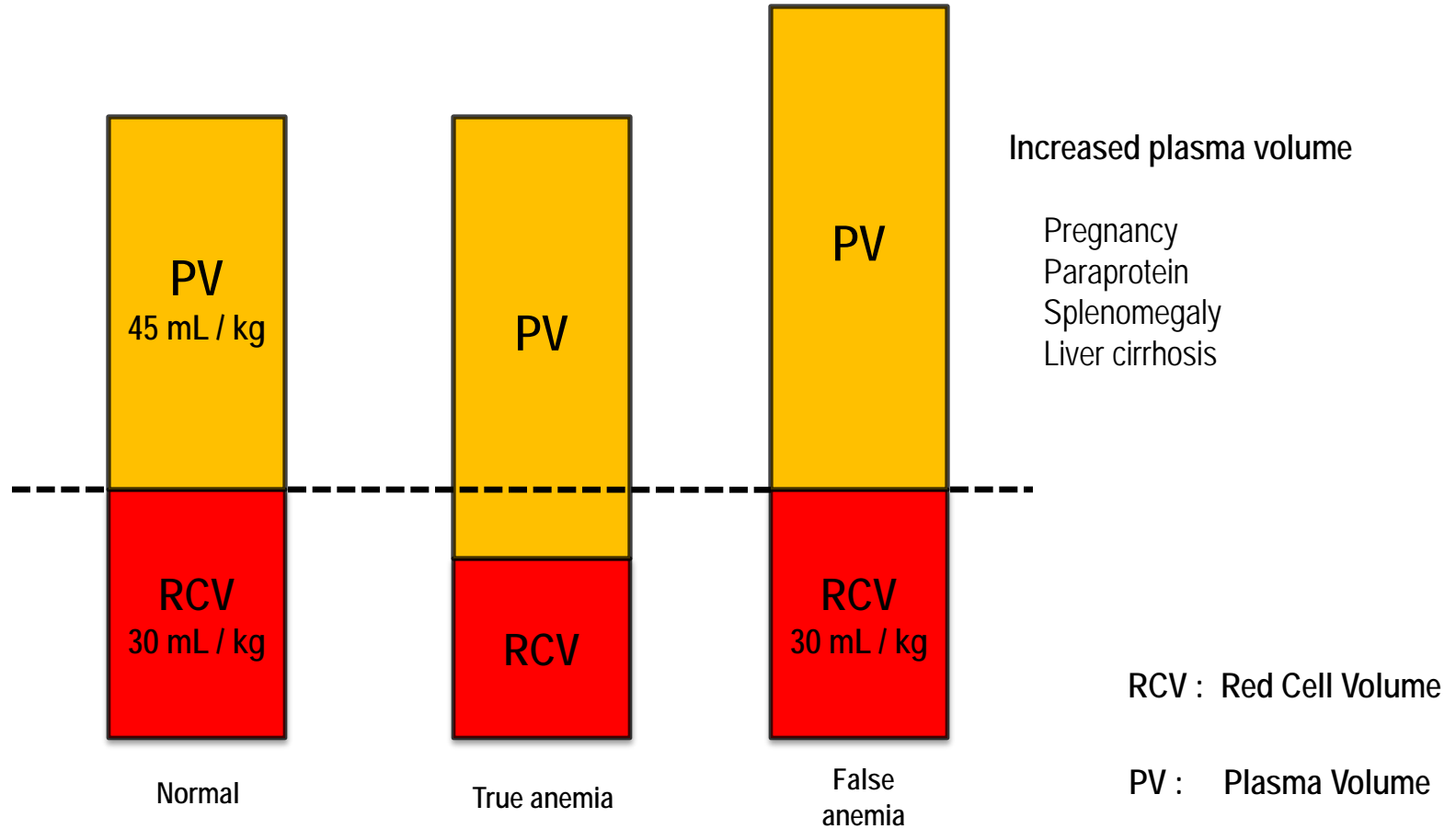


**P** : PRODUCTION

**H** : HEMOLYSIS / RBC SENESENCE

# MECHANISMS OF ANEMIA (3)

## WHOLE BLOOD, RED CELL, PLASMA VOLUME



# ANEMIA

## PATHOPHYSIOLOGICAL CLASSIFICATION

### HYPOREGENERATIVE ANEMIA

(Reticulocyte count < 120 G/L / RPI<sup>1</sup> < 2.0)

#### NORMOCYTIC NORMOCHROMIC

- Renal failure
- Pure Red Cell Aplasia (Erythroblastopenia)
- Bone marrow aplasia
- Bone marrow infiltration
- Anemia of chronic disease / Inflammatory anemia
- Hypothyroidism

#### MICROCYTIC HYPOCHROMIC

- Iron deficiency
- Anemia of chronic disease / Inflammatory anemia
- Iron utilization disorder (*sideroblastic anemia, thalassemia*)

#### MACROCYTIC NORMOCHROMIC

- Vitamin B<sub>12</sub> and / or folate deficiency
- Cytotoxic drugs
- Alcoholism, liver disease, hypothyroidism
- Myelodysplastic syndrome
- Bone marrow aplasia

### REGENERATIVE ANEMIA

(Reticulocyte count > 120 G/L / RPI<sup>1</sup> > 2.0 / IRF<sup>2</sup> ≠)

#### NORMOCYTIC NORMOCHROMIC

- Acute blood loss
- Hemolytic anemia

<sup>1</sup> RPI : Reticulocyte Production Index

<sup>2</sup> IRF : Immature Reticulocyte Fraction

# HYPOREGENERATIVE NORMOCYTIC NORMOCHROMIC ANEMIA

MCV :	normal	81 – 99 fL
MCH :	normal	27 – 34 pg
MCHC :	normal	310 – 360 g / L
Reticulocyte count :		< 120 G / L

## CLASSIFICATION

### SOLITARY ANEMIA

RENAL FAILURE

PURE RED CELL APLASIA (ERYTHROBLASTOPENIA)

HYPOTHYROIDISM<sup>1</sup>

### IN THE CONTEXT OF PANCYTOPENIA (*"CENTRAL" ORIGIN*)

BONE MARROW APLASIA<sup>1</sup>

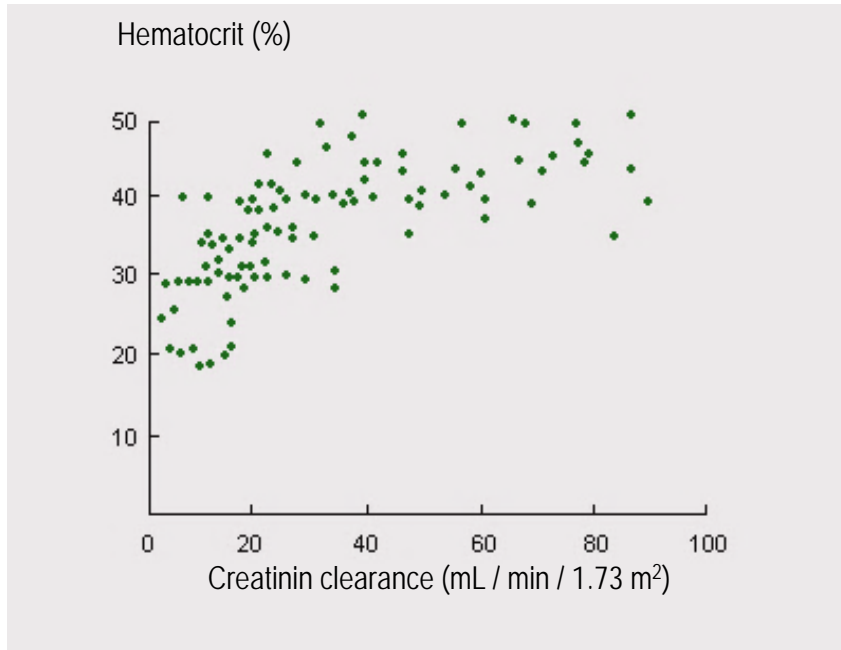
BONE MARROW INFILTRATION (*Acute leukemia, lymphoid neoplasm, metastatic cancer*)

BONE MARROW FIBROSIS

HEMOPHAGOCYTOSIS

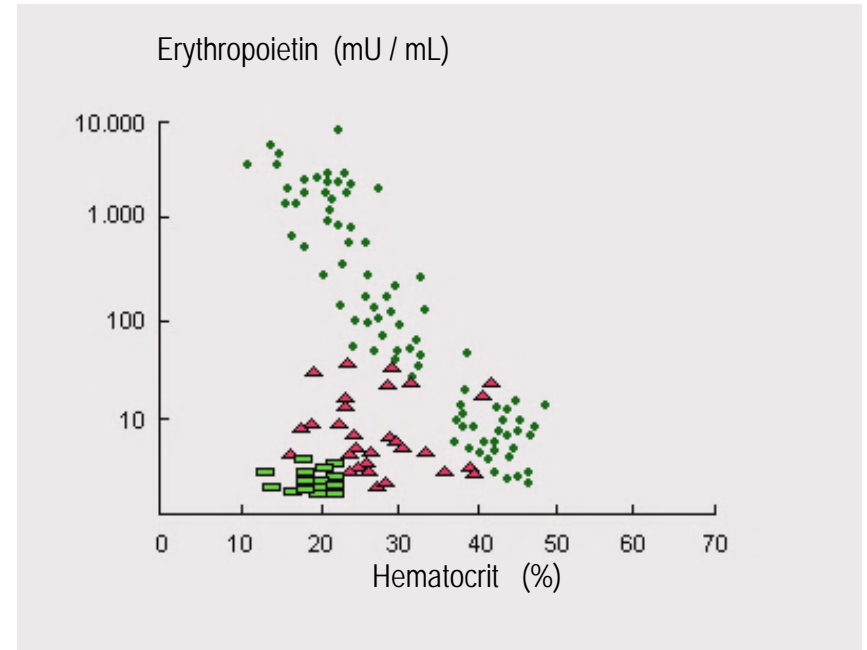
<sup>1</sup> Normocytic or slightly macrocytic anemia

# ANEMIA OF RENAL FAILURE



Relation between hematocrit and creatinin clearance

*Radtko H.W., 1979.*



Relation between hematocrit and endogenous erythropoietin

Renal anemia : ■ Absence of kidney  
▲ Presence of kidneys  
 Non renal anemia : ◆

*Modified from Caro J., 1979.*

**Treatment : rHuEpo 100-300 U / kg / week IV or SC**

*In Beutler E., Lichtman M.A., Coller B.S., Kipps T.J. : Williams Hematology, 5<sup>th</sup> edition 1995; McGraw-Hill : p. 456 & 458.*

# PURE RED CELL APLASIA - ERYTHROBLASTOPENIA

## HEREDITARY

BLACKFAN-DIAMOND ANEMIA

## ACQUIRED

PRIMARY

SECONDARY

THYMOMA (*~ 5% thymomas are associated with red cell aplasia*)

LYMPHOID NEOPLASM

CANCER (*lung, breast, stomach, thyroid, biliary tract, skin*)

COLLAGEN VASCULAR DISEASE

PARVOVIRUS B19

PREGNANCY

DRUG INDUCED :

- Anticonvulsants
- Azathioprine
- Chloramphenicol
- Sulfonamides
- Isoniazid
- Procainamide

# BONE MARROW APLASIA

## ETIOLOGY

### HEREDITARY BONE MARROW APLASIA

FANCONI ANEMIA  
DYSKERATOSIS CONGENITA

### ACQUIRED BONE MARROW APLASIA / APLASTIC ANEMIA

IDIOPATHIC (> 2/3 of cases)

#### SECONDARY

Irradiation

Chemicals (*benzene...*)

Drugs

**Obligate bone marrow aplasia** (*direct cytotoxicity*)

Cytotoxic drugs (*alkylating agents*)

**Occasional or uncommon bone marrow aplasia**

Chloramphenicol

Phenylbutazone

Gold salts

Viral infection (*EBV, Hepatitis, Parvovirus B19, CMV, HIV*)

Immune disorder (*thymoma*)

Paroxysmal Nocturnal Hemoglobinuria (*PNH*)

Hypoplastic myelodysplastic syndrome

Pregnancy



# APLASTIC ANEMIA (AA)

## GENERAL DATA

Stem cell failure, leading to pancytopenia without splenomegaly  
 Immune mechanisms play an etiologic role in idiopathic AA

### FEATURES :

Severe bone marrow hypocellularity with a decrease in all cell lines with remaining fat and marrow stroma  
 Normal residual hematopoietic cells. Absence of fibrosis or infiltration by abnormal (*malignant*) cells  
 Non megaloblastic hematopoiesis (*light RBC macrocytosis in peripheral blood is frequent*)  
 Symptoms of pancytopenia : bleeding, relapsing infections depending upon severity of the disease

### CLASSIFICATION :

MODERATE AA	SEVERE AA (SAA)	VERY SEVERE AA (VSAA)
Marrow cellularity < 30% of normal ⚡ of at least 2 of 3 cell lines below normal. ANC <sup>2</sup> > 0.5 G / L	Marrow cellularity < 20% of normal and at least 2 of following criteria : ARC <sup>1</sup> < 40 G / L / ANC <sup>2</sup> < 0.5 G / L / platelets < 20 G / L	Similar to SAA but with : ANC <sup>2</sup> < 0.2 G / L and / or infection(s)

<sup>1</sup>ARC : Absolute Reticulocyte Count

<sup>2</sup>ANC : Absolute Neutrophil Count

### PROGNOSIS :

Related to severity of the disease  
 Without treatment less than 30% of patients with SAA or VSAA survive at 1 year  
 Response to treatment depends on the type of therapy, on patient age which limits indication to bone marrow transplantation  
 No age related limitation for immunosuppressive therapy

## APLASTIC ANEMIA (AA) (2)

### DRUG INDUCED BONE MARROW TOXICITY

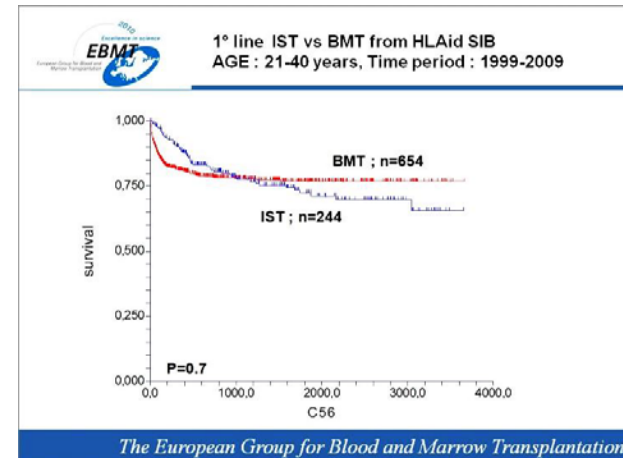
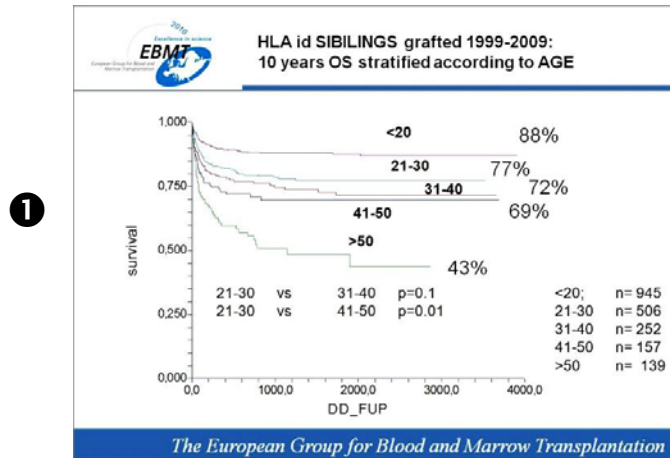
OBLIGATE :	dosis related	<i>Alkylating agents</i>
OPTIONAL :	dosis related dosis unrelated	<i>Chloramphenicol</i> <i>Chloramphenicol</i>

### CHLORAMPHENICOL INDUCED APLASTIC ANEMIA

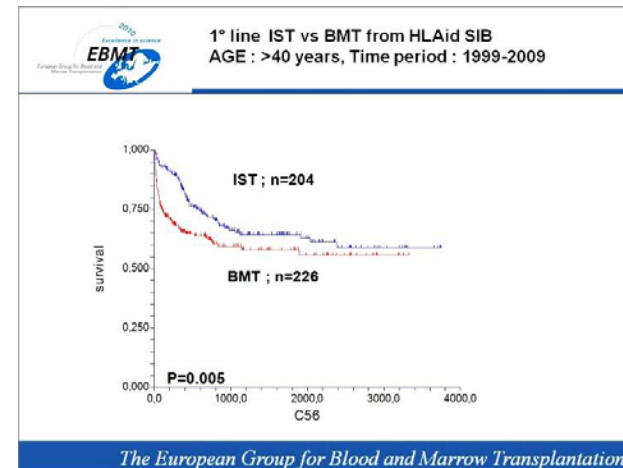
	DOSE RELATED TOXICITY	DOSE UNRELATED TOXICITY
INCIDENCE	FREQUENT	UNCOMMON
BEGIN	IMMEDIATE	DELAYED (months)
SYMPTOMS	LIGHT	SEVERE (infection, bleeding)
COURSE	SPONTANEOUSLY FAVORABLE	FREQUENTLY FATAL

# APLASTIC ANEMIA (AA) (3) TREATMENT

## BONE MARROW TRANSPLANTATION vs IMMUNOSUPPRESSIVE TREATMENT



- ① Survival of SAA patients treated by bone marrow transplantation (BMT)<sup>1</sup> is strongly age dependent. Increase of treatment related mortality proportional to age is the main cause
- ② For patients aged 21 to 40 years, bone marrow transplantation (BMT) appears equivalent to immunosuppressive treatment (IST), or slightly better at longer term
- ③ Over 40 years of age, upfront IST is the treatment of choice



<sup>1</sup> In SAA and VSAA transplantation of bone marrow appears better than transplantation of peripheral blood stem cells

Probability to find an HLA-compatible sibling as bone marrow / hematopoietic stem cells donor : 20 - 30 %

# APLASTIC ANEMIA (AA) (4)

## TREATMENT (2)

### TREATMENT :

**Withdrawal of potentially offending agents**

**Supportive care** (*Blood and platelet transfusions to be used selectively in candidates to HST<sup>1</sup>*)

**Immunosuppressive treatment (IST) :**

Anti-thymocyte globulin + Cyclosporin ( $\pm$  high dose steroids), mostly used

**Hematopoietic stem cell transplantation (HST) :**

Syngeneic, allogeneic in case of HLA-matched sibling / HLA-matched unrelated donor, reduced intensity conditioning transplant

MODERATE AA	SEVERE AA & VERY SEVERE AA		
ALL AGES	< AGE 20	AGE 20 - 40	> AGE 40 <sup>2</sup>
<b>Imunosuppression :</b> <i>Anti-thymocyte globulin (ATG)</i> <i>+ Cyclosporin</i> <i><math>\pm</math> steroids <math>\pm</math> G-CSF</i>	<b>HST if HLA-matched sibling donor</b>  <b>If not, immunosuppression :</b> <i>Anti-thymocyte globuline (ATG)</i> <i>+ Cyclosporin</i> <i><math>\pm</math> steroids <math>\pm</math> G-CSF</i>  <b>Consider HST<sup>1</sup> from HLA-matched unrelated donor for a child or adolescent patient with VSAA</b>	<b>HST if HLA-matched sibling donor</b>  <b>If not, immunosuppression :</b> <i>Anti-thymocyte globulin (ATG)</i> <i>+ Cyclosporin</i> <i><math>\pm</math> steroids <math>\pm</math> G-CSF</i>  <b>Possibly HST from HLA-matched unrelated donor</b>	<b>Imunosuppression :</b> <i>Anti-thymocyte globulin (ATG)<sup>3</sup></i> <i>+ Cyclosporin</i> <i><math>\pm</math> steroids <math>\pm</math> G-CSF</i>

<sup>1</sup> HST : Hematopoietic Stem cell Transplantation

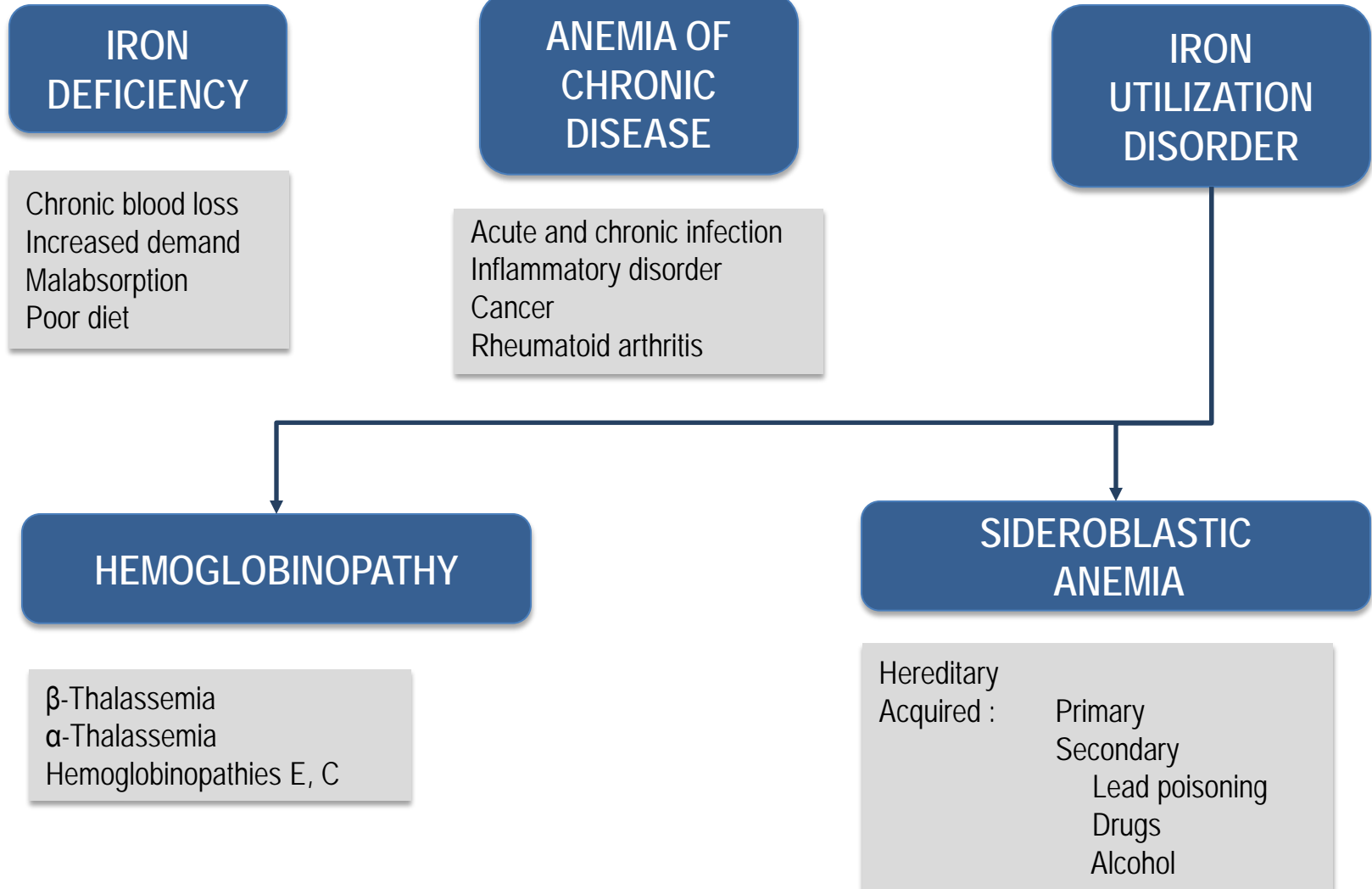
For SAA and VSAA bone marrow transplantation appears superior to transplantation with peripheral blood hematopoietic stem cells

<sup>2</sup> Risk of transplant related mortality (e.g. GVHD) increasing with age

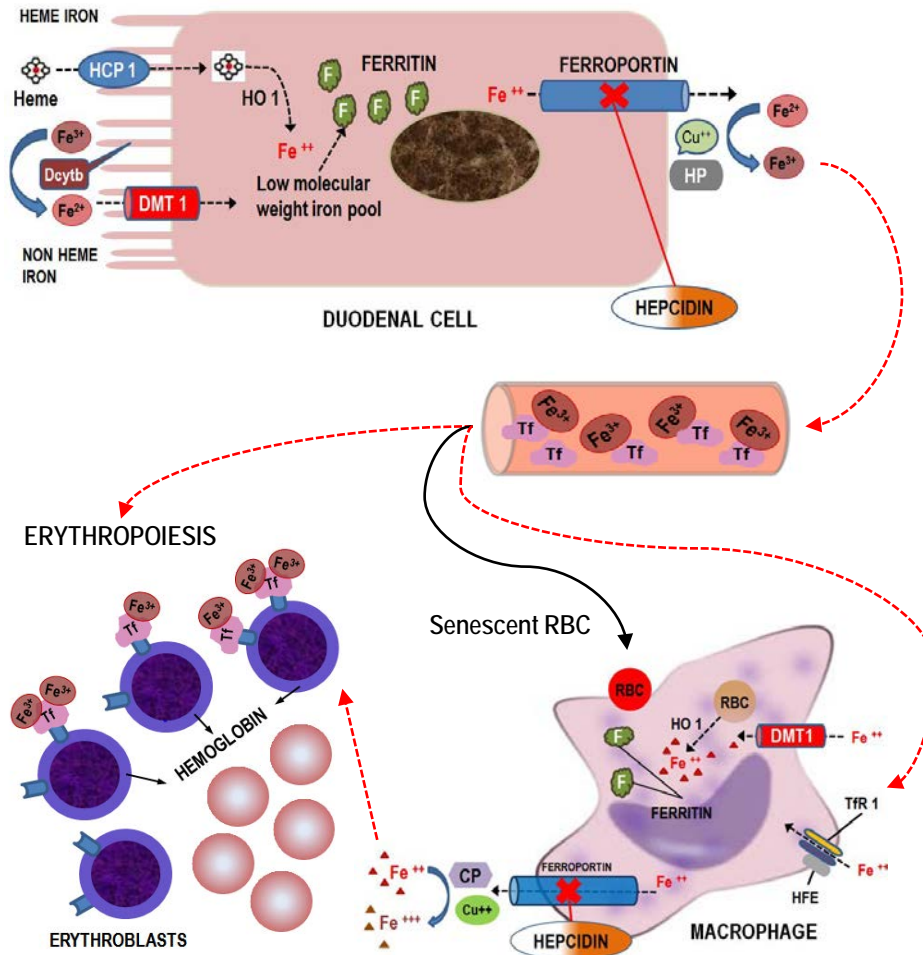
<sup>3</sup> For elderly patient with SAA or VSAA immunosuppressive treatment should omit ATG because of its toxicity

# MICROCYTIC HYPOCHROMIC ANEMIA

*DECREASED MCV, MCH AND MCHC*



# IRON METABOLISM



## IRON ABSORPTION :

### Heme iron :

#### 1. Duodenal cell :

Probably through HCP 1<sup>1</sup> pathway → heme degradation through Heme Oxygenase (HO 1<sup>6</sup>) → iron recycling → Low molecular weight  $Fe^{++}$  pool → binding to Ferritin (*binding up to 4'000  $Fe^{++}$  atoms*)

#### 2. Macrophage : phagocytosis of senescent RBC → heme degradation through Heme Oxygenase 1 (HO 1<sup>6</sup>) → $Fe^{++}$ → $Fe^{++}$ pool → Ferritin → Hemosiderin

### Non-heme iron *duodenal cell / macrophage* :

reduction of  $Fe^{+++}$  to  $Fe^{++}$  by Dcytb<sup>2</sup> → absorption by DMT 1<sup>3</sup>

## IRON CIRCULATION

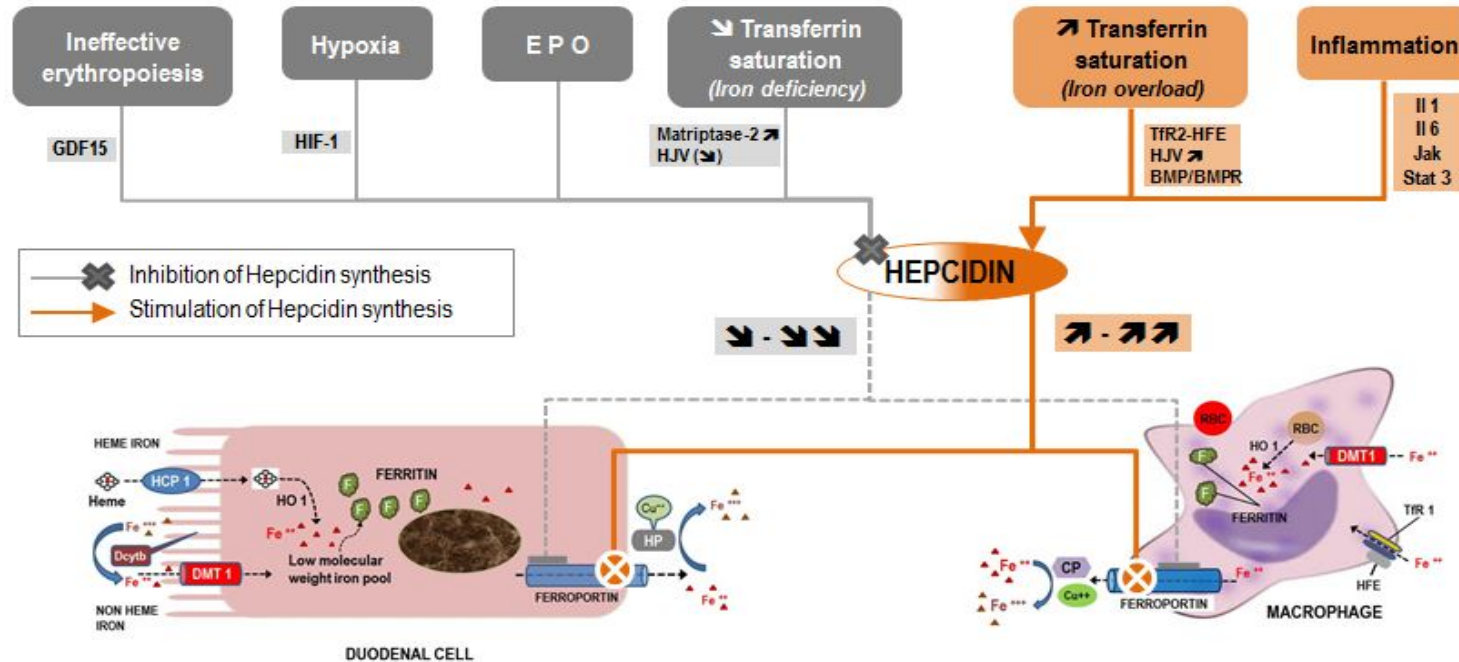
$Fe^{++}$  leaves the cell (*duodenal cell or macrophage*) through the Ferroportin pathway, regulated by Hepcidin (*cf. below*) → Iron reoxidation to  $Fe^{+++}$  through Hephaestin (Hp<sup>5</sup>) (*duodenal cell*) or Ceruloplasmin (CP<sup>7</sup>) in presence of  $Cu^{++}$  (*macrophage*) → iron binding to Transferrin (Tf) (*specific bivalent transporter protein*) → iron dependent cells (*i.e. bone marrow erythroblasts for heme synthesis*) through binding to the Transferrin Receptors (TfR<sup>4</sup>)

↗ Hepcidin : ↘ Ferroportin (*cellular internalization*) → ↘ iron release which remains in the cell → functional iron deficiency → iron overload in macrophages (*e.g. anemia of chronic disorders / inflammatory anemia*)

↘ Hepcidin : ↔ or ↗ Ferroportin → favoring iron transfer to cells. (*e.g. iron deficiency anemia*) cf. following page

1 HCP 1 : Heme Carrier Protein 1      2 Dcytb : Duodenal cytochrome b reductase  
 3 DMT 1 : Divalent Metal Transporter 1      4 TfR : Transferrin Receptor  
 5 Hp : Hephaestin      6 HO 1 : Heme Oxxygenase 1  
 7 CP : Ceruloplasmin  
 HFE : High Fe (Human hemochromatosis protein)

# IRON METABOLISM REGULATION BY HEPCIDIN

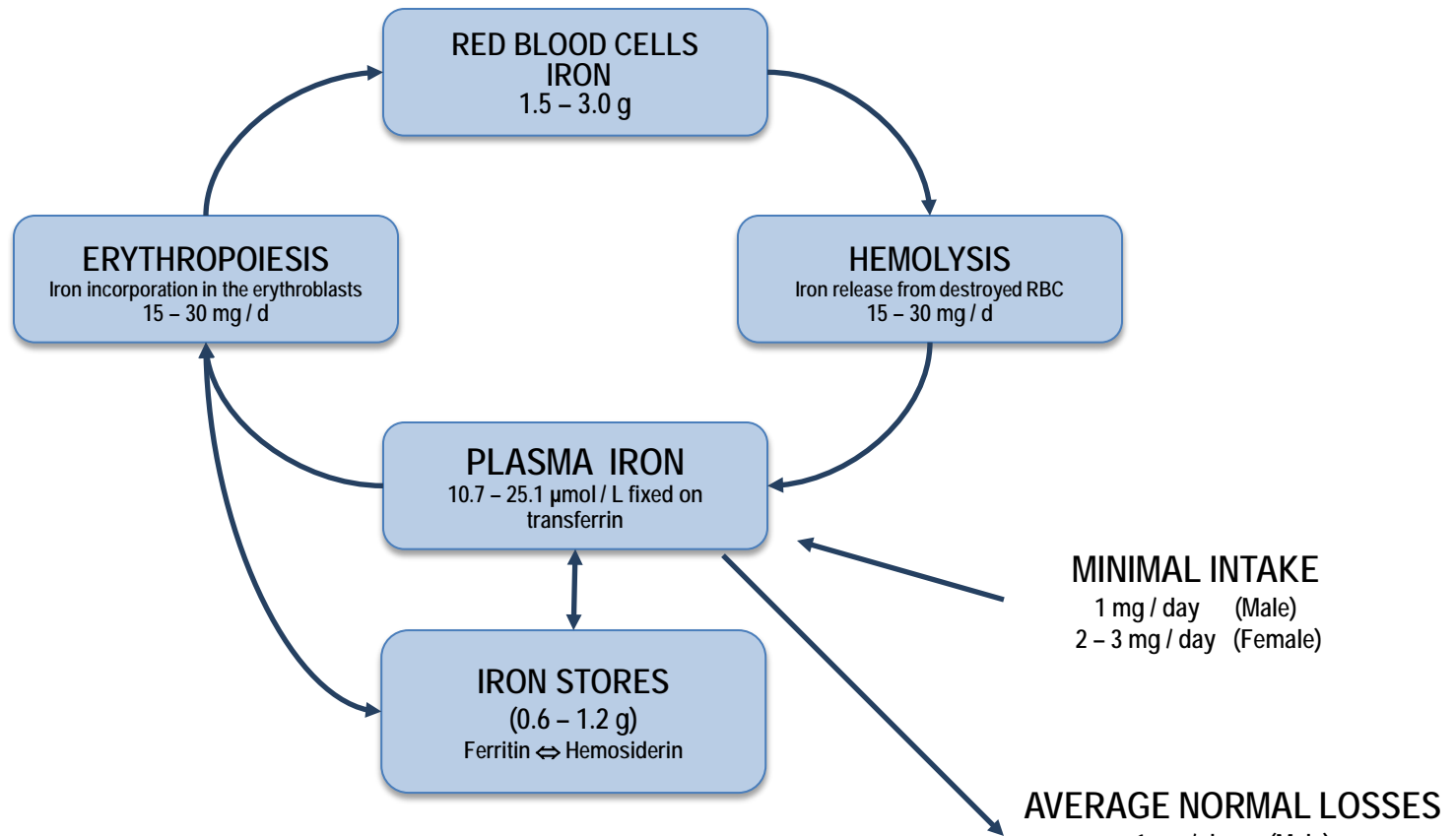


Hepcidin controls Ferroportin function and by this way regulates iron uptake and distribution. Mechanisms in grey color lead to Hepcidin decrease which results in normal or increased iron uptake and transfer  
Causes of increased Hepcidin production are shown in orange color. Increased Hepcidin causes retention of iron in the duodenal cells and macrophages by turning down Ferroportin pathway (functional iron deficiency)

Rare mutations of DMT 1 or Matriptase-2 genes cause iron deficiency anemia, refractory to oral iron administration (IRIDA : Iron-Refractory Iron Deficiency Anemia)

HCP 1 : Heme Carrier Protein 1 / DMT 1 : Divalent Metal Transporter 1) / Dcytb : Duodenal Cytochrome B (Ferrireductase)  
HP : Hephhaestin / CP : Ceruloplasmin / HO 1 : Heme Oxxygenase 1 / HFE : High Fe (Hemochromatosis protein) / Tfr : Transferrin Receptor  
HIF-1 : Hypoxia Induced Factor 1 / HJV : Hemojuvelin / BMP / BMPR : Bone Morphogenetic Protein / GDF15 : Growth Differentiation Factor 15  
Matriptase -2 : Membrane protein (Gene : *TMPRSS6*) causing Hemojuvelin lysis

# IRON CYCLE



**MINIMAL INTAKE**  
 1 mg / day (Male)  
 2 - 3 mg / day (Female)

**AVERAGE NORMAL LOSSES**  
 1 mg / day (Male)  
 2 - 3 mg / day (Female)

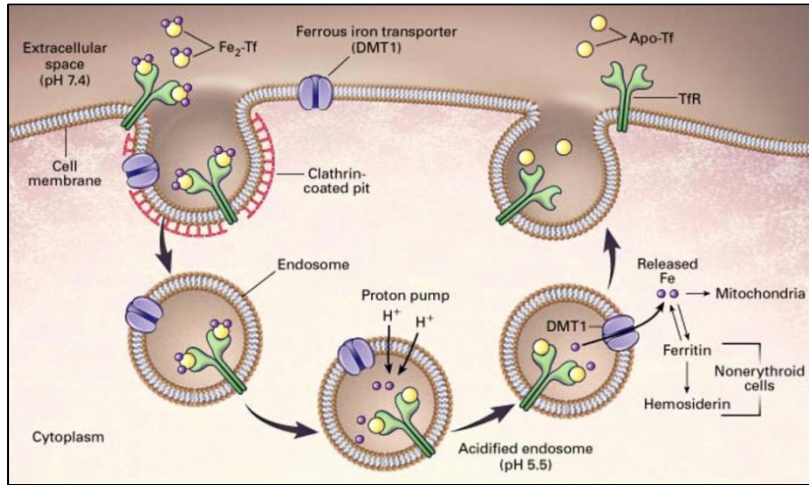
Normal range<sup>1</sup>:

Iron (serum)	12.5 - 25.1 µmol / L (M <sup>2</sup> )	10.7 - 21.4 µmol / L (F <sup>3</sup> )
Transferrin	24.7 - 44.4 µmol / L	
Ferritin (serum)	6 months - 2 years	15 - 120 µg / L
	M : > 2 years	30 - 300 µg / L
	F : 2 - 50 years	10 - 160 µg / L
	F : > 50 years	30 - 300 µg / L

<sup>1</sup> LCC-CHUV, 2011    <sup>2</sup> M : Male    <sup>3</sup> F : Female



# TRANSFERRIN CYCLE



TfR : Transferrin Receptor. Binds 2 molecules of bivalent transferrin  
 DMT 1 : Divalent Metal Transporter 1. Transport in the cell of non-heme iron  
 APO-Tf : Apotransferrin

Andrews N.C. : Disorders of Iron Metabolism. NEJM 1999; 341 : 1986-1995.

## REGULATION OF FERRITIN, TRANSFERRIN RECEPTOR AND DMT 1

IRP : Iron Regulatory Protein(s) (*sensors of intracellular labile iron*)

IRE(s) : Iron Responsive Elements (*mRNA motives*)

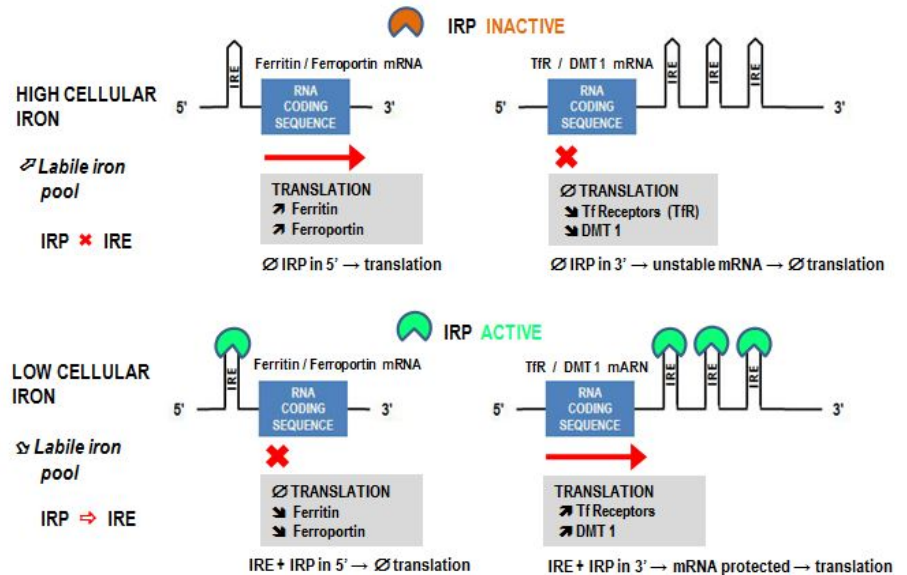
Interactions between IRE(s) and IRP lead to regulation of ferritin, DMT 1 and transferrin receptor (TfR) synthesis related to the iron load of the labile intracellular pool

High cellular iron (*iron overload*) → IRP(s) with low or absent activity :

1. ∅ Ferritin and ferroportin mRNA → ∅ synthesis → ∅ iron storage facility
2. ∅ TfR and DMT 1 mRNA → ∅ synthesis → ∅ iron absorption and transport capacity

Low intracellular iron pool (*iron deficiency*) → IRP(s) active → IRE binding :

1. ∅ Ferritin and ferroportin mRNA → ∅ synthesis → ∅ iron circulation
2. ∅ mRNA of TfR and DMT 1 → ∅ synthesis → ∅ absorption and transport of iron



# IRON DEFICIENCY ANEMIA

## PHYSIOLOGICAL IRON LOSSES

MAN : 1 mg / day : basal losses (*cellular desquamation, integuments, urine, feces, sweat*)

WOMAN : 1 mg / day : basal losses

+ menstruations : 2 – 3 mg / day      – 50% if oral contraception  
+ 100% if intrauterine device

## IRON BIOAVAILABILITY

### ABSORPTION :

Heme iron      25 – 30%

Non heme iron      1 – 7%

↗ Ascorbates, citrates, tartrates, lactates

↘ Tannates, wheat, calcium, phosphates, oxalates, soya proteins

# STAGES OF IRON DEFICIENCY DEVELOPMENT

	STAGE 1	STAGE 2	STAGE 3
FERRITIN	↘	↘	↘
IRON (Bone marrow)	↘	Absent	Absent
TRANSFERRIN (Serum)	Normal	↗	↗
IRON (Serum)	Normal	↘	↘
HEMOGLOBIN	Normal	Normal	↘
MCV	Normal	Normal	↘
MCHC	Normal	Normal	↘

## MICROCYTIC HYPOCHROMIC ANEMIA SERUM IRON - TRANSFERRIN - FERRITIN

	SERUM IRON	TRANSFERRIN	FERRITIN
IRON DEFICIENCY	↘	↗	↘
INFLAMMATORY ANEMIA	↘	↘	↗
IRON UTILIZATION DISORDER	↗	no / ↘	↗

### SOLUBLE TRANSFERRIN RECEPTORS :

Increased in isolated iron deficiency but also when combined with inflammatory processes  
Normal in isolated inflammatory anemia

### RBC ZINC PROTOPORPHYRIN (low specificity) :

Increased in severe iron deficiency, but also in inflammatory anemia and lead poisoning

### RING SIDEROBLASTS :

Increased in sideroblastic anemia (indication to bone marrow examination), *cf. p. 44*

# ETIOLOGY OF IRON DEFICIENCY

Chronic blood loss  
Increased iron demand  
Malabsorption  
Poor diet

## CAUSES OF CHRONIC IRON LOSS

Uterine (*menorrhagia, metrorrhagia*), digestive bleeding (*hematemesis, melaena*), parasites (*hookworm*), hematuria

Chronic intravascular hemolysis (*Paroxysmal Nocturnal Hemoglobinuria*)

Frequent blood donations, phlebotomies, provoked bleedings (*Lasthénie de Ferjol syndrome*)

*Chronic bleeding (microcytic hypochromic hyporegenerative anemia) must imperatively be distinguished from acute blood loss (normocytic normochromic regenerative anemia). Remember that 1 L of blood = 500 mg of iron*

## INCREASED IRON DEMAND

Pregnancy

Breast feeding (*maternal milk : 0.3 – 0.5 mg / L*)

Growth

## IRON DEMAND IN PREGNANCY

Increased maternal total red cell volume	500 mg
Fetal needs	290 mg
Placenta	25 mg
Basal iron loss ( <i>0.8 mg / d for 9 months</i> )	220 mg
TOTAL :	1'035 mg

## FUNCTIONAL IRON DEFICIENCY

Absence of adequate erythropoietin response in case of anemia secondary to renal failure or to an inflammatory process with ferritin level in normal or high range (*cf. p. 37-38*)

# TREATMENT OF IRON DEFICIENCY ANEMIA

## CAUSAL TREATMENT

### IRON SUBSTITUTION (anemia correction and iron stores reconstitution)

#### Oral substitution :

*Basic data :* 1 L of blood = 500 mg of iron and 160 g of hemoglobin. 1 g of hemoglobin :  $500 / 160 = \pm 3$  mg of iron  
Blood volume : 75 mL / kg. Iron reserves : 1'000 mg

*Example :* Woman, 56 years old, BW 50 kg, hemoglobin 80 g / L  
Iron needs for anemia correction and iron stores reconstitution :

$$[\text{Blood volume (L)} \times (160 - \text{Hb patient}) \times 3] + 1'000 \text{ mg} \rightarrow [3.75 \times (160 - 80) \times 3] + 1'000 \text{ mg} = 1'900 \text{ mg of iron}$$

*Patient receives 100 mg elementary iron q.d. with a mean resorption of 15 mg q.d.*

*Duration of substitution :  $1'900 / 15 = 126$  days ( $\pm 4$  months)*

*Anemia correction within  $\pm 1$  month. Iron deficiency corrected when serum ferritin in normal range*

**Parenteral substitution :** 100-200 mg IV 1-3 x weekly or perfusion of 500-1'000 mg (15 mg / kg) of ferric carboxymaltose once or twice

#### *Indications :*

*Functional iron deficiency (Hb content in reticulocytes (CHR<sup>1</sup>) < 28 pg; hypochromic RBC fraction (HYPO<sup>1</sup>) : > 5%)*

*Malabsorption syndrome*

*Digestive oral iron intolerance*

*Poor patient compliance*

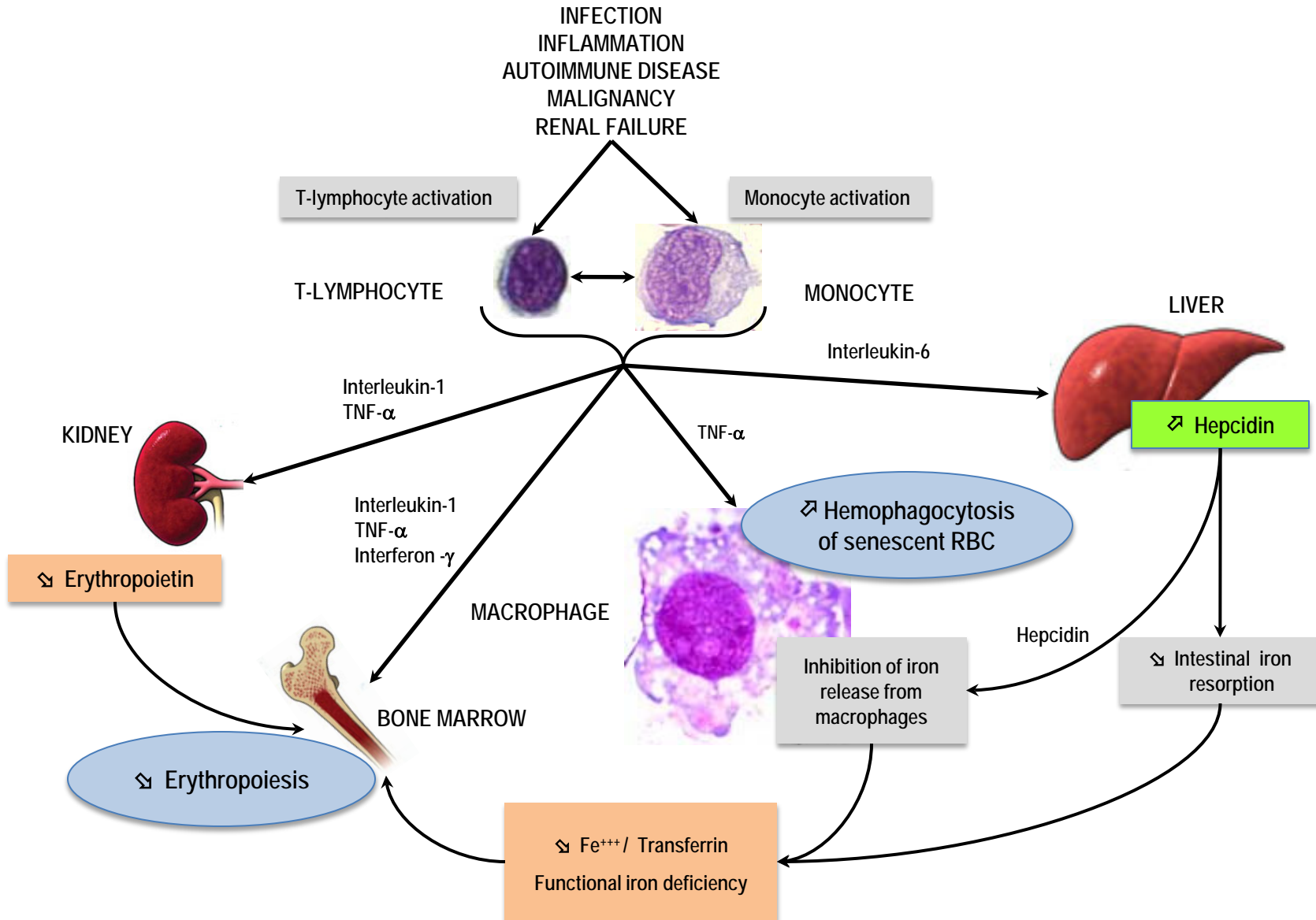
*Important chronic, persisting hemorrhage*

*Rare mutations of DMT 1 genes (vegetarians<sup>2</sup>) or of Matriptase-2 : IRIDA (cf. p. 31)*

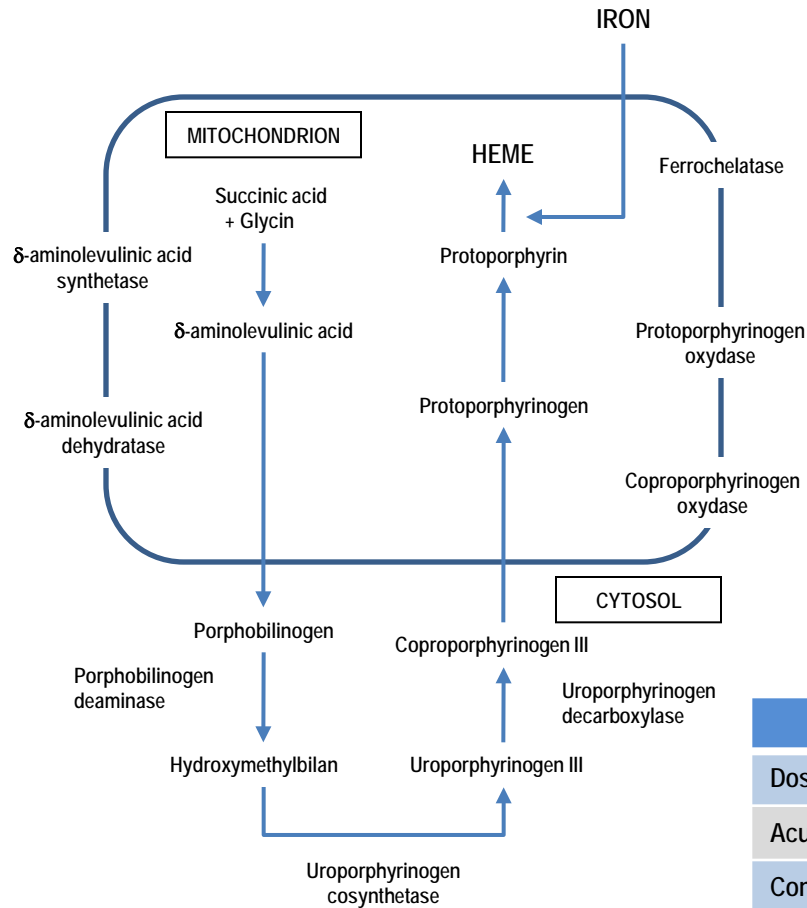
<sup>1</sup> These 2 parameters can only be measured by certain hematological analyzers

<sup>2</sup> In case of normal balanced diet, DMT 1 mutations have no consequence, due to normal absorption of heme iron through HCP 1 pathway

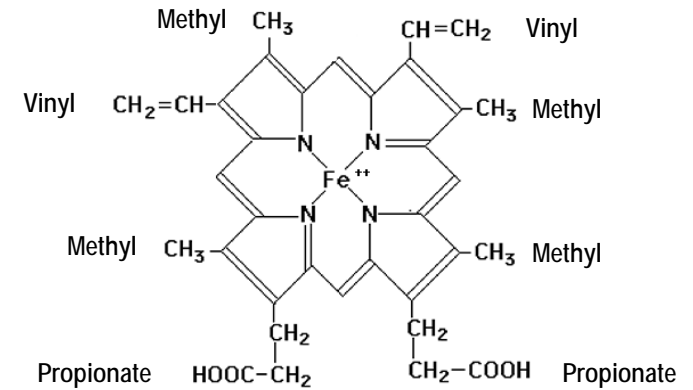
# ANEMIA OF CHRONIC DISORDERS / INFLAMMATORY ANEMIA



# HEME SYNTHESIS



## Porphyric nucleus + iron



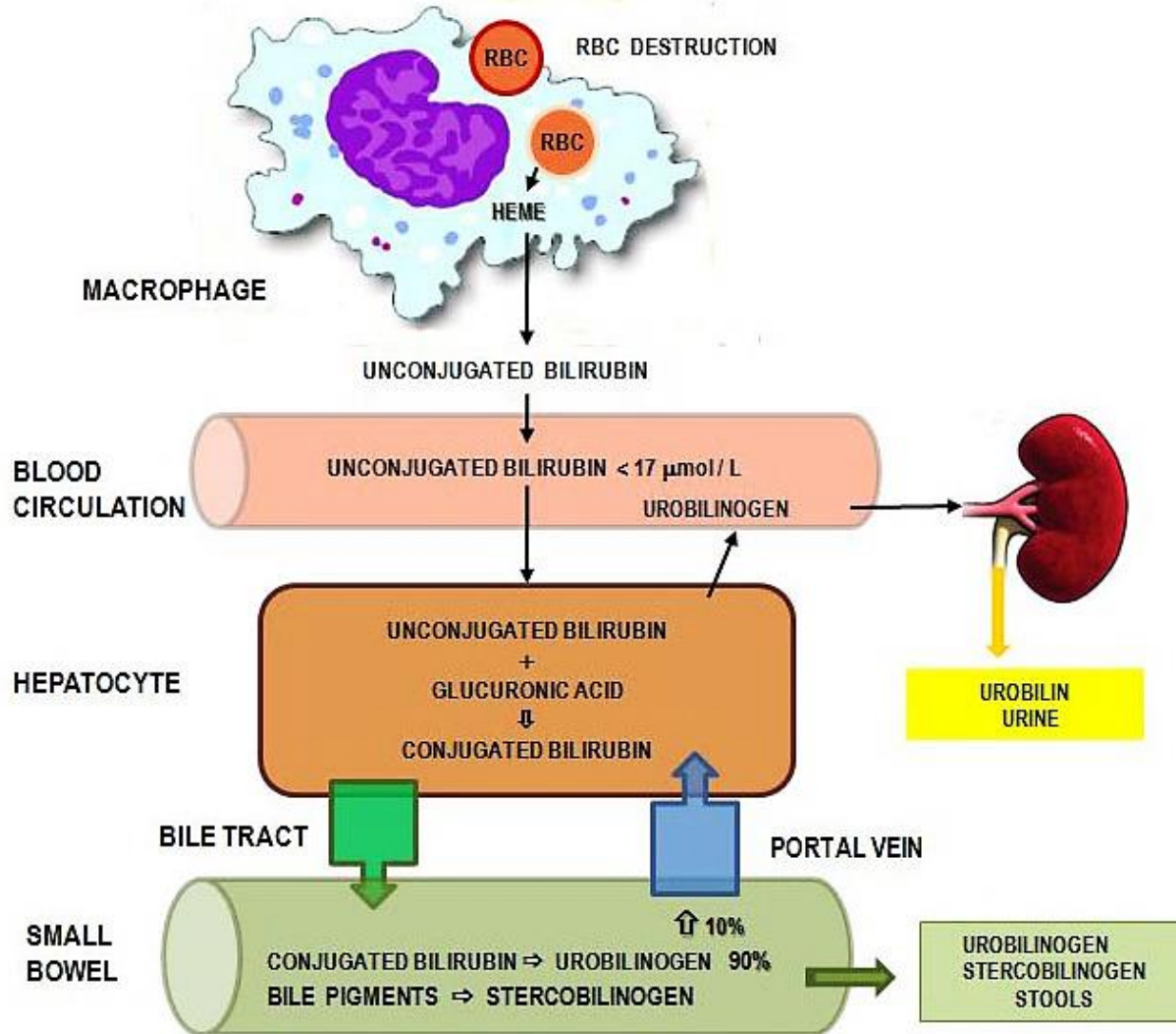
The heme molecule

## HEPATIC (H) AND ERYTHROPOIETIC (E) PORPHYRIAS

DISEASE	TYPE	ENZYME DEFICIENCY
Doss porphyria	H	ALA dehydratase
Acute intermittent porphyria	H	Porphobilinogen deaminase
Congenital erythropoietic porphyria	E	Uroporphyrinogen cosynthetase
Cutaneous porphyria	H	Uroporphyrinogen decarboxylase
Hereditary coproporphyria	H	Coproporphyrinogen oxydase
Porphyria variegata	H	Protoporphyrinogen oxydase
Protoporphyria	E	Ferrochelatase

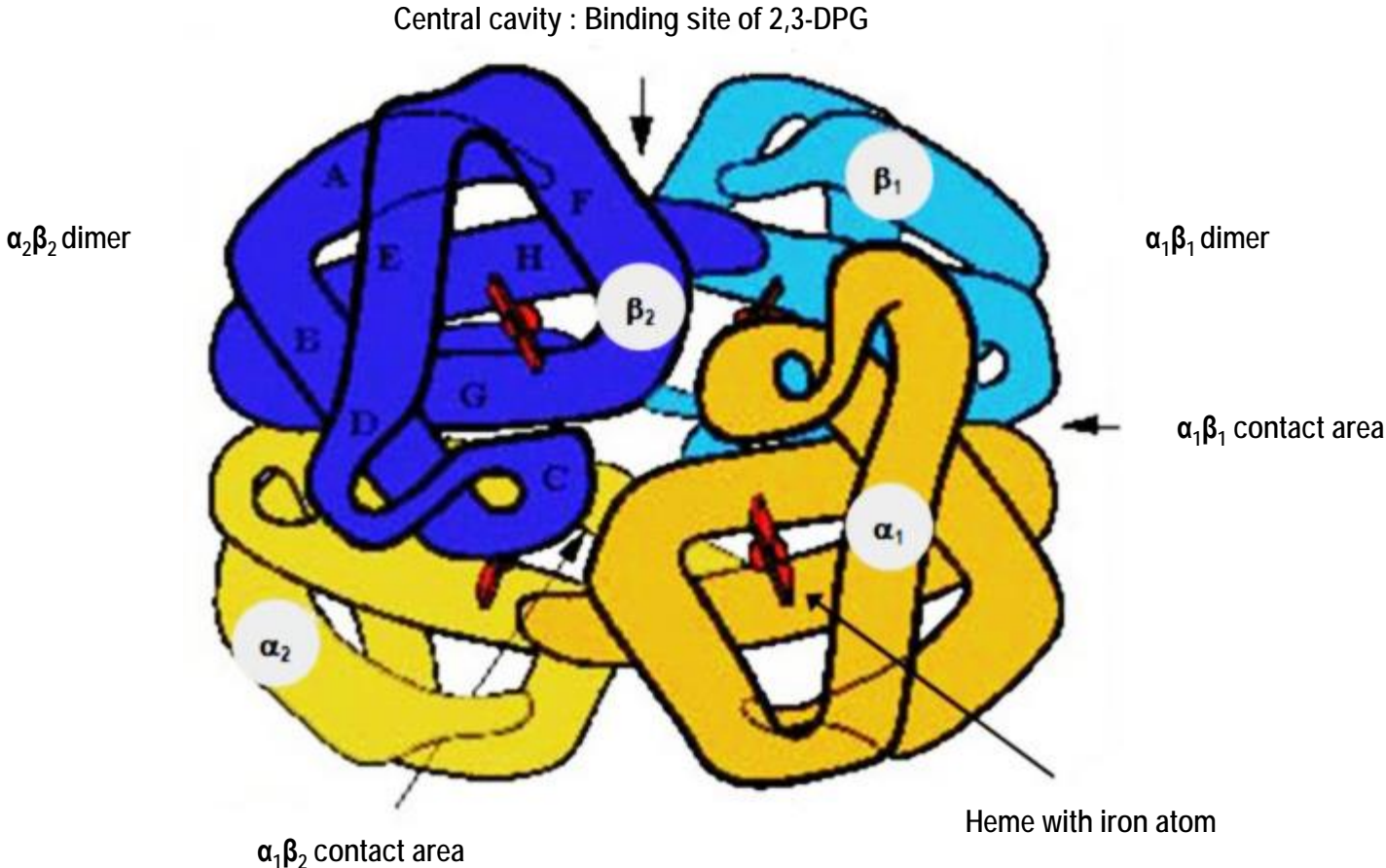
Wajcman H., Lantz B., Girot R. : Les maladies du globule rouge  
1992; Médecine-Sciences. Flammarion : p. 418 & 420.

# HEMOGLOBIN DEGRADATION



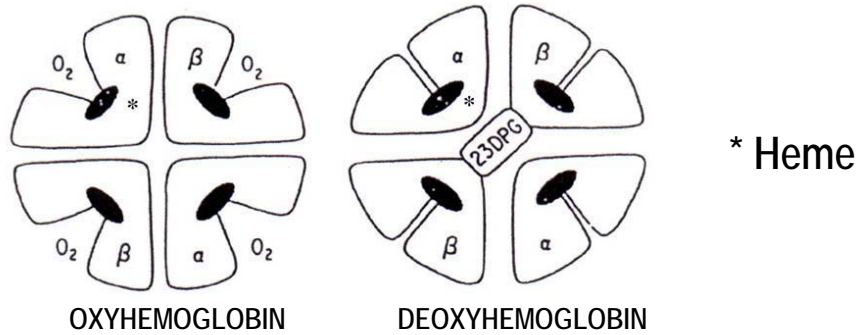


# HEMOGLOBIN STRUCTURE



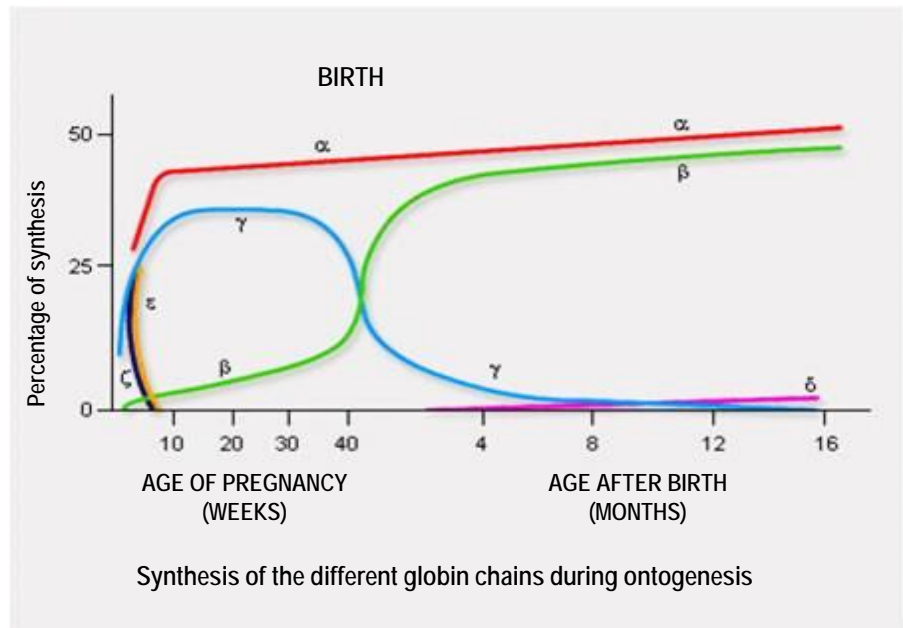
Hemoglobin tetramer with contact areas

# HEMOGLOBIN / INTERACTION O<sub>2</sub> AND 2,3-DPG



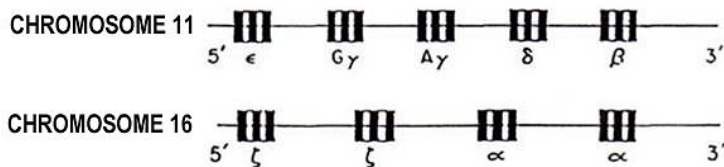
Competition between oxygen and 2,3-diphosphoglycerate (2,3-DPG)

	GLOBIN STRUCTURE	HEMOGLOBIN
Embryonic hemoglobins	$\xi_2 \epsilon_2$	Gower 1
	$\xi_2 \gamma_2$	Portland
	$\alpha_2 \epsilon_2$	Gower 2
Adult hemoglobins	$\alpha_2 \beta_2$	A
	$\alpha_2 \delta_2$	A <sub>2</sub> (1.5 – 3.0%)
	$\alpha_2 \gamma_2$	F (< 1%)

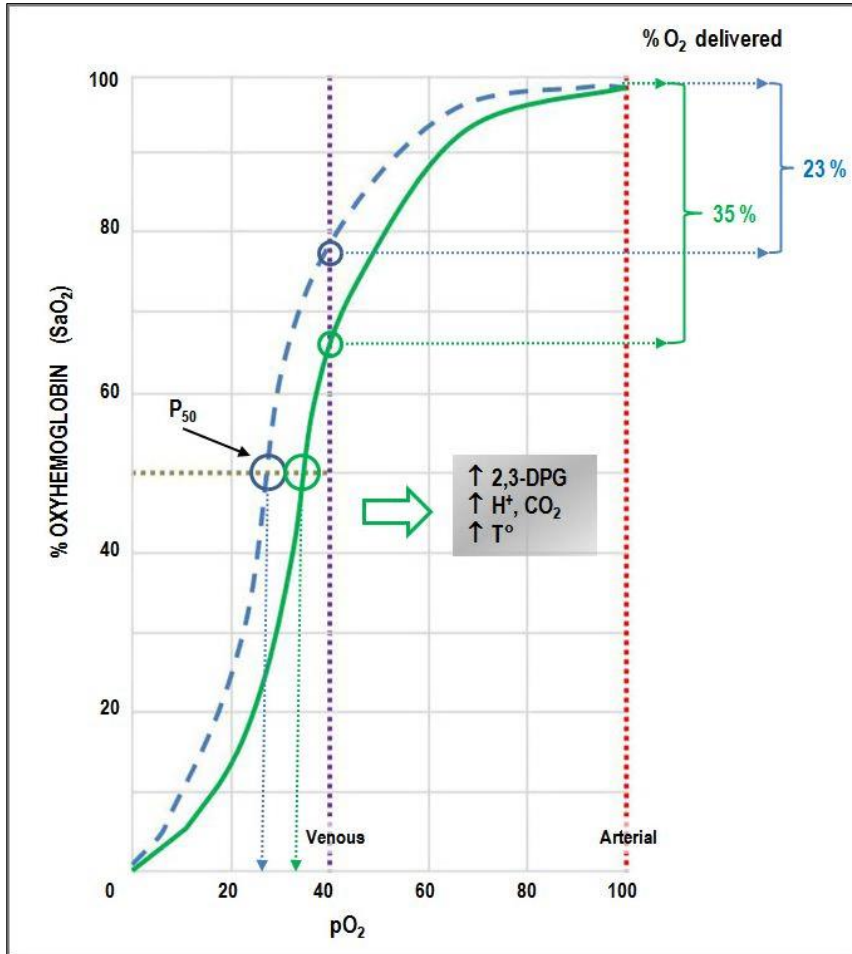


Modified from Wajcman H., Lantz B., Girot R. : les maladies du globule rouge 1992; Médecine-Sciences Flammarion : p. 12.

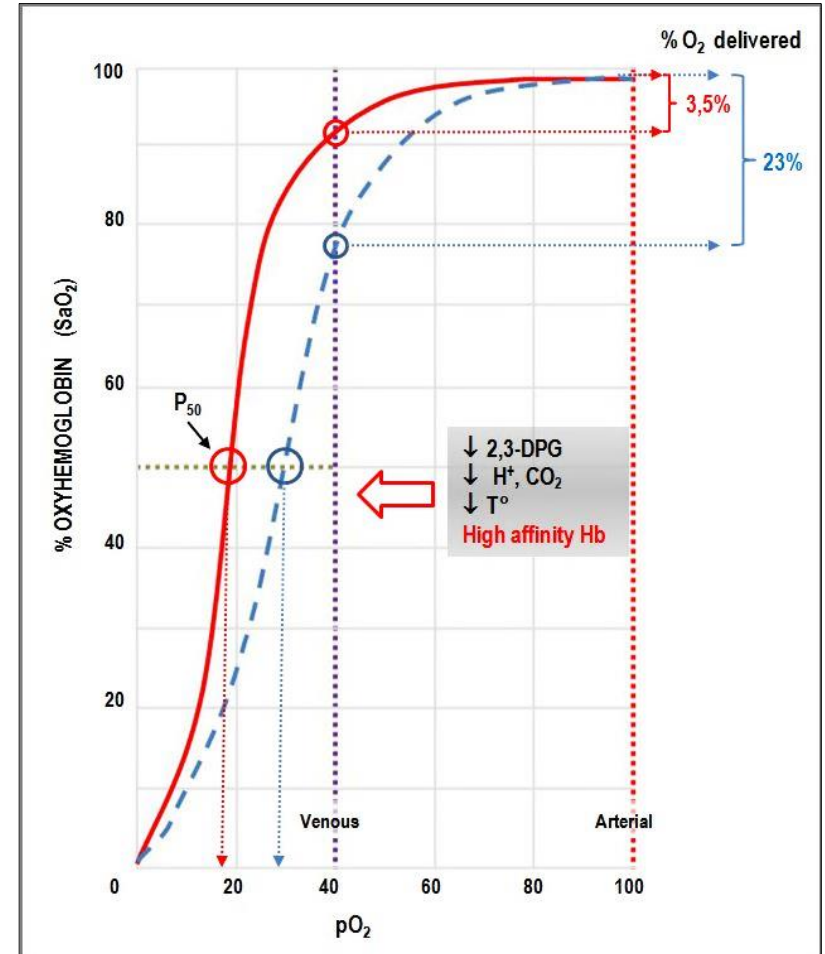
## GENES CODING FOR THE DIFFERENT GLOBIN CHAINS



# HEMOGLOBIN DISSOCIATION CURVE



Right shift of the hemoglobin dissociation curve through  
 ↗ of 2,3-DPG : ↘ of oxygen affinity of hemoglobin  
 In this situation : 12% increase of  $O_2$  tissues delivery



Left shift of the hemoglobin dissociation curve through  
 ↘ of 2,3-DPG : ↗ of oxygen affinity of hemoglobin  
 In this situation : 20% diminution of  $O_2$  tissues delivery

Normal curve : - - - -

# ANEMIA WITH IRON UTILIZATION DISORDER

## *SIDEROBLASTIC ANEMIA*

### PATHOPHYSIOLOGY

Anomaly of porphyrin nucleus synthesis

Presence of ring sideroblasts (*bone marrow*)

Role of vitamin B<sub>6</sub> (*Pyridoxin*)

### CLASSIFICATION

Acquired sideroblastic anemia : *Primary*  
*Secondary*  
*Lead poisoning*  
*Isoniazid*  
*Chloramphenicol*  
*Pyrazinamide*  
*Alcohol*

Hereditary sideroblastic anemia : *X - linked*  
*Autosomal*  
*Mitochondrial*

# ANEMIA WITH IRON UTILIZATION DISORDER (2)

## THALASSEMIA

### PATHOPHYSIOLOGY

#### GLOBIN SYNTHESIS DEFECT

*Great genetic heterogeneity at molecular level (DNA lesions, i.e. more or less important deletions, point mutations)*

$\alpha$ -Thalassemia :  $\sphericalangle$  or absence of globin  $\alpha$ -chain synthesis

$\beta$ -Thalassemia :  $\sphericalangle$  or absence of globin  $\beta$ -chain synthesis

#### CENTRAL (*BONE MARROW*) AND PERIPHERAL HEMOLYSIS THROUGH TETRAMERS INSTABILITY

$\alpha_4$  for  $\beta$ -Thalassemia

$\beta_4$  for  $\alpha$ -Thalassemia (*Hemoglobin H*)

# α-THALASSEMIA

## CLINICAL VARIETIES

Normal

Asymptomatic carrier

α-Thalassemia minor

Hemoglobin H disease

*Moderate, sometimes severe chronic anemia*

*Splenomegaly*

*Inclusion bodies*

Hemoglobin Bart (γ<sub>4</sub>)

*Hydrops fetalis (intrauterine death)*

## DIAGNOSIS

Search for inclusion bodies

Electrophoresis of a fresh<sup>1</sup> hemolysate at alkaline or neutral pH. Isoelectric focusing (Hb H)

DNA analysis

<sup>1</sup> Hb H is unstable !

CHROMOSOME 16

α α / α α

- α / α α

- - / α α or - α / - α

- - / - α

- - / - -

# $\beta$ -THALASSEMIA

## $\beta$ -THALASSEMIA MINOR

$\beta$  /  $\beta^+$ -thal or  $\beta$  /  $\beta^0$  (heterozygosity)

"Micropolyglobulia": e.g. RBC : 6.2 T / L, Hb : 105 g / L, MCV : 62 fL

Target cells, coarse basophilic stippling. Hb electrophoresis : ↗ Hb A<sub>2</sub> and F

Genetic counseling

$\beta$  : normal  $\beta$  gene

$\beta^0$  : mutation with no  $\beta$  chain synthesis

$\beta^+$  : mutation with residual low  $\beta$  chain synthesis

## $\beta$ -THALASSEMIA INTERMEDIA

$\beta^0$ -thal /  $\beta^+$ -thal (double heterozygosity) or

$\beta^+$ -thal /  $\beta^+$ -thal (homozygosity) → marked  $\sphericalangle$  of  $\beta$ -chain synthesis ( $\beta^+$  gene)

Anemia of variable severity (70 – 100 g / L) depending on the amount of residual  $\beta$ -chain synthesis (gene  $\beta^+$ )

Transfusion requirements less important than in  $\beta$ -thalassemia major

## $\beta$ -THALASSEMIA MAJOR

$\beta^0$ -thal /  $\beta^0$ -thal (homozygosity) → absence of  $\beta$  chains synthesis

$\beta^0$ -thal /  $\beta^+$ -thal (double heterozygosity) → severe  $\sphericalangle$  of  $\beta$ -chain synthesis

Severe anemia, hemolytic icterus, erythroblasts on blood smear

Splenomegaly, hepatomegaly

Growth retardation

Hb electrophoresis :  $\sphericalangle$  or absence of Hb A

Hb F 20-80 %

Treatment : Transfusions, iron chelation, allogeneic stem cell / bone marrow transplantation

# MACROCYTIC NORMOCHROMIC HYPOREGENERATIVE ANEMIA

MCV :	↗	> 99 fL
MCH :	↗	> 34 pg
MCHC :	normal	310 – 360 g / L
Reticulocyte count :		< 120 G / L

## CLASSIFICATION

### ***MEGALOBLASTIC MACROCYTIC ANEMIA***

Vitamin B<sub>12</sub> deficiency

Folate deficiency

Cytotoxic drugs

*6-mercaptopurin*

*5-fluorouracil*

*Cytarabin*

*Hydroxyurea*

*Methotrexate*

*Zidovudin (AZT)*

### ***NON MEGALOBLASTIC MACROCYTIC ANEMIA***

Alcoholism

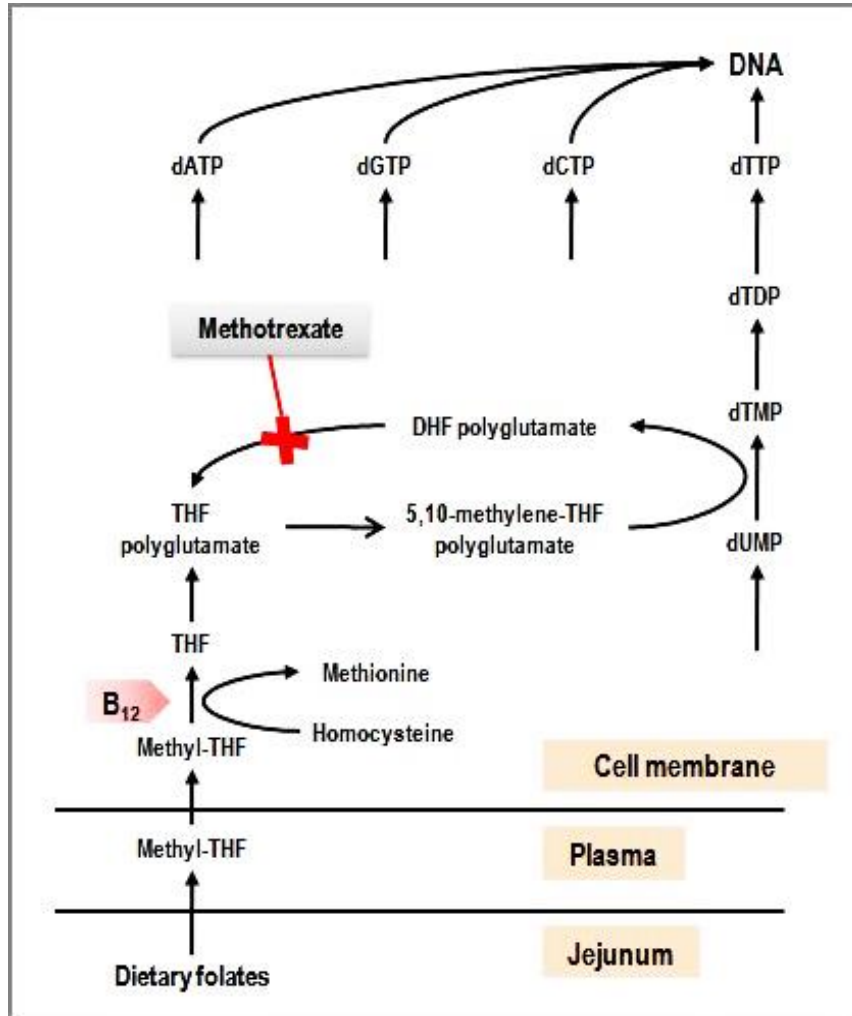
Liver disease

Myxedema

Myelodysplastic syndrome



# MEGALOBLASTIC MACROCYTIC ANEMIA PATHOPHYSIOLOGY



## Role of vitamin B<sub>12</sub> (cobalamin) and folates in DNA metabolism

Methyl-THF : methyltetrahydrofolate  
 THF : tetrahydrofolate  
 DHF : dihydrofolate  
 MP : monophosphate  
 DP : diphosphate  
 TP : triphosphate

A : adenine  
 G : guanine  
 C : cytosine  
 T : thymidine  
 U : uridine  
 d : deoxyribose

*Methionine deficiency might be the cause of myelin synthesis anomaly, leading to the neurological signs and symptoms found in vitamin B<sub>12</sub> deficiency*

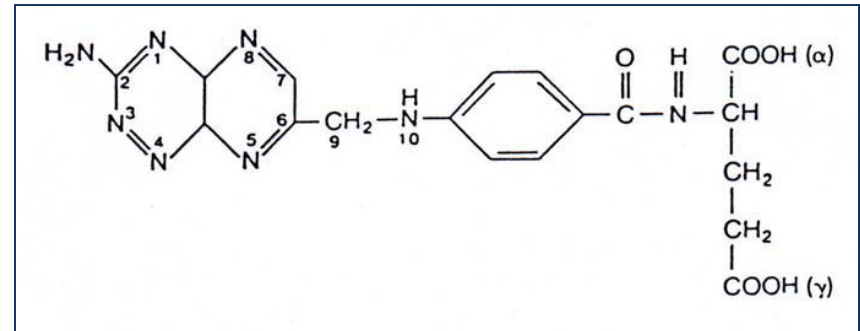
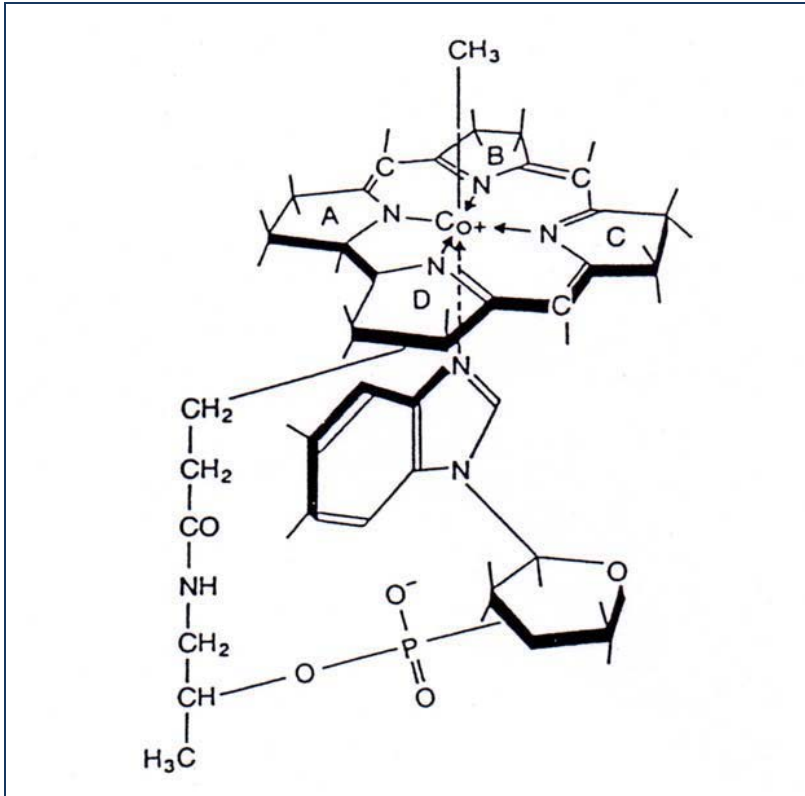
## Other function of vitamin B<sub>12</sub>



*Vitamin B<sub>12</sub> deficiency is responsible of homocysteine increase (cf. fig.) as of methylmalonic acid*

# VITAMIN B<sub>12</sub> AND FOLATES

## CHEMICAL STRUCTURE



Structure of folic acid (pteroylglutamic acid) : pteridine nucleus + para-aminobenzoic acid + glutamate(s)

Structure of methylcobalamin (*plasma*)  
 Other compounds : deoxyadenosylcobalamin (*tissues*),  
 hydroxocobalamin and cyanocobalamin (used in treatment of  
 vitamin B<sub>12</sub> deficiency)

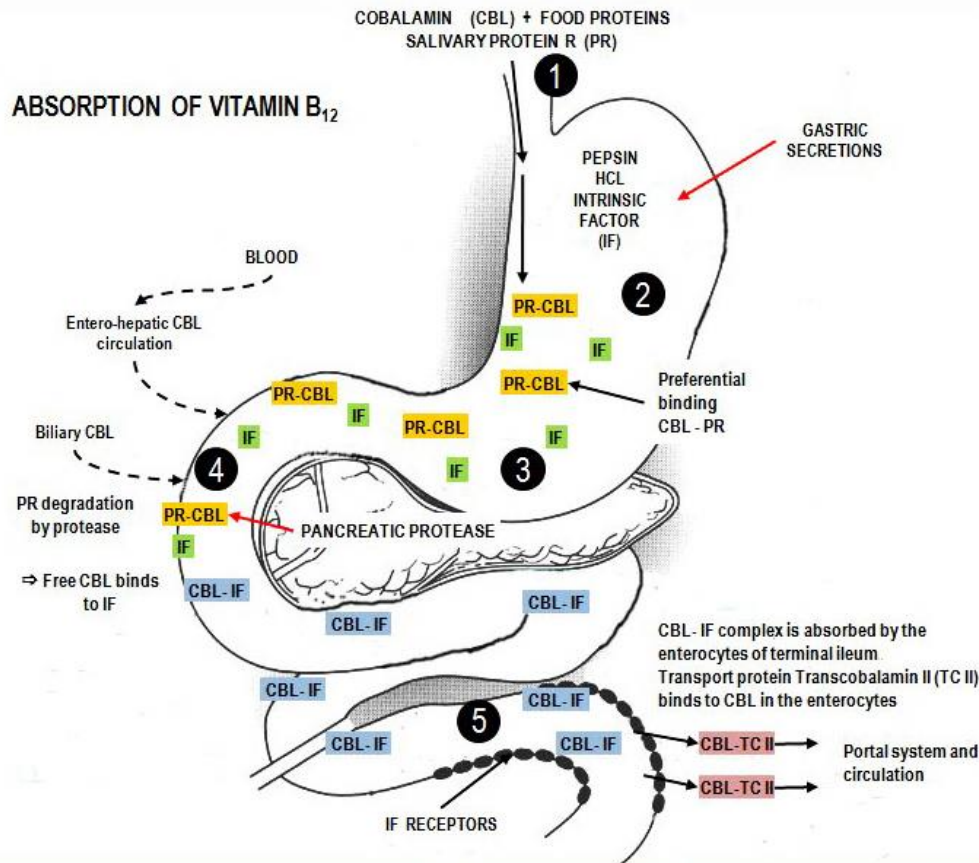
# VITAMIN B<sub>12</sub> AND FOLATES

## GENERAL DATA

	VITAMIN B <sub>12</sub>	FOLATES
Balanced diet (/ day)	7 – 30 µg	200 – 250 µg
Daily needs	1 – 2 µg	100 – 150 µg
Origin	Animal	Vegetables, liver, yeast
Cooking (heat)	Few effect	Thermolabile
Stores	2 – 3 mg	10 – 12 mg
Exhaustion of stores	2-4 years	3-4 months
Absorption		
Site	Ileum	Jejunum
Mechanism	Intrinsic factor	Conversion to methyltetrahydrofolate
Transport	Transcobalamins (TC) TC I and III or haptocorrins or R proteins : Binding to food proteins then cobalamins transport TC II : transport and intracellular cobalamins transfer	Albumin
Active physiological forms	Methyl- and deoxyadenosylcobalamins	Polyglutamates
Compounds used for therapeutic substitution	Hydroxocobalamin Cyanocobalamin	Folic acid ( <i>pteroylglutamic acid</i> )
Serum levels (physiological)	133 – 675 pmol / L <sup>1</sup>	7.0 – 45.1 nmol / L <sup>1</sup>

<sup>1</sup> LCC-CHUV, 2012

# ABSORPTION OF VITAMIN B<sub>12</sub>



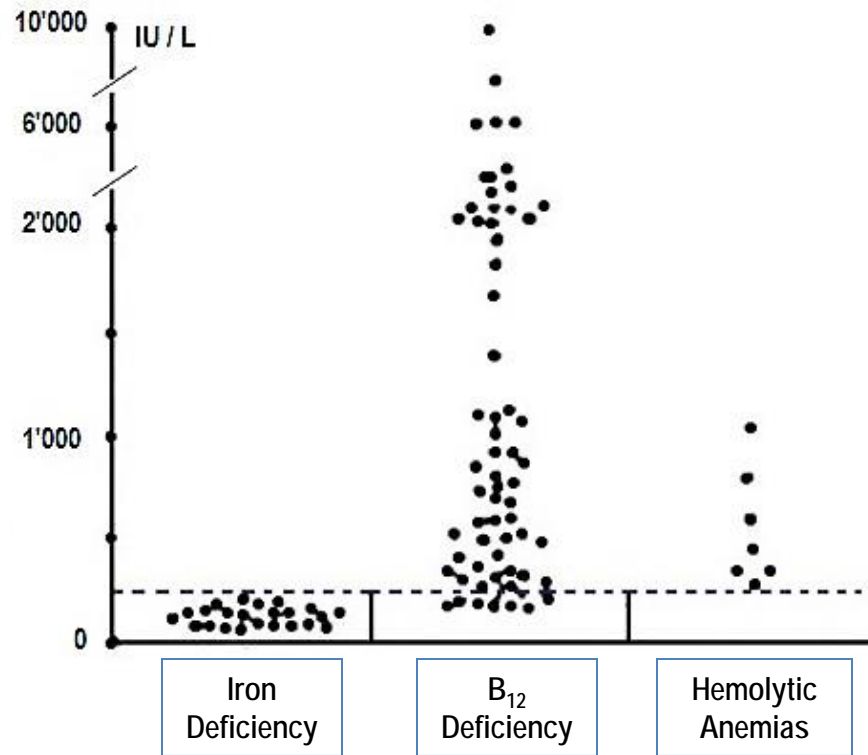
## PHYSIOPATHOLOGICAL MECHANISMS OF VITAMIN B<sub>12</sub> (COBALAMIN) DEFICIENCY

- 1** Cobalamin dietary deficiency
- 2** Anomaly of cobalamin - food dissociation
- 3** Quantitative or qualitative defect of Intrinsic Factor (IF)
- 4** Deficiency of pancreatic protease  
Abnormal utilization of vitamin B<sub>12</sub> by bacterias (*blind loop syndrome*), fish worm (*diphyllobothrium latum*)
- 5** Anomaly of ileal mucosa and / or of the IF receptors and / or transfer in the enterocyte

Cobalamins of dietary origin are bound unspecifically to the food proteins. In the stomach peptic digestion at low pH splits proteins from cobalamins which then bind to R proteins (or haptocorrins) of salivary origin. In the duodenum R proteins are degraded by pancreatic proteases which allows the binding of cobalamins to the intrinsic factor of gastric origin. The ileal receptor of the vitamin B<sub>12</sub> / IF complex is the cubulin

TC I and TC III are abundant in the secondary granules of neutrophils

# LDH AND ANEMIA



LDH activity in iron deficiency,  
megaloblastic and hemolytic  
anemias

*Dotted line : upper limit of the reference  
interval*

*Modified from Emerson P.M., Wilkinson J.H., Br J Haematol 1966; 12 : 678-688.*

# MEGALOBLASTIC ANEMIA WITH DNA SYNTHESIS ANOMALY

Nuclear maturation slowdown

Optimal hemoglobin concentration reached before the usual 4 mitosis

Reduction of the number of mitosis

Increased size of the cells

*Bone marrow* : megaloblasts

*Peripheral blood* : megalocytes ("macroovalocytes")

Intramedullary and peripheral hemolysis

Bone marrow with megaloblastic hyperplasia by erythroid stem cell recruitment through erythropoietin

## SCHILLING TEST

Saturation of transcobalamins by IM injection of 1 mg vitamin B<sub>12</sub>

Oral administration of 0.5 -1 µg radiolabeled vitamin B<sub>12</sub>

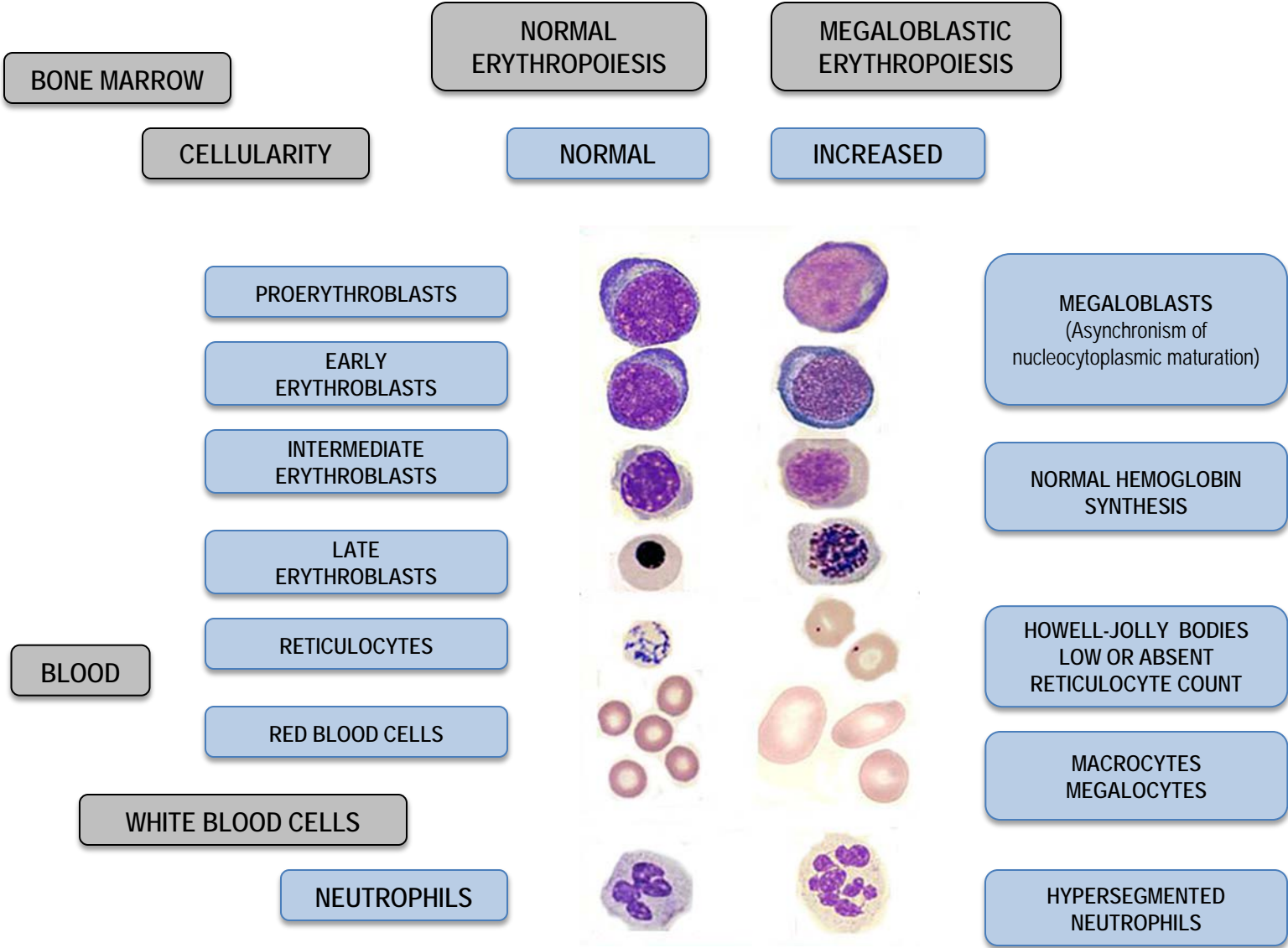
48 hours urine collection and measure of excreted radioactivity

In case of pathological result repeat the test with concomitant oral intrinsic factor administration (IF)

	Urinary excretion of radiolabeled vitamin B <sub>12</sub> (%)	
	B <sub>12</sub> alone	B <sub>12</sub> + IF
Normal subject	18 (9 – 36)	–
Pernicious anemia	0.5 (0 – 1.2)	13 (6 – 31)
Malabsorption (gluten enteropathy)	3.6 (0 – 19)	3.3 (0 – 10)

Results obtained with 0.5 µg of radiolabeled oral vitamin B<sub>12</sub>

# NORMAL AND MEGALOBLASTIC ERYTHROPOIESIS



*Modified from Chandrasoma P., Taylor C.R. : Concise Pathology, 3th edition 1998; Appleton & Lange.*

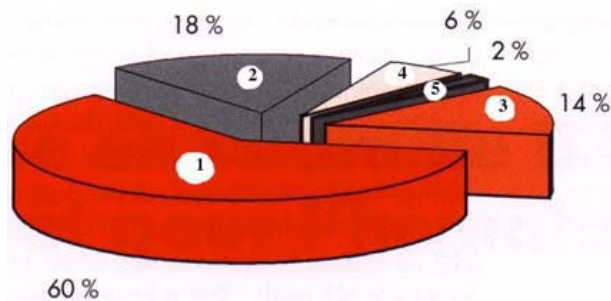
# CAUSES OF VITAMIN B<sub>12</sub> DEFICIENCY

## MALABSORPTION

Gastric origin : *Achlorhydria*  
*Pernicious anemia*  
*Partial or total gastrectomy*  
*Congenital intrinsic factor deficiency*

Intestinal origin : *Resection of terminal ileum*  
*Crohn's disease*  
*Gluten induced enteropathy*  
*Fish tapeworm (Diphyllobothrium latum) infestation*

## Dietary deficiency



1. Non dissociation of Vitamin B<sub>12</sub> from the transport proteins or insufficient digestion of dietary vitamins B<sub>12</sub>
2. Pernicious anemia
3. Undefined
4. Malabsorption
5. Poor diet

Distribution of causes of vitamin B<sub>12</sub> deficiency in adults



# PERNICIOUS ANEMIA

## PATHOPHYSIOLOGY

Atrophic gastritis of immune origin with lack of intrinsic factor

## HEMATOLOGY

Macrocytic megaloblastic anemia  
Neutropenia with hypersegmented neutrophils  
Thrombocytopenia

## CLINICAL ASPECTS

Atrophic glossitis (*Hunter's glossitis*), dyspepsia  
Combined degeneration of the dorsal (*posterior*) and lateral spinal columns (*paresthesias, pain, gait disturbance, pallesthesia diminution, pyramidal syndrome*)  
→ *Methionine synthesis defect ?*  
Psychiatric symptoms (*irritability, depression*)  
Melanic skin hyperpigmentation (*uncommon !*)  
Sterility, asthenospermia

# PERNICIOUS ANEMIA (2)

## LABORATORY

### LABORATORY TESTS

- ✧ Methylmalonic acid (*plasma*). Normal range : < 0.28  $\mu\text{mol} / \text{L}^1$
- ✧ Homocysteine (*plasma*). Normal range : 5 – 15  $\mu\text{mol} / \text{L}^1$
- ✧ Holotranscobalamin : 10 – 30% of biologically active vit. B<sub>12</sub> [might be more specific of deficiency than total B<sub>12</sub> ( 70 – 90% being inactive through binding to haptocorrins)]

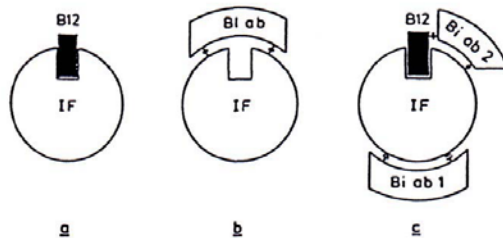
### SCHILLING TEST

Pathological but normalized after simultaneous administration of vitamin B<sub>12</sub> + intrinsic factor

### ANTIBODY SCREENING

	Antiparietal cells ( $\pm 90\%$ ) <sup>1</sup>	Anti-intrinsic factor ( $\pm 50\%$ )
Specificity	–	+
Sensitivity	+	–

<sup>1</sup> Antiparietal cells antibodies can be found in normal individuals (5-20%) and in myxedema (~ 30%)

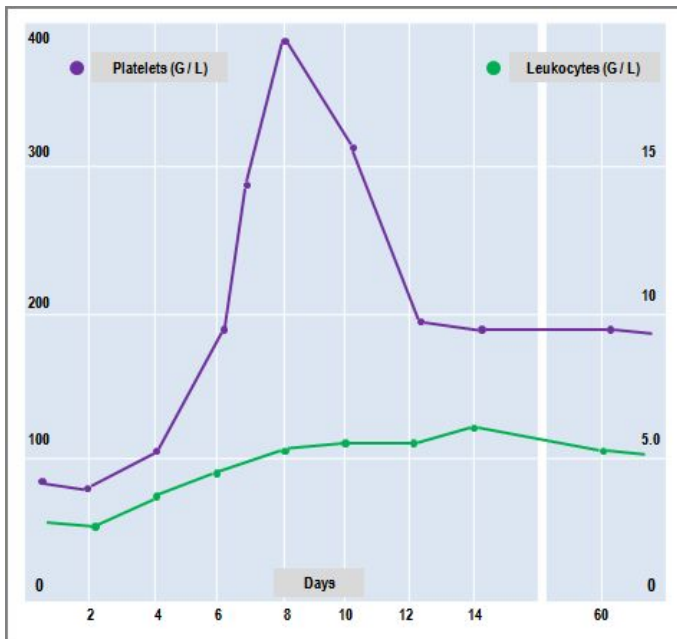
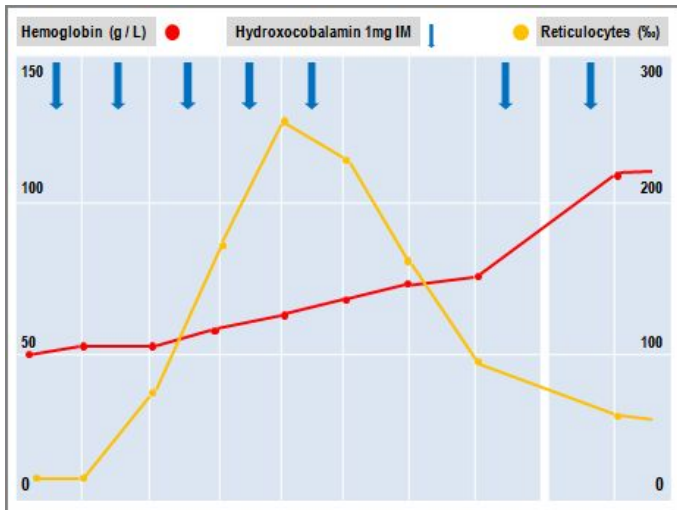


Schematic presentation of intrinsic factor (IF), vitamin B<sub>12</sub> and of antibody directed against intrinsic factor :

- a) Normal binding between IF and vitamin B<sub>12</sub>
- b) Blocking antibody
- c) Coupling antibody

# PERNICIOUS ANEMIA (3)

## RESPONSE TO HYDROXOCOBALAMIN SUBSTITUTION



After systemic application of Hydroxocobalamin

- Bone marrow becomes normoblastic within 48 hours
- Persistence of giant metamyelocytes up to 12 days (*even longer*)

Because of duration of hematopoietic lineages maturation :

- 6<sup>th</sup> – 10<sup>th</sup> day, reticulocytes increase («reticulocyte peak»), normalisation of platelet and leucocyte counts if previously lowered
- Normalisation of hemoglobin level after 2 months only

Modified from Hoffbrand A.V., Moss P.H.A., Pettit J.E. : *Essential Haematology* 5th edition 2006; Blackwell Publishing : p 55.

# CAUSES OF FOLATE DEFICIENCY

## DIETARY DEFICIENCY

## MALABSORPTION

*Gluten induced enteropathy*

*Wide jejunal resection*

*Crohn's disease*

## INCREASED DEMAND

Physiological :     *Pregnancy*  
                          *Lactation*  
                          *Prematurity*  
                          *Growth*

Pathological :     *Hemolytic anemia*  
                          *Cancer, myeloid or lymphoid neoplasm*  
                          *Inflammatory process*

## DRUGS

*Anticonvulsants (e.g. : Diphenylhydantoin)*

*Barbiturates*

*Salazopyrin*

## ALCOHOLISM

## WORKUP OF MACROCYTIC ANEMIA WITH OR WITHOUT NEUTROPENIA AND / OR THROMBOCYTOPENIA

### 1. RETICULOCYTE COUNT

*Regenerative anemia ?*

### 2. FOLATES AND VITAMIN B<sub>12</sub> SERUM LEVELS

*DNA synthesis disorder ?*

### 3. TESTS OF THYROID FUNCTION

*Hypothyroidism ?*

### 4. ALCOHOLISM INVESTIGATION

### 5. IF 1-4 NEGATIVE → BONE MARROW CYTOLOGY AND HISTOLOGY

*Myelodysplastic syndrome ?*

*Bone marrow aplasia ?*

## NORMOCYTIC NORMOCHROMIC REGENERATIVE ANEMIA

MCV :	normal	81 – 99 fL
MCH :	normal	27 – 34 pg
MCHC :	normal	310 – 360 g / L
Reticulocyte count :		> 120 G / L

## ACUTE BLOOD LOSS

BLOOD LOSS	% BLOOD VOLUME	SYMPTOMS
0.5 – 1.0 L	10 – 20	Possible vaso-vagal reaction
1.0 – 1.5 L	20 – 30	Tachycardia / hypotension
1.5 – 2.0 L	30 – 40	Reversible hypovolemic shock
> 2.0 L	> 40	Irreversible hypovolemic shock

## ACUTE BLOOD LOSS (2)

Evolution in 2 phases :

1. Hypovolemia (1-3 days)
2. Volemia normalization

Anemia is only found during phase of volemia correction

Anemia normocytic normochromic as far as iron stores not exhausted



*1 L of blood = 500 mg of iron*

Increase of the reticulocyte count from the 4th day, possibly neutrophilic leukocytosis with left shift, myelocytosis (*presence of some peripheral blood myelocytes and metamyelocytes*), thrombocytosis

Treatment :

Phase 1 : *Packed red cells and plasma*

Phase 2 : *Packed red cells*

# HEMOLYTIC ANEMIA

## BASIC DATA

### HISTORY

Ethnic origin, family history  
Stay in a foreign country  
Drug treatment  
Prior transfusion(s), pregnancy(-ies)

### CLINICAL FEATURES

Jaundice  
Splenomegaly

### HEMOGRAM

Normocytic normochromic anemia

*Particular situations :*

*Absence of anemia in case of compensated hemolysis*

*Microcytic anemia : thalassemia, hemoglobinopathies E, C, PNH<sup>1</sup>*

*Macrocytic anemia : high reticulocyte count, associated folate deficiency*

Regeneration signs

*Polychromasia*

*Increased reticulocyte count*

*Presence of peripheral blood erythroblasts*

Red blood cell morphology

*Spherocytes, schistocytes, sickle cells, target cells*

<sup>1</sup> PNH : Paroxysmal Nocturnal Hemoglobinuria (iron deficiency due to chronic hemoglobinuria)



# HEMOLYTIC ANEMIA

## BASIC DATA (2)

### BLOOD CHEMISTRY

- ↗ unconjugated bilirubin
- ↗ L D H
- ↗ haptoglobin
- ↗ fecal stercobilinogen
- Urobilinuria

ISOTOPIC TESTS ( $^{51}\text{Cr}$ ) : cf. next page

### EXTRAVASCULAR HEMOLYSIS

"Sensitization" of circulating RBC and destruction by the monocyte / macrophage system  
(*spleen, liver, lymph nodes, bone marrow*)

### INTRAVASCULAR HEMOLYSIS

- ↗ plasmatic Hb ( $> 50 \text{ mg / L}$ )
- Hemoglobinuria
- Hemosiderinuria

### HEMOLYSIS DUE TO CORPUSCULAR ANOMALY

Hereditary (*except PNH<sup>1</sup>*)  
Homozygous or heterozygous

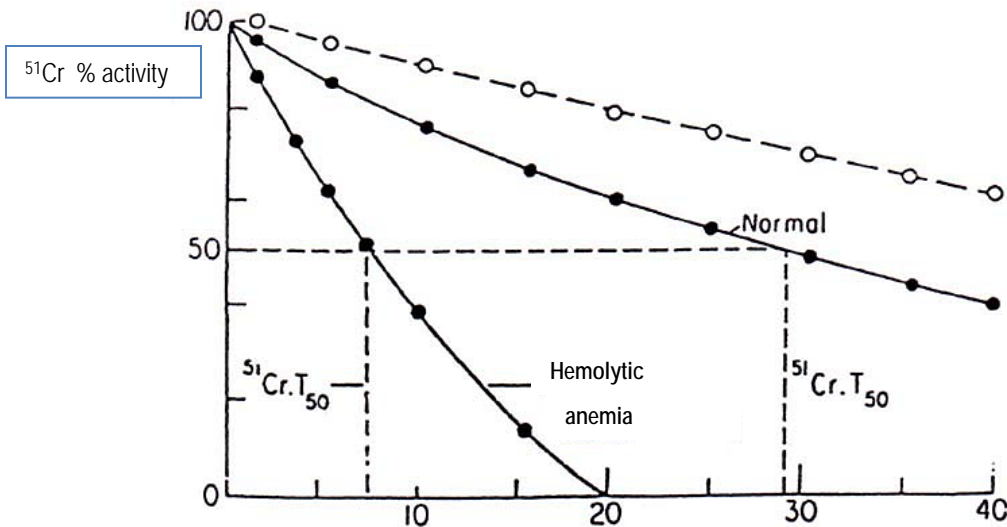
### HEMOLYSIS DUE TO EXTRACORPUSCULAR ANOMALY

Acquired

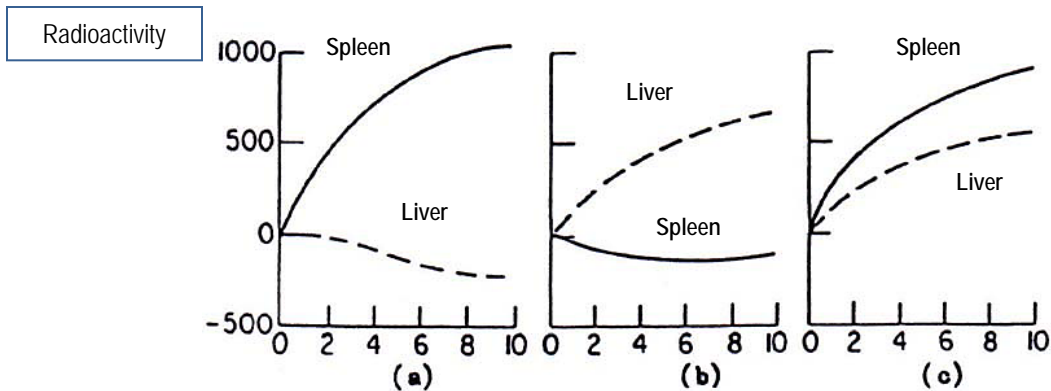
<sup>1</sup> PNH : Paroxysmal Nocturnal Hemoglobinuria

# MEASURE OF RED BLOOD CELLS HALF LIFE

## <sup>51</sup>Cr LABELLING



Measure of RBC half life with <sup>51</sup>Cr labeling (<sup>51</sup>CrT<sub>50</sub>)  
 o- -o- -o : Theoretical curve  
 •—•—• : Normal curve with half life of 30 ± 2 days  
 —•—•— : Pathological curve with half life < 10 days



External counts during <sup>51</sup>Cr test :

- Predominant splenic sequestration (*hereditary spherocytosis*)
- Predominant hepatic sequestration (*sickle cell disease*)
- Mixed sequestration (*splenic and hepatic*) (*some forms of immune hemolytic anemia*)

# HEMOLYTIC ANEMIA DUE TO CORPUSCULAR DEFECT

ENZYMOPATHY

RBC MEMBRANE ANOMALY

HEMOGLOBINOPATHY

Diminution (or absence) of globin chains synthesis

THALASSEMIAS (*cf. p. 45-47*)

Substitution (or deletion) of a residue on a globin chain

SICKLE CELL DISEASE

HEMOGLOBINS E, C

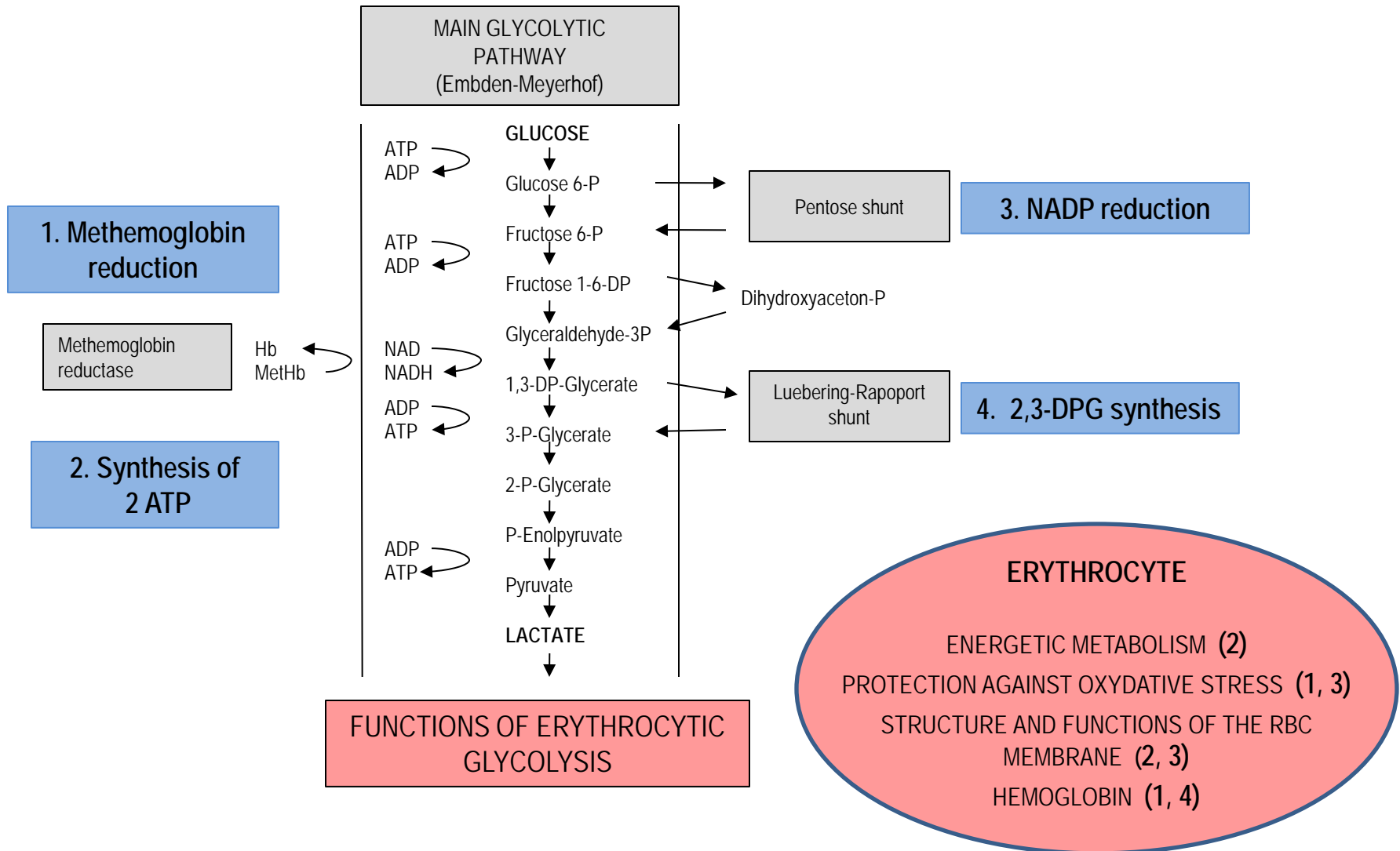
UNSTABLE HEMOGLOBINS

HEMOGLOBINS M<sup>1</sup>

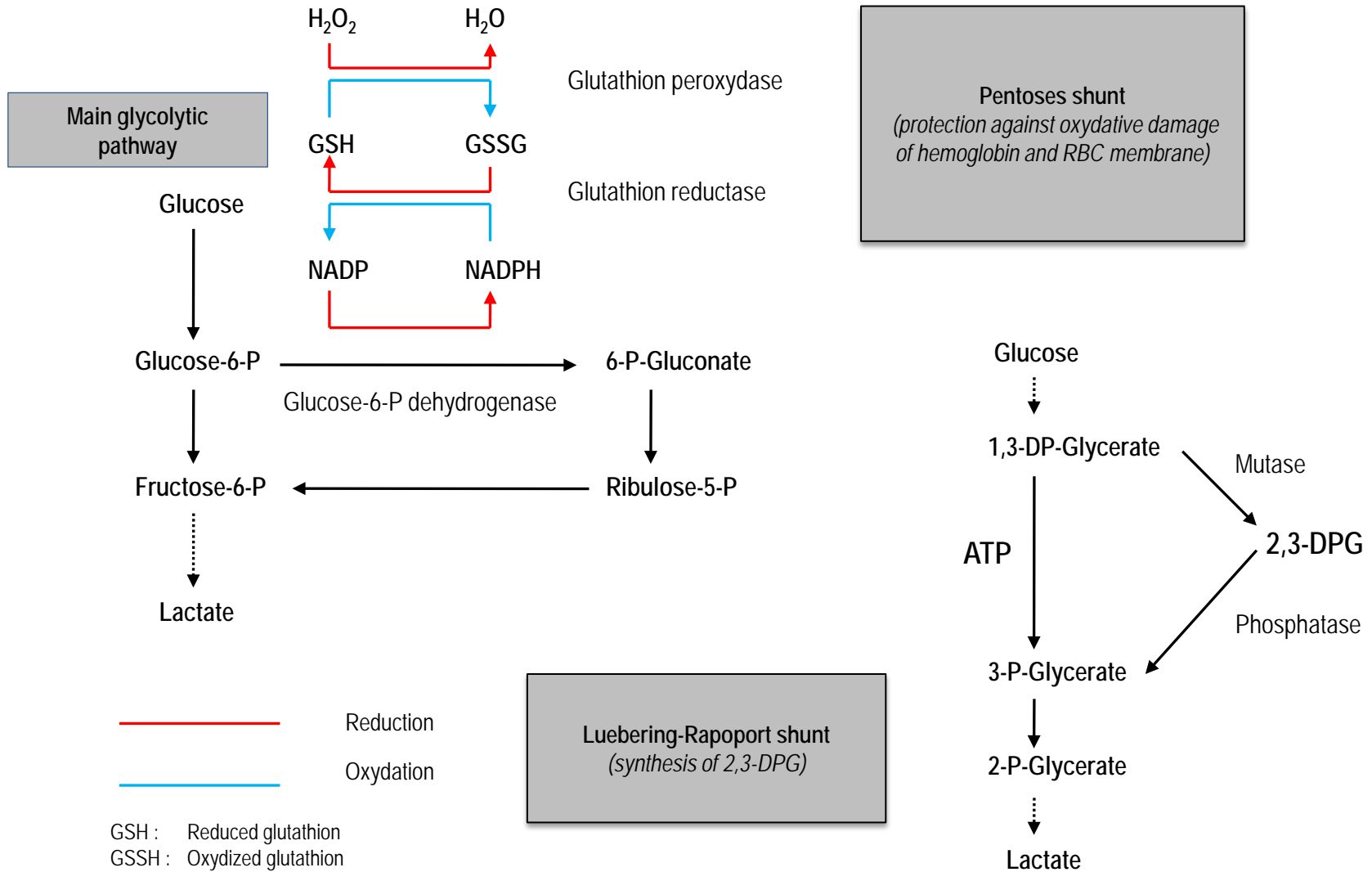
HEMOGLOBINS WITH INCREASED OR REDUCED OXYGEN AFFINITY

<sup>1</sup> M : Methemoglobin

# GLYCOLYSIS OF RED BLOOD CELLS



# GLYCOLYSIS OF RED BLOOD CELLS (2)



# RED BLOOD CELL ENZYMOPATHY

## FREQUENT

### PENTOSE SHUNT

*Glucose-6-phosphate dehydrogenase (G-6-PD) deficiency*  
( $> 400 \cdot 10^6$  cases,  $> 300$  variants)

### EMBDEN-MEYERHOF PATHWAY

Pyruvate kinase deficiency ( $< 1'000$  cases)  
Glucose phosphate isomerase deficiency ( $< 200$  cases)

## UNCOMMON

### EMBDEN-MEYERHOF PATHWAY

*Deficiency in : Hexokinase, phosphofructokinase, aldolase, triose phosphate isomerase, diphosphoglycerate mutase, phosphoglycerate kinase*  
( $< 20$  cases)

# GLUCOSE-6-PHOSPHATE DEHYDROGENASE DEFICIENCY (G-6-PD)

Amino acid substitution in some variants of G-6-PD

Variants	Position of residue				
	68	126	188	227	323
B (+)	Valine	Asparagine	Serine	Arginine	Leucine
A (+)		Aspartic acid			
A (-)	Methionine				
A (-)				Leucine	
A (-)					Proline
Mediterranean			Phenylalanine		

*B (+) :*

*Physiological form, predominant*

*A (+) :*

*Physiological form, 30% African colored*

*A (-) :*

*11% African American : activity 5-15% of normal*

*Mediterranean [formerly B (-)] :*

*Activity < 1%*

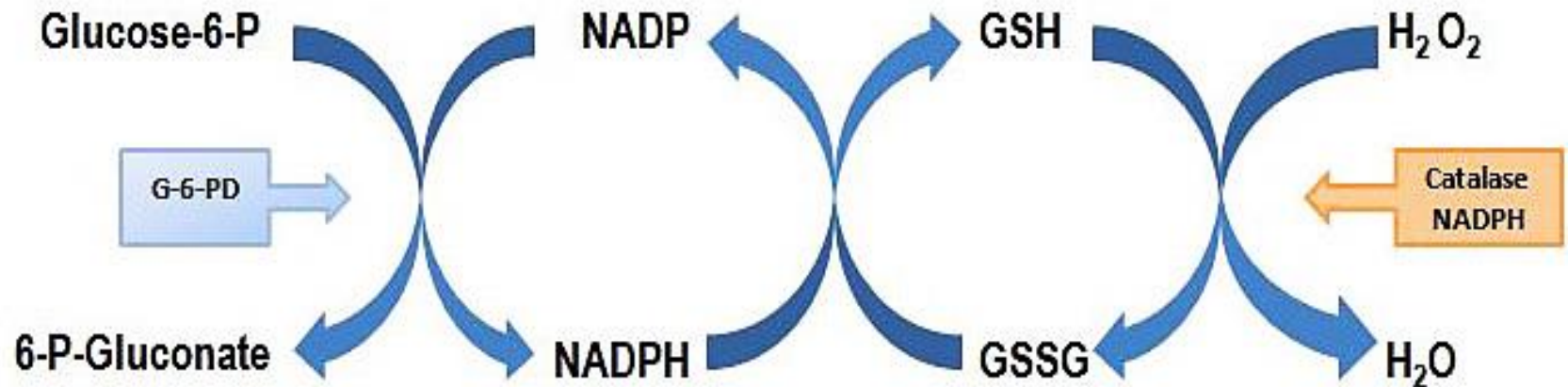
*X-linked recessive deficiency*

*Hemolysis :*

*Chronic (uncommon)*

*Usually induced by : drugs, fever, fava beans (Favism)*

## GLUCOSE-6-PHOSPHATE DEHYDROGENASE DEFICIENCY (G-6-PD) (2) PATHOPHYSIOLOGY



Reduced glutathione (GSH) protects the -SH groups of the RBC membrane and hemoglobin

During hemolytic crisis, presence of *Heinz bodies* in the RBC after staining with brilliant cresyl blue = denatured hemoglobin (*oxidized*)

Decrease in hemolysis during reticulocyte response (*young RBC are relatively enzyme rich*)



# GLUCOSE-6-PHOSPHATE DEHYDROGENASE DEFICIENCY (G-6-PD) (3)

Main substances able to induce hemolytic crisis in G-6-PD deficiency<sup>1</sup>

## ANTIMALARIAL DRUGS

*Primaquine, pamaquine, pentaquine, quinine*

## SULFONAMIDES

*Sulfacetamide, sulfamethoxazole, sulfanilamide, sulfapyrine, sulfoxone, thiazosulfone*

## ANTIBIOTICS AND BACTERIOSTATIC AGENTS

*Para-aminosalicylic acid, nalidixic acid, nitrofurantoin, chloramphenicol, methylene blue, niridazole*

## ANALGESICS

*Acetanilide, amidopyrine, paracetamol*

## OTHERS

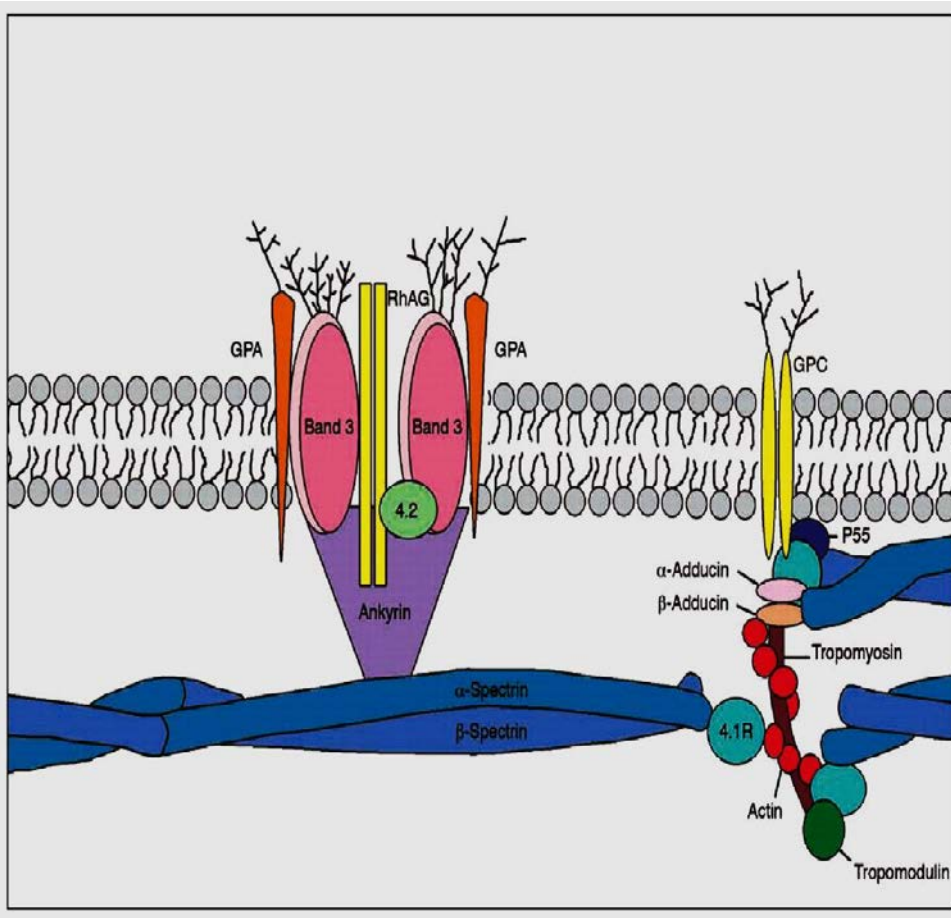
*Toluidin blue, naphtalene, phenylhydrazine, probenecid, trinitrotoluen*

## FOOD

Beans (*fava beans...*)

<sup>1</sup> Because of disease polymorphism, these substances are not necessarily dangerous for all G-6-PD deficient subjects. Nevertheless they should be avoided because of the unpredictable tolerance of each subject

# STRUCTURE OF RED BLOOD CELL MEMBRANE



Composite structure with double layer lipidic membrane anchored to a two-dimensional elastic network (**cytoskeleton**) with tethering sites (transmembrane proteins)

Vertical fixation involves the cytoplasmic domain of **Band 3** protein, **Ankyrin**, **Protein 4.2** and **Spectrin**

Horizontal interaction involves **Spectrin** ( $\alpha$ - and  $\beta$ -chains), with **Protein 4.1R**, **Actin**, **Tropomodulin**, **Tropomyosin** and **Adducins**

**Protein 4.1R** interacts also with the transmembrane **Glycophorin C (GPC)** and protein **P55** in a triangular mode

GPA : Glycophorin A  
RhAG : Rhesus Antigen

# ANOMALY OF RED BLOOD CELL MEMBRANE

## HEREDITARY SPHEROCYTOSIS

AUTOSOMAL DOMINANT (*cf. next pages*)

AUTOSOMAL RECESSIVE (*frequent in Japan; protein 4.2 mutations*)

AUTOSOMAL DOMINANT WITH ACANTHOCYTOSIS

## HEREDITARY ELLIPTOCYTOSIS

Anomaly of spectrin, protein 4.1

## HEREDITARY STOMATOCYTOSIS

## ABETALIPOPROTEINEMIA WITH ACANTHOCYTOSIS<sup>1</sup>

<sup>1</sup> Not to be mistaken for acanthocytosis secondary to severe liver disorder

# HEREDITARY SPHEROCYTOSIS

## AUTOSOMAL DOMINANT

### PATHOPHYSIOLOGY

Anomalies of spectrin, ankyrin, band 3, which may be combined  
Spherocytes with loss of plasticity and splenic trapping (*sequestration*)

Volume usually normal

Diameter ↗

Surface ↗

Increase of membrane permeability for Na<sup>+</sup> (↗ *glycolytic activity*)

### CLINICAL FEATURES

Chronic hemolytic anemia

↗ if: pregnancy  
exercise  
intercurrent viral infection (*EBV, etc*)

Splenomegaly

Negative Coombs test

↗ osmotic resistance

↗ autohemolysis, corrected by glucose

Pure splenic RBC destruction

Aplastic crises (*Parvovirus B19*)

Frequent cholelithiasis

### TREATMENT

Splenectomy (*severe forms only*)

# AUTOSOMAL DOMINANT HEREDITARY SPHEROCYTOSIS (2)

## Clinical classification of hereditary spherocytosis (HS)

	Trait	Light HS	Moderate HS	Moderate to severe HS <sup>1</sup>	Severe HS <sup>1</sup>
Hb (g / L)	Normal	110 – 150	80 – 120	60 – 80	< 60
Reticulocyte count (‰)	1 – 30	30 – 80	≥ 80	≥ 100	≥ 100
Spectrin content <sup>2</sup> (% of normal)	100	80 – 100	50 – 80	40 – 80	20 – 50
Spherocytes	-	+	+	+	+ with poikilocytosis
Osmotic resistance	normal	normal / ↘	↘↘	↘↘	↘↘
Autohemolysis	slightly ↗	↗↗	↗↗	↗↗	↗↗↗
Splenectomy (indication)	-	-	- / +	+	+

<sup>1</sup> Values in absence of transfusion. Patients with severe HS are transfusion dependent

<sup>2</sup> Reference values (± SD) : 245 ± 27 x 10<sup>5</sup> spectrin dimers / RBC

In most patients ankyrin content is reduced in parallel. A low number of patients present with absence of band 3 or protein 4.2; in this case HS is light to moderate with normal amounts of spectrin and ankyrin

*Modified from Eber S.W., Armbrust R., Schröter W., J Pediatr 1990; 117 : 409-416, & Pekrun A., Eber S.W., Kuhlmeier A., Schröter W., Ann Hematol 1993; 67 : 89-93.*

# PAROXYSMAL NOCTURNAL HEMOGLOBINURIA (PNH)

## *PATHOPHYSIOLOGY*

Mutation of a gene on chromosome X coding for the glycosyl phosphatidyl inositols (*membrane anchoring proteins*) named PIGA (= *Phosphatidyl Inositol Glycan complementation class A*) with deficiency of membrane anchor proteins

3 types of RBC :

PNH I :	normal
PNH II :	intermediate
PNH III :	abnormal

RBC lysis by complement due to membrane protein anomalies like :

CD55 :	Decay Accelerating Factor (DAF)
CD59 :	Membrane Inhibitor of Reactive Lysis (MIRL) / Homologous Restriction Factor (HRF)

Clonal anomaly of hematopoietic stem cell

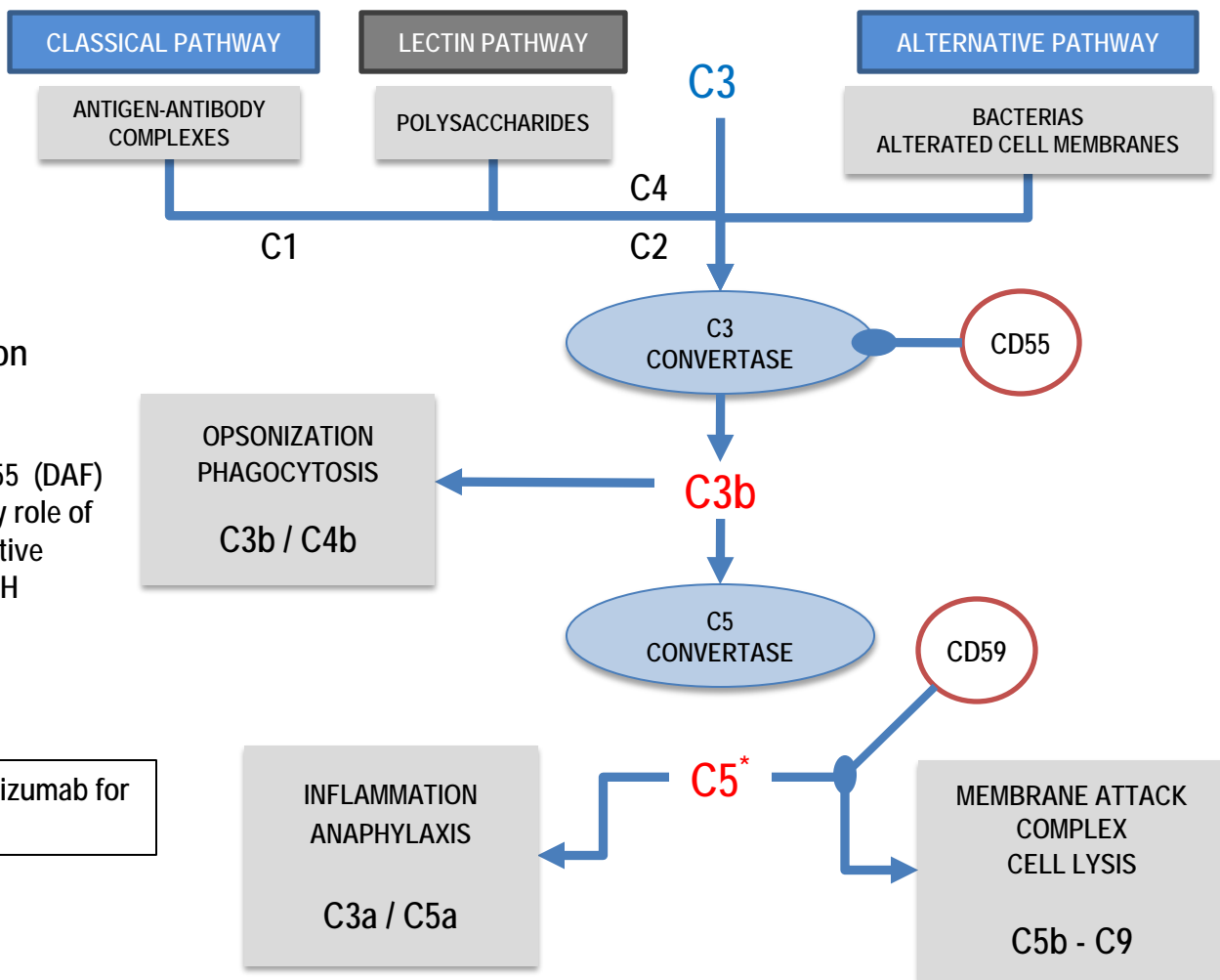
Lysis affects also neutrophils and platelets which also present functional anomalies

Relation with aplastic anemia

# PAROXYSMAL NOCTURNAL HEMOGLOBINURIA (PNH) (2)

## Outline of the complement activation pathways (classical and alternative)

The 2 membrane regulatory proteins CD55 (DAF) and CD59 (MIRL / HRF) play an inhibitory role of the complement activation by the alternative pathway. They are missing on RBC in PNH



\* Target for monoclonal antibody Eculizumab for treatment of PNH

# PAROXYSMAL NOCTURNAL HEMOGLOBINURIA (PNH) (3)

## CLINICAL FEATURES

Hemolytic anemia with hemoglobinuria (*nocturnal*)

↘ of pH during sleep ? (*controversial*)

Depending on the size of the PNH III clone. Promoted by infections, surgery, violent exercise, alcohol, transfusions

Splenomegaly

Thromboembolic manifestations (*Budd-Chiari syndrome : thrombosis of hepatic veins*)

Median survival : 14.6 years (*Socié G. et al., Lancet 1996; 348 : 573-577.*)

Causes of death : Thromboses  
Hemorrhage

Possible evolution : Aplastic anemia  
Acute leukemia

## DIAGNOSIS

Immunophenotyping : Deficiency(-ies) of CD55 (DAF), CD59 (MIRL / HRF), CD58 (LFA-3) on RBC;  
CD55, CD59, CD58, CD16, CD24 and CD66b on *neutrophils* : markers  
anchored on the cellular membrane by the way of Glycosyl Phosphatidylinositols  
(*GPI-linked*)

FLAER test (*Sutherland D.R. et al., Cytometry Part B (Clinical Cytometry) 2007; 72B : 167-177 and  
Am J Clin Pathol 2009; 132 : 564-572.*)

Ham-Dacie test (*acid test*<sup>1</sup>)

Sucrose test<sup>1</sup>

## TREATMENT

Transfusion

Eculizumab (*monoclonal antibody anti-C5*)

Iron substitution if deficiency (*may increase hemolysis by stimulation of PNH III clone*)

Allogeneic stem cell transplantation (*ev. bone marrow*) in severe cases

<sup>1</sup> These tests are obsolete and should be replaced by immunophenotyping



# ANOMALY OF HEMOGLOBIN

## HEMOGLOBINOPATHY

Approximately 1'000 mutants (2008)  
Frequent mutants : S, E, C

SICKLE CELL DISEASE (Hb S) : *cf. following pages*

### HEMOGLOBIN E

$\beta 26 \text{ Glu} \rightarrow \text{Lys}$   
South-East Asia  
Microcytic anemia with target cells

### HEMOGLOBIN C

$\beta 6 \text{ Glu} \rightarrow \text{Lys}$   
Africa  
Microcytic anemia with target cells

### UNSTABLE HEMOGLOBINS

Hb Zurich ( $\beta 63 \text{ His} \rightarrow \text{Arg}$ )  
Hemolysis with Heinz bodies after intake of oxidant drugs (*sulfonamides*)

### HEMOGLOBINS M

Cyanosis due to methemoglobinemia

### HEMOGLOBINS WITH INCREASED OR REDUCED OXYGEN AFFINITY

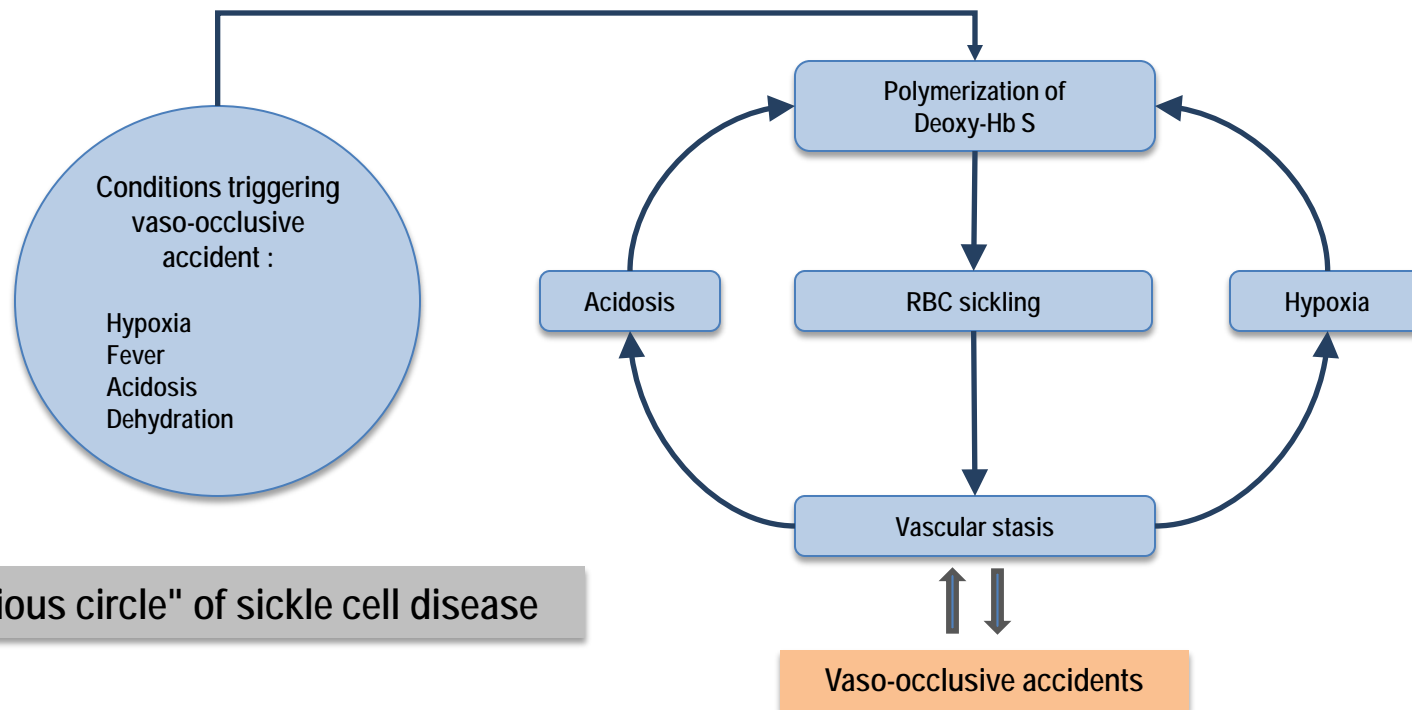
# SICKLE CELL DISEASE

## PATHOPHYSIOLOGY

Autosomal recessive transmission

Hemoglobin S :  $\beta 6 \text{ Glu} \rightarrow \text{Val}$

Polymerization in deoxygenated form : shape alteration of RBC to *drepanocytes* ("sickling") with loss of plasticity



"Vicious circle" of sickle cell disease

# SICKLE CELL DISEASE (2)

Africa, Arabia, India, Mediterranean region, African Americans

## CLINICAL FEATURES

### HETEROZYGOUS VARIETY (A - S)

Approximately 30% of Hemoglobin S

Asymptomatic, occasionally kidneys may be affected with hyposthenuria, hematuria  
(*microinfarctions of medullary zone*)

Avoid severe hypoxemia (*apnea diving, general anesthesia*)

Protection against malaria

### HOMOZYGOUS VARIETY (S - S)

Symptomatic since the age of 6 months : Hb F → Hb S

5 typical clinical manifestations :

1. Vaso-occlusive crises
2. Splenic sequestration crises (*children < 4 years*)
3. Aplastic crises
4. Hemolytic crises
5. Infectious complications

## DIAGNOSIS

Hemoglobin electrophoresis

Screening by Emmel test or *in vitro RBC sickling test* (*sodium metabisulfite as reducing agent*)

## TREATMENT

Rest / hydration / analgesia / exchange transfusion(s)

Hydroxyurea (*increased synthesis of Hb F*)

# HEMOLYTIC ANEMIA DUE TO EXTRACORPUSCULAR DEFECT

## IMMUNOLOGICAL

### AUTOIMMUNE (AIHA)

Warm autoantibodies : IgG, IgA ± C3, C3 alone

Idiopathic AIHA (20%)

Secondary AIHA (80%)

Lymphoid neoplasm (50%)

Infectious disease (30%)

Lupus erythematosus, other systemic autoimmune disease (15%)

Cancer (ovary, stomach), drugs, others (5%)

Cold autoantibodies (*cold agglutinins*) : IgM + C3

Polyclonal (*idiopathic, EBV, CMV, Mycoplasma pneumoniae*)

Monoclonal (*lymphoid neoplasm, cold agglutinins disease*)

### ALLOIMMUNE

Transfusion accident (*ABO or Rhesus incompatibility*)

Neonatal hemolytic anemia

Organ or bone marrow graft with ABO incompatibility

### IMMUNOALLERGIC

Drugs (*penicillin and derivatives*)

## TOXIC

## INFECTIOUS

## MECHANICAL

## HYPERSPLENISM

All causes of splenomegaly, e.g. hepatic cirrhosis with portal hypertension. Presence of associated other cytopenias

## HEMOPHAGOCYTOSIS

Viral, bacterial, fungal and parasitic infections in immunodeficient patients

# TOXIC HEMOLYTIC ANEMIA

## OXIDATIVE ORIGIN

### PATHOPHYSIOLOGY

Hemoglobin oxidation to methemoglobin, then transformation to *hemichromes* which precipitate to form *Heinz bodies*. Oxidation of RBC membrane components

### RESPONSIBLE SUBSTANCES

Industrial chemicals (*nitrites, chlorates, naphthalene, aniline derivatives*)

Drugs

### MAIN DRUGS ABLE TO INDUCE OXYDATIVE HEMOLYTIC CRISIS

ANTIMALARIALS	Pamaquine, pentaquine, primaquine, quinine
SULFONAMIDES	Sulfacetamide, sulfamethoxazole, sulfanilamide, sulfapyridine, sulfoxone, thiazosulfone, etc.
ANTIBIOTICS AND BACTERIOSTATIC AGENTS	Para-aminosalicylic acid, nalidixic acid, nitrofurantoin, chloramphenicol, etc.
ANTIPARASITIC DRUGS	Niridazole
ANALGESICS	Acetanilide, amidopyrine, paracetamol, phenacetin, etc.
OTHERS	Chloramine, formaldehyde, chlorates, nitrites, methylene blue, toluidine blue, naphthalene, phenylhydrazine, probenecid, trinitrotoluene

# TOXIC HEMOLYTIC ANEMIA (2)

## MULTIFACTORIAL ORIGIN

### LEAD POISONING

#### Pathophysiology

Heme synthesis defect (*inhibition of porphyrin metabolism enzymes*)

Inhibition of pyrimidine-5-nucleotidase

Inhibition of membrane pumps activity

#### Clinical features

Acute abdominal pain

Neurological signs (*central and peripheral*)

Articular, renal, hepatic manifestations, arterial hypertension

#### RBC morphology

Coarse basophilic stippling

### COPPER POISONING

#### Pathophysiology

Enzymatic inhibition (*G-6-PD in particular*)

#### Clinical features

Vomiting, abdominal pain

Hepatic cytolysis, renal failure

#### Etiology

Vine treatment

Wilson disease

Contamination of dialysis fluids

### VENOMS (*spiders, snakes, scorpions*)

# HEMOLYTIC ANEMIA OF INFECTIOUS ORIGIN

## DIRECT ACTION ON RED BLOOD CELL

### PARASITES

#### *MALARIA*

Plasmodium falciparum, vivax, malariae, ovale

Protection by : Enzymopathy

Hemoglobinopathy

Membrane anomaly

Blood group Duffy (-) : *Pl. vivax*

#### *BABESIOSIS*

### BACTERIAS

*CLOSTRIDIUM PERFRINGENS* (septic abortion)

*BARTONELLOSIS* (Oroya fever)

## OTHER PATHOPHYSIOLOGICAL MECHANISM

Immunological (cold agglutinins due to *Mycoplasma pneumoniae*, EBV infection)

Microangiopathic hemolysis (HIV)

# HEMOLYTIC ANEMIA DUE TO MECHANIC RBC FRAGMENTATION SCHISTOCYTES

## CARDIOVASCULAR DISORDERS

Valvular heart disease, operated or not  
Anomalies of great blood vessels (*aortic coarctation*)  
Extracorporeal circulation

## MICROANGIOPATHY

### THROMBOTIC THROMBOCYTOPENIC PURPURA (TTP<sup>1</sup>) (*Moschcowitz syndrome*)

ADAMTS 13 deficiency (*metalloprotease cleaving high molecular weight von Willebrand factor multimers*)

*Clinical features :*

- Fever*
- Hemolytic anemia*
- Thrombocytopenia*
- Neurological symptoms*
- Renal failure*

*Treatment :* *Plasma exchanges (3-4 L / 24 h)*

### HEMOLYTIC UREMIC SYNDROME (HUS<sup>2</sup>)

*Sporadic form (D\* -HUS) : ± 10% pediatric cases*

*Epidemic form (D\* +HUS) : Verotoxin associated (Escherichia coli O157 : H7) : children ± 85%, adults ± 15%*

*Clinical features :*

- Predominant renal failure*
- Gastroenteritis with bloody diarrheas (D+ HUS)*

*Treatment :* *Dialysis* *\* Diarrheas*

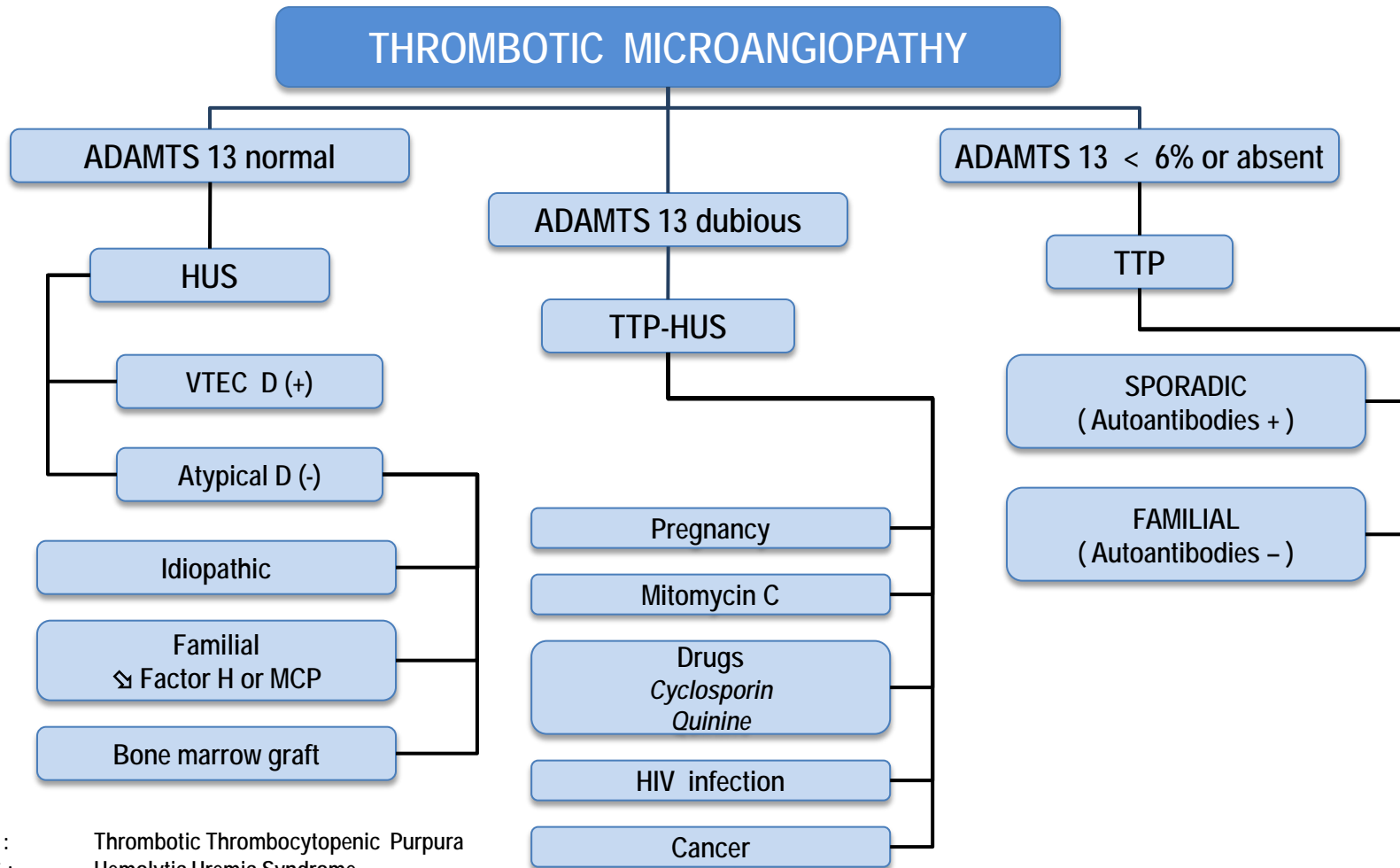
## DISSEMINATED INTRAVASCULAR COAGULATION TRAUMATIC ORIGIN (*march hemoglobinuria*)

<sup>1</sup> TTP : Thrombotic Thrombocytopenic Purpura

<sup>2</sup> HUS : Hemolytic Uremic Sndrome



# HEMOLYTIC ANEMIA DUE TO MECHANIC RBC FRAGMENTATION (2) (SCHISTOCYTES)

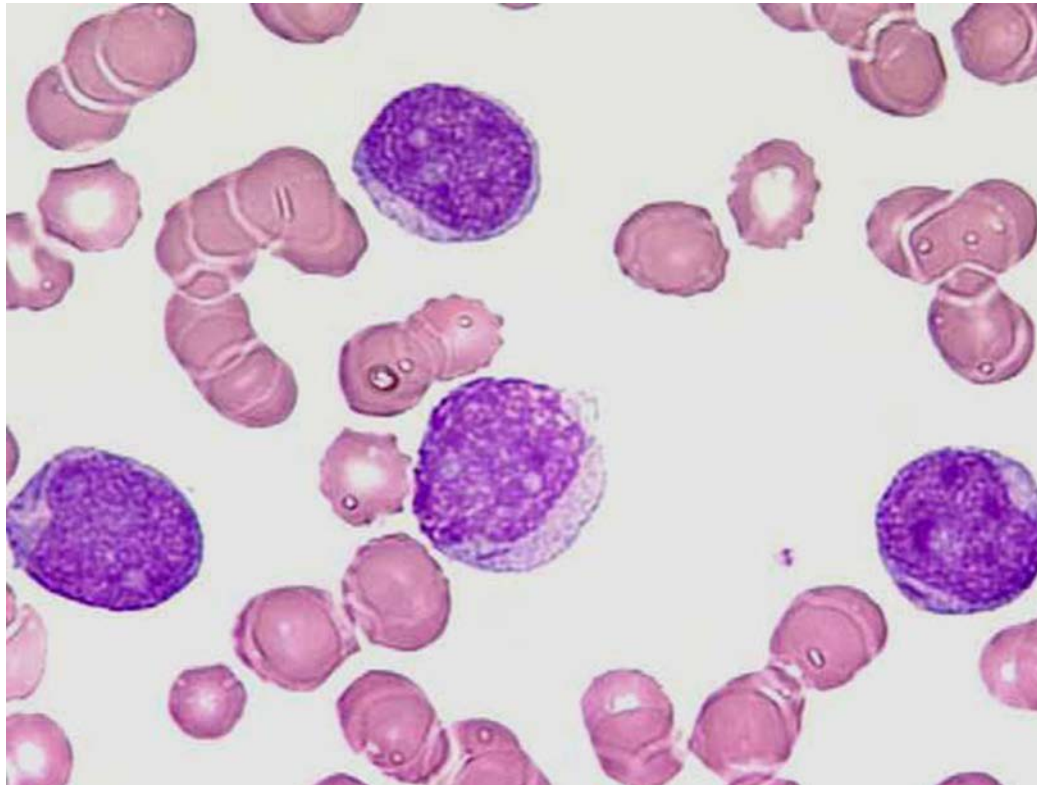


TTP : Thrombotic Thrombocytopenic Purpura  
 HUS : Hemolytic Uremic Syndrome  
 ADAMTS 13 : Metalloproteinase  
 VTEC : Verotoxin-E. Coli (0157 : H7)  
 D : Diarrheas  
 H : Complement factor  
 MCP : Membrane Cofactor Protein

Modified from Liu J., *J Thromb Thrombolysis* 2001; 11 : 261-272, quoted in Hoffman et al. : *Hematology, Basic Principles and Practice* 4<sup>th</sup> edition 2005; Elsevier : p. 2288.

*Part 2*

**WHITE BLOOD CELL PATHOLOGY**



# DIFFERENTIAL LEUKOCYTE COUNT

LEUKOCYTES : 4.0 – 10.0 G / L		
	RELATIVE VALUES (%)	ABSOLUTE VALUES (G / L)
NEUTROPHILS	40 – 75	1.8 – 7.5
EOSINOPHILS	1 – 5	0.05 – 0.3
BASOPHILS	0 – 1	0.01 – 0.05
MONOCYTES	2 – 8	0.2 – 0.8
LYMPHOCYTES	25 – 40	1.5 – 4.0

LCH-CHUV, 2012

## Left shift :

**Band neutrophils** (non segmented neutrophils)

> 1.0 G / L if leukocyte count > 4 G / L

> 25% if leukocyte count ≤ 4 G / L

**Important to distinguish between relative and absolute counts :**

e.g. : chronic lymphocytic leukemia

Leukocyte count : 100 G / L

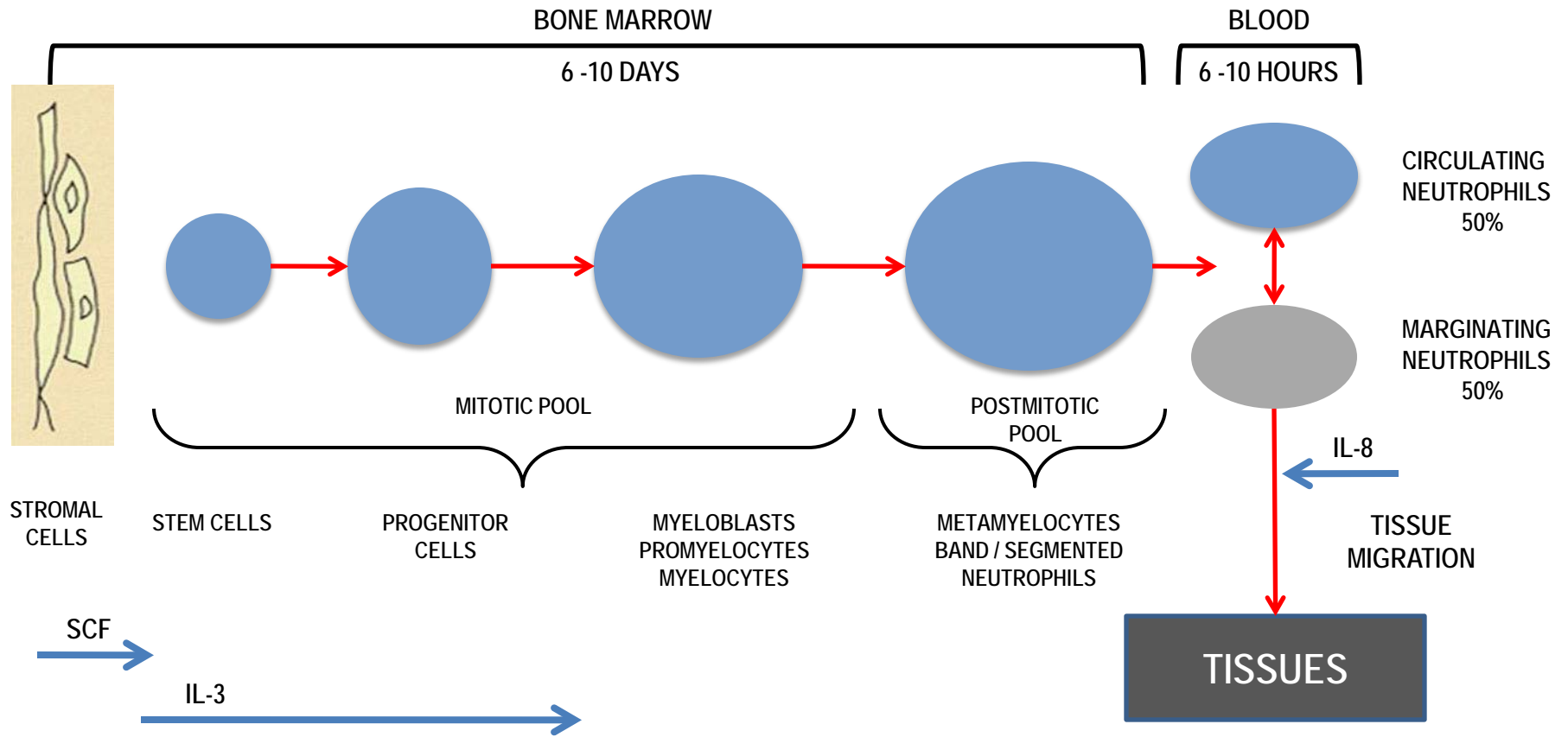
Neutrophils : 2%

Lymphocytes : 98%

→ Neutropenia relative but non absolute

→ Lymphocytosis relative and absolute

# NEUTROPHIL GRANULOCYTES KINETICS



SCF : Stem Cell Factor  
 IL : Interleukin  
 CSF : Colony-Stimulating Factor  
 G : Granulocyte  
 M : Monocyte

# ETIOLOGY OF NEUTROPHILIC LEUKOCYTOSIS (NEUTROPHILIA)

(NEUTROPHIL COUNT > 7.5 G / L)

## PHYSIOLOGICAL, USUALLY MODERATE

Neonate  
Violent exercise  
Menstruation  
Pregnancy

## PATHOLOGICAL

Inflammatory process

Bacterial infection localized (*abscess*) or generalized (*septicemia*)  
Cancer  
Inflammatory arthritis

Tissue necrosis (*myocardial infarction, pancreatitis, etc.*)

Regenerative phase of acute blood loss or hemolytic anemia

Tobacco smoking, stress

Drugs (*steroids, G-CSF, GM-CSF, lithium*)

Myeloproliferative neoplasms

## TOXIC CHANGES OF NEUTROPHILS

**Leukocytosis** (*leukocyte count*  $> 10.0 \text{ G/L}$ )

**Neutrophilia** (*neutrophil count*  $> 7.5 \text{ G/L}$ )

**Neutrophil left shift** : band neutrophil count  $> 1.0 \text{ G/L}$  (*or*  $> 25\%$  if leukocyte count  $\leq 4.0 \text{ G/L}$ )

**Coarse granules of neutrophils, toxic granules**

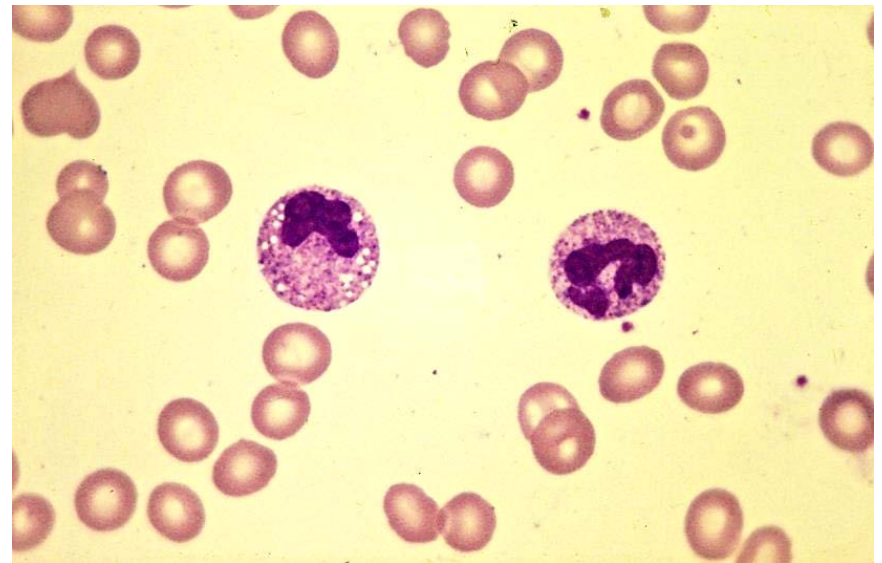
**Doehle bodies** (*basophilic cytoplasmic inclusions*)

**Cytoplasmic vacuoles**

**Myelocytosis** (*usually moderate*)

*Toxic changes are seen in inflammatory process (acute or chronic bacterial infection, cancer, inflammatory arthritis) and tissue necrosis*

*Possible exceptions : neutropenia of salmonellosis, lymphocytosis of brucellosis and pertussis*



# MYELOCYTOSIS AND ERYTHROBLASTOSIS

## DEFINITION

Presence in the peripheral blood of immature cells of neutrophilic lineage (*metamyelocytes, myelocytes, promyelocytes*) with or without erythroblasts

	Erythroblasts	Myelocytosis
Inflammatory process ( <i>bacterial infection, cancer, etc.</i> <sup>1</sup> )	-	+
Rupture of bone marrow-blood barrier ( <i>skeletal cancer metastasis with bone marrow infiltration</i> )	+	+
Chronic myelogenous leukemia	- / +	+++
Primary myelofibrosis	+ (+)	+ (+)
Regeneration phase after acute blood loss or hemolysis	+ to +++	+
Recovery from agranulocytosis, G-CSF, GM-CSF	-	+ (+)

<sup>1</sup> An important leukocytosis associated with toxic changes of neutrophils and myelocytosis is called leukemoid reaction

# NEUTROPENIA

## DEFINITIONS

RELATIVE NEUTROPENIA :	< 40%
ABSOLUTE NEUTROPENIA :	< 1.8 G / L
AGRANULOCYTOSIS :	< 0.5 G / L ( <i>major risk of infection</i> )

## CLASSIFICATION OF ABSOLUTE NEUTROPENIAS

### PSEUDONEUTROPENIA

Excess neutrophil margination (*fasting patient, correction after meal*)

Splenic sequestration ("*pooling*") : Hypersplenism

### TRUE NEUTROPENIA

Reduced production and / or excessive destruction / demand



# TRUE NEUTROPENIA

## *IMPAIRED PRODUCTION*

### QUANTITATIVE

Bone marrow aplasia

Bone marrow infiltration

Bone marrow fibrosis

T-cell large granular lymphocytic leukemia (T-LGLL)

Cyclic neutropenia

Chronic ethnic or idiopathic neutropenia

### QUALITATIVE

Vitamin B<sub>12</sub> and / or folate deficiency

Myelodysplastic syndrome

## TRUE NEUTROPENIA (2)

### *REDUCED PRODUCTION AND / OR EXCESSIVE DESTRUCTION*

#### INFECTIOUS NEUTROPENIA<sup>1</sup>

*Viral (influenza, hepatitis, varicella, measles, rubeola, EBV, HIV)*

*Bacterial (salmonellosis, brucellosis, sepsis with Gram negative germs)*

*Parasitic (malaria)*

#### IMMUNE NEUTROPENIA

*Alloimmune (neonatal neutropenia)*

*Autoimmune (disseminated lupus erythematosus, rheumatoid arthritis, drugs)*

**Immunoallergic**

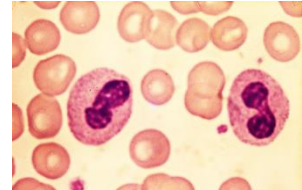
**Drugs :** *Mianserin (antidepressant), sulfasalazine, phenylbutazone (antiinflammatory agents), cotrimoxazole (antiinfective), metamizole (analgesic), carbamazepine (anticonvulsant), carbimazole (antithyroid drug)*

<sup>1</sup> Immune pathogenic mechanism possible

# HEREDITARY MORPHOLOGICAL NEUTROPHIL ANOMALIES

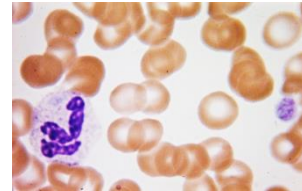
## PELGER-HUET ANOMALY

Neutrophils with bilobate nucleus  
(*not to be mistaken for neutrophil left shift !*)  
Autosomal dominant anomaly<sup>1</sup>



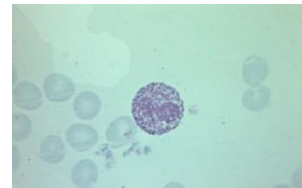
## MAY-HEGGLIN ANOMALY

Basophilic cytoplasmic inclusions (RNA)<sup>2</sup>  
Moderate thrombocytopenia with giant platelets  
Autosomal dominant anomaly



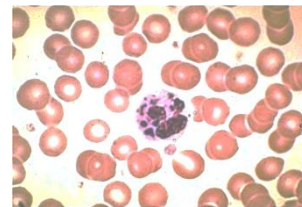
## ALDER-REILLY ANOMALY

Coarse purple granules in neutrophils, monocytes and lymphocytes  
Autosomal recessive anomaly



## CHEDIAK-HIGASHI SYNDROME

Giant granules in neutrophils, eosinophils, monocytes and lymphocytes  
Neutropenia (*infection*)  
Thrombocytopenia (*hemorrhage*)  
Hepatosplenomegaly  
Autosomal recessive anomaly



<sup>1</sup> Acquired variety in myelodysplastic syndrome : "pelgeroid" nuclei = pseudo-Pelger

<sup>2</sup> Döhle bodies

# EOSINOPHILS

## FUNCTIONS

- Positive chemotaxis for histamine (*secreted by mastocytes*)
- Immune complex phagocytosis
- Destruction of certain parasite larvae after prior antibody sensitization

## EOSINOPHILIA (> 0.3 – 0.5 G / L)

- Parasitosis (*helminths*)
- Allergy (*allergic rhinitis, bronchial asthma*)
- Drug (*penicillins, cephalosporins, analgesics, phenothiazines, anticonvulsants...*)
- Systemic inflammatory disease (*polyarteritis nodosa*)
- Cancer
- Adrenal insufficiency
- Hypereosinophilic syndrome
- Myeloid and lymphoid neoplasms
  - Acute myeloid leukemia with inv(16) or t(16;16)*
  - Myeloid and lymphoid neoplasms with eosinophilia and anomalies of PDGFRA, PDGFRB or FGFR1*
  - Chronic eosinophilic leukemia, NOS<sup>1</sup>*

<sup>1</sup> Not Otherwise Specified

# BASOPHILS / MASTOCYTES

## DEFINITION

Blood : basophilic granulocytes

Tissues : tissue basophils or mastocytes

## FUNCTIONS

Surface receptors for IgE Fc fragment

"Bridging" effect of several IgE molecules by the specific allergen with degranulation and release of histamine (*bronchospasm in asthma bronchiale*), heparin and a chemotactic factor for eosinophils

## BASOPHILIA (> 0.05 – 0.1 G / L)

Myeloproliferative neoplasm

Allergy

Hypothyroidism

## MASTOCYTOSIS (cf. p. 136)

# MONOCYTES / MACROPHAGES

## FUNCTIONS

Chemotaxis, phagocytosis, killing

Antigen presentation to lymphocytes with help of HLA class I (T CD8 +) or class II (T CD4 +, B) molecules

Secretion

Hydrolases (*acid phosphatase*)

Lysozyme

Complement fractions

Tumor Necrosis Factor (*TNF*)

Interleukin-1 (*IL-1*)

Brain :

Fever

Liver :

CRP

Neutrophils :

Activation

T lymphocytes :

GM-CSF, G-CSF, M-CSF, IL-2-7

NK lymphocytes :

Activation

Endothelial cells :

Proliferation, GM-CSF, M-CSF, IL-1, IL-5-7

Activation by  $\gamma$ -Interferon, TNF and GM-CSF

CRP : C-Reactive Protein

IL : Interleukin

CSF : Colony-Stimulating Factor

G : Granulocyte

M : Monocyte

## MONOCYTES / MACROPHAGES (2)

### ABSOLUTE MONOCYTOSIS (> 0.8 – 1.0 G / L)

#### REACTIVE

Infectious disease (*tuberculosis, bacterial endocarditis, salmonellosis, brucellosis, malaria*)

Recovery phase of bacterial infection

Recovery from agranulocytosis

Alcoholic hepatic disease

G-CSF or GM-CSF treatment

#### MALIGNANT

Chronic myelomonocytic leukemia

Acute myeloid leukemia with t(9;11), acute myelomonocytic leukemia, acute monocytic leukemia

### MONOCYTOPENIA

Hairy cell leukemia

# LYMPHOCYTES / LYMPHOID ORGANS

## LYMPHOID ORGANS

**Primary :** Bone marrow (*lymphoid stem cells : CFU-L, B-cell differentiation and maturation*)

Thymus (*T-cell differentiation and maturation, thymic selection*)

**Secondary :** Lymph node

(B and T) Spleen

Digestive tract mucosa

Respiratory tract mucosa

## PROPORTION OF B- AND T-LYMPHOCYTES IN BONE MARROW AND PERIPHERAL BLOOD

BONE MARROW	PERIPHERAL BLOOD
$B \geq T$	$T > B$
$CD8 > CD4$	$CD4 > CD8$



# B-LYMPHOCYTES

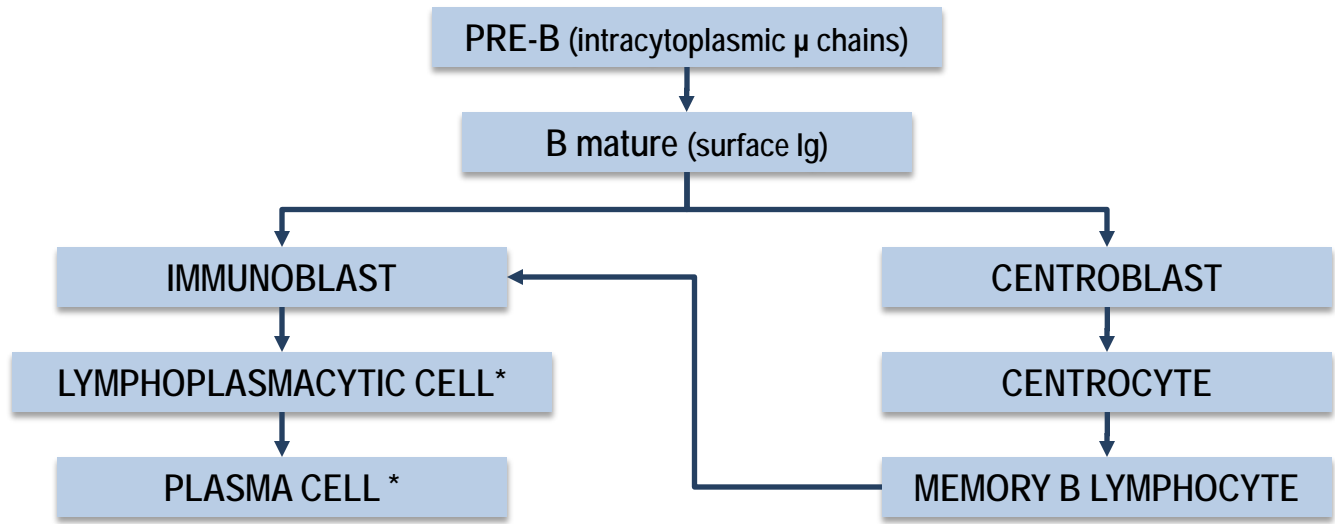
## BONE MARROW

PRECURSORS :	CFU-L CD34 +
PRO-B :	CD34 +, TdT +, HLA-DR +, CD19
EARLY PRE-B :	Rearrangement of immunoglobulins genes ( <i>heavy chains then light chains</i> ) CD20 expression
PRE-B :	Intracytoplasmic $\mu$ chains expression
IMMATURE B :	Surface IgM expression

## MIGRATION TO BLOOD AND SECONDARY LYMPHOID ORGANS

→ MATURE B CELLS (*surface IgM and IgD expression*)

# STEPS OF B-LYMPHOCYTE MATURATION IN SECONDARY LYMPHOID ORGANS



\* Plasmatic immunoglobulin (Ig) secretion

	IgG	IgA	IgM	IgD	IgE
Molecular weight (x 1'000)	140	160 <sup>1</sup> (400 <sup>2</sup> )	900	170	190
Sedimentation constant	7 S	7 S <sup>1</sup> (11 S <sup>2</sup> )	19 S	6.5 S	8 S
Placental transfer	Yes	No	No	No	No
Serum level (g / L)	8 – 12	1.4 – 4.0	0.5 – 1.9	0.03 – 0.4	0.0001
Half life (d)	21	7	5	2.8	2.3
Heavy chain	γ (1-4)	α (1-2)	μ	δ	ε
Light chain	κ or λ				

<sup>1</sup> Serum IgA  
<sup>2</sup> Secretory IgA

Examples :  
 IgG     $\gamma_2\kappa_2$  or  $\gamma_2\lambda_2$   
 IgM     $(\mu_2\kappa_2)_5$  or  $(\mu_2\lambda_2)_5$   
           (pentamers)

# T-LYMPHOCYTES / THYMIC SELECTION

MEDULLARY PRECURSORS (CFU-L) CD34 +

MIGRATION TO THYMUS

*CORTICAL ZONE :*

TCR expression (T-Cell Receptor), CD2, CD3

TCR gene rearrangement ( $\gamma\delta$  then  $\alpha\beta$ )

Positive selection<sup>1</sup> : amplification of CD4 + CD8 + thymocytes with affinity for " self " class I and II molecules of the HLA system

*MEDULLARY ZONE :*

Negative selection<sup>1</sup> : elimination of thymocytes with affinity for class I and II HLA molecules in contact with " self " antigens (clonal deletion)

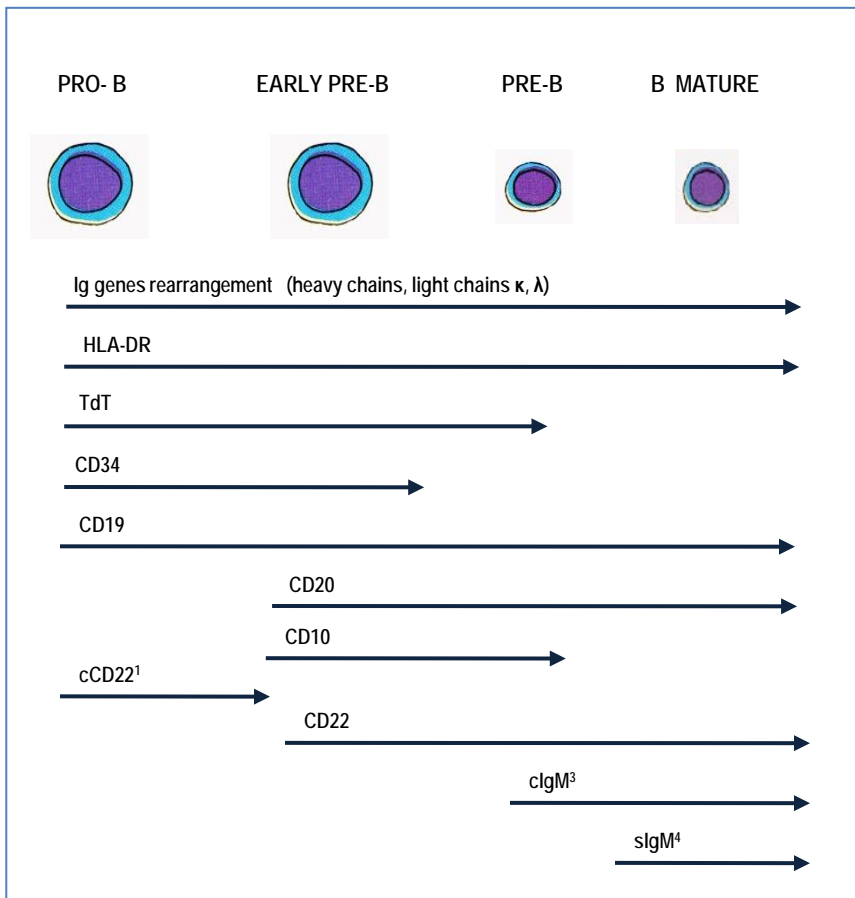
Expression of CD2, CD3, *CD4 + CD8 -* or *CD4 - CD8 +*

MIGRATION TO PERIPHERAL BLOOD AND SECONDARY LYMPHOID ORGANS

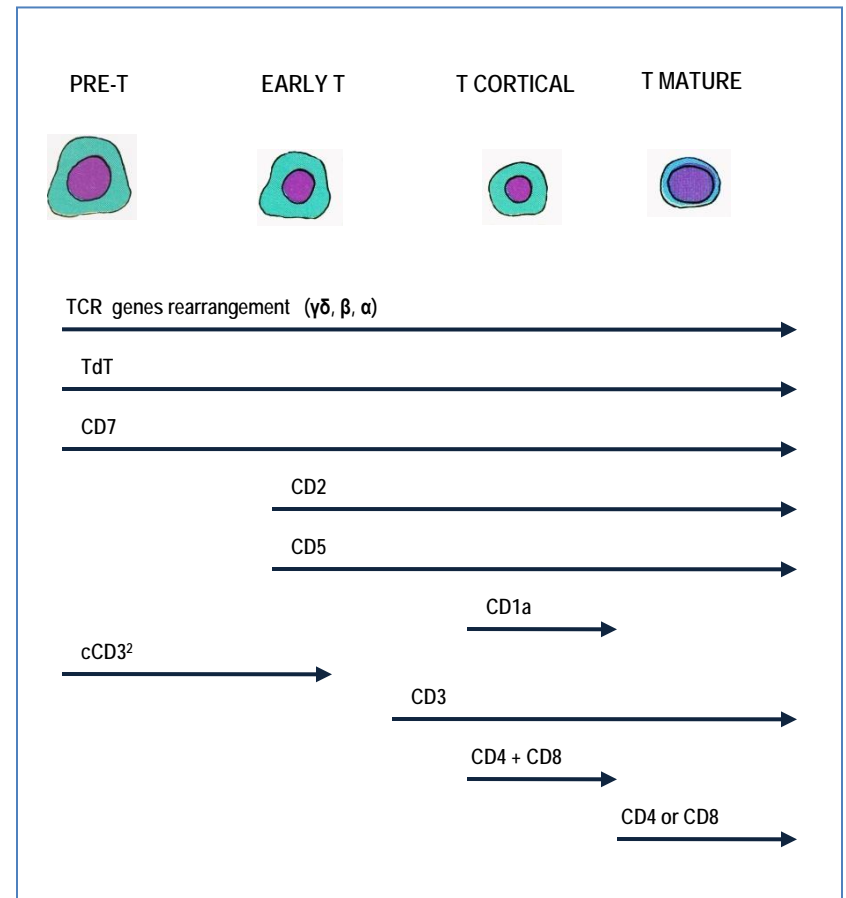
<sup>1</sup> During positive and negative selections approximately 90% of T-lymphocytes (thymocytes) are eliminated through apoptosis (cell death)

# B- AND T-LYMPHOCYTE DIFFERENTIATION MARKERS

## B-LYMPHOCYTE DIFFERENTIATION



## T-LYMPHOCYTE DIFFERENTIATION



<sup>1</sup> cCD22 : intracytoplasmic CD22

<sup>2</sup> cCD3 : intracytoplasmic CD3

<sup>3</sup> cIgM : intracytoplasmic IgM

<sup>4</sup> sIgM : surface IgM

## NK-LYMPHOCYTES (NATURAL KILLER LYMPHOCYTES)

Large granular lymphocytes (LGL variety)

CD3 -, CD2 +, CD8 + / -, CD16 +, CD56 +, CD57 + / -, absence of TCR

### Cytotoxicity

1. Inhibited by the presence of surface receptors for HLA class I molecules expressed by "self" cells  
Stimulated by reduced synthesis (*or transport*) of HLA class I molecules  
(*virus infected cells, tumor cells*)
2. CD16 + (Fc receptor) : binding of antibody to surface antigen → binding of a NK lymphocyte by the Fc, leading to activation

# LYMPHOCYTES / IMMUNE RESPONSE

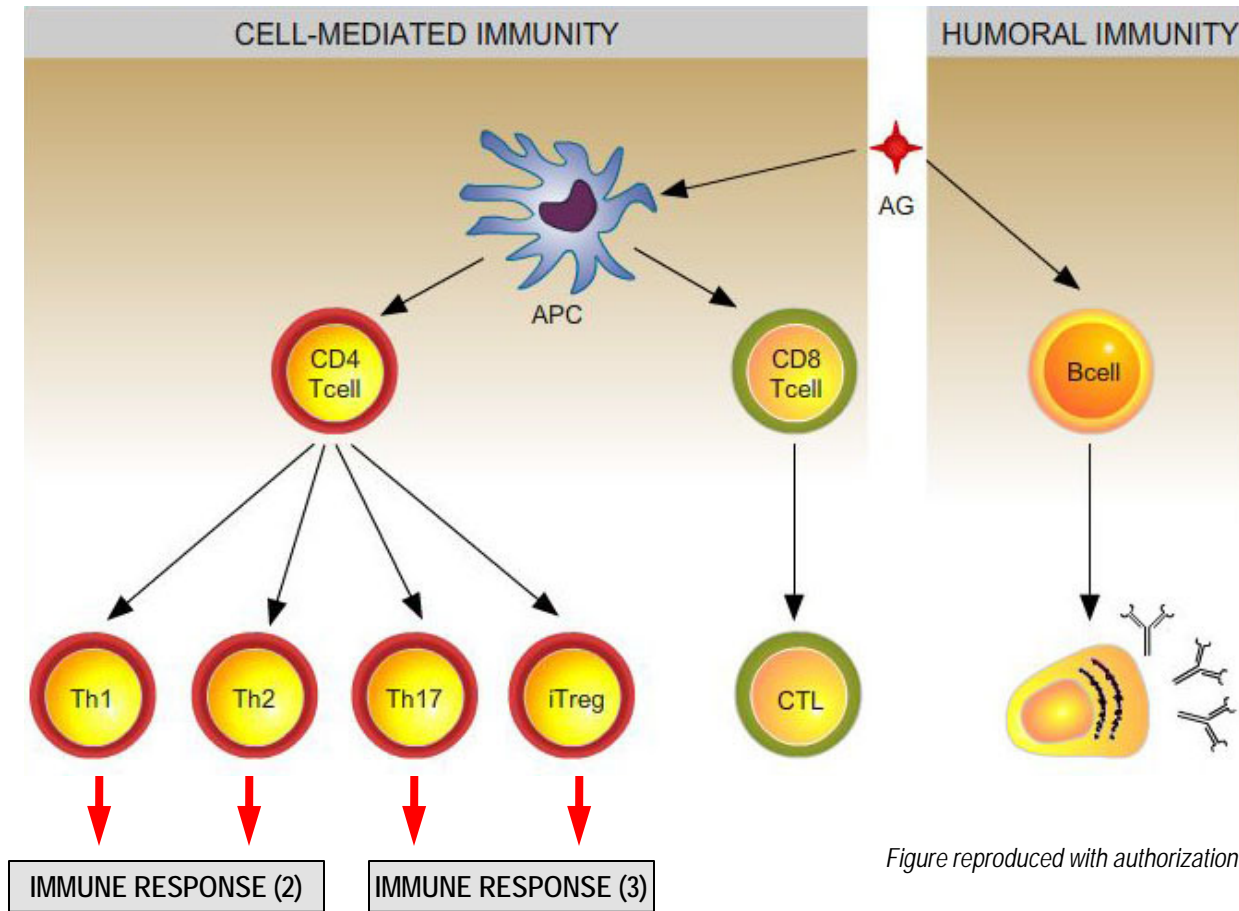
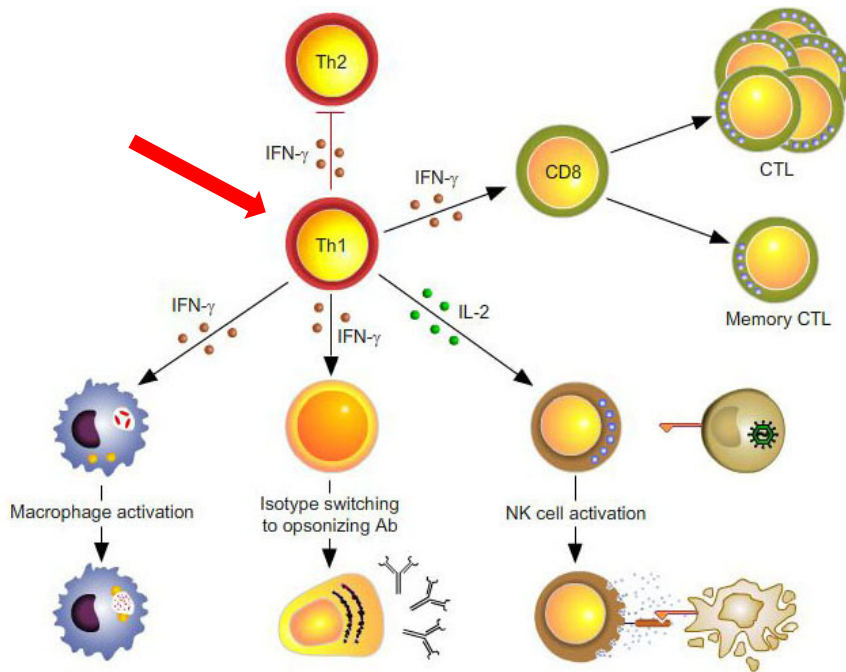


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Functionally, the adaptive immune system can be divided into two arms : **cell-mediated and humoral** immunity. B cells are responsible for the humoral response. B cells interact directly with antigen (**Ag**) and then differentiate into antibody-secreting cells. T cells are responsible for the cell-mediated immunity. They recognize antigens as short antigen fragments presented on the surface of antigen-presenting cells (**APC**)

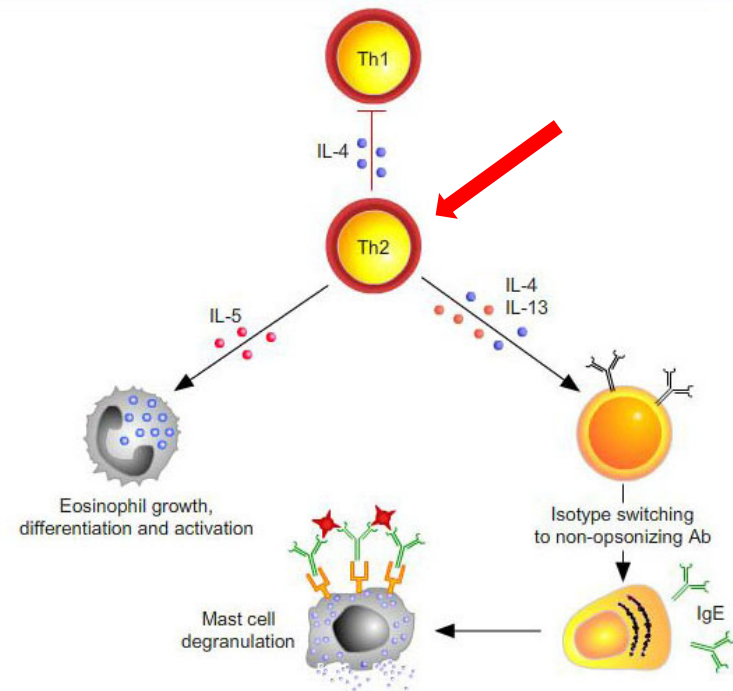
T cells exist as two main functional groups : the **Helper T cells (Th)**, which respond to antigen by producing cytokines and the **cytotoxic T cells (CTL)** which respond to antigen by releasing cytotoxins. Depending on signals they receive from APC, the helper T cells can differentiate into four main subsets, with distinct profile of cytokines (**Th1, Th2, Th17 and iTreg**)

## LYMPHOCYTES / IMMUNE RESPONSE (2)



**Th1 cells** are required for defense against intracellular pathogens. They are characterized by the production of **IFN-γ** and **IL-2**. IFN-γ activates the microbicidal activity of macrophages, stimulates B cells to produce antibodies that are involved in the opsonization and phagocytosis of particulate microbes, and enhances the development of long-term memory **CD8 T** cells. IL-2 increases the cytolytic activity of natural killer cells (**CTL NK**)

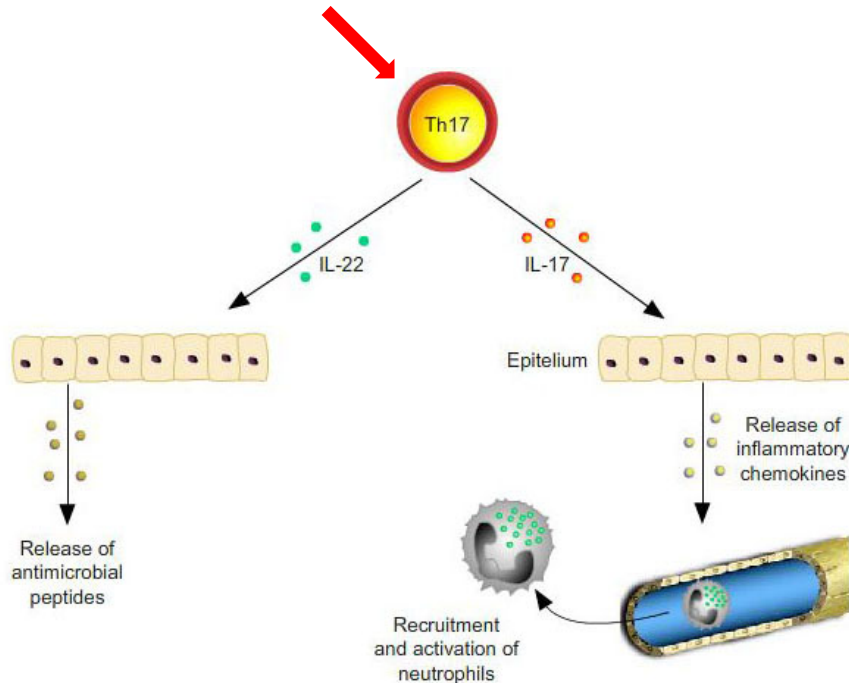
*Figures reproduced with authorization of HSeT*



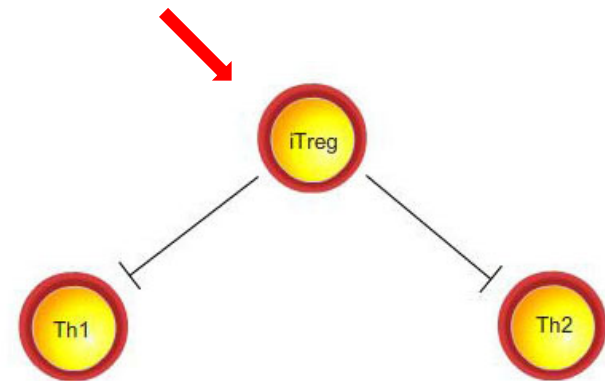
**Th2 cells** are required for defense against extracellular pathogens. They are characterized by the production of **IL-4**, **IL-5** and **IL-13**. IL-4 stimulates B cell proliferation and induces isotype class switch to **IgG1** and **IgE** and so plays a role in IgE-dependent mast cell-mediated reactions. IL-5 acts largely on eosinophils. IL-13 is homologous to IL-4 and induces many of the same functions, including inducing IgE isotype switching

# LYMPHOCYTES / IMMUNE RESPONSE (3)

## LYMPHOCYTES Th 17



## LYMPHOCYTES iTreg



Induced Treg cells have functions in the suppression of Th1 and Th2 cell immune responses. Whether Treg cells also suppress Th17 cell responses is less clear

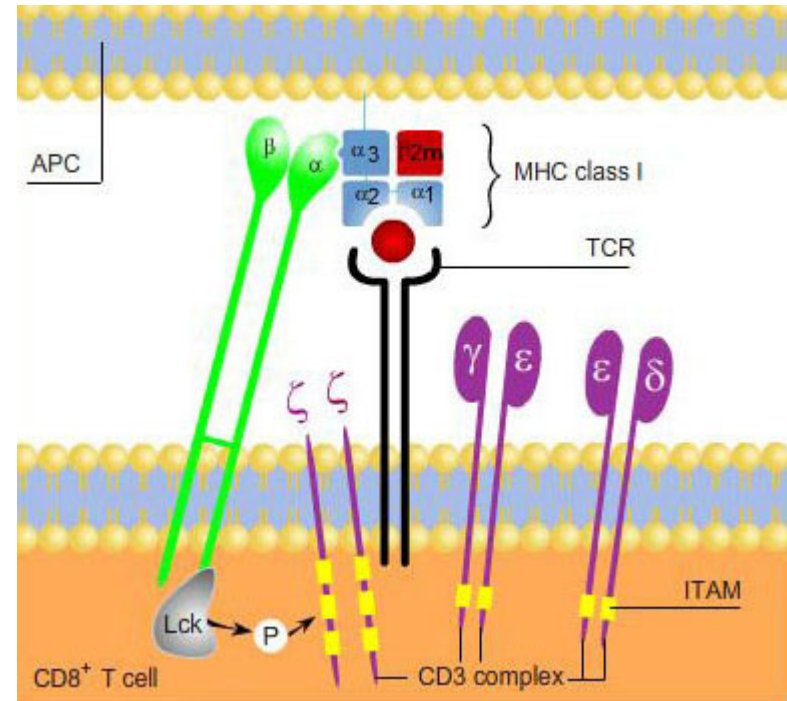
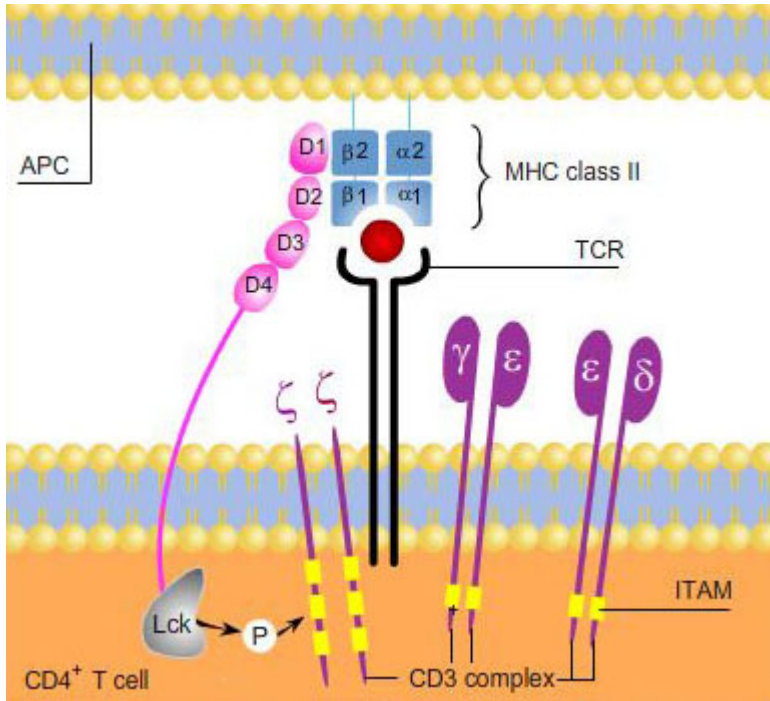
**Th17** cells are the most recently discovered subset of Th cells and are thought to be important effector cells in host defense against extracellular bacteria and fungi. They are characterized by the production of **IL-17** and **IL-22**. IL-17 triggers the release of pro-inflammatory chemokines by epithelial cells, and various other tissues and cell types, helping thus the recruitment of neutrophils. IL-22 increases acute-phase reactants in hepatocytes and induces the expression of  $\beta$ -defensins in epithelial cells of the gastrointestinal tract and skin

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# LYMPHOCYTES / IMMUNE RESPONSE (4)

## CD 4 ET CD 8 CO-RECEPTORS OF T-LYMPHOCYTES



CD4 is a monomer that interacts via its two distal Ig domains (D1 and D2) with the  $\beta 2$  domain of MHC class II

CD8 is a dimer (either homodimer  $\alpha$  or heterodimer  $\alpha\beta$ ) that interacts via its  $\alpha$  chain with the  $\alpha 3$  domain of MHC class I

APC : Antigen Presenting Cell

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# LYMPHOCYTOSIS / LYMPHOPENIA

## LYMPHOCYTOSIS

*RELATIVE* : > 40%

*ABSOLUTE* : > 4.0 G / L

### REACTIVE

Infection :       viral  
                      bacterial (*pertussis, tuberculosis, brucellosis, syphilis*)  
Thyrotoxicosis  
Hyposplenism

### MALIGNANT

Lymphoid neoplasm

## ABSOLUTE LYMPHOPENIA < 1.5 G / L

### ACQUIRED

HIV, Hodgkin lymphoma, chemotherapy, radiotherapy, steroids,  
ATG (Anti-thymocyte globulin), autoimmune disorder

### CONGENITAL

SCID (Severe Combined Immune Deficiency)

### IDIOPATHIC

# PLASMACYTOSIS / MONONUCLEOSIS SYNDROME

## PLASMACYTOSIS

**REACTIVE :** Rubella (*German measles*)

Other viral infection

**MALIGNANT :** Plasma cell leukemia

Plasma cell myeloma

## MONONUCLEOSIS SYNDROME

**Absolute lymphocytosis with polymorphic lymphocytes**

*(T-lymphocytes reactive to the infected B-lymphocytes)*

**Etiology : EBV<sup>1</sup>** (*infectious mononucleosis*)

Lymphadenopathy 100%

Fatigue 90%

Pharyngitis syndrome 80%

Splenomegaly > 50%

Possibly hemolytic anemia and / or autoimmune thrombocytopenia, agranulocytosis, cardiac / neurological / respiratory complications, splenic rupture

**CMV** (*cytomegalovirus infection, frequently promoted by immunosuppression*)

**HIV** (*primary infection*)

**Other virus** (*e.g. hepatitis*)

**Toxoplasmosis**

<sup>1</sup> Also involved in the pathogenesis of certain lymphoid neoplasms (African Burkitt, Hodgkin lymphoma, lymphoid neoplasms + HIV)

# TUMORS OF HEMATOPOIETIC AND LYMPHOID TISSUES

## WHO CLASSIFICATION 2008

MYELOID NEOPLASMS (cf. p. 119-162)

LYMPHOID NEOPLASMS (cf. p. 163-204)

### B-CELL NEOPLASMS

#### PRECURSOR B-CELL NEOPLASMS

B-lymphoblastic leukemia / lymphoma

#### MATURE B-CELL NEOPLASMS

Chronic lymphocytic leukemia / small lymphocytic lymphoma

B-cell prolymphocytic leukemia

Splenic B-cell marginal zone lymphoma

Hairy cell leukemia

Splenic B-cell lymphoma / leukemia, unclassifiable

*Splenic diffuse red pulp small B-cell lymphoma*

*Hairy cell leukemia-variant*

Lymphoplasmacytic lymphoma

*Waldenström Macroglobulinemia*

Heavy chain diseases

Plasma cell neoplasms

Extranodal marginal zone lymphoma of Mucosa-Associated

Lymphoid Tissues (MALT lymphoma)

Nodal marginal zone lymphoma

Follicular lymphoma

Primary cutaneous follicle centre lymphoma

Mantle cell lymphoma

Diffuse large B-cell lymphoma (DLBCL<sup>1</sup>), NOS<sup>2</sup>

*T-cell / histiocyte rich DLBCL*

*Primary DLBCL of the CNS*

*Primary cutaneous DLBCL, leg type*

*EBV positive DLBCL of the elderly*

DLBCL associated with chronic inflammation

Lymphomatoid granulomatosis

Primary mediastinal (thymic) large B-cell lymphoma

Intravascular large B-cell lymphoma

ALK<sup>3</sup> positive large B-cell lymphoma

Plasmablastic lymphoma

Large B-cell lymphoma arising in HHV8-associated multicentric

Castleman disease

Primary effusion lymphoma

Burkitt lymphoma

B-cell lymphoma, unclassifiable, with features intermediate between

DLBCL and Burkitt lymphoma

B-cell lymphoma, unclassifiable, with features intermediate between

DLBCL and Hodgkin lymphoma

<sup>1</sup> DLBCL : Diffuse large B-Cell Lymphoma

<sup>2</sup> NOS : Not Otherwise Specified

<sup>3</sup> ALK : Anaplastic Lymphoma Kinase

# TUMORS OF HEMATOPOIETIC AND LYMPHOID TISSUES

## WHO CLASSIFICATION 2008 (2)

### T-CELL AND NK-CELL NEOPLASMS

#### PRECURSORS T-CELL NEOPLASMS

T-cell lymphoblastic lymphoma / leukemia

#### MATURE T-CELL AND NK-CELL NEOPLASMS

T-cell prolymphocytic leukemia

T-cell large granular lymphocytic leukemia

*Chronic lymphoproliferative disorders of NK-cells*

Aggressive NK-cell leukemia

Systemic EBV-positive T-cell lymphoproliferative disorders of childhood

Hydroa vacciniforme-like lymphoma

Adult T-cell leukemia / lymphoma

Extranodal NK / T-cell lymphoma, nasal type

Enteropathy-associated T-cell lymphoma

Hepatosplenic T-cell lymphoma

Subcutaneous panniculitis-like T-cell lymphoma

Mycosis fungoides

Sézary syndrome

Primary cutaneous CD30 positive T-cell lymphoproliferative disorders

Primary cutaneous gamma-delta T-cell lymphoma

Peripheral T-cell lymphoma not otherwise specified

Angioimmunoblastic T-cell lymphoma

Anaplastic large cell lymphoma (ALCL), ALK<sup>1</sup> positive

*Anaplastic large cell lymphoma (ALCL), ALK<sup>1</sup> negative*

<sup>1</sup>ALK : Anaplastic Lymphoma Kinase

### HODGKIN LYMPHOMA (HODGKIN DISEASE) (cf. p. 201-204)

# TUMORS OF HEMATOPOIETIC AND LYMPHOID TISSUES

## *WHO CLASSIFICATION 2008 (3)*

### IMMUNODEFICIENCY-ASSOCIATED LYMPHOPROLIFERATIVE DISORDERS

Lymphoproliferative diseases associated with primary immune disorders

Lymphomas associated with HIV infection

Post-Transplant Lymphoproliferative Disorders (PTLD)

Early lesions

Plasmacytic hyperplasia

Infectious mononucleosis-like PTLD

Polymorphic PTLD

Monomorphic PTLD (criteria for one of the B-cell or T / NK-cell neoplasms of immunocompetent host)

Classical Hodgkin lymphoma-type PTLD

Other iatrogenic immunodeficiency-associated lymphoproliferative disorders

### HISTIOCYTIC AND DENDRITIC CELL NEOPLASMS

Histiocytic sarcoma

Langerhans cell histiocytosis

Langerhans cell sarcoma

Interdigitating dendritic cell sarcoma

Follicular dendritic cell sarcoma

Fibroblastic reticular cell tumor

Indeterminate dendritic cell tumor

Disseminated juvenile xanthogranuloma

# MYELOID NEOPLASMS

MYELOPROLIFERATIVE NEOPLASMS (MPN)

MYELOID AND LYMPHOID NEOPLASMS WITH EOSINOPHILIA AND ANOMALIES OF *PDGFRA*, *PDGFRB* OR *FGFR1*

MYELOYDYSPLASTIC SYNDROMES (MDS)

MYELOYDYSPLASTIC / MYELOPROLIFERATIVE NEOPLASMS (MDS / MPN)

ACUTE MYELOID LEUKEMIAS (AML) AND RELATED PRECURSOR NEOPLASMS

ACUTE LEUKEMIAS OF AMBIGUOUS LINEAGE

## STEM CELL PROLIFERATION AND DIFFERENTIATION IN MYELOID NEOPLASMS

	STEM CELL Genetic mutation Humoral factors Cellular interactions	
	Proliferation	Differentiation
Myeloproliferative neoplasms	+	+
Myelodysplastic syndromes Myelodysplastic / myeloproliferative neoplasms	±	±
Acute myeloid leukemias (AML) and related precursor neoplasms Acute leukemias of ambiguous lineage	+	-

# MYELOPROLIFERATIVE NEOPLASMS

## GENERAL FEATURES

- Stem cell somatic mutation upstream from the myeloid precursor cell
- Proliferation and maturation
- Increase in peripheral blood of cells arising from one or more lineages
- Myeloid metaplasia (*extramedullary hematopoiesis*)
- Frequent bone marrow fibrosis
- Platelet function disorders
- Hyperuricemia
- Possible transformation in acute leukemia

## WHO CLASSIFICATION 2008

- Polycythemia Vera (PV)
- Chronic myelogenous leukemia (CML) *BCR-ABL 1 +*
- Essential thrombocythemia (ET)
- Primary myelofibrosis
- Chronic neutrophilic leukemia
- Chronic eosinophilic leukemia, NOS<sup>1</sup>
- Mastocytosis (*cf. p. 136*)
- Myeloproliferative neoplasm, unclassifiable

<sup>1</sup> NOS : Not Otherwise Specified



# POLYCYTHEMIA VERA (PV)

## SYMPTOMS AND CLINICAL SIGNS

Facial erythrocyanosis

Water pruritus

Epigastralgia

Hyperviscosity (*thromboembolic manifestations, headache, dizziness, paresthesias*)

Splenomegaly

## DIAGNOSTIC CRITERIA

MAJOR	A1	Hb > 185 g / L (men), > 165 g / L (women) <sup>1</sup> or increased isotopic RBC mass > 25% of predicted value
	A2	Presence of <i>JAK2V617F</i> <sup>2</sup> or other functionally similar mutation such as <i>JAK2</i> exon 12 mutation <sup>3</sup>
MINOR	B1	Bone marrow biopsy showing hypercellularity for age with trilineage growth (panmyelosis) with prominent erythroid, granulocytic and megakaryocytic hyperplasia
	B2	Endogenous erythropoietin serum level below the reference range for normal
	B3	Spontaneous erythroid colony formation <i>in vitro</i> without EPO

PV established if :

A1 + A2 and one minor criterion  
or :  
A1 and 2 minor criteria

<sup>1</sup> Hemoglobin or hematocrit > 99th percentile of method-specific reference range for age, sex, altitude of residence or hemoglobin > 170 g / L in men, > 150 g / L in women if associated with a documented and sustained increase of at least 20 g / L from an individual's baseline value that cannot be attributed to correction of iron deficiency

<sup>2</sup> *JAK2V617F* exon 14 : 95-97%

<sup>3</sup> *JAK2* exon 12 : about 3%

*Swerdlow S.H., Campo E., Harris N.L., Jaffe E.S., Pileri S.A., Stein H., Thiele J., Vardiman J.W. : WHO Classification of Tumours of Haematopoietic and Lymphoid Tissues, 4<sup>th</sup> ed. 2008; IARC, Lyon.*

# POLYCYTHEMIA VERA (2)

## COMPLICATIONS

Thromboembolic

Hemorrhagic

Evolution to myelofibrosis, ~10% (*post-polycythemic phase*), (cf. p. 131)

Transformation in myelodysplastic syndrome or acute leukemia (> 10% after treatment with cytotoxic drugs)

## PROGNOSIS

Median survival : > 10 years

**TREATMENT** (*Targets : hematocrit < 45%; platelets < 450 G / L*)

Phlebotomies

Hydroxyurea, Pipobroman,  $\alpha$ -Interferon, pegylated  $\alpha$ -Interferon

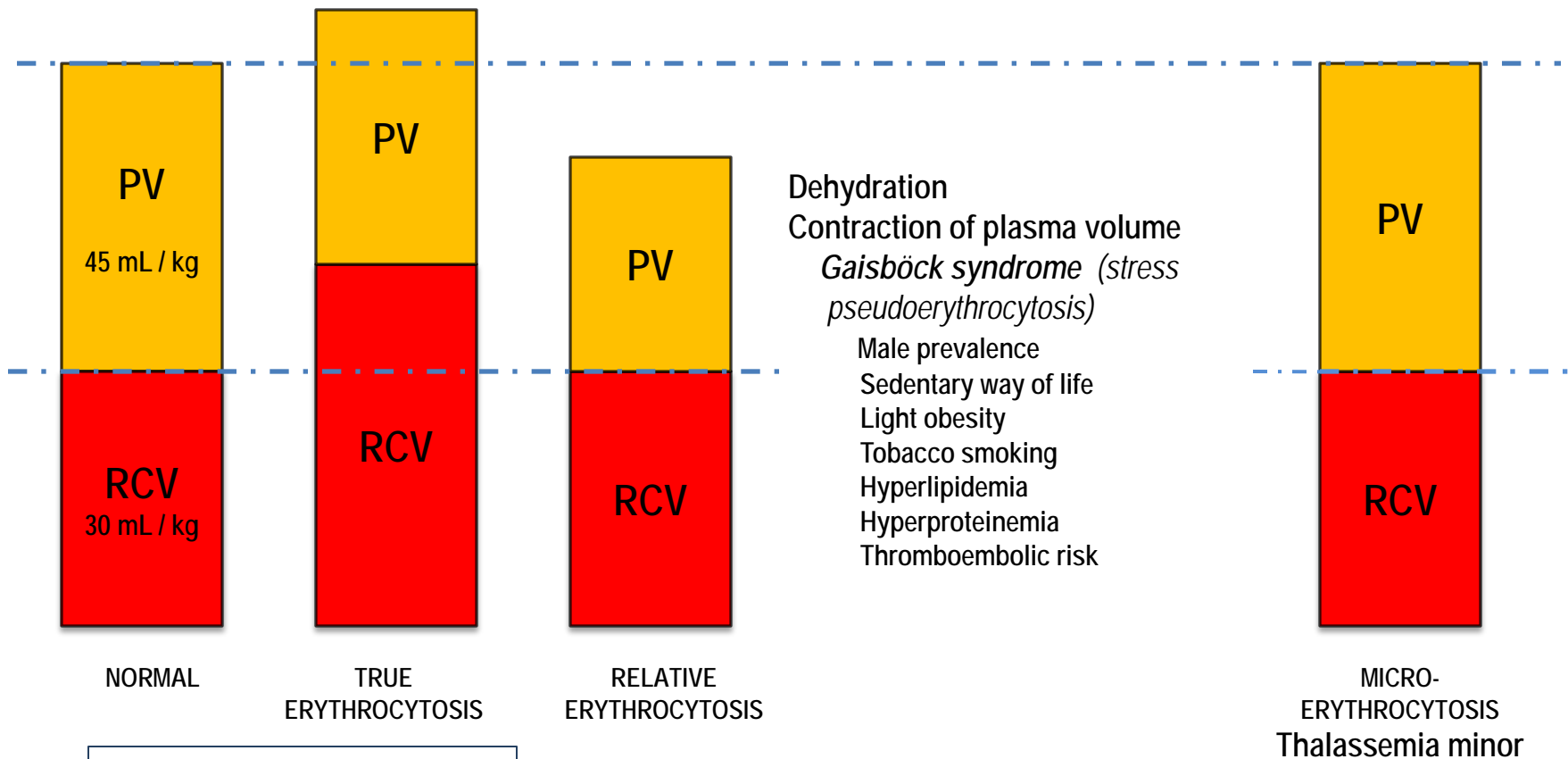
Aspirin

$^{32}\text{P}$  : age > 70 years in case of insufficient compliance of the patient  
(*increased risk of leukemic transformation !*)

*Investigational : JAK2  $\pm$  specific tyrosine kinase inhibitors (TKI)*

# DIFFERENTIAL DIAGNOSIS OF ERYTHROCYTOSIS

## *RBC VOLUME AND PLASMA VOLUME*



PV : PLASMA VOLUME  
 RCV : RED CELL VOLUME

# DIFFERENTIAL DIAGNOSIS OF TRUE ERYTHROCYTOSIS

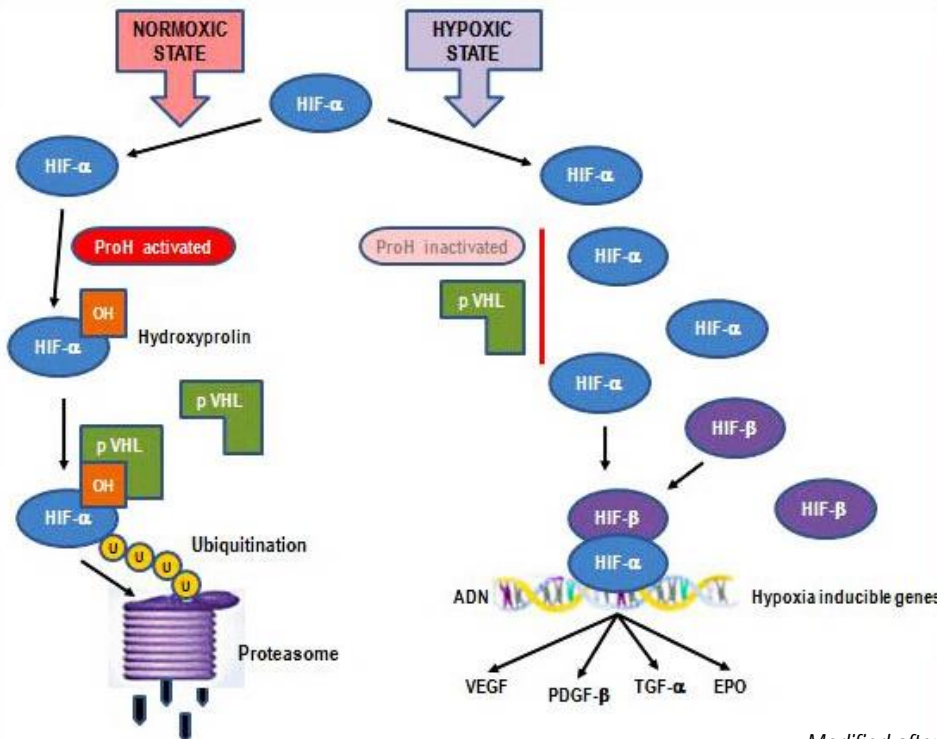
PRIMARY ERYTHROCYTOSIS	Congenital	EPO receptor mutation	EPO $\Downarrow$
	Acquired	Anomaly of erythroid precursors ( <i>Polycythemia Vera</i> )	
SECONDARY ERYTHROCYTOSIS	Congenital	Absence of erythroid precursors anomaly Mutations impairing the system of tissue oxygenation sensing High O <sub>2</sub> -affinity hemoglobins	EPO $\Uparrow$ or normal
	Acquired	Appropriate or abnormal EPO secretion	

## SENSING PROCESS OF TISSULAR OXYGENATION

In state of normal oxygenation HIF- $\alpha$  protein is rapidly degraded by the action of prolin-hydroxylase and von Hippel-Lindau protein, followed by ubiquitination and destruction in the proteasome

In hypoxic state HIF- $\alpha$  degradation is blocked. The protein is activated by dimerization with HIF- $\beta$ . The complex acts as a promoter of various genes involved in synthesis of growth factors like EPO

HIF : Hypoxia Inducible Factor  
 pVHL : von Hippel-Lindau protein  
 ProH : Prolin-Hydroxylase  
 U : Ubiquitin  
 VEGF : Vascular Endothelial Growth Factor  
 PDGF : Platelet-Derived Growth Factor  
 TGF : Tissue Growth Factor



# DIFFERENTIAL DIAGNOSIS OF TRUE ERYTHROCYTOSIS (2)

## PRIMARY ERYTHROCYTOSIS

### CONGENITAL

Mutation of EPO<sup>1</sup> receptor

### ACQUIRED

Polycythemia Vera

## SECONDARY ERYTHROCYTOSIS

### CONGENITAL

Mutation of VHL<sup>2</sup> gene (*Chuvash erythrocytosis*)

Mutation of PHD2<sup>3</sup>

Mutation of HIF-2- $\alpha$ <sup>4</sup>

O<sub>2</sub> high-affinity hemoglobins

2,3-diphosphoglyceromutase deficiency

### ACQUIRED

Appropriate EPO<sup>1</sup> production

*Central hypoxia*

*Chronic pulmonary disorder, cardio-pulmonary right-left shunt, CO intoxication, chronic smoking, hypoventilation syndromes incl. sleep apnea, prolonged stay at high altitude*

*Local renal hypoxia*

*Renal artery stenosis, terminal renal failure, hydronephrosis, polycystic kidneys, post renal transplantation erythrocytosis*

**Abnormal EPO<sup>1</sup> production**

*Tumors : cerebellar hemangioblastoma, meningioma, parathyroid carcinoma / adenoma, hepatocellular carcinoma, renal cell carcinoma, pheochromocytoma, uterine leiomyoma*

*Drugs : androgens*

**Exogenous EPO<sup>1</sup> application**

Therapeutical indication

Illicit application (*doping !*)

## IDIOPATHIC ERYTHROCYTOSIS

<sup>1</sup> EPO : *Erythropoietin*

<sup>2</sup> VHL : *Von Hippel-Lindau (recessive mutations)*

<sup>3</sup> PHD2 : *Prolyl-Hydroxylase Domain (dominant mutations)*

<sup>4</sup> HIF : *Hypoxia Inducible Factor (dominant mutations)*

# CHRONIC MYELOGENOUS LEUKEMIA (CML)

## SYMPTOMS AND CLINICAL FEATURES

Fortuitous diagnosis - asymptomatic patient  
Digestive symptoms (*abdominal heaviness, bloating*)  
Splenomegaly  
Thrombosis  
Hemorrhage  
Leucostasis (*CML with very high leukocyte count*)

## BLOOD PICTURE

Leukocytosis with neutrophilia  
Neutrophil left shift  
Myelocytosis (20-50%)  
Basophilia  
Frequent thrombocytosis  
*Low leukocyte alkaline phosphatase score (obsolete test)*

## PROGNOSTIC SCORES

The efficacy of TK inhibitors, as primary treatment of choice, has reduced the interest for the prognostic Sokal<sup>1</sup> (1984) or Hasford<sup>1</sup> (1998) scores, validated for chemotherapy treatment  
A new score (EUTOS<sup>2</sup>) might be a prognostic tool to assess the probability of reaching complete cytogenetic remission. Its validation needs confirmation

<sup>1</sup> See : [www.leukemia-net.org/content/leukemias/cml/cml\\_score](http://www.leukemia-net.org/content/leukemias/cml/cml_score)

<sup>2</sup> See : [www.leukemia-net.org/content/leukemias/cml/eutos\\_score](http://www.leukemia-net.org/content/leukemias/cml/eutos_score)

## CYTOGENETICS

Philadelphia chromosome (Ph) = t(9;22)(q34;q11.2) : 90-95% of cases, t(9;22) variants : 5-10%  
*BCR-ABL 1* fusion gene : 100% of cases

<sup>2</sup> Hasford J. et al. : Predicting complete cytogenetic response and subsequent progression-free survival in 2060 patients with CML on imatinib treatment : The EUTOS score. *Blood* 2011; 118 (3) : 686-692.

# CHRONIC MYELOGENOUS LEUKEMIA (CML) (2)

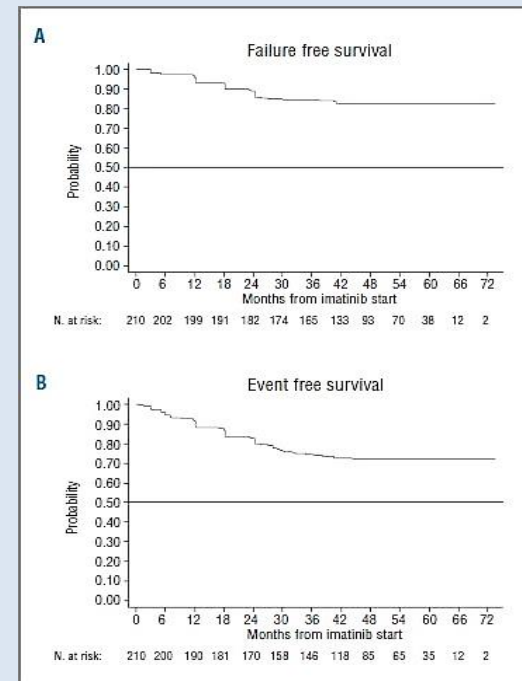
## COURSE IN 3 PHASES

<b>CHRONIC</b>	4-5 years
<b>ACCELERATION<sup>1</sup></b>	< 6-8 months
Blasts	10-19% (blood and / or nucleated bone marrow cells)
Basophils	≥ 20% (blood)
Thrombopenia	< 100 G / L (treatment independent)
Clonal genetic evolution	
Thrombocytosis	> 1'000 G / L (unresponsive to treatment)
Increasing splenomegaly and leukocytosis	(unresponsive to treatment)
<b>TRANSFORMATION</b>	
Blasts :	≥ 20% (blood and / or nucleated bone marrow cells)
Extramedullary blast cell proliferation	

<sup>1</sup>Modified from Vardiman J.W., Harris N.L., Brunning R.D.: The World Health Organization (WHO) classification of the myeloid neoplasms. *Blood* 2002; 100 : 2292-2302.

## PROGNOSIS

Depends on :  
Clinical stage  
Prognostic factors  
Response to tyrosine kinase inhibitors



Actuarial curves of relapse free survival (A) and event free survival (B), including failure and withdrawal of Imatinib (all causes included)

Cervantes F & al., *Haematologica* 2010; 95 :1317-1324.

# CHRONIC MYELOGENOUS LEUKEMIA (CML) (3)

## TREATMENT

### Tyrosine kinase inhibitors (TKI)

↻ proliferation and apoptosis induction of the *BCR-ABL 1 +* cell lineages

Possible TKI resistance due to different mutations

Mutation	Imatinib (Glivec®)	Dasatinib (Sprycel®)	Nilotinib (Tasigna®)	Bosutinib (Bosulif®)
T315I	-	-	-	-
V299L	-	-	+	-
T315A	+	-	+	+
Y253H, E255K/V, F359V/C/I	-	+	-	+
F317L	-	-	+	+

Efficacy (+ / -) of TKI in presence of the main mutations

### Hydroxyurea (HU)

### α-Interferon (α-IFN), pegylated α-Interferon

Allogeneic hemopoietic stem cell / bone marrow transplantation : only established curative treatment

(in case of TKI resistance, in acceleration and transformation phases)

*Investigational : farnesyltransferase inhibitors, Decitabine, Cladribine, Isotretinoid, Homoharringtonine, antisense oligonucleotides, immunotherapy*

Table after : NCCN Guidelines Version 3.2013.

## AGE BASED THERAPEUTIC SELECTION

< 60 years : in case of insufficient response to TK inhibitor allogeneic hemopoietic stem cell / bone marrow transplantation. Probability of HLA compatible sibling donor 20-30%  
Possible graft from unrelated donor. 5 year survival rate : 50-70%  
Relapse after transplantation treated by infusion of donor lymphocytes (*GVL effect*<sup>1</sup>)

> 60 years : Imatinib, α-Interferon (+ Cytarabine), Hydroxyurea

<sup>1</sup> GVL : Graft-Versus-Leukemia



# ESSENTIAL THROMBOCYTHEMIA (ET)

## SYMPTOMS AND CLINICAL FEATURES

Arterial or venous thrombosis  
 Hemorrhage by thrombopathy  
 Erythromelalgia  
 Splenomegaly (< 50%)

### DIAGNOSTIC CRITERIA

1	Sustained platelet count $\geq 450$ G / L <sup>1</sup>
2	<i>JAK2V617F</i> <sup>2</sup> mutation present or other clonal marker <sup>3</sup>
3	Exclusion of : PV <sup>4</sup> , primary myelofibrosis <sup>5</sup> , <i>BCR-ABL1</i> positive CML <sup>6</sup> , myelodysplastic syndrome <sup>7</sup> or other myeloid neoplasm
4	Exclusion of secondary thrombocytosis <sup>8</sup> , normal iron stores
5	Bone marrow biopsy : proliferation mainly of megakaryocytic lineage with increased numbers of enlarged mature megakaryocytes No significant increase or left-shift of neutrophil granulopoiesis or erythropoiesis

**DIAGNOSIS REQUIRES CRITERIA 1 + 2 + 3 or 1 + 3 - 5**

<sup>1</sup> Sustained during the work-up process

<sup>2</sup> Approximately 50% of cases

<sup>3</sup> i.e. *MPLW515L*, *W515K* : 1-4%

<sup>4</sup> Requires failure of iron replacement therapy to increase Hb level to PV range if decreased serum ferritin  
Exclusion of PV based on Hb and Hct levels. Measure of RBC mass not required

<sup>5</sup> Absence of relevant reticulin fibrosis, collagen fibrosis, peripheral blood leukoerythroblastosis or hypercellular marrow with megakaryocyte morphology typical for primary myelofibrosis  
(*Small to large megakaryocytes in dense clusters with aberrant nuclear / cytoplasmic ratio and hyperchromatic, bulbous or irregularly folded nuclei*)

<sup>6</sup> Absence of *BCR-ABL 1*

<sup>7</sup> Absence of dyserythropoiesis and dysgranulopoiesis

<sup>8</sup> Exclusion of secondary thrombocytosis (*cf. p. 132*)

(*The presence of a condition associated with secondary thrombocytosis may not exclude the diagnosis of ET if the first 3 criteria are met*)

# ESSENTIAL THROMBOCYTHEMIA (2)

## POSSIBLE COURSE

Polycythemia Vera

Myelofibrosis (cf. p.131)

Acute leukemia (3-10%)

## TREATMENT

Hydroxyurea

Pipobroman

$\alpha$ -IFN, pegylated  $\alpha$ -IFN

Anagrelide (*could potentially favor evolution to myelofibrosis*)

Aspirin (*platelet antiaggregant*)

## MEDIAN SURVIVAL

Depending on the risk factors<sup>1</sup>

**Age  $\geq$  60 years and leukocytes  $\geq$  15 G / L : 10 years**

**Age  $\geq$  60 years or leukocytes  $\geq$  15 G / L : 17 years**

**Age  $<$  60 years and leukocytes  $<$  15 G / L : 25 years**

<sup>1</sup> Wolanskyj A.P., Schwanger S.M., McClure R.F., Larson D.R., Tefferi A.: Essential Thrombocythemia Beyond the First Decade : Life Expectancy, Long-term Complication Rates, and Prognostic Factors. Mayo Clin Proc 2006; 81 : 159-166.

## ESSENTIAL THROMBOCYTHEMIA (3)

### Diagnostic criteria for post-PV and post-ET myelofibrosis (MF)

REQUIRED CRITERIA	1	Documentation of a previous diagnosis of WHO-defined (2008) PV or ET
	2	Bone marrow fibrosis grade 2-3 ( <i>on 0-3 scale</i> ) cf .p.134
ADDITIONAL CRITERIA (2 required)	1	Post-PV MF : Anemia <sup>1</sup> or sustained loss of either phlebotomy alone or cytoreductive treatment requirement for erythrocytosis Post-ET MF : Anemia <sup>1</sup> or $\geq 20$ g / L decrease from baseline hemoglobin level
	2	Leukoerythroblastic peripheral blood picture
	3	Increasing palpable splenomegaly of > 5 cm from baseline ( <i>distance from the left costal margin</i> ) or newly palpable splenomegaly
	4	Post-ET MF : Increased LDH
	5	Development of > 1 of 3 constitutional symptoms : weight loss > 10% in 6 months, night sweats, unexplained fever (> 37.5°C)

<sup>1</sup> Below reference range for appropriate age, gender and altitude

# DIFFERENTIAL DIAGNOSIS OF THROMBOCYTOSIS

## DEFINITION

Platelet count > 350 - 400 G / L

## CAUSE OF ERROR

Important RBC microcytosis, presence of numerous schistocytes

## CLASSIFICATION

### PRIMARY THROMBOCYTOSIS

Myeloproliferative neoplasm (*cf. p.120-136*)

Essential thrombocytosis, Polycythemia Vera, chronic myelogenous leukemia, primary myelofibrosis

Myelodysplastic syndrome (*cf. p.138-147*)

*5q- syndrome*

### SECONDARY THROMBOCYTOSIS

Iron deficiency

Splenectomy, asplenia<sup>1</sup>

Surgery

Infection, inflammation

Autoimmune disorder

Metastatic cancer

Lymphoid neoplasm

Acute phase / regeneration of acute hemorrhage or hemolysis

<sup>1</sup> Presence of Howell-Jolly bodies in RBC

# PRIMARY MYELOFIBROSIS

## DIAGNOSIS

<b>MAJOR CRITERIA</b>	<b>1</b>	Proliferation of atypical megakaryocytes <sup>1</sup> with either reticulin and / or collagen fibrosis or : In absence of significant reticulin fibrosis, megakaryocyte changes + increased marrow cellularity with granulocytic proliferation and often decreased erythropoiesis <i>(i.e. prefibrotic cellular-phase disease)</i>
	<b>2</b>	Exclusion of : PV <sup>2</sup> , <i>BCR-ABL1</i> positive CML <sup>3</sup> , MDS <sup>4</sup> or other myeloid neoplasms
	<b>3</b>	Presence of <i>JAK2V617F</i> <sup>7</sup> mutation or other clonal marker <i>(e.g. MPLW515K/L</i> <sup>8</sup> <i>)</i> or : In absence of clonal marker, exclusion of bone marrow fibrosis or changes secondary to infection, autoimmune disorder or other chronic inflammatory condition, hairy cell leukemia or other lymphoid neoplasm, metastatic malignancy or toxic <i>(chronic)</i> myelopathy <sup>5</sup>
<b>MINOR CRITERIA</b>	<b>1</b>	Leukoerythroblastosis
	<b>2</b>	Increased serum lactate dehydrogenase (LDH) level
	<b>3</b>	Anemia <sup>6</sup>
	<b>4</b>	Splenomegaly <sup>6</sup>

<sup>1</sup> Small to large megakaryocytes in dense clusters with aberrant nuclear / cytoplasmic ratio and hyperchromatic, bulbous, or irregularly folded nuclei

<sup>2</sup> Requires failure of iron replacement therapy to increase Hb level to the PV range if ferritin level is decreased. Exclusion of PV is based on Hb and Hct levels. RBC mass measure not required

<sup>3</sup> Absence of *BCR-ABL1*

<sup>4</sup> Absence of dyserythropoiesis and dysgranulopoiesis

<sup>5</sup> Conditions associated with reactive myelofibrosis do not exclude PMF. Diagnosis to be considered if other criteria are met

<sup>6</sup> Degree of anomaly borderline or marked

<sup>7</sup> Approximately 50% of cases

<sup>8</sup> < 5% of cases

**DIAGNOSIS : ALL 3 MAJOR + 2 MINOR CRITERIA**

*Swerdlow S.H., Campo E., Harris N.L., Jaffe E.S., Pileri S.A., Stein H., Thiele J., Vardiman J.W. : WHO Classification of Tumours of Haematopoietic and Lymphoid Tissues, 4<sup>th</sup> ed. 2008; IARC, Lyon.*

# PRIMARY MYELOFIBROSIS (2)

**BLOOD COUNT :** RBC, WBC and platelet counts in relation with disease stage  
Tear drop RBC (*dacryocytes*), erythroblastosis and myelocytosis, platelet anisocytosis

## SEMIQUANTITATIVE GRADING OF BONE MARROW FIBROSIS (MF)

MF - 0	Scattered linear reticulin with no intersections ( <i>cross-overs</i> ), corresponding to normal bone marrow
MF - 1	Loose network of reticulin with many intersections, especially in perivascular areas
MF - 2	Diffuse and dense increase in reticulin with extensive intersections, occasionally with focal bundles of collagen and / or focal osteosclerosis
MF - 3	Diffuse and dense increase in reticulin with extensive intersections and coarse bundles of collagen, often associated with osteosclerosis

## LILLE<sup>1</sup> PROGNOSTIC SCORE

<sup>2</sup> Risk factors:  
1) Hb < 100 g / L  
2) Leukocytes < 4 G / L  
or > 30 G / L

Risk group	Factors <sup>2</sup> (n)	% of patients	Median survival (months)
Low	0	47	93
Intermediate	1	45	26
High	2	8	13

## COMPLICATIONS

Splenic infarction  
Infections (*neutropenia*)  
Bleeding (*thrombocytopenia and / or platelet anomalies*)  
Acute leukemia (5-30%)

## TREATMENT

Wait and watch  
Hydroxyurea  
Transfusion support  
Sectorial splenic radiotherapy  
Splenectomy  
Allogeneic bone marrow transplantation with non myeloablative conditioning  
Investigational : *pegylated α-Interferon; Thalidomide (± prednisone), Lenalidomide (± prednisone), Pomalidomide (immunomodulators); Etanercept (TNF-α inhibitor)*

<sup>1</sup> Dupriez B. et coll. : Prognostic factors in agnogenic myeloid metaplasia : a report of 195 cases with a new scoring system. *Blood* 1996; 88 : 1013-1018.

## CHRONIC NEUTROPHILIC LEUKEMIA

1	Peripheral blood : WBC $\geq$ 25 G / L, neutrophils > 80% WBC, immature granulocytes < 10% WBC, myeloblasts < 1% WBC
2	Bone marrow : percentage and number of neutrophilic granulocytes increased, normal maturation, myeloblasts < 5% of nucleated marrow cells, megakaryocytes normal or left shifted
3	Hepatosplenomegaly
4	No cause of physiological neutrophilia. If present, demonstration of clonality of myeloid cells
5	No <i>BCR-ABL1</i> fusion gene, no rearrangement of <i>PDGFRA</i> , <i>PDGFRB</i> , <i>FGFR1</i>
6	No evidence of other myeloproliferative neoplasm, or myelodysplastic syndrome or myelodysplastic / myeloproliferative neoplasm. Monocytes < 1 G / L

## CHRONIC EOSINOPHILIC LEUKEMIA, NOS<sup>1</sup>

1	Eosinophilia $\geq$ 1.5 G / L
2	No <i>BCR-ABL1</i> fusion gene or other myeloproliferative neoplasm or myelodysplastic / myeloproliferative neoplasm
3	No <i>FIP1L1-PDGFRB</i> fusion gene (or other rearrangement of <i>PDGFRA</i> ), no rearrangement of <i>PDGFRB</i> or <i>FGFR1</i>
4	Blast cell count in peripheral blood and bone marrow < 20%, no <i>inv(16)(p13.1q22)</i> , <i>t(16;16)(p13.1;q22)</i> , no other feature diagnostic of acute myeloid leukemia (AML)
5	Presence of a clonal or molecular genetic abnormality or blasts > 2% in PB or > 5% in bone marrow

If these criteria are not met, the diagnosis may be reactive eosinophilia, idiopathic hypereosinophilia or idiopathic hypereosinophilic syndrome (HES) (*cf. p.100*)

<sup>1</sup>NOS : Not Otherwise Specified

# MASTOCYTOSIS

## CLASSIFICATION

Cutaneous mastocytosis (*urticaria pigmentosa*), diffuse cutaneous mastocytosis, solitary cutaneous mastocytosis  
Systemic mastocytosis (*indolent or aggressive*)  
Mastocytic leukemia  
Mastocytic sarcoma  
Extracutaneous mastocytoma

## SYSTEMIC MASTOCYTOSIS

Clonal mastocyte proliferation (*tissue basophils*) with secretion of tissular mediators :  
Histamine, heparin, leukotrienes, prostaglandins, PAF (Platelet Activating Factor), Cytokines (TNF)

Target organs :	Bone marrow Lymph nodes Spleen, liver Heart Presence of cutaneous localisation or not Osteoblastic bone lesions, less frequently osteolytic	Biochemistry :      ↗ of serum tryptase Immunophenotype :    CD9, CD33, CD45, CD68, CD117, CD2 or CD2/CD25 Genetics :              Frequent KIT mutation (Asp816Val)
Symptoms :	Cutaneous flash, pruritus Abdominal pain Bronchospasm	
Evolution :	Indolent forms Aggressive forms              Initially Mastocytosis associated with myeloid or lymphoid neoplasia Mastocytic leukemia	
Treatment :	Antihistamines, $\alpha$ -Interferon, tyrosine kinase inhibitors, anti-leukotrienes	
Survival :	Nearly normal for indolent forms Few months for aggressive forms	



# MYELOID AND LYMPHOID NEOPLASMS WITH EOSINOPHILIA AND ANOMALIES OF *PDGFRA*, *PDGFRB* OR *FGFR1*

## MYELOID AND LYMPHOID NEOPLASMS WITH *PDGFRA* REARRANGEMENT

1 Myeloproliferative neoplasm with prominent eosinophilia

2 Presence of *FIP1L1-PDGFR*A fusion gene

Acute myeloid leukemia and lymphoblastic leukemia / lymphoma with eosinophilia and *FIP1L1-PDGFR*A are also assigned to this category. If molecular analysis is not available, diagnosis is suspected if : 1) Ph-negative myeloproliferative neoplasm with features of chronic eosinophilic leukemia; 2) splenomegaly; 3) high level of vitamin B<sub>12</sub>; 4) increase of serum tryptase; 5) increase of BM mast cells

Tyrosine Kinase activity : disease is responsive to TK- inhibitors (*Imatinib mesylate*)

## MYELOID NEOPLASMS WITH *PDGFRB* REARRANGEMENT

1 Myeloproliferative neoplasm often with prominent eosinophilia, sometimes neutrophilia or monocytosis

2 Presence of t(5;12)(q33;p13) or variant translocation. Demonstration of *ETV6-PDGFRB* fusion gene or of rearrangement of *PDGFRB*

Hematological features : chronic myelomonocytic leukemia with / without eosinophilia, chronic eosinophilic leukemia, Ph-neg. chronic myelogenous leukemia with eosinophilia, primary myelofibrosis, juvenile myelomonocytic leukemia with eosinophilia, acute myelogenous leukemia, chronic basophilic leukemia

## MYELOID AND LYMPHOID NEOPLASMS WITH *FGFR1* ANOMALIES

1 Myeloproliferative neoplasm with prominent eosinophilia and sometimes neutrophilia or monocytosis or acute myeloid leukemia or precursor T- or B-cell lymphoblastic leukemia / lymphoma (*often associated with peripheral blood or bone marrow eosinophilia*)

2 Presence of t(8;13)(p11;q12) or variant translocation with *FGFR1* rearrangement in myeloid cells, lymphoblasts or both

# MYELOYDYSPLASTIC SYNDROMES (MDS)

## GENERAL FEATURES

Somatic mutation of a hemopoietic stem cell upstream of myeloid precursor cells

Myelodysplasia ( <i>dysmyelopoiesis</i> ) :	Proliferation	+ / -
	Maturation	+ / -
	Apoptosis	+

Peripheral blood with 1-3 cytopenia(s)

WHO classification considering :

Presence of signs of dysplasia affecting only one (*"unilineage"*) or more cell lineages (*"multilineage"*)

Blast cells in peripheral blood or bone marrow : < 20%

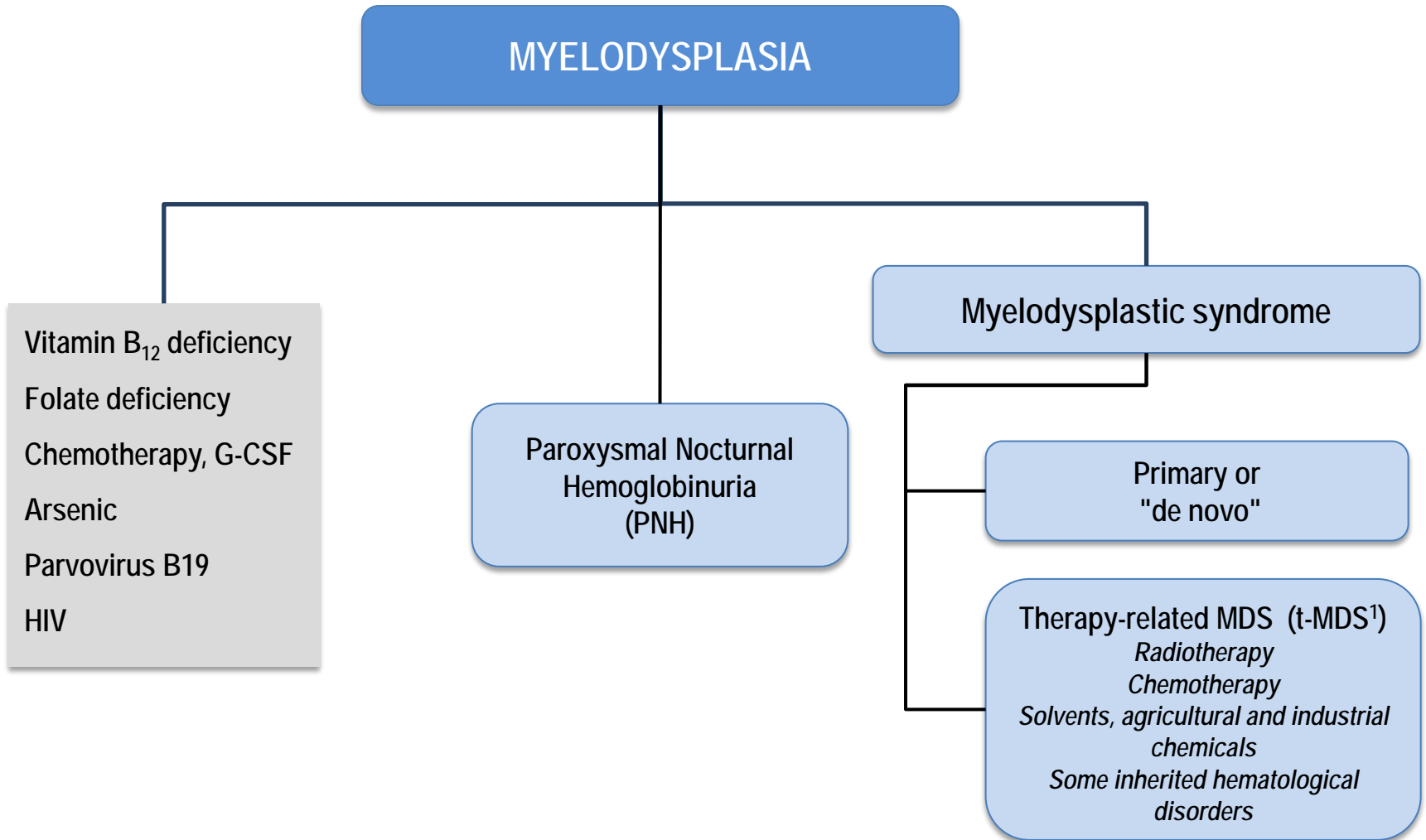
Presence or absence of Auer rods

Presence or absence of ring sideroblasts : < 15% or  $\geq$  15% (*bone marrow*)

Peripheral blood monocytosis > 1.0 G / L

Possible transformation in acute leukemia

# MYELOYDYSPLASIA



<sup>1</sup> In WHO classification 2008 included in separate category under :  
*Therapy-related myeloid neoplasms*

# MORPHOLOGICAL SIGNS OF MYELODYSPLASIA *DYSMYELOPOIESIS*

	PERIPHERAL BLOOD	BONE MARROW
Dyserythropoiesis	<p>Macrocytosis (frequent)</p> <p>Anisocytosis</p> <p>Poikilocytosis</p> <p>Anisochromasia</p> <p>Coarse basophilic granules</p>	<p>Nuclear</p> <p>Megaloblastic changes</p> <p>Nuclear budding, internuclear bridging</p> <p>Karyorrhexis, hyperlobation</p> <p>Cytoplasmic</p> <p>Vacuolization</p> <p>Ring Sideroblasts (RS)</p> <p>Periodic acid-Schiff (PAS) staining +</p>
Dysgranulopoiesis	<p>Small or unusually large size</p> <p>Pseudo-Pelger</p> <p>Irregular hypersegmentation</p> <p>Decreased granules or agranularity</p> <p>Pseudo Chediak-Higashi granules</p> <p>Auer rods</p>	
Dysmegakaryopoiesis (platelets)	<p>Giant platelets</p> <p>Lack of granules</p>	<p>Micromegakaryocytes</p> <p>Hypolobated nuclei</p> <p>Multinucleated megakaryocytes</p>

# CLASSIFICATION OF MDS

## PERIPHERAL BLOOD AND BONE MARROW FEATURES

DISEASE	PERIPHERAL BLOOD	BONE MARROW
Refractory Cytopenias with Unilineage Dysplasia (RCUD) : RA, RN, RT <sup>1</sup>	Unicytopenia (rarely bicytopenia) No or rare blasts (< 1%) <sup>2</sup>	Unilineage dysplasia : ≥ 10% of cells in one myeloid lineage; blasts < 5% Ring Sideroblasts (RS) < 15%
Refractory Anemia with Ring Sideroblasts (RARS)	Anemia No blasts	Erythroid dysplasia only Ring Sideroblasts ≥ 15%, blasts < 5%
Refractory Cytopenia with Multilineage Dysplasia (RCMD)	Cytopenia(s), no or rare blasts (< 1%) <sup>2</sup> No Auer rods Monocytes < 1 G / L	Dysplasia in ≥ 10% of cells in ≥ 2 myeloid lineages, blasts < 5%, no Auer rods Ring Sideroblasts ± 15%
Refractory Anemia with Excess Blasts-1 (RAEB-1)	Cytopenia(s), blasts < 5%, no Auer rods Monocytes < 1 G / L	Uni- or multilineage dysplasia, blasts 5-9% No Auer rods
Refractory Anemia with Excess Blasts-2 (RAEB-2)	Cytopenia(s), blasts 5-19%, Auer rods ± <sup>3</sup> Monocytes < 1 G / L	Uni- or multilineage dysplasia Blasts 10-19%, Auer rods ± <sup>3</sup>
Myelodysplastic Syndrome - Unclassified (MDS-U)	Cytopenias Blasts ≤ 1%	Evident dysplasia in less than 10% of cells in one or more myeloid cell lines with MDS cytogenetic anomaly, blasts < 5%
Myelodysplastic Syndrome associated with isolated del(5q)	Anemia Normal or increased platelet count No or rare blasts (< 1%)	Normal or increased megakaryocytes with hypolobulated nuclei, blasts < 5%, no Auer rods, isolated del(5q)

<sup>1</sup> RA : Refractory Anemia; RN : Refractory Neutropenia; RT : Refractory Thrombocytopenia

<sup>2</sup> If bone marrow blast percentage < 5%, but 2-4% blasts are present in the blood, the diagnostic is RAEB-1. RCUD and RCMD with 1% blasts in blood are classified as MDS-U

<sup>3</sup> Cases with Auer rods and < 5% blasts in blood and < 10% in bone marrow are classified as RAEB-2

# DIFFERENTIAL DIAGNOSIS OF MYELOYDYSPLASTIC SYNDROME AND ACUTE MYELOID LEUKEMIA IMPORTANCE OF BONE MARROW ERYTHROBLASTS PERCENTAGE

ERYTHROBLASTS (in % of total nucleated bone marrow cells)			
< 50%		≥ 50%	
Blasts in % of total nucleated bone marrow cells		Blasts in % of non erythroid nucleated bone marrow cells	
≥ 20%	< 20%	< 20%	≥ 20%
AML	MDS		AML

*Modified from Bennett J.M. & al. : Proposed revised criteria for the classification of acute myeloid leukemia. Ann Intern Med 1985; 103 : 620-625. Modifications according to WHO classification 2008.*

AML : Acute Myeloid Leukemia

MDS : Myelodysplastic Syndrome

## ANOMALIES RELATED TO MYELOYDYSPLASTIC SYNDROME

### FUNCTIONAL ALTERATIONS

Neutrophils : Motility, adhesion, phagocytosis, bactericidal ability  
Platelets : Aggregation

### IMMUNOLOGICAL DISORDERS

Polyclonal gammopathy  
Hypogammaglobulinemia  
Paraprotein  
Autoantibodies  
Decreased counts of CD4 + and NK lymphocytes

### ACQUIRED HEMOGLOBINOPATHY

α-Thalassemia Myelodysplastic Syndrome (ATMDS)

# MYELODYSPLASTIC SYNDROME PROGNOSTIC SCORES

Prognostic scores evaluate the risk of leukemic transformation

## 1. IPSS (International Prognostic Scoring System)

Score	0	0.5	1.0	1.5	2.0
Cytopenia(s)	0 – 1	2 – 3			
Blasts <sup>1</sup> (%)	< 5	5 – 10	–	11 – 19	20 – 30 <sup>2</sup>
Karyotype	Favorable	Intermediate	Unfavorable		



Risk groups	Score
Low	0
Intermediate-1	0.5 – 1.0
Intermediate-2	1.5 – 2.0
High	≥ 2.5

<sup>1</sup> Blasts in bone marrow      <sup>2</sup> This percentage is now considered as AML according to WHO 2008

**Cytopenia(s):** Hemoglobin < 100 g / L  
Neutrophils < 1.8 G / L  
Platelets < 100 G / L

**Karyotype:** Favorable : Normal karyotype, -Y, del(5q), del(20q)  
Unfavorable : Chromosome 7 anomalies, complex anomalies (≥ 3)  
Intermediate : Other anomalies

## 2. WPSS (WHO classification-based Prognostic Scoring System)

Variables	0	1	2	3
WHO category	RA, RARS, 5q-	RCMD, RCMD-RS	RAEB-1	RAEB-2
Karyotype	Favorable	Intermediate	Unfavorable	–
Transfusion requirement	∅	Regular <sup>1</sup>	–	–



Risk groups	Score
Very low	0
Low	1.0
Intermediate	2.0
High	3.0 - 4.0
Very high	5.0 - 6.0

<sup>1</sup> At least one RBC transfusion every 8 weeks over a 4 months period

## 3. WPSS-R<sup>2</sup>: anemia instead of transfusion requirement (Hb < 90 g/L (men), < 80 g/L (women))

<sup>2</sup> Malcovati L. & al.: Impact of the degree of anemia on the outcome of patients with myelodysplastic syndrome and its integration in the WHO classification based Prognostic Scoring System (WPSS). *Haematologica* 2011; 96 : 1433-1440.

# MYELODYSPLASTIC SYNDROME

## IPSS SCORE REVISED 2012 (IPSS - R)

### 1 PROGNOSTIC IMPACT OF CYTOGENETIC ANOMALIES

CYTOGENETIC PROGNOSTIC GROUPS	CYTOGENETIC ANOMALIES
Very good	<ul style="list-style-type: none"> <li>-Y</li> <li>del(11q)</li> </ul>
Good	<ul style="list-style-type: none"> <li>None</li> <li>del(5q)</li> <li>del(12p)</li> <li>del(20q)</li> <li>Double anomaly included del(5q)</li> </ul>
Intermediate	<ul style="list-style-type: none"> <li>del(7q)</li> <li>+8</li> <li>+19</li> <li>i(17q)</li> <li>Every other independent unique or double clone</li> </ul>
Unfavorable	<ul style="list-style-type: none"> <li>-7</li> <li>inv(3)</li> <li>t(3q)</li> <li>del(3q)</li> <li>Double anomaly included -7 / del(7q)</li> <li>≤ 3 complex anomalies</li> </ul>
Very unfavorable	<ul style="list-style-type: none"> <li>&gt; 3 complex anomalies</li> </ul>

### 2 SCORE CALCULATION

Adding points corresponding to actual prognostic criteria

PROGNOSTIC CRITERIA	0	0,5	1,0	1,5	2,0	3,0	4,0
Cytogenetics	Very good		Good		Intermediate	Unfavorable	Very unfavorable
Blasts bone marrow (%)	≤ 2		> 2 - < 5		5 - 10	> 10	
Hemoglobin (g / L)	≥ 100		8 - < 10	< 8			
Platelets (G / L)	≥ 100	50 - < 100	< 50				
Neutrophils (G / L)	≥ 0.8	< 0.8					

### 3 PROGNOSTIC RISK related to score

PROGNOSTIC RISK	SCORE
Very low	≤ 1.5
Low	> 1.5 - 3.0
Intermediate	> 3.0 - 4.5
High	> 4.5 - 6.0
Very high	> 6.0

### 4 PROGNOSTIC IMPACT OF IPSS-R SCORE

RISK	Very low	Low	Intermediate	High	Very high
<b>SURVIVAL</b>					
Patients (n = 7012) (%)	19	38	20	13	10
Median survival (years)	8.8	5.3	3.0	1.6	0.8
<b>EVOLUTION TO AML</b>					
Patients (n = 6485) (%)	19	37	20	13	11
Median duration → 25% evolution to AML (years)	Not reached	10.8	3.2	1.4	0.73

A IPSS-R calculator can be used on the MDS-Foundation Website :

<http://www.mds-foundation.org/ipss-r-calculator/>



## MYELOYDYSPLASTIC SYNDROMES

### UNFAVORABLE PROGNOSTIC FACTORS

Age > 60 years	↗ Serum $\beta_2$ -microglobulin
Performance status / comorbidities	Mutations of FLT3 gene
White blood cells > 20 G / L	Absence of TET2 mutation
Lymphocytes < 1.2 G / L	Monosomy 5 or del(5q) + other chromosomal anomaly
Severe anemia	↗ TNF- $\alpha$ level
Refractory thrombocytopenia	Transfusion dependency
High percentage of CD 34 expressing precursor cells	Bone marrow fibrosis
MCV < 100 fL	Low level of circulating endothelial cells
Increased expression of WT1 ( <i>Wilms tumor gene</i> )	Presence of ALIPs ( <i>Abnormal Localization of Immature Precursors</i> ) on BM histology

# MYELODYSPLASTIC SYNDROMES

## COMPLICATIONS / COURSE / SURVIVAL

### COMPLICATIONS

Recurrent infection  
 Bleeding episodes  
 Immunologic disorders

### 5 YEAR CUMULATIVE RISK OF TRANSFORMATION IN ACUTE LEUKEMIA<sup>1</sup>

RA, RARS : < 2%  
 RCMD, 5q- syndrome : ~ 10%  
 RAEB-1 : 11%  
 RAEB-2 : 40%

RA : Refractory anemia  
 RARS : Refractory Anemia with Ring Sideroblasts  
 RCMD : Refractory Cytopenia with Multilineage Dysplasia  
 RAEB : Refractory Anemia with Excess Blasts

### SURVIVAL RELATED TO PROGNOSTIC SCORES

#### IPSS-R<sup>2</sup>

Score  $\leq 1.5$  8.8 years  
 Score > 1.5-3.0 5.3 years  
 Score > 3.0-4.5 3.0 years  
 Score > 4.5-6.0 1.6 year  
 Score > 6.0 0.8 year

#### WPSS

Score 0 8.5 years  
 Score 1.0 6.0 years  
 Score 2.0 3.5 years  
 Score 3.0-4.0 1.7 year  
 Score 5.0-6.0 0.1 year

<sup>1</sup> Germing U., Strupp C., Kuendgen A., Isa S., Knipp S., Hildebrandt B., Giaconidis A., Aul C., Gattermann N., Haas R.: Prospective validation of the WHO proposals for the classification of myelodysplastic syndromes. *Haematologica* 2006; 91 : 1596-1604.

<sup>2</sup> Greenberg P.L. & al. : Revised International Prognostic Scoring System for Myelodysplastic Syndromes. *Blood* 2012; 120 : 2454 - 2465.

# TREATMENT OF MYELOYDYSPLASTIC SYNDROME

## SYMPTOMATIC TREATMENT

Transfusional supportive care (*RBC, platelets*)

Iron chelators (*oral or parenteral application*)

Antibiotics

Erythropoietin + G-CSF, IL-11 (*↗ platelets*)

## CHEMOTHERAPY

Antimetabolites : Azacitidine, Decitabine, Cytarabine

Antiangiogenic, anticytokine drugs : Thalidomide, Lenalidomide (*5q- syndrome*)

IMMUNOSUPPRESSIVE THERAPY (Hypocellular MDS) : ATG (*Anti-Thymocyte Globulin*) ± cyclosporin

## ALLOGENEIC STEM CELL / BONE MARROW TRANSPLANTATION

(< 60 years, HLA identical donor, possibly with reduced intensity conditioning)

*Investigational*<sup>1</sup> : TNF- $\alpha$  inhibitors (*Etanercept*)  
Clofarabine (*nucleosidic analogue of adenosine*)  
Arsenic trioxide  
Histone deacetylase inhibitors (*valproic acid*)  
Farnesyltransferase inhibitors  
Thrombopoietin analogues (*Romiplostim*)

<sup>1</sup> Myelodysplastic Syndrome : Etiology, Natural History, Current and Future Therapies, Rowe J.M. ed., Clinical Haematology 2004; 17 : 535-661.

# MYELOYDYSPLASTIC / MYELOPROLIFERATIVE NEOPLASMS

## CLASSIFICATION

CHRONIC MYELOMONOCYTTIC LEUKEMIA

ATYPICAL CHRONIC MYELOID LEUKEMIA, *BCR-ABL1* NEGATIVE

JUVENILE MYELOMONOCYTTIC LEUKEMIA

REFRACTORY ANEMIA WITH RING SIDEROBLASTS (RARS) ASSOCIATED WITH THROMBOCYTOSIS

MYELOYDYSPLASTIC / MYELOPROLIFERATIVE NEOPLASM, UNCLASSIFIABLE

Refractory anemia with ring sideroblasts (RARS) associated with marked thrombocytosis

## CHRONIC MYELOMONOCYTTIC LEUKEMIA

### DIAGNOSTIC CRITERIA

1. Persistent peripheral blood monocytosis > 1.0 G / L
2. Absence of Philadelphia chromosome or *BCR-ABL1* fusion gene
3. No rearrangement of *PDGFRA*, *PDGFRB* (should be specifically excluded in cases with eosinophilia)
4. < 20% blasts (*myeloblasts*, *monoblasts* and *promonocytes*) in peripheral blood and in the bone marrow
5. Signs of dysplasia in one or more myeloid lineage(s)  
If dysplasia minimal or absent : 1 + 2 + 3 + 4 with :  
Presence of acquired cytogenetic or molecular anomaly or :  
persisting monocytosis (> 3 months) and exclusion of any other cause of monocytosis (cf. p.103)

**VARIANTS :** CMML-1 : blasts (*and promonocytes*) < 5% (*peripheral blood*), < 10% (*bone marrow*)  
CMML-2 : blasts (*and promonocytes*) 5-19% (*peripheral blood*), 10-19% (*bone marrow*) or presence of Auer rods

**UNFAVORABLE PROGNOSTIC CRITERIA :** Severe anemia + high leukocytosis (*leukostasis !*) + splenomegaly

**EVOLUTION :** Progression to acute myeloid leukemia : 15-30%  
Median survival : 20-40 months

# ACUTE MYELOID LEUKEMIA (AML)

## *EPIDEMIOLOGY*

IONIZING RADIATION

ALKYLATING AGENTS

BENZENE AND DERIVATIVES

MYELOPROLIFERATIVE NEOPLASMS (MPN)

MYELOYDYSPLASTIC SYNDROMES (MDS)

MYELOYDYSPLASTIC / MYELOPROLIFERATIVE NEOPLASMS (MDS / MPN)

TRISOMY 21

PRIMITIVE IMMUNODEFICIENCY

FANCONI ANEMIA (*bone marrow aplasia of genetic origin*)

PAROXYSMAL NOCTURNAL HEMOGLOBINURIA

# CLINICAL FEATURES OF ACUTE MYELOID LEUKEMIA

## SIGNS OF BONE MARROW FAILURE

Anemia	→	fatigue, dyspnea
Neutropenia	→	infection
Thrombocytopenia	→	hemorrhage

## TUMORAL SIGNS DUE TO BLASTIC INFILTRATION

Frequently absent  
Gingival involvement<sup>1</sup>  
Cutaneous involvement<sup>1</sup>  
Neuromeningeal involvement<sup>1</sup>  
Lymphadenopathy, splenomegaly

## OTHER DISORDERS

Lysozyme tubulopathy<sup>1</sup>  
Uric nephropathy  
Electrolytic disorder (↗ K<sup>+</sup>, ↗ Ca<sup>++</sup>)

<sup>1</sup> Acute myelomonocytic, monoblastic or monocytic leukemia

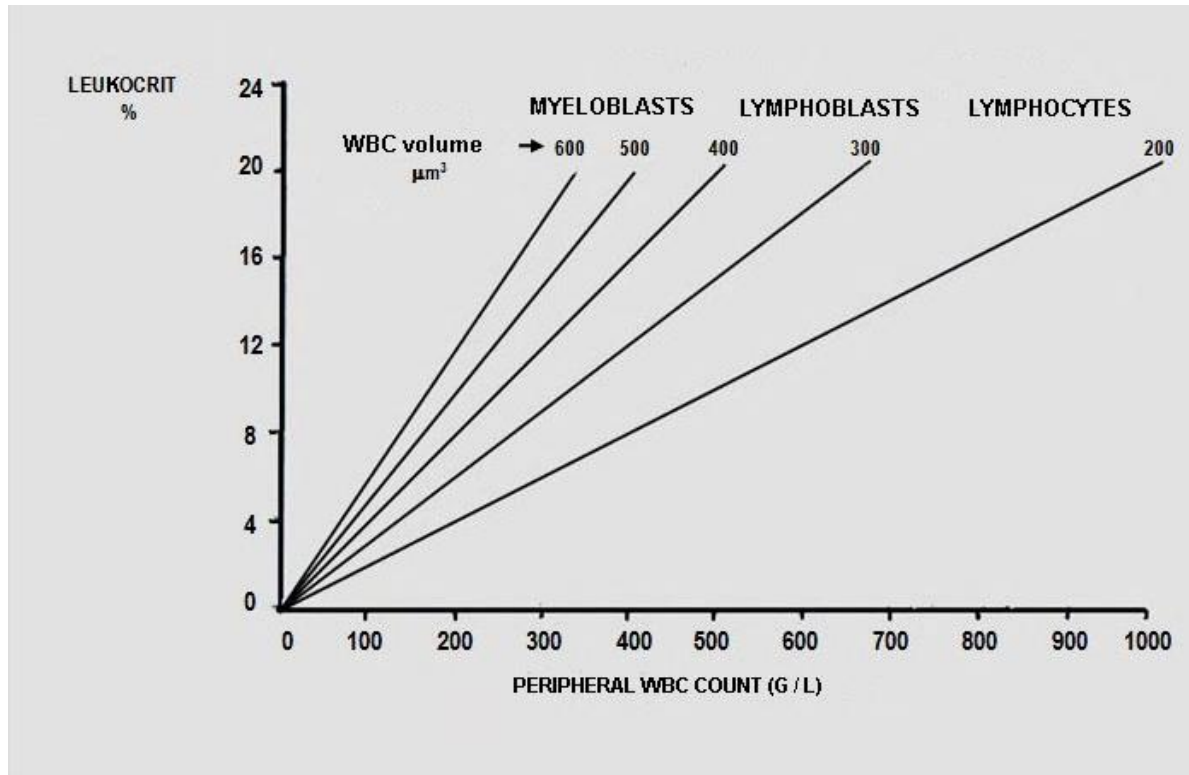
# CLINICAL FEATURES OF ACUTE MYELOID LEUKEMIA (2)

DISSEMINATED INTRAVASCULAR COAGULATION : DIC

Mainly acute promyelocytic leukemia with  $t(15;17)(q24;q21)$ ; *PML-RARA*

LEUKOSTASIS

Mainly acute myelomonocytic, monoblastic or monocytic leukemia



Modified from Lichtman M.A., Baillière's Clinical Haematology 1987; 1 : 725-746.

# ACUTE MYELOID LEUKEMIA

## BONE MARROW AND PERIPHERAL BLOOD

### BONE MARROW

**≥ 20 % BLASTS**

### PERIPHERAL BLOOD

PERIPHERAL BLOOD	1	2	3	4	5
HEMOGLOBIN g / L	78	117	82	97	56
MCV fL					112
WBC G / L	320	0.9	7.6	115	3.1
PLATELETS G / L	12	12	97	426	76

1. Acute myeloid leukemia with very high WBC count (*hyperleukocytosis*)
2. Aleukemic acute myeloid leukemia (*absence of blasts or rare blasts in peripheral blood*)
3. Acute myeloid leukemia with normal WBC count (*blasts : 85% in peripheral blood*)
4. Acute transformation of myeloproliferative neoplasm (*persisting thrombocytosis*)
5. Acute transformation of myelodysplastic syndrome (*macrocytosis !*)



# ACUTE MYELOID LEUKEMIA (AML)

## WHO CLASSIFICATION 2008

### CRITERIA

CYTOLOGY - CYTOCHEMISTRY - IMMUNOPHENOTYPING - CYTOGENETICS - MOLECULAR BIOLOGY

### CLASSIFICATION

#### ACUTE MYELOID LEUKEMIA WITH RECURRENT CYTOGENETIC ABNORMALITIES

Cytogenetics	Rearrangement	Hematological features
t(8;21)(q22;q22)	<i>RUNX1-RUNX1T1</i>	AML generally with neutrophil lineage maturation
inv(16)(p13.1q22) ou t(16;16)(p13.1;q22)	<i>CBFB-MYH11</i>	Myelomonocytic AML with abnormal bone marrow eosinophils
t(15;17)(q24;q21)	<i>PML-RARA</i>	Acute promyelocytic leukemia and microgranular variant
t(9;11)(p21;q23)	<i>MLLT3-MLL</i>	AML usually associated with monocytic differentiation
t(6;9)(p22;q34)	<i>DEK-NUP214</i>	AML frequently with basophilia, multilineage dysplasia ± monocytosis
inv(3)(q21q26.2) or t(3;3)(q21;q26.2)	<i>RPN1-MECOM</i>	AML with often normal or ↗ platelet count in peripheral blood; ↗ of atypical megakaryocytes in the bone marrow; multilineage dysplasia
t(1;22)(p13;q13)	<i>RBM15-MKL1</i>	Peripheral blood and bone marrow similar to the acute megakaryoblastic leukemia NOS <sup>1</sup> , cf. p.156

*Provisional entities : AML with NPM1 or CEBPA mutations (cf. p.157)*

<sup>1</sup>NOS : Not Otherwise Specified

# ACUTE MYELOID LEUKEMIA (AML) *WHO CLASSIFICATION 2008 (2)*

## ACUTE MYELOID LEUKEMIA WITH MYELOYDYSPLASIA RELATED CHANGES

- AML from previous MDS or MDS / MPN
- AML with MDS-related cytogenetic anomaly
- AML with multilineage dysplasia

## THERAPY-RELATED MYELOID NEOPLASMS (t-AML, t-MDS, t-MDS / MPN)

Alkylating agents, ionizing radiation therapy, topoisomerase II inhibitors, antimetabolites, antitubulin agents

## ACUTE MYELOID LEUKEMIA, NOS<sup>1</sup>

cf. p.155-156

- Acute basophilic leukemia
- Acute panmyelosis with myelofibrosis

## MYELOID SARCOMA

## MYELOID PROLIFERATIONS RELATED TO DOWN SYNDROME

## BLASTIC PLASMACYTOID DENDRITIC CELL NEOPLASM

## ACUTE LEUKEMIAS OF AMBIGUOUS LINEAGE

- Acute undifferentiated leukemia
- Mixed phenotype acute leukemia with t(9;22)(q34;q11.2); *BCR-ABL1* : B (or T) and myeloid lineages
- Mixed phenotype acute leukemia with t(v;11q23); *MLL* rearranged
- Mixed phenotype acute leukemia B / myeloid, NOS<sup>1</sup>
- Mixed phenotype acute leukemia T / myeloid, NOS<sup>1</sup>

<sup>1</sup> NOS : Not Otherwise Specified

# ACUTE MYELOID LEUKEMIA (AML)

## WHO CLASSIFICATION 2008 (3)

### ACUTE MYELOID LEUKEMIA , NOS

*With minimal differentiation :*

**Blasts  $\geq 20\%$  of NMC<sup>1</sup>, P<sup>2</sup> + and SB<sup>3</sup> + < 3%, presence of myeloid markers : CD34 +, CD13 + and / or CD117 +, CD33 + (60%); T-marker : CD7 + (40%)**

*Without maturation :*

**Blasts  $\geq 90\%$  of NENC<sup>4</sup>, P + and SB +  $\geq 3\%$ , promyelocytes  $\rightarrow$  neutrophils  $\leq 10\%$  of NENC, CD34 +, CD13 +, CD33 +, CD117 +, generally CD15 -, CD65 -**

*With maturation :*

**Blasts 20-89% of NENC, P+, SB+, promyelocytes  $\rightarrow$  neutrophil  $\geq 10\%$  of NENC, CD34 +, CD13 +, CD33 +, CD65 +, CD11b +, CD15 +**

*With myelomonocytic differentiation :*

**Blasts 20-79% of NENC. Monoblasts  $\rightarrow$  monocytes  $\geq 20\%$  of NENC and / or monocytosis in peripheral blood  $\geq 5 \text{ G / L}$ , P+, ANBE<sup>5</sup> +, DE<sup>6</sup> +, CD34 +, CD13 +, CD33 +, CD65 +, CD15 + [monocytic differentiation : CD14 +, CD4 +, CD11b +, CD11c +, CD64 +, CD36 +, CD68 + (PGM1<sup>7</sup>), CD163 +, lysozyme +]**

<sup>1</sup> NMC : Nucleated Marrow Cells; <sup>2</sup> P : Peroxydase; <sup>3</sup> SB : Sudan Black; <sup>4</sup> NENC : Non Erythroid Nucleated Cells

<sup>5</sup> ANBE :  $\alpha$ -naphthyl-butyrate esterase; <sup>6</sup> DE : double esterase ANBE + CAE (*chloroacetate esterase*); <sup>7</sup> PGM1 : phosphoglucomutase 1

# ACUTE MYELOID LEUKEMIA (AML) WHO CLASSIFICATION 2008 (4)

## ACUTE MYELOID LEUKEMIA, NOS (2)

With monoblastic or  
monocytic  
differentiation :

*Monoblastic* : **Monoblasts**  $\geq$  80% of NENC<sup>1</sup>

*Monocytic* : Monoblasts < 80% of NENC, presence of promonocytes and monocytes, P<sup>2</sup>  $\pm$ , ANBE<sup>3</sup> +, CD34 +, CD13 +, CD33 +, CD15 +, CD65 +, CD14 +, CD4 +, CD11b +, CD11c +, CD64 +, CD68 +, CD36 +, lysozyme +

With erythroblastic  
differentiation :

*Erythroleukemia (Erythroid / myeloid)* :  $\geq$  50% erythroid precursors (with signs of dysplasia, PAS<sup>4</sup>  $\pm$ , glycophorin +) of NMC<sup>5</sup>,  $\geq$  20% myeloblasts of NENC (myeloid markers of AML minimal or without differentiation)

*Pure erythroid leukemia* :  $\geq$  80% of dysplastic erythroid precursors (basophilia, vacuoles, PAS +, glycophorin +), without myeloblastic component

With megakaryoblastic  
differentiation :

**Blasts**  $\geq$  20% of NMC;  $\geq$  5% of blasts must express markers of megakaryocytic lineage : CD34 +, CD CD41 + (glycoprotein IIb/IIIa) and I or CD61 + (glycoprotein IIIa), CD42  $\pm$  (glycoprotein Ib), vW<sup>6</sup> +. Other markers : CD13  $\pm$ , CD33  $\pm$ , CD36 +

<sup>1</sup> NENC : Non Erythroid Nucleated Cells; <sup>2</sup> P : Peroxydase; <sup>3</sup> ANBE :  $\alpha$ -naphtyl-butyrates esterase; <sup>4</sup> PAS : Periodic acid-Schiff

<sup>5</sup> NMC : Nucleated Marrow Cells; <sup>6</sup> vW : von Willebrand

# PROGNOSTIC FACTORS IN ACUTE MYELOID LEUKEMIA (AML)

		FAVORABLE	UNFAVORABLE
Age		< 50 y	> 60 y
Karnofsky <sup>1</sup> Index		> 60%	< 60%
Phenotype		CD34 - MDR1 <sup>2</sup> neg	CD34 + MDR1 pos
Leukocytes (WBC)		< 30 G / L	> 30 G / L
Post chemo- and / or radiotherapy Prior hematological disorder (MPN, MDS, other)		No	Yes
Genetics		t(8;21), inv(16) / t(16;16), t(15;17)	Complex karyotypic anomalies, -5, -7, t(6;9), 3q26, 11q23 aberrations [except t(9;11) (p21;q23)]
Molecular genetic alterations	Mutations	<i>NPM1</i> <sup>3</sup> , <i>CEBPA</i> <sup>4</sup>	<i>FLT3</i> -ITD <sup>5</sup> , <i>MLL</i> -PTD <sup>6</sup> , <i>WT1</i> <sup>7</sup> , <i>KIT</i> (CD117) <i>NPM1</i> + <i>FLT3</i>
	Overexpression	Apoptosis promoters ( <i>bax</i> , ↗ <i>bax</i> / <i>BCL2</i> ratio)	<i>EVI1</i> <sup>8</sup> , <i>BAALC</i> <sup>9</sup> , Apoptosis inhibitors ( <i>BCL2</i> ) <i>ERG</i> <sup>10</sup> , <i>MN1</i> <sup>11</sup>

<sup>1</sup> Karnofsky Index : patient performance index, cf. next page; <sup>2</sup> MDR : Multidrug Resistance; <sup>3</sup> *NPM1* : Nucleophosmine, member 1; <sup>4</sup> *CEBPA* : CCAAT / Enhancer Binding Protein  $\alpha$  ; <sup>5</sup> *FLT3*-ITD : Fms-Like tyrosine Kinase 3-Internal Tandem Duplication (*Tyrosine kinase receptor*); <sup>6</sup> *MLL*-PTD : Myeloid / Lymphoid or Mixed Lineage Leukemia-Partial Tandem Duplication; <sup>7</sup> *WT1* : Wilms' Tumor 1; <sup>8</sup> *EVI1* : Ecotropic Viral Integration site 1; <sup>9</sup> *BAALC* : Brain and Acute Leukemia, Cytoplasmic; <sup>10</sup> *ERG* : ETS (*Erythroblast Transformation Specific*)-Related Gene; <sup>11</sup> *MN1* : Meningioma 1

## KARNOFSKY PERFORMANCE STATUS

LEVEL OF PERFORMANCE	%	CRITERIA
Normal activity No assistance needed	100	Normal, no complaints; no evidence of disease
	90	Able to carry on normal activity; minor signs or symptoms of disease
	80	Normal activity with effort; some signs or symptoms of disease
Impaired activity Ambulatory assistance needed	70	Cares for self; unable to carry on normal activity or to do active work
	60	Requires occasional assistance but is able to care for most of his / her needs
	50	Requires considerable assistance and frequent medical care
Assistance dependent Hospital care desirable	40	Disabled; requires special care and assistance
	30	Severely disabled; hospitalization is indicated although death not imminent
	20	Very sick; hospitalization necessary; active supportive treatment necessary
Terminal care	10	Moribund; fatal processes progressing rapidly
	0	Deceased

# ACUTE MYELOID LEUKEMIA

## THERAPEUTICAL PRINCIPLES

### SUPPORTIVE CARE

TREATMENT OF INFECTION  
TRANSFUSION SUPPORT (RBC, platelets)

### CHEMOTHERAPY

INDUCTION  
CONSOLIDATION  
INTENSIFICATION

### HEMOPOIETIC STEM CELL / BONE MARROW TRANSPLANTATION

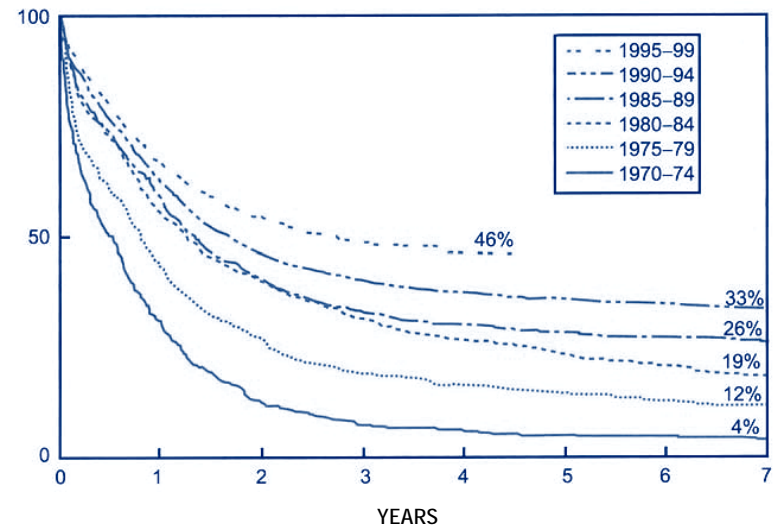
ALLOGENEIC (→ 60 y)  
MINI-ALLO TRANSPLANT

*Reduced intensity conditioning transplant*

Compatible sibling donor : 20-30% of patients  
have an HLA identical sibling donor

Unrelated donor

AUTOLOGOUS (peripheral blood stem cells / BM)



Survival improvement for patients 15-59 years of age from 1970-1999 (UK MRC : United Kingdom Medical Research Council)

*Burnett A.K. : Treatment of acute myeloid leukaemia in younger patients. Clinical Haematology 2001; 14 : 95-118.*

# TREATMENT OF ACUTE MYELOID LEUKEMIA

## CHEMOTHERAPY

CYTARABINE + ANTHRACYCLIN (*Daunorubicin, Idarubicin*) : "7 + 3"

CYTARABINE + MITOXANTRONE

TAD (6-Thioguanine + Cytarabine + Daunorubicin); Etoposide

Complete remission rate (*after 1<sup>st</sup> or 2<sup>nd</sup> induction cycle*), survival rate after consolidation and intensification : highly variable in relation with presence of main adverse risk factors or not :

Age > 60 years

Low performance index

Adverse cytogenetic and / or molecular anomalies

History of chemotherapy or radiation exposition

History of myelodysplasia or other hematological disorder

Improvement of survival after autologous or allogeneic hematopoietic stem cell transplantation (*with reduced intensity conditioning for patients over 60*)

Relapse free 5 year survival rate (allogeneic HLA-identical donor) : 18-59%

ATRA (all-trans retinoic acid) + Cytarabine and Anthracyclin :

Acute promyelocytic leukemia t(15;17)(q24;q21); *PML-RARA*

### TREATMENT OF RELAPSE<sup>1</sup>

*Fludarabine, Decitabine, Clofarabine, inhibitors of farnesyltransferase (Tipifarnib), of MDR1<sup>2</sup>, BCL2<sup>3</sup>, FLT3<sup>4</sup>, tyrosine kinase (if KIT mutation), antiangiogenic drugs (anti-VEGF : Bevacizumab), anti-CD33 (Gemtuzumab, Lintuzumab), Arsenic trioxide for acute promyelocytic leukemia*

<sup>1</sup> Most mentioned new drugs (*apart from arsenic trioxide*) are still on clinical trials

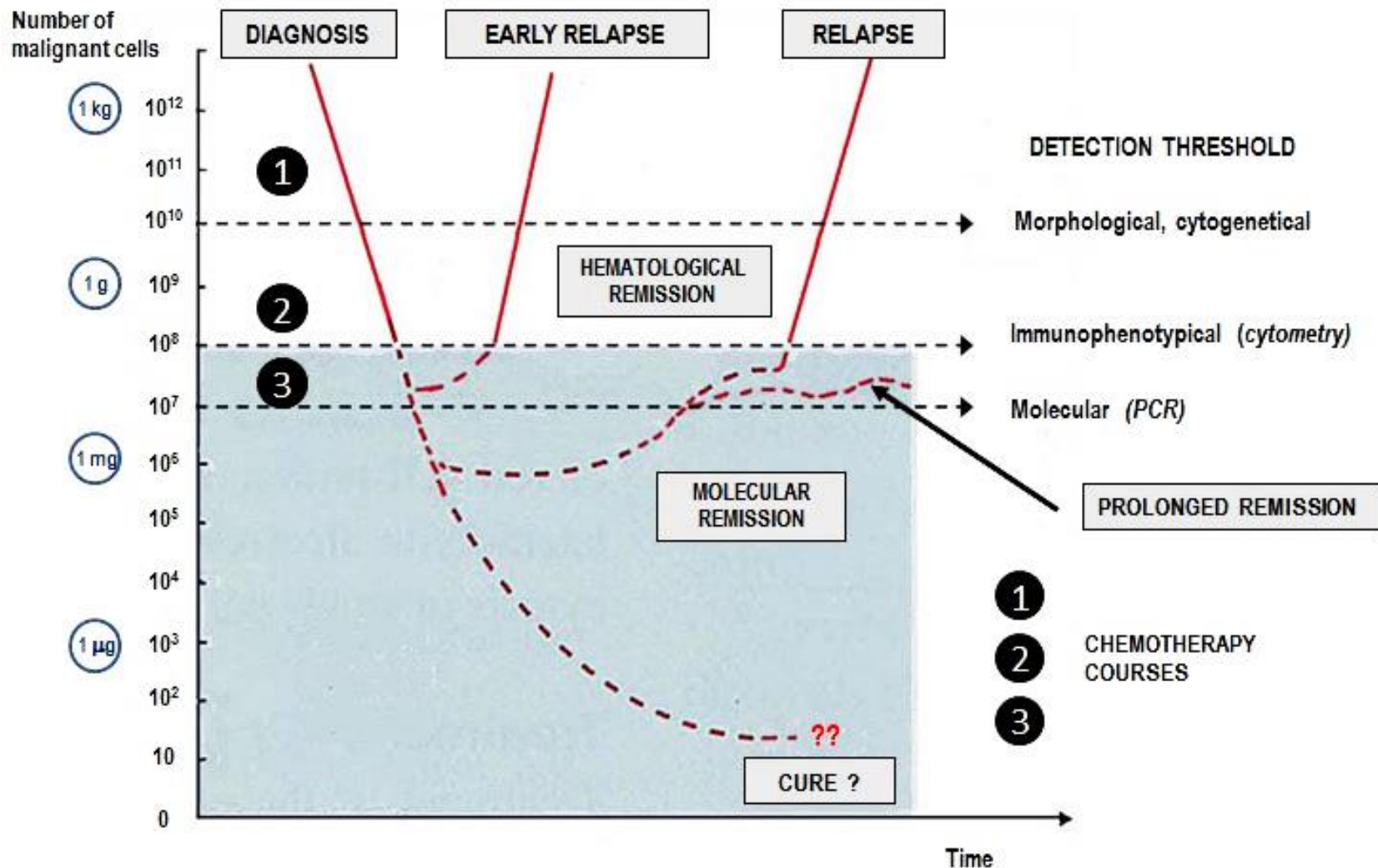
<sup>2</sup> MDR : Multidrug Resistance

<sup>3</sup> BCL2 : B-Cell Leukemia / Lymphoma 2 (*protooncogene, inhibitor of apoptosis*)

<sup>4</sup> FLT3 : Fms-Like tyrosine Kinase 3 (*tyrosine Kinase receptor*)

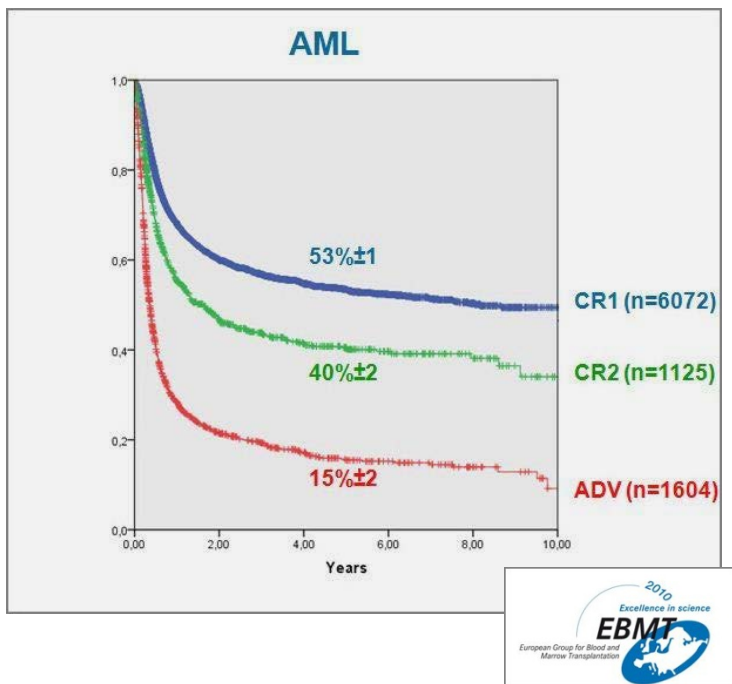


# KINETICS OF LEUKEMIC CELLS UNDER TREATMENT

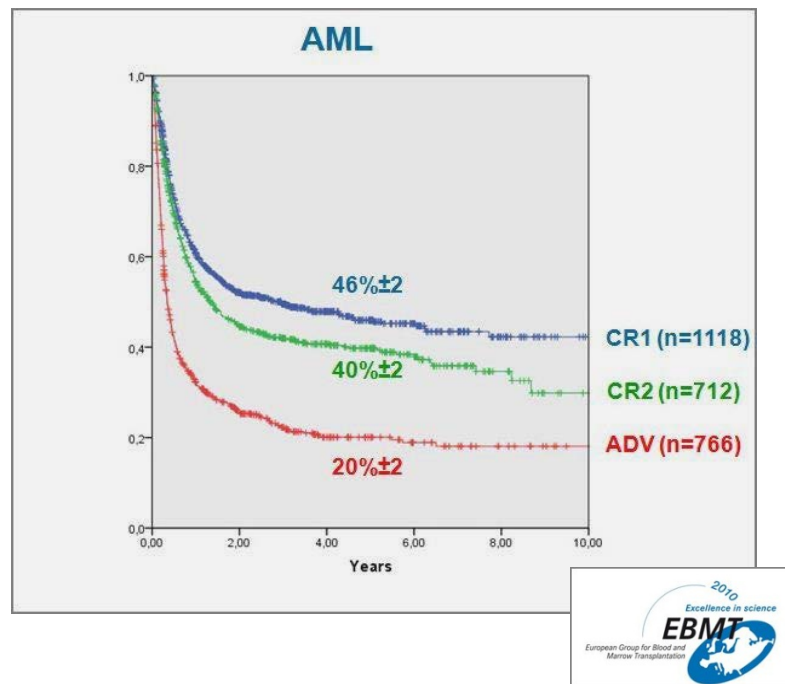


# ACUTE MYELOID LEUKEMIA : ALLOGENEIC TRANSPLANTATION

ADULTS TRANPLANTED BETWEEN 1999 AND 2009  
ALLOGENEIC TRANSPLANT  
HLA COMPATIBLE SIBLING DONOR



ADULTS TRANPLANTED BETWEEN 1999 AND 2009  
ALLOGENEIC TRANSPLANT  
UNRELATED HLA COMPATIBLE DONOR



Modified from EBMT Registry 2010 European Group for Blood and Marrow Transplantation.

# LYMPHOID NEOPLASMS<sup>1</sup>

*(WHO 2008)*

## PRECURSOR B-CELL OR T-CELL NEOPLASMS

B-cell lymphoblastic leukemia / lymphoma

T-cell lymphoblastic leukemia / lymphoma

## MATURE B-CELL NEOPLASMS [\(cf. p. 175-195\)](#)

## MATURE T-CELL AND NK-CELL NEOPLASMS [\(cf. p. 196-200\)](#)

## HODGKIN LYMPHOMA [\(cf. p. 201-204\)](#)

## IMMUNODEFICIENCY-ASSOCIATED LYMPHOPROLIFERATIVE DISORDERS

<sup>1</sup> Former lymphoproliferative syndromes, malignant lymphomas

# LYMPHOID NEOPLASMS (2)

## PROOF OF MONOCLONALITY

- Expression of one type only of light chain ( $\kappa$  or  $\lambda$ ) on the lymphocyte surface (B)
- Rearrangement of Ig genes (B)
- Presence of paraprotein (B)
- Rearrangement of TCR<sup>1</sup> genes (T)
- Cytogenetics (B,T, NK)

## CLINICAL CONDITION

### PERFORMANCE STATUS OF THE EASTERN COOPERATIVE ONCOLOGY GROUP (ECOG)

GRADE	ECOG
0	Fully active, able to carry on all pre-disease performance without restriction
1	Restricted in physically strenuous activity but ambulatory and able to carry out work of a light or sedentary nature
2	Ambulatory and capable of all selfcare but unable to carry out any work activities. Up and about < 50% of waking hours
3	Only capable of limited selfcare, confined to bed or chair > 50% of waking hours
4	Completely disabled. Cannot carry on any selfcare. Totally confined to bed or chair

## PROGNOSTIC FACTORS

Histology (*low grade* → *high grade*)

Staging

Tumor volume ("*bulky*")

Performance status (*ECOG score*)

LDH serum level

Presence or not of inflammatory syndrome

## CLINICAL BEHAVIOUR (*survival without treatment*)

Indolent

*years*

Aggressive

*months*

Highly aggressive

*weeks*

<sup>1</sup> TCR : T-Cell Receptor

## LYMPHOID NEOPLASMS (3)

### *STAGING (ANN ARBOR CLASSIFICATION)*

STAGES	EXTENSION
I	Involvement of single lymph node region
IE	Limited involvement of single extralymphatic organ or site
II	Involvement of two or more lymph node regions on the same side of the diaphragm alone
IIE	With involvement of limited contiguous extralymphatic organ or tissue
III	Involvement of lymph node regions on both sides of the diaphragm
IIIS	With spleen involvement
IIIE	With limited, contiguous extralymphatic organ or site
IIIES	With limited involvement of contiguous extralymphatic organ or site and spleen
IV	Diffuse or disseminated foci of involvement of one or more extralymphatic organ(s) or tissue(s) ( <i>digestive tract, liver, lung, bone marrow, bone...</i> ) with or without associated lymphatic involvement

# LYMPHOID NEOPLASMS (4)

## INITIAL ASSESSMENT

### Lymph node or tissue biopsy

(Histology, immunophenotyping, molecular biology, cytogenetics)

### Staging :

Clinical examination

CT-scan (if indicated PET-CT)

Bone marrow cytology and histology  
(Spinal tap : CSF<sup>1</sup> examination)

### Evaluation of prognosis :

Histological type (*low grade vs. high grade malignancy*)

IPI<sup>2</sup> score or aalPI<sup>3</sup> (*aggressive lymphoid neoplasms*) : **1 pt. / criterion**

Clinical condition (*ECOG<sup>4</sup> score*) **0 - 1 vs. ≥ 2**

Ann Arbor I-II vs. III-IV

Extranodal involvement **0-1 vs. > 1 site**

LDH ≤ normal value vs. > normal level

### Assessment of possible etiology :

History of immunosuppression (EBV)

Prior chemotherapy and / or radiotherapy

HIV, HTLV-1 serology

### Further tests :

ECG, creatinin, calcemia, liver tests, search of paraprotein,  $\beta_2$ -microglobulin

IPI SCORE	TX WITHOUT RITUXIMAB OVERALL SURVIVAL AT 5 YEARS (%)	TX WITH RITUXIMAB OVERALL SURVIVAL AT 3 YEARS (%)
0 - 1	73	91
2	51	81
3	43	65
4 - 5	26	59

### Age ≤ 60 years vs. > 60 years

aalIPI SCORE	≤ 60 YEARS OLD OVERALL SURVIVAL AT 5 YEARS (%)	> 60 YEARS OLD OVERALL SURVIVAL AT 5 YEARS (%)
0	83	56
1	69	44
2	46	37
3	32	21

Modified from Freedman A.S. & Friedberg J.V. : Evaluation, staging and prognosis of non-Hodgkin lymphoma.; January 2013, UpToDate.

<sup>1</sup> CSF : Cerebrospinal fluid   <sup>2</sup>IPI : International Prognostic Index   <sup>3</sup> aalPI : age adjusted IPI, 3 prognostic factors : ECOG + Ann Arbor + LDH

<sup>4</sup> ECOG : Eastern Cooperative Oncology Group

# LYMPHOID NEOPLASMS (5)

## TREATMENT

### HIGHLY AGGRESSIVE LYMPHOID NEOPLASM (e.g. Precursor B- or T-cell lymphoblastic leukemia / lymphoma)

CHOP<sup>1</sup>, DHAP<sup>2</sup>...

Intensification with autologous transplantation or stem cell reinfusion

*Overall 5 years survival about 25%*

### AGGRESSIVE LYMPHOID NEOPLASM (e.g. diffuse large B-cell lymphoma)

CHOP, MACOP-B<sup>3</sup>, BACOP<sup>4</sup>, ACVP<sup>5</sup>, CHOP<sup>1</sup> + Rituximab (anti-CD20)

Intensification + autologous transplant

*Overall 5 years survival about 30-40% (dependent on IPI score, cf. previous page)*

### INDOLENT LYMPHOID NEOPLASM (e.g. follicular lymphoma grade 1-2)

Radiation therapy,  $\alpha$ -Interferon, purine analogues (Fludarabine, Cladribine), monoclonal antibodies :

Rituximab (Mabthera<sup>®</sup>) alone or in combination, radioimmunoconjugates : Ibritumomab (Zevalin<sup>®</sup>), CVP<sup>6</sup>, CHOP<sup>1</sup>

*Overall 5 years survival about 50-70%*

<sup>1</sup>CHOP : Cyclophosphamide + Doxorubicin + Vincristine + Prednisone

<sup>2</sup>DHAP : Dexamethasone + Cisplatin + Cytarabine

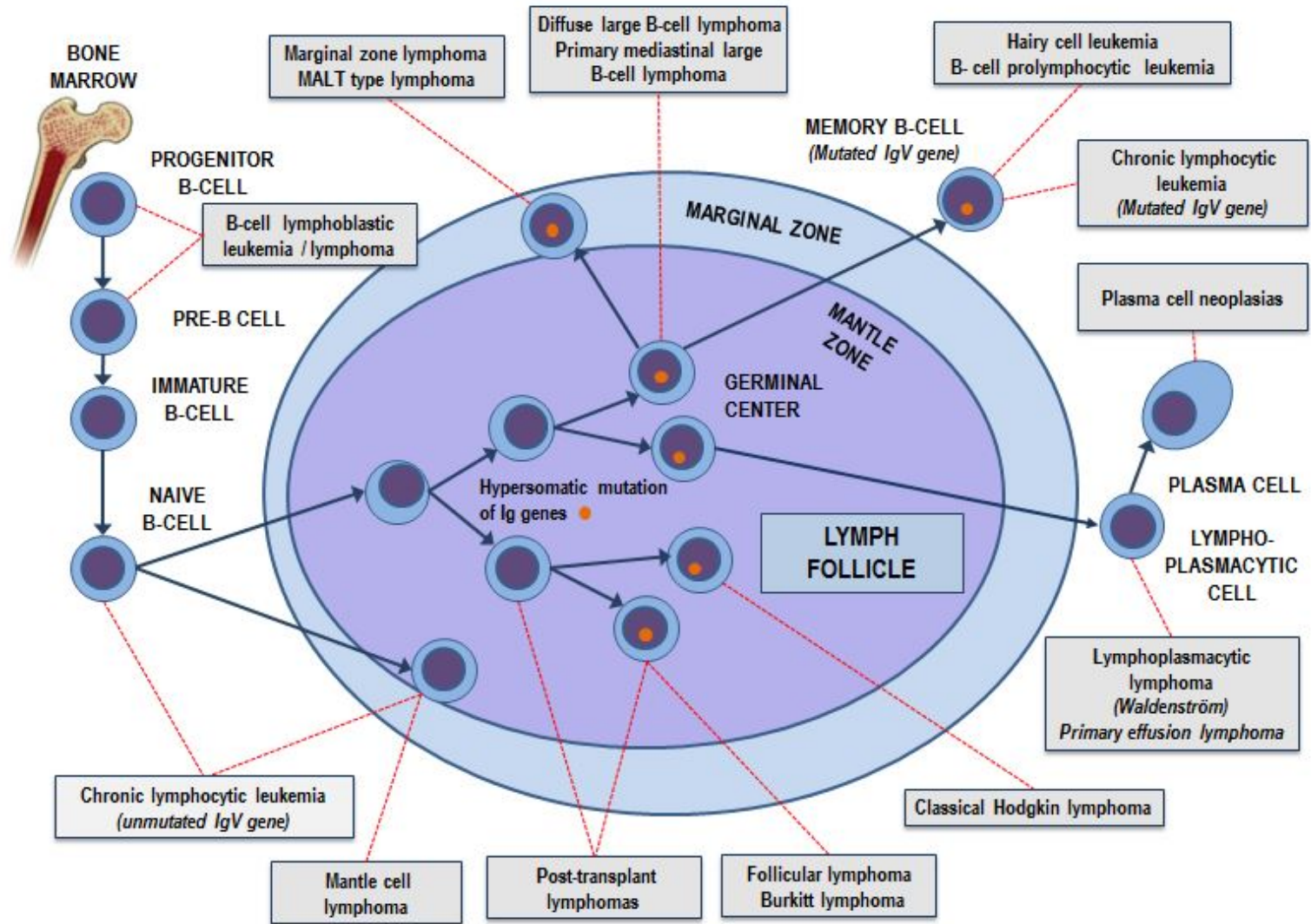
<sup>3</sup>MACOP-B : Methotrexate + Doxorubicin + Cyclophosphamide + Vincristine + Bleomycin + Prednisone

<sup>4</sup>BACOP : Cyclophosphamide + Doxorubicin + Vincristine + Bleomycin + Prednisone

<sup>5</sup>ACVP : Doxorubicin + Cyclophosphamide + Vincristine + Prednisone

<sup>6</sup>CVP : Cyclophosphamide + Vincristine + Prednisone

# B-CELL DIFFERENTIATION RELATIONSHIP TO MAJOR B-CELL NEOPLASMS





## PRECURSOR B OR T-CELL LYMPHOID NEOPLASMS

### LYMPHOBLASTIC LEUKEMIA / LYMPHOMA

B-cell lymphoblastic leukemia / lymphoma, NOS<sup>1</sup> (B-ALL / B-LL)

B-cell lymphoblastic leukemia / lymphoma with recurrent genetic anomalies

T-cell lymphoblastic leukemia / lymphoma

<sup>1</sup> NOS : Not Otherwise Specified

## B-CELL LYMPHOBLASTIC LEUKEMIA / LYMPHOMA, NOS

### B ACUTE LYMPHOBLASTIC LEUKEMIA (B-ALL)

Bone marrow usually involved, peripheral  
blood frequently

Extramedullary involvement

Central nervous system

Lymph nodes, spleen, liver

Testes

Pancytopenia

Leukocyte count decreased, normal or very high

### B LYMPHOBLASTIC LYMPHOMA (B-LBL)

Most frequent sites of involvement

Skin

Soft tissues

Bone marrow

Lymph nodes

## B-CELL LYMPHOBLASTIC LEUKEMIA / LYMPHOMA WITH RECURRENT GENETIC ANOMALIES

CYTOGENETICS	FUSION TRANSCRIPT	PROGNOSIS
t(9;22)(q34;q11.2)	<i>BCR-ABL 1</i>	very poor
t(v;11q23)	<i>MLL rearranged</i>	poor
Hypodiploidy (< 46 chromosomes)		poor
t(1;19)(q23;p13.3)	<i>TCF3-PBX1</i>	intermediate
t(5;14)(q31;q32)	<i>IL3-IGH</i>	intermediate
t(12;21)(p13;q22)	<i>ETV6-RUNX1</i>	good <sup>1</sup>
Hyperdiploidy (51-65 chromosomes)		good <sup>1</sup>

<sup>1</sup> In absence of adverse prognostic factors : age > 10 years, higher initial WBC count, slow response to initial therapy, minimal residual disease after therapy, CNS involvement at diagnosis

## T-CELL LYMPHOBLASTIC LEUKEMIA / LYMPHOMA

Frequent mediastinal (*thymic*) involvement

Lymphadenopathies

Extranodal sites : skin, tonsils, liver, spleen, central nervous system, testes

High leukocyte count

High risk disease in childhood (*induction failure, early relapse, isolated CNS relapse*)

In adults, better prognosis than for B-ALL with adverse prognostic cytogenetic anomalies

# LYMPHOBLASTIC LEUKEMIA / LYMPHOMA

## IMMUNOLOGICAL MARKERS

### B-ALL :

PRO-B or EARLY PRE-B CD10 -

EARLY PRE-B or EARLY PRE-B CD10 +  
or COMMON PRE-B ALL

PRE-B

B MATURE (type Burkitt ALL) [cf. p.185](#)

MARKERS	PRO-B	EARLY PRE-B	PRE-B	B MATURE
CD19	+	+	+	+
CD10	-	+	+	-
CD20	-	+ / -	+	+
CD22	+ cyto	+	+	+
CD34	++	+	-	-
HLA-DR	+	+	+	+
TdT	+++	++	+	+ / -
cIgM <sup>1</sup>	-	-	+	
sIgM <sup>2</sup>	-	-	-	+

### T-ALL :

PRE-T

EARLY-T

T CORTICAL

T MATURE OR MARROW T

MARKERS	PRE-T	EARLY-T	T CORTICAL	T MATURE
CD7	+	+	+	+
CD2	-	+	+	+
CD5	-	+	+	+
CD1a	-	-	+	-
cCD3 <sup>1</sup>	+	+	-	-
CD3	-	-	+ / -	+
CD4 & CD8	-	-	+	-
CD4 or CD8	-	-	-	+
TdT	+	+	+	+

<sup>1</sup> cIgM, cCD3 : Intracytoplasmic IgM, CD3

<sup>2</sup> sIgM : IgM expressed on cell surface

# TREATMENT OF LYMPHOBLASTIC LEUKEMIA / LYMPHOMA

## PREDNISONE - VINCRISTINE - ANTHRACYCLINS - MITOXANTRONE - ASPARAGINASE

PRINCIPLES : Induction - Consolidation - Maintenance

RESULTS :  
 Adults<sup>1</sup> (1991-2002) : CR\* : 64-93%  
 DFS\*\* : 20-42% (at 5 years)  
 Children<sup>2</sup> : CR\* : 88-96% (2 children / 3 cured at 5 years)

ALL <i>BCR-ABL</i> 1+	Chemotherapy alone (historical controls) <sup>3</sup>	Chemotherapy + Imatinib (%) (n = 45) <sup>4</sup>
Hematological CR*	71	96
Molecular CR*		29
Overall survival (at 18 months)	39	65
DFS** (at 18 months)	31	51

Followed, if possible, (age ≤ 55 years, related or unrelated donor) by bone marrow / stem cell transplantation in CR

\*CR : Complete Remission  
 \*\*DFS : Disease Free Survival

### Developments of therapeutical possibilities :

#### Stratification for risk factors

*Allograft in patients with unfavorable risk factors, early autologous transplantation with peripheral blood progenitor cells*

*Nucleosidic analogues (Clofarabine, Nelarabine), FMdC (ribonucleotide reductase inhibitor), Trimetrexate (dihydrofolate reductase inhibitor), liposomal Vincristine, Flavopiridol (Cyclin-Dependent Kinase (CDK) inhibitor), monoclonal antibodies (anti-CD20, anti-CD52)*

*Arsenic trioxide, proteasome or tyrosine kinase inhibitors<sup>5</sup>*

<sup>1</sup> Hoelzer D., Gökbuget N. : Acute lymphocytic leukemia in adults, in Hoffman R. et al., Hematology : Basic Principles and Practice 2005; Elsevier : p. 1181.

<sup>2</sup> Rivera G.K., Crist W.M. : Acute Lymphoblastic Leukemia, in Handin R.I. et al., Blood : Principles & Practice of Hematology 1995; J.P. Lippincott : p. 758.

<sup>3</sup> Larson R.A. : Induction therapy for Philadelphia chromosome positive acute lymphoblastic leukemia in adults; January 2013, UpToDate.

<sup>4</sup> Labarthe A. et al. : Imatinib combined with induction or consolidation chemotherapy in patients with de novo Philadelphia chromosome-positive acute lymphoblastic leukemia : results of the GRAAPH-2003 study. Blood 2007; 109 : 1408-1413.

<sup>5</sup> Thomas D.A. et al. : New agents in the treatment of acute lymphocytic leukaemia. Clinical Haematology 2002; 15 : 771-790.

# MATURE B-CELL LYMPHOID NEOPLASMS

## CHRONIC LYMPHOCYTIC LEUKEMIA (CLL)

### DEFINITION

Monoclonal B-cell lymphoid proliferation

### SYMPTOMS AND CLINICAL FEATURES

Fortuitous diagnosis

Lymph node enlargement

Splenomegaly

Relapsing infections

Severe anemic syndrome

Hemorrhagic manifestations

### BLOOD PICTURE

Relative and absolute lymphocytosis

Monoclonality shown by cell surface markers :

Coexpression of CD5 / CD19

$\kappa$  or  $\lambda$  expression

### CLASSIFICATION *(cf . next page)*

Rai

Binet

# CHRONIC LYMPHOCYTIC LEUKEMIA (2)

## RAI CLASSIFICATION (1975)

STAGE	CRITERIA	MEDIAN SURVIVAL (MONTHS)
0	Isolated monoclonal lymphocytosis (peripheral blood and bone marrow)	150
I	0 + lymphadenopathies <sup>1</sup>	101
II	0 and I + splenomegaly <sup>2</sup> and / or hepatomegaly <sup>2</sup>	71
III	0 and Hb < 100 g / L ± tumoral syndrome	19
IV	0 and platelets < 100 G / L ± tumoral syndrome	19

## BINET CLASSIFICATION (1981)

STAGE	LYMPHOID SITES <sup>3</sup>	Hb AND PLATELETS	MEDIAN SURVIVAL (MONTHS)
A	< 3	Hb ≥ 100 g / L Platelets ≥ 100 G / L	Comparable to age-matched control
B	≥ 3		84
C	Irrelevant	Hb < 100 g / L <u>or</u> Platelets < 100 G / L	24

<sup>1</sup> Cervical, axillary, inguinal lymph nodes on clinical examination

<sup>2</sup> On abdominal palpation

<sup>3</sup> Cervical, axillary, inguinal lymph nodes, splenomegaly and hepatomegaly on clinical examination



# CHRONIC LYMPHOCYTIC LEUKEMIA (3)

## COURSE AND COMPLICATIONS

Infection secondary to :

B-cell immunological defect

Potential neutropenia (*mainly secondary to chemotherapy*)

Autoimmune manifestation<sup>1</sup>

Hemolytic anemia with positive direct Coombs test (*advanced stage : 11%*)

Immune thrombocytopenia (*early stage : 2-3%*)

Pure red cell aplasia / Erythroblastopenia (*early stage : 6%*)

Prolymphocytoid transformation (~ 10%)

Transformation to diffuse large B-cell lymphoma (DLBCL) : Richter syndrome (1-10%)

↗ risk of developing another neoplasm : bone, skin, thyroid, ENT region, lung

## DIFFERENTIAL DIAGNOSIS

Viral or bacterial lymphocytosis (*cf. p.114*)

Other lymphoid neoplasm

<sup>1</sup> Diehl L.F., Ketchum L.H.: Autoimmune disease and chronic lymphocytic leukemia : autoimmune hemolytic anemia, pure red cell aplasia, and autoimmune thrombocytopenia. *Semin Oncol* 1998; 25 : 80-97.

## CHRONIC LYMPHOCYTIC LEUKEMIA (4) PROGNOSTIC FACTORS

PARAMETER	FAVORABLE	UNFAVORABLE
Rai or Binet stages	Low	High
Bone marrow lymphocytic infiltration	Focal	Diffuse
Peripheral lymphocytosis doubling time	> 12 months	< 12 months
Immunophenotyping	CD38 -, ZAP-70 <sup>-1</sup>	CD38 +, ZAP 70 +, ↗ CD20, ↗ CD52
Conventional cytogenetics or FISH	Normal karyotype Del(13)(q14.3) isolated	Del(11)(q22.3) Del(17)(p13.1) / TP53 anomalies
IgV genes ( <i>variable region of immunoglobulins</i> )	Mutated	Unmutated
Others		Dysfunction or ↗ of p53 expression ↗ TNF- $\alpha$ , $\beta_2$ -microglobulin, IL-6, 8, 10, LDH, VEGFR-2 <sup>2</sup>

<sup>1</sup> ZAP-70 : Zeta chain-Associated Protein : tyrosine kinase restricted to T- and NK-lymphocytes under normal physiological conditions

<sup>2</sup> Vascular Endothelial Growth Factor Receptor-2

# CHRONIC LYMPHOCYTIC LEUKEMIA (5)

## TREATMENT

"Wait and watch" as long as possible

**Alkylating agents** (*Chlorambucil, Bendamustine*)

**Purine analogues** (*Fludarabine, Cladribine*)

**Polychemotherapy** (*CVP<sup>1</sup>, CHOP<sup>1</sup>*)

**Proapoptotic drugs (monoclonal antibodies)** : *Rituximab : anti-CD20, Alemtuzumab (MabCampath) : humanized anti-CD52, Ofatumumab : humanized anti-CD20* (↗ affinity for CD20)

**Lenalidomide** (*relapsing or refractory CLL*)

**Steroids**

**Polyvalent immunoglobulin concentrates** (*in case of relapsing infections related to B immunological defect*)

**Allogeneic transplantation**

(*< 50 years, HLA identical donor, disease with rapid evolution. 5 years relapse free survival : 44%*)

**Splenectomy** (*possibly splenic irradiation*) : *in case of very large painful spleen with severe cytopenias*

<sup>1</sup> cf. p.167

## PROLYMPHOCYTIC B-CELL LEUKEMIA (PLL-B)

Large splenomegaly, few or absent lymphadenopathies

Lymphocytosis > 100 G / L, anemia and thrombocytopenia (50% of cases)

Large cells with prominent nucleolus :

Treatment : CHOP (*cf. p.167*), purine analogues (*fludarabine, cladribine*), chemotherapy + Rituximab, splenectomy

Median survival : 30-50 months

Immunophenotype : CD19 +, CD20 +, CD22 +,  
CD23 + (10-20%), cCD79a +,  
CD79b +, FMC-7 +, CD5 + (20-30%)

Cytogenetics : del 17p, TP53 mutation (~ 50%),  
del 13q14 (~ 25%)

## HAIRY CELL LEUKEMIA (HCL)

Splenomegaly without lymphadenopathies

Pancytopenia

Leukocytes usually < 4 G / L, > 10 G / L (10-20%), exceptionally > 200 G / L, monocytopenia

Presence of tricholeukocytes, TRAP + (*Tartrate Resistant Alkaline Phosphatase*)

Bone marrow fibrosis

Complications : Recurrent infections  
Vasculitis or other immune disease  
Neurological disorders  
Bleeding occurrence  
Bone lesions

Treatment : Purine analogues (+ Rituximab),  $\alpha$ -interferon, splenectomy, anti-CD22 immunotoxins, anti-CD25

Overall survival at 10 years : > 90%

Immunophenotype : CD19 +, CD11c +, CD22 +,  
CD25 +, CD103 +, CD123 +

Immunohistochemistry : Annexin A1 +, Cyclin D1  $\pm$

## SPLENIC B-CELL MARGINAL ZONE LYMPHOMA (SMZL)

Splenomegaly

Variable presence in peripheral blood of villous lymphocytes

Occasionally autoimmune thrombocytopenia or anemia

Small monoclonal serum paraprotein *1/3 of cases*

Clinical course indolent

Treatment : splenectomy

Immunophenotype : CD20 +, cCD79a +, CD5 -,  
CD25 + / -, CD11c + / -, CD103 -,  
CD123 - (~ 3% of cases +)

## SPLENIC B-CELL LEUKEMIA / LYMPHOMA, UNCLASSIFIABLE

### *Splenic diffuse red pulp small B-cell lymphoma*

Frequently massive splenomegaly

Usually low lymphocytosis, presence of villous lymphocytes

Sometimes cutaneous infiltration (*pruritic papules*)

Indolent lymphoma, not curable; beneficial effect of splenectomy

Immunophenotype : CD20 +, CD25 -, CD5 -, CD103 -,  
CD123 -, CD11c -, CD10 -, CD23 -,  
IgG +, IgD -

Immunohistochemistry : Annexin A1 -

### *Hairy cell leukemia-variant (HCL-v) - "Prolymphocytic variant of HCL"*

Average WBC count ~ 35 G / L, ⚡ platelets (~ 50%), ⚡ RBC (~ 25%)

Lymphocytes : hybrid features of prolymphocytic leukemia and  
classical hairy cell leukemia

Absence of monocytopenia

Treatment : Rituximab, anti-CD22 immunotoxin

Usually no response to purine analogues and to  $\alpha$ -Interferon

Cytochemistry : TRAP - or weakly +  
Immunophenotype : Identical to classical HCL  
except : CD25 -, CD123 - / +

# LYMPHOPLASMACYTIC LYMPHOMA WALDENSTRÖM MACROGLOBULINEMIA

Lymphoplasmacytic bone marrow infiltration

Splenomegaly, hepatomegaly and / or adenopathy in 15-30% of patients

Peripheral blood may be involved : mixture of small and large lymphocytes, sometimes with eccentric nucleus and pronounced cytoplasmic basophilia

Mainly IgM paraproteinemia (WM) : hyperviscosity syndrome (IgM > 30 g / L)

Possible cryoglobulinemia (~ 10%) (*Raynaud phenomenon, vasculitis*)

Anemia of variable severity

Hemodilution

Bone marrow failure

Autoimmune hemolytic anemia (*cold agglutinins*)

Polyneuropathy with sensory and motor defect (*anti-MAG<sup>1</sup> antibodies*)

Bleeding tendency (*thrombocytopenia + thrombopathy*)

Indolent lymphoid neoplasm

Differential diagnosis : IgM MGUS<sup>2</sup> (IgM < 30 g / L, no anemia, hepatosplenomegaly, adenopathies nor general symptoms; bone marrow lymphoplasmacytic cells < 10%)

Treatment :

Plasmapheresis if hyperviscosity syndrome

Rituximab alone or combined with purine analogues (*Fludarabine, Cladribine*)

CHOP<sup>3</sup>, corticosteroids, splenectomy

Relapse : Bortezomib, Everolimus (*immunosuppressive drug*), Imatinib,

Alemtuzumab, BCL2 anti-sense oligonucleotides, Perifosine (*Akt inhibitor*), allotransplant

Median survival : 5-10 years

<sup>1</sup> Myelin Associated Glycoprotein

<sup>2</sup> MGUS : Monoclonal Gammopathy of Unknown Significance

<sup>3</sup> cf. p.167

# FOLLICULAR LYMPHOMA

~ 20% of non Hodgkin lymphomas, median age : 60 years, sex ratio 1 : 1.7

Origin : Centrocytes and centroblasts from the germinal center of the lymph follicle

Histology : Follicular architecture with centrocytes (*cells of small to medium size with cleft nuclei*) and centroblasts  
 Aggressiveness dependent on the proportion of centroblasts : 1) grade I : 0-5 centroblasts / field;  
 2) grade II : 6-15 centroblasts / field; 3) grade III : > 15 centroblasts / field (*magnification : 40x*)

Localisations : Peripheral lymphadenopathies, hilar, mediastinal, spleen (40%), liver (50%), bone marrow (60-70%)  
 Tumor bulks of the digestive tract, urinary tract, with symptoms or not, epidural

B symptoms in 20% of cases : fever, sweats, weight loss

Immunophenotype : slg + (IgM : 50-60%, IgG : 40%), HLA-DR +, CD19 +, CD20 +, CD79a +, CD21 +, CD10 + (60%), CD5 -, CD11c -, CD23 - / +, CD43 -

Cytogenetics : t(14;18)(q32;q21) : ~ 85% of cases, with IgH / BCL2 rearrangement (overexpression of BCL2<sup>1</sup>), 3q27 anomalies, less frequent variants  
 t(2;18)(p12;q21), t(8;22)(q21;q11) and / or rearrangement BCL6 : 5-15% (more frequent in grade III aggressive follicular lymphomas)

Prognostic :

FLIPI<sup>2</sup> (Follicular Lymphoma International Prognostic Index)

*Risk factors (1 point / factor) :*  
 Age > 60 years  
 ≠ LDH  
 Hb < 120 g / L  
 Ann Arbor stages III-IV  
 # lymphatic sites > 4

Score	Risk groups	Survival rate at 5 years (%)	Survival rate at 10 years (%)
0-1	Low	91	71
2	Intermediate	78	51
3-5	High	52	36

Treatment :

Localized, asymptomatic type : "wait and watch"

Localized and symptomatic type : radiotherapy, possibility surgical excision

Aggressive type : Rituximab, radio-immunoconjugate anti CD20 (Ibritumomab, Ositumomab),

CVP or CHOP (*cf. p.167*) + Rituximab, Fludarabine + Rituximab

Allogeneic transplant (young patient with HLA identical donor)

<sup>1</sup> Oncogene inhibitor of apoptosis

# MANTLE CELL LYMPHOMA

~ 7% of non Hodgkin lymphomas, median age : 68 years, sex ratio : 3:1

Origin : Naïve B Lymphocytes of the mantle zone of lymphatic follicle

Histology : 1) Small cleaved cells, centrocytic type; 2) blastoid aggressive variant; 3) pleiomorphic aggressive variant

Localizations : Lymphadenopathies, splenomegaly (40-60%), bone marrow (> 60%), peripheral blood, digestive track, Waldeyer ring

B symptoms in > 1/3 of cases : fever, sweats, weight loss

Immunophenotype : sIgM ± IgD, λ light chains, CD19 +, CD20 +, CD5 + (rarely -), CD43 +, FMC-7 +, CD10 -, BCL6 -, CD23 - (or weak +)

Immunohistochemistry : Cyclin D1 (BCL1) + (> 90%)

Cytogenetics : Rearrangement of Ig, t(11;14)(q13;q32) : 50-65% by conventional genetics, ~ 100% by FISH or PCR

Prognosis : FLIPI<sup>1</sup> (*Follicular Lymphoma International Prognostic Index*) seems more reliable than IPI (*cf. previous page*) or even MIPI (*Mantle Cell Lymphoma International Prognostic Index*) based on age, performance index, LDH level and leukocyte count, ± Ki67 expression (*proliferation index*)

Risk factors (1 point / factor) :

Age > 60 years

⚡ LDH

Hb < 120 g / L

Ann Arbor, stages III-IV

# lymphatic sites > 4

Score	Risk group	Survival rate at 5 years (%)
0-1	Low	65
2	Intermediate	42
≥3	High	8

Treatment : Indolent type (absence of tumor bulk or general symptoms : "wait and watch")

Low aggressive type (scores 1-2) : CHOP or CVP (*cf. p.167*) ± Rituximab

Aggressive type (scores ≥ 3) : Hyper-CVAD (Cyclophosphamide + Vincristine + Doxorubicin + Dexamethasone) ± Rituximab, autologous graft

Refractory or relapsed disease : Bortezomib, Bendamustine + Rituximab, FCM (Fludarabine + Cyclophosphamide + Mitoxantrone) ± Rituximab, Cladribine, Temsirolimus (m-TOR inhibition), Thalidomide, Lenalidomide, Non myeloablative allogeneic transplant

<sup>1</sup> Møller M.B. and coll. : Mantle Cell lymphoma : prognostic capacity of the Follicular Lymphoma International Prognostic Index. *Br J Haematol* 2006; 133 : 43-49.



# BURKITT LYMPHOMA

- Types :** 1) Endemic (Africa); 2) Sporadic; 3) Linked to AIDS  
Association to EBV (*Epstein-Barr Virus*), mostly in endemic type
- Localization :** Frequent involvement of central nervous system in all 3 types  
Involvement of jaw and other facial bones in the endemic type  
Abdominal involvement (*ileocecal region*), ovaries, kidneys, breasts in the sporadic type  
Lymphadenopathies and bone marrow involvement in AIDS linked type
- Rapidly progressive, frequently bulky :** important abdominal tumor masses

**Treatment :** CODOX-M<sup>1</sup> / IVAC<sup>2</sup> + intrathecal Methotrexate  
EPOCH<sup>3</sup> + Rituximab (*patients > 60 years*)

**Variant type :** Acute lymphoblastic leukemia Burkitt type

- Blood and bone marrow involvement
- Blast cells with hyperbasophilic cytoplasm with vacuoles
- Frequent involvement of CNS at diagnosis
- Treatment : *cf. p.174 (treatment of lymphoblastic leukemia / lymphoma)*
- Extreme chemosensitivity (*risk of acute tumor lysis syndrome*)

**Immunophenotype :** sIgM +, CD19 +, CD20 +, CD22 +,  
CD10 +, BCL6 +, CD38 +, CD77 +,  
CD43 +, BCL2 ± (20%), TdT -, Ki67 +

**Cytogenetics :** t(8;14)(q24;q32), variants t(2;8)(p12;q24),  
t(8;22)(q24;q11)

*Overexpression of MYC oncogene, mostly through translocation to an immunoglobulin heavy chain gene*

<sup>1</sup> CODOX-M : Cyclophosphamide + Vincristine + Doxorubicin + Methotrexate high dose

<sup>2</sup> IVAC : Ifosfamide + Cytarabine + Etoposide

<sup>3</sup> EPOCH : Etoposide + Vincristine + Doxorubicin + Cyclophosphamide + Prednisone

# DIFFUSE LARGE B-CELL LYMPHOMA (DLCL)

~ 25% of non-Hodgkin lymphomas, more common in males than in females, median age at diagnosis : 68 years

Features : Cervical lymph node bulk or abdominal mass with rapid growth  
B symptoms (*fever, sweats, weight loss*) in 30% of cases  
Stage I-II (~ 40%), III-IV (~ 60%) at initial presentation  
Extranodal and extramedullary involvement (> 40%) :  
Digestive track (*stomach and ileocecal region*)  
Bone, testis, breast, spleen, Waldeyer ring, salivary gland, thyroid, liver, kidney, adrenal, skin, bone marrow (11-27%)

Morphology : large cells, prominent nucleoli and basophilic cytoplasm  
Main variants: Centroblastic  
Immunoblastic  
Anaplastic

Molecular subgroups: Germinal Centre B-cell-like : GCB  
Activated B-cell-like : ABC

Immunophenotype : sIg (50-75%) : sIgM > sIgG > sIgA, CD19 +, CD20 +, CD22 +, CD79a +, CD45 +, CD10 + (30-60%), CD5 - (10% +)  
Immunohistochemistry : expression of BCL2 + (25-80%), BCL6 + (60-90%), rearrangement of BCL6, Ki67 + (*proliferation index*) : > 40%  
Cytogenetics : t(14;18)(q32;q21) with BCL2 gene translocation (20-30%), 3q27 anomalies (BCL6 gene), MYC rearrangement (> 10%)

DLBCL subgroups : 1) T-cell / histiocyte rich DLBCL; 2) Primary CNS DLBCL; 3) Primary cutaneous leg type DLBCL;  
4) Chronic inflammation associated DLBCL

Prognosis : Depends on aIPI (*age adjusted International Prognostic Index*). cf. p.166

Treatment : Initial : CHOP (cf. p.167) or CEOP<sup>1</sup> + Rituximab, R-CEPP<sup>2</sup>, chemotherapy + radiotherapy ("Bulky")  
Intrathecal chemotherapy, surgery in case of spinal cord compression  
Refractoriness or relapse : R-ICE<sup>3</sup> followed by autologous stem cell transplant

<sup>1</sup> CEOP : Cyclophosphamide + Epirubicin + Vincristine + Prednisone; <sup>2</sup> R-CEPP : Rituximab + Cyclophosphamide + Etoposide + Procarbazine + Prednisone  
<sup>3</sup> R-ICE : Rituximab + Ifosfamide + Carboplatin + Etoposide

# PLASMA CELL NEOPLASMS

Clonal expansion of mature B cells,  
after isotypic switch of heavy chains,  
secreting a homogeneous  
immunoglobulin (= paraprotein)  
Occasional biconality

Presence of paraprotein is also  
called monoclonal gammopathy

1) IgG, IgA and light chains gammopathies :  
*Plasma cell neoplasms*

2) IgM and heavy chains gammopathies :  
a) *Lymphoplasmacytic lymphoma*  
(*Waldenström macroglobulinemia*)  
*cf. p.182*

b) *Heavy chain deposition diseases*

## WHO CLASSIFICATION 2008

**Monoclonal gammopathy of undetermined significance / MGUS**

**Plasma cell myeloma**

Asymptomatic ("smoldering") plasma cell myeloma

Symptomatic plasma cell myeloma

Non secretory plasma cell myeloma

*Plasma cell leukemia*

**Plasmacytoma**

Solitary plasmacytoma of bone

Extraosseous (extramedullary) plasmacytoma

**Immunoglobulin deposition diseases**

Primary amyloidosis

Systemic light and heavy chain deposition diseases

***Osteosclerotic myeloma (POEMS):*** *Polyneuropathy*

*Organomegaly:* *spleen, liver, lymph nodes*

*Endocrinopathy:* *diabetes, gynecomastia, testicular atrophy*

*M-component:* *monoclonal gammopathy*

*Skin:* *hyperpigmentation, hypertrichosis*

	HISTOLOGY	CLINICAL SITES
γ heavy chain disease	Lymphoplasmacytic lymphoma	Lymph nodes, Waldeyer ring, bone marrow, spleen, liver, blood
μ heavy chain disease	Chronic lymphoid leukemia	Spleen, liver, bone marrow, blood
α heavy chain disease (IPSID) <sup>1</sup>	Extranodal marginal zone lymphoma of mucosa associated lymphoid tissue (MALT) <sup>2</sup>	Small bowel, mesenteric lymph nodes

<sup>1</sup> IPSID : Immunoproliferative small intestinal disease

<sup>2</sup> MALT : Mucosa-Associated Lymphoid Tissue

# PLASMA CELL NEOPLASMS

## DIAGNOSIS

### DIAGNOSTIC WORK-UP

#### Paraprotein pattern

*Protein electrophoresis, immunofixation, quantitative immunoglobulins dosage (serum)*

*Free light chains (FLC),  $\kappa / \lambda$  ratio (serum)*

*Protein electrophoresis, immunofixation (urine)<sup>1</sup>*

#### Peripheral blood examination

*(inclusive platelets, reticulocytes and microscopic blood smear examination / RBC rouleaux formation)*

#### Blood chemistry:

*Creatinin, Calcium, Albumin, LDH,  $\beta_2$ -microglobulin, CRP, alkaline phosphatase, ALAT, ASAT*

#### Bone marrow examination

*Cytology and histology, immunophenotyping, cytogenetics and FISH<sup>2</sup>*

#### Radiology work-up

*Conventional Xray examination : spine, skull, pelvis and long bones, to be completed by CT / IRM (e.g. whole body) / PET-CT (Bone scintigram poorly reliable)*

**TYPES OF PARAPROTEINS<sup>1</sup> / FREQUENCY**

TYPE	%	TYPE	%
IgG	50	IgD, IgM, biconal	<10
IgA	20	Absence of paraprotein	~3
Light chains	20	IgE	<1

<sup>1</sup> PARAPROTEIN = MONOCLONAL IMMUNOGLOBULIN

<sup>1</sup> Not necessary in case of serum free light chains dosage with  $\kappa / \lambda$  ratio, except for amyloidosis work-up

<sup>2</sup> FISH : Fluorescent In Situ Hybridization

# PLASMA CELL NEOPLASMS

## FREE SERUM LIGHT CHAINS (FLC) AND $\kappa / \lambda$ FLC RATIO

Immunonephelometric measurement of free kappa ( $\kappa$ ) or lambda ( $\lambda$ ) monoclonal light chains in serum (FLC) is of diagnostic, prognostic and monitoring relevance

The result can also be expressed as the ratio of  $\kappa$  to  $\lambda$  free light chains amounts

Reference range :

FLC  $\kappa$  : 3.3 – 19.4 mg / L  
FLC  $\lambda$  : 5.7 – 26.3 mg / L  
 $\kappa / \lambda$  ratio : 0.26 – 1.65

Examples:

- FLC  $\kappa$  : 9.6 mg / L    FLC  $\lambda$  : 16.5 mg / L  
   $\kappa / \lambda$  ratio : 9.6 / 16.5 = 0.58 (normal)

- FLC  $\kappa$  : 2.5 mg / L    FLC  $\lambda$  : 32.8 mg / L  
   $\kappa / \lambda$  ratio : 2.5 / 32.8 = 0.076 (< 0.26)<sup>1</sup>

- FLC  $\kappa$  : 28.0 mg / L    FLC  $\lambda$  : 6.25 mg / L  
   $\kappa / \lambda$  ratio : 28.0 / 6.25 = 4.48 (> 1.65)<sup>2</sup>

<sup>1</sup> Low abnormal by excess of  $\lambda$  FLC

<sup>2</sup> High abnormal by excess of  $\kappa$  FLC

### INDICATIONS TO FLC AND $\kappa / \lambda$ RATIO MEASUREMENT

Replaces quantitative measurement of urine light chains by immunofixation in the work-up algorithm of monoclonal gammopathy documented by serum electrophoresis and immunofixation (*except for amyloidosis work-up*)

Diagnostic parameter of non secretory (or low secretory) plasma cell myeloma

Complementary diagnostic parameter of plasma cell myeloma with complete paraprotein

Risk parameter for MGUS evolution to plasma cell myeloma

Risk parameter for smoldering plasma cell myeloma to symptomatic myeloma

Risk parameter for progression of solitary plasmacytoma

Prognostic parameter (independent risk factor) for plasma cell myeloma

Monitoring parameter during and after treatment of plasma cell myeloma :

*Early treatment response indicator*

*Indicator of response quality (normalization of values allows the definition of a «stringent» complete remission)*

*Early relapse indicator*

*Modified from : Dispenzieri A. & al. International Myeloma Working Group guidelines for serum free light chain analysis in multiple myeloma and related disorders. Leukemia 2009; 23 : 215-224.*

# MGUS AND PLASMA CELL MYELOMA

## DIFFERENTIAL DIAGNOSIS / COURSE

### DIFFERENTIAL DIAGNOSIS OF MGUS, SMOLDERING AND SYMPTOMATIC PLASMA CELL MYELOMA

	MGUS	SMOLDERING MYELOMA	SYMPTOMATIC MYELOMA
Plasma cells ( <i>Bone marrow</i> )	< 10%	≥ 10%	>10%
Monoclonal immunoglobulin (Ig)	< 30 g / L ⚡ other Ig : 30-40% of cases FLC <sup>1</sup> no / slight ⚡	> 30 g / L <sup>2</sup> ⚡ other Ig : > 90% of cases FLC <sup>1</sup> ⚡. κ / λ ratio abnormal	> 30 g / L <sup>2</sup> ⚡ other Ig usual FLC <sup>1</sup> ⚡. κ / λ ratio abnormal
CRAB <sup>3</sup>	0	0	CRAB <sup>3</sup> + / ++

<sup>1</sup> FLC : Free Light Chain (serum). κ / λ ratio : ratio of FLC κ amount to FLC λ amount

<sup>2</sup> A paraprotein level > 30 g / L is not mandatory. Lower levels do not exclude plasma cell myeloma if other criteria present

<sup>3</sup> CRAB : Myeloma related organ involvement : Hypercalcemia (C), Renal failure (R), Anemia (A), Bone lesions (B)

### RISK OF MGUS OR SMOLDERING MYELOMA PROGRESSION RELATION TO κ / λ RATIO

The measurement of FLC and κ / λ ratio is a key parameter for the follow-up of MGUS or indolent plasma cell myeloma. It is a reliable, independent risk factor

Initial measurement allows to define a patient **group with excellent prognosis** for whom follow-up may be done at large intervals (*e.g. yearly*)

	PROGNOSTIC CRITERIA	RISK OF PROGRESSION	% PATIENTS
<b>MGUS</b>	normal κ / λ ratio <sup>1</sup> paraprotein < 15 g / L IgG type	< 5% at 30 years	± 40%
	3 - 5 % of patients > 70 years κ / λ ratio 0.25 – 4.0	± 20% at 30 years	± 60% <sup>2</sup>
	κ / λ ratio < 0.25 / > 4.0	± 45% at 30 years	± 30%
<b>SMOLDERING MYELOMA</b>	κ / λ ratio 0.125 – 8.0	± 50% at 15 years	-
	κ / λ ratio < 0.125 ou > 8.0	± 80% at 15 years	-

<sup>1</sup> Normal κ / λ ratio : 0.26 --1.65

<sup>2</sup> Including the 40% of excellent prognosis

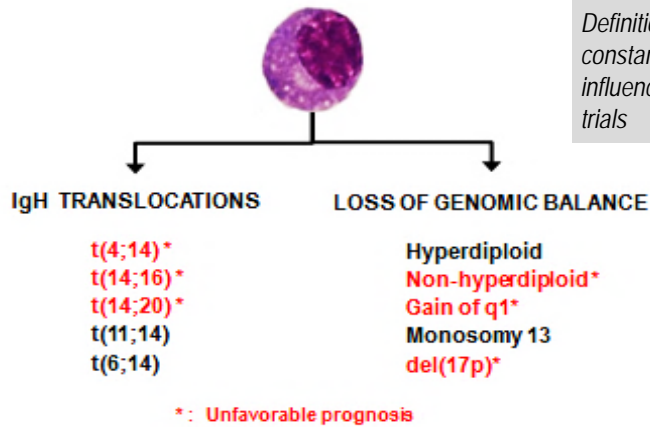
# PLASMA CELL MYELOMA PROGNOSTIC FACTORS

Paraprotein serum level : IgG or IgA  
 Type of paraprotein : IgA unfavorable  
 Level of serum free light chains and  $\kappa / \lambda$  ratio  
 $\beta_2$ -microglobulin level (serum)  
 Hypercalcemia (C)  
 Renal failure (R)  
 Anemia  $\leq 100$  g / L (A)  
 Bone lesion(s) (B)



Bone marrow infiltration > 50%  
 Performance index  $\geq 3$

Cytogenetics (or FISH) of bone marrow plasmocytes<sup>1</sup>



Definitions of risk factors are in constant evolution under the influence of clinical therapeutical trials

## DURIE & SALMON STAGES

STAGE	DESCRIPTION
I	<b>Low tumor mass</b> <i>All following criteria</i> Hemoglobin > 100 g / L IgG serum < 50 g / L or IgA serum < 30 g / L Normal calcemia Urine paraprotein < 4 g / day No generalized bone lesions
II	<b>Values intermediate between I and III</b>
III	<b>High tumor mass</b> <i>One or more following criteria</i> Hemoglobin < 85 g / L IgG serum > 70 g / L or IgA serum > 50 g / L Calcemia > 3 mMol / L Urine paraprotein > 12 g / day
A	Creatinin (serum) < 170 $\mu$ Mol / L
B	Creatinin (serum) > 170 $\mu$ Mol / L

Genomics : GEP<sup>2</sup> "high risk signature"

<sup>1</sup>After : Bergsagel P. L. et al. : Improving overall survival and overcoming adverse prognosis in the treatment of cytogenetically high-risk multiple myeloma. Blood. 2013; 21 : 884-92.

<sup>2</sup>Gene Expression Profile

# PLASMA CELL MYELOMA

## PROGNOSTIC FACTORS (2)

ISS (International Staging System) : 8'449 patients<sup>1</sup>

STAGE	PARAMETERS	MEDIAN SURVIVAL (MONTHS)
1	$\beta_2\text{-m}^2 < 3.5 \text{ mg / L}$ Albumin $\geq 35 \text{ g / L}$	62
2	$\beta_2\text{-m}^2 < 3.5 \text{ mg / L}$ Albumin $< 35 \text{ g / L}$ ou $\beta_2\text{-m}^1 \geq 3.5 - < 5.5 \text{ mg / L}$	44
3	$\beta_2\text{-m}^2 \geq 5.5 \text{ mg / L}$	29

<sup>1</sup> Modified from : Greipp P.R. et al. : International staging system for multiple myeloma. J Clin Oncol 2005; 23 : 3412-3420.

<sup>2</sup>  $\beta_2\text{-m}$  :  $\beta_2$ -microglobulin

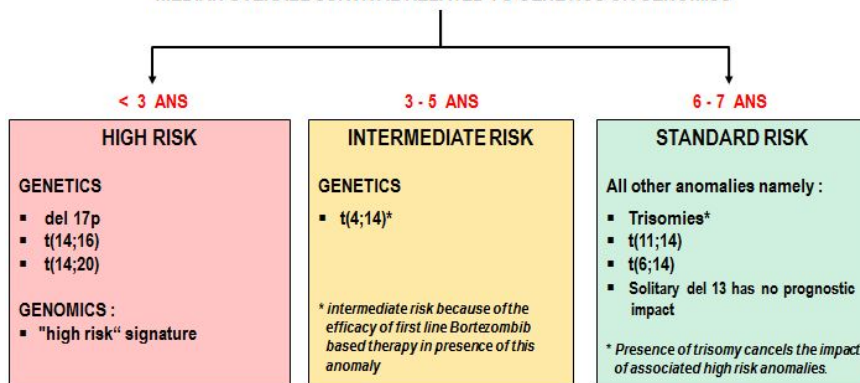
Prognostic impact of  $\kappa / \lambda$  ratio<sup>3</sup> on ISS

RISK GROUP	1 YEAR SURVIVAL %	5 YEARS SURVIVAL %	MEDIAN SURVIVAL (MONTHS)
<b>ISS Stage I</b>			
$\kappa / \lambda$ ratio 0.03 - 32	87.6	41.5	51
$\kappa / \lambda$ ratio $< 0.03 / > 32$	88.9	29.8	41
<b>ISS Stage II</b>			
$\kappa / \lambda$ ratio 0.03 - 32	83.2	35.2	40
$\kappa / \lambda$ ratio $< 0,03 / > 32$	77.5	20.5	30
<b>ISS Stage III</b>			
$\kappa / \lambda$ ratio 0.03 - 32	67.6	24.4	17
$\kappa / \lambda$ ratio $< 0.03 / > 32$	62.5	15.3	23

<sup>3</sup>  $\kappa / \lambda$  ratio of serum Free Light Chains (FLC)

Modified from Snozek C.L.H., Katzmann J.A., Kyle R.A. & al. Leukemia 2008; 22 : 1933-1937.

MEDIAN OVERALL SURVIVAL RELATED TO GENETICS OR GENOMICS



<sup>1</sup> After Bergsagel P.L. et al. : Improving overall survival and overcoming adverse prognosis in the treatment of cytogenetically high-risk multiple myeloma. Blood 2013; 121 : 884-92.

## COMPLICATIONS

Hyperviscosity syndrome (mostly IgA, IgG3)

Neurologic : compression (spinal or radicular)

Renal : light chain, calcic or uric nephropathy, amyloidosis, plasma cell infiltration

Infectious

Hematological : bone marrow failure, thrombopathy



# PLASMA CELL MYELOMA TREATMENT

**INDICATION :** Symptomatic plasma cell myeloma (*with CRAB type symptoms*)  
Presence at diagnosis of unfavorable risk factor(s) is not by itself an indication to treatment

Bortezomib, Lenalidomide, Thalidomide, possibly in combination or with high dose Dexamethasone

Bortezomib + Cyclophosphamide + Dexamethasone (*high or reduced dosage*)

Radiotherapy (*solitary plasmocytoma*)

Supportive care (*transfusions of RBC, platelets, antibiotics, analgesics, bisphosphonates*)

Plasmapheresis (*hyperviscosity syndrome*)

Intensification with autologous HST<sup>1</sup> ≤ 70 years<sup>2</sup>

Allogeneic transplant (*stem cell or bone marrow*) < 55 years, possible cure, important treatment related mortality, GVH +++ . Allograft with reduced intensity conditioning

As reserve : Melphalan + Prednisone, VAD<sup>3</sup>, VBAP<sup>4</sup>, VMCP<sup>5</sup>, VDT-PACE<sup>6</sup>

<sup>1</sup> Hematopoietic Stem cell Transplantation (peripheral blood stem cells or bone marrow)

<sup>2</sup> In relation with adequate clinical status and performance index : ≤ 78 years of age

<sup>3</sup> VAD : Vincristine + Doxorubicine + Dexamethasone "high dose"

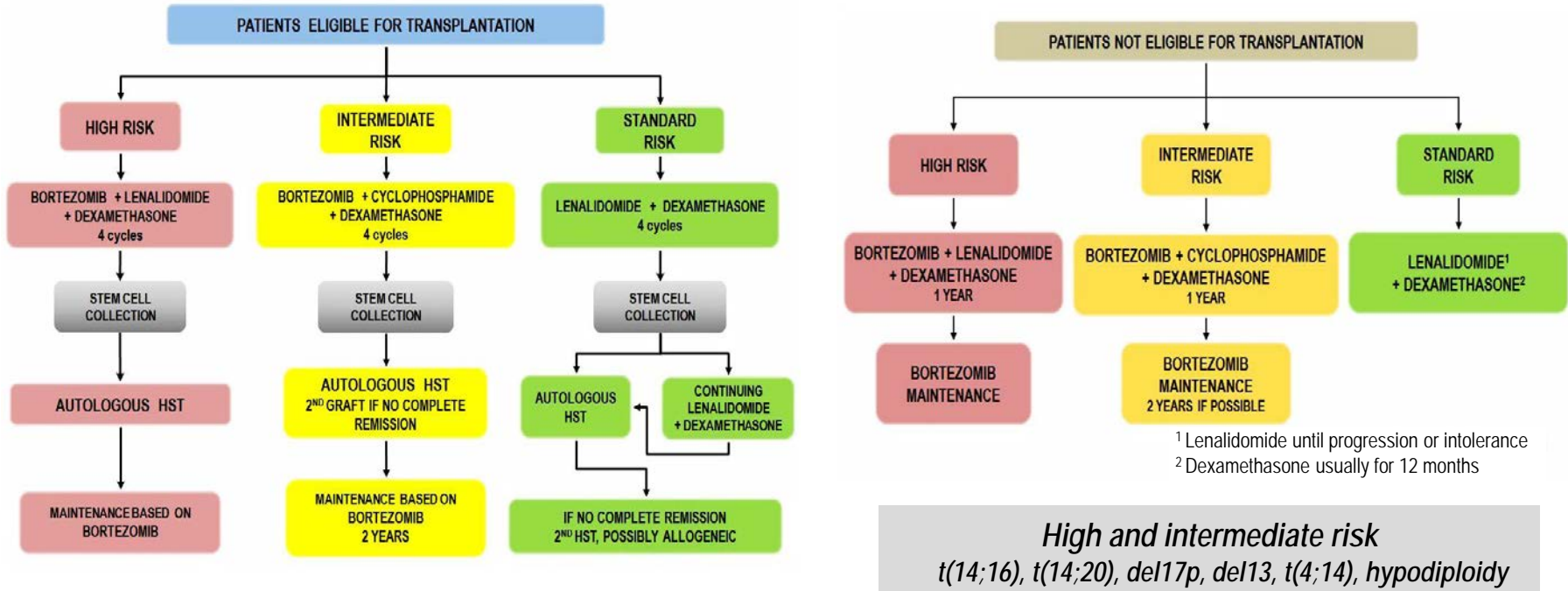
<sup>4</sup> VBAP : Vincristine + BCNU + Doxorubicine + Prednisone

<sup>5</sup> VMCP : Vincristine + Melphalan + Cyclophosphamide + Prednisone

<sup>6</sup> VDT-PACE : Bortezomib + Dexamethasone + Thalidomide + Cisplatin + Doxorubicine + Cyclophosphamide + Etoposide

# PLASMA CELL MYELOMA TREATMENT (2)

## EXAMPLES OF RISK RELATED TREATMENT ALGORITHMS



### Eligibility for transplant :

- **Autologous :** age ≤ 70 years<sup>1</sup>. Good performance index. Acceptable risk of treatment related complications
- **Allogeneic :** age ≤ 55 years. Good performance index. High risk of autologous transplant failure or relapse after autologous transplant  
In case of doubt consider transplant with reduced intensity conditioning

<sup>1</sup> In very favorable situations ≤ 78 ans

# MATURE B-CELL LYMPHOID NEOPLASMS

## *Contribution of immunological markers, cytogenetics and molecular biology*

	slg	CD19	CD5	CD23	CYTOGENETICS	OTHERS
CLL	+ / -	+	+	+		
B-PLL	+	+	- / +	- / +	Del 17p (~ 50%) Del 13q14 (~ 25%)	
HCL	+	+	-	-		TRAP + CD11c + CD25 + CD103 +
SMZL	+	+	- / +	-		
FL	+	+	-	-	t(14;18)(q32;q21)	CD10+ BCL2
MCL	+	+	+	-	t(11;14)(q13;q32)	Cyclin D1

	CD123 <sup>1</sup>	CD25	CD11c	CD103
HCL	22 / 23 95%	24 / 25 96%	25 / 25 100%	25 / 25 100%
HCL VARIANT	1 / 11 9%	0 / 11 0%	11 / 11 100%	4 / 11 36%
SMZL	1 / 29 3%	18 / 28 64%	10 / 26 38%	0 / 25 0%

CLL : Chronic lymphocytic leukemia

HCL : Hairy cell leukemia

FL : Follicular lymphoma

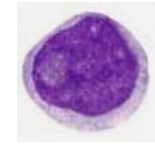
BCL2 : B-cell Leukemia / Lymphoma 2 Protooncogene, inhibitor of apoptosis or cell death

B-PLL : B-cell prolymphocytic leukemia

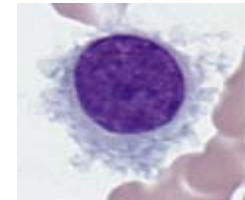
SMZL : Splenic B-cell marginal zone lymphoma

MCL : Mantle cell lymphoma

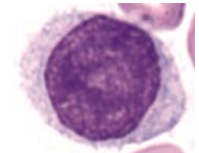
The contribution of morphology remains paramount for the differential diagnosis of B-cell prolymphocytic leukemia, hairy cell leukemia and its variant form as for splenic B-cell marginal zone lymphoma



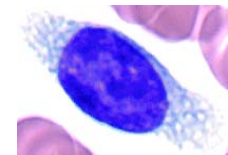
**Prolymphocytic leukemia**  
(Cell with big nucleolus)



**Hairy cell leukemia**  
("Hairy" pattern of cytoplasm)



**Hairy cell leukemia variant**  
("Hairy" pattern of cytoplasm + big nucleolus)



**Splenic marginal zone B-cell lymphoma**  
(Villous lymphocytes : hairy pattern at the poles of cytoplasm)

<sup>1</sup> Del Giudice I. et coll. : The diagnostic value of CD123 in B-cell disorders with hairy or villous lymphocytes. Haematologica 2004; 89 : 303-308.

# MATURE T-CELL AND NK-CELL LYMPHOID NEOPLASMS

## T-CELL PROLYMPHOCYTIC LEUKEMIA (T-PLL)

Hepatosplenomegaly, generalized lymphadenopathy, occasionally effusion of serous membranes (pleura)

High WBC count > 100 G / L (> 200 G / L in 50% of patients)

Skin involvement (20% of cases)

Aggressive disease, median survival < 1 year

Treatment : anti-CD52 (*alemtuzumab*)

Immunophenotype : CD2 +, CD3 + (sometimes weakly), CD7 +, CD52 +  
CD4 + / CD8 - (60%); coexpression CD4 / CD8 (25%);  
CD4 - / CD8 + (15%)  
CD1a - even with 25% of cases CD4 + / CD 8 +

Cytogenetics : inv(14)(q11;q32), t(14;14)(q11;q32), t(X;14)(q28;q11), i(8)(q10)  
t(8;8)(p23;q11), +8, del(6q), del(11q)  
Rearrangement of TCR genes

## T-CELL LARGE GRANULAR LYMPHOCYTE LEUKEMIA (T-LGL)

Serious neutropenia, variable anemia (*sometimes severe due to red cell aplasia*)

Moderate splenomegaly

Frequent autoantibodies, immune complexes and hypergammaglobulinemia

Association with rheumatoid arthritis

Indolent clinical course, median survival ~ 13 years

Immunophenotype : CD3 +, CD2 +, CD8 +, CD4 -/+, CD57 + and  
CD 16 + (> 80% of cases)

Cytogenetics : Rearrangement of TCR genes

## CHRONIC LYMPHOPROLIFERATIVE DISORDERS OF NK-CELLS (CLPD-NK)

Usually asymptomatic, some cases with systemic symptoms, cytopenia(s)

Sometimes in association with solid tumors, vasculitis, neuropathy, autoimmune disorders

Clinical course generally indolent : rare cases of spontaneous complete remission or of transformation in aggressive NK-cell leukemia

Immunophenotype : CD3 -, CD4 -, CD8 -, CD16 +, CD56 + (usually weak), CD57 -

Cytogenetics : Absence of TCR genes rearrangement

## AGGRESSIVE NK-CELL LEUKEMIA

Rare, prevalent in Asia, median age : 42 years

Strong association with EBV

Principal involved sites : peripheral blood, bone marrow, spleen, liver

Fulminant clinical course (*coagulopathy, hemophagocytosis syndrome*)

Median survival : < 2 months

Immunophenotype : CD2 +, CD3 -, CD56 +, CD 57 -

Cytogenetics : del (6)(q21q25), del 11q , TCR genes in germline configuration

# ADULT T-CELL LEUKEMIA / LYMPHOMA (ATLL)

Japan (1977), Caribbean region, Central Africa

Clinical variants :  
Acute (*most common*)  
Lymphomatous  
Chronic  
Smoldering

Lymphadenopathy, hepatosplenomegaly

Skin involvement (*rash, papules, nodules*)

Leukocytes : 5 – 100 G / L

Lymphocytes with lobated nucleus

Association with HTLV-1 virus

Hypercalcemia

Survival for acute and lymphomatous variants : 2 weeks to > 1 year

Immunophenotype : CD2 +, CD3 +, CD5 +, usually CD4 +, CD 7 -, CD8 -  
CD 25 +, CD30 +  
Immunocytochemistry : Negative ALK  
Cytogenetics : Rearrangement of TCR genes

# SEZARY SYNDROME (SS)

## Skin involvement (*Mycosis fungoides*)

Erythema, pruritus, generalized erythroderma  
Pautrier's microabscesses (*epidermotropism*)

## Presence of Sézary cells in peripheral blood (> 5%)

Lymphocytes with convoluted, cerebriform nucleus (cleft)

## Secondary infiltration of tissues and organs

Lymph nodes, bone marrow, lungs, heart, kidneys, bone

Immunophenotype : CD2 +, CD3 +, CD5 +, CD4 + (usually)  
CD8 -, CD26 -, CD7- (or weakly +)

Cytogenetics : TCR genes rearrangement

## Aggressive disease

Overall survival rate : 10-20% at 5 years

## Stages of Mycosis fungoides and Sézary syndrome

Stages	Extension
I A / B	Exclusive skin involvement (patch / plaque) A : skin < 10% of cutaneous surface B : skin > 10% of cutaneous surface
II A / B	Stage I with : A : clinical lymph node involvement or : B : cutaneous tumors
III	Erythroderma : > 80% of cutaneous surface
IV A / B	A : histological lymph node involvement or Sézary cells in peripheral blood B : secondary infiltration of tissues and organs

Modified from : Baumann Conzett K. et coll. : Lymphomes cutanés. Classification et recommandations thérapeutiques. Forum Med Suisse 2009, 42 : 744-749.

# MATURE T-CELL AND NK-CELL LYMPHOID NEOPLASMS

*Contribution of immunological markers, cytogenetics and molecular biology*

	CD4	CD8	CD56	RTCR	OTHERS
T-PLL	+	+ / -	-	+	inv(14)
T-LGL	- / +	+	-	+	CD3 +
CLPD-NK	-	-	+ ( <i>weak</i> )	-	CD3 -
ATLL	+	-	-	+	-
SS	+	-	-	+	-

RTCR : Rearrangement of genes coding for variable part of TCR (T-Cell Receptor)

T-PLL : T-cell prolymphocytic leukemia

T-LGL : T-cell large granular lymphocytic leukemia

CLPD-NK : Chronic lymphoproliferative disorders of NK-cells

ATLL : Adult T-cell leukemia / lymphoma

SS : Sézary syndrome



# HODGKIN LYMPHOMA

## SYMPTOMS AND CLINICAL FEATURES

### B symptoms:

Unexplained persistent and recurrent fever  $> 38^{\circ}\text{C}$  during the previous month

Recurrent drenching night sweats during the previous month

Unexplained loss of  $> 10\%$  of body weight during the 6 months before initial staging

Other symptoms :        pruritus  
                                 alcohol-induced pain (*usually abdominal*)

### Lymphadenopathy(-ies)

Mediastinal involvement mainly in nodular sclerosis subtype

Abdominal (*and splenic*) involvement mainly in mixed cellularity subtype

## HISTOLOGY

Reed-Sternberg cells (*most often of B-cell origin*)

5 histological types :    Nodular lymphocyte predominant Hodgkin lymphoma

                                 Classical Hodgkin lymphoma

                                 Nodular sclerosis type

                                 Lymphocyte-rich type

                                 Mixed cellularity type

                                 Lymphocyte-depleted type

# HODGKIN LYMPHOMA (2)

## STAGING - COTSWOLDS REVISION (1989) OF THE ANN ARBOR CLASSIFICATION

STAGE	DESCRIPTION
I	Involvement of a single lymph node region or lymphoid structure (e.g. spleen, thymus, Waldeyer ring)
II	Involvement of two or more lymph node regions on the same side of the diaphragm (the mediastinum is a single site; hilar lymph nodes are lateralized). The number of anatomic sites involved should be indicated by suffix (e.g. II <sub>3</sub> )
III	Involvement of lymph nodes regions or structures on both sides of the diaphragm
III <sub>1</sub>	With or without spleen involvement (III <sub>s</sub> ) and with hilar splenic, coeliac or portal nodes involvement
III <sub>2</sub>	With paraaortic, iliac or mesenteric nodes involvement
IV	Diffuse or disseminated involvement of one or more extranodal organs or tissues, with or without associated lymph node involvement

At any disease stage :

- A No symptoms
- B Fever, sweats, loss of weight
- X Bulky disease (*widening of the mediastinum  $\geq 1/3$  of the internal transverse diameter of the thorax at the level of T 5/6 interspace or  $> 10$  cm maximum dimension of a nodal mass*)
- E Involvement of a single extranodal site, contiguous or proximal to the known nodal site

Modified from : Lister T.A. et al. : Report of a committee convened to discuss the evaluation and staging of patients with Hodgkin's Disease : Cotswolds meeting. J Clin Oncol 1989; 7 : 1630-1636.

# HODGKIN LYMPHOMA (3)

## DIFFERENTIAL DIAGNOSIS

Anaplastic large T cell lymphoma : t(2;5)

## UNFAVORABLE PROGNOSTIC FACTORS

Large tumor mass (*e.g.* : bulky mediastinal)

Presence of B symptoms

Primary refractory form

*IPS = International Prognostic score (advanced stages of disease)*

*Serum albumin < 40 g / L*

*Hemoglobin < 105 g / L*

*Male gender*

*Stage IV disease*

*Age ≥ 45 years*

*WBC count > 15 G / L*

*Lymphocyte count < 0.6 G / L (or > 8% of leukocyte differential count)*

## COMPLICATIONS

Immediate, treatment related

Infection(s)

Azoospermia, early menopause

Secondary leukemia / cancer

# HODGKIN LYMPHOMA (4)

## TREATMENT

Radiotherapy

Chemotherapy

M(C)OPP, ABVD, M(C)OPP + ABVD

MIME, CEP, DHAP, BEACOPP, ICE

Autologous / allogeneic transplant

## PROGNOSIS AND PREDICTIVE FACTORS

Curable disease in more than 85% of cases by modern radiation and chemotherapy

Prognosis is function of staging, clinical and laboratory parameters

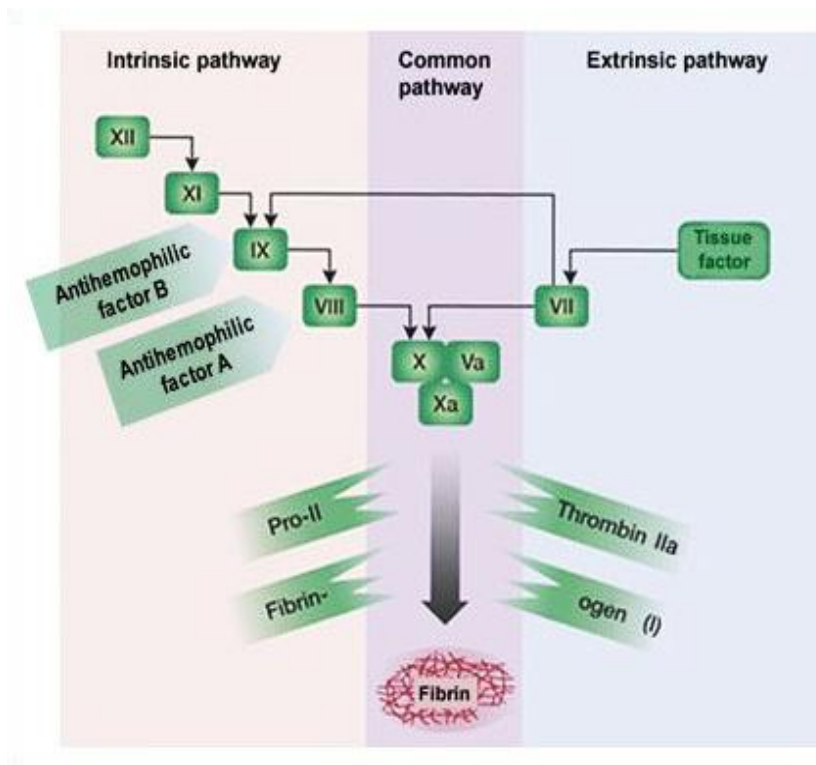
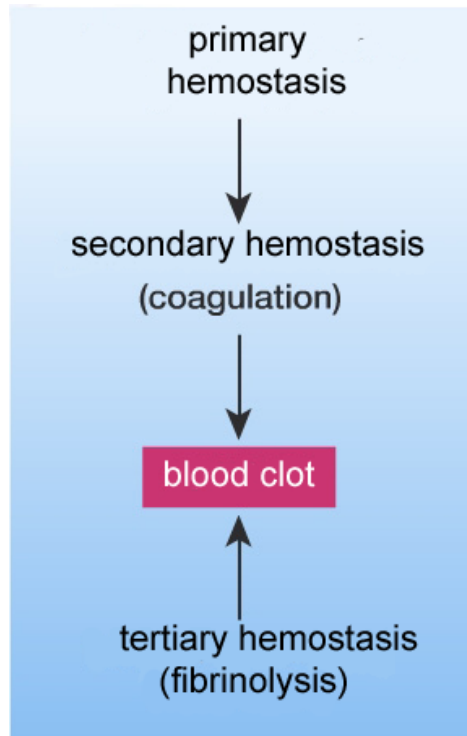
*Response after 2 courses of ABVD by FDG-PET imaging is a relevant prognostic indicator in advanced stage disease<sup>1</sup>*

M(C)OPP :	Mustard gas analog (or Cyclophosphamide) + Vincristine + Procarbazine + Prednisone
ABVD :	Adriamycin + Bleomycin + Vinblastine + Dacarbazine (DTIC)
MIME :	Mitoguazone + Ifosfamide + Methotrexate + Etoposide
CEP :	Lomustine + Etoposide + Prednimustin
DHAP :	Dexamethasone + Cisplatin + Cytarabine
BEACOPP :	Bleomycin + Etoposide + Doxorubicin + Cyclophosphamide + Vincristine + Procarbazine + Prednisone
ICE :	Ifosfamide + Carboplatin + Etoposide

<sup>1</sup> Gallamani A. et al. : Early interim 2-(<sup>18</sup>F)fluoro-2-deoxy-D-glucose positron emission tomography is prognostically superior to international prognostic score in advanced-stage Hodgkin's lymphoma : a report from a joint Italian-Danish study. *J clin Oncol* 2007; 25 :3746-3752.

## Part 3

# HEMOSTASIS



# HEMOSTASIS

## EXPLORATION METHODS

### PRIMARY HEMOSTASIS

Capillary resistance  
Platelet count (RI : 150 – 350 G / L)  
PFA-100™<sup>1</sup> (or PFA-200™)  
Measure of platelet aggregation (*ADP, arachidonic acid, adrenalin-heparin, collagen, TRAP-6, U46619, ristocetin*)  
Measure of platelet secretion  
Quantification of platelet receptors by flow cytometry  
Examination of platelet morphology by electronic microscopy

### SECONDARY HEMOSTASIS (Coagulation)

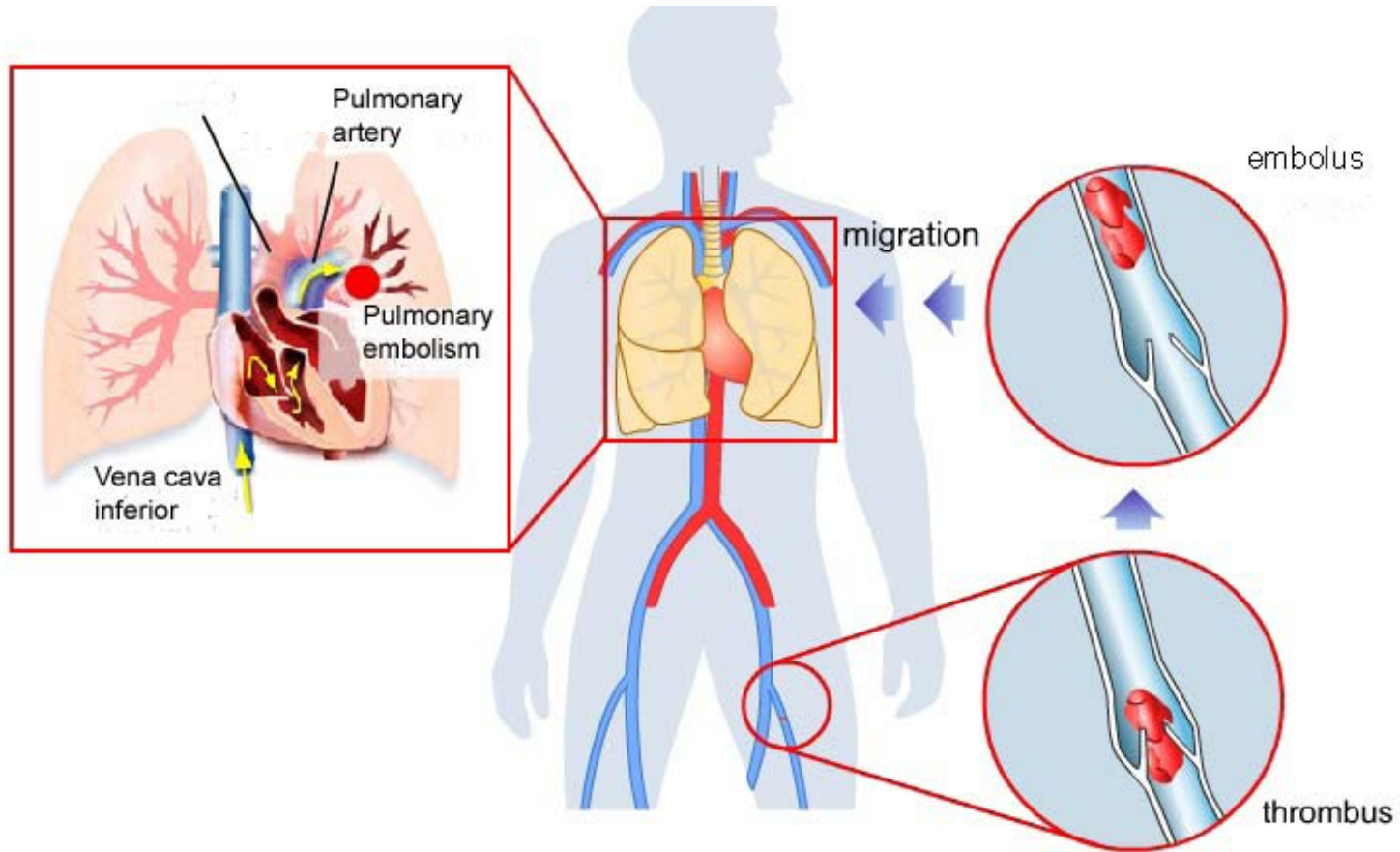
Prothrombin time (PT, Quick) (*Exploration of extrinsic pathway*)  
Activated partial thromboplastin time (aPTT) (*Exploration of intrinsic pathway*)  
Thrombin time (TT) (*Exploration of fibrin formation*)  
Fibrinogen and factors II, V, VII, VIII, IX, X, XI, XII level  
Investigation of factor XIII deficiency (*Fibrin stabilizing factor*)  
Investigation of activation (*Fibrin monomers and D-dimers*)

### TERTIARY HEMOSTASIS

Euglobulins lysis time  
Fibrinogen level  
D-Dimers level  
Plasminogen level  
 $\alpha$ 2-antiplasmin level  
Plasminogen level  
PAI-1 level (*Plasminogen Activator Inhibitor-1*)

<sup>1</sup> PFA-100™ / PFA-200™ (*Platelet Function Analyzer*) : *in vitro* measure of the time to occlusion of a membrane (*measure of platelet adhesion and aggregation process*). Replaces, if device available, the classical bleeding time

# THROMBUS AND EMBOLUS



Thrombus : inappropriate clot formation in a blood vessel (*artery or vein*)

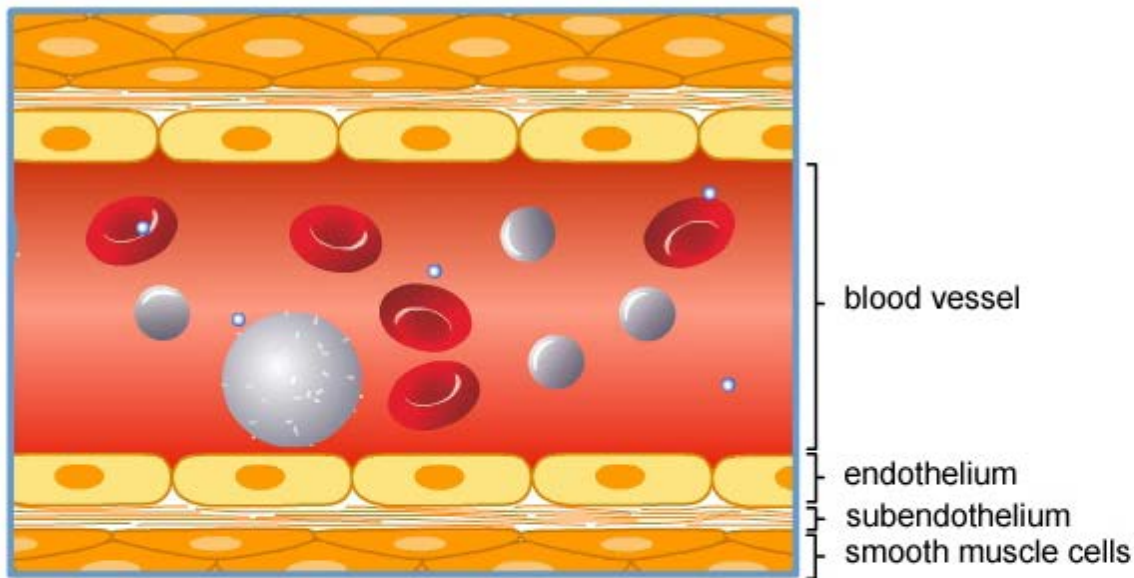
Embolus : migrating thrombus

# MAIN ACTORS OF HEMOSTASIS

Blood vessels

Platelets

Coagulation proteins



white  
blood cell



red  
blood cell



platelet



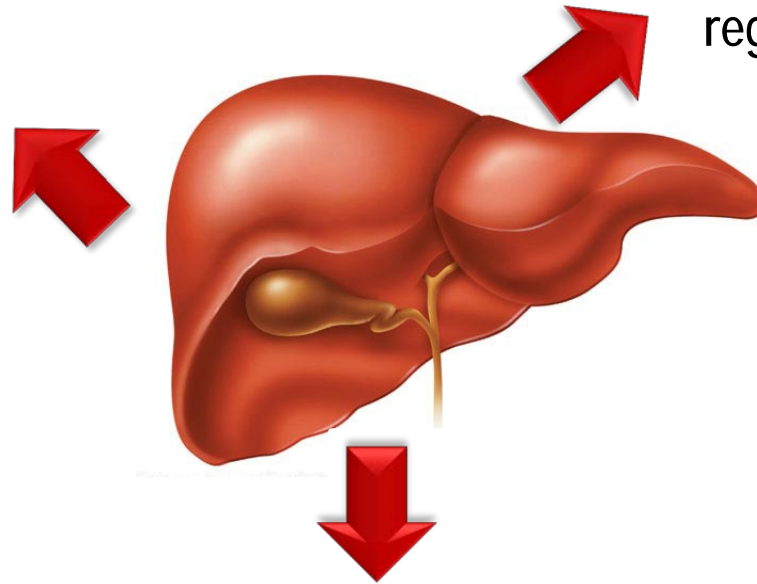
coagulation  
proteins



## ROLE OF THE LIVER IN HEMOSTASIS

Synthesizes most of the proteins involved in **coagulation and its regulation**

Synthesizes most of the proteins involved in **fibrinolysis and its regulation**



Synthesizes **thrombopoietin** responsible for **platelet production** from the megakaryocytes

# STEPS OF HEMOSTASIS

## PRIMARY HEMOSTASIS

### Vascular time

Vasoconstriction (*vascular spasm*)

### Platelet time

Platelet adhesion to the vessel lesion

Platelet plug formation and stabilization

## SECONDARY HEMOSTASIS (*coagulation*)

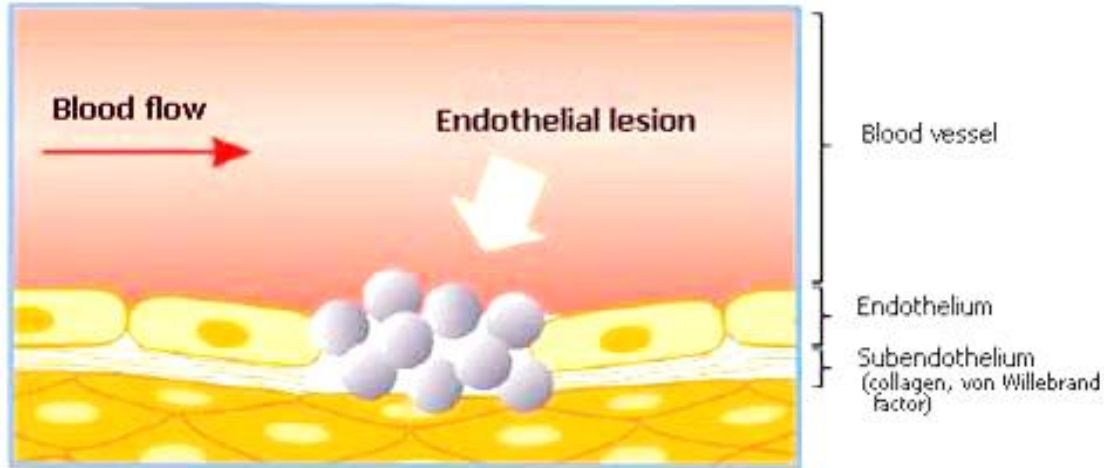
Coagulation cascade

Clot formation

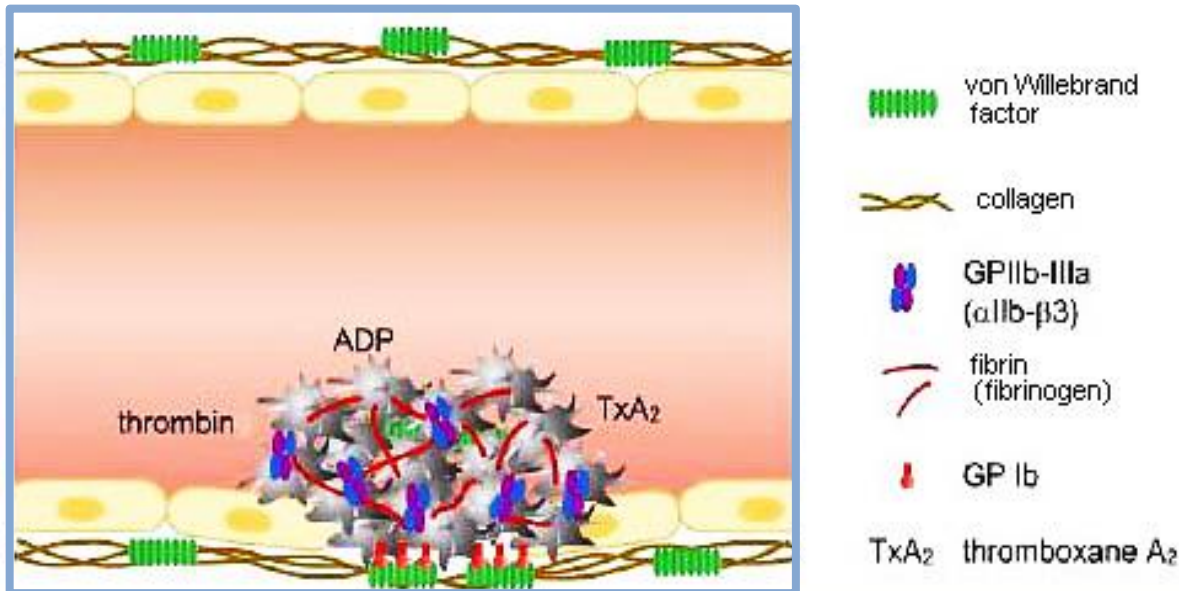
## TERTIARY HEMOSTASIS (*fibrinolysis*)

Clot lysis

# STEPS OF PRIMARY HEMOSTASIS



Platelet adhesion  
 Platelet activation  
 Platelet aggregation



Formation of platelet plug

# VON WILLEBRAND FACTOR

Synthesized by endothelial cells and megakaryocytes

Composed of a series of multimers : the very high molecular weight multimers are physiologically degraded by a specific protease (ADAMTS 13), leading to prevention of spontaneous platelet aggregates formation (TTP, cf. p. 88-89)

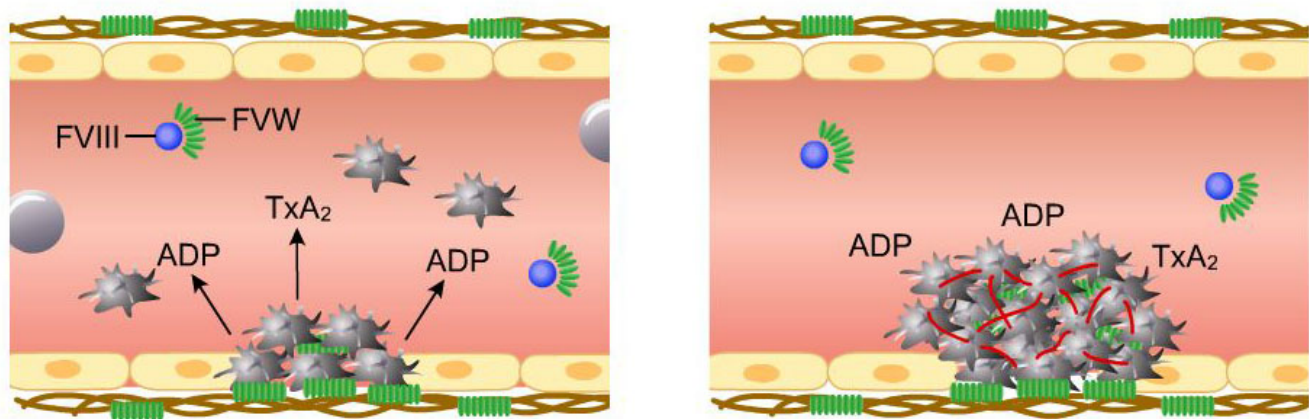
Involved, *in vitro*, in the process of platelet adhesion to subendothelial fibers

Mandatory for *in vitro* ristocetin induced platelet aggregation

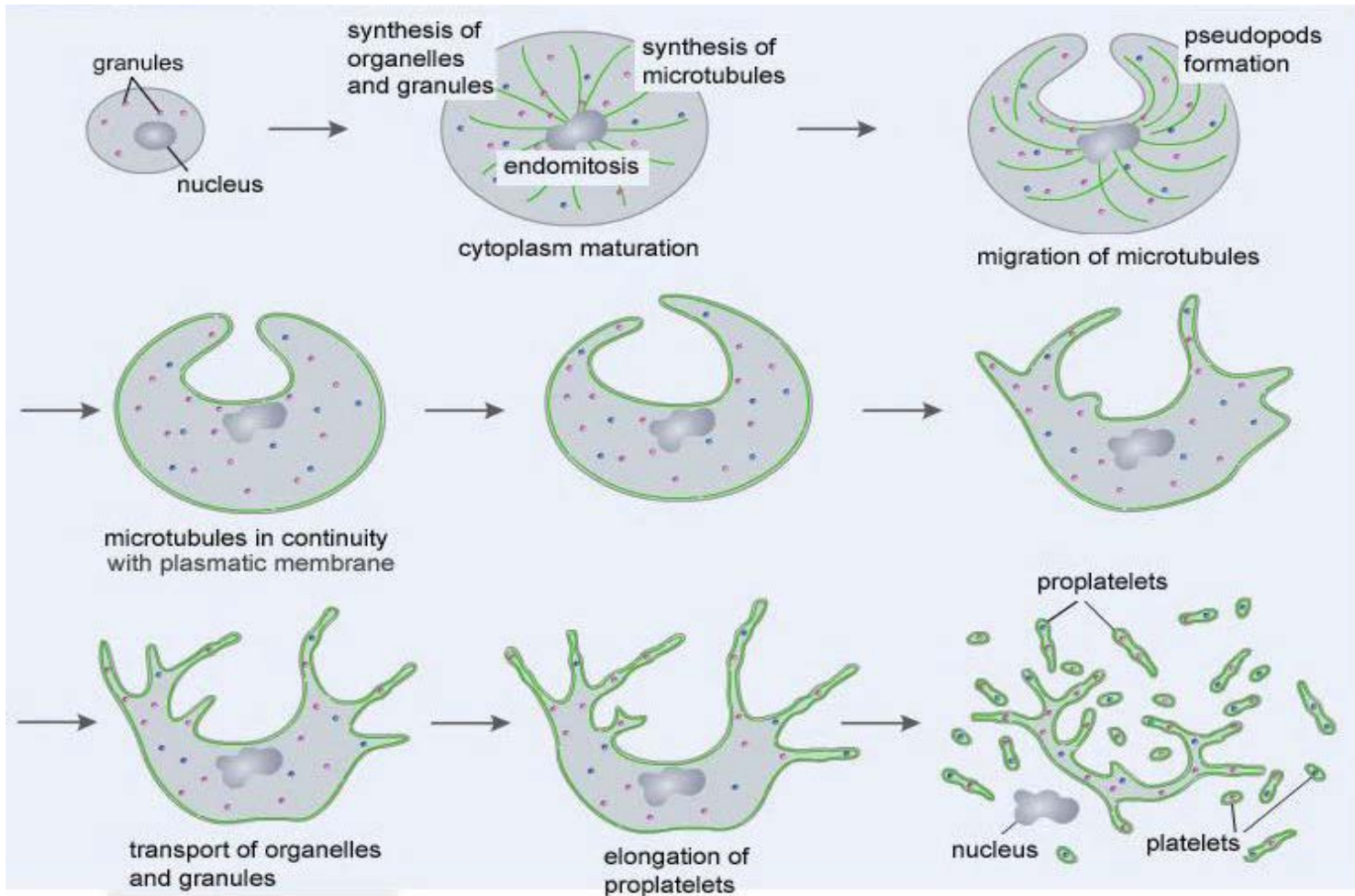
Transport of factor VIII to vascular lesion

Bound to factor VIII, it prolongs its life span

TxA<sub>2</sub> : Thromboxane A<sub>2</sub>  
FVW : von Willebrand factor  
ADP : Adenosin Diphosphate  
FVIII : Factor VIII



# PLATELET PRODUCTION FROM THE MEGAKARYOCYTE



1 mature megakaryocyte produces 2'000-3'000 platelets

# SECONDARY HEMOSTASIS

## COAGULATION

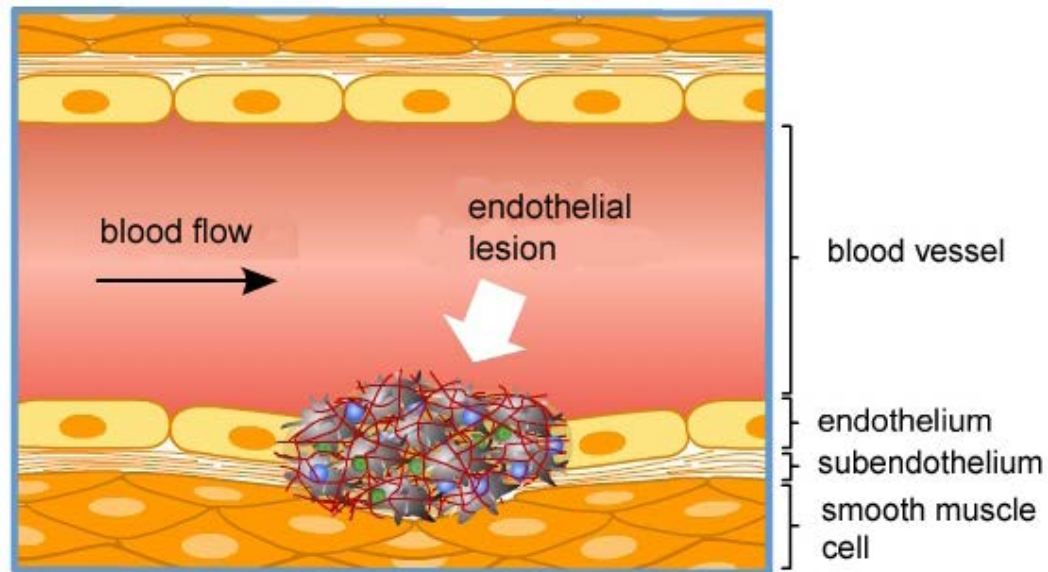
Coagulation (blood clotting) needs interaction of :

Plasmatic proteins (*coagulation factors and inhibitors*)

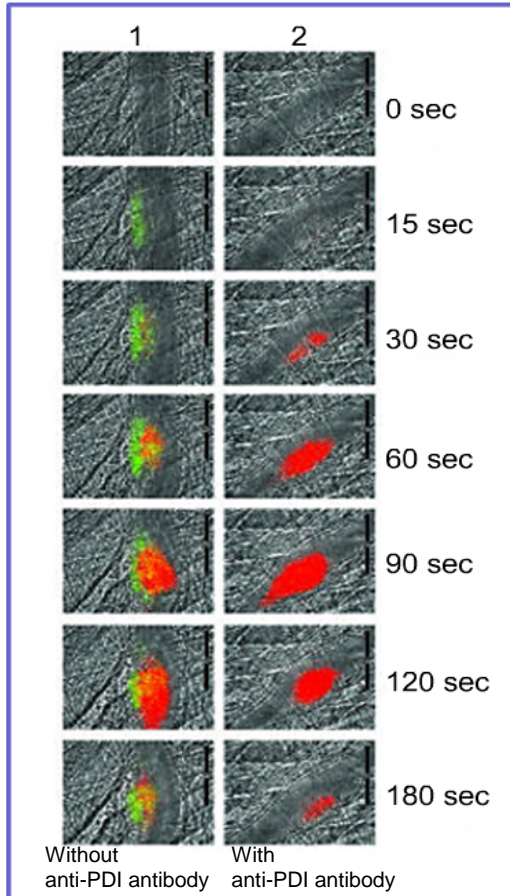
A tissular protein (*tissue factor*)

Platelets

Calcium

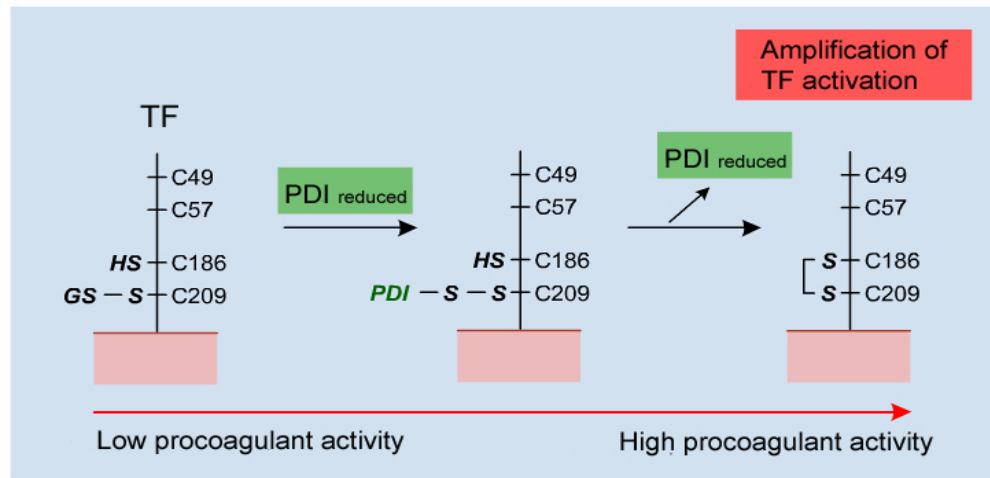
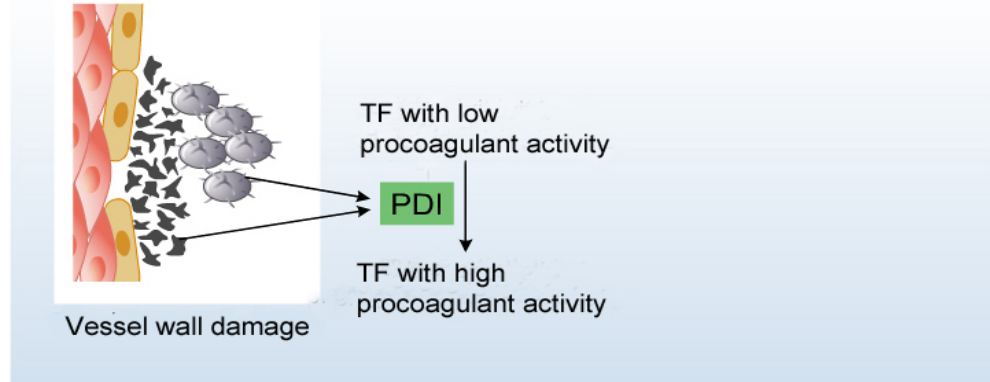


# TISSUE FACTOR : MAJOR INITIATOR OF COAGULATION



In red : Platelets  
In green : PDI (protein disulfide isomerase)

Cho J. & coll. : A critical role for extracellular protein disulfide isomerase during thrombus formation in mice. *J Clin Invest.* 2008; 118 : 1123-1131.



TF : Tissue Factor

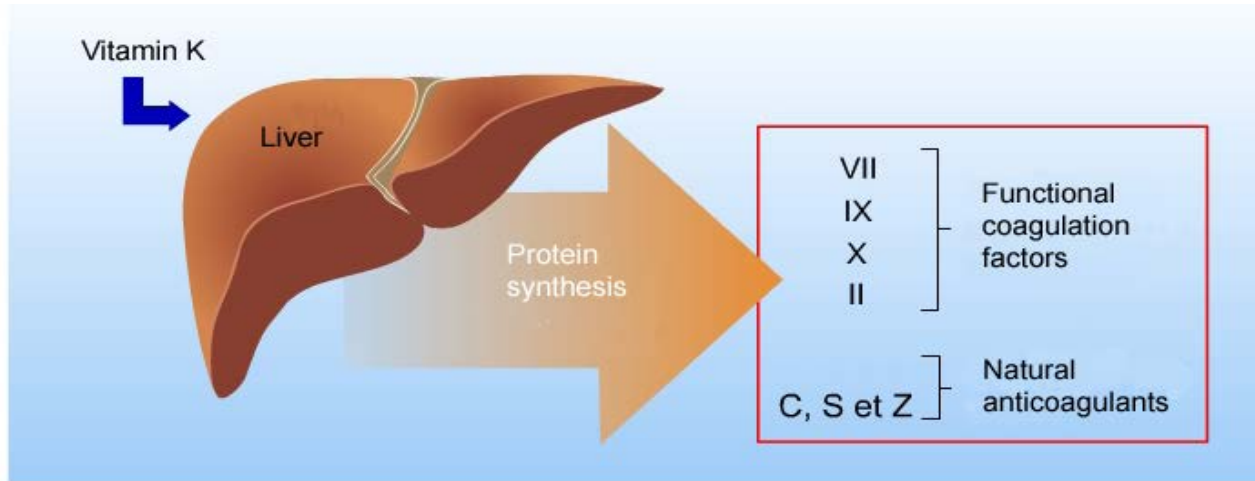
Adapted from : Reinhardt C. & coll. : Protein disulfide isomerase acts as an injury response signal that enhances fibrin generation via tissue factor activation. *J Clin Invest.* 2008; 118 : 1110-1122.

# COAGULATION FACTORS

FACTOR	NAME	HALF-LIFE (hours)	PRODUCTION	VITAMINE K DEPENDENCE
High molecular weight kininogen	Fitzgerald factor	150	Liver	–
Prekallikrein	Fletcher factor	35	Liver	–
Factor I	Fibrinogen	90	Liver	–
Factor II	Prothrombin	65	Liver	+
Factor V	Proaccelerin	15	Liver	–
Factor VII	Proconvertin	5	Liver	+
Factor VIII	Antihemophilic factor A	12	Liver ( <i>sinusoidal cells</i> )	–
Factor IX	Christmas factor or antihemophilic factor B	24	Liver	+
Factor X	Stuart-Prower factor	40	Liver	+
Factor XI	Antihemophilic factor C	45	Liver	–
Factor XII	Hageman factor	50	Liver	–
Factor XIII	Fibrin stabilizing factor	200	<b>α subunit</b> : <i>monocytes, megakaryocytes, platelets</i> <b>β subunit</b> : <i>liver</i>	–
Factor vW	von Willebrand factor	15	Endothelium Megakaryocytes	–



# VITAMIN K DEPENDENT FACTORS



These coagulation factors are synthesized by hepatocytes

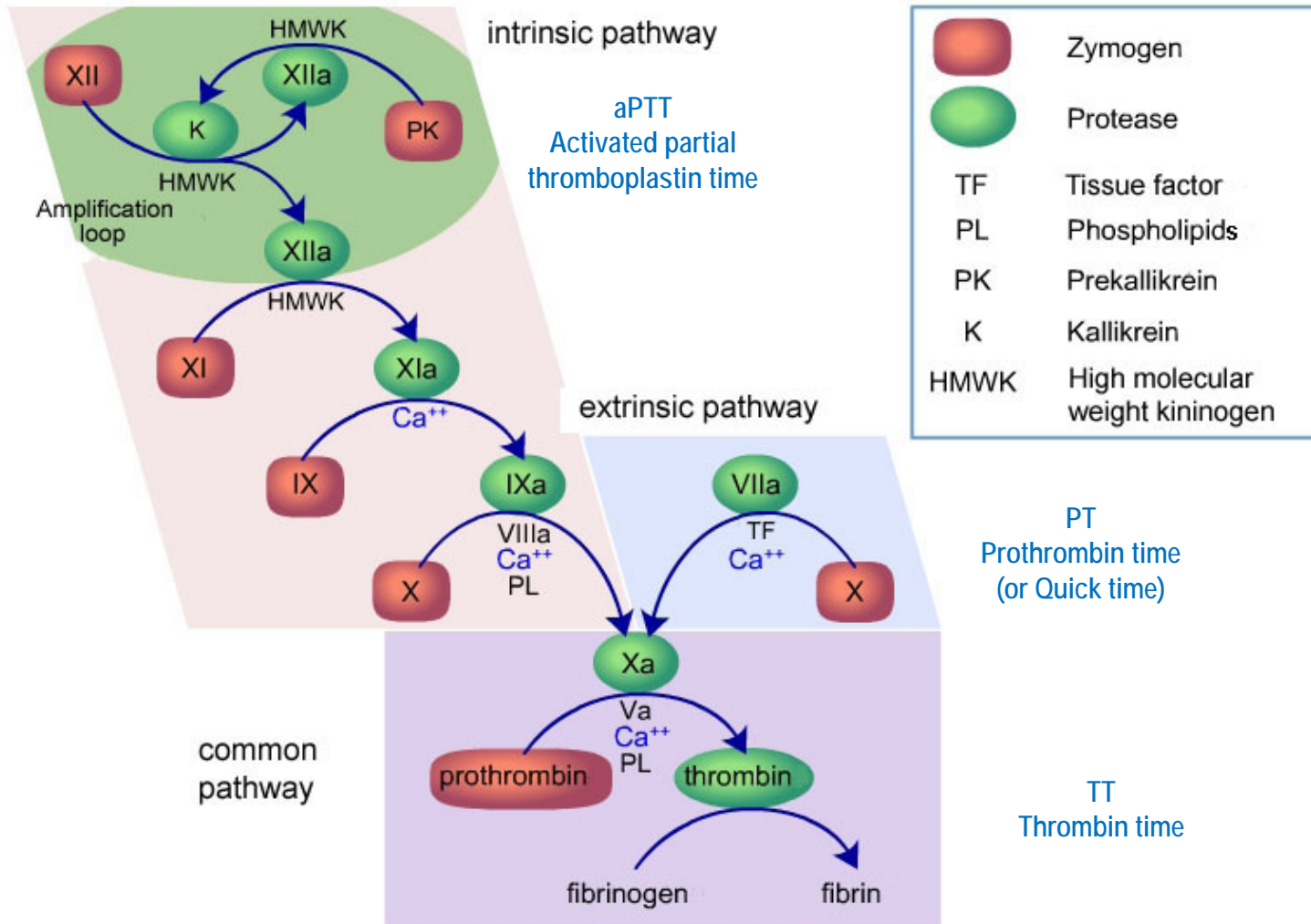
Vitamin K is necessary for complete functional synthesis

Vitamin K (liposoluble), in reduced state, works as a cofactor to a carboxylase which transforms 10-12 glutamic acid (Glu) residues in  $\gamma$ -carboxyglutamic acid (Gla)

Vitamin K dependent factors bind to the cell membranes through this Gla domain, in presence of  $\text{Ca}^{++}$

# COAGULATION CASCADE

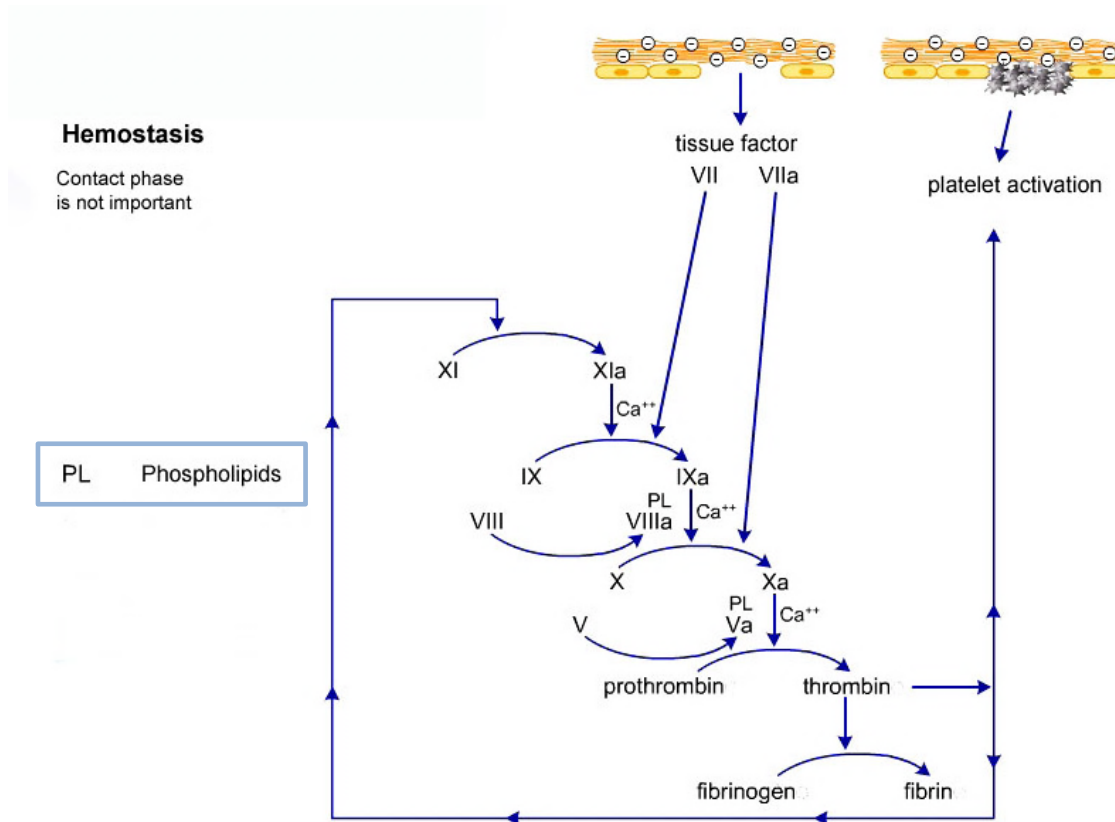
## CLASSICAL SCHEME



Fibrinogen  
Functional or quantitative dosage

# COAGULATION CASCADE (2)

## CONCEPTUAL CHANGES



Factor XI may be activated by thrombin as well as by factor XIIIa

Factor XI deficiency is responsible for bleeding whereas deficiencies in factor XII, prekallikrein or high molecular weight kininogen do not cause bleeding

In experimental models factor XI and factor XII deficiencies have antithrombotic effect

Factor XII is activated by negatively charged surfaces, activated platelets and clot surface

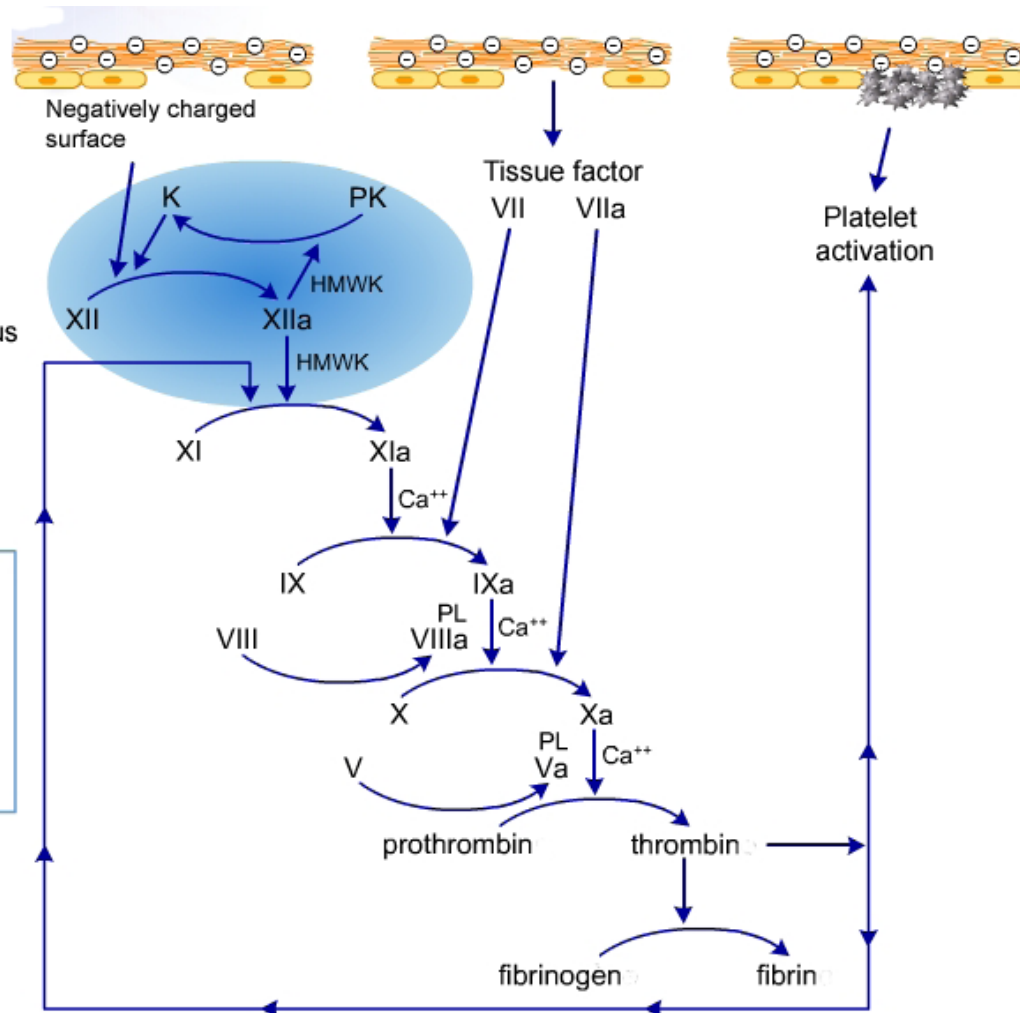
# COAGULATION CASCADE (3)

## CONCEPTUAL CHANGES (2)

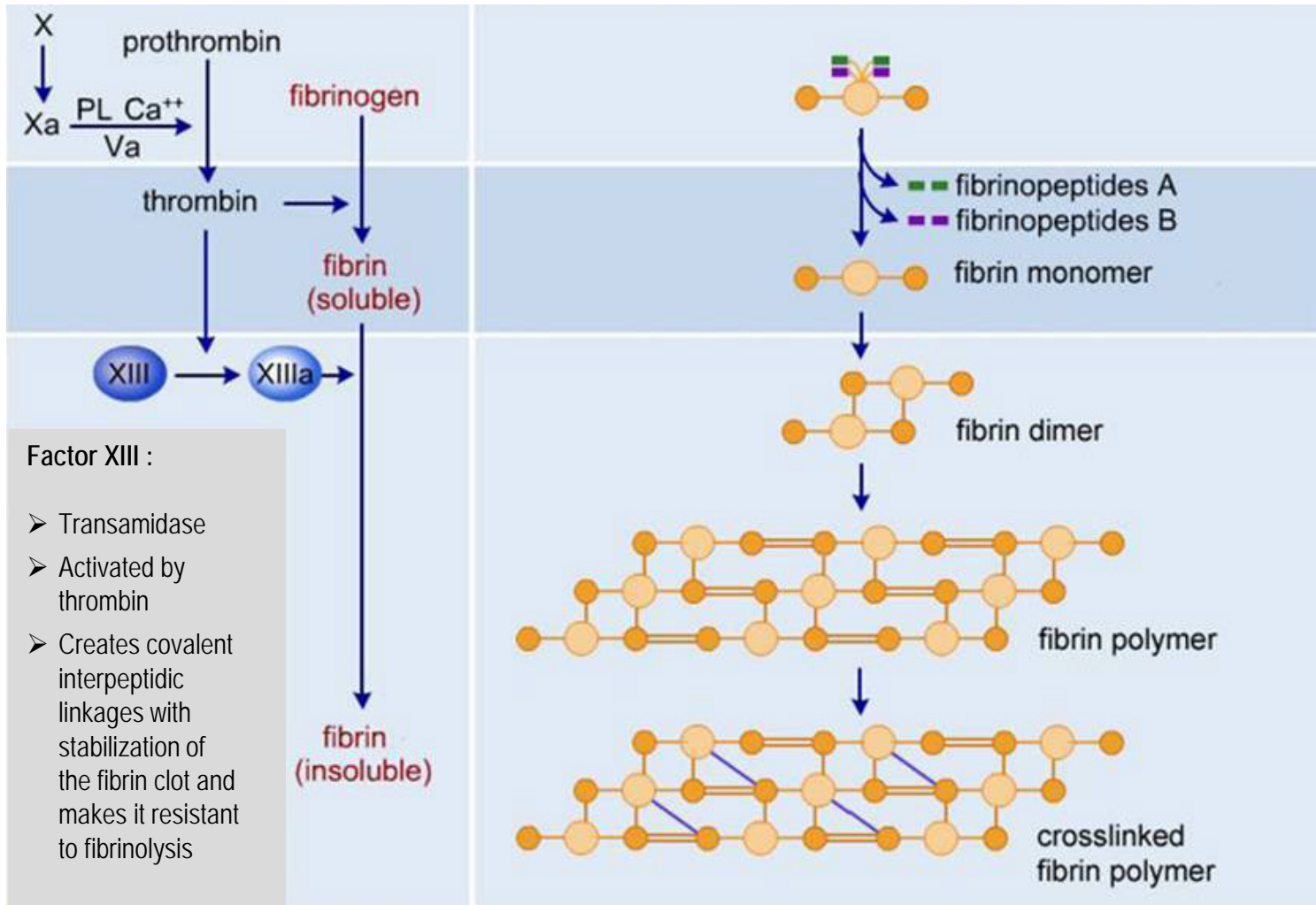
### Thrombosis

- > pathological situation
- > amplification loop
- > contact phase is necessary for thrombus propagation

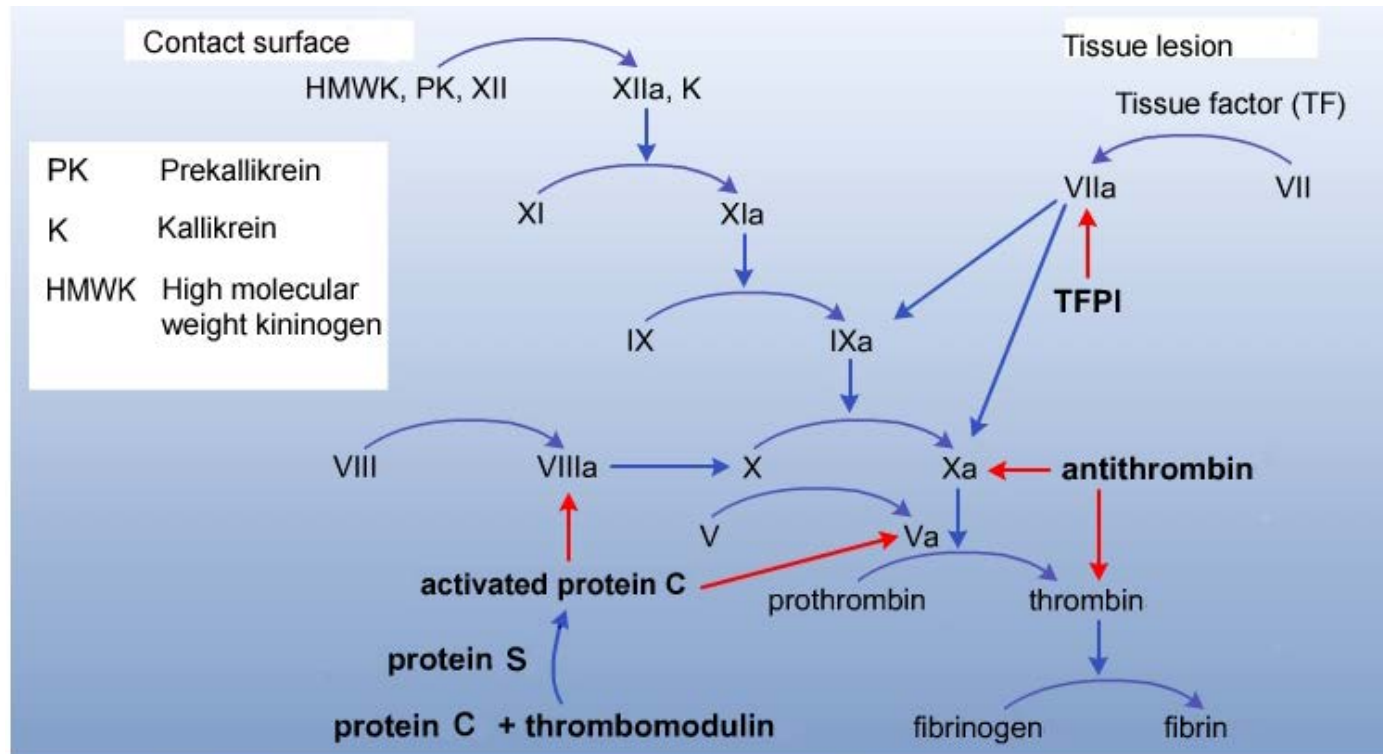
PL	Phospholipids
PK	Prekallikrein
K	Kallikrein
HMWK	High molecular weight kininogen



# FACTOR XIII AND FIBRIN STABILIZATION



# NATURAL ANTICOAGULANTS

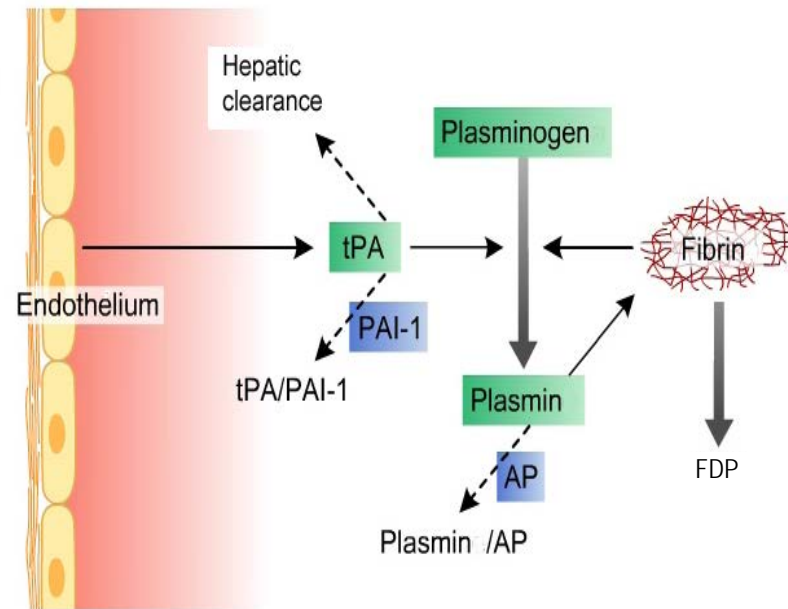
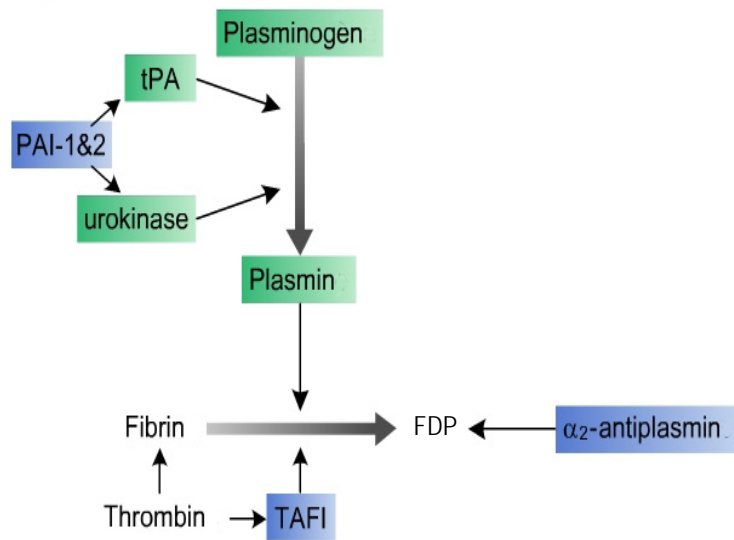


TFPI (*Tissue Factor Pathway Inhibitor*) is an effective inhibitor of factor VII - Tissue factor complex  
 Antithrombin neutralizes all procoagulant serine proteases (*thrombin, factors IXa, Xa and XIa*)  
 The protein C - protein S system inhibits factors Va and VIIIa  
 Protein S acts also as TFPI cofactor

# TERTIARY HEMOSTASIS

## FIBRINOLYSIS

### Intravascular fibrinolysis



tPA : Tissular Plasminogen Activator  
 PAI : Plasminogen Activators Inhibitors 1 and 2  
 FDP : Fibrin Degradation Products  
 TAFI Thrombin Activatable Fibrinolysis Inhibitor  
 AP :  $\alpha_2$ -antiplasmin

Profibrinolytic proteins ■  
 Antifibrinolytic proteins ■

# HEMORRHAGIC SYNDROME

## PRIMARY HEMOSTASIS

*Reduced capillary resistance with platelet count<sup>1</sup>, PFA-100<sup>TM2</sup> (or PFA-200<sup>TM</sup>) tests of platelet function, coagulation, and fibrinolysis in normal range*

## VASCULAR PURPURA

### NON INFLAMMATORY

Senile purpura  
Ehlers-Danlos syndrome (*collagen abnormality*)  
Vitamin A deficiency  
Treatment with steroids, Cushing disease  
Chronic and pigmented dermatitis  
Osler disease (*Hereditary hemorrhagic telangiectasia*)

### INFLAMMATORY (VASCULITIS)

Drug induced (*Penicillin, non steroidal antiinflammatory drugs*)  
Autoimmune disease (*SLE, RA, PAN, Crohn's disease*)  
Bacterial infection  
Viral infection (*hepatitis B, CMV, EBV, parvovirus*)  
Lymphoid neoplasm  
Cancer  
Rheumatoid purpura (*Henoch-Schönlein*)  
Cryoglobulinemia  
Hypergammaglobulinemia  
Idiopathic

SLE : Systemic Lupus Erythematosus

RA : Rheumatoid arthritis

PAN : Panarteritis nodosa

EBV : Epstein-Barr Virus

CMV : Cytomegalovirus

<sup>1</sup> In case of vasculitis, immune thrombocytopenia may be found

<sup>2</sup> Replaces bleeding time





# ACQUIRED THROMBOPATHY

## DRUGS

Aspirin	Irreversible inhibition of the cyclo-oxygenase
Clopidogrel ( <i>Plavix</i> <sup>®</sup> )	Irreversible binding of metabolite to ADP receptors type P2Y <sub>12</sub> on platelets
Prasugrel ( <i>Efient</i> <sup>®</sup> )	
Ticagrelor ( <i>Brilique</i> <sup>®</sup> )	Reversible antagonist of ADP receptors type P2Y <sub>12</sub> on platelets
Abciximab ( <i>ReoPro</i> <sup>®</sup> )	Fab fragment of humanized chimeric antibody against glycoprotein IIb-IIIa (GP) receptors
Eptifibatide ( <i>Integrilin</i> <sup>®</sup> )	Reversible inhibition GPIIb-IIIa receptors
Tirofiban ( <i>Agrastat</i> <sup>®</sup> )	

RENAL FAILURE

PARAPROTEINEMIA

MYELOPROLIFERATIVE NEOPLASM OR MYELOYDYSPLASTIC SYNDROME

# HEREDITARY THROMBOPATHY

## THROMBASTHENIA OR GLANZMANN DISEASE

Autosomal recessive transmission  
GP IIb-IIIa deficiency  
Pathological aggregation tests with ADP, adrenalin, collagen and arachidonic acid  
Normal aggregation on ristocetin (*primary phase*)  
Platelet count within normal range  
Absence of morphological anomaly

## STORAGE POOL DISEASE

Anomalies of dense granules (*ADP deficiency*)  
Pathological aggregation on ADP, adrenalin and collagen and frequently with arachidonic acid  
Platelet count within normal range  
Absence of morphological anomaly on electronic microscopy

## BERNARD-SOULIER SYNDROME

Autosomal recessive transmission (*rarely dominant*)  
GP Ib / IX / V deficiency  
Absence of aggregation on high concentration ristocetin  
Thrombocytopenia of variable importance  
Presence of giant platelets

## GRAY PLATELET SYNDROME

Anomalies of  $\alpha$  granules  
Platelet aggregation tests usually abnormal with ADP and collagen  
Thrombocytopenia of variable importance  
Giant, agranular platelets, of gray color on blood smear  
Absence of normal  $\alpha$  granules and vacuolization of platelets on electronic microscopy

# THROMBOCYTOPENIA

## DEFINITION

Platelet count < 150 G / L

## HEMORRHAGIC RISK

*(In case of normal platelet function)*

Low if platelet count in range of 50 to 150 G / L

High by platelet count < 20 G / L

## SOME RULES OR RECOMMENDATIONS

Every thrombocytopenia has to be controlled on a blood smear *(exclude pseudothrombocytopenia due to EDTA anticoagulation of the probe)*

By platelet count < 50 G / L, measure of occlusion time (PFA-100™ or PFA-200™) is useless

If platelet functions are correct, the occlusion time on PFA-100™ (or PFA-200™) becomes prolonged if platelet counts < 100 G / L. Platelet count at 70 G / L with normal occlusion time does not allow exclusion of hemorrhagic risk in case of surgical procedure

At similar platelet levels the hemorrhagic risk is higher in case of "central" thrombocytopenia than in thrombocytopenia of "peripheral" origin

## THROMBOCYTOPENIA (2) IN THE SETTING OF BICYTOPENIA OR PANCYTOPENIA

*Hypersplenism* (e.g. severe hepatic failure)

*Bone marrow dysfunction*

Aplasia

Infiltration : Myeloid or lymphoid neoplasm, osteomedullary cancer metastasis

Dysplasia : Reversible (Vitamin B<sub>12</sub> or folate deficiency)


Refractory (Myelodysplastic syndrome)

Fibrosis

*Reduction of thrombopoietin synthesis* (e.g. severe hepatic failure)

## SOLITARY THROMBOCYTOPENIA

	CENTRAL	PERIPHERAL
Megakaryocytes	↘	Usually ↗
Mean platelet volume (MPV <sup>1</sup> )	↘ <sup>2</sup>	↗
Etiology	Thiazide Alcohol	cf. p. 230-232

<sup>1</sup> MPV : Mean Platelet Volume  EDTA anticoagulation of probe increases platelet size proportionally to delay between sampling and analysis

<sup>2</sup> Frequently increased in myeloproliferative neoplasm and myelodysplastic syndrome

# SOLITARY PERIPHERAL THROMBOCYTOPENIA

## *NON IMMUNOLOGICAL*

### *BY ANOMALY OF PLATELET DISTRIBUTION*

Hypersplenism

### *BY PLATELET DESTRUCTION*

Alcohol

Disseminated Intravascular Coagulation (DIC)

Extracorporeal circulation

Thrombotic Thrombocytopenic Purpura (TTP)<sup>1</sup>

Hemolytic Uremic Syndrome (HUS)<sup>2</sup>

HELLP<sup>3</sup> syndrome (*10% of preeclampsias*)

Renal transplant rejection

Allogeneic stem cell or bone marrow transplantation

<sup>1</sup> TTP : *Thrombotic Thrombocytopenic Purpura*

<sup>2</sup> HUS : *Hemolytic Uremic Syndrome*

<sup>3</sup> HELLP : *Hemolysis, Elevated Liver function tests, Low Platelets (in pregnancy)*

# SOLITARY PERIPHERAL THROMBOCYTOPENIA (2)

## IMMUNE

### PRIMARY

*Primary immune thrombocytopenia (Primary ITP), cf. next page*

### SECONDARY

*Due to autoantibody or immune complexes*

Drugs : Quinine

Heparin : Heparin-induced thrombocytopenia (HIT<sup>1</sup>)

Type I : Early onset thrombocytopenia (< 24 h) and transient

Type II : 0.5-5% of patients treated by UFH<sup>2</sup>

Thrombocytopenia onset on treatment day 4 to 20

Thrombotic complications

Presence of anti-PF4<sup>3</sup>-Heparin (IgG) antibodies

Infection (*Helicobacter Pylori, hepatitis C, HIV, CMV, varicella, herpes zoster, malaria*)

Autoimmune disease (*SLE<sup>4</sup>, Evans syndrome<sup>5</sup>*)

Common variable type immune deficiency

Lymphoid neoplasm, cancer

Bone marrow / hematopoietic stem cell transplantation

*Due to alloantibody*

Neonatal thrombocytopenia

Posttransfusion purpura

<sup>1</sup> HIT : Heparin Induced Thrombocytopenia

<sup>2</sup> UFH : Unfractionated Heparin

<sup>3</sup> PF4 : Platelet Factor 4

<sup>4</sup> Systemic lupus erythematosus

<sup>5</sup> Autoimmune hemolytic anemia and thrombocytopenia

# PRIMARY IMMUNE THROMBOCYTOPENIA (Primary ITP<sup>1</sup>)

Acquired solitary thrombocytopenia (platelets < 100 G / L) of immunological origin

Antibodies directed against platelets and megakaryocytes, probable  $\surd$  of thrombopoietin (TPO)

Diagnosis by exclusion of all other causes of thrombocytopenia

## Clinical presentation :

Children : Often preceded by viral infection  
Course usually benign with frequent spontaneous remission

Adults : Persisting thrombocytopenia, often relapsing or chronic  
Depending on duration :  
Newly diagnosed :  $\leq$  3 months  
Persistent : 3-12 months  
Chronic : > 12 months

## Bone marrow examination :

Age > 60 : Exclusion of myelodysplastic syndrome  
Age < 60 : If signs of neoplasm or systemic disorder  
Treatment refractoriness, relapse < 6 months  
Prior to splenectomy or other second line therapy

Treatment :  
Minor bleeding : Prednisone 1-2 mg / kg qd orally, Dexamethasone 40 mg orally for 4 d  
Major bleeding : Prednisone orally or Methylprednisolone 125-1'000 mg IV, d 1-5  
Immunoglobulins IV : 0.4 g / kg d 1-5 or 1 g / kg, d 1-2  
If necessary platelet transfusion(s)  
Refractory ITP : Splenectomy

<sup>1</sup> ITP : Immune ThrombocytoPenia

Rituximab, TPO receptor agonists (*Romiplostim, Eltrombopag*)  
Azathioprine, Micophenolate mofetil, Danazol, Cyclosporin A, Cyclophosphamide,  
Alemtuzumab (*humanized anti-CD52*), combined chemotherapy,  
Etanercept (*TNF- $\alpha$  inhibitor*), allogeneic HST



# INVESTIGATION OF THROMBOCYTOPENIA

Complete blood count

Blood smear examination

Pseudothrombocytopenia ?

RBC fragmentation (*schistocytes*) ?

Toxic changes of neutrophils ?

Lymphocyte stimulation ?

Absolute lymphocytosis ?

Erythroblastosis and / or myelocytosis ?

Parasites ?

Complete coagulation tests with search for coagulation activation (DIC)

Bone marrow examination (*cytology and histology*)

Direct Coombs test (*antiglobulin test*)

Viral serology (*HIV, HCV, EBV, CMV*)

SLE<sup>1</sup> serology

Thyroid function tests

Helicobacter pylori screening (*to be considered in refractory or relapsing ITP<sup>2</sup>*)

Anti-HLA antibodies

***Antiplatelet antibodies*** (*this test is frequently difficult to carry out, as it needs a platelet count rarely high enough at diagnosis*)

<sup>1</sup> Systemic lupus erythematosus

<sup>2</sup> ITP : Primary Immune Thrombocytopenia

# HEMORRHAGIC SYNDROME

## SECONDARY HEMOSTASIS (COAGULATION)

### CONSTITUTIONAL ANOMALIES

Hemophilias (factors VIII, IX), von Willebrand disease, *cf. p. 235-238*  
Fibrinogen, factors II, V, VII, X, XI, XIII deficiencies

### ACQUIRED ANOMALIES

Hepatocellular failure (*deficiencies of fibrinogen, factors II, V, VII, X*)

Vitamin K deficiency (*deficiencies of factors II, VII, IX, X*)

Disseminated intravascular coagulation (DIC)

Bacterial or parasitic infections

Cancer (*lung, pancreas, prostate*)

Acute leukemia, particularly Acute Promyelocytic Leukemia, t(15;17)(q24;q21)

Obstetrical complications

Amniotic liquid embolism

Placental retention

Eclampsia

Septic abortion

Invasive surgery

Extended burns

Transfusion complications

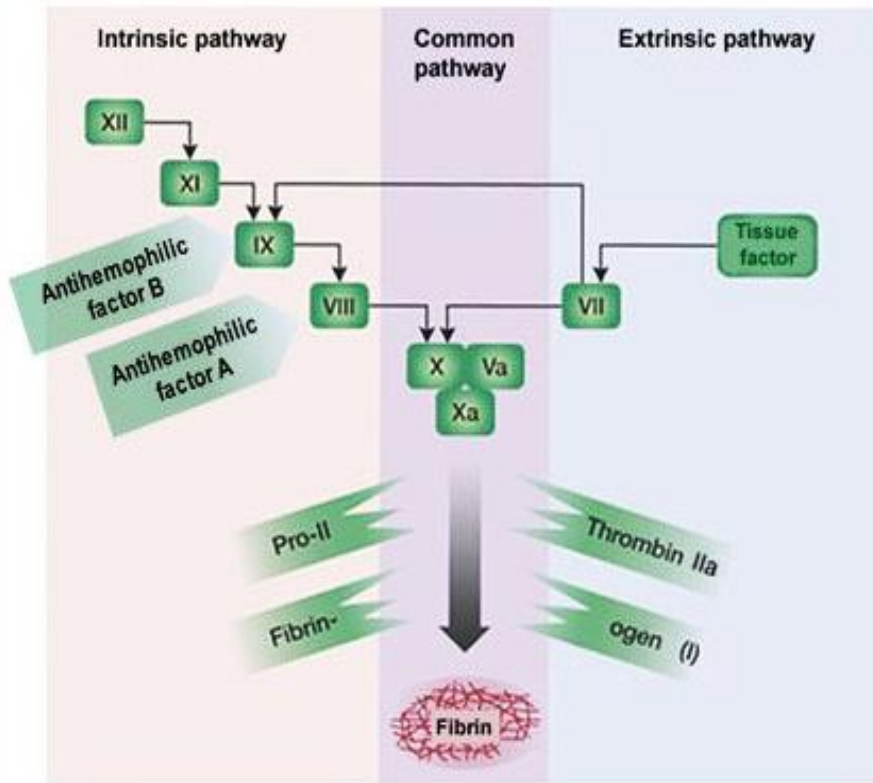
Vascular malformations (*Kasabach-Merritt syndrom*)

Coagulation inhibitors (circulating anticoagulants)

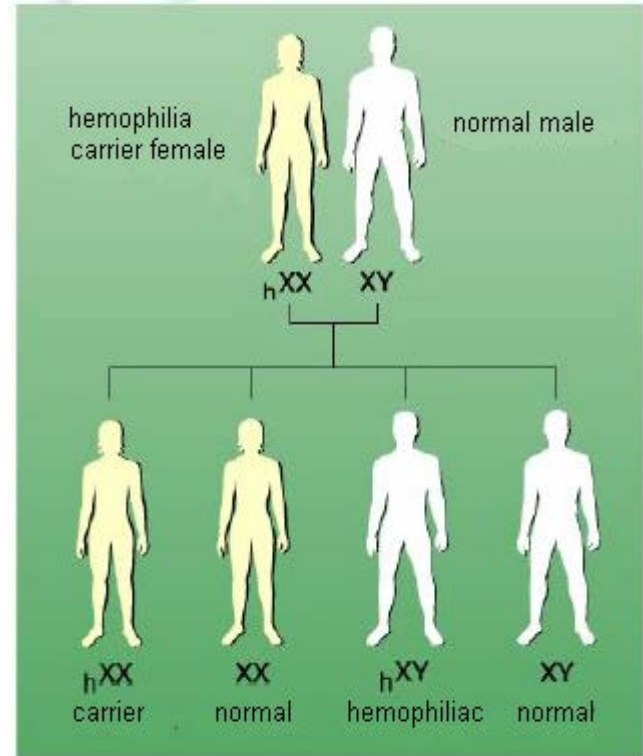
Alloantibodies against factor VIII (*5-10% of hemophilia patients*)

Autoantibodies against factor VIII (*acquired hemophilia A*): pregnancy, postpartum, rheumatoid arthritis, lupus erythematosus, cancer, drugs

# HEMOPHILIA



Recessive X-linked transmission  
*Absence of familial context in 30% of hemophilia patients : de novo mutation*



$h^X$  = hemophilia defect carrying X chromosome

Risk for offsprings of a couple of a carrier woman and a normal man :

*50% of the sons with hemophilia  
 50% of daughters are carriers*

# HEMOPHILIA (2)

## INCIDENCE

Hemophilia A : 1 / 10'000, 5 x more frequent than hemophilia B

HEMOPHILIA	FACTOR LEVEL (%)	HEMORRHAGIC SYNDROME
Light <sup>1</sup>	5 – 40	Surgery Dental extraction Important trauma / injury
Moderate	1 – 5	Light trauma ( <i>e.g. sport</i> )
Severe <sup>2</sup>	< 1%	Several bleeding episodes / month Frequent spontaneous hemorrhages Frequent hemarthrosis episodes

## TREATMENT

Analgesia : *Paracetamol, tramadol, codeine, opiates*



*Aspirin and NSAID<sup>3</sup> absolutely contraindicated except Celecoxib (Celebrex<sup>®</sup>)*

Factors concentrates or recombinant factors. Desmopressin (DDAVP) : light forms

Factor VIII : distribution ½-life 4 hours, plasmatic ½-life 12 hours

Factor IX : distribution ½-life 2 hours, plasmatic ½-life 24 hours

Orthopedic surgery : hemarthrosis

In case of inhibitors : recombinant factor VIIa (*NovoSeven<sup>®</sup>*), Factor Eight Inhibitor By-passing Activity (*FEIBA NF<sup>®</sup>*)

<sup>1</sup> Carrier female may have occasionally light symptoms

<sup>2</sup> Females may only have severe symptoms if the father is hemophiliac and the mother carrier

<sup>3</sup> NSAID : Non Steroidal Antiinflammatory Drugs

# VON WILLEBRAND DISEASE

Quantitative or qualitative anomaly of von Willebrand factor

The most common constitutional hemorrhagic disorder (*incidence ~ 1% of whole population*)

Transmission autosomal, dominant or recessive

Symptomatic disease in ~ 1% of patients

6 different types of disease; type 1 is the most frequent (*75% of cases*)

Mucosal and cutaneous bleeding (*epistaxis, menorrhagia*)

Biological signs : PFA-100™ or PFA-200™ prolonged<sup>1</sup>, PT normal, aPTT prolonged

✧ Factor VIII, ✧ Factor von Willebrand (*antigen and activity*)

Occasional acquired form : associated with lymphoid, plasmacytic, myeloproliferative neoplasms, etc.

<sup>1</sup> Replaces bleeding time if device available

# VON WILLEBRAND DISEASE (2)

## CLASSIFICATION

TYPE	TRANSMISSION	FvW ACTIVITY	RIPA <sup>1</sup>	FvW MULTIMERS
TYPE 1 (quantitative ↓)	AD <sup>2</sup>	± severe ↓	↓	uniform ↓ / all sizes present
TYPE 2 (qualitative anomaly)				
2A	AD <sup>2</sup> ev. AR <sup>3</sup>	↓	↓	↓ of large multimers
2B	AD <sup>2</sup>	↓	↗ <sup>4</sup>	↓ of large multimers
2M	AD <sup>2</sup> ev. AR <sup>3</sup>	↓	↓	uniform ↓ / all sizes present
2N	AR <sup>3</sup>	↔	↔	↔
TYPE 3 (severe)	AR <sup>3</sup>	↓↓ - ∅	↓↓ - ∅	undetectable

<sup>1</sup> RIPA : Ristocetin-Induced Platelet Aggregation

<sup>2</sup> AD : Autosomal Dominant

<sup>3</sup> AR : Autosomal recessiv

<sup>4</sup> At Ristocetin concentration lower than 0.6 mg/mL

Modified from : *The National Heart, Lung and Blood Institute. The Diagnosis, Evaluation and Management of Von Willebrand Disease, Bethesda, MD; National Institutes of Health Publication 2007, 08-5832.*

## TREATMENT

**Desmopressin** (DDAVP = 1-Deamino-8-D-Arginine VasoPressin : Octostim<sup>®</sup>, possibly Minirine<sup>®</sup>), IV, SC ou intranasal  
Increases factor von Willebrand secretion as of factor VIII. Useful only type 1 disease

Factor VIII or factor von Willebrand concentrates (e.g. Haemate P<sup>®</sup>, Wilate<sup>®</sup>)

Antifibrinolytics : tranexamic acid (Cyklokapron<sup>®</sup>)

Topical preparations



Recombinant factor VIII preparations do not contain von Willebrand factor

## DDAVP TEST

Allows to asses in asymptomatic situation the efficacy of desmopressin application. In case of good response, Desmopressin will be used prophylactically prior to surgical procedure or dental extraction

# THROMBOEMBOLIC DISEASE

**VIRCHOW'S TRIAD**                      Stasis + vascular lesion + blood hypercoagulability

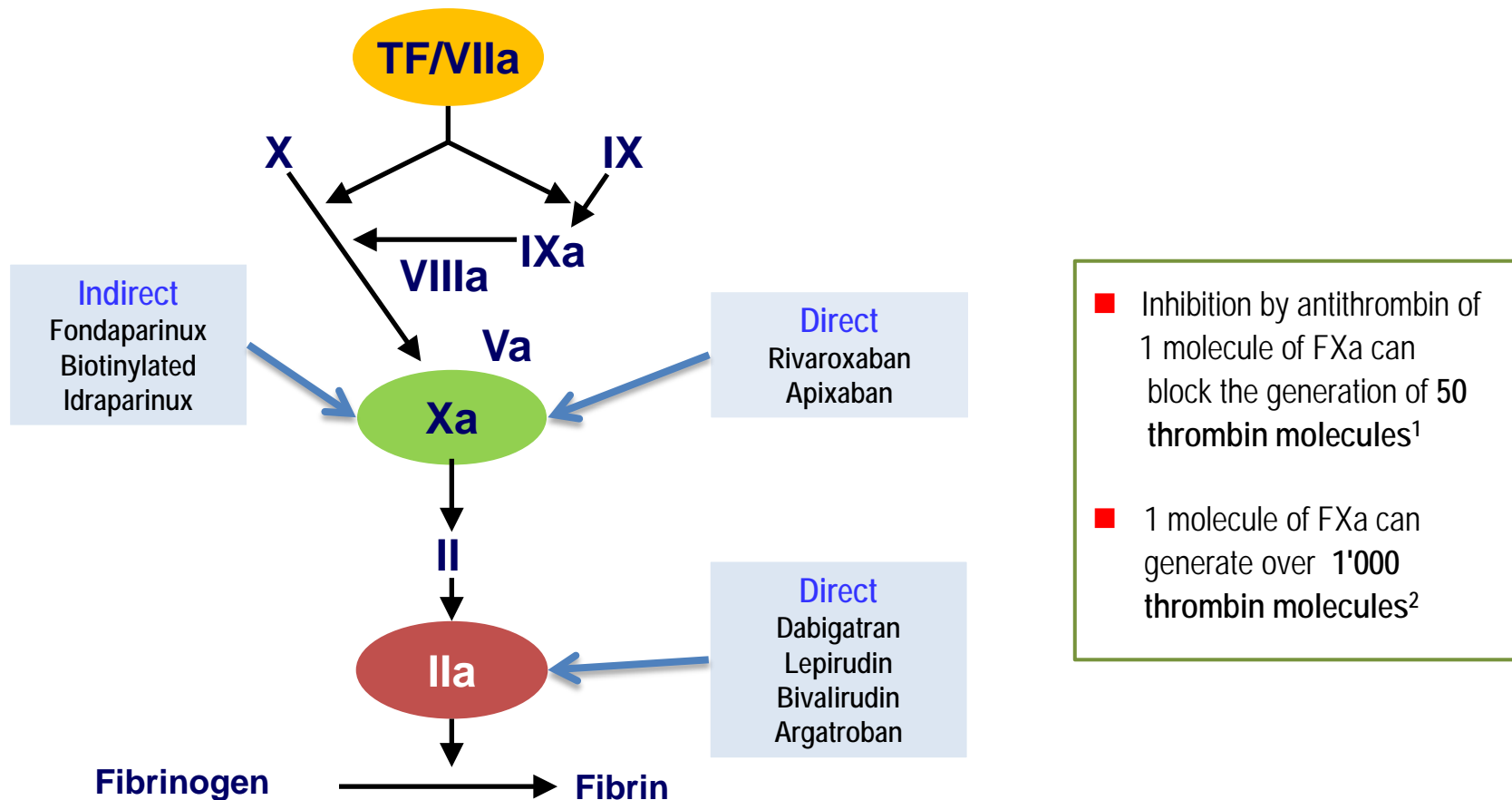
## MAIN RISK FACTORS

- Arterial thrombosis :**                      Arterial hypertension  
                                                           Hyperlipidemia, diabetes mellitus  
                                                           Tobacco smoking
- Venous thrombosis :**                      Stasis (*bed rest, dehydration, ↗ plasma viscosity, varicose veins*)  
                                                           Surgery (*in particular hip and abdomen*)  
                                                           Pregnancy and post-partum  
                                                           Estrogens, contraceptive pills  
                                                           Cancer  
                                                           Behçet disease  
                                                           Constitutional coagulations anomalies (*cf. table*)

Deficiency / anomaly	Prevalence (healthy european individuals) (%)	Prevalence (patients with deep vein thrombosis) (%)	Estimated relative risk
Antithrombin III, protein C, protein S	1 – 2	1 – 3	8 – 10
Factor V Leiden heterozygous	3 – 10	15	3 – 7
homozygous	0.06 – 0.25	1.5	50 – 80
Heterozygous prothrombin gene mutation G20210A	1 – 3	5 – 6	2 – 4

- Venous or arterial thrombosis :**                      Myeloproliferative neoplasm  
                                                           Heparin induced thrombocytopenia (HIT)  
                                                           Hyperhomocysteinemia  
                                                           Lupus anticoagulant, antiphospholipid syndrome :  
                                                                     Paradoxical aPTT prolongation in the context of venous or arterial thrombosis,  
                                                                     recurrent fetal loss or other pregnancy related complications  
                                                           Primary or secondary : SLE (*"Lupus anticoagulant"*), infections, neoplasms, drugs  
                                                           Treatment : *cf. p. 247* Treatment algorithm

# TARGETS OF ANTICOAGULANTS



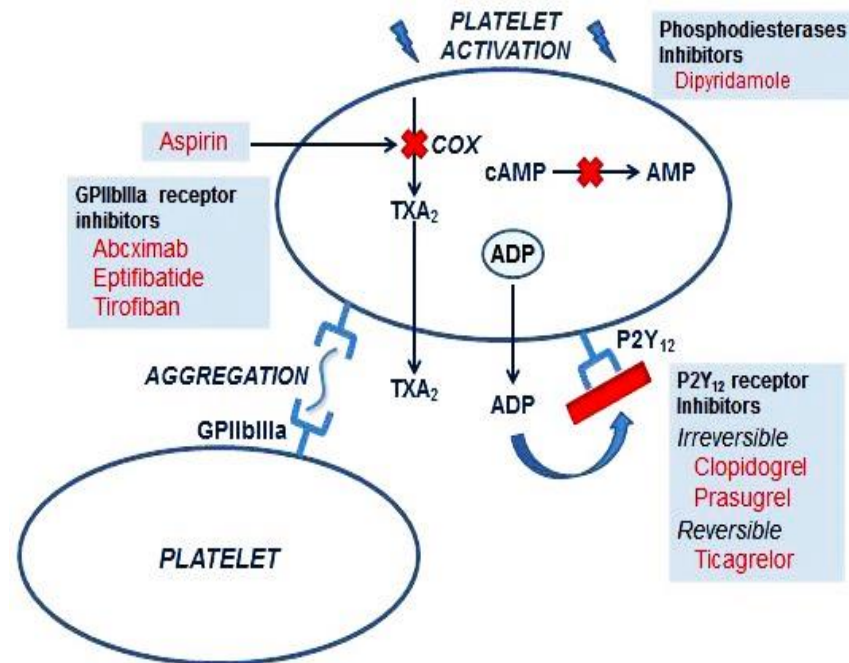
- Inhibition by antithrombin of 1 molecule of FXa can block the generation of 50 thrombin molecules<sup>1</sup>
- 1 molecule of FXa can generate over 1'000 thrombin molecules<sup>2</sup>

<sup>1</sup> Wessler S. & Yan E.T. : On the antithrombotic action of heparin. *Thrombo Diath Haemorrh* 1974; 32 : 71-78.

<sup>2</sup> Mann K.G. et al. : What is all that thrombin for ? *J Thromb Haemost* 2003; 1 : 1504-1514.



# THROMBOEMBOLIC DISEASE TREATMENT AND PREVENTION



*Aspirin* blocks synthesis of thromboxane A<sub>2</sub> by irreversible acetylation of cyclooxygenases (COX)

*Clopidogrel* (Plavix®) and *Prasugrel* (Eflent®) cause irreversible inhibition of P2Y<sub>12</sub> ADP receptor

*Ticagrelor* (Brilique®) is a reversible antagonist of P2Y<sub>12</sub> ADP receptor

*Dipyridamole* increases platelet cyclic AMP through inhibition of phosphodiesterases  
(*Asasantine*® : dipyridamole + aspirin)

*Abciximab* (ReoPro®) is an antagonist of GP IIb/IIIa receptor

*Etifibatide* (Integrilin®) and *Tirofiban* (Agrastat®) reversibly inhibit GP IIb-IIIa receptor

# THROMBOEMBOLIC DISEASE

## TREATMENT AND PREVENTION (2)

### HEPARINS, THROMBIN AND FACTOR Xa INHIBITORS

<b>Heparins</b> Unfractionated : <i>Liquemin®</i> , <i>Calciparin®</i>	Fixation and activation of AT <sup>1</sup> , inhibition of factors Xa and IIa, inhibition of platelets, interaction with endothelium
Low molecular weight : Nadroparin <i>(Fraxiparin® or Fraxiforte®)</i> , Dalteparin <i>(Fragmin®)</i> , Enoxaparin <i>(Clexane®)</i> , Certoparin <i>(Sandoparin®)</i>	Fixation and activation of AT <sup>1</sup> , inhibition of factor Xa, very low inhibition of factor IIa, absence of platelet inhibition, few interactions with endothelium
Danaparoid <i>(Orgaran®)</i>	High affinity for AT III <sup>1</sup> , anti-Xa activity, no effect on platelets
Hirudin analogues : Lepirudin <i>(Refludan®)</i> Bivalirudin <i>(Angiox®)</i>	Direct inhibition of thrombin
Argatroban <i>(Argatra®)</i> Dabigatran <i>(Pradaxa®)</i>	
Pentasaccharide : Fondaparinux <i>(Arixtra®)</i> Rivaroxaban <i>(Xarelto®)</i> Apixaban <i>(Eliquis®)</i>	Pure anti-Xa activity

<sup>1</sup>AT : Antithrombin

# THROMBOEMBOLIC DISEASE

## TREATMENT AND PREVENTION (2)

### VITAMIN K ANTAGONISTS

#### Therapeutic agents

Acenocoumarol (*Sintrom*<sup>®</sup>)  
(½ life : 8-11 hours)

Phenprocoumon (*Marcoumar*<sup>®</sup>)  
(½ life : 32-46 hours)

Inhibition of γ-carboxylation of vitamin K dependent factors (FII, FVII, FIX, FX)

Biological monitoring of treatment with vitamin K antagonists (INR : International Normalized Ratio)

$$INR = (PT\ patient\ [seconds] / PT\ control\ [seconds])^{ISI}$$

ISI = International Sensitivity Index : sensitivity index of employed reagent compared to international reference reagent

#### Therapeutical ranges

	Low limit	Target	High limit
Primary and secondary prevention of venous thromboembolic disease	2.0	2.5	3.0
Mechanical prosthetic cardiac valves <sup>1</sup>	2.5	3.0	3.5

### FIBRINOLYTIC AGENTS

Tissular plasminogen activator, t-PA (*Actilyse*<sup>®</sup>), Streptokinase (*Streptase*<sup>®</sup>), Urokinase (*Urokinase HS medac*<sup>®</sup>)

<sup>1</sup> For more information : Salem D.N. and al. : Valvular and Structural Heart Disease : American College of Chest Physicians Evidence-Based Clinical Practice Guidelines (8th Edition). Chest 2008; 133 : 593-629.

# VENOUS THROMBOEMBOLIC DISEASE ANTICOAGULATION GUIDELINES

## INITIAL (Options, depending on situation)

**UNFRACTIONATED HEPARIN<sup>1,2</sup>** :  
 Bolus IV 80 UI / kg (2'500-5'000 UI),  
 then 400-600 UI / kg / 24 h (usually :  
 25'000-40'000 UI / 24 h) as continuous  
 IV infusion  
 To be favored in case of severe renal  
 failure

**LOW MOLECULAR WEIGHT HEPARIN** :  
 e.g. : *Enoxaparin* (Clexane<sup>®</sup>) : 2 mg / kg / 24 h in  
 2 SC inj. In elderly patients, by BW < 50 kg or > 100 kg :  
 dosage of plasmatic anti-Xa activity after 2nd or 3d dose,  
 3-5 h after SC injection  
 Caution by creatinin clearance < 30 mL / min

**FONDAPARINUX** (Arixtra<sup>®</sup>) :  
 7.5 mg SC / d  
 5 mg by body weight (BW) < 50 kg,  
 10 mg if BW > 100 kg  
 Contraindication :  
 creatinin clearance < 30mL / min  
 No control of platelet count needed

## EARLY SWITCH TO ANTIVITAMIN K DRUGS (*Acenocoumarol* : *Sintrom*<sup>®</sup>)

3 mg / d orally from the first or second treatment day (2 mg / d by age > 70 ans, BW < 50 kg or initial PT < 85%). INR control after the first 2 doses  
 By INR > 1.8 : ↘ dosis of 3d day  
 By INR between 1.2 and 1.8 : same dosis on 3d day  
 By INR < 1.2 : light dosis ↗ on 3d day  
 Target : allow stopping of the in initial anticoagulation (SC ou IV) < 5 days and / or after 2 consecutive INR at 24 h interval > 2.0

## DURATION OF ANTICOAGULATION

Postoperative limited deep vein thrombosis of the leg, increased bleeding risk  
 Proximal deep vein thrombosis / Secondary pulmonary embolism  
 Deep vein thrombosis / Idiopathic pulmonary embolism

6 week  
 3 months  
 6-12 months (or more if persisting risk factor  
 without increased bleeding risk)

Recurrent deep vein thrombosis and / or pulmonary embolism

Long term

<sup>1</sup> Activated partial thromboplastin time (aPTT) controls must be 1.5 - 2.5 time over basic value. Daily heparin dosis is consequently adapted

<sup>2</sup> Heparin administration has to be kept as short as possible [↗ risk of heparin induced thrombocytopenia (HIT) with prolonged heparin treatment]

# INDICATIONS FOR THE NEW ANTICOAGULANTS ANTI - Xa AND ANTI - IIa

INDICATION	Rivaroxaban	Apixaban	Dabigatran
PREVENTION OF VTE <sup>3</sup>	Prevention of DVT <sup>1</sup> : <ul style="list-style-type: none"> <li>Major orthopedic procedures of lower extremities (hip or knee prosthetic replacement)</li> </ul>	Prevention of VTE <sup>3</sup> in adult patients : <ul style="list-style-type: none"> <li>After scheduled operation for hip or knee prosthetic replacement</li> </ul>	No indication
TREATMENT OF VTE <sup>3</sup>	Treatment of DVT <sup>1</sup> Prevention of DVT <sup>1</sup> and PE <sup>2</sup> recurrence	No indication	No indication
PREVENTION OF AIS <sup>4</sup> RELATED TO NON VALVULAR AF <sup>8</sup>	Prevention of AIS <sup>4</sup> and of SE <sup>6</sup> related to AF <sup>8</sup>	No indication	Prevention of AIS <sup>4</sup> and SE <sup>6</sup> in patients with non valvular AF <sup>8</sup> associated with one or more of following risk factors : <ul style="list-style-type: none"> <li>Previous AIS<sup>4</sup>, TIA<sup>5</sup> or SE<sup>6</sup></li> <li>LVEF<sup>7</sup> &lt; 40%</li> <li>Symptomatic cardiac failure ≥ classe II NYHA<sup>9</sup></li> <li>Age ≥ 75 years</li> <li>Age ≥ 65 years with one of following affections : diabetes, coronaropathy or arterial hypertension</li> </ul>

<sup>1</sup> DVT : Deep Vein Thrombosis; <sup>2</sup> PE : Pulmonary embolism; <sup>3</sup> VTE : Venous Thromboembolism; <sup>4</sup> AIS : Acute Ischemic Stroke; <sup>5</sup> TIA : Transient Ischemic Attack; <sup>6</sup> SE : Systemic Embolism; <sup>7</sup> LVEF : Left Ventricular Ejection Fraction; <sup>8</sup> AF : Atrial Fibrillation; <sup>9</sup> NYHA : New York Heart Association

*After : CHUV, Lausanne : recommendations regarding use of Rivaroxaban, Apixaban et Dabigatran, Version January 1, 2013.*

# EFFECTS OF ANTICOAGULANTS ON COAGULATION TESTS

ANTICOAGULANT	TARGETS	aPTT	PT <sup>2</sup>	INR	TT	FIBRINOGEN	D-DIMERS	ANTI- Xa	ANTI-IIa
Vitamine K antagonists	II, VII, IX, X, protein C and S	↗	↘	↗	↗	↔	↔	↔	↔
Unfractionated heparin	IIa et Xa (AT-dependent)	↗	↔	↔	↗	↔	↔	↗	↗
Low molecular weight heparin	Xa (AT-dependent)	↔	↔	↔	↗	↔	↔	↗	↔
Dabigatran (Pradaxa®)	IIa <sup>1</sup>	↗	↘	↗	↗	↔	↔	↔	↗
Rivaroxaban (Xarelto®)	Xa <sup>1</sup>	↗	↘	↗	↔	↔	↔	↗	↔
Apixaban (Eliquis®)	Xa <sup>1</sup>	↗	↘	↗	↔	↔	↔	↗	↔

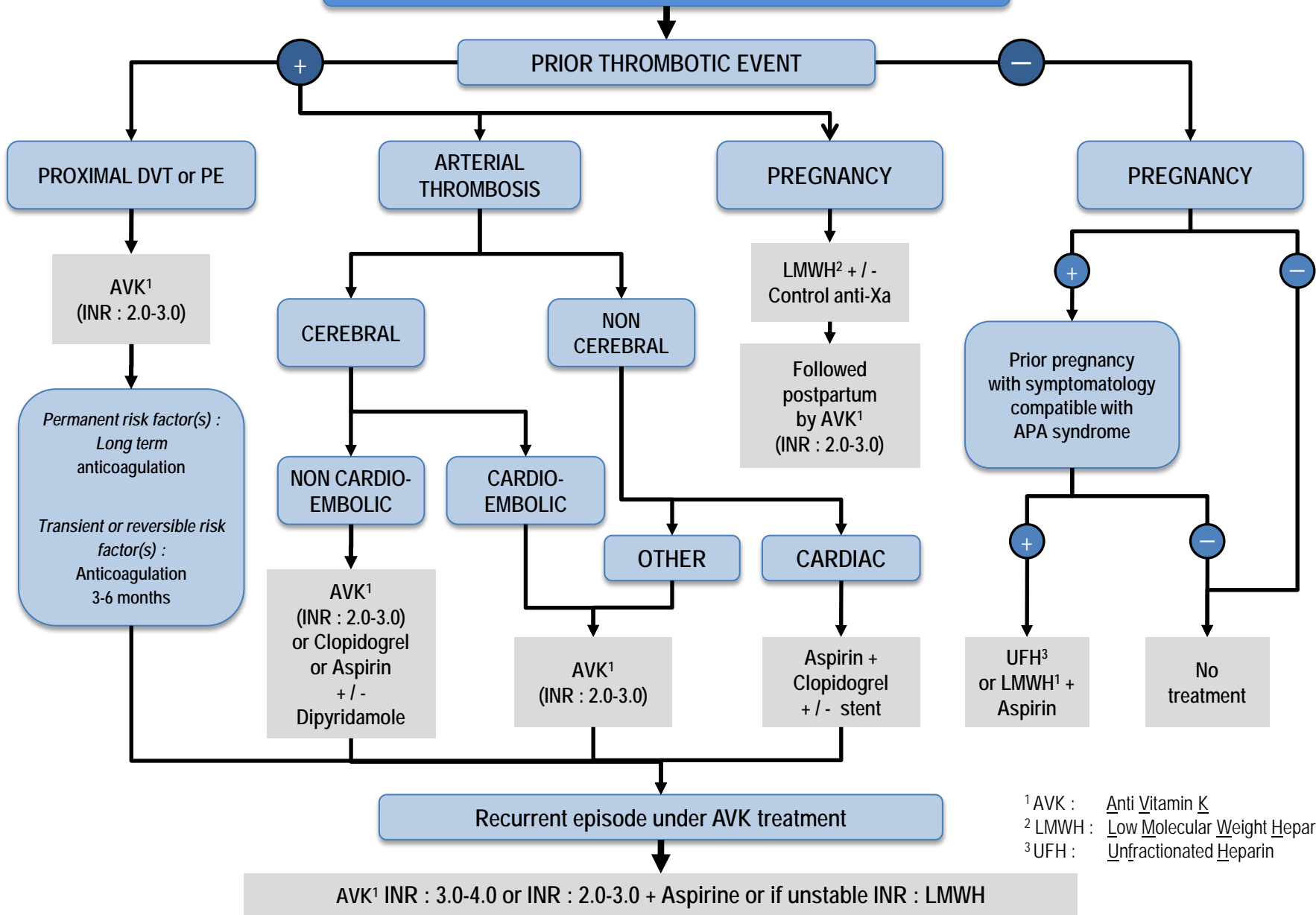
AT = antithrombin. Coagulation factors are mentioned by their roman numeral. «a» means «activated»

<sup>1</sup> Free and bound form

<sup>2</sup> PT (Quick) expressed in %

After : Gavillet M., Angelillo-Scherrer A. Quantification of the anticoagulatory effet of novel anticoagulants and management of emergencies. *Cardiovascular Medicine* 2012;15 : 170-179.

# ANTIPHOSPHOLIPID ANTIBODIES (APA)

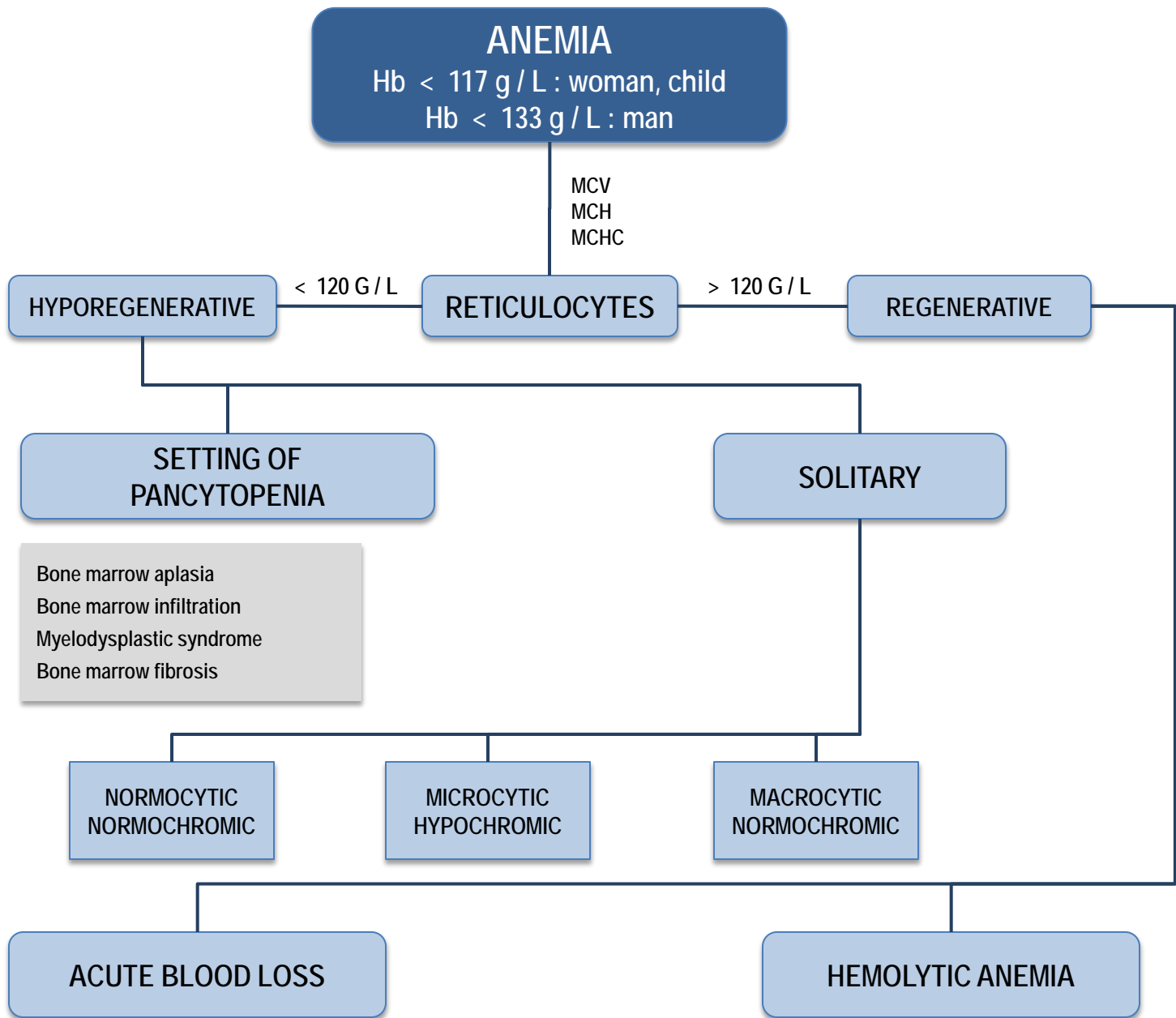


<sup>1</sup> AVK : Anti Vitamin K  
<sup>2</sup> LMWH : Low Molecular Weight Heparin  
<sup>3</sup> UFH : Unfractionated Heparin

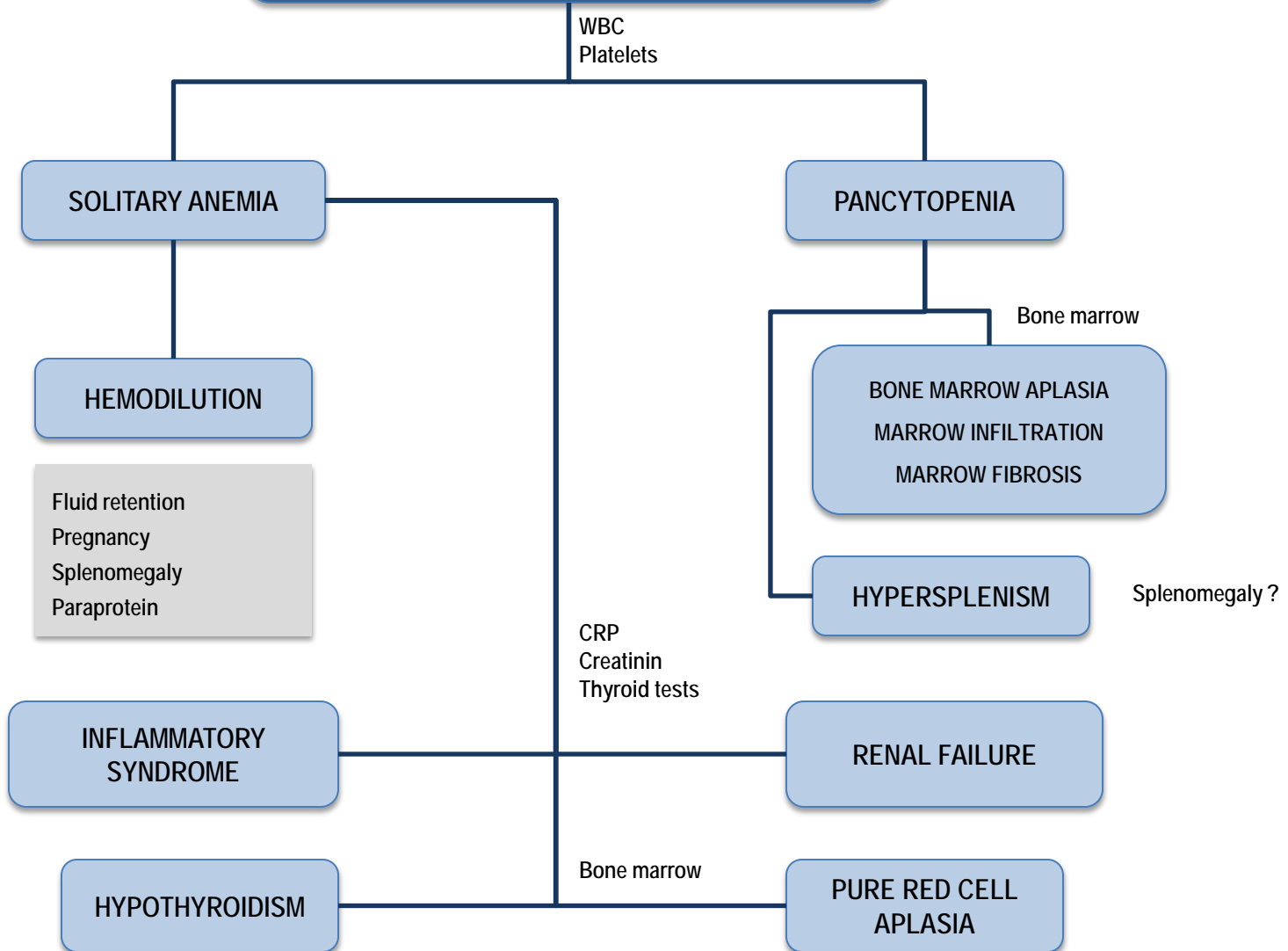
*Part 4*

# DIAGNOSTIC ALGORITHMS

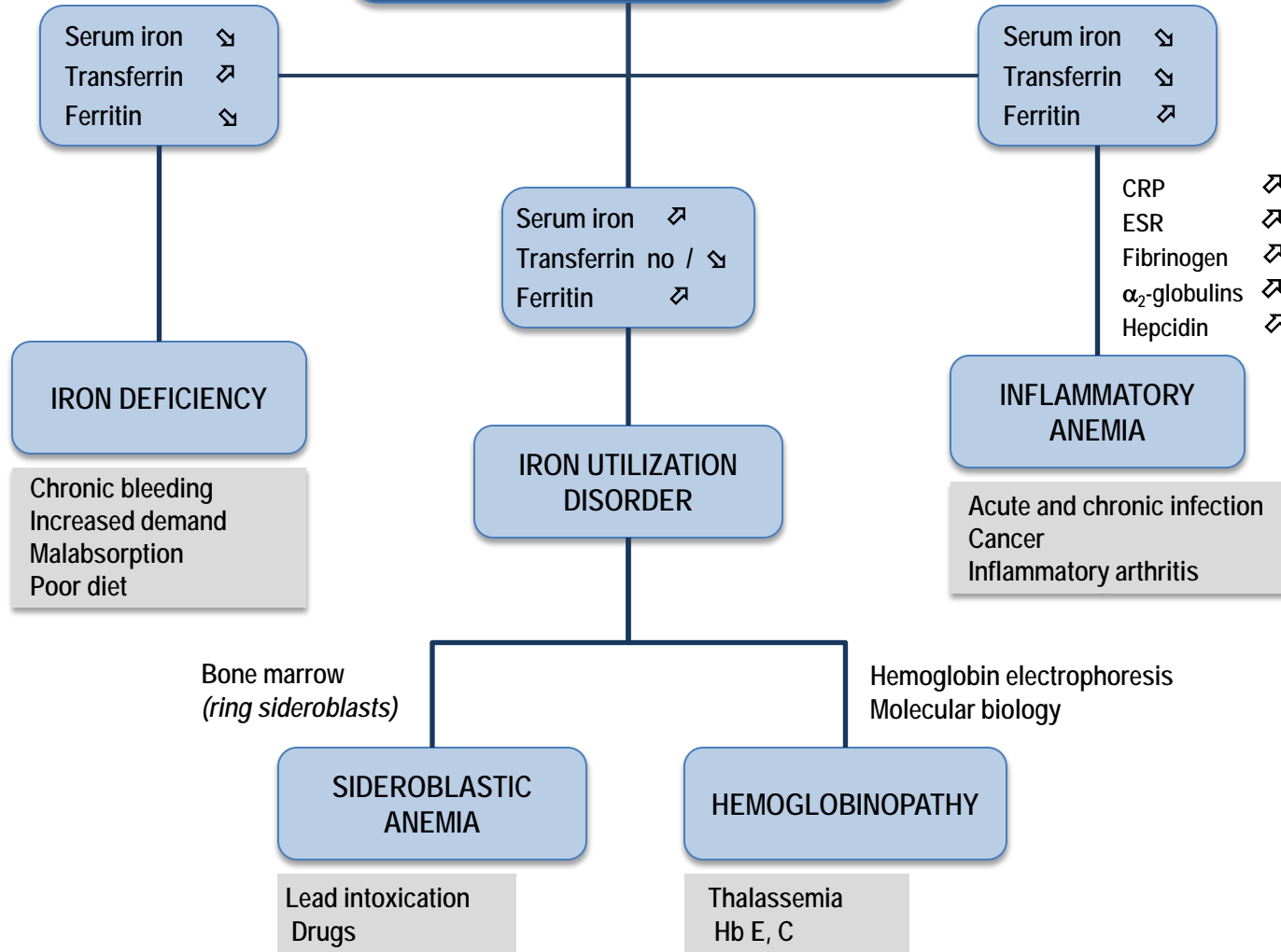




# NORMOCYTIC NORMOCHROMIC HYPOREGENERATIVE ANEMIA

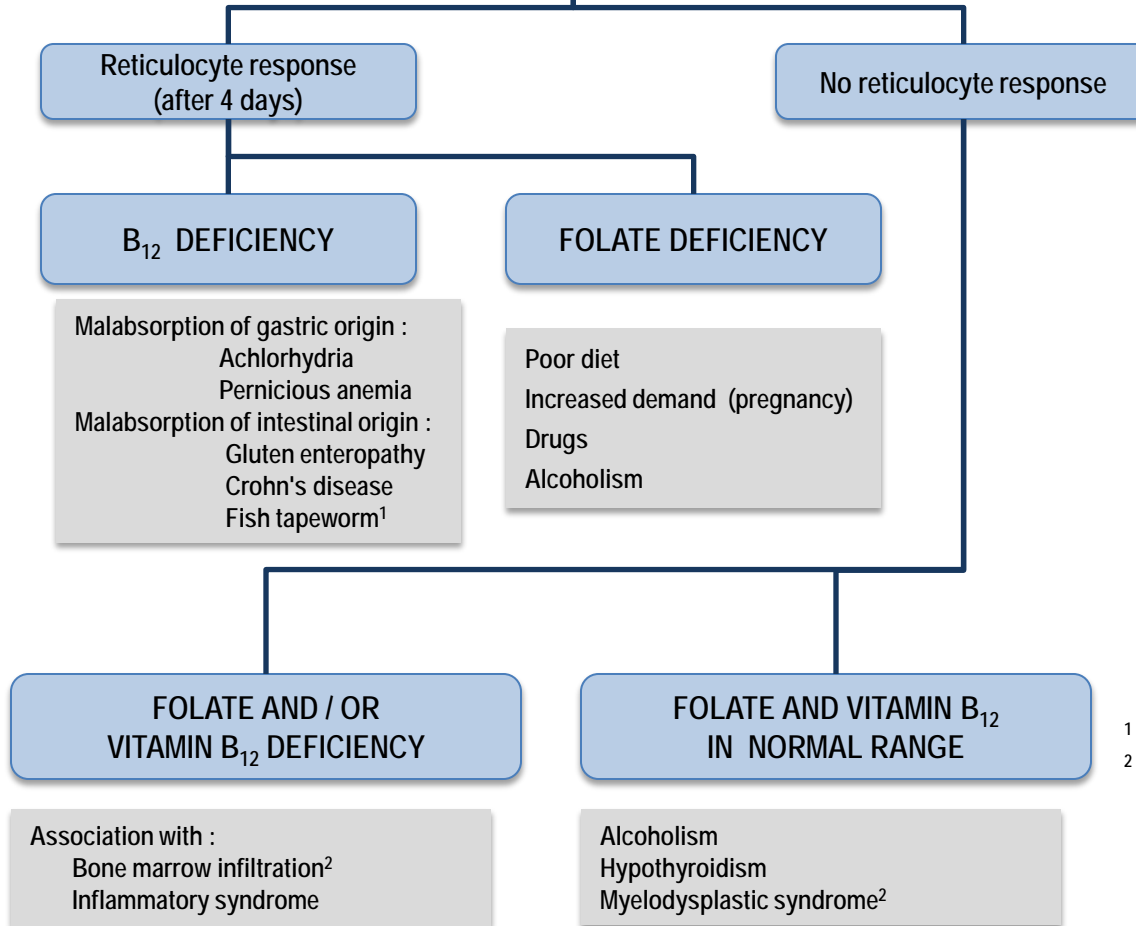


# MICROCYTIC HYPOCHROMIC ANEMIA



# MACROCYTIC ANEMIA

Vitamin B<sub>12</sub> and folate levels  
 1 mg B<sub>12</sub> q.d. IM  
 3 mg folate q.d. orally



<sup>1</sup> Diphyllobothrium latum

<sup>2</sup> Indication to bone marrow examination :  
 Cytology  
 Histology  
 Immunological markers  
 Cytogenetics  
 Molecular biology

# REGENERATIVE ANEMIA

ACUTE BLEEDING

HEMOLYTIC ANEMIA

History : Ethnic origin  
Family history  
Stay in foreign country  
Transfusions  
Pregnancies

RBC morphology :  
Spherocytes  
Schistocytes  
Sickle cells

Coagulation tests (thrombocytopenia ?)  
Search for parasites  
Antiglobulin test, autohemolysis  
Hemoglobin electrophoresis  
Test for enzymopathy

Bilirubin ↗  
LDH ↗  
Haptoglobin ↘

CORPUSCULAR

MEMBRANE ANOMALY  
Hereditary spherocytosis

ENZYMOPATHY  
Glucose-6-PD deficiency

HEMOGLOBINOPATHY  
Sickle cell anemia

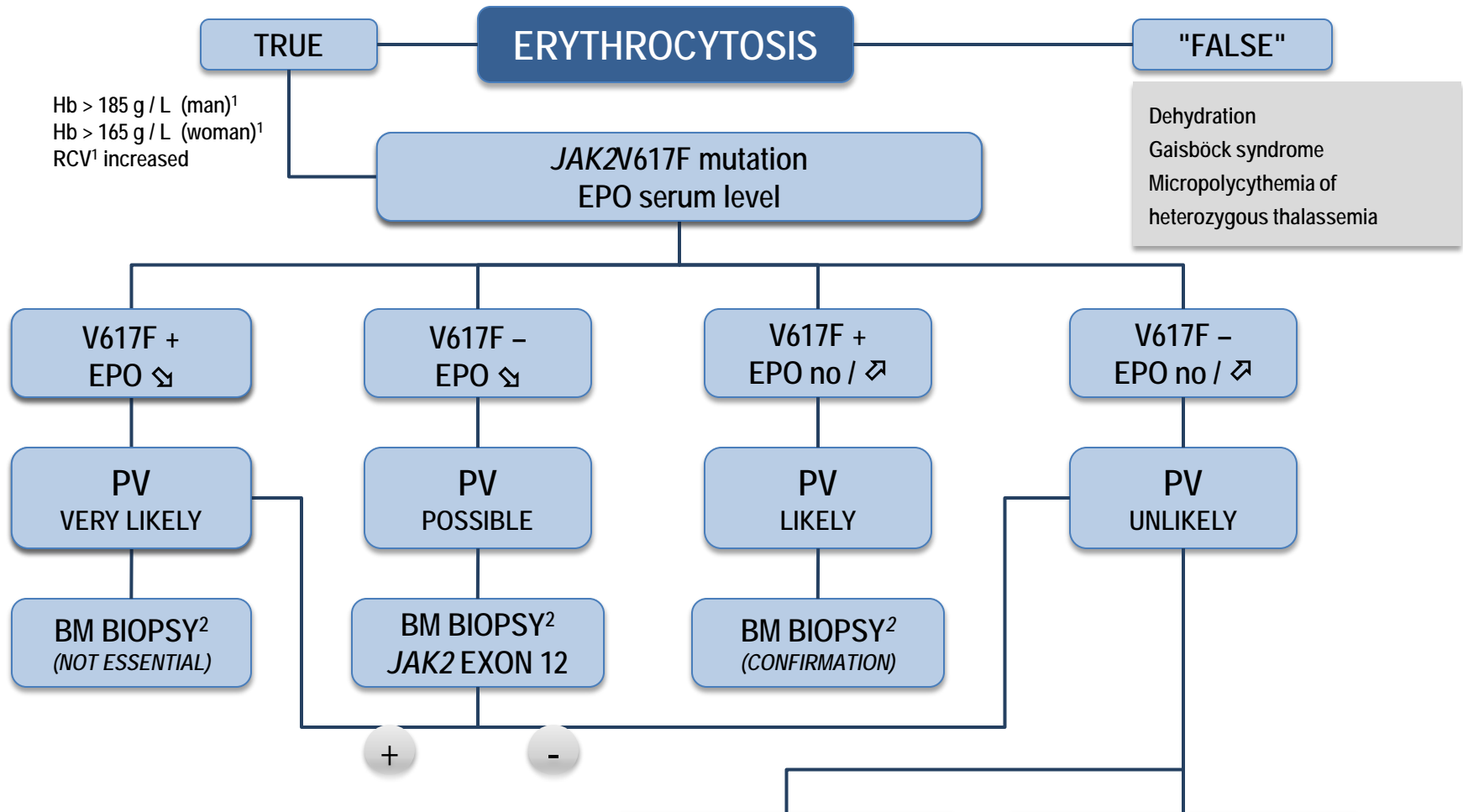
EXTRACORPUSCULAR

IMMUNE HEMOLYTIC ANEMIA

TOXIC HEMOLYSIS  
Lead intoxication

INFECTIOUS HEMOLYSIS  
Malaria

MECHANICAL HEMOLYSIS  
Microangiopathy



<sup>1</sup> or : Hb or Hct > 99<sup>th</sup> percentile of reference range for age, gender or altitude of residence  
 or : Hb > 170 g / L (men) or > 150 g / L (women) in case of sustained increase of ≥ 20 g / L from baseline that is not caused by correction of iron deficiency  
 or : RCV : Red Cell Volume > 25% over normal predicted value

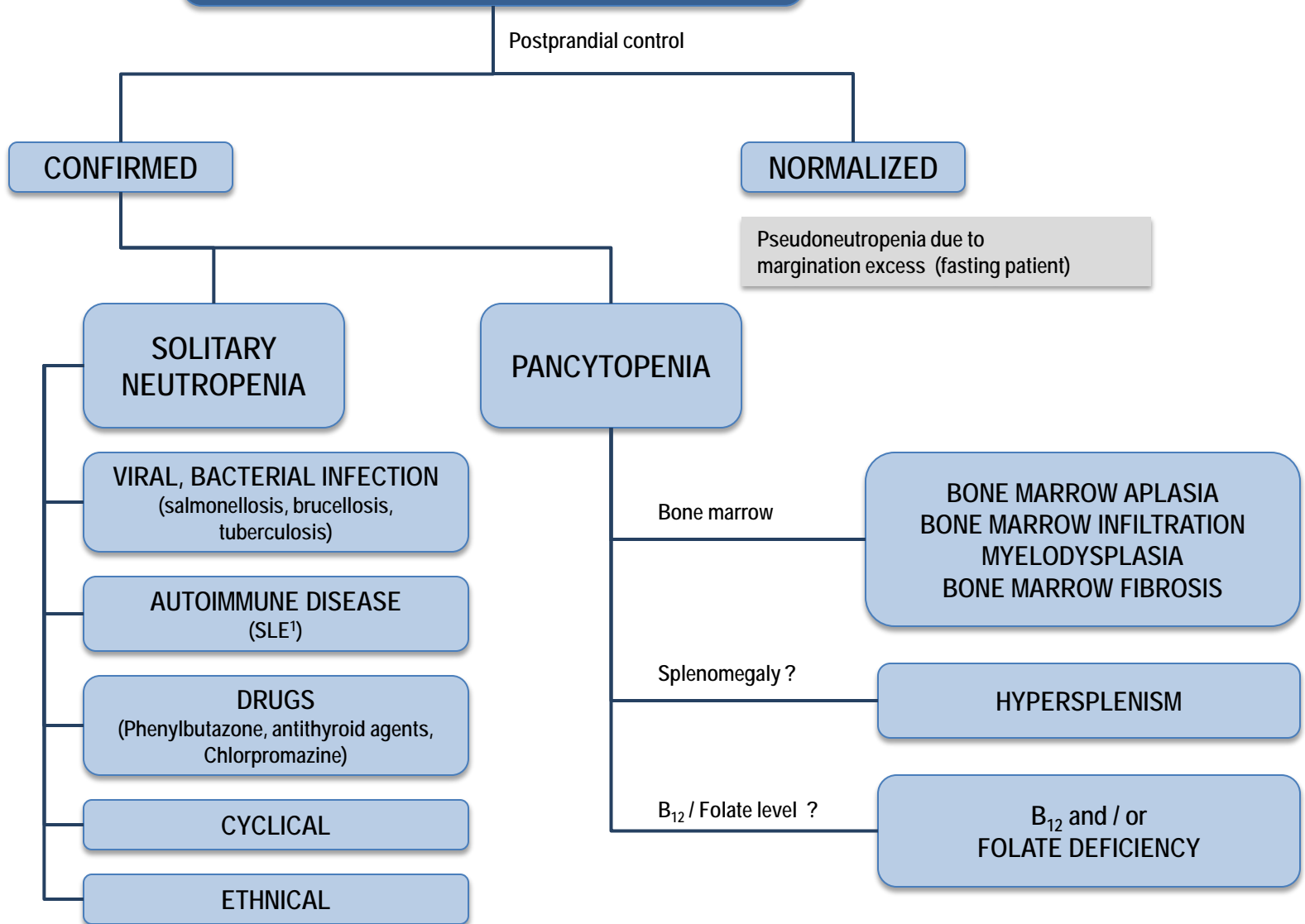
<sup>2</sup> Hypercellularity, increased number of megakaryocytes with morphological anomalies, reticulin fibrosis

- Adequate EPO secretion**
- Stay at high altitude
  - Respiratory failure
  - Cardiopathy with cyanosis
  - Smoking (carboxyhemoglobin)
  - CO intoxication
  - Sleep apnea
  - Hemoglobinopathy

- Inadequate EPO secretion**
- Benign tumors (renal cyst, uterine myoma, pheochromocytoma, meningioma, cerebellar hemangioblastoma)
  - Malignant tumors (kidney, liver, parathyroid carcinoma)

# ABSOLUTE NEUTROPENIA

Agranulocytosis : neutrophils < 0.5 G / L



<sup>1</sup> SLE : Systemic Lupus Erythematosus

# ABSOLUTE NEUTROPHILIA

## REACTIVE

### PHYSIOLOGICAL

Newborn  
Heavy exercise  
Menstruation  
Pregnancy

### PATHOLOGICAL

Smoking, stress  
Inflammatory syndrome  
  Bacterial infection  
  Cancer  
  Inflammatory arthritis  
Tissue necrosis  
  Myocardial infarction  
  Acute pancreatitis  
Drugs  
  Steroids, Lithium  
  G-CSF, GM-CSF  
Regeneration phase of acute  
blood loss or hemolytic  
anemia

## IN SETTING OF HEMATOPOIETIC NEOPLASM

### MYELOPROLIFERATIVE NEOPLASM

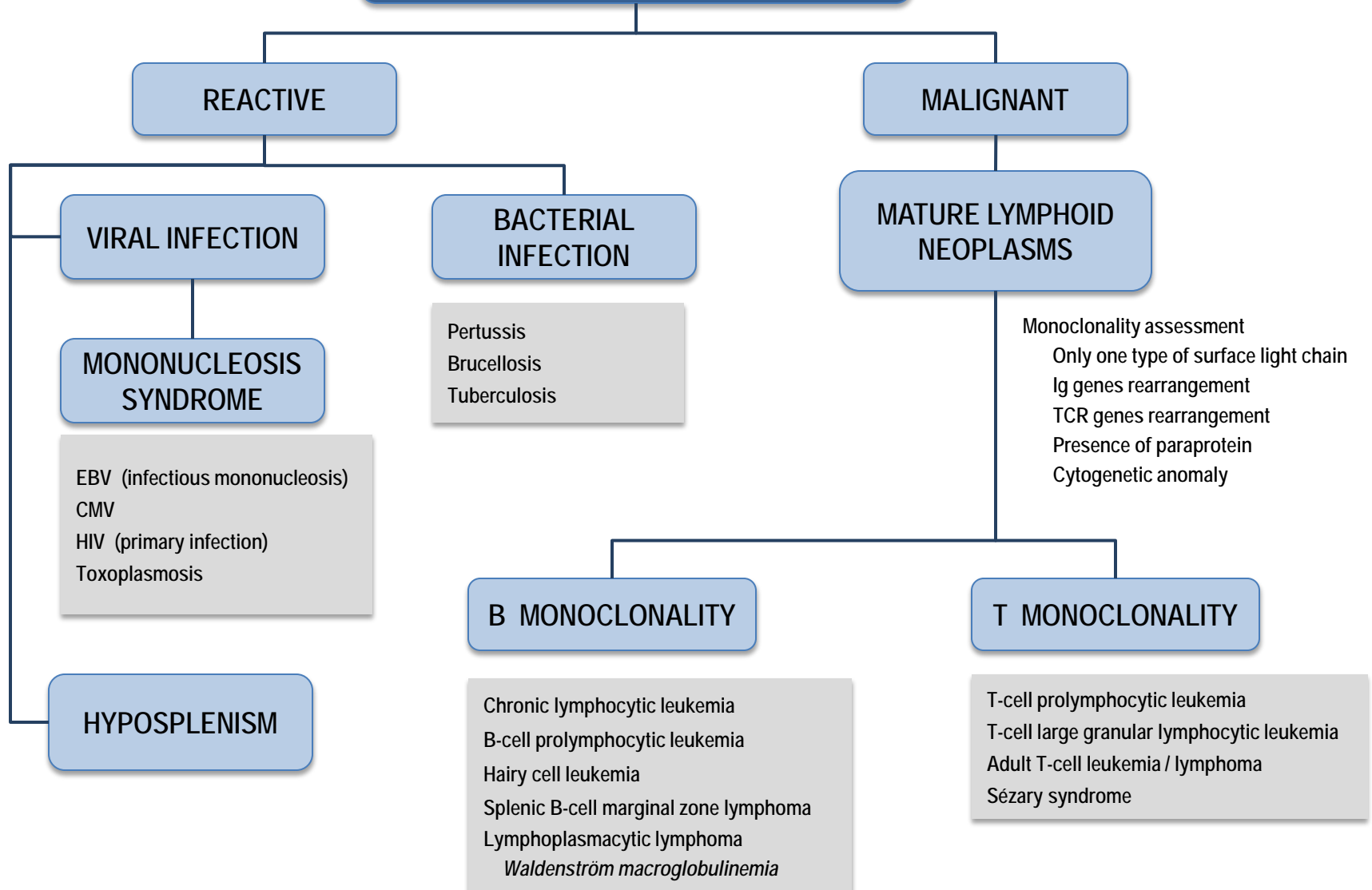
Chronic myelogenous leukemia  
Primary myelofibrosis  
Polycythemia Vera  
Essential thrombocythemia  
Chronic neutrophilic leukemia

### MYELOYDYSPLASTIC / MYELOPROLIFERATIVE NEOPLASM

Chronic myelomonocytic leukemia  
Atypical chronic myeloid leukemia



# ABSOLUTE LYMPHOCYTOSIS



# ABSOLUTE EOSINOPHILIA

## REACTIVE

### PARASITES

Nematodes (*oxyuriasis, ascariasis, trichinosis, filariasis, ancilostomiasis*)  
 Trematodes (*schistosomiasis, fascioliasis*)  
 Cestodes (*teniasis, echinococcosis*)

### ALLERGIES

Allergic rhinitis  
 Asthma bronchiale  
 Urticaria, atopic dermatitis  
 Drugs (penicillin, carbamazepine, gold salts)

### SYSTEMIC DISEASES

Panarteritis nodosa  
 Allergic granulomatosis angiitis (Churg-Strauss syndrome)  
 Eosinophilic fasciitis (Shulman syndrome)  
 Vasculitis

### MISCELLANEOUS

Recovery phase after acute infection  
 Adrenal failure  
 Chronic enteropathy  
 GM-CSF treatment  
 Hodgkin lymphoma  
 Hypereosinophilic syndrome<sup>1</sup>

## MALIGNANT

### MYELOPROLIFERATIVE NEOPLASM

Chronic eosinophilic leukemia  
 Chronic myelogenous leukemia

### MYELOID AND LYMPHOID NEOPLASMS WITH EOSINOPHILIA

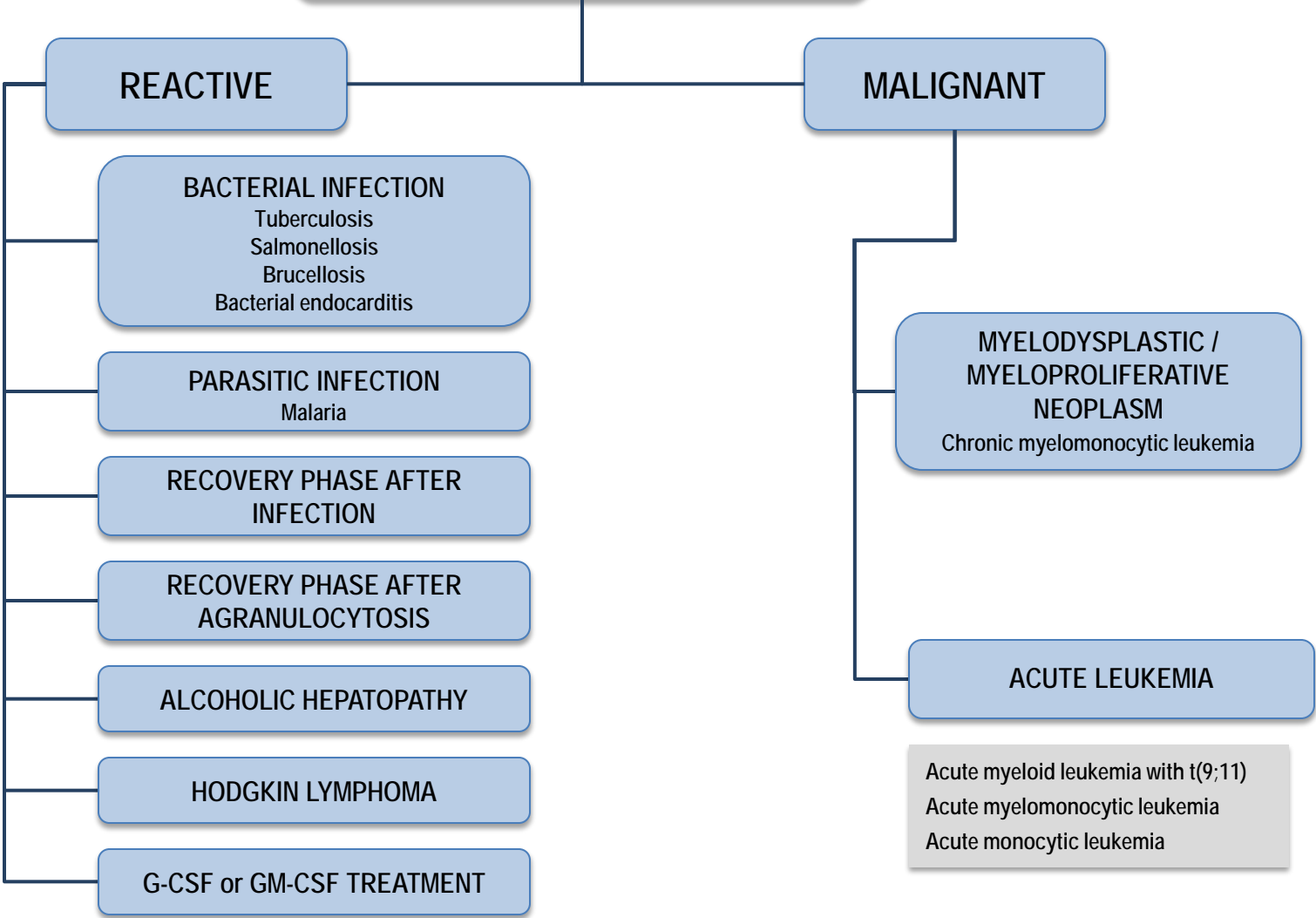
With *PDGFRA* gene rearrangement  
 With *PDGFRB* gene rearrangement  
 With *FGFR1* anomalies

### ACUTE LEUKEMIA

Acute myeloid leukemia with inv(16)

<sup>1</sup> Eosinophilia  $\geq 1.5$  G / L without any evidence for myeloproliferative neoplasm, myeloid and lymphoid neoplasm with eosinophilia and *PDGFRA*, *PDGFRB* or *FGFR1* anomaly, or AML

# ABSOLUTE MONOCYTOSIS

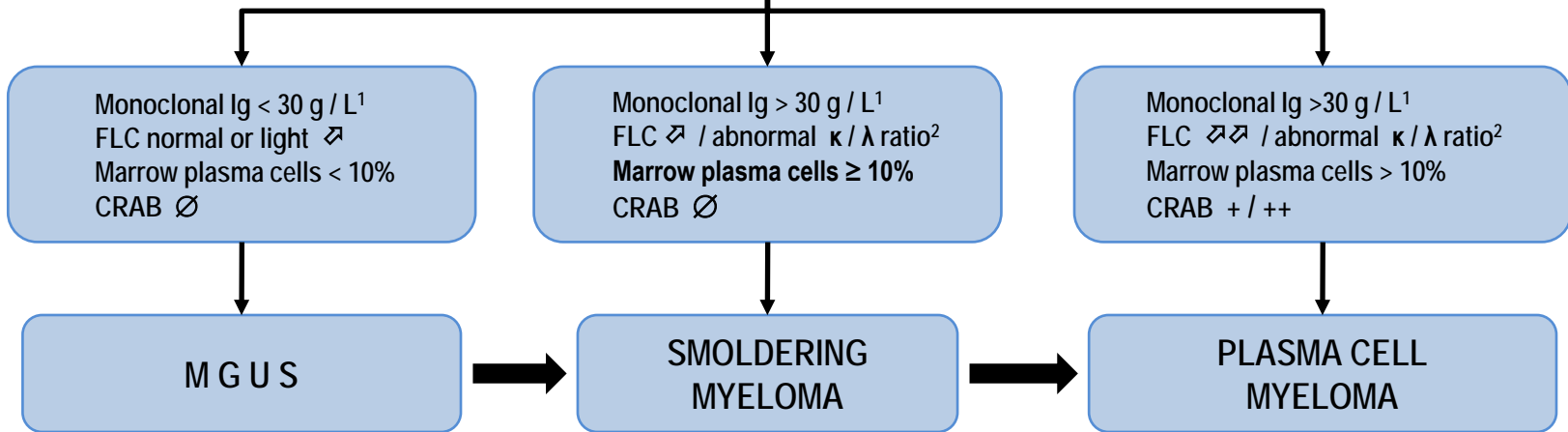


# MONOCLONAL IMMUNOGLOBULIN

## WORK-UP

FLC : Free serum Light Chains (*monoclonal*)

Monoclonal immunoglobulin (serum and / or urine)  
 FLC and  $\kappa / \lambda$  ratio  
 $\approx$  normal immunoglobulins  
 Monoclonal plasma cells in bone marrow (or plasmocytoma)  
 Associated organ lesion(s) :  
 Hypercalcemia (C)  
 Renal failure (R)  
 Anemia (A)  
 Lytic bone lesions (B) } **CRAB**



<sup>1</sup> Ig level may be lower for diagnosis if other criteria are present

<sup>2</sup> ↗ ratio if kappa ( $\kappa$ ) light chains increased

↘ ratio if lambda ( $\lambda$ ) light chains increased

# THROMBOCYTOPENIA

Platelet aggregates

Blood smear examination

## PSEUDO THROMBOCYTOPENIA

Due to EDTA (anticoagulant)

## TRUE THROMBOCYTOPENIA

### SOLITARY THROMBOCYTOPENIA

Bone marrow  
Splenomegaly?  
B<sub>12</sub>, folates?

### PANCYTOPENIA

Megakaryocytes

### CENTRAL THROMBOCYTOPENIA

Thiazide, alcohol

#### INFECTION

EBV, CMV  
HIV, HCV  
Helicobacter pylori, Malaria

#### DRUG

Heparin

#### DIC

### PERIPHERAL THROMBOCYTOPENIA

#### AUTOIMMUNITY

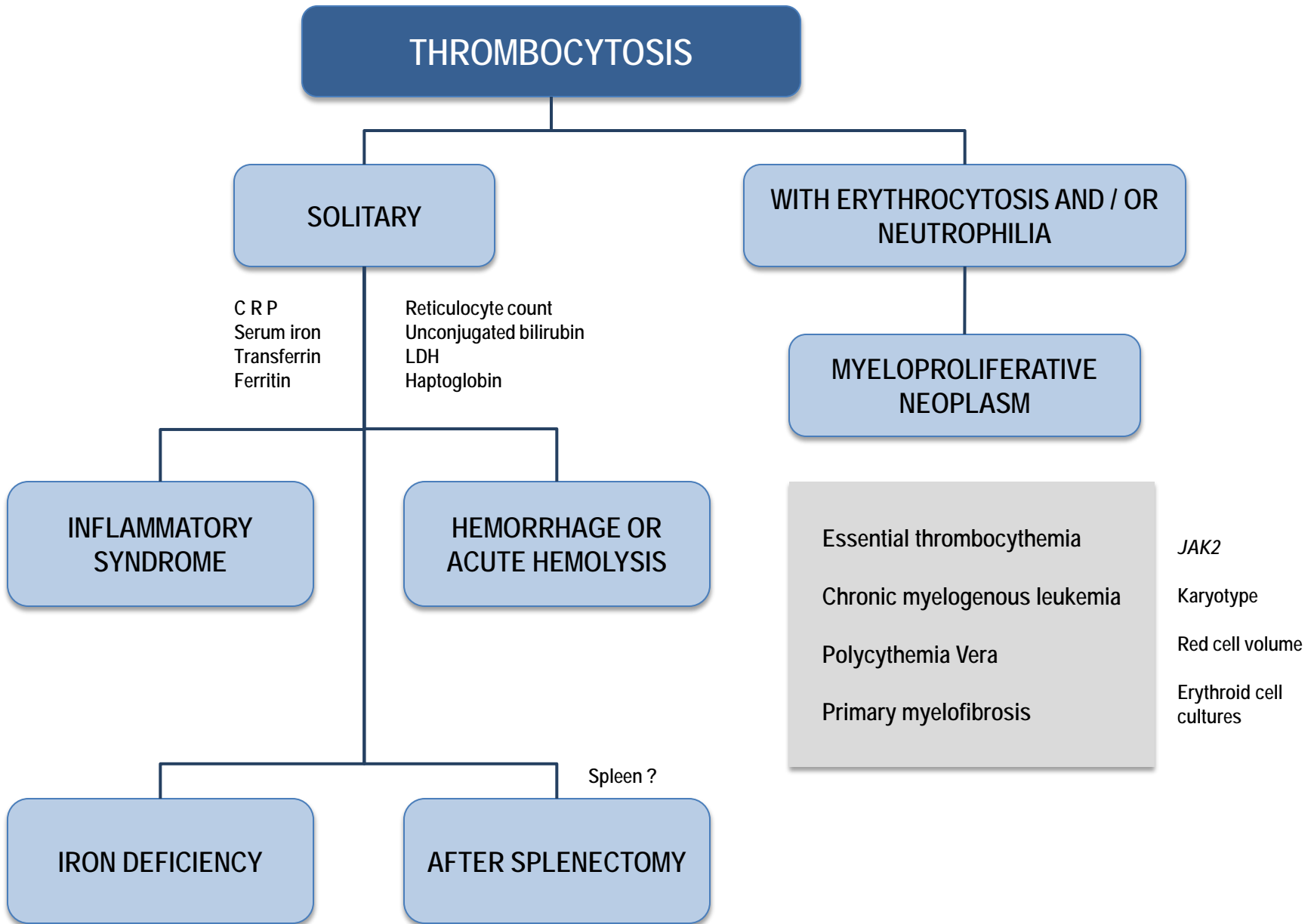
Systemic Lupus Erythematosus  
Lymphoid neoplasm

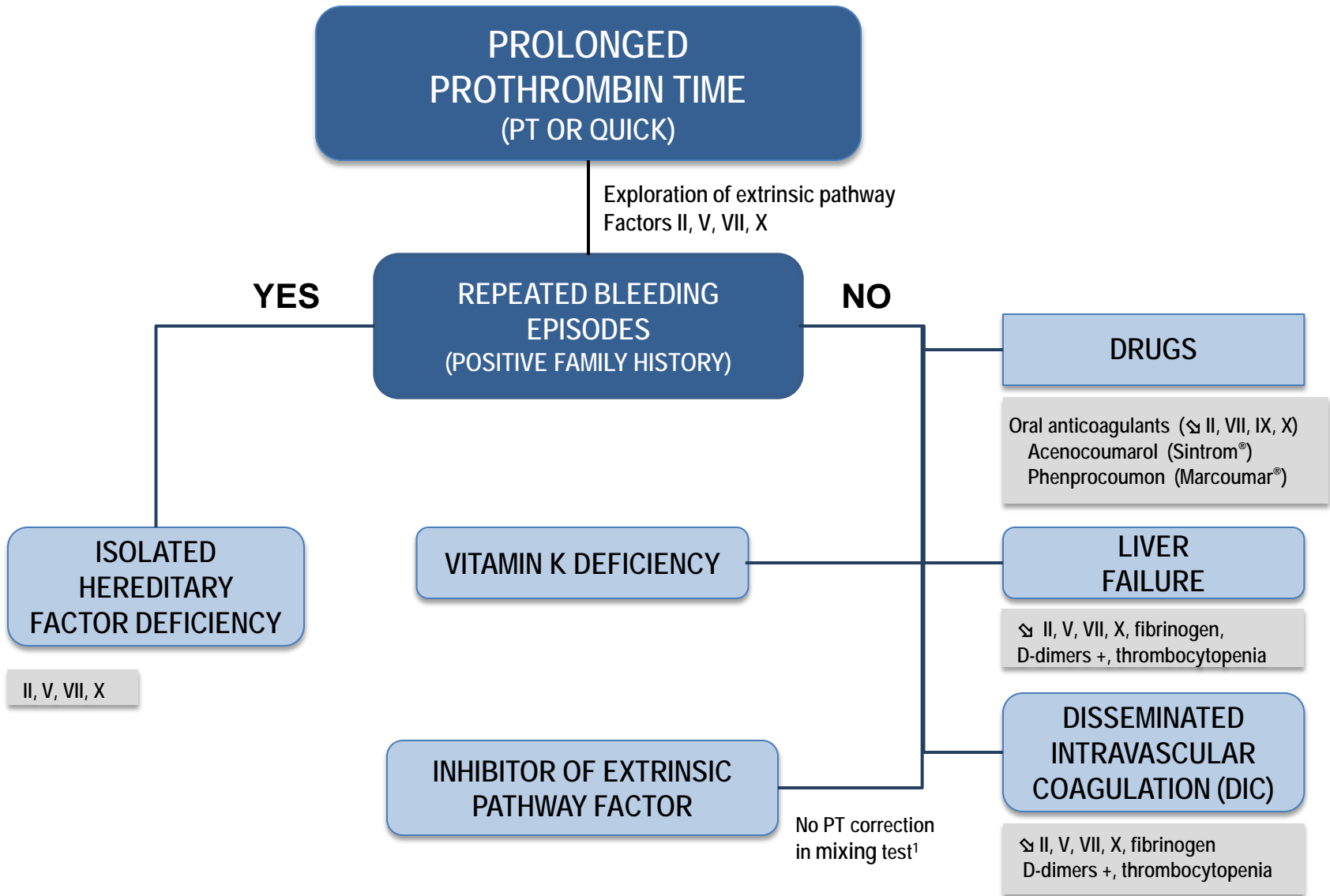
#### PRIMARY IMMUNE THROMBOCYTOPENIA

BONE MARROW APLASIA  
BONE MARROW INFILTRATION  
MYELODYSPLASIA  
BONE MARROW FIBROSIS

B<sub>12</sub> OR FOLATE  
DEFICIENCY

HYPERSPLENISM

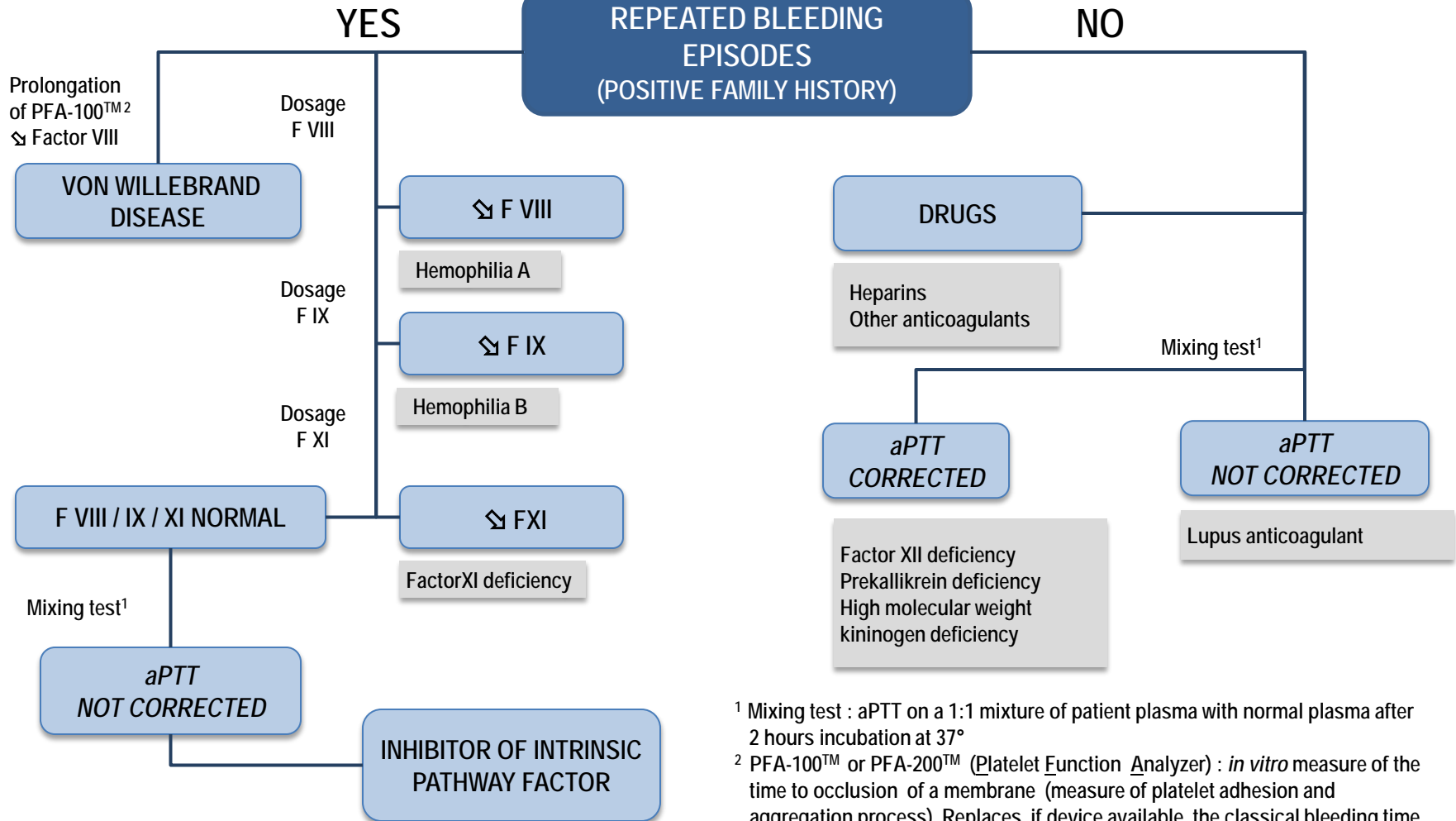




<sup>1</sup> Mixing test : PT / Quick on a 1:1 mixture of patient plasma with normal plasma after 2 hours incubation at 37°

# PROLONGATION OF ACTIVATED PARTIAL THROMBOPLASTIN TIME (aPTT)

Exploration of intrinsic pathway



<sup>1</sup> Mixing test : aPTT on a 1:1 mixture of patient plasma with normal plasma after 2 hours incubation at 37°  
<sup>2</sup> PFA-100™ or PFA-200™ (P)latelet F(unction) A(nalyzer) : *in vitro* measure of the time to occlusion of a membrane (measure of platelet adhesion and aggregation process). Replaces, if device available, the classical bleeding time



## BY WAY OF CONCLUSION

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Transfusion Medicine is presently not covered in this synopsis

Related morphological iconography may be found on :

<http://ashimagebank.hematologylibrary.org>

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April 2013