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Approach to monkeypox in pregnancy: conjecture is best guided by evidence



We welcome Mungmunpantip and colleagues' thoughts on the management of monkeypox during pregnancy. Their comments reiterate the consensus that monkeypox is a reemerging zoonosis of global health concern, not least for high-risk populations. However, the authors presented several points that require clarification.

First, although skin lesions may be discreet, the most common symptom in the ongoing monkeypox outbreak remains the appearance of rash (systemic, oral, genital, or in other locations) in 16,954 of 20,183 laboratory-confirmed cases (84%) reported to the World Health Organization (WHO).¹ Therefore, a careful clinical examination evaluating epidemiologic circumstances and mucocutaneous sites is crucial should obstetricians encounter a patient with nonspecific symptoms. Although there are reports of asymptomatic viral shedding in gay men, the actual prevalence is presently unknown, and the number who subsequently develop lesions is unclear. Data regarding the frequency of asymptomatic carriage of the monkeypox virus (MPXV) is necessary before the universal screening of pregnant women is recommended.

Second, as of September 15, 2022, gastrointestinal symptoms, including diarrhea and vomiting (as suggested by the authors), have not been recorded in the WHO's global surveillance report.¹ In addition, although the most common neurologic manifestation of monkeypox infection is a prodromal headache—usually generalized or frontal²—such headaches are common in pregnancy and many other systemic viral infections. Importantly, however, we advise obstetricians to recognize the onset of altered mental status, muscle weakness, and bladder and bowel incontinence as these are atypical features of MPXV infection, given reports of MPXV-associated encephalomyelitis in previously healthy, immunocompetent individuals.³ The pathophysiology of such neurologic manifestations is likely to be either an MPXV invasion of the central nervous system or a parainfectious autoimmune process precipitated by MPXV viremia.

Third, the assessment and accreditation of laboratories performing MPXV polymerase chain reaction (PCR) assays are standard linchpins to avoid the authors' concerns of specimen contamination and inaccurate results.

Finally, we disagree with the statement that there is a negligible risk of vertical transmission of MPXV.

Monkeypox viral DNA within fetal and placental lesions has been detected concurrently at birth with real-time PCR. More likely, the spurious shortage of clinical data results from the socioeconomic challenges restricting scientific publication within remote countries where monkeypox was previously endemic. Furthermore, it is uncontested that pregnant women with MPXV demonstrate a high rate of adverse outcomes, including pregnancy loss. Several pathogenic mechanisms could contribute to the intrauterine transmission of MPXV, including ascending infection, hematogenous dissemination, and direct infection of syncytiotrophoblasts.⁴ The risks to the fetus must not be disregarded during this outbreak. ■

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Risk of endometrial cancer in asymptomatic postmenopausal women in relation to ultrasonographic endometrial thickness



TO THE EDITORS: We read with interest the review by Vitale et al.¹ The implication of this review is that the most important parameter in assessing the risk of endometrial cancer, which should lead to initiating invasive diagnostic procedures, is the endometrial thickness (ET), whether the cutoff may be 3 or 6 mm. The authors accept that there is no guideline for universal screening for endometrial cancer but imply that incidental screening at routine gynecologic examinations should be performed. In the author's meticulous statistical analysis of ET, they failed to include other risk factors, such as age, obesity, hormonal treatments, or family history. These data deficiencies restrict the value of a single ET measurement in clinical decision-making and in addressing very practical questions as follows: Does a 6-mm endometrial thickness in an 80-year-old woman carry the same risk as in a 55-year-old woman? What if the patient has the same ET measured over time? What is the success rate of office hysteroscopy in each age group? Should a failure of diagnostic hysteroscopy because of cervical stenosis invariably lead to hysteroscopy under general anesthesia? What if the patient has significant comorbidities? Should we advocate pursuing a procedure under general anesthesia knowing the low yield? Do we defer the procedure and leave the patient with fear that she has cancer? Most importantly, does early diagnosis of endometrial cancer in asymptomatic patients carry a better prognosis?

The authors have listed our study, which was further corroborated in a meta-analysis^{2,3} in their reference list, but did not address our results and their implications. Endometrial cancer diagnosed in asymptomatic postmenopausal women was not found to be associated with higher survival rates than in patients with postmenopausal bleeding. We believe that operative hysteroscopy and curettage procedures should be very carefully considered in asymptomatic patients with ultrasonographically diagnosed endometrial polyps or

thick endometrium. It is reasonable to reserve these procedures for patients whose ultrasonographic findings demonstrate marked change over time or for patients at very high risk of endometrial cancer. ■

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