

# Sudden Stratospheric Warmings

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## Key Points:

- Sudden stratospheric warmings are dramatic events of the polar stratosphere that affect the atmosphere from the surface to the thermosphere.
- Our understanding of sudden stratospheric warmings has accelerated recently, particularly the predictability of surface weather effects.
- More observations, improved climate models, and big data methods will address uncertainties in key aspects of sudden stratospheric warmings.

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**Abstract**

Sudden stratospheric warmings (SSWs) are impressive fluid dynamical events in which large and rapid temperature increases in the winter polar stratosphere ( $\sim 10\text{--}50\text{km}$ ) are associated with a complete reversal of the climatological wintertime westerly winds. SSWs are caused by the breaking of planetary-scale waves that propagate upwards from the troposphere. During an SSW, the polar vortex breaks down, accompanied by rapid descent and warming of air in polar latitudes, mirrored by ascent and cooling above the warming. The rapid warming and descent of the polar air column affects tropospheric weather, shifting jet streams, storm tracks, and the Northern Annular Mode, making cold air outbreaks over North America and Eurasia more likely. SSWs affect the atmosphere above the stratosphere, producing widespread effects on atmospheric chemistry, temperatures, winds, neutral (non-ionized) particles and electron densities, and electric fields. These effects span both hemispheres. Given their crucial role in the whole atmosphere, SSWs are also seen as a key process to analyze in climate change studies and subseasonal to seasonal prediction. This work reviews the current knowledge on the most important aspects of SSWs, from the historical background to dynamical processes, modelling, chemistry, and impact on other atmospheric layers.

**Plain Language Summary**

The stratosphere is the layer of the atmosphere from  $\sim 10$  to  $50\text{km}$ , with pressures decreasing to  $\sim 1$  hPa (0.1% of surface pressure) at the top. The polar stratosphere during winter is normally very cold, with strong westerly winds. Roughly every two years in the Northern Hemisphere, the quiescent vortex suddenly warms over a week or two, and the winds slow dramatically, resulting in easterly winds that are more similar to the summer. These events, known as sudden stratospheric warmings (SSWs) were discovered in the early 1950s, and today they are observed in detail by satellites. After several decades researching SSWs, considerable progress has been made in dynamical aspects of SSWs, but our understanding of how they affect both surface weather and the upper atmosphere is incomplete. We observe that variability of the stratospheric circulation (SSWs being an extreme event) is associated with shifts in the jet stream and the paths of storms, with associated effects on rainfall and temperatures. The likelihood of cold weather spells and damaging wind storms is also affected. Almost all SSWs have occurred in the Northern Hemisphere, but there was one spectacular major SSW in 2002 in the Southern Hemisphere.

**1 Introduction**

Sudden stratospheric warmings (SSWs) are the most dramatic stratospheric phenomenon. During SSWs, the normally strong wintertime westerly stratospheric circulation breaks down in a few days, and is replaced by weak easterly winds. This is accompanied by polar warming by up to  $50^\circ\text{C}$ ; the effects extend to Earth's surface as well as through the mesosphere and beyond. The climatology of both the mean flow and planetary-scale wave amplitudes determines the overall likelihood of SSWs, which occur only during extended winter and almost exclusively in the Northern Hemisphere.

The variation of insolation with latitude and season drives a strong annual cycle in the stratosphere. During winter the polar stratosphere is characterized by a strong, westerly, cold polar vortex. The polar vortex is formed primarily through radiative cooling and is characterized by a band of strong westerly winds at mid- to high latitudes. Typical temperatures are  $\sim -65^\circ$  to  $-55^\circ\text{C}$  ( $\sim 208$  to  $218$  K) in the polar Northern Hemisphere at 10 hPa. Roughly every two years, the wintertime vortex is disrupted by planetary-scale waves to such an extent that this circulation breaks down, with westerly winds becoming weak easterly, and temperatures climbing several tens of  $^\circ\text{C}$ —essentially summertime conditions—and occasionally (e.g., January 2009) climbing above  $0^\circ\text{C}$  at some

78 local points. SSWs happen very rapidly, i.e., in a few days, resulting in one of the most  
79 dramatic atmospheric events. Figure 1 illustrates a sudden warming event in 2018–2019,  
80 together with the background climatology and variability of zonal wind, and the aver-  
81 age temperature from 65°–90°N at 10 hPa. It is important to highlight that both the  
82 lowest and highest recorded temperatures occurred in mid-winter. Outside of winter, the  
83 stratosphere is quiescent. The warming event (red curve) was followed, after more than  
84 a month, by anomalously low temperatures and strong winds in the middle stratosphere.  
85 Figure 2 illustrates zonal mean temperature anomalies averaged over days 0–30 follow-  
86 ing SSW events. The upper stratosphere cools, and that there is slight cooling in the mid-  
87 latitudes and tropics in compensation for the downward adiabatic warming over the pol-  
88 ar cap. Vectors illustrate the approximate motion consistent with the temperature anom-  
89 alies (and pressure anomalies, not shown). See Baldwin, Birner, and Ayarzagüena (2019)  
90 for details of the calculation. In particular, note the poleward movement of mass near  
91 the surface at high latitudes. This leads to higher Arctic surface pressure following SSWs.

92 The effects of SSWs are not only identified in the middle stratosphere. SSWs last  
93 much longer in the lower stratosphere and troposphere than they do in the upper strato-  
94 sphere. Figure 3a illustrates a lag composite of temperature anomalies for SSW events  
95 in JRA-55 reanalyses (1958–2015). Above 30 km, the SSW events end within two to three  
96 weeks, while in the lowermost stratosphere SSWs last more than two months, on aver-  
97 age. This is largely due to the faster radiative time scale in the upper stratosphere. Pres-  
98 sure anomaly composites (Figure 3b) are similar to temperature, except that surface ef-  
99 fects are clearly visible. The “lumpiness” of the surface signal is due to averaging of a  
100 relatively small number of SSWs. Averaged over days 0–60 the surface pressure anomaly  
101 is 2.1 hPa, but is only 0.74 hPa near the tropopause. This is called “surface amplifica-  
102 tion” of the stratospheric signal (Baldwin, Birner, & Ayarzagüena, 2019). The fact that  
103 the pressure anomaly from SSWs is largest at the surface is important. It means that  
104 tropospheric near-surface processes must be reinforcing the stratospheric signal, raising  
105 surface pressure over the polar cap (See Section 7).

106 SSWs are fascinating from a fluid dynamical perspective, and perhaps the simplest  
107 and most insightful way of viewing the dynamics is maps of potential vorticity (PV; see  
108 Section 4) (McIntyre & Palmer, 1983, 1984). Maps of PV in the middle stratosphere show  
109 that planetary-scale wave breaking erodes the polar vortex, sharpening its edge. All SSWs  
110 are preceded by erosion of the vortex, which forms a “surf zone” surrounding the vor-  
111 tex. With fine enough resolution, one can see filamentation—thin streamers—of PV be-  
112 ing stripped away from the vortex and mixed into the surf zone. This horizontal view  
113 complements the zonal mean, which shows mainly rapid temperature rises as air descends  
114 over the polar cap, accompanied by slowing of the zonal winds. Over time, differing mech-  
115 anisms have been suggested to explain the occurrence of SSWs. Some of the mechanisms  
116 are complementary descriptions from different perspectives, e.g., the zonal-mean perspec-  
117 tive of wave, mean-flow interaction, vs. the horizontal perspective of wave breaking and  
118 potential vorticity. These issues are discussed in Section 4.

119 An underlying question is whether or not SSWs are dynamically unique extreme  
120 events. Given the observed distributions of temperatures, winds, PV, etc., do SSWs stand  
121 out as outliers from the distribution? Or is it that SSWs simply occupy one tail of the  
122 distribution? In the Northern Hemisphere (NH), it appears that SSWs occupy one tail  
123 of the distribution (e.g., of wintertime of zonal mean wind at 60°N, 10 hPa). There is  
124 a broad continuum of warmings, from very minor to major deviations from climatology  
125 (Coughlin & Gray, 2009). Thus, defining an SSW as having occurred or not comes down  
126 to defining a fixed threshold (e.g., of absolute stratospheric fields such as polar wind and/or  
127 temperature at some level) or a relative field (e.g., based on the variability of the polar  
128 stratosphere such as the Northern Annular Mode or just the variability of the polar tem-  
129 perature (Butler et al., 2015)). As summarized in Section 3, many different criteria have  
130 been proposed for detecting major SSW events. They often identify the most disruptive

131 events but differ in the quantitative size and timing of the events. However, the use of  
132 different algorithms in studies can lead to inconsistent conclusions among studies, par-  
133 ticularly when using different models or under different climate states (McLandress &  
134 Shepherd, 2009a).

135 So far we have mainly focused on the NH, since all major SSWs occurred in the  
136 NH prior to 2002. In fact, in the Southern Hemisphere (SH) there has been only one ma-  
137 jor SSW (in 2002), and it was indeed spectacular (Kruger et al., 2005). In terms of daily  
138 zonal wind anomalies, the event was approximately eight standard deviations from the  
139 mean—far outside the distribution up to that time. As rare as this event was, in early  
140 September 2019 a similarly anomalous event occurred, though it did not technically qual-  
141 ify as a major SSW by established criteria (Hendon et al., 2019; Rao, Garfinkel, White,  
142 & Schwartz, 2020). Southern Hemisphere warming events are important because they  
143 inhibit strong heterogeneous ozone depletion—essentially preventing the formation of the  
144 ozone hole—and because these events affect jet streams, precipitation (and droughts) es-  
145 pecially across Australia (e.g. Thompson et al., 2005; Lim et al., 2019).

146 The effects of SSWs are not confined to the polar stratosphere. SSWs affect the  
147 circulation in the tropical stratosphere (e.g. Kodera et al., 2011) and beyond, mixing chem-  
148 ical constituents such as ozone, as indicated in Section 9. The large descent over the po-  
149 lar cap associated with the SSW is balanced by upwelling south of  $\sim 50^\circ\text{N}$  that extends  
150 into the Southern Hemisphere (Figure 2). Also visible is ascent (cooling) in the polar up-  
151 per stratosphere, that extends into the mesosphere (Krnich & Becker, 2010). SSWs can  
152 affect thermospheric chemistry, temperatures, winds, electron densities, and electric fields,  
153 across both hemispheres (Chau et al., 2012). These effects are discussed in Section 8.

154 Some of the most important impacts of SSWs occur in the troposphere, and this  
155 is actually one of the SSW features that has received most of the attention in literature  
156 in the last decade—as summarized in Section 7. On average, SSWs are observed to have  
157 substantial, long-lasting effects on surface weather and climate, especially on sea-level  
158 pressure (SLP) and the Northern Annular Mode (NAM), with associated shifts in the  
159 jet streams, storm tracks, and precipitation (e.g. Baldwin & Dunkerton, 2001). These ef-  
160 fects are much larger than can be explained by dynamical theories such as PV inversion  
161 (e.g. Charlton et al., 2005) or the tropospheric response to stratospheric wave forcing.  
162 Tropospheric processes, possibly involving low-level Arctic temperature anomalies, act  
163 to amplify the stratospheric signal (Baldwin, Birner, & Ayarzagüena, 2019). This pic-  
164 ture of SSW impacts on surface weather becomes clear when analysis over many SSWs  
165 is averaged together. Despite the extensive efforts of the scientific community, it is still  
166 impossible to predict which individual SSW will have a visible downward impact—meaning  
167 that the tropospheric anomalies (e.g., NAM index or pressure) are of the same sign as  
168 as those in the stratosphere. Some SSWs may have a tropospheric impact, but not enough  
169 to be obvious.

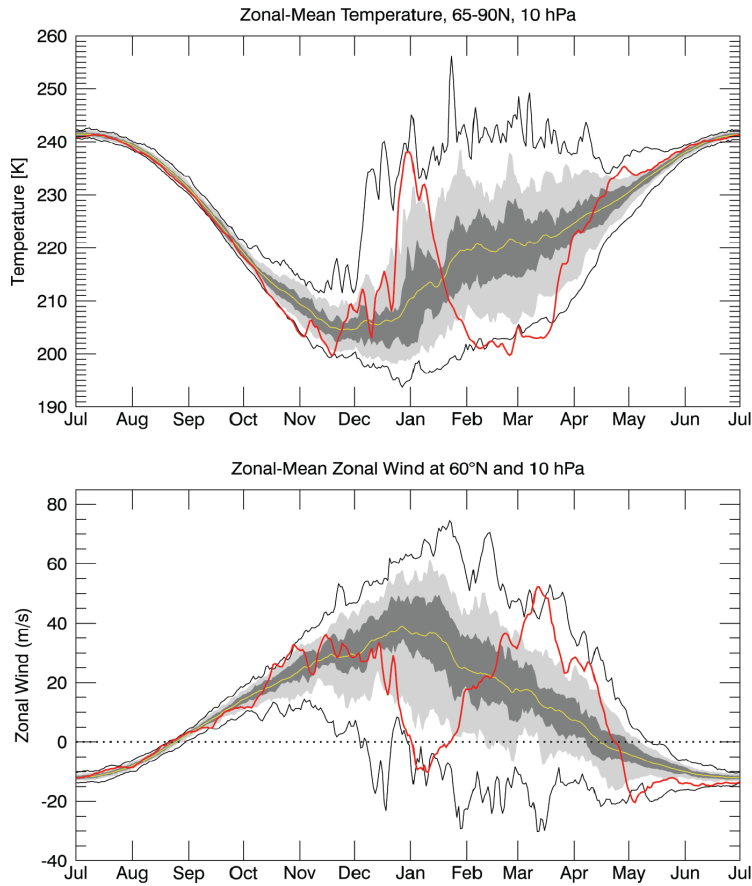
170 Given the relevance of SSW events on the whole atmosphere, several efforts have  
171 been made in investigating their predictability. SSWs can be predicted relatively well  
172 10-15 days in advance (Tripathi et al., 2015; Karpechko, 2018; Domeisen, Butler, et al.,  
173 2020a). Several phenomena outside the polar stratosphere have been identified, in the  
174 observations, as possible modulators of the likelihood of SSWs. Some of them are related  
175 to the tropical stratosphere such as the Quasi-Biennial Oscillation (QBO) and Semi-Annual  
176 Oscillation (SAO) of the equatorial stratosphere. Others are related to ocean-atmosphere  
177 system such as the El Niño-Southern Oscillation (ENSO) and Madden Julian Oscilla-  
178 tion (MJO), and some others even refer to external phenomena such as the 11-yr solar  
179 cycle. With multiple possible influences, and only around 40 SSWs since 1958, quanti-  
180 fying these relationships is challenging.

181 In this study, we offer a review of our current understanding of most aspects of SSWs.  
182 Most of the previous reviews of SSWs were published several decades ago and only or

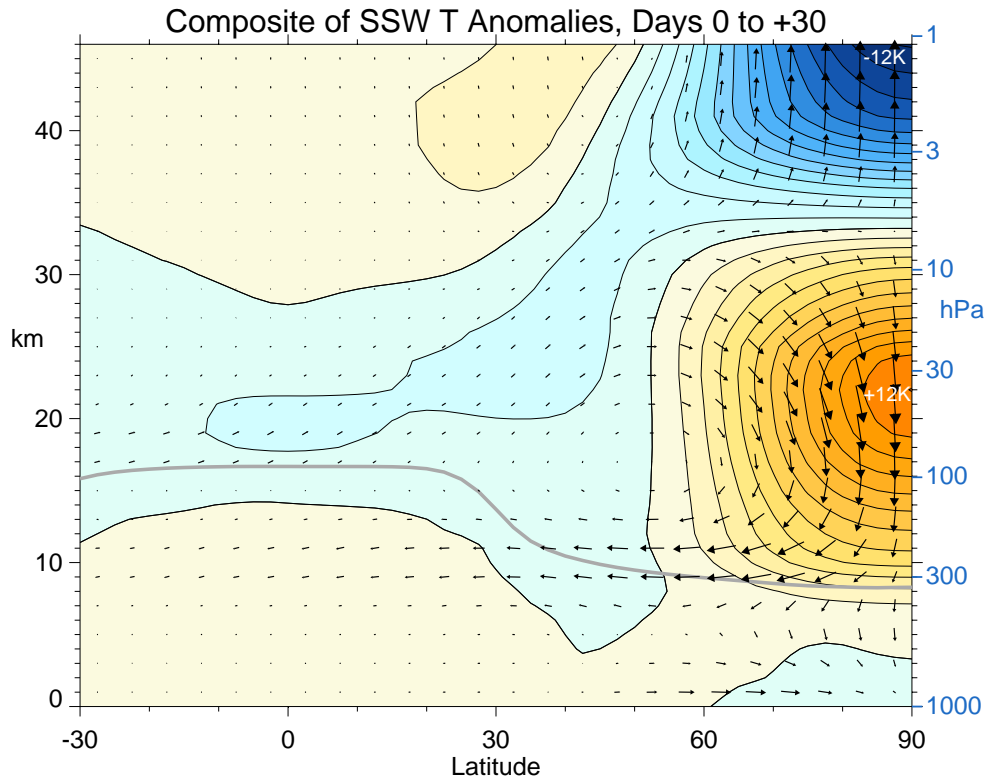
183 mostly focused on the explanation of the dynamics involved in the occurrence of these  
184 events (e.g. Schoeberl, 1978; Holton, 1980; McIntyre, 1982). Around 1980 the availabil-  
185 ity of observations in the stratosphere was very limited, mainly because meteorological  
186 satellites were just starting to operate. This hindered the investigation of SSW aspects  
187 such as the effects on the upper atmosphere. Surface weather effects were not widely recog-  
188 nised until 1999 (e.g. Baldwin & Dunkerton, 1999). Another limitation was that gener-  
189 al circulation models (GCMs) in the 1970s and 1980s had low vertical resolution of the  
190 stratosphere. The biggest increase in the number models with well-resolved stratospheres  
191 was relatively recent, during the Coupled Model Intercomparison Project Phase 5 (CMIP5)  
192 (Charlton-Perez et al., 2013). Model development has not only allowed the advance in  
193 knowledge on known dynamical and chemistry aspects, but also the exploration of new  
194 SSW perspectives such as the benefits of including stratospheric information to improve  
195 medium-range to subseasonal predictions of surface weather. Research on SSWs has ac-  
196 celerated in very recent decades with a large increase in the number of publications on  
197 this topic. Summaries have been written by O’Neill et al. (2015) and Padatella et al. (2018),  
198 but not in detail, or just covering the most common aspects such as dynamics, types of  
199 events, history or tropospheric fingerprint. For instance, O’Neill et al. (2015) do not ad-  
200 dress the effects of SSWs on the atmosphere above the stratopause, whereas Padatella  
201 et al. (2018) provide just an overview of SSWs influence on the whole atmosphere with-  
202 out going much in detail. Still, as anticipated previously, many questions remain open.  
203 The present review aims to provide a general overview of SSWs by covering the major  
204 aspects of SSWs, their impacts, and the outstanding research challenges. In Section 2  
205 a brief historical background is provided and Section 3 describes the classification of these  
206 events. Dynamical theories for the occurrence of SSWs are included in Section 4, and  
207 possible external factors driving SSWs are discussed in Section 5. The predictability of  
208 SSWs is discussed in Section 6, and their effects on climate and weather are presented  
209 in Section 7. Effects above the stratosphere are described in Section 8, and chemical/tracer  
210 aspects are shown in Section 9. Finally, the outlook/conclusion is provided in Section  
211 10.

## 212 **2 Historical background**

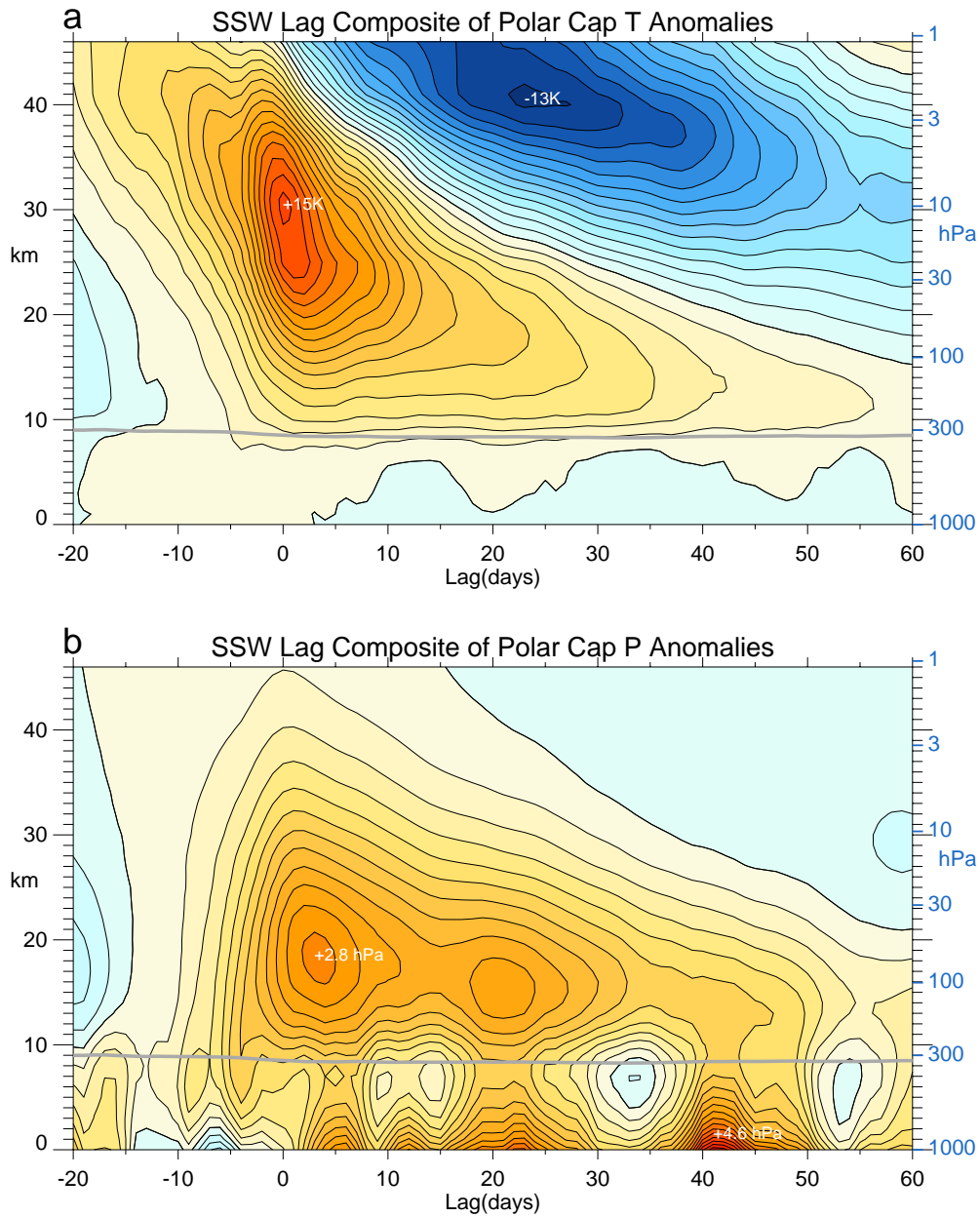
213 SSWs were discovered by Richard Scherhag in radiosonde temperature measure-  
214 ments above Berlin, Germany. Scherhag started regular radiosonde measurements from  
215 the area of the former Tempelhof airport in Berlin in January 1951. As professor and  
216 head of the recently founded Institute of Meteorology at Freie Universität Berlin he was  
217 interested in exploring the stratosphere. With the help of the U.S. allies in post-war Berlin  
218 he was able to employ a new type of American radiosonde using neoprene balloons which  
219 provided regular measurements of the stratosphere up to  $\sim 30$  km altitude ( $\sim 10$  hPa).  
220 In a first publication in spring 1952, Scherhag reported an explosive-type warming of the  
221 high stratosphere in January 1952 and concluded that the observed warming was too strong  
222 to be explained by advection (Scherhag, 1952a). This “Berlin Phenomenon”, as Scher-  
223 hag called the warming, developed as follows: “While all measured stratospheric tem-  
224 peratures ranged between  $-56^\circ$  and  $-69^\circ\text{C}$  on January 26, only two days later  $-37^\circ\text{C}$  were  
225 measured at 13 hPa. This means a sudden warming of 30 degrees had started on Janu-  
226 ary 27. On January 30, the temperature reached  $-23^\circ\text{C}$  in 10 hPa, followed by a rapid  
227 cooling.” Scherhag also found that the warming slowly propagated downward to the 200  
228 hPa pressure level within one week. This first warming pulse was followed by a second,  
229 even stronger warming about one month later, with a temperature maximum of  $-12.4^\circ\text{C}$   
230 (a warming of  $\sim 37^\circ\text{C}$  within 2 days) at 10 hPa on February 23 and a change in circula-  
231 tion to south-easterly winds in the middle stratosphere. Figure 4 shows the Tempel-  
232 hof radiosonde temperature measurements of February 21 (before the warming), Febru-  
233 ary 23 (at the peak of the SSW), and on February 28 (after the peak) (Wiehler, 1955).  
234 Also in February 1952, upper-level wind data from radiosondes over the northern U.S.  
235 indicated an increase of the frequency of easterly winds at 50 hPa associated with a closed



**Figure 1.** 10-hPa  $65^{\circ}$ – $90^{\circ}$ N ERA-Interim reanalysis (Dee et al., 2011) zonal-mean temperatures (top) and zonal-mean wind at  $60^{\circ}$ N (bottom) for July 2018–June 2019 (red lines). An SSW event is seen as the upward spike in temperature and the reduction to less than 0 m/s in zonal wind (easterlies). The yellow lines signifies the average conditions in the stratosphere for that time of year, while the gray shading show 70th (dark) and 90th (light) percentiles. Solid black lines show the max/min for prior winters 1979–2018. The month ticks indicate the first day of the month.

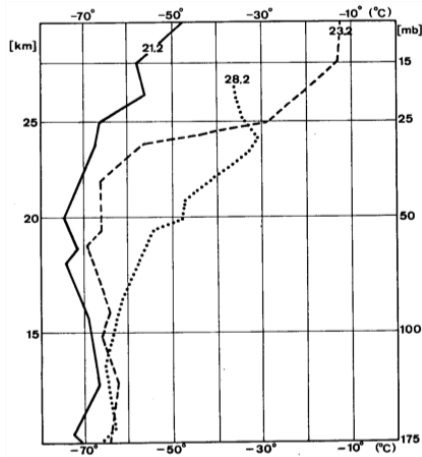


**Figure 2.** Composite temperature anomalies averaged during days 0–30 following 36 SSW events during 1958–2015 in JRA-55 data (1116 day mean) (Kobayashi et al., 2015). The SSWs dates are defined based on the reversal of the zonal mean zonal wind at  $60^{\circ}\text{N}$  and 10 hPa, applying the criterion of Charlton and Polvani (2007). The contour interval is 1K. The vertical component of the vectors represent the approximate displacement (from the climatological basic state) to form the temperature anomalies shown. Similarly, the horizontal components represent the north-south movement consistent with pressure regressions (not shown). The vectors are derived statistically from regressions, and are not a dynamical circulation. Beginning with the basic state, atmospheric movement defined by the vectors would create temperature and pressure anomalies approximately equal to the regression values. The calculation was performed in height coordinates. The pressure labels are approximate. The lapse-rate tropopause (gray line) is shown for the days in the composite.

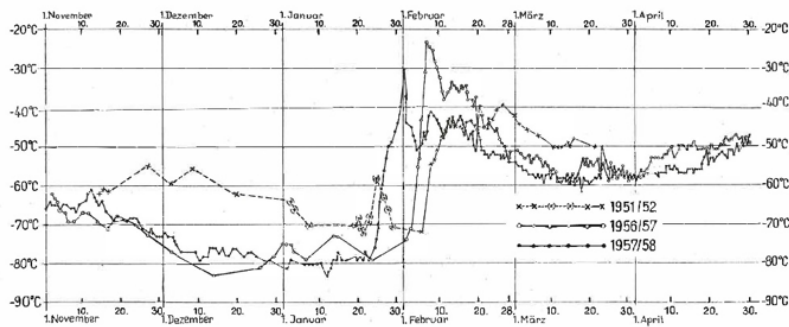


**Figure 3.** (a) Lag-composite of polar cap (65°–90°N) mean temperature anomalies from 36 SSW events during 1958–2015 in JRA-55 data. The SSWs dates are defined based on the reversal of the zonal mean zonal wind at 60°N and 10 hPa, applying the criterion of Charlton and Polvani (2007). The contour interval is 1K. The tropopause (gray line) is depressed by ~750m following the warmings. (b) as in (a) except for polar cap pressure anomalies. Contour interval 0.25 hPa





**Figure 4.** Radiosonde temperature measurements in Berlin-Tempelhof during the first recorded Sudden Stratospheric Warming in February 21-28, 1952. Figure from Wihler (1955).



**Figure 5.** 50 hPa temperature time series over Alert, Ellesmere Land, during the 3 winters with stratospheric warmings in the 1950s. Figure from Warnecke (1962).

236 persistent anticyclonic circulation northwest of Hudson Bay and a warming over Canada  
237 and Greenland (Darling, 1953).

238 In a first attempt to explain the unexpected warming of the winter stratosphere,  
239 Scherhag (1952b) and Willett (1952) suspected a severe solar eruption on February 24  
240 to be the source. While we now know that solar effects are not strong enough to force  
241 individual SSWs, a statistical relation between the occurrence of SSWs and solar activity  
242 is actively discussed until the present day. A similar stratospheric warming had also  
243 been noted the year before, in February 1951, from British Meteorological Office radiosonde  
244 and radar measurements over England and Scotland. It was accompanied by a reversal  
245 of the lower stratospheric winds to easterlies which were followed again by westerlies be-  
246 fore the transition to summertime easterlies (Scrase, 1953). It then took until the winters  
247 1956/57 and 1957/58 that similarly strong SSWs were analysed in maps which had  
248 been specifically produced on stratospheric pressure levels (Teweles, 1958; Teweles & Fin-  
249 ger, 1958). Figure 5 shows the evolution of 50 hPa temperature over Alert, Ellesmere  
250 Land, during 3 winters with stratospheric warmings in the 1950s.

251 With the start of the International Geophysical Year (IGY) in July 1957, the number  
252 of radiosonde balloons reaching altitudes above 30 km increased. Stratospheric maps  
253 (daily or every five days, at 100, 50, 30 and 10 hPa) for the Northern Hemisphere were

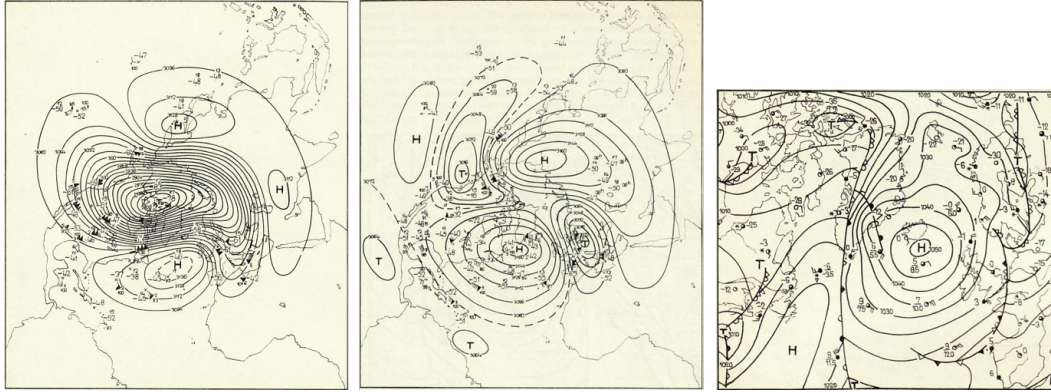
published by several centers, e.g., the US Weather Bureau, the Arctic Meteorology Research Group of McGill University Montreal and the Stratospheric Research Group of Freie Universität Berlin. Meteorological rocketsondes provided new insights: It was found, for example, that the strong stratospheric warming over Fort Churchill in January 1958 occurred a couple of days earlier in the altitude region above 40 km than in the layers below (Stroud et al., 1960). Moreover, intense warmings were detected in the upper stratosphere which were never detected below 10 hPa. In order to obtain an increased number of high-altitude soundings during stratospheric warmings, the STRATWARM warning system was established by the WMO in 1964. These alerts included information on the intensity and movement of the warmings and were distributed internationally from the meteorological centers at Melbourne, Tokyo, Berlin and Washington D.C. As suggested in the WMO/IQSY (1964) report, SSWs were classified according to their time of occurrence (“mid-winter warmings” versus “final warmings” in late winter) and their intensity. While “minor mid-winter warmings” were characterized by a strong warming of the Arctic stratosphere at 10 hPa and higher levels, “major mid-winter warmings” had to be additionally accompanied by a complete circulation reversal from westerlies to easterlies polewards of 60°N at the same levels. Alternative SSW definitions that were developed later are discussed in Section 3.

In a plea for additional upper air data, Scherhag et al. (1970) raised the question of “whether an intimate knowledge of the stratospheric circulation would prove valuable in, for example, forecasting.” They stated that phase relationships between events in the stratosphere and troposphere must be known for a full exploration of forecast probabilities. In fact, Scherhag had speculated about the impact of SSWs on surface weather as early as in his initial 1952 report, in which he pointed out a drop in forecast skill score following the February 1952 SSW (perhaps related to the fact that stratospheric information was not included in the forecasts). Indeed, some early studies had pointed at a potential interaction of tropospheric and stratospheric zonal wavenumber 2 during the 1967/68 warming (Johnson, 1969) and the role of tropospheric blockings for the onset of stratospheric warmings (Julian & Labitzke, 1965). An early example of stratosphere-troposphere coupling is illustrated in Figure 6 which shows 10 hPa height maps at the beginning (January 18, left panel) and peak (January 27, middle panel) of the 1963 stratospheric warming, and the surface pressure map of January 31 (Fig 6, right panel) (Scherhag, 1965). A few days after the stratospheric warming, a surface anticyclone developed over Greenland which extended through the troposphere up to the middle stratosphere. This was consistent with Labitzke (1965) who described the occurrence of a tropospheric blocking about ten days after a stratospheric warming and Quiroz (1977) who found tropospheric temperature changes after a stratospheric warming.

With the beginning of the satellite era in 1979 much improved data coverage allowed new breakthroughs in our understanding of stratospheric dynamics and SSWs. McIntyre and Palmer (1983) showed the first observationally derived hemispheric scale maps of PV on a mid-stratospheric potential temperature surface (850 K) based on the then newly available radiance data from the Stratospheric Sounding Unit (SSU). These maps clearly demonstrate the existence of large amplitude planetary wavenumber 1 preceding the 1979 SSW event with subsequent evolution showing wave breaking. The maps furthermore illustrate the split of the vortex during the 1979 major SSW as seen in PV at 850 K. Satellite data have continued to provide valuable observational constraints on the dynamics and transport characteristics surrounding SSW events [e.g., Manney, Harwood, et al. (2009); see also Section 9].

### 3 Types and classification of SSWs

In the early decades after the discovery of SSWs, the WMO developed an international monitoring program called STRATALERT, led by Karin Labitzke of Freie Universität Berlin, to detect SSWs. Early metrics to measure these events were based on



**Figure 6.** 10 hPa height map on January 18, 1963 (left) and January 27, 1963 (middle) and sea level pressure on January 31, 1963 (right) (From Scherhag (1965). ©Springer. Used with permission.)

306 temperature changes, as the sudden and rapid warming of the stratosphere were key fea-  
 307 tures measurable by radiosondes and rocketsondes. WMO/IQSY (1964) established that  
 308 “major” SSWs were separated from more minor events by requiring a reversal (from west-  
 309 erly to easterly) of the zonal winds poleward of  $60^\circ$  latitude and an increase in the zonal-  
 310 mean temperature polewards of  $60^\circ$  at 10 hPa (WMO/IQSY, 1964; McInturff, 1978; Lab-  
 311 itzke, 1981). The inclusion of a zonal circulation reversal criteria stems from wave-mean  
 312 flow theory which stipulates that quasi-stationary planetary-scale waves cannot prop-  
 313 agate into easterly flow (Charney & Drazin, 1961; Matsuno, 1971; Palmer, 1981). Thus,  
 314 an obvious dynamical distinction between a major and minor SSW is that vertical wave  
 315 propagation from the troposphere is prohibited beyond the middle stratosphere follow-  
 316 ing a major event. A remarkable aspect of these early metrics is the extent to which they  
 317 still form the basis of SSW detection, despite being based on a very small number of ob-  
 318 servations.

319 The most commonly used metric to detect major SSWs was proposed by Charlton  
 320 and Polvani (2007) (hereafter CP07) and adapted from earlier definitions: the reversal  
 321 of the daily-mean zonal-mean zonal winds from westerly to easterly at  $60^\circ\text{N}$  latitude and  
 322 10 hPa from November to April<sup>1</sup>. The earlier criteria for a temperature gradient increase  
 323 was found to be largely redundant since, by thermal wind balance, this occurs in almost  
 324 all cases of a zonal wind reversal. While the detection of major SSWs using the CP07  
 325 definition is sensitive to the particular latitude, altitude, and threshold of the zonal wind  
 326 weakening (Butler et al., 2015), the choice of a reversal at 10 hPa and  $60^\circ\text{N}$  optimizes  
 327 key features and impacts of major SSWs (Butler & Gerber, 2018). Having a common  
 328 metric for major SSWs allows for consistent intercomparison of models (Charlton-Perez  
 329 et al., 2013; Kim et al., 2017; Ayarzagüena et al., 2018) and reanalyses (Palmeiro et al.,  
 330 2015; Butler et al., 2017; Martineau et al., 2018; Ayarzagüena et al., 2019).

331 It should be noted that the CP07 metric was developed during a time when the  
 332 increased availability of global climate model simulations necessitated the evaluation of  
 333 the model stratosphere in large gridded datasets (Charlton-Perez et al., 2013). Thus, a  
 334 major criterion for the CP07 metric was that the data request needed for the calcula-  
 335 tion should be as small as possible. In the current era, with greater availability of dy-

<sup>1</sup> By CP07, wind reversals must be separated by 20 consecutive days of westerly winds, and must return to westerly for at least 10 consecutive days prior to 30 April, to be classified as a mid-winter SSW.

336 namical metrics output from model simulations (Gerber & Manzini, 2016), this require-  
337 ment is not as stringent. Thus, it is worth emphasizing the intended use of the CP07 def-  
338 inition as a simple metric for polar vortex weak extremes, rather than as an infallible se-  
339 lection of events that should be deemed “important”. This metric yields on average 6  
340 major SSWs per decade in the NH. There is however significant decadal variability in  
341 the frequency of SSW events (Reichler et al., 2012), with the 1990s exhibiting only two  
342 SSWs (in 1998 and 1999) and the 2000s exhibiting 9 events according to the CP07 met-  
343 ric. According to a reconstruction of SSW frequency based on the surface NAO, recent  
344 decades since 1970 show stronger decadal variability in SSW frequency than the period  
345 in the middle of the 20th century, with the 1990s likely representing the longest absence  
346 of SSW events since 1850 (Domeisen, 2019).

347 The application of the CP07 metric to the SH polar vortex (where zonal-mean zonal  
348 wind reversals at 60°S and 10 hPa between May-October are considered) reveals only  
349 one major SH SSW in the reanalysis back to 1958, which occurred on 26 September 2002  
350 (Shepherd et al., 2005). This highlights important differences in dynamics and clima-  
351 tology between the NH and SH. However, in mid-September of 2019 an extremely anoma-  
352 lous weakening of the SH vortex occurred (Hendon et al., 2019; Rao, Garfinkel, White,  
353 & Schwartz, 2020) that did not meet the CP07 criterion for a major SSW. Nonetheless,  
354 this event should not be disregarded simply because the circulation failed to meet one  
355 metric; the event set new records for mid-stratospheric temperatures in September, and  
356 the downward influence from this SSW was associated with an extremely persistent equa-  
357 torward shift of the SH jet stream that led to significant impacts on surface climate, such  
358 as extensive Australian bushfires (Lim et al., 2019). Further diagnostics should thus be  
359 considered for evaluating the relevance of extreme vortex events in both hemispheres for  
360 surface weather effects; a so-called minor SSW can have major societal impacts.

361 In addition to major versus minor SSWs, there is also classification of the morphol-  
362 ogy of the event. During a SSW, the polar vortex can either be displaced off the pole  
363 or split into two pieces. Several different methods have been developed to classify split  
364 versus displacements (CP07; Mitchell et al., 2011; Seviour et al., 2013; Lehtonen & Karpechko,  
365 2016). About a third of the observed 36 major SSWs in the 1958-2012 period can be un-  
366 ambiguously classified across all methods as splits and another third as displacements  
367 (Gerber et al., 2020). The rest of the events are more ambiguous across methods, per-  
368 haps because in some cases the polar vortex both displaces and splits within a period  
369 of several days (Rao, Garfinkel, et al., 2019).

370 Furthermore, SSWs have been classified by the zonal wavenumber of the tropospheric  
371 precursor patterns leading up to the SSW. These predominantly wave-1 and wave-2 pat-  
372 terns tend to precede SSWs (Tung & Lindzen, 1979a; Woollings et al., 2010; Garfinkel  
373 et al., 2010; Cohen & Jones, 2011). In particular, blocking (a persistent anomalous high  
374 pressure) over the Pacific region and North Atlantic/Scandinavian region has been tied  
375 to wave-2 driving of split vortex events (Martius et al., 2009). Anomalous low pressure  
376 over the North Pacific/Aleutians with Euro-Atlantic blocking has been tied to wave-1  
377 driving of primarily displacement vortex events (Castanheira & Barriopedro, 2010). While  
378 displacements of the vortex are nearly always preceded by wave-1 forcing, splits of the  
379 vortex can be preceded by either wave-1 or wave-2 forcing (Bancalá et al., 2012; Bar-  
380 riopedro & Calvo, 2014) and often proceed with an increase in wave-1 followed by a sub-  
381 sequent increase in wave-2.

382 While the focus of this review is on SSWs, which represent the weakest polar vor-  
383 tex extremes, SSWs are just one extreme within a broad spectrum of polar stratospheric  
384 dynamic variability. A wide range of variations (see Figure 1, daily maximum and min-  
385 imum values in black lines)—from more minor deviations from climatology, to the strongest  
386 polar vortex extremes—can influence stratosphere-troposphere coupling, transport, and  
387 chemical processes. Polar stratospheric variability peaks from January–March in the North-  
388 ern Hemisphere, and from September–November in the Southern Hemisphere (though

389 variability is less). Early winter extremes may evolve differently than late winter extremes;  
390 for example, *Canadian Warmings* are amplifications of the Aleutian High in the lower  
391 and middle NH stratosphere, and are the dominant type of stratospheric warming in early  
392 boreal winter (Labitzke, 1977). *Final warmings* refer to the seasonal transition of the  
393 polar vortex from its westerly to easterly state. In the NH the timing and other char-  
394 acteristics of this transition present a large interannual variability that in turn may have  
395 surface impacts, often distinct from those associated with mid-winter SSW (Ayarzagüena  
396 & Serrano, 2009; Hardiman et al., 2011; Butler et al., 2019; Thiblemont et al., 2019). In  
397 the SH, the timing of the final warming drives a substantial fraction of surface climate  
398 variability in austral late spring and summer (Byrne & Shepherd, 2018; Lim et al., 2018).

399 Additional metrics have been proposed to better capture the full spectrum of pol-  
400 lar stratospheric variability. A number of studies consider metrics based on empirical or-  
401 thogonal functions (EOFs). For example, the first EOF of geopotential height anom-  
402 alies, also known as the “annular mode”, (Baldwin & Dunkerton, 1999, 2001; Baldwin &  
403 Thompson, 2009; Gerber et al., 2010) captures mass fluctuations between the polar cap  
404 and extratropics. EOFs of vertical polar-cap temperature profiles have been used to iden-  
405 tify weak vortex extremes (SSWs) that have the most extended recovery periods, called  
406 “Polar-night Jet Oscillations” (PJO) (Kuroda & Kodera, 2004; Hitchcock & Shepherd,  
407 2012; Hitchcock et al., 2013). An advantage to EOF-based techniques is that thresholds  
408 for extremes are based on anomalies (deviations from the climatology) rather than ab-  
409 solute values, as in the CP07 zonal wind metric. Thus, EOF metrics can capture anoma-  
410 lous events relative to any changes in the climatology (McLandress & Shepherd, 2009b;  
411 Kim et al., 2017).

#### 412 4 Development of dynamical theories

413 SSWs have been interpreted as a manifestation of strong two-way interactions be-  
414 tween upward propagating planetary waves and the stratospheric mean flow although the  
415 extreme flow disruptions stretch the concept of waves on a mean flow. The polar vor-  
416 tex can be disrupted by large wave perturbations, primarily planetary-scale zonal wave-  
417 number 1–2 quasi-stationary waves. Sufficient wave forcing of the mean flow by these  
418 waves can result in an SSW, with the breakdown of the westerly polar vortex, and east-  
419 erly winds replacing westerlies near 10 hPa, 60°N. When the winds in the polar vortex  
420 slow, air is forced to move poleward to conserve angular momentum, with descent over  
421 the polar cap (arrows in Figure 2). The adiabatic heating associated with this descent  
422 results in the observed rapid increases in polar cap temperatures on time scales of just  
423 a few days.

424 Strong westerly winds in the polar night jet inhibit all but the largest, planetary  
425 scale waves from propagating into the stratosphere (Charney & Drazin, 1961). While  
426 planetary scale waves can spontaneously be generated by baroclinic instability (Hartmann,  
427 1979; Domeisen & Plumb, 2012) or via upscale cascade from synoptic scale waves (Scinocca  
428 & Haynes, 1998), they are chiefly forced by planetary scale features at the surface: to-  
429 pography and land-sea contrast (Garfinkel, White, et al., 2020). The relative zonal sym-  
430 metry of the austral hemisphere explains why SSWs are almost exclusively a boreal hemi-  
431 spheric phenomena, but this does not imply that the stratosphere just passively responds  
432 to wave driving from the troposphere.

433 The diversity of observed SSWs demonstrates that some SSWs appear to be forced  
434 by anomalous bursts of planetary wave activity from the troposphere, while in other SSWs  
435 the stratosphere itself acts to regulate upward wave propagation. All theories agree, how-  
436 ever, that it is the sustained dissipation of wave activity in the stratosphere, chiefly through  
437 nonlinear wave breaking and irreversible mixing (Eliassen-Palm flux convergence), that  
438 generates a deep, sustained warming of the polar vortex. Once the vortex is destroyed,  
439 strong radiative cooling helps to rebuild the vortex provided there is time before the end

440 of winter, but this radiatively controlled process can take several weeks (see Figure 3).  
 441 Rotation and stratification couple the poleward transport of heat by waves to a down-  
 442 ward transport of westerly momentum. Thus, the warming of the polar stratosphere occurs  
 443 in concert with an eradication of the climatological vortex in a major warming event.

#### 444 4.1 Wave-mean flow interactions, dissipation, and SSWs

445 The wintertime stratospheric polar vortex is formed primarily through radiative  
 446 cooling, as the variation of insolation with latitude and season decreases the absorption  
 447 of UV radiation by ozone at higher latitudes. Much of the theory of how SSWs occur  
 448 relies on the basic assumption of waves propagating on a zonal mean flow. Although this  
 449 assumption is violated during the extreme flow disruptions of SSWs (particularly at high  
 450 latitudes), wave mean-flow interaction theory has been remarkably successful in explain-  
 451 ing (at least qualitatively) the dynamics of how SSWs occur.

452 Upward propagation of a Rossby wave on a zonal-mean flow is associated with a  
 453 poleward heat flux,  $v'\theta'$  (e.g., Eliassen & Palm, 1961; Charney & Drazin, 1961) (see also  
 454 Vallis (2017), Chapt. 10). Warming of the vortex could then, in principle, be provided  
 455 by convergence of the heat flux on the poleward flank of an upward propagating plan-  
 456 etary wave. However, an opposing tendency arises due to the fact that the wave also in-  
 457 duces vertical advection, producing adiabatic cooling where the heat flux would other-  
 458 wise warm the air. (Likewise, the air on the equatorward side, which would be cooled  
 459 by the poleward heat flux, sinks and adiabatically warms.) For conservatively propagat-  
 460 ing waves, i.e., a case with no dissipation, the two tendencies exactly cancel when inte-  
 461 grated over the wave and no net warming or cooling occurs:

$$\bar{\omega}_r \frac{\partial \bar{\theta}}{\partial p} = - \frac{\partial}{\partial \varphi} (\cos \varphi v' \theta'). \quad (1)$$

462 Wave transience, say due to a wave propagating into the region of interest, gives rise to  
 463 temporary polar cap warming and slowing down of the vortex with reversed tendencies  
 464 as the wave leaves the region. In eq. 1,  $\omega$  corresponds to vertical velocity in pressure co-  
 465 ordinates,  $\theta$  is the potential temperature,  $v$  refers to the meridional wind,  $a$  is the Earth's  
 466 radius and  $\varphi$  refers to latitude. Overbar and primes denote zonal mean and deviation  
 467 from it, respectively. Here, we have adopted the notation  $\bar{\omega}_r$  to refer to the reversible  
 468 component of zonal mean vertical motion that arises due to conservatively propagating  
 469 waves. The nonacceleration theorem states that for steady waves with no dissipation and  
 470 no critical levels, waves propagate through the mean flow without leading to accelera-  
 471 tions or decelerations. In the presence of dissipation or diabatic processes, the full verti-  
 472 cal velocity  $\omega \neq \bar{\omega}_r$ , but the reversible component  $\bar{\omega}_r$  can still be identified from (1).

473 The calculus changes when the waves are allowed to dissipate, either damped by  
 474 radiation and/or friction, or more cataclysmically, through non-linear breaking (though  
 475 dissipation still plays a role, as breaking simply moves energy to smaller scales). Rossby  
 476 waves carry easterly momentum owing to their intrinsic easterly phase speed; this east-  
 477 erly momentum is transferred to the mean flow during dissipation. The resulting east-  
 478 erly body force not only decelerates the vortex but also causes poleward flow, due to the  
 479 Coriolis torque, and downwelling over the polar cap. This downwelling opposes the wave-  
 480 induced upward motion described above. With extreme wave dissipation, it completely  
 481 overwhelms the upwelling tendency and drives the spectacular warming of the polar strato-  
 482 sphere characterized by an SSW.

483 From this perspective, formalized in the “Transformed Eulerian Mean” represen-  
 484 tation of atmospheric dynamics (Andrews & McIntyre, 1976; Edmon et al., 1980), it is  
 485 the residual ( $\sim$ Lagrangian) downwelling that gives rise to warming of the polar cap when  
 486 planetary waves dissipate. Neglecting diabatic heating during the onset of the warming,

487 this can be written as in equation 2:

$$\frac{\partial \bar{\theta}}{\partial t} \approx -\bar{\omega} \frac{\partial \bar{\theta}}{\partial p} - \frac{\frac{\partial}{\partial \varphi}(\cos \varphi \overline{v' \theta'})}{a \cos \varphi} = -\bar{\omega} \frac{\partial \bar{\theta}}{\partial p} + \bar{\omega}_r \frac{\partial \bar{\theta}}{\partial p} = -\bar{\omega}^* \frac{\partial \bar{\theta}}{\partial p}, \quad (2)$$

488 where  $\bar{\omega}^* \equiv \bar{\omega} + \frac{\frac{\partial}{\partial \varphi}(\cos \varphi \overline{v' \theta'})}{(a \cos \varphi) \frac{\partial \bar{\theta}}{\partial p}}$  is a modified vertical velocity that incorporates the ef-  
 489 fect of reversible wave-induced vertical motion and therefore corresponds to the net, resid-  
 490 ual vertical motion that gives rise to adiabatic warming (residual downwelling) or cool-  
 491 ing (residual upwelling). Full temperature tendency needs to also take into account di-  
 492 abatic (radiative) heating.

493 Planetary wave dissipation gives rise to polar cap warming. This warming can at  
 494 times be explosive, resulting in SSWs even if the waves themselves remain linear, due  
 495 to the nonlinear nature of the wave-mean flow coupling (e.g., Geisler, 1974; Holton &  
 496 Mass, 1976; Plumb, 1981). However, the vortex may be displaced from the pole or split  
 497 in two, clearly violating the assumption of waves propagating on a zonal mean flow. The  
 498 wave-induced deceleration of the vortex and the associated polar cap warming are at ex-  
 499 treme levels; exactly how such extreme interactions between the waves and mean flow  
 500 get triggered and unfold to the point of complete breakdown of the vortex is still not fully  
 501 understood.

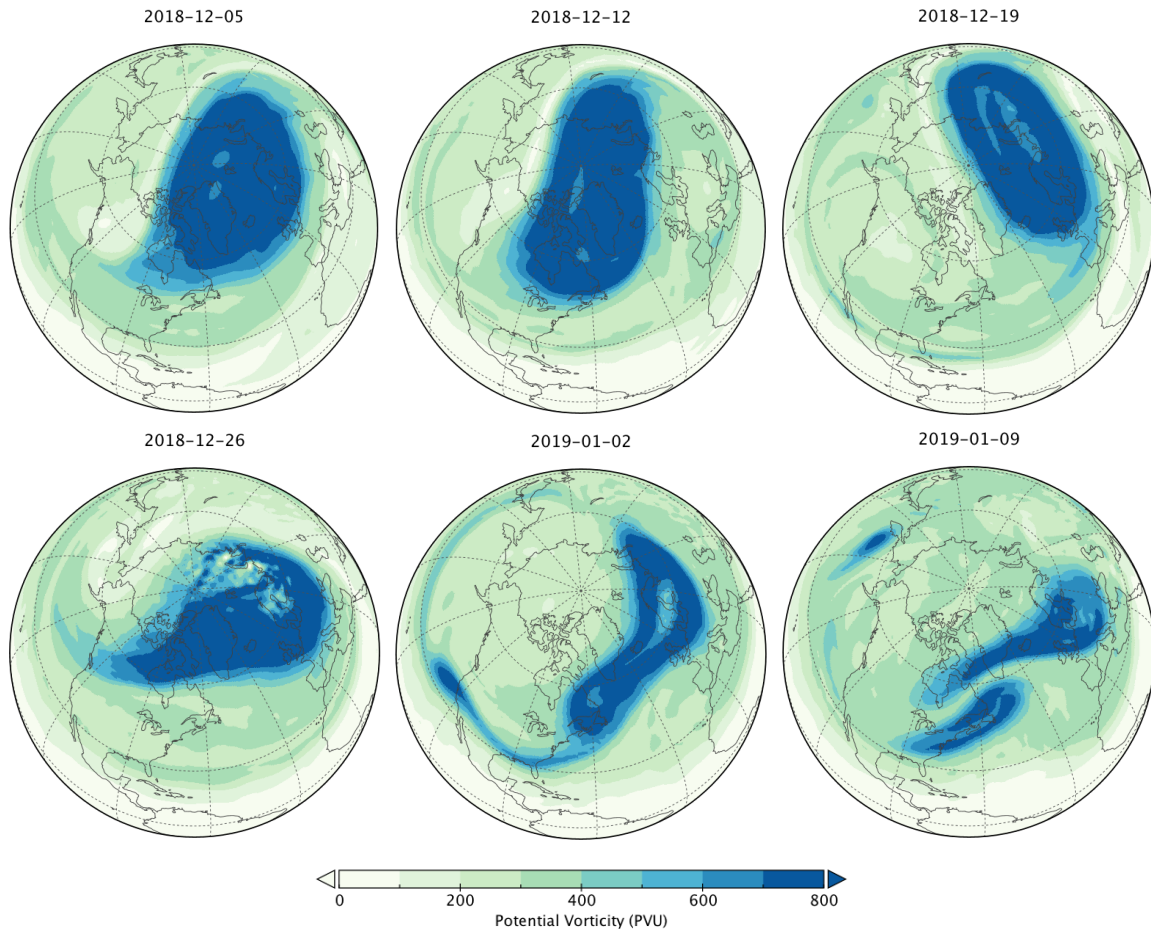
502 The wave breaking associated with a specific SSW is shown in Figure 7, illustrated  
 503 with maps of potential vorticity (PV) on isentropic surfaces. Potential vorticity is de-  
 504 fined by

$$PV = -g \frac{\partial \theta}{\partial p} (\zeta_\theta + f), \quad (3)$$

505 where  $g$  is gravity,  $\theta$  is potential temperature,  $p$  is pressure,  $\zeta_\theta$  is relative vorticity per-  
 506 pendicular to an isentropic surface, and  $f$  is the Coriolis parameter. PV combines the  
 507 conservation of mass and angular momentum. It is thus materially conserved in the ab-  
 508 sence of diabatic processes, and hence provides an effective diagnostic tool on the time  
 509 scales associated with SSWs. Maps of PV on isentropic surfaces, as in Figure 7, show  
 510 the breaking of planetary-scale Rossby waves in the “surf zone” (McIntyre & Palmer,  
 511 1983, 1984). As winter progresses, wave breaking in the surf zone sharpens the edge of  
 512 the vortex, and if the wave breaking persists, the vortex can be displaced from the pole  
 513 or even split in two. This can be viewed on horizontal maps of PV, or simply by mea-  
 514 suring the size of the polar vortex in terms of PV (e.g. Butchart & Remsberg, 1986; Bald-  
 515 win & Holton, 1988).

516 Two different perspectives exist in the literature regarding the role of the tropo-  
 517 sphere in initiating wave breaking events in the stratosphere (see section 4.2 below). Early  
 518 work focused on the role of anomalous wave fluxes from the troposphere that drive the  
 519 SSW, i.e., provide sufficient additional wave drag in the stratosphere to destroy the vor-  
 520 tex, especially if it accumulates over a sufficiently long period of time. A second view  
 521 holds that, given a wave field provided by the troposphere—which does not need to be  
 522 anomalously strong—the stratospheric polar vortex may spontaneously feed back onto  
 523 the wave field such that both get mutually amplified, reminiscent of resonance phenom-  
 524 ena (e.g., Plumb, 1981).

525 Regardless of the perspective on the triggering mechanisms of SSWs, once the pri-  
 526 mary circulation breaks down and easterlies ensue, vertical propagation of stationary Rossby  
 527 waves is inhibited. (Stationary wave can only exist if there are mean westerlies to off-  
 528 set their intrinsic easterly propagation.) The resulting “critical line” drives an accumu-  
 529 lation of wave dissipation just below it, associated with more easterly acceleration and  
 530 rapid lowering of the critical line (Matsuno, 1971). The corresponding downward pro-  
 531 gression of easterly zonal wind anomalies is mechanistically similar to the QBO (Plumb  
 532 & Semeniuk, 2003), but acts on a much faster timescale, on the order of days, not years.



**Figure 7.** Illustration of the evolution of the polar vortex during an SSW in the winter 2018/19. Panels show PV on the 850K isentropic surface on six dates, showing a sequence illustrating a displacement of the vortex off the pole with concomitant stripping away of vortex filaments into the surf zone. Once the vortex is fully displaced off the pole (bottom middle) it then further splits into two smaller vortices (bottom right). From Baldwin, Birner, Brasseur, et al. (2019) ©American Meteorological Society. Used with permission.



## 4.2 Bottom up or top down: An evolving understanding on the mechanism(s) driving SSWs

A “bottom up” perspective, focused on the role of enhanced tropospheric wave forcing, is inherent in Matsuno’s seminal work on showing that SSWs are dynamically forced. Matsuno (1971) prescribed a switch-on planetary wave 2 forcing at the lower boundary (approximately the tropopause) of a general circulation model. The model produced a strong split SSW in response to this pulse from below.

Matsuno’s work suggests two key criteria for forcing an SSW. (1) SSWs only happen with sufficiently strong planetary wave forcing from the troposphere, and (2) SSWs require a pulse of anomalously strong wave forcing from the troposphere to initiate. Support for the first criterion includes the simple observation that warming events are much more prevalent in the Northern versus Southern Hemisphere. Additional support for a necessary minimum amount of wave forcing from the troposphere was established in a conceptual model developed by Holton and Mass (1976), who sought to distill an SSW down to its most basic elements.

The Holton and Mass model consists of a single planetary wave of constant amplitude, prescribed as input forcing to the stratosphere at its lower boundary. The mean flow (i.e. the vortex) exists either in a strong state with weak wave amplitudes (corresponding to weak wave-mean flow interaction), or a weak state with strong wave amplitudes (corresponding to strong wave-mean flow interaction similar to the dynamics involved in SSWs). More recently, idealized GCM studies have found a sharp increase in SSW frequency as planetary scale zonal asymmetries in the underlying flow are increased, either by topography (e.g., Taguchi and Yoden (2002); Gerber and Polvani (2009)) or thermal perturbations (Lindgren et al., 2018), though both topography and land-sea contrast may need to be present if represented in a realistic manner (Garfinkel, White, et al., 2020).

The second criterion in the Matsuno model—that SSWs are driven by an exceptional pulse of wave activity from the troposphere—is supported by the fact that SSWs are often preceded by blocking events, which amplify the tropospheric wave activity (e.g. Quiroz, 1986; Martius et al., 2009). This has led researchers to look for tropospheric precursor events that potentially give rise to additional planetary wave fluxes entering the stratosphere (e.g. Garfinkel et al., 2010; Cohen & Jones, 2011; Sun et al., 2012).

Palmer (1981) suggested that the stratospheric vortex may need to be “pre-conditioned” to accept a pulse of wave activity, based on observations of the 1979 event, a topic further explored by McIntyre (1982). Various studies have suggested that the strength and size of the vortex play a critical role in allowing wave activity to penetrate deep into the stratosphere (Limpasuvan et al., 2004; Nishii et al., 2009; Kuttippurath & Nikulin, 2012; Albers & Birner, 2014; Jucker & Reichler, 2018).

Newman et al. (2001) and Polvani and Waugh (2004) pointed out that a single precursor event will likely not cause sufficient deceleration of the stratospheric polar vortex; rather it is the accumulated wave forcing over 40-60 days that needs to be anomalously strong to cause enough deceleration to reverse the zonal mean flow around the polar cap. Sjoberg and Birner (2012) further pointed out that sustained forcing that lasts for at least 10 days, but does not need to be anomalously strong, is crucial for forcing SSWs. Processes that can lead to such a sustained increase in wave forcing from the troposphere are discussed in Section 5.

Preconditioning suggests that the state of the stratospheric vortex impacts its receptivity to accept waves from the troposphere. The “top down” perspective takes this view to the extreme, supposing that that fluctuations in tropospheric wave forcing do not play an important role at all. Rather, as long as the background wave fluxes entering the stratosphere are strong enough (such as provided by the climatological conditions

584 in Northern Hemisphere winter) the stratosphere is capable of generating SSWs on its  
585 own.

586 The top down perspective has often been framed in the context of resonant growth  
587 of wave disturbances (e.g. Clark, 1974; Tung & Lindzen, 1979b). In a particularly in-  
588 sightful incarnation of this mechanism, the wave-mean flow interaction causes the vor-  
589 tex to tune itself toward its resonant excitation point (Plumb, 1981; Matthewman & Es-  
590 ler, 2011; Scott, 2016). Support for this perspective comes from idealized numerical model  
591 experiments that show that the stratosphere is capable of controlling the upward wave  
592 activity flux near the tropopause (Scott & Polvani, 2004, 2006; Hitchcock & Haynes, 2016)  
593 and that stratospheric perturbations can trigger SSWs even when the tropospheric wave  
594 activity is held fixed (Sjoberg & Birner, 2014; de la Cámara et al., 2017).

595 Preconditioning of the polar vortex, i.e., wave driving that brings it to the criti-  
596 cal state, would clearly play a key role in this mechanism, suggesting that SSWs could  
597 potentially be predicted in advance, even in the limit where they are entirely controlled  
598 by the state of the stratospheric vortex.

599 The bottom up and top down SSW mechanisms are associated with a different ex-  
600 pected lag-lead relationship in upward wave energy propagation (i.e., the Eliassen-Palm  
601 flux) between the tropospheric source and stratospheric sink. Events forced by tropo-  
602 spheric waves will be preceded by a build up of wave activity over time, while self-tuned  
603 resonant SSWs would be characterised by nearly instantaneous wave amplification through-  
604 out an extended deep layer, and no lag between troposphere/tropopause and stratosphere.

605 In this context it is important to note that fluctuations in the upward wave flux  
606 at 100 hPa are not generally representative of fluctuations in the troposphere below (Polvani  
607 & Waugh, 2004; Jucker, 2016; de la Cámara et al., 2017). The typical tropopause pres-  
608 sure over the extratropical atmosphere during winter is around 300 hPa, as shown in Fig-  
609 ures 2 and 3. That is, wave flux events at 100 hPa can generally not be interpreted as  
610 tropospheric precursor signals because  $\frac{2}{3}$  of stratospheric mass is below the height of the  
611 100-hPa surface. Nevertheless, enhancements of upward wave fluxes from the troposphere  
612 at sufficiently long time scales (e.g., associated with climate variability extending over  
613 winter) tend to cause enhanced wave flux across 100 hPa into the polar vortex, which  
614 increases the likelihood for SSWs (as discussed in Section 5).

615 Evidence supporting both the bottom up and top down pathways has been observed,  
616 but it has become clear that the second criterion suggested by the Matsuno (1971) model—that  
617 the troposphere must drive an SSW with a pulse of enhanced wave activity—is not nec-  
618 essary. Birner and Albers (2017) found that only  $\frac{1}{3}$  of SSWs can be traced back to a pulse  
619 of extreme tropospheric wave fluxes. Roughly  $\frac{2}{3}$  of observed SSWs are more consistent  
620 with the top-down category or do not fit into either prototype (i.e., tropospheric wave  
621 fluxes are anomalously strong but not extreme). Similar ratios have been observed in  
622 modeling studies by White et al. (2019) and de la Cámara et al. (2019).

623 It also appears that the mechanism may vary with the type of warming. While Matsuno  
624 (1971) prescribed a wave 2 disturbance, it appears that wave 1 (displacement) events tend  
625 to be associated with the slow build up of wave activity, better matching the bottom-  
626 up paradigm, although resonant behavior has also been suggested for displacement events  
627 (Esler & Matthewman, 2011). Split, or wave 2, events are more instantaneous in nature  
628 (Albers & Birner, 2014; Watt-Meyer & Kushner, 2015), more closely matching the top-  
629 down paradigm.

## 630 5 External influences on SSWs

631 Because there have only been around 40 observed SSWs between 1958 and 2019,  
632 it is challenging to quantify and/or establish statistically robust changes in frequency

633 of SSWs from external influences, especially if the observations show a subtle effect. De-  
 634 spite this difficulty, a range of external influences have been connected to SSWs, includ-  
 635 ing the Quasi-Biennial Oscillation (QBO), ENSO, the 11-year solar cycle, the Madden-  
 636 Julian Oscillation, and snow cover. Confidence in the robustness of such relationships  
 637 is increased if there is a well described physical mechanism that is expected to produce  
 638 the observed effect, for example through changes in the propagation and breaking of Rossby  
 639 waves in the stratosphere or the generation of planetary Rossby waves in the troposphere.  
 640 Similarly, confirmation of observed relationships in modelling studies also increases con-  
 641 fidence that they are robust. Even more challenging is establishing relationships in the  
 642 observations whereby two or more external influences act in concert (Salminen et al., 2020),  
 643 a topic we return to in Section 10.

644 It has been recognized for 40 years that the stratospheric polar vortex is weaker  
 645 during the easterly QBO winter than during the westerly QBO winter, known as the Holton-  
 646 Tan relationship (Holton & Tan, 1980; Anstey & Shepherd, 2014). The frequency of oc-  
 647 currence of SSWs during each QBO phase is shown in Table 1 based on NCEP-NCAR  
 648 reanalysis. SSW likelihood is higher during easterly QBO winters than during westerly  
 649 QBO phase (0.9/yr vs 0.5yr), consistent with early studies (Labitzke, 1982; Naito et al.,  
 650 2003). Models also simulate a weakened vortex and more SSWs during easterly QBO  
 651 as compared to westerly QBO, though the magnitude of the effect tends to be somewhat  
 652 weaker than that observed (e.g. Anstey and Shepherd (2014); Garfinkel et al. (2018); Rao,  
 653 Garfinkel, and White (2020a)). At least four different (likely complementary) mechanisms  
 654 have been proposed linking the QBO to vortex variability, and the relative importance  
 655 of these mechanisms is still unclear (Holton & Tan, 1980; Garfinkel, Shaw, et al., 2012;  
 656 Watson & Gray, 2014; White et al., 2015; Silverman et al., 2018).

**Table 1.** Revisiting the QBO-SSW relationship during 1958–2019, based on the dates  
 computed by Charlton and Polvani (2007) for 1958–2001 and by Rao, Ren, et al. (2019) for  
 2002–2018 with NCEP/NCAR reanalysis data. The first column is the QBO phase. The second  
 column is the corresponding composite size total winter (Nov–Feb mean) size. The third column  
 is the number of SSWs events for that composite size, and the fourth column is the SSW fre-  
 quency (units: events times per year). EQBO=easterly phase of QBO; WQBO=westerly phase of  
 QBO. The unit of QBO50 is  $\text{ms}^{-1}$ . Significance for this and following tables is computed based  
 on the following Monte Carlo test: SSWs are randomly assigned to winters while maintaining  
 the overall SSW frequency, and then the frequency of SSWs for each phase is computed. This  
 procedure is repeated 10,000 times, to which the observed SSW frequency is compared. If the  
 observed frequency is less than 2.5%(5%) of the random samples, or greater than 97.5%(95%),  
 then we can reject a null hypothesis of no relationship at the 95% or 90% confidence levels, which  
 are indicated on the table with bold and a star. Reprinted with permission from Rao, Garfinkel,  
 et al. (2019).

QBO-SSW relationship			
QBO phase	Winter no.	SSW no.	SSW frequency
EQBO ( $\text{QBO50} \geq 5$ )	20	18	<b>0.9*</b>
WQBO ( $\text{QBO50} \leq -5$ )	36	18	0.5
Neutral ( $ \text{QBO50}  < 5$ )	6	1	0.17*
Total	62	37	0.60

657 The relationship between the northern winter stratospheric polar vortex and ENSO,  
 658 including a full discussion of possible mechanisms, has recently been reviewed in this jour-  
 659 nal (Domeisen et al., 2019). The statistical relationship between ENSO and SSWs in NCEP-  
 660 NCAR reanalysis data is revisited and shown in Table 2. The likelihood of SSW events

661 increases in both El Niño and La Niña relative to the ENSO neutral state (Butler & Polvani,  
 662 2011; Garfinkel, Butler, et al., 2012), and while the modulation of SSWs is not statis-  
 663 tically significant, the effect of El Niño on the seasonal mean stratospheric vortex is sig-  
 664 nificant and of similar strength to that of EQBO (Camp & Tung, 2007; Garfinkel & Hart-  
 665 mann, 2007; Domeisen et al., 2019). Increases in SSW frequency during La Niña in the  
 666 observed record are not thought to be forced and, instead, are associated with internal  
 667 variability or confounding climate forcings (Weinberger et al., 2019; Domeisen et al., 2019),  
 668 particularly in the case of weak La Niña events (Iza et al., 2016). High-top models show  
 669 a response to opposite phases of ENSO that, if anything, is generally stronger than that  
 670 observed (Taguchi & Hartmann, 2006; Garfinkel, Butler, et al., 2012; Garfinkel et al.,  
 671 2019) and that can be used for improving predictability over Europe (Domeisen et al.,  
 672 2015).

**Table 2.** As in Table 1 but for the ENSO-SSW relationship during 1958–2019. The unit of Niño34 is °C. Reprinted with permission from Rao, Garfinkel, et al. (2019).

ENSO-SSW relationship				
	ENSO phase	Winter no.	SSW no.	SSW frequency
	El Niño ( $\text{Niño34} \geq 0.5$ )	20	13	0.65
moderate	El Niño ( $0.5 \leq \text{Niño34} \leq 2$ )	17	13	0.77
	La Niña ( $\text{Niño34} \leq -0.5$ )	23	15	0.65
	Neutral ( $ \text{Niño34}  < 0.5$ )	19	9	0.47
	Total	62	37	0.60

673 The solar cycle may affect the stratospheric polar vortex, and earlier work reported  
 674 that mid-winter SSWs tend to occur during solar minimum QBO easterly phase (i.e. clas-  
 675 sical Holton-Tan effect) *and* during solar maximum and QBO westerly phase (Labitzke,  
 676 1987; Gray et al., 2004; Labitzke et al., 2006; Gray et al., 2010). Updating these rela-  
 677 tionship for data through 2019, however, suggests that although this relationship holds,  
 678 it is modest. During solar maximum/westerly QBO years, midwinter SSW frequency is  
 679 0.44/yr (Table 3). During solar minimum/easterly QBO years the frequency of midwin-  
 680 ter SSW is increased somewhat (0.67/yr), and this increase is statistically significant at  
 681 the 90% confidence level. Observations alone are not sufficient to verify that a solar-QBO-  
 682 SSW relationship is robust. There is a wide spread in the ability of models to simulate  
 683 an influence of solar variability on the polar stratosphere (Mitchell et al., 2015), partly  
 684 related to their ability to capture the effects of solar variability on the tropical strato-  
 685 sphere.

686 October Eurasian snow cover has also been linked to subsequent variability of the  
 687 stratospheric vortex, with more extensive snow leading to a weakened vortex (Cohen et  
 688 al., 2007; Henderson et al., 2018) via a strengthened Ural ridge and subsequent construc-  
 689 tive interference with climatological stationary waves (Garfinkel et al., 2010; Cohen et  
 690 al., 2014). There is a slight increase in SSW frequency for winters following enhanced  
 691 snow cover (Table 4), but this effect is not statistically significant. Results are similar  
 692 if only early winter SSW events are considered (not shown). The relationship between  
 693 October Eurasian snow and the monthly mean vortex strength is non-stationary: it peaked  
 694 over the period 1991–2010 and has since collapsed (Henderson et al., 2018). Most free-  
 695 running models tend to not capture the link between snow cover and a weakened vor-  
 696 tex (Furtado et al., 2015), though there are some exceptions (Garfinkel, Schwartz, et al.,  
 697 2020), and models forced with idealized snow perturbations do capture this effect to some  
 698 extent (Henderson et al., 2018).

699 The Madden Julian Oscillation (MJO) has also been shown to influence the tim-  
 700 ing of SSW events: of the 23 events considered by Schwartz and Garfinkel (2017) and

**Table 3.** As in Table 1 but for the solar-SSW relationship during 1958–2019. Max=solar maximum; Min=solar minimum. The number in parentheses is SSWs during January–February (JF). Reprinted with permission from Rao, Garfinkel, et al. (2019)

solar-SSW relationship				
solar phase	QBO phase	Winter no.	SSW no. (JF SSW no.)	SSW frequency
Max	EQBO	11	11 (6)	<b>1.0*</b> (0.55)
	WQBO	16	8 (7)	0.5* (0.44)
	Neutral	3	1 (0)	0.33 (0.0)
	SUM	30	20 (13)	0.67 (0.43)
Min	EQBO	9	7 (6)	0.78 (0.67*)
	WQBO	20	10 (6)	0.5 (0.3)
	Neutral	3	0.0 (0.0)	0.0 (0.0)
	SUM	32	17 (12)	0.53 (0.38)
Total		62	37(25)	0.60 (0.40)

**Table 4.** As in Table 1 but for the October snow cover–SSW relationship during 1968–2019. Snow cover data is sourced from [https://climate.rutgers.edu/snowcover/table\\_area.php?ui\\_set=1](https://climate.rutgers.edu/snowcover/table_area.php?ui_set=1), with “enhanced” and “reduced” defined as snow cover anomalies exceeding 0.5 standard deviations. Snow data is missing for October 1969.

snow-SSW relationship			
Snow-coverage	Winter no.	SSW no.	SSW frequency
enhanced	14	9	0.64
reduced	17	9	0.53
Neutral	20	12	0.6
No data	1	1	–
Total	52	31	0.59

701 the two events since, more than half (13 of 25) were preceded by MJO phases with en-  
 702 hanced convection in the tropical West Pacific (6 or 7 as characterized by Wheeler and  
 703 Hendon (2004)). The climatological occurrence of these phases is  $\sim 18\%$  (updated from  
 704 Schwartz and Garfinkel (2017)), and hence this represents an increased probability of  
 705 an SSW occurring. The mechanism whereby convection in the West Pacific weakens the  
 706 vortex is similar to the mechanism for the influence of ENSO and snow cover: the tran-  
 707 sient extratropical response associated with the MJO constructively interferes with the  
 708 climatological planetary wave pattern (Garfinkel et al., 2014). Models simulate an ef-  
 709 fect similar to that observed (Kang & Tziperman, 2017; Schwartz & Garfinkel, 2020),  
 710 and SSW probabilistic predictability is enhanced when the MJO is strong (Garfinkel &  
 711 Schwartz, 2017).

## 712 6 How well can SSWs be forecast?

713 Prediction system models (particularly systems with high tops) are typically able  
 714 to capture the onset of SSW events more than five days before the event (Tripathi et al.,  
 715 2015). Fewer than 50% of ensemble members predict the SSW date at lead times of two  
 716 weeks (Domeisen, Butler, et al., 2020a), though individual events can exhibit longer pre-  
 717 dictability (Rao, Garfinkel, et al., 2019). There is, however, significant event-to-event vari-  
 718 ability in predictability for the same modeling systems as demonstrated for European  
 719 Centre for Medium-Range Weather Forecasts (ECMWF) forecasts by Karpechko (2018).  
 720 Much of this variation in predictive skill is likely linked to the limitations in predictive  
 721 skill of key tropospheric drivers of the SSW process. An interesting recent example of

722 this is the limited skill that models had in forecasting the February 2018 SSW, which  
723 has been linked to the inability of some models to capture high pressure over the Urals  
724 (Karpechko et al., 2018) and related anticyclonic wave breaking in the North Atlantic  
725 sector (Lee et al., 2019).

726 There can also be substantial variation in forecasting skill for different modeling  
727 systems, both in forecasting individual SSW events (Tripathi et al., 2016; Taguchi, 2018;  
728 Rao, Garfinkel, et al., 2019; Taguchi, 2020) and in the mean aggregate skill (Domeisen,  
729 Butler, et al., 2020a). The impact of long standing stratospheric biases and how these  
730 influence the skill of different modeling systems, for example cold biases in the lowermost  
731 extratropical stratosphere, remains an area of active research interest. As noted by Noguchi  
732 et al. (2016), predictions of SSW events are also sensitive to the background stratospheric  
733 state prior to the SSW.

734 Nonetheless, our ability to predict SSW events into the medium-range (lead times  
735 of three to ten days) and sub-seasonal timescales and to capture changes to the seasonal  
736 likelihood of SSW events has increased substantially as forecasting systems have increased  
737 their model top, stratospheric vertical resolution, and increased the sophistication of key  
738 stratospheric physical processes like gravity wave drag (Marshall & Scaife, 2010; Domeisen,  
739 Butler, et al., 2020a).

## 740 **7 Effects on weather and climate**

### 741 **7.1 Dynamical theories for downward influence**

742 There are several theoretical reasons to expect that SSWs (and stratospheric vari-  
743 ability in general) should affect surface weather. The main categories of mechanisms are:

- 744 1. The remote effects of wave driving (EP-flux divergence) in the stratosphere (Song  
745 & Robinson, 2004; Thompson et al., 2006). The downward effect through the in-  
746 duced meridional circulation has been termed “downward control” (Haynes et al.,  
747 1991).
- 748 2. Planetary wave absorption and reflection (Perlwitz & Harnik, 2003; Shaw et al.,  
749 2010; Kodera et al., 2016)
- 750 3. Direct effects on baroclinicity and baroclinic eddies (Smy & Scott, 2009).
- 751 4. The remote effects of stratospheric PV anomalies (Hartley et al., 1998; Black, 2002;  
752 Ambaum & Hoskins, 2002). This category includes studies such as White et al.  
753 (2020), in which deep polar temperature anomalies are prescribed, because they  
754 are equivalent to PV anomalies (Baldwin, Birner, & Ayarzagüena, 2019).

755 All of these mechanisms may contribute to tropospheric effects from SSWs. If we  
756 are trying to explain the surface pressure anomalies following SSWs (Figure 3), or shifts  
757 in the NAM index (e.g. Baldwin & Dunkerton, 2001), it is clear that the main observed  
758 feature is that surface effects are roughly proportional to the anomalous strength of the  
759 polar vortex in the lower stratosphere (as measured by temperature, wind, or the NAM  
760 index). In a model study, White et al. (2020) found a robust linear relationship between  
761 the strength of the lower-stratospheric warming and the tropospheric response, with the  
762 linearity also extending to sudden stratospheric cooling events. A second observation is  
763 that surface pressure anomalies are largest near the North Pole. Stratospheric wave driv-  
764 ing (EP-flux divergence) is not, in general, proportional to the anomalous strength of  
765 the polar vortex. It therefore cannot be the primary explanation for the tropospheric re-  
766 sponse, as seen in Figure 3b. When Thompson et al. (2006) examined the connection  
767 between stratospheric wave driving and near-surface wind changes, they found that sur-  
768 face effects were too small, and there was no indication of a NAM-like pressure pattern,  
769 as documented in Baldwin and Dunkerton (2001).

770 Planetary wave absorption and reflection primarily affects tropospheric wave fields,  
771 but is not generally proportional to the anomalous strength of the stratospheric polar  
772 vortex. A small change in wind induced by an SSW can be amplified by eddy propaga-  
773 tion of transient waves produced in the troposphere. However, this mechanism does not  
774 predict the observed NAM variations or surface amplification. Direct effects on baroclinic  
775 eddies may be important because they are expected to be proportional to the anoma-  
776 lous strength of the stratospheric polar vortex, and in addition momentum fluxes from  
777 transient eddies in midlatitudes drive annular modes.

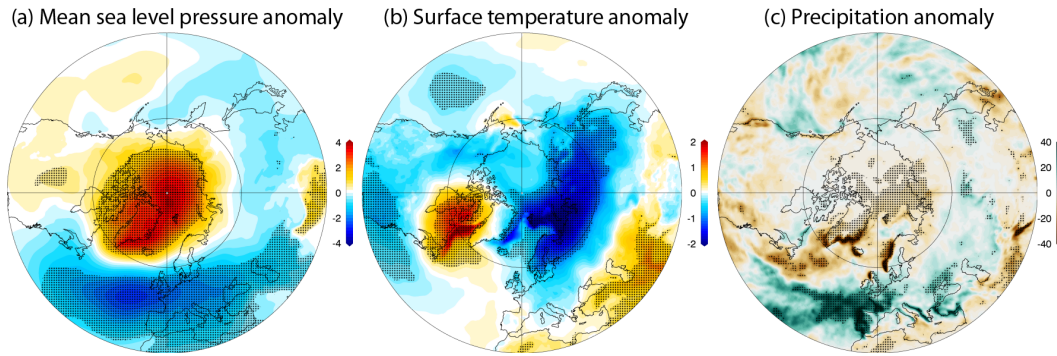
778 The remote effects of stratospheric PV anomalies would be expected to look simi-  
779 lar to the NAM pressure pattern, and the effects are proportional to the anomalous strength  
780 of the stratospheric polar vortex (Black, 2002). However, as pointed out by Ambaum  
781 and Hoskins (2002), the remote effects of stratospheric PV anomalies are expected the-  
782 oretically to decrease through the troposphere with an  $e$ -folding depth of  $\sim 5$  km. PV  
783 theory explains very well the atmospheric response down to the tropopause, but it does  
784 not explain the enhanced surface pressure response in Figure 3b. Surface pressure anoma-  
785 lies should be only  $\sim 20\%$  of those at the tropopause. The surface pressure response is  
786 an order of magnitude larger than PV theory indicates. This “surface amplification” is  
787 well reproduced in prediction models (Domeisen, Butler, et al., 2020b).

788 The remote effects of stratospheric PV anomalies, combined with a mechanism to  
789 amplify the surface pressure signal, could explain the main observed SSW effects. It is  
790 clear from the observations that following an SSW, tropospheric processes act to move  
791 mass into the polar cap, raising Arctic surface pressure. The low-level build-up of mass  
792 over the polar cap cannot come from the stratosphere because the surface pressure anoma-  
793 lies are larger than seen at any stratospheric level. The mechanisms for this movement  
794 of mass have not been fully explained. Both synoptic-scale and planetary-scale waves  
795 are found to contribute to the tropospheric response following SSW events (Simpson et  
796 al., 2009; Domeisen et al., 2013; Garfinkel et al., 2013; Hitchcock & Simpson, 2014, 2016;  
797 K. L. Smith & Scott, 2016). Baldwin, Birner, and Ayarzagüena (2019) hypothesized that  
798 the low-level polar cap temperature anomalies (as seen in Figures 3 and 8) are respon-  
799 sible for the movement of mass through the mechanism of radiative cooling-induced an-  
800 ticyclogenesis (Wexler, 1937; Curry, 1987), also see modeling results in Hoskins et al. (1985)).  
801 If the Arctic lower troposphere cools, the air mass contracts and pulls in additional mass  
802 from lower latitudes, raising the average surface pressure over the Arctic, as is observed.

## 803 7.2 Observed and modeled downward impact for both hemispheres

804 Both hemispheres show significant tropospheric effects following stratospheric ex-  
805 treme events. In particular, SSW events tend to be followed by a negative signature of  
806 the NAM in the NH (Baldwin & Dunkerton, 1999, 2001) and the SAM in the SH. In the  
807 NH, the strongest response to SSW events is observed in the North Atlantic basin (Fig-  
808 ure 8), where the response to SSW events often projects onto the negative phase of the  
809 North Atlantic Oscillation (NAO) (Charlton-Perez et al., 2018; Domeisen, 2019). The  
810 negative phase of the NAO is associated with cold air outbreaks over Northern Eurasia  
811 and the eastern United States (Kolstad et al., 2010; Lehtonen & Karpechko, 2016; King  
812 et al., 2019) as well as over the Barents and Norwegian Seas (Afargan-Gerstman et al.,  
813 2020), and wet anomalies over Southern Europe (Ayarzagüena et al., 2018) due to the  
814 southward shift and persistence of the North Atlantic eddy-driven jet (Maycock et al.,  
815 2020) and the storm track (Afargan-Gerstman & Domeisen, 2020). Further anomalies  
816 include positive temperature anomalies over Greenland and eastern Canada, and sub-  
817 tropical Africa and the Middle East. Anomalous tropospheric blocking is often observed  
818 after SSW events (Labitzke, 1965; Vial et al., 2013).

819 In the SH, the winter stratospheric variability is weaker compared to the NH due  
820 to less wave driving (Plumb, 1989), meaning far fewer SSWs have been observed (Sec-



**Figure 8.** Composites of the 60 days following historical SSWs in the JRA-55 reanalysis for (a) mean sea level pressure anomalies (hPa), (b) surface temperature anomalies (K), and (c) precipitation anomalies (mm). Stippling indicates regions significantly different from climatology at the 95% level. [Figure from Butler et al. (2017), ©Copernicus. Used with permission.]

tion 3). Nonetheless, anomalous weakenings of the SH polar vortex, tied to shifts in the seasonal evolution of the vortex, are associated with a negative SAM pattern and significant surface impacts over Antarctica, Australia, New Zealand, and South America (Lim et al., 2018, 2019). Following the only major SSW that occurred in September 2002, the SAM stayed persistently negative from September to November (Thompson et al., 2005), with warmer and drier conditions over southeast Australia, and colder and wetter conditions over New Zealand and southern Chile (Gillett et al., 2006). Similar impacts were seen following the extreme polar vortex weakening in 2019 (Hendon et al., 2019).

Furthermore, there are significant effects of SSW events in the tropics, which contribute to a downward pathway to the troposphere through tropical convective activity. In particular, the induced meridional circulation associated with the anomalous wave driving leads to anomalous tropical upwelling and anomalous cooling in the tropical tropopause region (visible in Figure 2), modulating tropical convection (Kodera, 2006). The anomalous tropical upwelling may also lead to drying of the tropical tropopause layer (Eguchi & Kodera, 2010; Evan et al., 2015).

The downward response to SSWs tends to be well reproduced in model studies. Models ranging from idealized dynamical cores to complex coupled model systems show a tropospheric response, though its persistence is often overestimated, especially in simplified models (Gerber, Polvani, & Ancukiewicz, 2008; Gerber, Voronin, & Polvani, 2008). Additionally, idealized model experiments confirm the direction of causality, i.e., stratospheric anomalies have a downward impact even if the troposphere is perturbed and does not retain memory from potential tropospheric precursors (Gerber et al., 2009), or if a SSW is imposed without any tropospheric precursors (White et al., 2020). This stratospheric downward effect is known to contribute to surface predictability (Sigmond et al., 2013; Scaife et al., 2016; Domeisen, Butler, et al., 2020b).

While on average the “downward impact” of SSWs is robust, not all SSWs appear to couple down to the surface. Most studies agree that about two thirds (Charlton-Perez et al., 2018; Domeisen, 2019; White et al., 2019) of SSW events are characterized as having a visible downward impact (e.g., persistent negative phase of the NAM or NAO in the lower troposphere and/or the lower stratosphere, (e.g Karpechko et al., 2017; Domeisen, 2019)). One factor affecting the appearance of downward impact is the tropospheric NAM index prior to and at the time of the SSW. If the NAM is already negative, there will be a vertical connection to the negative stratospheric NAM. On the other hand, if the



855 tropospheric NAM is strongly positive prior to the SSW, the appearance of vertical cou-  
 856 pling is less likely, at least initially. The same is true for the NAO: if a negative NAO  
 857 is present at the time of the SSW, the downward coupling is instantaneous but short-  
 858 lived, while otherwise the negative NAO often appears after the SSW event (Domeisen,  
 859 Grams, & Papritz, 2020). The stratosphere is one of several factors influencing the NAM,  
 860 with most NAM variability being generated within the troposphere (and from surface  
 861 interactions). The stratospheric influence becomes clear, only statistically, in regressions  
 862 or in composites of many SSWs. Specifically, the concept of surface amplification of the  
 863 polar pressure signal (Figure 3) will not be apparent during every SSW, but it becomes  
 864 clear when averaging over many events. This is because the troposphere is highly vari-  
 865 able, and the stratosphere represents a modest influence that is active during the cold  
 866 season.

867 However, it is still not possible to predict which SSW events will have a visible down-  
 868 ward impact. Knowing in advance or at the time of an SSW event the magnitude of its  
 869 downward impact could have a significant benefit for medium-range to sub-seasonal pre-  
 870 dictions. Several studies have investigated possible stratospheric causes for the differ-  
 871 ent surface impacts of SSW events:

- 872 1. The type of wave propagation during SSW events has been characterized as ei-  
 873 ther absorbing or reflecting (Kodera et al., 2016) based on wave propagation dur-  
 874 ing the recovery phase of the polar vortex, leading to different surface impacts.  
 875 Absorbing type events are found to induce the canonical negative NAO response,  
 876 while reflecting events are associated with wave reflection and blocking in the Pa-  
 877 cific basin.
- 878 2. The type of SSW in terms of split or displacement had been suggested to produce  
 879 different surface responses (Nakagawa & Yamazaki, 2006; Mitchell et al., 2013; Se-  
 880 viour et al., 2016). However, some other studies could not find significant differ-  
 881 ence in the annular mode response in long model simulations (Maycock & Hitch-  
 882 cock, 2015; White et al., 2019).
- 883 3. The duration and strength of the signal in the lower stratosphere has been sug-  
 884 gested to contribute to the duration and strength of the surface impact (Karpechko  
 885 et al., 2017; Runde et al., 2016; Rao, Garfinkel, & White, 2020b). In particular,  
 886 weak vortex events that are classified as PJO events have a stronger and more per-  
 887 sistent coupling to the troposphere than those events that lack PJO characteris-  
 888 tics (Hitchcock et al., 2013).

889 Further studies have investigated tropospheric sources for different responses to strato-  
 890 spheric forcing, in terms of jet stream location (Garfinkel et al., 2013; Chan & Plumb,  
 891 2009), North Atlantic weather regimes (Domeisen, Grams, & Papritz, 2020), Eastern Pa-  
 892 cific precursors (Afargan-Gerstman & Domeisen, 2020), and the characteristics of tro-  
 893 pospheric precursors to SSW events, in particular Ural blocking (White et al., 2019). The  
 894 response is also likely dependent on concurrent tropospheric climate patterns such as ENSO  
 895 (Polvani et al., 2017; Oehrlein et al., 2019) and the MJO (Schwartz & Garfinkel, 2017;  
 896 Green & Furtado, 2019).

## 897 **8 Effects on the atmosphere above the stratosphere**

898 The effects of SSW events are now recognized to extend well above the stratosphere,  
 899 and can significantly alter the chemistry and dynamics of the mesosphere, thermosphere,  
 900 and ionosphere. They are thus a significant component of the short-term variability in  
 901 the upper atmosphere. This section briefly reviews the major impacts of SSWs on the  
 902 upper stratosphere-mesosphere, thermosphere, and ionosphere. More detailed reviews  
 903 focused solely on the upper atmosphere can be found in Chandran et al. (2014) and Chau  
 904 et al. (2012).

## 8.1 Impacts on the Upper Stratosphere-Mesosphere

The stratopause often reforms at high altitudes ( $\sim 70$ – $80$  km) after SSW events, followed by a gradual descent to its climatological altitude of  $\sim 50$ – $55$  km over the ensuing 2–3 weeks (Manney et al., 2008; Siskind et al., 2010). Such elevated stratopause events occur in roughly one-third of Northern Hemisphere winters (Chandran et al., 2013, 2014). Numerical simulations successfully reproduce elevated stratopause events, providing insight into the formation mechanisms. The elevated stratopause forms due to enhanced westward gravity wave forcing following SSW events, which leads to downwelling and adiabatic heating at high altitudes where the stratopause reforms (Chandran et al., 2013; Limpasuvan et al., 2016).

SSW events lead to dramatic changes in the mesosphere and lower thermosphere. This includes high latitude cooling, as well as a reversal of the zonal mean zonal winds from easterly to westerly (the opposite as in the stratosphere) (Labitzke, 1982; H. L. Liu & Roble, 2002; Hoffmann et al., 2007; Siskind et al., 2010; Limpasuvan et al., 2016). The mesosphere-lower thermosphere changes during SSWs are primarily due to changes in gravity wave drag. The weakening, and potential reversal, of the westerly stratospheric winds leads to more eastward propagating gravity waves reaching the mesosphere-lower thermosphere, where, upon breaking, they increase the eastward forcing at mesosphere-lower thermosphere altitudes. The enhanced eastward forcing leads to the reversal of the mesosphere-lower thermosphere winds, and also changes the high latitude residual circulation from downward to upward, resulting in adiabatic cooling of the mesosphere (H. L. Liu & Roble, 2002; Siskind et al., 2010; Limpasuvan et al., 2016). The altered stratosphere-mesosphere residual circulation during SSW events may also lead to a warming of the summer hemisphere mesosphere, and a decrease in the occurrence of polar mesospheric clouds (Karlsson et al., 2007, 2009; K ornich & Becker, 2010). Though K ornich and Becker (2010) originally explained the coupling between wintertime SSWs and mesospheric warmings in the summer hemisphere as due to altered wave forcing in the summer hemisphere, A. K. Smith et al. (2020) recently proposed that the inter-hemispheric coupling is due to changes in the stratosphere-mesosphere circulation, and not due to modified wave forcing in the summer hemisphere mesosphere. The mesosphere-lower thermosphere changes that occur during SSWs are only weakly correlated with the changes that occur in the stratosphere (e.g. A. K. Smith et al., 2020), and there is significant event-to-event variability (Z ulicke & Becker, 2013; Z ulicke et al., 2018). The lack of a direct linear correspondence between the stratosphere and mesosphere-lower thermosphere illustrates the complexity of the coupling processes.

The circulation changes in the upper stratosphere and mesosphere-lower thermosphere that are discussed above lead to notable changes in chemical transport, altering the distribution of chemical species in the stratosphere and mesosphere. Changes in chemistry are particularly notable following elevated stratopause events, when there is significantly enhanced downward transport in the lower mesosphere and upper stratosphere (e.g., Siskind et al., 2015). The enhanced downward transport leads to enhancements in NO<sub>x</sub> and CO in the stratosphere (Manney, Schwartz, et al., 2009; Randall et al., 2006, 2009). Observations of NO<sub>x</sub> during the winters of 2004–2009 are shown in Figure 9, clearly illustrating the enhanced downward transport of NO<sub>x</sub> during the winters of 2004, 2007, and 2009 during which major SSWs occurred. An increase in NO<sub>x</sub> is particularly relevant as it can lead to the loss of stratospheric ozone. Though enhanced descent of trace species is well observed, the descent in numerical models is typically too weak, leading to simulations with a deficit in NO<sub>x</sub> and CO in the stratosphere following SSW events (Funke et al., 2017). This is partly due to inadequate representation of the mesosphere-lower thermosphere dynamics (Meraner et al., 2016; Pedatella et al., 2018), though may also be due to insufficient source parameterizations (Randall et al., 2015; Pettit et al., 2019).



**Figure 9.** Zonal average ACE-FTS NO<sub>x</sub> (color) in the NH from 1 January through 31 March of 2004-2009. The white contour indicates CO=2.0 ppmv. Measurement latitudes are shown in the top panel as black dots. From Randall et al. (2009).

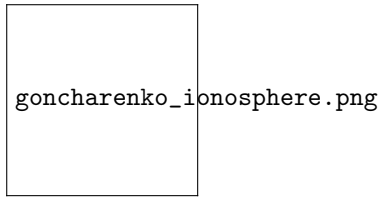
957 The changes in stratosphere-mesosphere chemistry and zonal winds during SSWs  
958 influence solar and lunar atmospheric tides, which, in-turn, play a key role in coupling  
959 SSWs to variability in the ionosphere and thermosphere. The most notable changes are  
960 an enhancement in the migrating semidiurnal solar and lunar tides. The migrating semidiurnal  
961 solar tide is primarily generated by stratospheric ozone, and Goncharenko et al. (2012)  
962 proposed that it is enhanced during SSWs due to changes in stratospheric ozone. How-  
963 ever, recent numerical experiments by Siddiqui et al. (2019) demonstrate that the mi-  
964 grating semi-diurnal solar tide in the lower thermosphere is primarily enhanced due to  
965 altered wave propagation, with ozone only being a minor ( $\sim 20\text{-}30\%$ ) contributor to the  
966 maximum enhancement. Though generally small, the migrating semidiurnal lunar tide  
967 is greatly enhanced during SSWs, and can obtain amplitudes equal to or larger than the  
968 migrating semidiurnal solar tide (e.g., Chau et al., 2015). The enhanced lunar tide is at-  
969 tributed to changes in the background zonal mean zonal winds, which shifts the Pekeris  
970 resonance mode of the atmosphere close to the frequency of the migrating semidiurnal  
971 lunar tide (Forbes & Zhang, 2012). The magnitude and timing of the semidiurnal lunar  
972 tide enhancements appear to be correlated with stratospheric variability (Zhang & Forbes,  
973 2014; Chau et al., 2015), though, as discussed in Chau et al. (2015), there are events that  
974 do not follow the linear relationship.

## 975 **8.2 Impacts on the ionosphere**

976 The influence of SSWs on the ionosphere was first hypothesized several decades ago  
977 by Stening (1977) and Stening et al. (1996). However, it was not until Goncharenko and  
978 Zhang (2008) and Chau et al. (2009) that the impact of SSWs on the ionosphere was un-  
979 equivocally demonstrated. Since these studies there has been considerable research into  
980 the role of SSWs on generating variability in the low-latitude and mid-latitude ionosphere.

981 Observations have revealed that the low-latitude ionosphere exhibits a consistent  
982 response to SSWs, with an increase in vertical plasma drifts and electron densities in the  
983 morning and a decrease in the afternoon (Figure 10). The morning enhancement and  
984 afternoon depletion gradually, over the course of several days, shifts towards later local  
985 times (e.g., Chau et al., 2009; Goncharenko, Chau, et al., 2010; Goncharenko, Coster,  
986 et al., 2010; Fejer et al., 2011). This behavior is primarily attributed to the enhancement  
987 of the solar and lunar migrating semidiurnal tides during SSWs, which influence the gen-  
988 eration of electric fields via the E-region dynamo mechanism (Fang et al., 2012; Pedatella  
989 & Liu, 2013). The migrating semidiurnal lunar tide is thought to be especially impor-  
990 tant in producing the gradual shift of the ionospheric perturbations towards later local  
991 times. As demonstrated by Siddiqui et al. (2015), there is a linear relationship between  
992 the strength of the stratospheric disturbance and the magnitude of the semidiurnal lun-  
993 ar tide in the equatorial electrojet. Numerical modeling studies indicate that the in-  
994 fluence of SSWs on the low-latitude ionosphere should be larger during solar minimum  
995 compared to solar maximum (Fang et al., 2014; Pedatella et al., 2012). Observations have,  
996 however, revealed that equally large responses can occur during solar maximum (Goncharenko  
997 et al., 2013), indicating that factors in the lower-middle atmosphere, such as the SSW  
998 strength and lifetime, may be equally as important as solar activity.

999 A number of studies have investigated the impact of SSWs on the low-latitude iono-  
1000 sphere in different longitudes. They have found that the characteristic features of the  
1001 ionosphere variability during SSWs is broadly similar across longitudes (Anderson & Araujo-  
1002 Pradere, 2010; Fejer et al., 2010; Siddiqui et al., 2017). There are, however, differences  
1003 in the response at different longitudes. In particular, the response is strongest, and tends  
1004 to occur earliest, over South America. The longitudinal differences are related to the ef-  
1005 fects of nonmigrating semidiurnal tides and the influence of Earth's geomagnetic main  
1006 field (Maute et al., 2015).



**Figure 10.** Observations of ionospheric behavior during the 2009 SSW event. (a) Mean total electron content (TEC) at 15 UT (morning sector, 10LT at 75°W). (b) Same as Figure 10a, except for at 21 UT (afternoon sector, 16 LT at 75°W). (c) TEC in the morning sector (15 UT) on January 27, 2009, during the SSW. (d) TEC in the afternoon sector (21 UT) on January 27, 2009. (e) Vertical drift observations by the Jicamarca incoherent scatter radar (12°S, 75°W) at 200-500 km altitude. The red line indicates observations on January 27, 2009, and the black line indicates the average behavior for winter and low solar activity. (f) Change in TEC at 75°W during the SSW as a function of local time and latitude. From Goncharenko, Chau, et al. (2010).

1007 One of the reasons that the ionospheric variability during SSWs has attracted at-  
 1008 tention is that it potentially enables improved forecasting of ionosphere variability. Due  
 1009 to being primarily an externally forced system, the ionosphere and thermosphere are less  
 1010 sensitive to initial conditions compared to the troposphere-stratosphere (Siscoe & Solomon,  
 1011 2006). This leads to skillful forecasts of the ionosphere being typically less than 24 h (Jee  
 1012 et al., 2007). If, however, the external drivers of ionosphere variability can be well-forecast,  
 1013 then the length of skillful ionosphere forecasts can be extended. The two external drivers  
 1014 of the ionosphere are solar activity and effects from the lower atmosphere. The relatively  
 1015 good predictability of SSWs means that they could enable enhanced ionosphere forecast  
 1016 skill by improved forecasting of the lower atmospheric driver of ionosphere variability.  
 1017 The ability to forecast the low-latitude ionosphere during the 2009 SSW was investigated  
 1018 by Wang et al. (2014) and Pedatella et al. (2018). Both studies found that ionospheric  
 1019 variability could be forecast  $\sim 10$  days in advance of the SSW, which is consistent with  
 1020 the ability to predict the occurrence of SSWs. SSWs may thus provide a pathway for  
 1021 improving forecasts of the ionosphere.

1022 The effects of SSWs on the ionosphere extend to middle latitudes, and are, perhaps  
 1023 surprisingly, stronger in the SH. Fagundes et al. (2015) and Goncharenko et al. (2018)  
 1024 both observed notable daytime TEC enhancements in the SH middle latitude ionosphere.  
 1025 Goncharenko et al. (2018) also observed large decreases in nighttime ionosphere electron  
 1026 densities at middle latitudes. The mechanism generating variability in the middle lat-  
 1027 itude ionosphere is thought to be changes in the thermosphere neutral winds, and the  
 1028 greater response in the SH has been interpreted as being due to a larger amplitude semi-  
 1029 diurnal lunar tide in the SH which propagates upwards into the thermosphere where it  
 1030 modulates the neutral winds (Pedatella & Maute, 2015).

1031 Understanding the formation of small-scale irregularities in the ionosphere, often  
 1032 referred to as spread-F, equatorial plasma bubbles, or scintillation, is important owing  
 1033 to the disruptive impact of small-scale irregularities on communications and navigation  
 1034 (e.g., GPS) signals. Determining the role of SSWs on the formation of ionosphere irreg-  
 1035 ularities is thus of considerable interest. Current observational evidence of the impact  
 1036 of SSWs on ionosphere irregularities is inconclusive, with some studies suggesting a sup-  
 1037 pression of irregularities (de Paula et al., 2015; Patra et al., 2014), and others an enhance-  
 1038 ment of irregularities (Stoneback et al., 2011). This is therefore an area that requires con-  
 1039 siderably more research.

### 8.3 Impacts on the thermosphere

The impact of SSWs on the thermosphere has received considerably less attention compared to the ionosphere. This is primarily due to the limited number of direct observations as well as generally smaller impacts of SSWs on the thermosphere. Nonetheless, investigations have revealed that there are clear impacts on the thermosphere temperature, density, and composition.

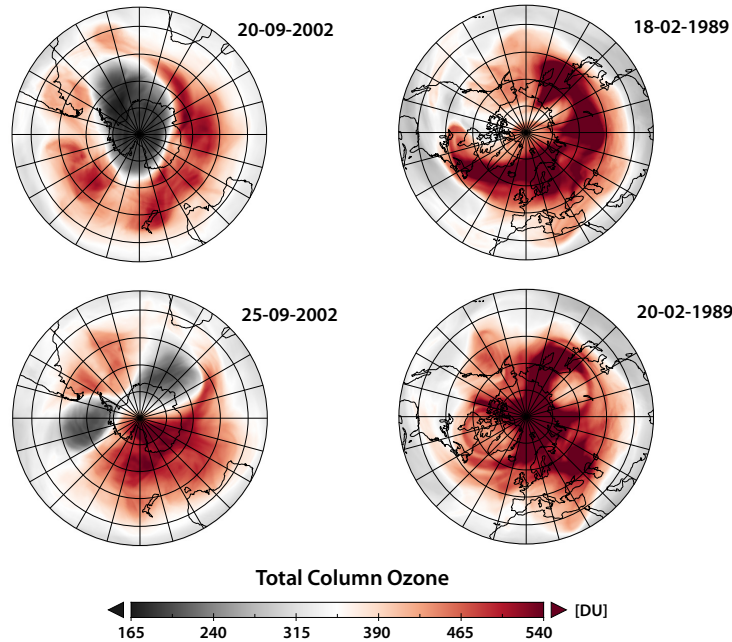
Numerical simulations by H. L. Liu and Roble (2002) first revealed that the effects of SSWs can extend into the lower thermosphere. They found that the lower thermosphere ( $\sim 110$ - $170$  km) in the NH warms by  $\sim 20$ - $30$  K during a SSW. Warming of the Northern Hemisphere lower thermosphere was confirmed observationally by Funke et al. (2010). Subsequent simulations by H. Liu et al. (2013) using the GAIA whole atmosphere model revealed that the zonal mean temperature changes globally, and throughout the thermosphere. In particular the GAIA simulations revealed upper thermosphere cooling in the tropics and Southern Hemisphere, and a global average cooling of  $\sim 10$ K during the 2009 SSW. The global cooling of the thermosphere is largely attributed to the dissipation of enhanced semidiurnal solar and lunar tides during the SSW, which significantly alters the circulation of the lower thermosphere (H. Liu et al., 2014). The cooling of the thermosphere leads to a contraction of the thermosphere, and a reduction in the neutral density at a fixed altitude. Based on satellite orbital drag derived thermosphere densities, Yamazaki et al. (2015) investigated the thermosphere density response to SSW events. They found a 3-7% decrease in global mean thermosphere density at altitudes of 250-575 km.

The composition of the thermosphere is also impacted by SSWs, with model simulations and observations finding a  $\sim 10\%$  reduction in the ratio of atomic oxygen to molecular nitrogen ( $[O]/[N_2]$ ) during SSW events (Pedatella et al., 2016; Oberheide et al., 2020). This reduction arises due to the enhancement of migrating semidiurnal solar and lunar tides during the SSW, and their influence on the mean meridional circulation. In particular, the dissipation of the tides induces a westward momentum forcing in the lower thermosphere, which drives a mean meridional circulation that is upward in the equatorial region, poleward at middle latitudes, and downward at high latitudes. This altered mean meridional circulation leads to an increase of  $[O]$  and a decrease of  $[N_2]$  in the lower thermosphere that is then communicated to the upper thermosphere via molecular diffusion (e.g., Yamazaki & Richmond, 2013). As thermospheric  $[O]/[N_2]$  influences the production and loss of  $O^+$ , the  $[O]/[N_2]$  reduction during SSWs leads to a decrease in the diurnal and zonal mean ionosphere electron densities, which are approximately equal to  $O^+$  in the F-region ionosphere.

## 9 Effects on stratospheric transport and composition

The dramatic dynamical perturbations during SSWs are associated with anomalies in the transport circulation, and thus lead to anomalies in the distributions of constituents such as ozone and other trace gases throughout the lower and middle stratosphere, with the impacts on the upper stratosphere and lower mesosphere discussed in the previous section.

It has been known since the mid-twentieth century that the winter is dynamically the most active season in the stratosphere (see Baldwin, Birner, Brasseur, et al. (2019)), and it was correctly anticipated that the largest ozone changes would also occur during this season. However, measurements of both total column and profile ozone remained sparse before the 1970s and exhibited large differences among measurement stations, leading to large uncertainties in deriving knowledge on natural variability in ozone and its drivers. Nevertheless, the influence of SSWs was recognised and could be shown from observations as early as in the late 1950s, with Dütsch (1963) revealing a close spatial



**Figure 11.** Total column ozone distributions in [DU] as obtained from ECMWF ERA5 before (upper panels) and after (lower panels) SSW events, for the Antarctic polar region in 2002 (left column) and the Arctic polar region in 1989 (right column), respectively.

1090 correlation between total column ozone and temperatures in the 50–10 hPa layer dur-  
 1091 ing the 1957–1958 SSW over Europe. Based on averaged total column ozone observa-  
 1092 tions over all available stations north of 40°N, Züllig (1973) further developed the find-  
 1093 ings by Dütsch to show that the seasonal evolution of ozone was exhibiting a much more  
 1094 abrupt initial increase during years with SSW events (1962–1963 and 1967–1968) than  
 1095 during a year without an SSW event (1966–1967).

1096 In the early 1970s, the Backscatter Ultraviolet (BUV) instrument on Nimbus IV  
 1097 provided the first global ozone data from space, which served to verify the findings by  
 1098 Dütsch (1963) and Züllig (1973) from single measurement stations of total column ozone  
 1099 during SSWs (Heath, 1974). These global satellite measurements have continued to date,  
 1100 with a series of SBUV, TOMS, GOME, and OMI instruments flown on different satel-  
 1101 lites, providing immediate information on the impact of SSWs on total column ozone dis-  
 1102 tributions in a visual manner. Figure 11 (left column) shows the total column ozone dis-  
 1103 tribution over the Antarctic region in 2002 as derived from the ECMWF ERA5 reanal-  
 1104 ysis (Hersbach et al., 2020), before and after the occurrence of an SSW. This event was  
 1105 the first to be observed in the SH and as mentioned above led to an impressive split of  
 1106 the 2002 Antarctic ozone hole (Varotsos, 2002; von Savigny et al., 2005), at least par-  
 1107 tially cutting short ozone depletion during that year (Weber et al., 2003). A similar event  
 1108 is shown on the right for the winter 1989 over the Arctic region. While the overall ozone  
 1109 levels are much higher than in the SH, the split vortex can still be clearly identified.

1110 SSWs not only leave a clear signature in total column ozone, but also affect the ver-  
 1111 tical structure of ozone (e.g., Kieseetter et al., 2010; de la Cámara et al., 2018). With  
 1112 the advent of stratospheric limb sounders in the late 1970s, a wealth of observations had  
 1113 become available to study these features, including in trace gases other than ozone such

as nitrous oxide, carbon monoxide, and nitrogen oxides (e.g., Manney, Schwartz, et al., 2009; Manney, Harwood, et al., 2009; Tao et al., 2015). As shown by Kieseetter et al. (2010) and de la Cámara et al. (2018), after onset of an SSW, ozone anomalies become positive above 500K and negative below. The positive anomalies then slowly descend to lower altitudes, with the middle stratosphere relaxing back to normal trace gas concentrations the fastest. The enhanced poleward and downward transport during an SSW will lead to an increase in transport of other species such as carbon monoxide as well, with the breakdown of the polar vortex leading to enhanced mixing between mid and high latitudes and a flattening of the tracer gradients (Manney, Schwartz, et al., 2009). This will lead to cutting short ozone depletion by halogens in the Arctic polar stratosphere during spring, the opposite as found during the very cold and undisturbed 2013 Arctic winter that featured unprecedented Arctic ozone loss (Manney et al., 2015).

Due to the highly variable character of SSWs, observations fall short of providing the statistical information needed to fully explain trace gas transport during these events, hence models are used to more closely investigate the drivers behind the transport. Local tracer mixing ratios are the results of a balance between chemical sources or sinks and transport. In the TEM framework, the equation for a tracer mixing ratio  $X$  can be written as in equation 4:

$$\frac{\partial \bar{X}}{\partial t} = - \left[ \bar{v}^* \frac{\partial}{\partial y} + \bar{w}^* \frac{\partial}{\partial z} \right] \bar{X} + \nabla \cdot M + S \quad (4)$$

The chemical sources and sinks are represented by  $S$ , while the first two terms on the right hand side represent transport. Of these, the first term describes slow residual advection, with upward transport in the tropics and downward transport in the extratropics (see also Section 4). The second term is the divergence of eddy tracer fluxes (of the form  $(\overline{v'X'}, \overline{w'X'})$ ), and thus describes the effect of mixing processes (M). The latter arises due to stirring of tracer contours and subsequent small-scale diffusion, leading to no net mass transport, but, in the presence of tracer gradients to tracer transport.

As described in Section 4, the strongly enhanced wave forcing prior and during a SSW event drives a strongly enhanced residual circulation. High latitude downwelling is enhanced by up to one standard deviation between about 10 days prior the SSW up to the central date (de la Cámara et al., 2018). After the central date, wave propagation is mostly prohibited and subsequently the lack of wave forcing leads to weakened polar downwelling. The weakening of the residual circulation can persist up to two months after the SSW, in particular for PJO events (de la Cámara et al., 2018; Hitchcock et al., 2013). The extended persistence in the lower stratosphere is partly a result of longer radiative timescales in this region (Hitchcock et al., 2013), but it has been shown that also enhanced diffusive PV mixing leads to the prolonged recovery phase of the polar vortex (de la Cámara et al., 2018; Lubis et al., 2018).

Next to the anomalous vertical residual advection in the polar vortex region, tracers are affected by anomalous mixing during SSW events. Mixing, as measured by effective diffusivity or equivalent length [a measure of the disturbances of a tracer contour line relative to a zonally symmetric contour line (see Nakamura (1996))], is enhanced in the aftermath of SSW events: strongest anomalies are found around 10 days after the central date at the vortex edge in the mid-stratosphere, with anomalies propagating poleward and downward in the following weeks to months (de la Cámara et al., 2018; Lubis et al., 2018). Enhanced mixing in the lower stratosphere is found to persist for more than two months for PJO events (de la Cámara et al., 2018), largely equivalent to “absorptive” events as classified by Lubis et al. (2018). Those prolonged diffusive mixing anomalies of PV delay the vortex recovery (see above); however they are not necessarily associated with enhanced eddy PV fluxes (or negative Eliassen-Palm flux divergence), but rather are compensated by wave activity transience, as revealed by an analysis of



1163 finite-amplitude wave activity (Lubis et al., 2018). The exact mechanism of the lower  
1164 stratospheric mixing enhancement remains to be understood.

1165 In summary, prior to and during an SSW tracers are affected mostly by enhanced  
1166 downwelling, while after the SSW, downwelling is reduced and at the same time, enhanced  
1167 quasi-horizontal mixing sets in. Together with the eroded polar vortex, and thus weak-  
1168 ened transport barrier (see e.g., Tao et al., 2015), enhanced mixing between mid-latitude  
1169 and high latitude air will affect tracer concentrations after SSW events.

## 1170 10 Outlook

1171 Despite decades of research, many key aspects of SSWs are still unclear. Even top-  
1172 ics that have been addressed since the discovery of these phenomena, such as the mech-  
1173 anisms driving SSWs, present important open questions. For instance, the relative im-  
1174 portance of tropospheric forcing versus internal stratospheric dynamics for triggering these  
1175 events is still under debate.

1176 Another “old” unclear key aspect of SSW research, investigated since the late 1970s,  
1177 concerns the impact of factors such as the QBO and ENSO on the likelihood of SSWs.  
1178 The underlying observational limitation is that the relatively short observational record  
1179 (which has large internal variability) must be interpreted with caution (Polvani et al.,  
1180 2017). For example, SSW occurrence was significantly reduced in the 1990s relative to  
1181 the 2000s (Domeisen, 2019) and it is not clear if this decadal variability occurred by chance  
1182 or was perhaps due in part to, say, ocean variability or sea-ice loss (Garfinkel et al., 2017;  
1183 Hu & Guan, 2018; Sun et al., 2015). Separating the effects of internal variability on the  
1184 occurrence of SSWs from other influences (e.g., ocean variability, solar cycles, the QBO)  
1185 is essentially not feasible on a statistical basis alone, due to the short data record and  
1186 multiple potential factors influencing SSWs. Fortunately, the improvement of climate  
1187 models in representing stratospheric processes as well as the increasing use of model hi-  
1188 erarchies (Maher et al., 2019) might help in quantifying these effects in the future, to-  
1189 gether with a better knowledge of theory. Further, as confidence in theory and modelling  
1190 improves it is possible that somewhat different answers are obtained than from the lim-  
1191 ited observational record.

1192 Another important category of SSW research revolves around forecasting. The first  
1193 step is to develop the best possible forecasts of the stratosphere itself—currently mod-  
1194 els can predict SSWs with a lead time of approximately two weeks. What are the lim-  
1195 itations of the predictability of SSWs within the stratosphere, and of stratospheric vari-  
1196 ability in general? To what degree are accurate stratospheric forecasts dependent on ac-  
1197 curate forecasts of the troposphere vs. internal stratospheric dynamics?

1198 Looking downward, we need a better dynamical understanding of how SSWs (and  
1199 stratospheric variability in general) affect the troposphere and surface weather. The ef-  
1200 fects of SSWs on surface weather and climate are well quantified statistically, but not  
1201 completely understood in detail. In particular, we do not have a good understanding of  
1202 how the troposphere amplifies the stratospheric signal. At the same time the relative im-  
1203 portance of characteristics of this stratospheric signal such as the morphology of vortex  
1204 splits for the tropospheric fingerprint is still debated. Even interactive stratospheric chem-  
1205 istry has recently been suggested to modulate the tropospheric response to stratospheric  
1206 variability associated with SSWs (Calvo et al., 2015; Haase & Matthes, 2019; Oehrlein  
1207 et al., 2020). Consequently, we still do not have a confident answer to why some SSWs  
1208 appear to have a strong surface impact, whereas the troposphere appears to be unaffected  
1209 by some others.

1210 Accurately simulating the effects of the stratosphere on surface weather will de-  
1211 pend on identifying those aspects of the models which require improvement. This is rel-  
1212 evant on all timescales from weather forecasts to climate projections. Ultimately, to what

1213 degree can stratospheric predictions be exploited for surface weather forecasts? One po-  
1214 tentially important aspect is that SSWs have an influence on Arctic surface tempera-  
1215 tures for several weeks. Can long-range forecasts of Arctic weather and sea ice movement  
1216 be improved through improved stratospheric forecasts and a more accurate representa-  
1217 tion of stratosphere-troposphere coupling?

1218 Looking upward, the effects of SSWs above the stratosphere are not well quanti-  
1219 fied and it is yet to be established if these effects are largely limited to SSWs or if the  
1220 effects are proportional to stratospheric disturbances of either sign. The physical mech-  
1221 anisms by which SSWs impact the upper atmosphere are also not fully understood, with  
1222 a number of open questions concerning how SSWs generate variability in the ionosphere  
1223 and thermosphere. In a society extremely dependent on technology affected by space weather,  
1224 the need for answering these questions will extend scientific curiosity.

1225 Finally, one of the most outstanding questions is whether SSWs will change in the  
1226 future by climate change. Will the frequency of SSWs be affected due to increasing green-  
1227 house gas concentrations? Despite many efforts in the last 30 years (e.g., Rind et al., 1990;  
1228 Butchart et al., 2000; McLandress & Shepherd, 2009a; Mitchell et al., 2012), the answer  
1229 remains unclear. An analysis of SSWs during the climate of the Last Glacial Maximum  
1230 (20,000–25,000 YBP) showed no significant difference in SSW frequency compared to to-  
1231 day (Fu et al., 2020). Analyses of SSWs in the two most recent multi-model intercom-  
1232 parison projects (Chemistry Climate Models Initiative (CCMI, (Morgenstern et al., 2017))  
1233 and Coupled Model Intercomparison Project Phase 6 (CMIP6, (Eyring et al., 2016)))  
1234 do not provide a robust answer. Ayarzagüena et al. (2018) showed, *on average* in CCMI  
1235 models, insignificant future changes in SSWs. However, most individual CMIP6 mod-  
1236 els project significant changes, but with no consensus on the sign of the change (Ayarzagüena  
1237 et al., 2020). Different reasons might explain this uncertainty. First, as already indicated,  
1238 there are many unclear aspects about basic dynamics of SSWs and this translates into  
1239 differences among models in how they represent it. Secondly, biases in the model rep-  
1240 resentation of the mean atmospheric state and how it reacts to climate change might be  
1241 another reason. In this sense, the disparity in the distribution of tropospheric warming  
1242 (i.e., different relative importance of tropical and polar amplifications) among models  
1243 might be a candidate to project different stratospheric forcings. In the stratosphere, the  
1244 opposing signals with climate change (i.e., radiative CO<sub>2</sub>-cooling vs. increased adiabatic  
1245 warming from a faster Brewer-Dobson circulation) results in a weak amplitude of the to-  
1246 tal signal (Mitchell et al., 2012). A different relative strength of these signals among mod-  
1247 els likely contributes to a disparity in the sign of the change in frequency of SSWs.

1248 After enumerating uncertainties in key research aspects, it becomes clear that re-  
1249 ducing most of these uncertainties might benefit humanity through improved weather  
1250 forecasts, improved climate projections, and minimising ionospheric effects on commu-  
1251 nications. Stratospheric research has the potential to benefit from evolving fields such  
1252 as machine learning, big data, artificial intelligence, and data mining that are becom-  
1253 ing more feasible as the ability to handle very large data sets becomes more routine. All  
1254 these new techniques might boost future SSW research.

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 1271 [.php?ui\\_set=1](https://climate.rutgers.edu/snowcover/table_area.php?ui_set=1). JRA-55 data are freely available at [https://jra.kishou.go.jp/JRA](https://jra.kishou.go.jp/JRA-55/index_en.html)  
 1272 [-55/index\\_en.html](https://jra.kishou.go.jp/JRA-55/index_en.html). ECWMF ERA5 data are accessible via the climate data store [https://](https://apps.cds.climate.copernicus.eu)  
 1273 [apps.cds.climate.copernicus.eu](https://apps.cds.climate.copernicus.eu) and ERA-Interim data are available online [https://apps](https://apps.ecmwf.int/datasets/data/interim-full-daily/levtype=sfc/)  
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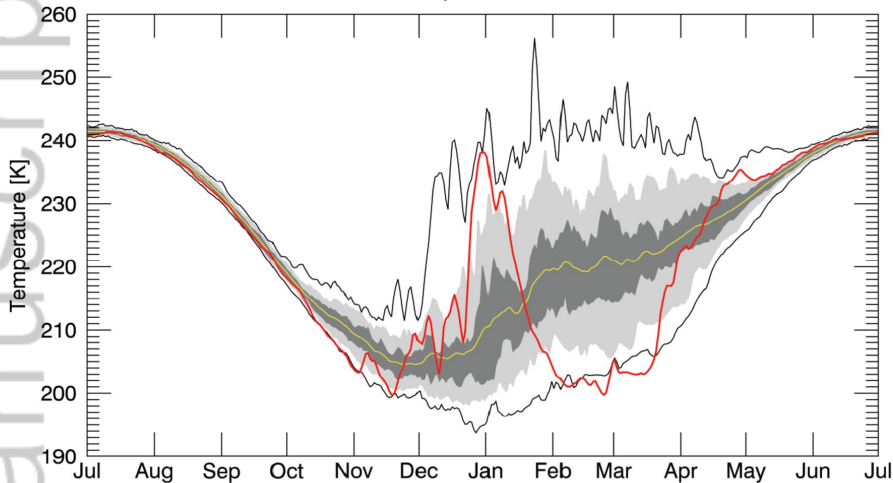
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Figure 1.

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Zonal-Mean Temperature, 65-90N, 10 hPa



Zonal-Mean Zonal Wind at 60°N and 10 hPa

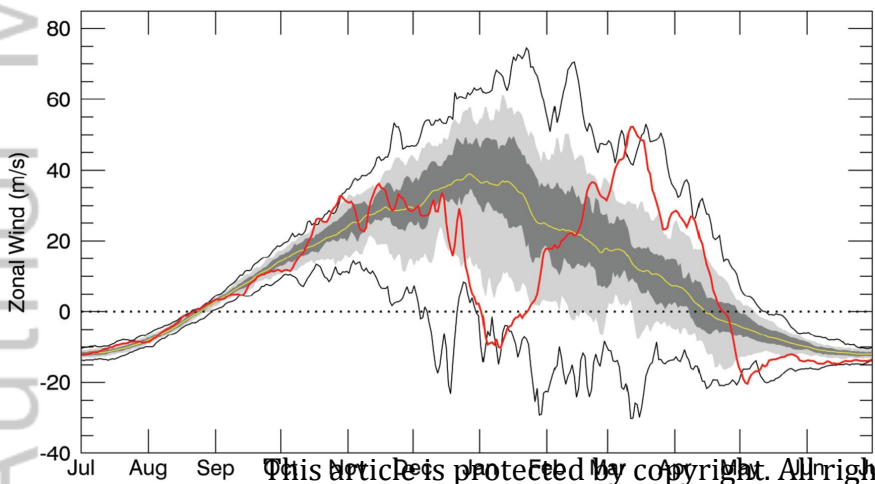




Figure 2.

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## Composite of SSW T Anomalies, Days 0 to +30

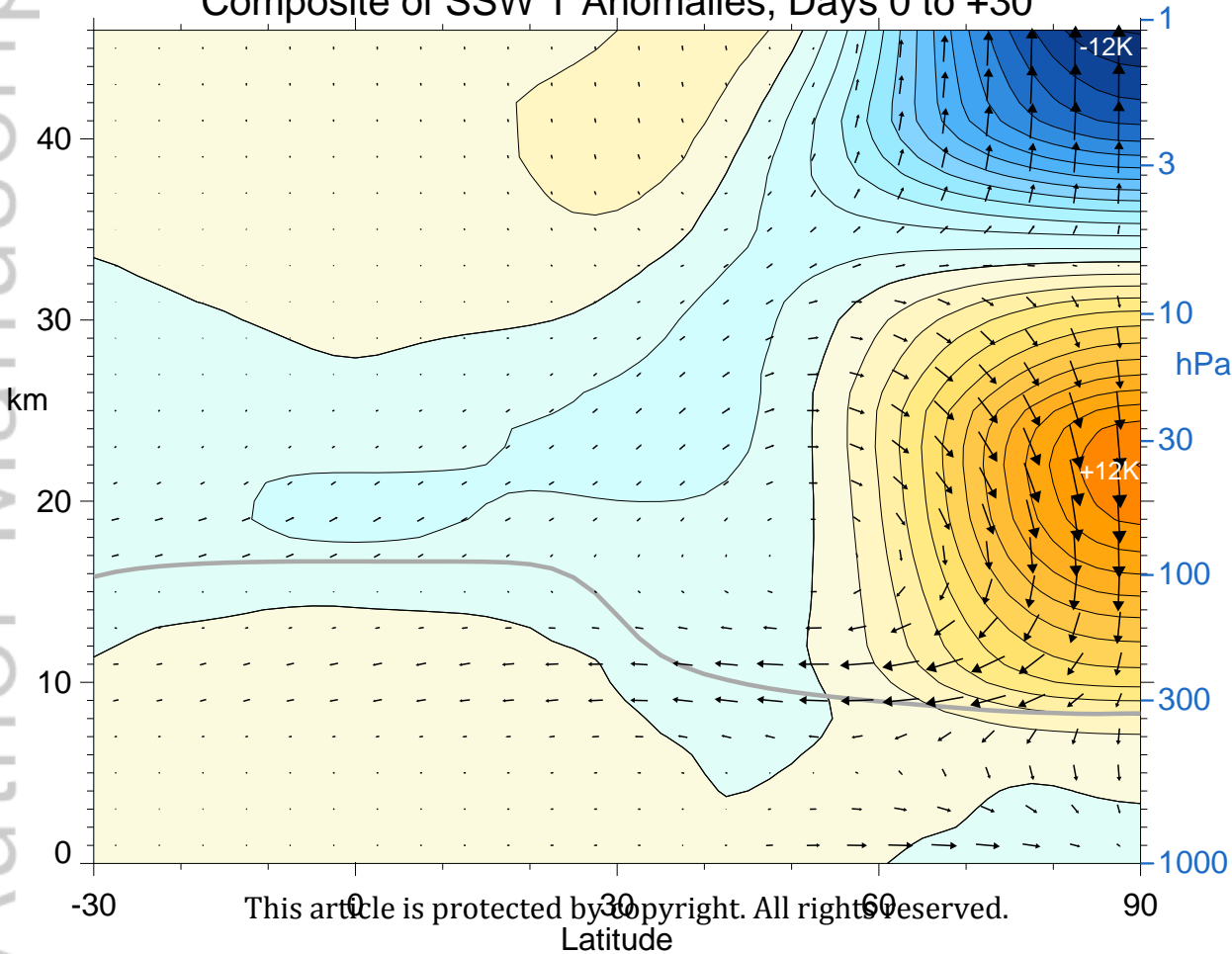
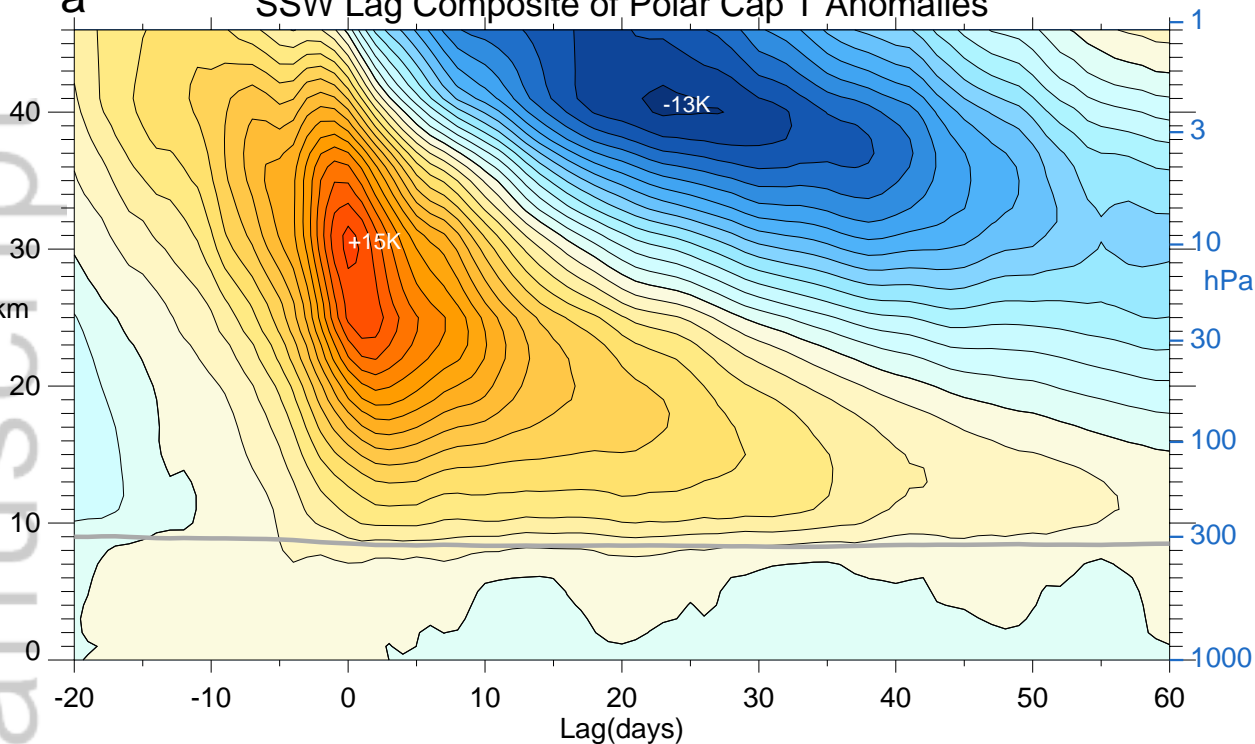
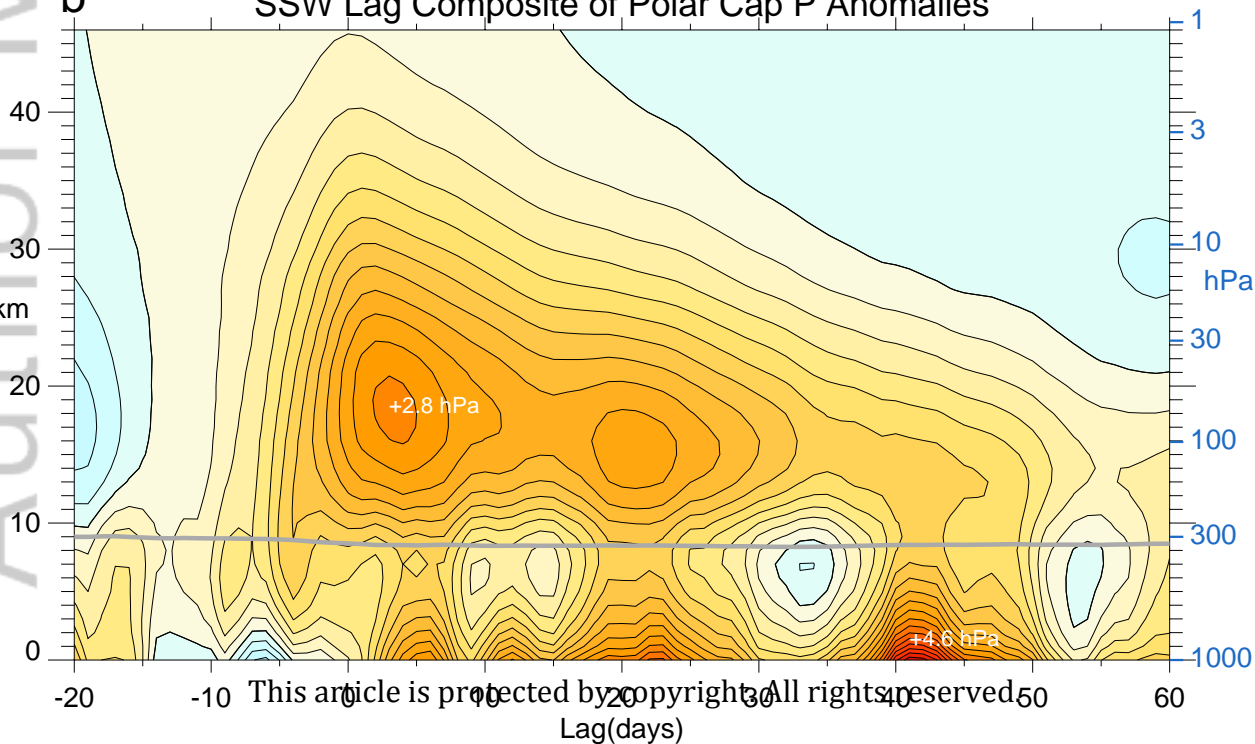


Figure 3.

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**a****SSW Lag Composite of Polar Cap T Anomalies****b****SSW Lag Composite of Polar Cap P Anomalies**

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Figure 4.

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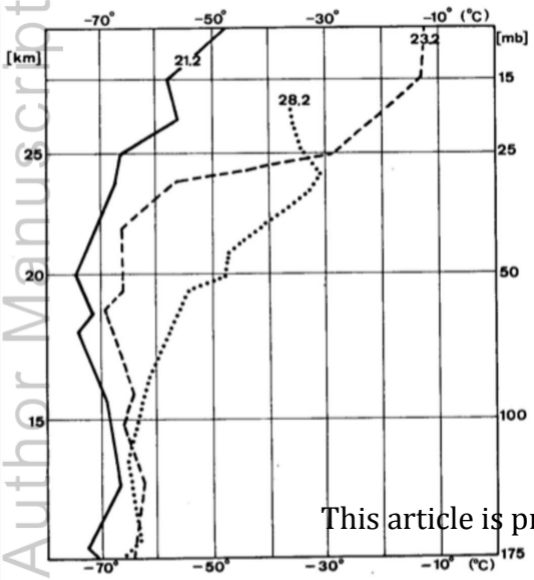
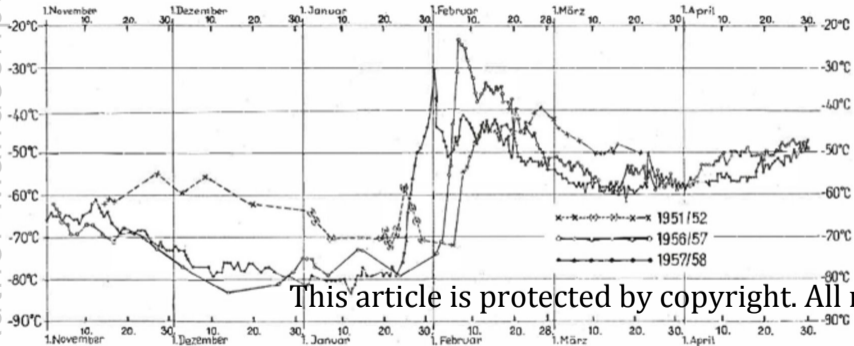


Figure 5.

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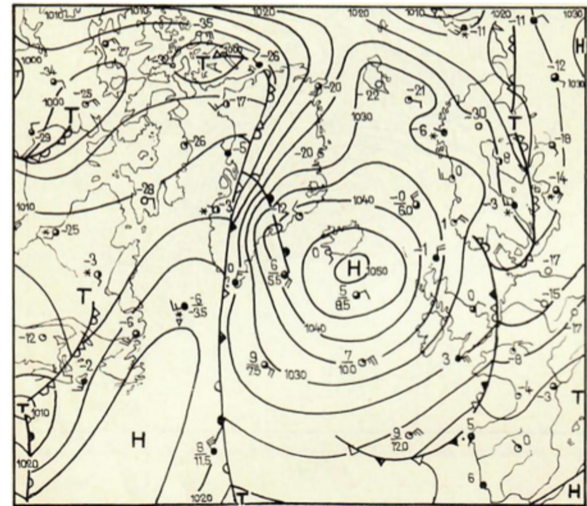
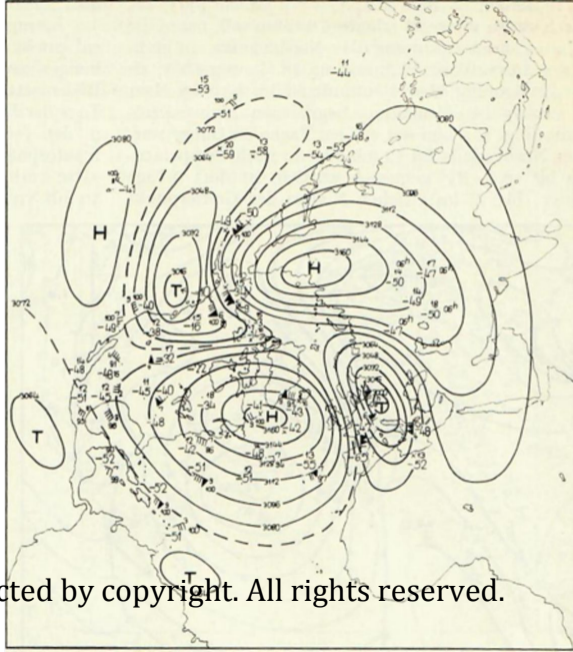
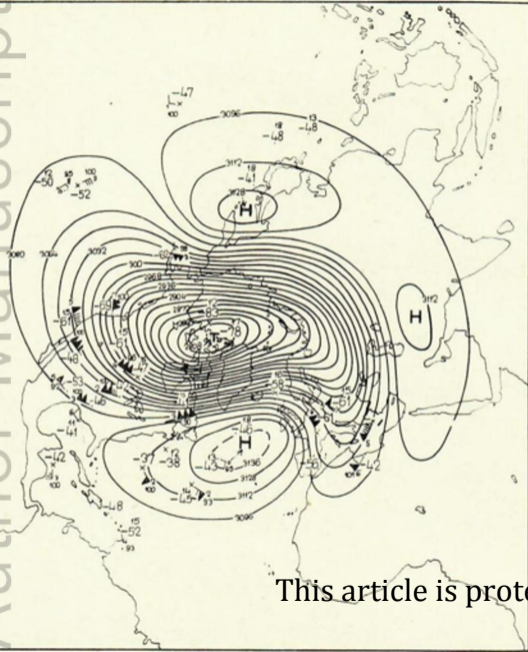


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Figure 6.

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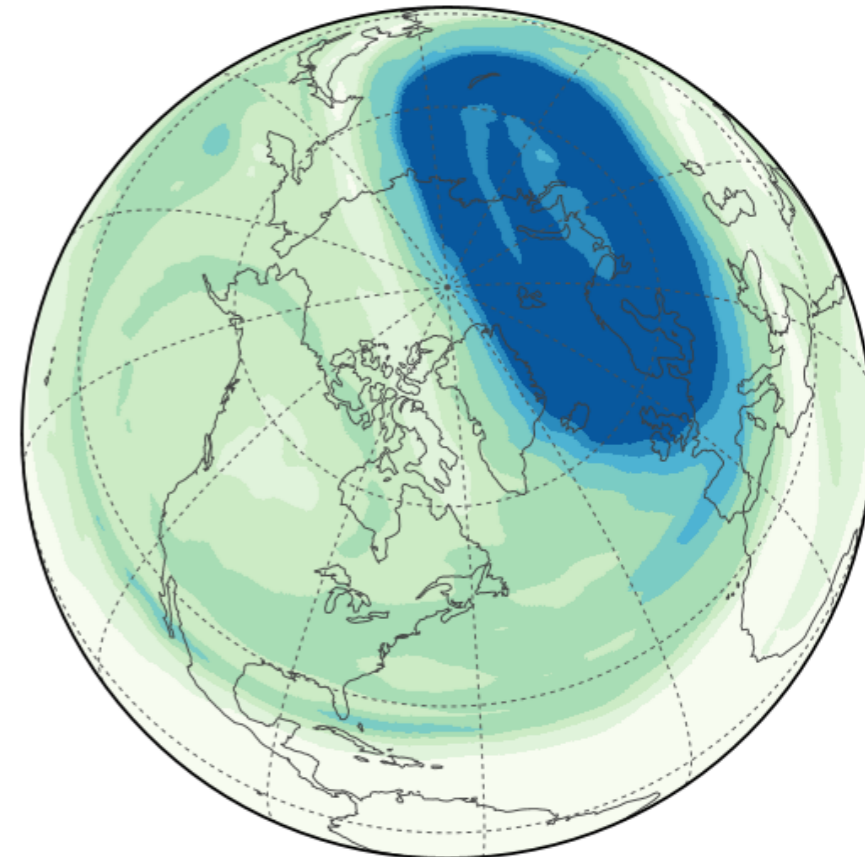
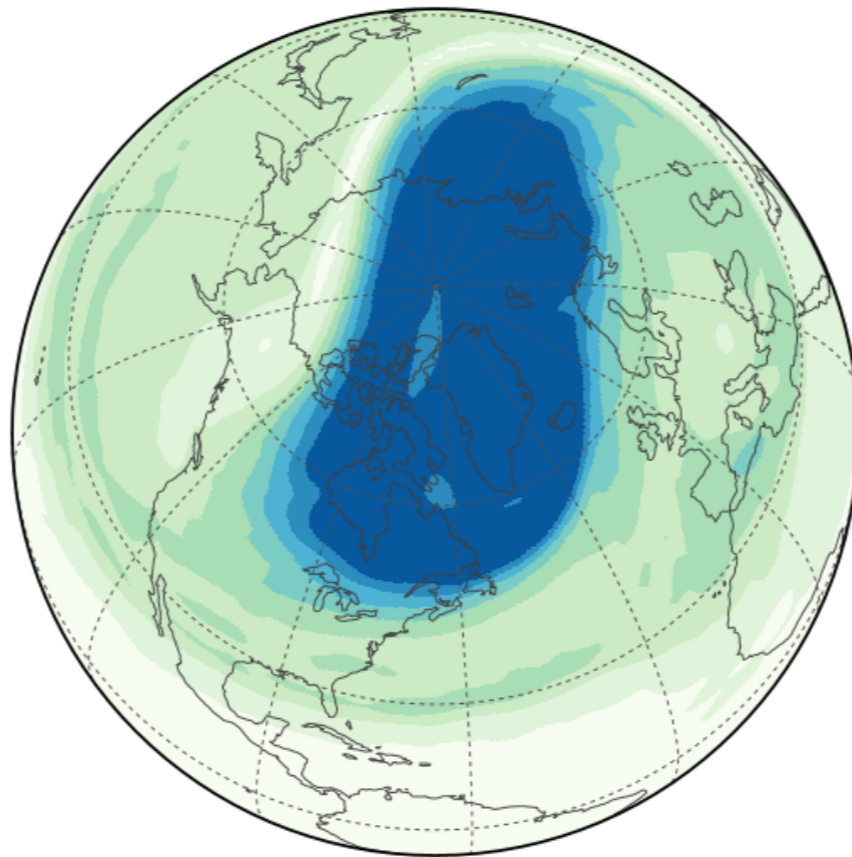
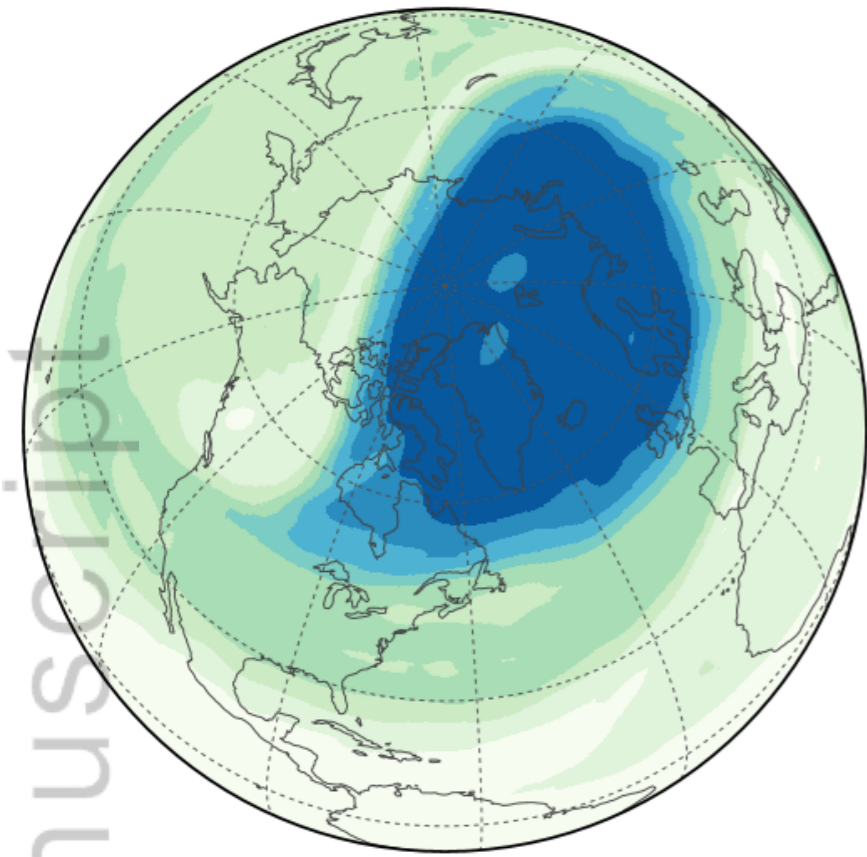
Figure 7.

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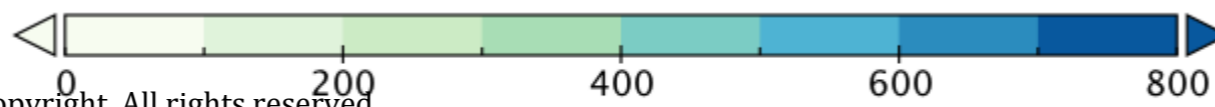
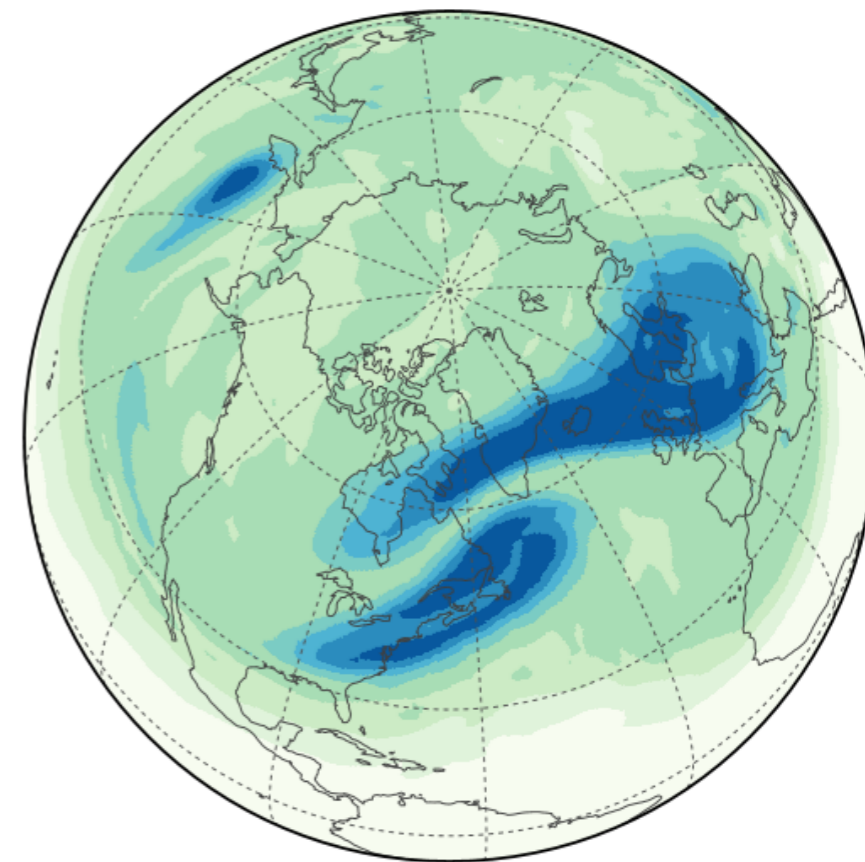
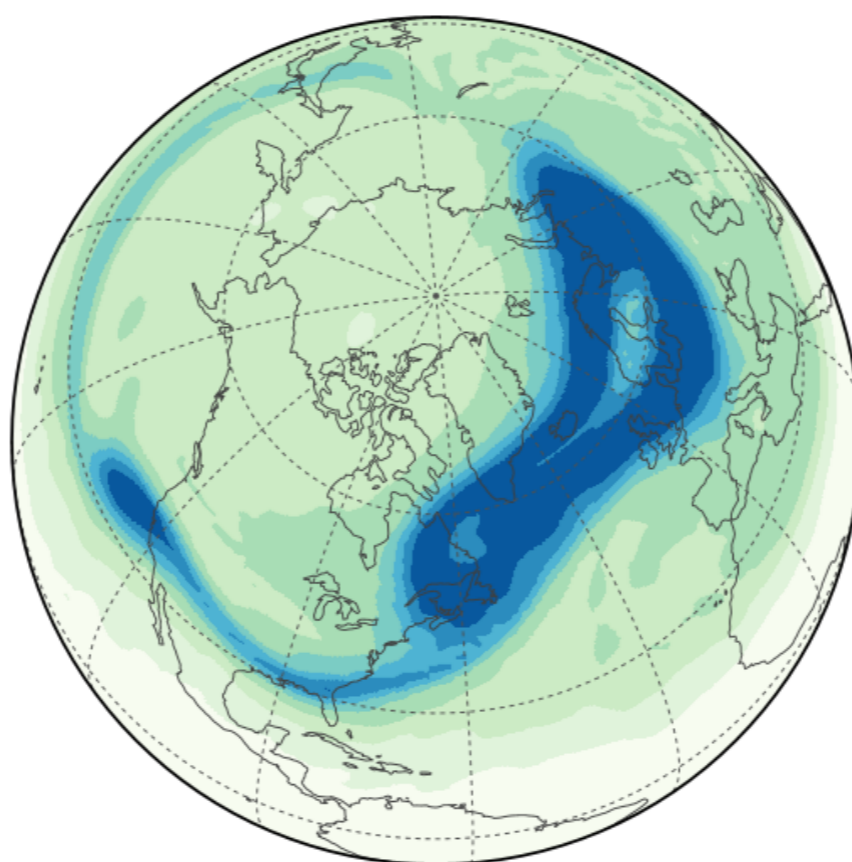
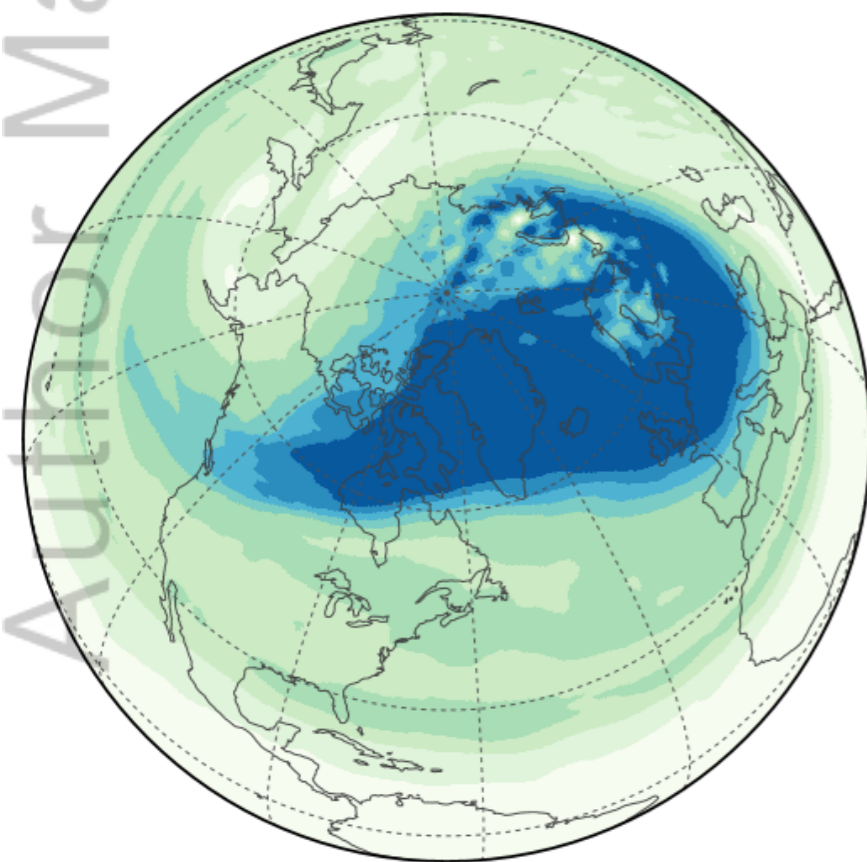
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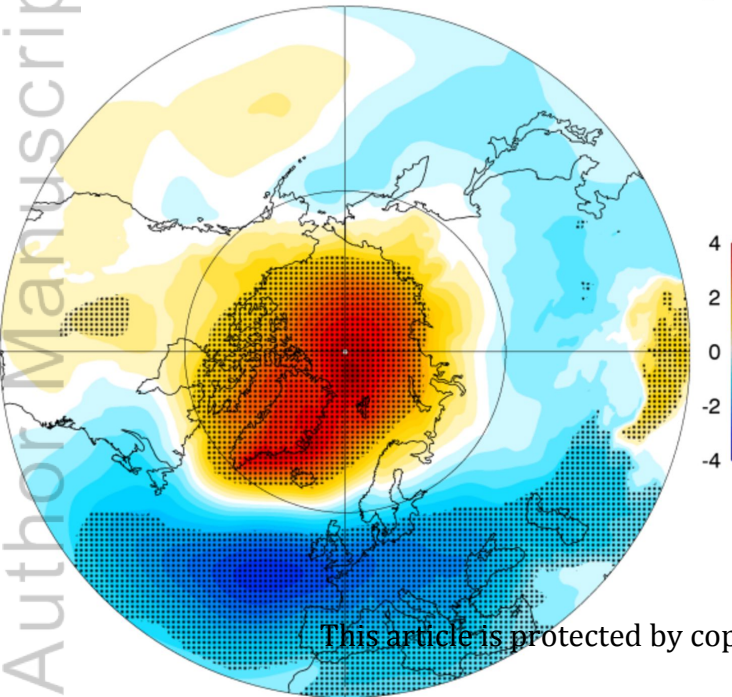
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Potential Vorticity (PVU)

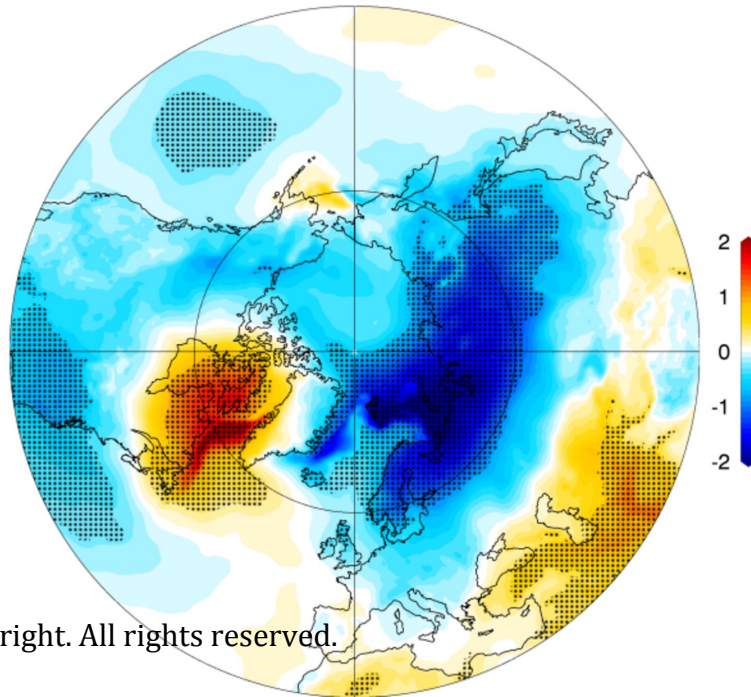
Figure 8.

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(a) Mean sea level pressure anomaly



(b) Surface temperature anomaly



(c) Precipitation anomaly

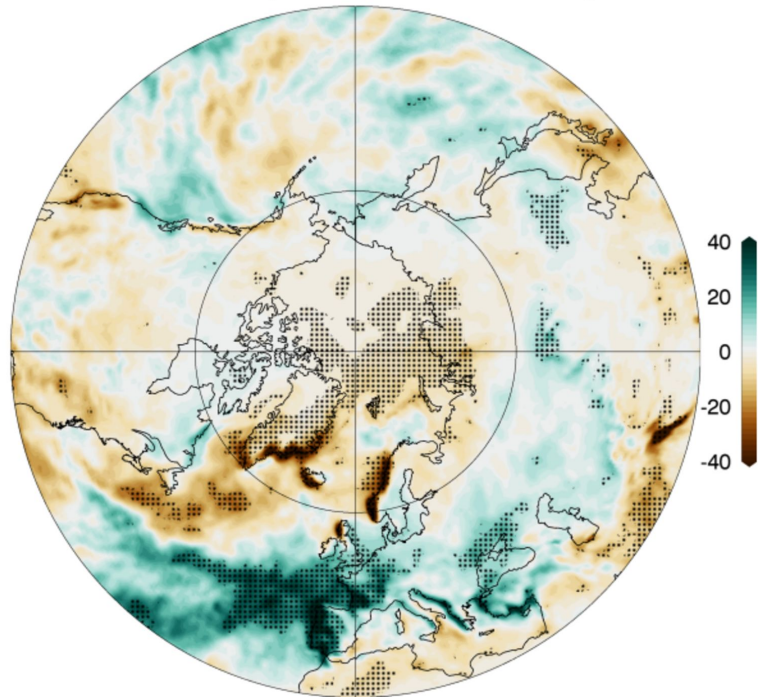
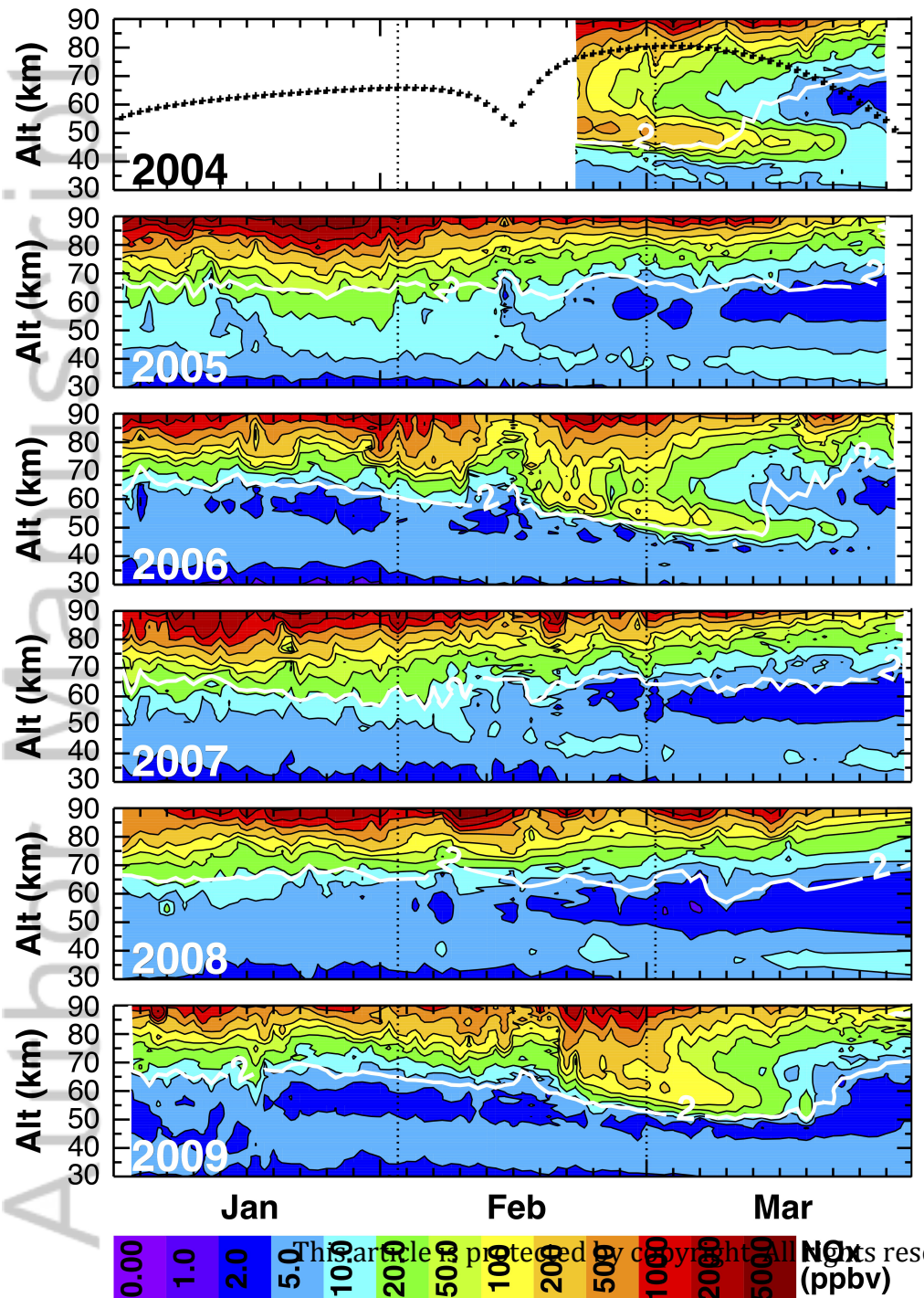


Figure 9.

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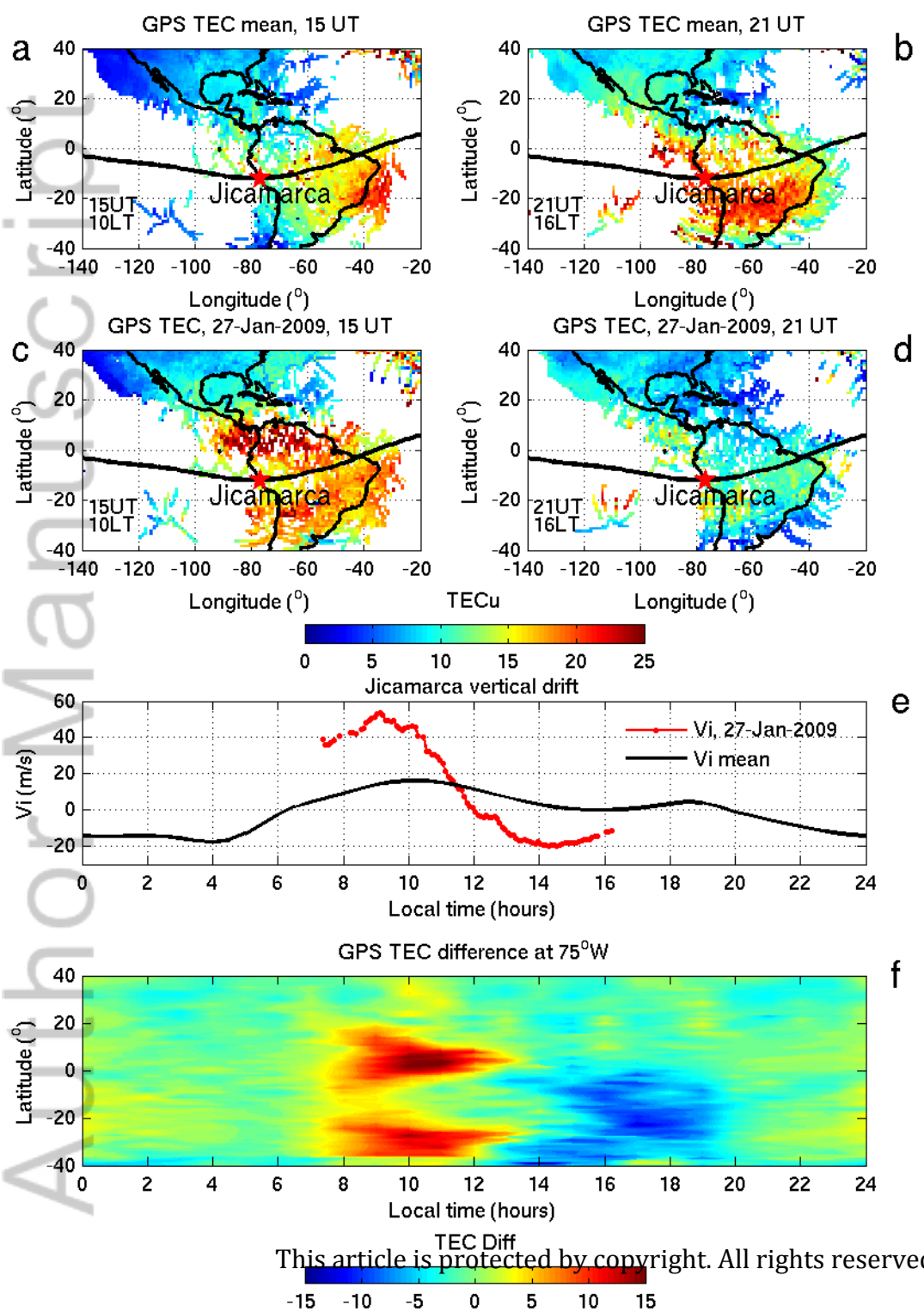
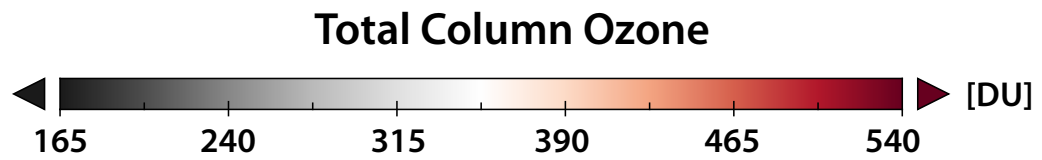
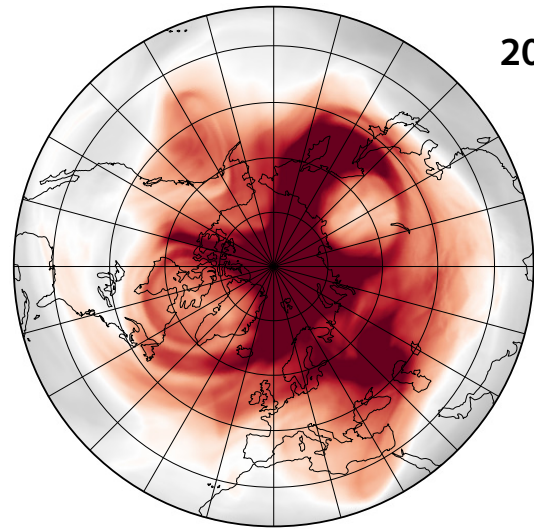
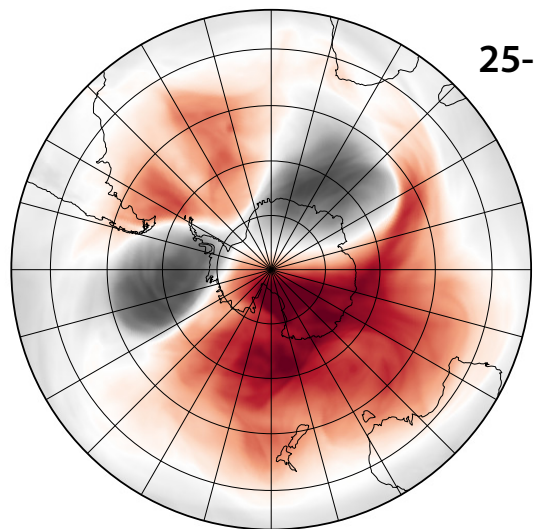
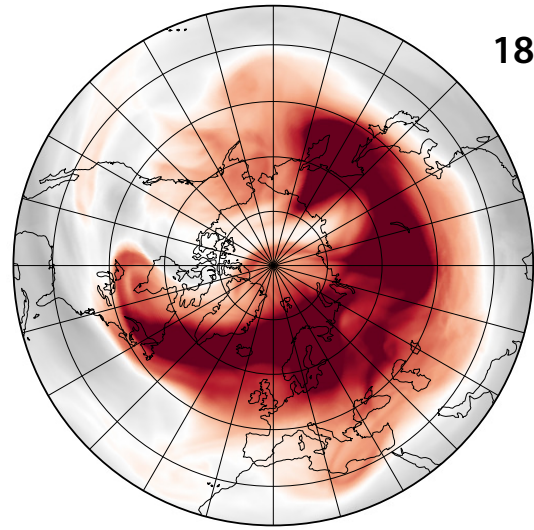
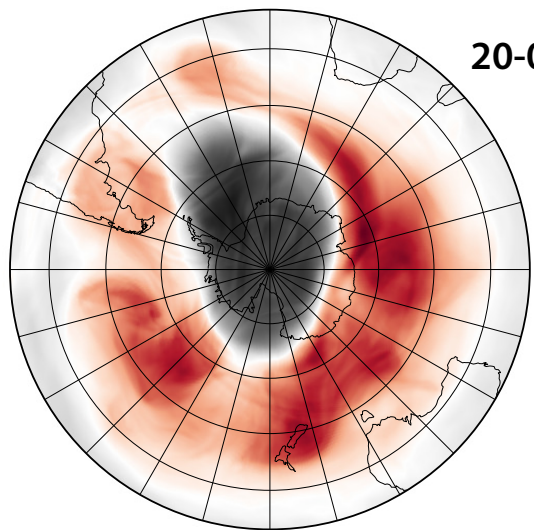
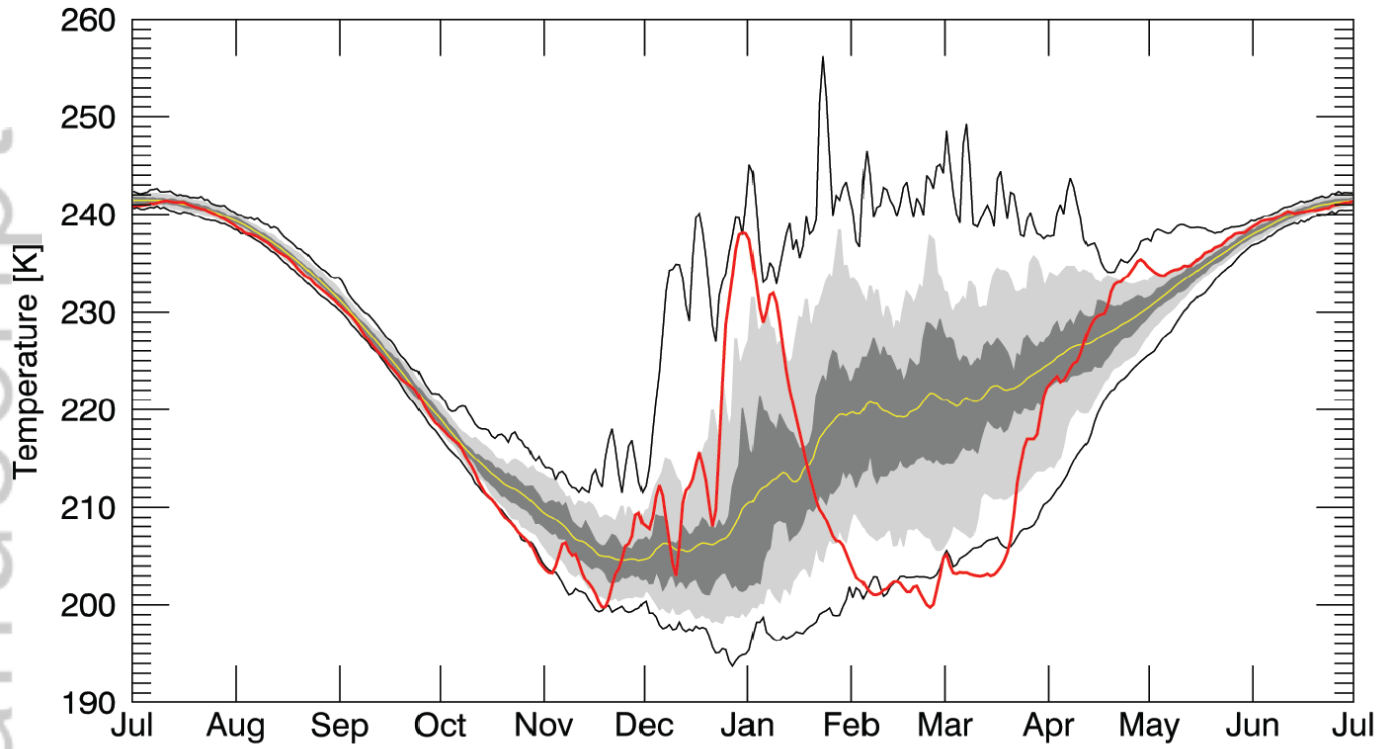


Figure 11.

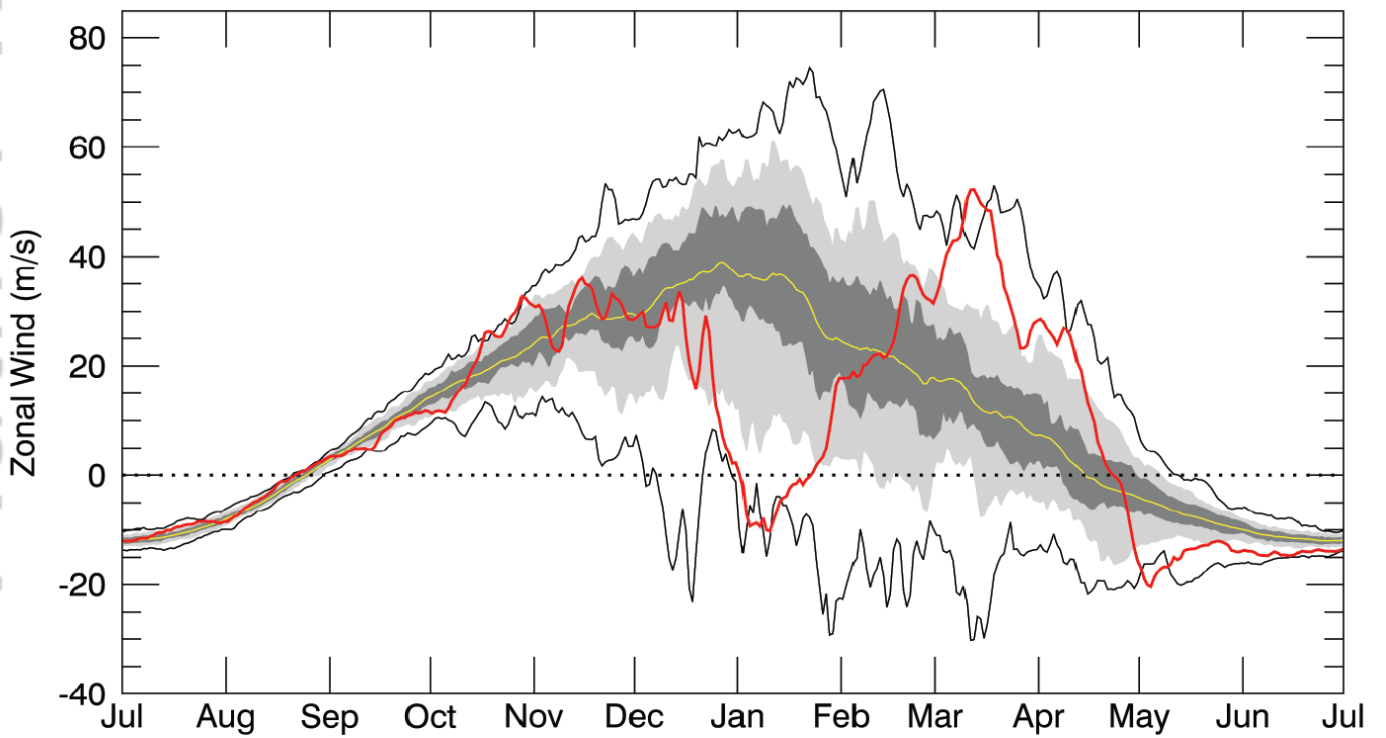
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Zonal-Mean Temperature, 65-90N, 10 hPa

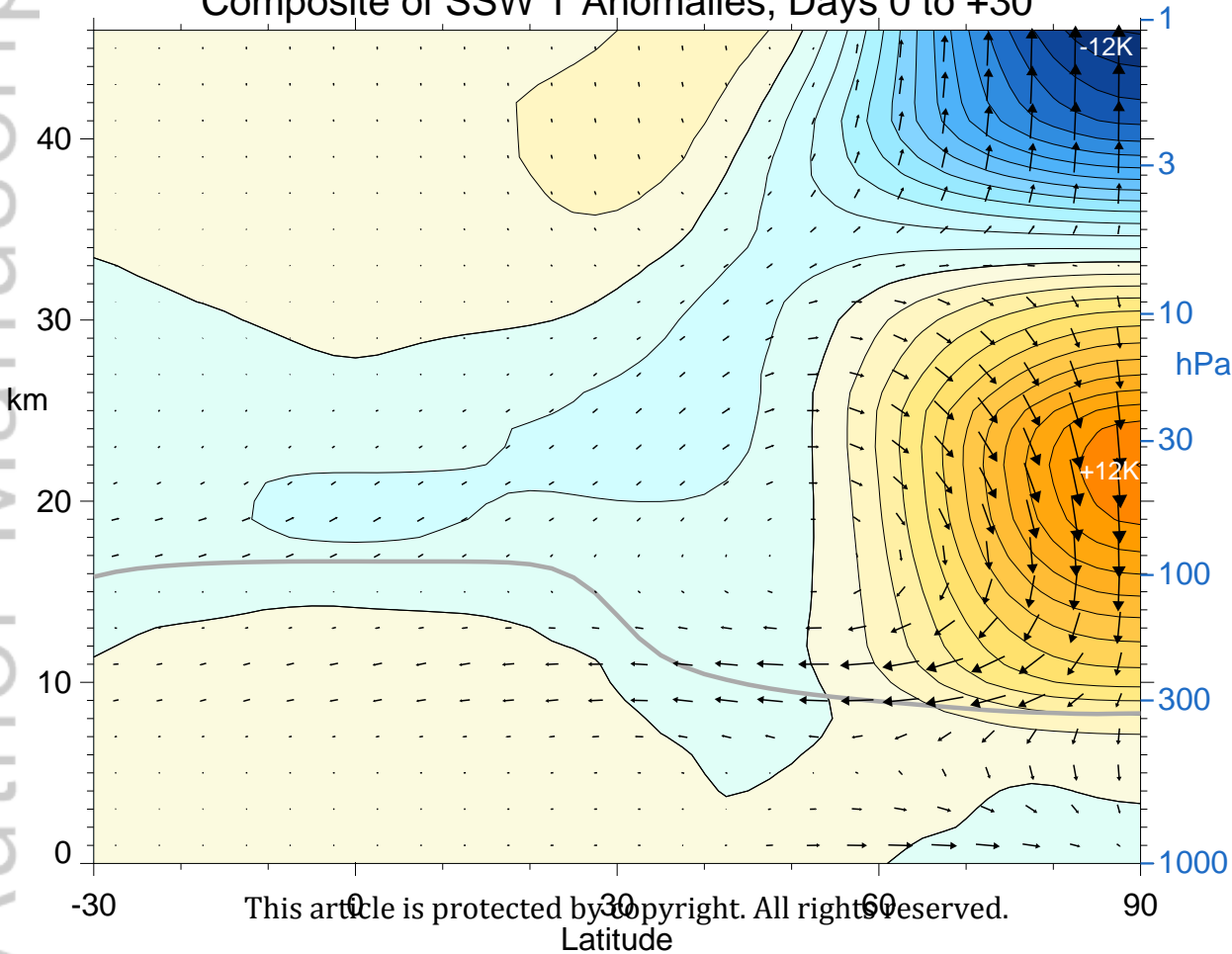


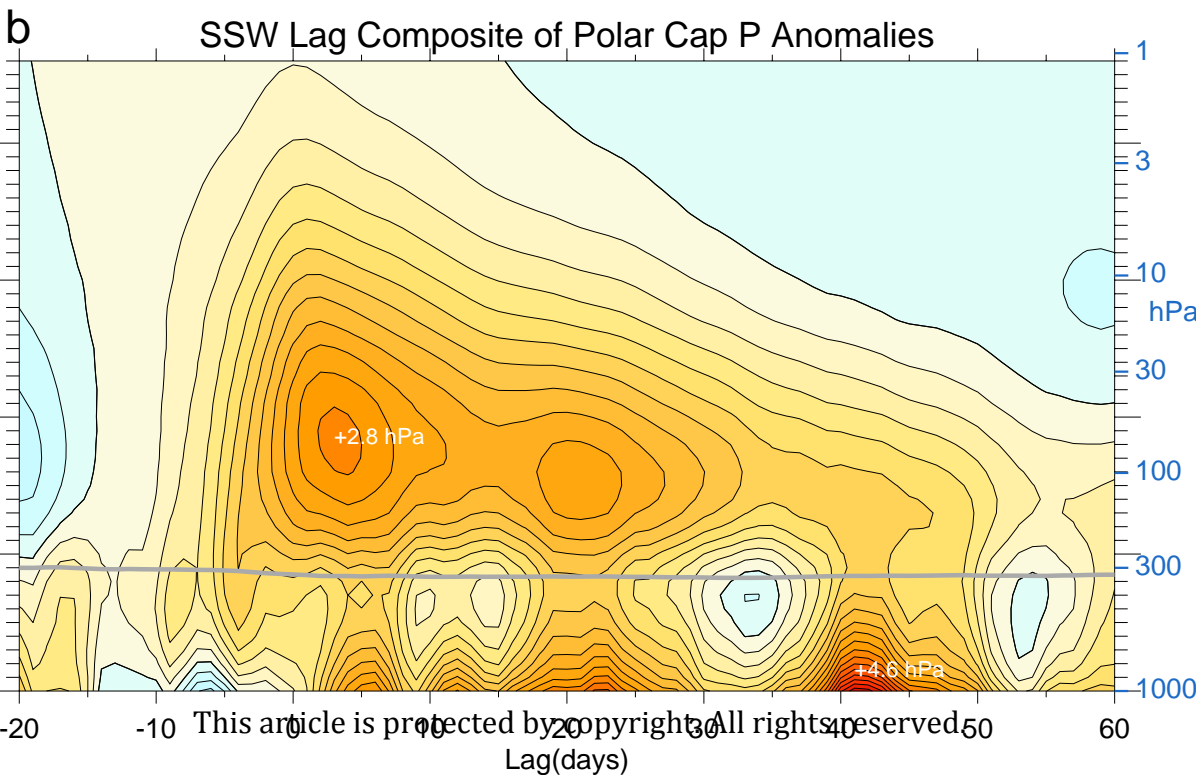
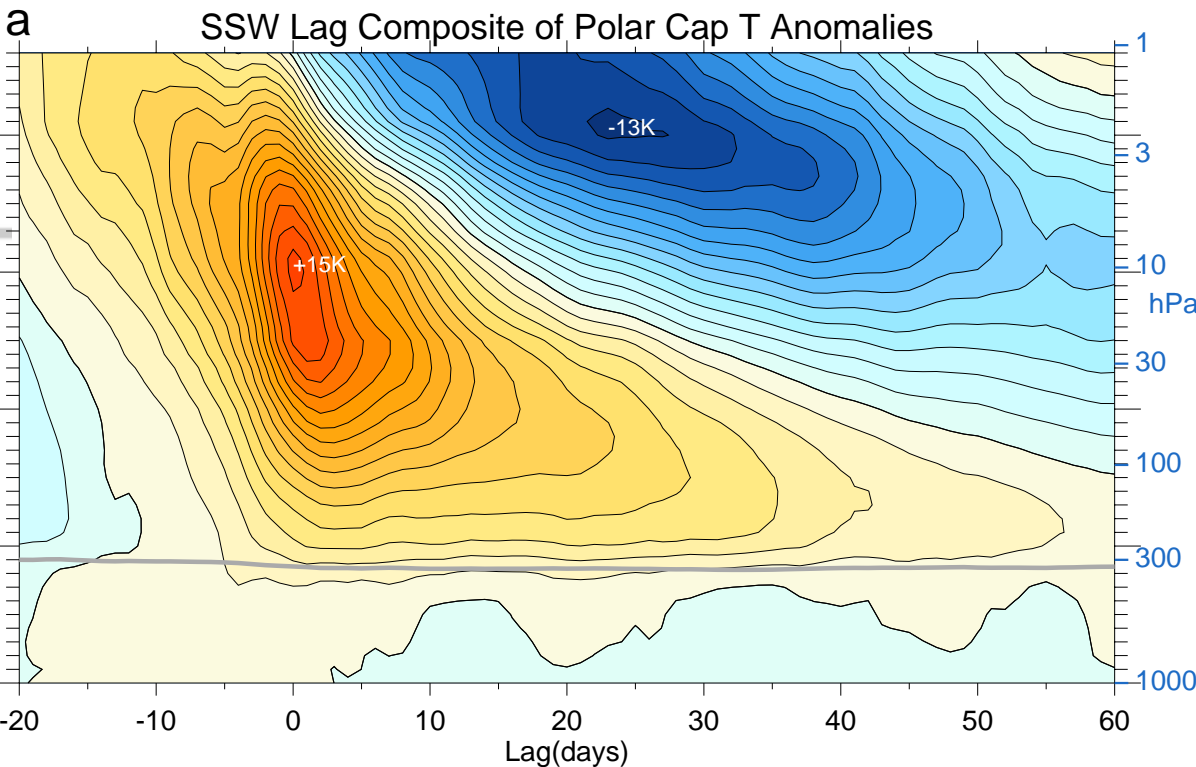
Zonal-Mean Zonal Wind at 60°N and 10 hPa

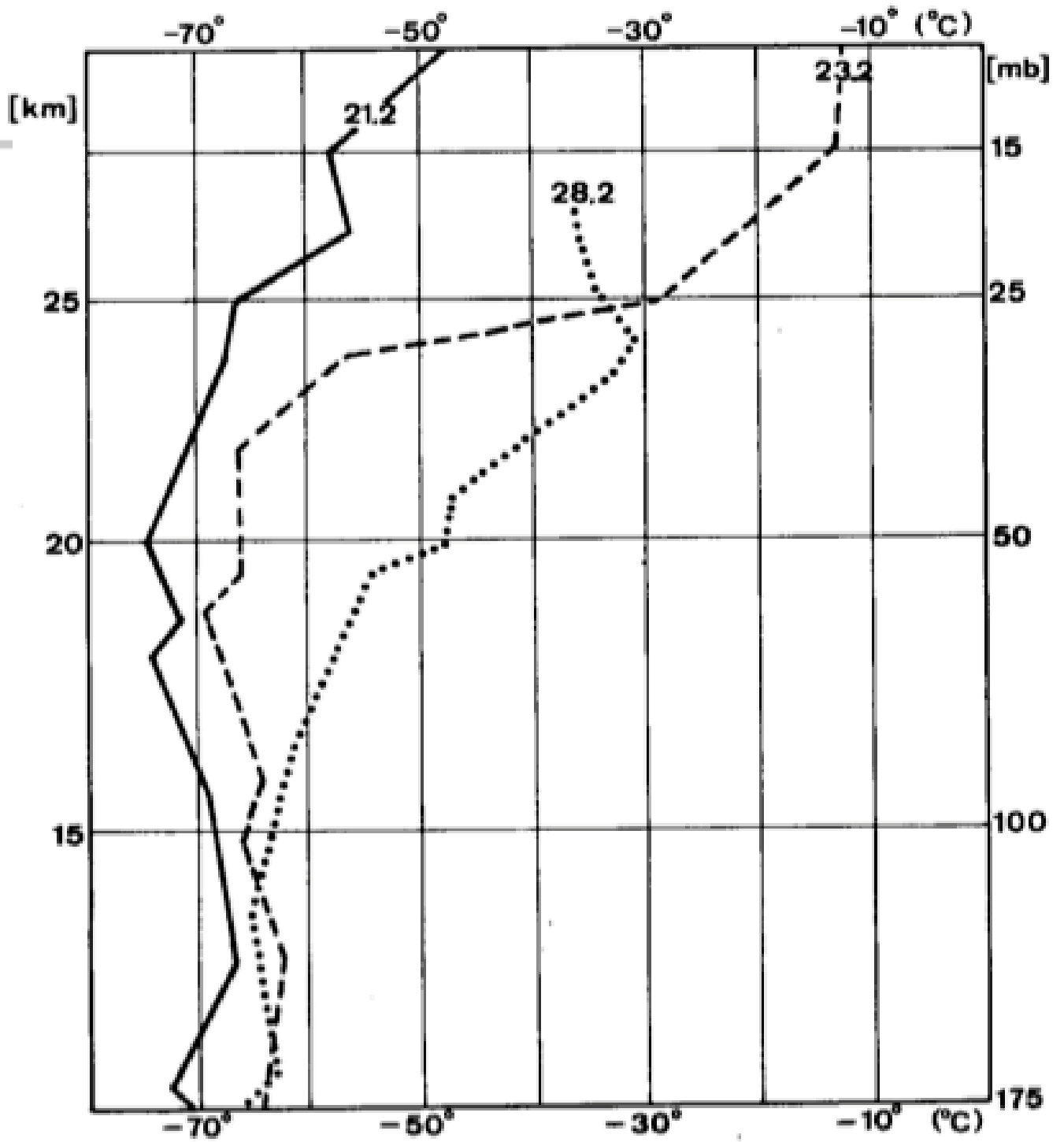


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## Composite of SSW T Anomalies, Days 0 to +30

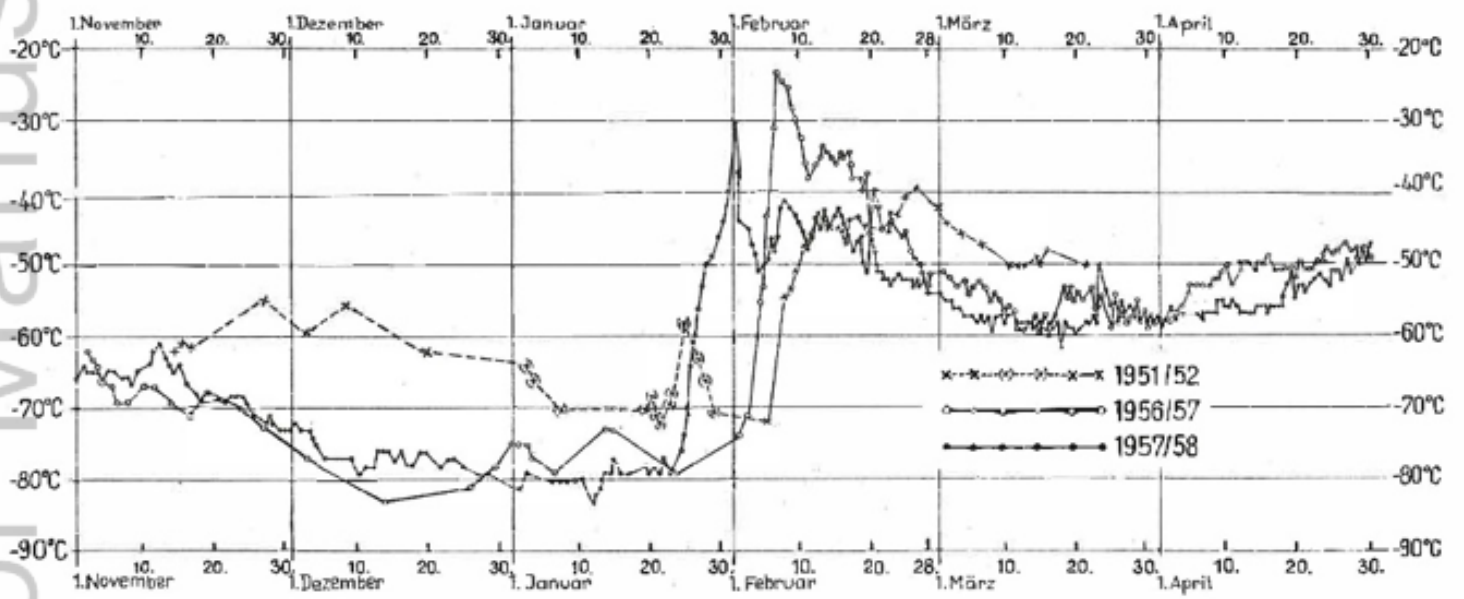




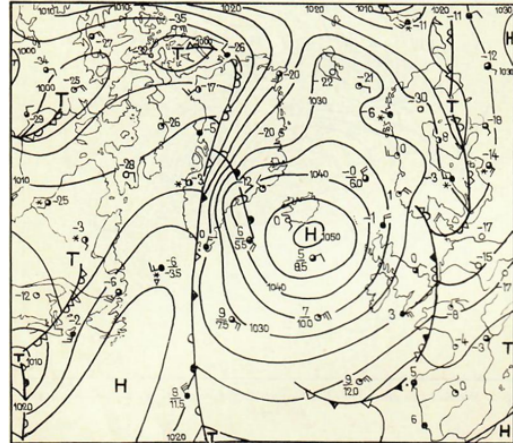
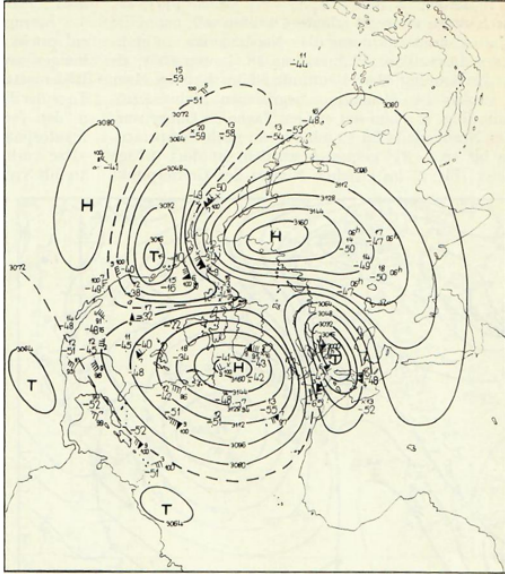
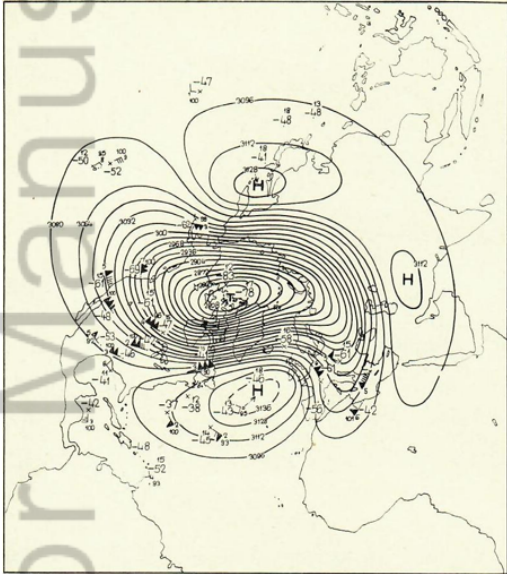


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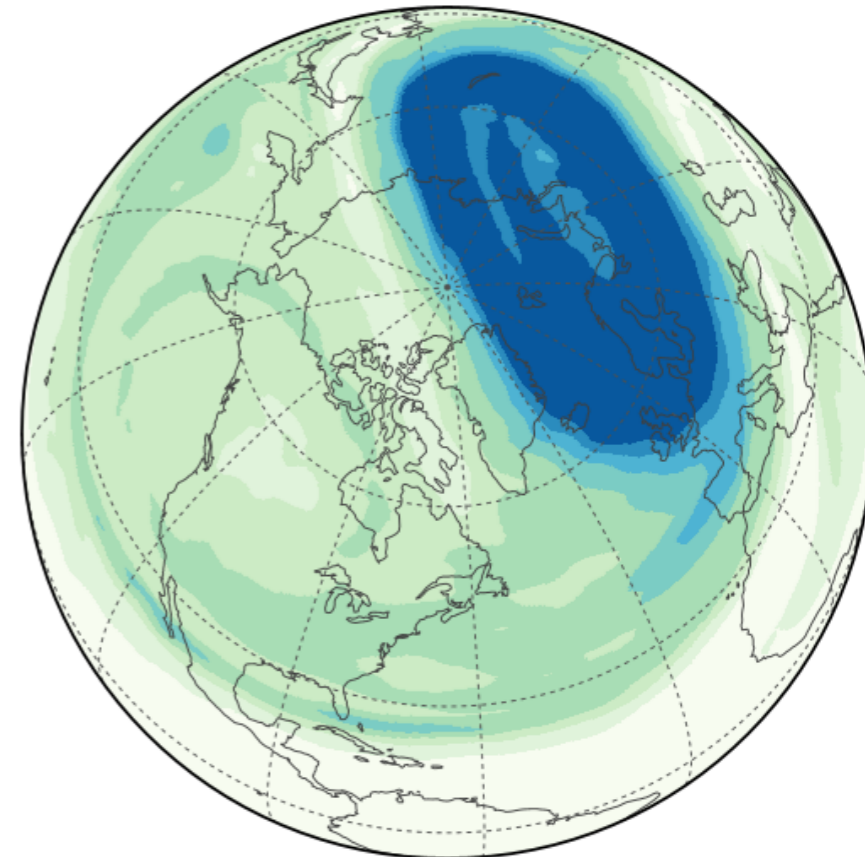
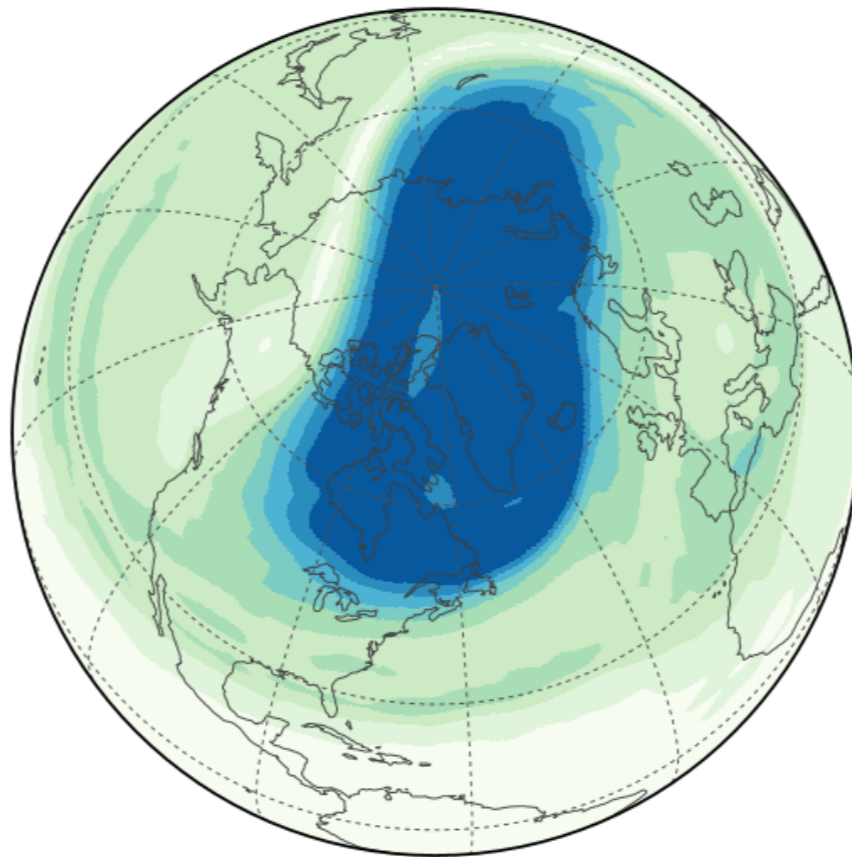
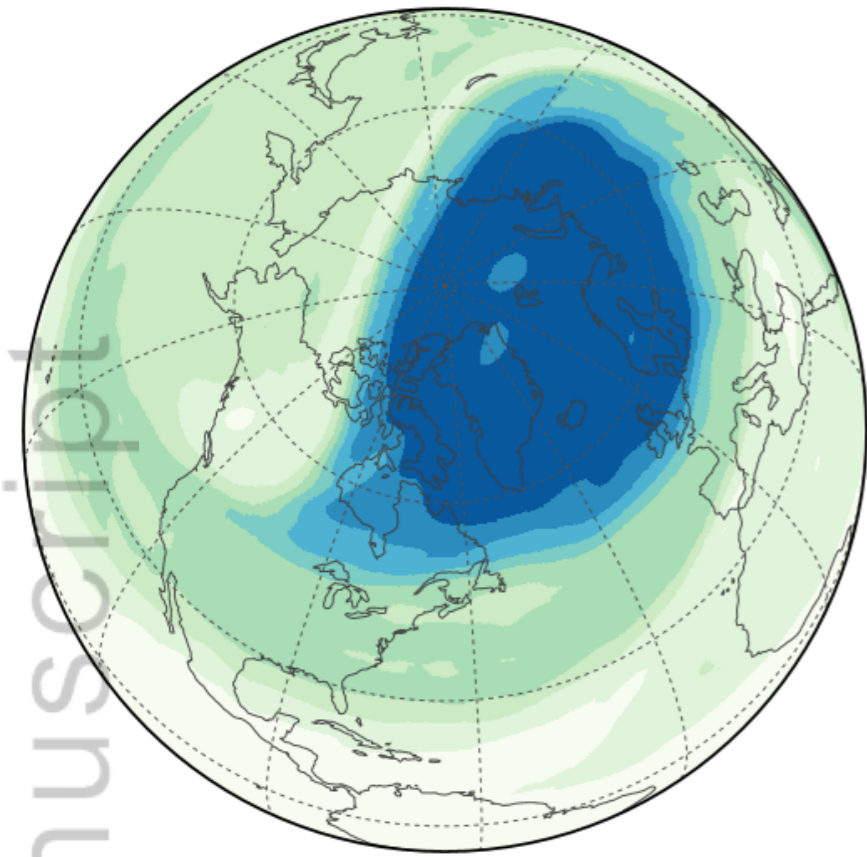


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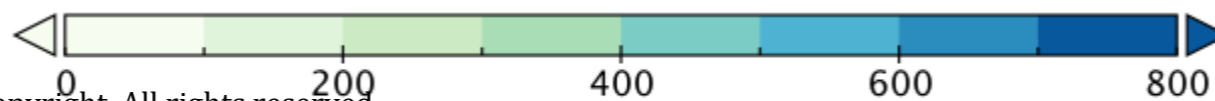
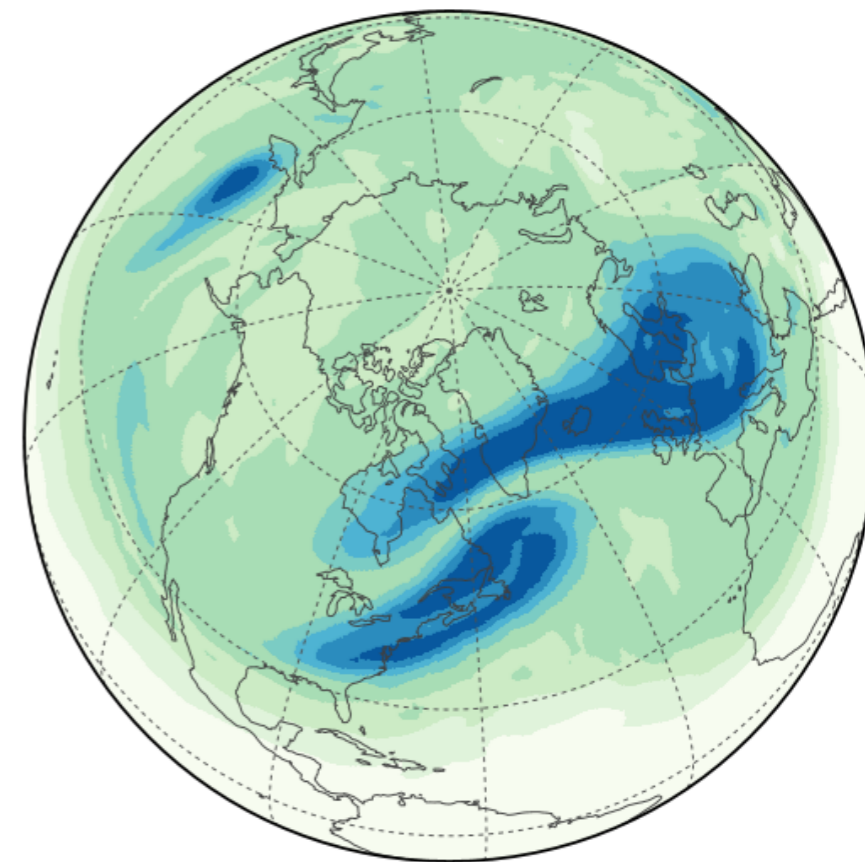
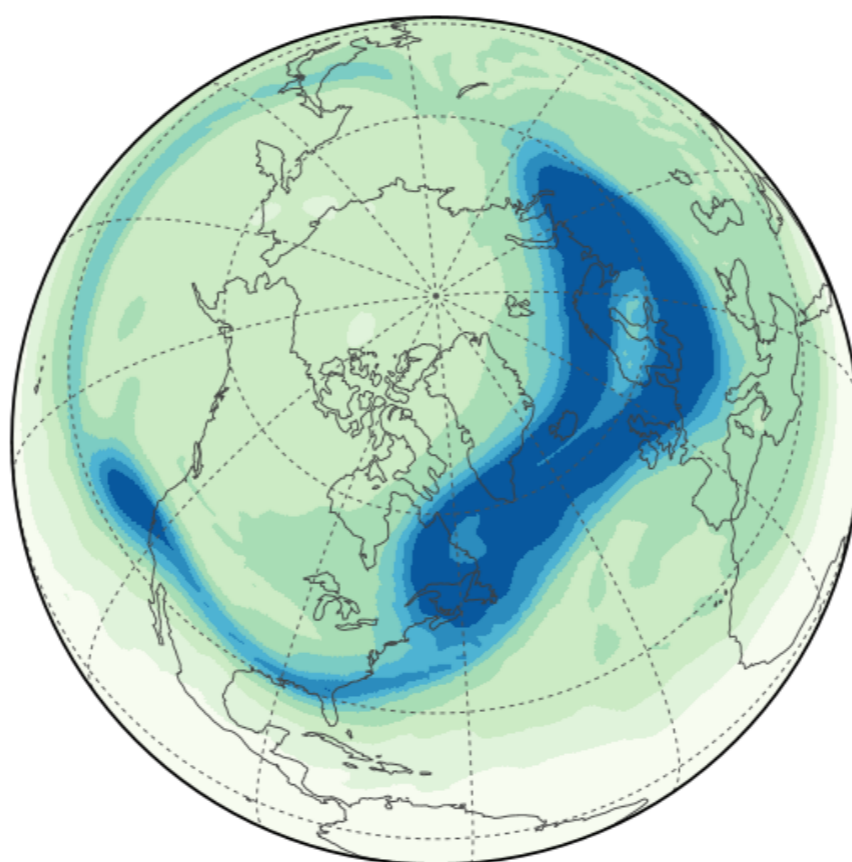
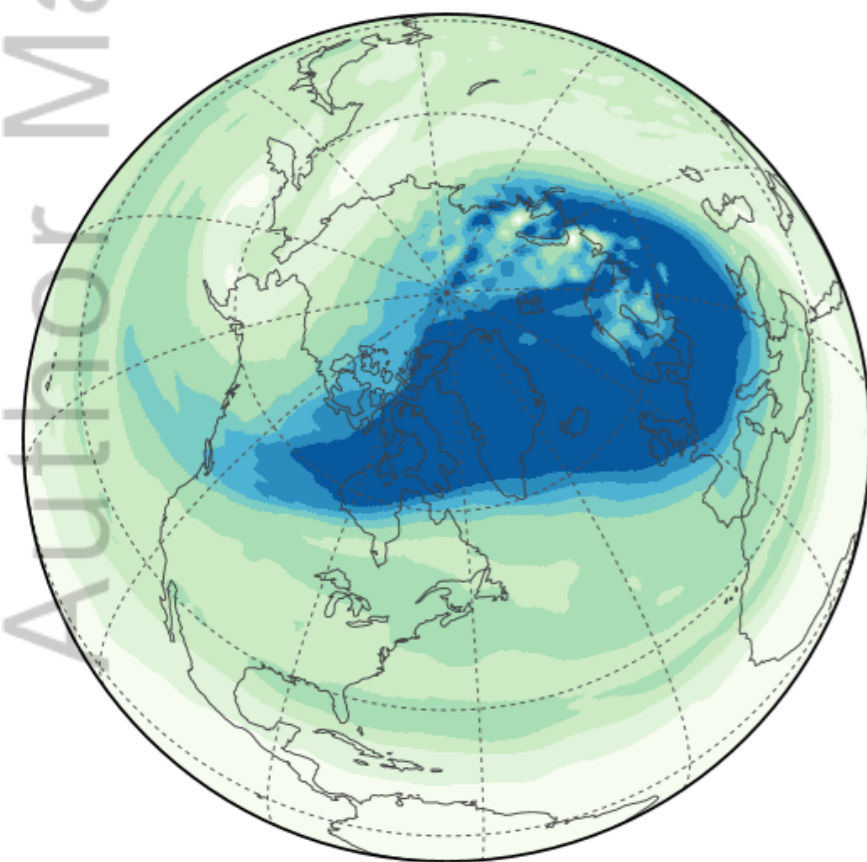
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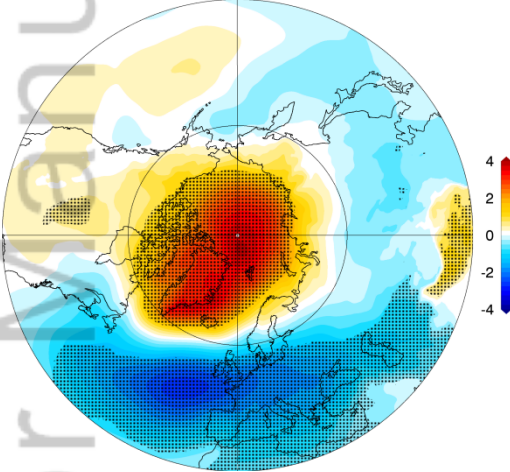
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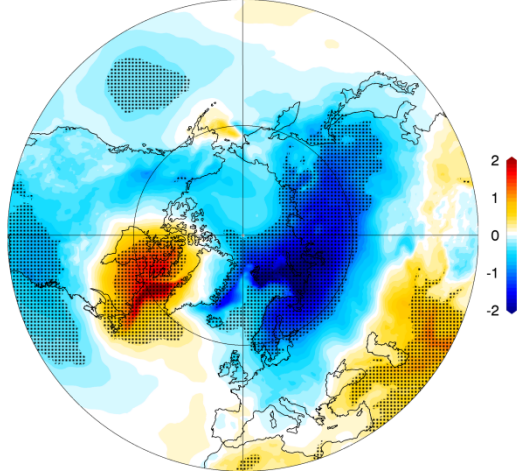
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Potential Vorticity (PVU)

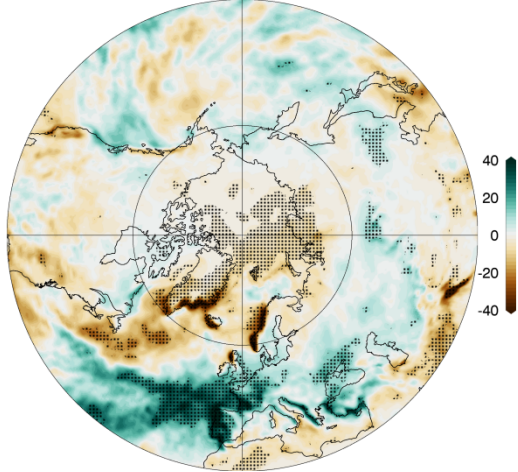
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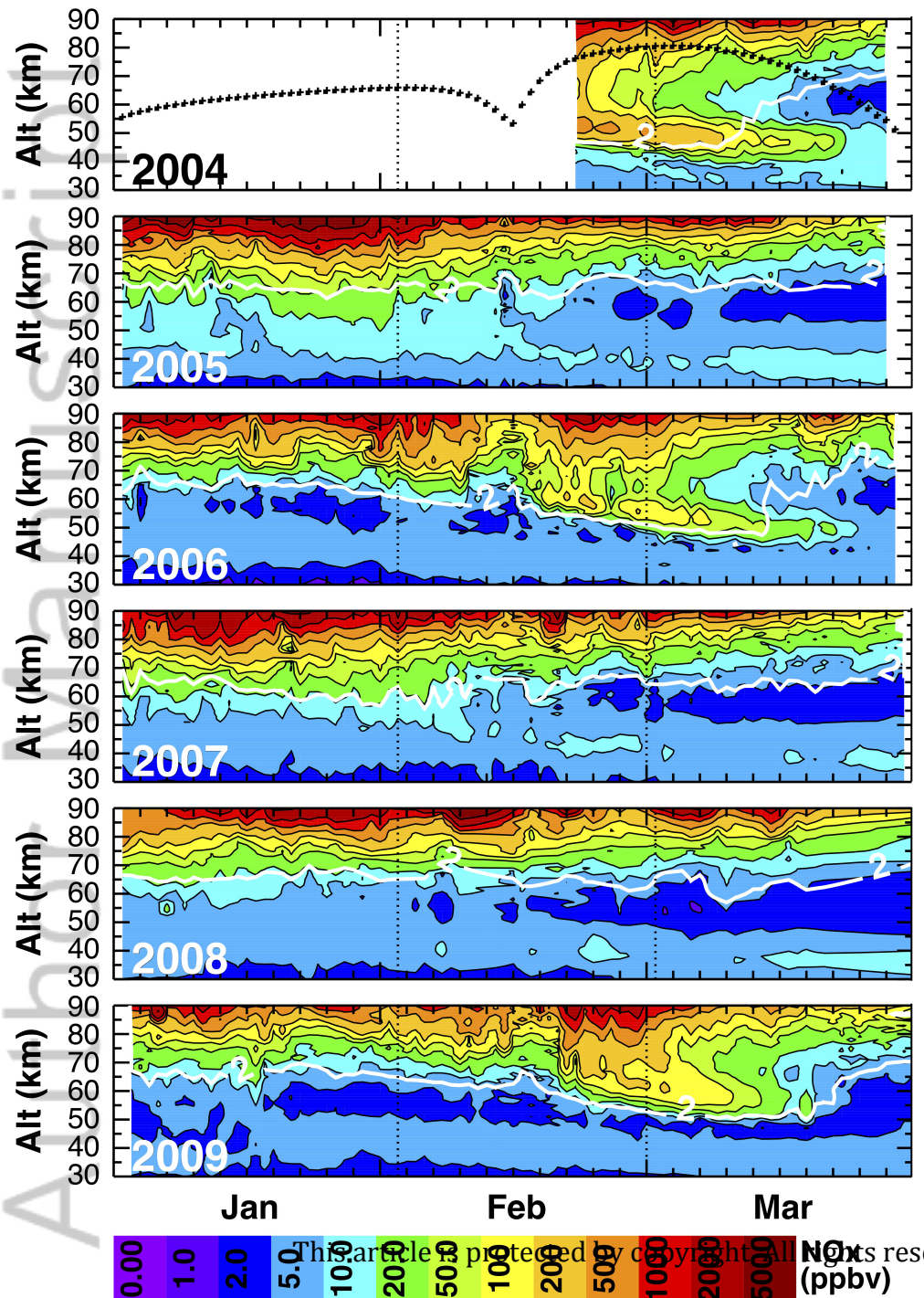
(b) Surface temperature anomaly

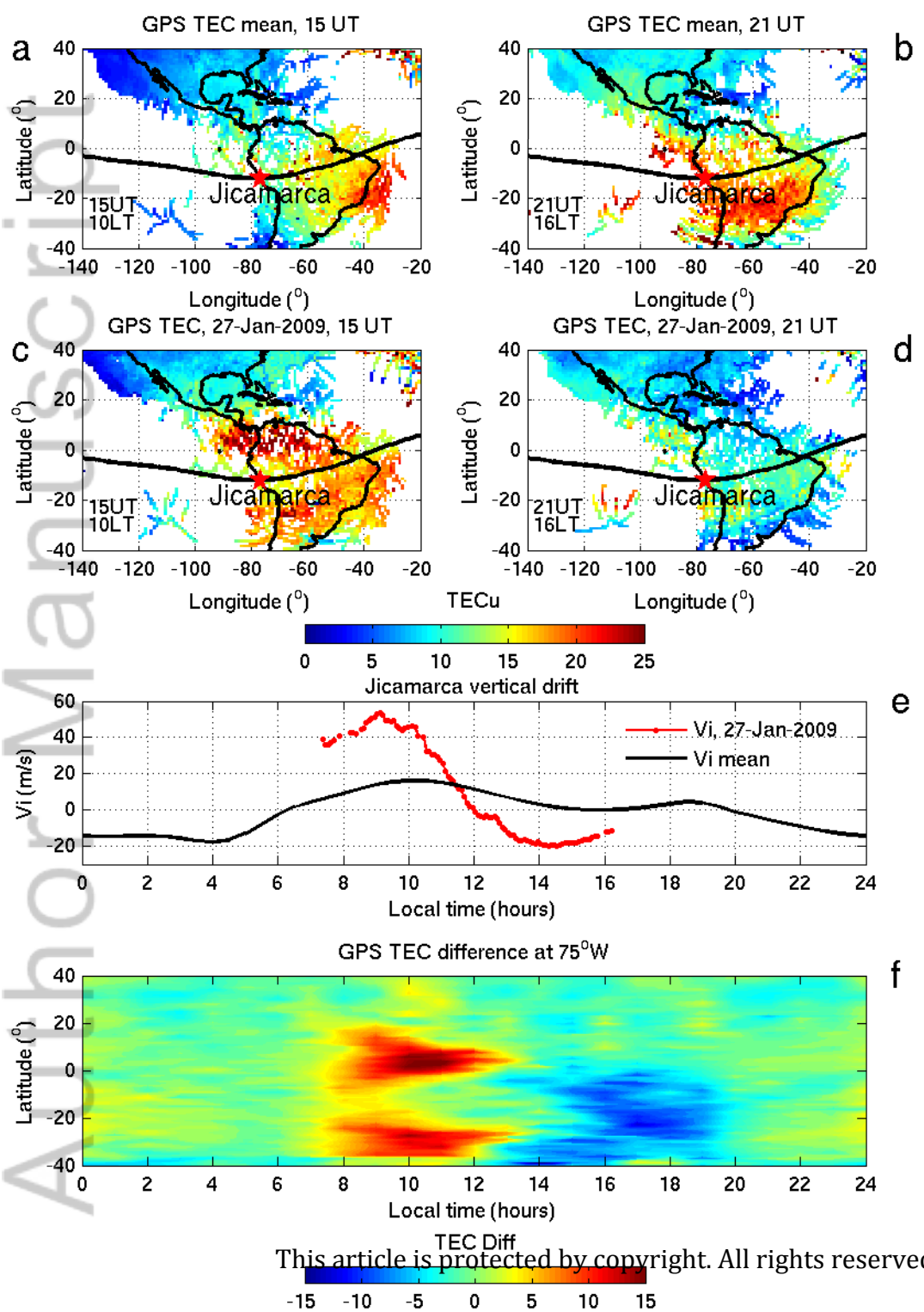


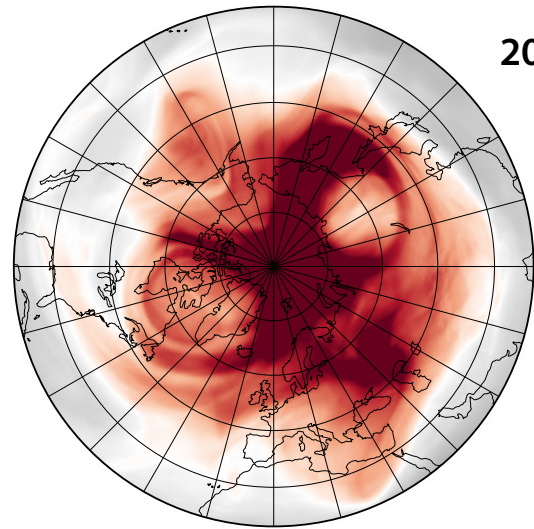
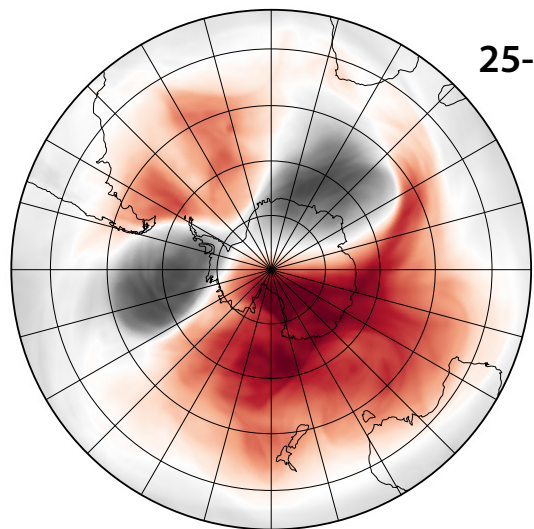
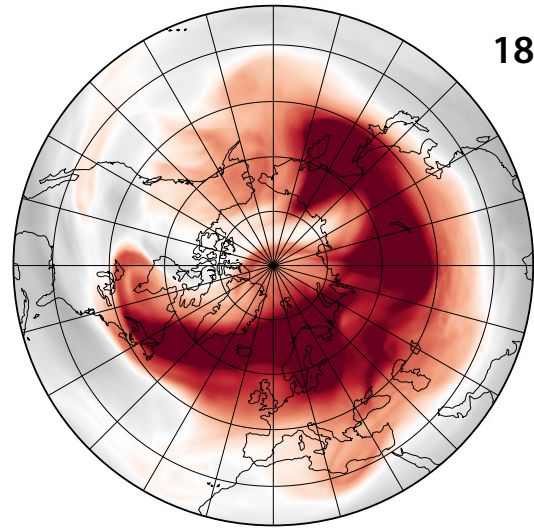
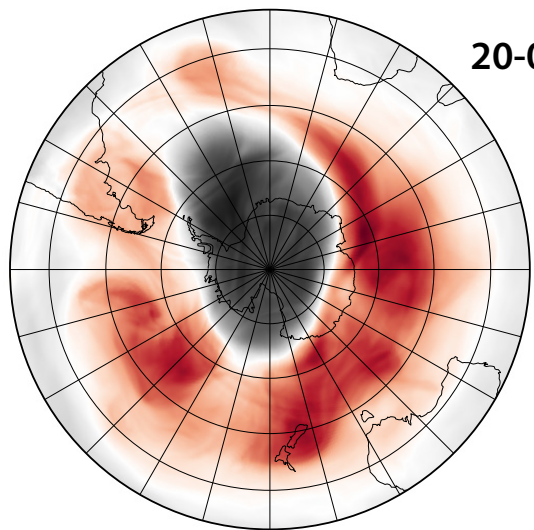
(c) Precipitation anomaly



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Total Column Ozone

