

Table 1. Clinical characteristics of the participants, stratified by gender and menopausal status, CoLaus study, Lausanne, 2009-2012.

	Men	Premenopausal women	Postmenopausal women
N (%)	2032 (48.1)	631 (14.9)	1561 (37.0)
Age (years)	56.8 ± 10.3	46.3 ± 3.6	62.3 ± 8.5
Temperature (°C)	36.1 ± 0.4	36.4 ± 0.4	36.3 ± 0.4
Body mass index (kg/m ²)	26.9 ± 3.9	24.7 ± 4.7	25.5 ± 4.8
BMI categories (%)			
Underweight	8 (0.4)	16 (2.5)	40 (2.6)
Normal	668 (32.9)	379 (60.1)	772 (49.5)
Overweight	995 (49.0)	166 (26.3)	498 (31.9)
Obese	361 (17.8)	70 (11.1)	251 (16.1)
Waist (cm)	96.9 ± 11.2	83.9 ± 11.6	88.1 ± 12.6
Abdominal obesity (%)	593 (29.2)	202 (32.0)	746 (47.8)
Hip (cm)	100.8 ± 8.6	96.2 ± 10.9	99.4 ± 11.0
Waist to hip ratio	0.96 ± 0.06	0.87 ± 0.06	0.88 ± 0.06
Body area (m ²)	2.00 ± 0.18	1.73 ± 0.17	1.73 ± 0.18
Resting heart rate (bpm)	66 ± 10	69 ± 9	68 ± 10
hs-CRP (mg/l) §	2.1 ± 2.7	2.2 ± 2.8	2.3 ± 2.6
Glucose (mmol/l)	6.1 ± 1.3	5.4 ± 0.8	5.7 ± 0.9
Insulin (µU/ml) §	9.7 ± 22.2	6.6 ± 6.4	7.8 ± 5.9
Diabetes (%)	306 (15.1)	10 (1.6)	118 (7.6)

BMI, body mass index; Bpm, beats per minute; hs-CRP, high sensitivity C-reactive protein. Results are expressed as mean ± standard deviation or as percentage.