Supplementary table 2: Characteristics of included and excluded participants. 10-year follow-up (2003-2006 to 2009-2012) CoLaus study, Lausanne, Switzerland

	Included	**Excluded**	**P-value**
N	5131	1602	
Gender (Woman %)	2818 (54.9)	726 (45.3)	<0.001
Age (years)	51.7 ± 10.5	55.4 ± 11.1	<0.001
Clinical data			
Weight (kg)	72.2 ± 14.2	77.0 ± 17.0	<0.001
Body mass index (kg/m^2)	25.4 ± 4.2	27.2 ± 5.3	<0.001
Waist (cm)	87.6 ± 12.5	93.6 ± 14.7	<0.001
Hypertension (%)	2367 (46.1)	1011 (63.4)	<0.001
Resting heart rate (bpm)	67 ± 9	70 ± 11	<0.001
Family history of diabetes (%)	1117 (21.8)	455 (28.4)	<0.001
Prescribed steroids (%)	23 (0.5)	2 (0.1)	0.095†
Lifestyle data			
Physical activity (%)	2868 (55.9)	727 (45.6)	<0.001
Alcohol consumption (%)			<0.001
None	1361 (26.5)	554 (34.6)	
1-13 UA/week	2945 (57.4)	708 (44.2)	
14-27 UA/week	659 (12.8)	254 (15.9)	
≥28 UA/week	166 (3.2)	86 (5.4)	
Smoking categories (%)			0.024
Never	2119 (41.3)	613 (38.4)	
Former	1670 (32.6)	513 (32.1)	
Current	1342 (26.2)	470 (29.5)	
Blood markers			
Fasting plasma glucose (mmol/l)	5.3 ± 0.6	6.2 ± 2	<0.001
Triglycerides (mmol/l)	1.33 ± 1.09	1.60 ± 1.39	<0.001 §
HDL (mmol/l)	1.66 ± 0.44	1.54 ± 0.43	<0.001
Uric acid (μmol/l)	307 ± 83	328 ± 89	<0.001

UA, units of alcohol. Results expressed as average ± standard deviation or as number of participants and (percentage). Between-group comparisons performed using student's t-test or Kruskal-Wallis test (§) for continuous variables and chi-square or Fisher's exact test (†) for categorical variables.