

Annexes

Annexe 1 : Bibliographie

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Annexe 2 : Tableau de l'évolution de l'IDH (indice de développement humain) de 1990 à 2014 et classement 2014 des pays à très haut et haut développement humain selon l'IDH (source : <http://hdr.undp.org/fr/composite/trends>)

L'Indice de Développement Humain est calculé sur la base de 3 dimensions : espérance de vie et santé, savoir et qualité de vie.

Human Development Index (HDI)

| HDI rank | Country | Value | | | | | |
|------------------------------------|------------------------|-------|-------|-------|-------|-------|-------|
| | | 1990 | 2000 | 2010 | 2011 | 2012 | 2013 |
| VERY HIGH HUMAN DEVELOPMENT | | | | | | | |
| 1 | Norway | 0.849 | 0.917 | 0.940 | 0.941 | 0.942 | 0.942 |
| 2 | Australia | 0.865 | 0.898 | 0.927 | 0.930 | 0.932 | 0.933 |
| 3 | Switzerland | 0.831 | 0.888 | 0.924 | 0.925 | 0.927 | 0.928 |
| 4 | Denmark | 0.799 | 0.862 | 0.908 | 0.920 | 0.921 | 0.923 |
| 5 | Netherlands | 0.829 | 0.877 | 0.909 | 0.919 | 0.920 | 0.920 |
| 6 | Germany | 0.801 | 0.855 | 0.906 | 0.911 | 0.915 | 0.915 |
| 6 | Ireland | 0.770 | 0.861 | 0.908 | 0.909 | 0.910 | 0.912 |
| 8 | United States | 0.859 | 0.883 | 0.909 | 0.911 | 0.912 | 0.913 |
| 9 | Canada | 0.849 | 0.867 | 0.903 | 0.909 | 0.910 | 0.912 |
| 9 | New Zealand | 0.820 | 0.874 | 0.905 | 0.907 | 0.909 | 0.911 |
| 11 | Singapore | 0.718 | 0.819 | 0.897 | 0.903 | 0.905 | 0.909 |
| 12 | Hong Kong, China (SAR) | 0.781 | 0.825 | 0.898 | 0.902 | 0.906 | 0.908 |
| 13 | Liechtenstein | .. | .. | 0.902 | 0.903 | 0.906 | 0.907 |
| 14 | Sweden | 0.815 | 0.897 | 0.901 | 0.903 | 0.904 | 0.905 |
| 14 | United Kingdom | 0.773 | 0.865 | 0.906 | 0.901 | 0.901 | 0.902 |
| 16 | Iceland | 0.802 | 0.859 | 0.892 | 0.896 | 0.897 | 0.899 |
| 17 | Korea (Republic of) | 0.731 | 0.821 | 0.886 | 0.891 | 0.893 | 0.895 |
| 18 | Israel | 0.785 | 0.850 | 0.883 | 0.888 | 0.890 | 0.893 |
| 19 | Luxembourg | 0.779 | 0.851 | 0.886 | 0.888 | 0.888 | 0.890 |
| 20 | Japan | 0.814 | 0.857 | 0.884 | 0.886 | 0.888 | 0.890 |
| 21 | Belgium | 0.806 | 0.874 | 0.883 | 0.886 | 0.889 | 0.888 |
| 22 | France | 0.779 | 0.848 | 0.881 | 0.884 | 0.886 | 0.887 |
| 23 | Austria | 0.794 | 0.836 | 0.879 | 0.881 | 0.884 | 0.884 |
| 24 | Finland | 0.783 | 0.857 | 0.878 | 0.881 | 0.882 | 0.882 |
| 25 | Slovenia | 0.766 | 0.824 | 0.876 | 0.877 | 0.878 | 0.878 |
| 26 | Spain | 0.756 | 0.827 | 0.867 | 0.870 | 0.874 | 0.874 |
| 27 | Italy | 0.766 | 0.829 | 0.869 | 0.873 | 0.872 | 0.873 |
| 28 | Czech Republic | 0.761 | 0.821 | 0.863 | 0.866 | 0.867 | 0.868 |
| 29 | Greece | 0.759 | 0.799 | 0.866 | 0.864 | 0.865 | 0.863 |
| 30 | Estonia | 0.726 | 0.780 | 0.838 | 0.849 | 0.855 | 0.859 |
| 31 | Brunei Darussalam | 0.782 | 0.819 | 0.843 | 0.847 | 0.852 | 0.852 |
| 32 | Cyprus | 0.733 | 0.800 | 0.848 | 0.852 | 0.852 | 0.850 |
| 32 | Qatar | 0.754 | 0.809 | 0.844 | 0.841 | 0.848 | 0.849 |
| 34 | Andorra | .. | .. | 0.823 | 0.821 | 0.844 | 0.844 |
| 35 | Slovakia | 0.738 | 0.763 | 0.827 | 0.832 | 0.836 | 0.839 |
| 36 | Poland | 0.713 | 0.786 | 0.829 | 0.833 | 0.838 | 0.840 |
| 37 | Lithuania | 0.730 | 0.754 | 0.827 | 0.831 | 0.833 | 0.837 |
| 37 | Malta | 0.729 | 0.766 | 0.824 | 0.822 | 0.830 | 0.837 |
| 39 | Saudi Arabia | 0.690 | 0.744 | 0.805 | 0.816 | 0.826 | 0.836 |
| 40 | Argentina | 0.705 | 0.762 | 0.811 | 0.818 | 0.831 | 0.833 |
| 41 | United Arab Emirates | 0.726 | 0.797 | 0.828 | 0.829 | 0.831 | 0.833 |
| 42 | Chile | 0.699 | 0.752 | 0.814 | 0.821 | 0.827 | 0.830 |
| 43 | Portugal | 0.710 | 0.782 | 0.819 | 0.825 | 0.827 | 0.828 |
| 44 | Hungary | 0.703 | 0.769 | 0.821 | 0.823 | 0.823 | 0.825 |
| 45 | Bahrain | 0.746 | 0.794 | 0.819 | 0.817 | 0.819 | 0.821 |
| 46 | Latvia | 0.692 | 0.727 | 0.811 | 0.812 | 0.813 | 0.816 |
| 47 | Croatia | 0.670 | 0.749 | 0.807 | 0.814 | 0.817 | 0.817 |
| 48 | Kuwait | 0.715 | 0.804 | 0.809 | 0.812 | 0.815 | 0.816 |
| 49 | Montenegro | .. | .. | 0.792 | 0.798 | 0.798 | 0.801 |

| HIGH HUMAN DEVELOPMENT | | | | | | | | |
|------------------------|---|-------|-------|-------|-------|-------|-------|-------|
| 50 | Belarus | .. | 0.683 | 0.786 | 0.793 | 0.796 | 0.796 | 0.798 |
| 50 | Russian Federation | 0.729 | 0.717 | 0.783 | 0.790 | 0.795 | 0.797 | 0.798 |
| 52 | Oman | .. | .. | 0.795 | 0.793 | 0.793 | 0.792 | 0.793 |
| 52 | Romania | 0.703 | 0.706 | 0.784 | 0.786 | 0.788 | 0.791 | 0.793 |
| 52 | Uruguay | 0.692 | 0.742 | 0.780 | 0.784 | 0.788 | 0.790 | 0.793 |
| 55 | Bahamas | .. | 0.778 | 0.774 | 0.778 | 0.783 | 0.786 | 0.790 |
| 56 | Kazakhstan | 0.690 | 0.679 | 0.766 | 0.772 | 0.778 | 0.785 | 0.788 |
| 57 | Barbados | 0.716 | 0.753 | 0.780 | 0.786 | 0.793 | 0.785 | 0.785 |
| 58 | Antigua and Barbuda | .. | .. | 0.782 | 0.778 | 0.781 | 0.781 | 0.783 |
| 59 | Bulgaria | 0.695 | 0.713 | 0.773 | 0.775 | 0.778 | 0.779 | 0.782 |
| 60 | Palau | .. | 0.743 | 0.767 | 0.770 | 0.775 | 0.775 | 0.780 |
| 60 | Panama | 0.656 | 0.714 | 0.761 | 0.759 | 0.772 | 0.777 | 0.780 |
| 62 | Malaysia | 0.641 | 0.723 | 0.769 | 0.772 | 0.774 | 0.777 | 0.779 |
| 63 | Mauritius | 0.619 | 0.674 | 0.756 | 0.762 | 0.772 | 0.775 | 0.777 |
| 64 | Seychelles | .. | 0.715 | 0.743 | 0.752 | 0.761 | 0.767 | 0.772 |
| 64 | Trinidad and Tobago | 0.673 | 0.717 | 0.772 | 0.767 | 0.769 | 0.771 | 0.772 |
| 66 | Serbia | 0.714 | 0.710 | 0.757 | 0.761 | 0.762 | 0.771 | 0.771 |
| 67 | Cuba | 0.675 | 0.685 | 0.778 | 0.776 | 0.772 | 0.768 | 0.769 |
| 67 | Lebanon | .. | .. | 0.756 | 0.761 | 0.761 | 0.768 | 0.769 |
| 69 | Costa Rica | 0.652 | 0.704 | 0.750 | 0.756 | 0.761 | 0.764 | 0.766 |
| 69 | Iran (Islamic Republic of) | 0.567 | 0.665 | 0.743 | 0.751 | 0.764 | 0.764 | 0.766 |
| 71 | Venezuela (Bolivarian Republic of) | 0.635 | 0.673 | 0.757 | 0.761 | 0.764 | 0.764 | 0.762 |
| 72 | Turkey | 0.576 | 0.653 | 0.738 | 0.751 | 0.756 | 0.759 | 0.761 |
| 73 | Sri Lanka | 0.620 | 0.679 | 0.738 | 0.743 | 0.749 | 0.752 | 0.757 |
| 74 | Mexico | 0.648 | 0.699 | 0.746 | 0.748 | 0.754 | 0.755 | 0.756 |
| 75 | Brazil | 0.608 | 0.683 | 0.737 | 0.742 | 0.746 | 0.752 | 0.755 |
| 76 | Georgia | .. | 0.672 | 0.735 | 0.740 | 0.747 | 0.750 | 0.754 |
| 77 | Saint Kitts and Nevis | .. | .. | 0.739 | 0.741 | 0.743 | 0.747 | 0.752 |
| 78 | Azerbaijan | .. | 0.640 | 0.741 | 0.742 | 0.745 | 0.749 | 0.751 |
| 79 | Grenada | .. | .. | 0.737 | 0.739 | 0.740 | 0.742 | 0.750 |
| 80 | Jordan | 0.623 | 0.705 | 0.743 | 0.743 | 0.746 | 0.748 | 0.748 |
| 81 | The former Yugoslav Republic of Macedonia | .. | .. | 0.738 | 0.742 | 0.743 | 0.744 | 0.747 |
| 81 | Ukraine | 0.705 | 0.668 | 0.732 | 0.738 | 0.743 | 0.746 | 0.747 |
| 83 | Algeria | 0.574 | 0.640 | 0.725 | 0.730 | 0.732 | 0.734 | 0.736 |
| 84 | Peru | 0.613 | 0.677 | 0.718 | 0.722 | 0.728 | 0.732 | 0.734 |
| 85 | Albania | 0.624 | 0.656 | 0.722 | 0.728 | 0.729 | 0.732 | 0.733 |
| 85 | Armenia | 0.632 | 0.648 | 0.721 | 0.723 | 0.728 | 0.731 | 0.733 |
| 85 | Bosnia and Herzegovina | .. | .. | 0.710 | 0.724 | 0.726 | 0.729 | 0.733 |
| 88 | Ecuador | 0.645 | 0.674 | 0.717 | 0.723 | 0.727 | 0.730 | 0.732 |
| 89 | Saint Lucia | .. | 0.683 | 0.730 | 0.730 | 0.730 | 0.729 | 0.729 |
| 90 | China | 0.501 | 0.588 | 0.699 | 0.707 | 0.718 | 0.723 | 0.727 |
| 90 | Fiji | 0.631 | 0.678 | 0.717 | 0.720 | 0.722 | 0.724 | 0.727 |
| 90 | Mongolia | 0.578 | 0.589 | 0.695 | 0.706 | 0.714 | 0.722 | 0.727 |
| 93 | Thailand | 0.572 | 0.648 | 0.716 | 0.721 | 0.723 | 0.724 | 0.726 |
| 94 | Dominica | .. | 0.694 | 0.723 | 0.723 | 0.723 | 0.723 | 0.724 |
| 94 | Libya | 0.679 | 0.731 | 0.756 | 0.711 | 0.745 | 0.738 | 0.724 |
| 96 | Tunisia | 0.567 | 0.654 | 0.714 | 0.715 | 0.719 | 0.720 | 0.721 |
| 97 | Colombia | 0.596 | 0.654 | 0.706 | 0.713 | 0.715 | 0.718 | 0.720 |
| 97 | Saint Vincent and the Grenadines | .. | 0.674 | 0.711 | 0.713 | 0.715 | 0.717 | 0.720 |
| 99 | Jamaica | 0.671 | 0.700 | 0.727 | 0.727 | 0.723 | 0.717 | 0.719 |
| 100 | Tonga | 0.650 | 0.671 | 0.713 | 0.716 | 0.717 | 0.716 | 0.717 |
| 101 | Belize | 0.644 | 0.683 | 0.709 | 0.711 | 0.716 | 0.715 | 0.715 |
| 101 | Dominican Republic | 0.596 | 0.655 | 0.701 | 0.704 | 0.708 | 0.711 | 0.715 |
| 103 | Suriname | .. | .. | 0.707 | 0.709 | 0.711 | 0.713 | 0.714 |
| 104 | Maldives | .. | 0.603 | 0.683 | 0.690 | 0.695 | 0.703 | 0.706 |
| 105 | Samoa | 0.621 | 0.649 | 0.696 | 0.698 | 0.700 | 0.701 | 0.702 |

Annexe 3

| <i>Annexe 3 : détails des études associant les PM à des effets sur la santé respiratoire</i> | |
|--|--|
| (22) Mu, China, 2013 | <p>Concentration PM1 en hiver (estimée sur le graphique) :</p> <ul style="list-style-type: none"> -personnes souffrant d'un cancer : 60-80$\mu\text{g}/\text{m}^3$ -contrôles : 10-20$\mu\text{g}/\text{m}^3$ <p>Concentrations de PM10, PM2.5 et PM1 beaucoup plus élevées en hiver chez les personnes souffrant de cancer que chez les contrôles, mais relation statistiquement significative ($p<0.05$) uniquement pour les PM1</p> <p>Une augmentation de 10$\mu\text{g}/\text{m}^3$ de PM1 augmente le risque de cancer du poumon de 45% ($p<0.01$)</p> |
| (37) Frey, USA, 2014 | <p>Moyenne (médiane) PM10 chez les personnes</p> <ul style="list-style-type: none"> -souffrant d'emphysème oui/non : 154 (57)/56 (16) $\mu\text{g}/\text{m}^3$ (relation non-significative : $t=1.5$, $p<0.2$) -souffrant d'asthme oui/non : 98 (18)/61 (16) $\mu\text{g}/\text{m}^3$ (relation non-significative : $t=0.7$, $p<0.5$) |
| (39) Kaji, USA, 2014 | <p>Médiane PM2.5 (IQR) intérieure au domicile des individus atopiques/non-atopiques souffrant de BPCO : 12.3 (4.7, 26.8)/9 (2.6, 29.3) $\mu\text{g}/\text{m}^3$</p> <p>Analyses multivariées : relations significatives uniquement chez les individus atopiques</p> <p>Une augmentation de 10$\mu\text{g}/\text{m}^3$ de PM2.5 est associée à</p> <ul style="list-style-type: none"> -un score MMRC (dyspnée) augmenté ($\beta=0.23$, $p<0.001$, 95% CI (0.09-0.34)) -plus de respiration sifflante ($OR=2.49$, $p=0.02$, 95% CI (1.17-5.30)) -plus de symptômes nocturnes ($OR=1.95$, $p=0.02$, 95% CI (1.09-3.48)) -plus d'exacerbations sévères ($OR=2.12$, $p=0.03$, 95% CI (1.06-4.27)) -un score BCSS (dyspnée, toux, sputum) augmenté ($\beta=0.44$, $p=0.01$, 95% CI (0.69-4.41)) |
| (41) Da Silva, Brazil, 2012 | <p>PM2.5 pendant la cuisine ($\mu\text{g}/\text{m}^3$)</p> <ul style="list-style-type: none"> -biomasse intérieur : 230.3 +/-157.0 (n=16) -biomasse extérieur : 151.1 +/-114.8 (n=16) -gaz : 3.0 +/- 3.6 (n=16) <p>Les relations suivantes sont significatives chez les individus de plus de 20 ans</p> <p>Plus de :</p> <ul style="list-style-type: none"> -toux et sputum ($OR=2.93$ (95% CI 1.68-5.10)/$OR=1.78$ (95% CI 1.27-2.50)) -respiration sifflante ($OR=2.33$ (95% CI 1.25-4.38)/$OR=1.78$ (95% CI 1.18-2.69)) -dyspnée ($OR=2.59$ (95% CI 1.32-5.09)/$OR=1.80$ (95% CI 1.14-2.86)) <p>chez les personnes exposées au biomasse int/ext par rapport au gaz</p> <p>Chez les individus de moins de 20 ans, les relations ne sont significatives qu'en comparant l'exposition au biomasse intérieur et au gaz. Concernant l'exposition au biomasse extérieur, seule l'augmentation de la respiration sifflante est significative</p> <p>Les fonctions pulmonaires sont diminuées chez les individus non-fumeurs de plus de 20 ans exposés au biomasse par rapport à celles exposées au gaz ($p=0.002$)</p> |

| | |
|---------------------------------------|---|
| (50) Hansel, USA, 2013 | Moyenne (+/-SD) PM2.5 dans le séjour de personnes souffrant de BPCO : 12.2 +/-12.2 µg/m ³ Une augmentation de 10 µg/m ³ de PM2.5 dans le séjour de personnes souffrant de BPCO induit une augmentation de -respiration sifflante ($\beta=0.27$, p=0.001, 95% CI 0.11-0.43) -utilisation de médication d'urgence ($\beta=0.11$, p=0.01, 95% CI 0.02-0.20) -symptômes nocturnes ($\beta=1.44$, p=0.01, 95% CI 1.08-1.93) -exacerbations sévères de BPCO ($\beta=1.50$, p=0.03, 95% CI 1.04-2.18) |
| (51) Lappalainen, Finland, 2013 | Moyenne géométrique PM>0.5 significativement plus élevée dans les bureaux des individus se plaignant de symptômes reliés au travail (symptômes/infections respiratoires hauts) par rapport aux individus ne s'en plaignant pas (p=0.007) -individus se plaignant de symptômes/infections respiratoires : 2000 pt/l -individus ne se plaignant pas de symptômes/infections respiratoires : 1600 pt/l |
| (52) Weichenthal, Canada, 2013 | Moyenne PM10/PM2.5/PM1 au domicile significativement différente avec et sans l'utilisation d'un filtre à air (p<0.05) -sans filtre : 69.8/61/54.6 µg/m ³ -avec filtre : 38/30/25.9 µg/m ³ Une association significative entre l'utilisation d'un filtre à air et l'amélioration des fonctions pulmonaires des personnes exposées a été observée : -FEV1 ($\beta=217$, 95% CI 23-410) -PEFR ($\beta=607$, 95% CI 4.7-1210) |
| (53) Jie, China, 2014 | PM2.5 intérieures pendant la cuisine significativement plus élevées au domicile des personnes exposées à la fumée de charbon (p<0.0001) -groupe exposé à la fumée de charbon cuisine/séjour : 569.5/543.2 cpm (counts/min) -groupe non-exposé : 477/452.7 cpm (counts/min) Fonctions pulmonaires (FVC, FEV1, FEV1/FVC, PEFR) diminuées chez les individus exposés à la fumée de charbon par rapport aux individus non-exposés (p<0.0001) |
| (56) Balmes, USA, 2014 | PM2.5 au domicile d'individus souffrant d'asthme et de rhinite -tertiel moyen : 9.5-11.11µg/m ³ -tertiel supérieur : >11.11µg/m ³ Le tertiel supérieur des PM2.5 intérieures est associé à un FEV1 diminué chez les femmes (OR=2.23, 95% CI 1.08-4.61, p=0.03) Le tertiel moyen des PM2.5 intérieures est associé à plus de symptômes respiratoires chez les individus de moins de 55 ans (OR=2.07, 95% CI 1.01-4.24, p=0.05) |
| (61) Logue, USA, 2012 | Estimation de l'incidence de bronchite chronique due aux PM2.5 (estimée sur le graphique) : 250/100'000 personnes/an pour une moyenne de PM2.5 intérieure de 15.9µg/m ³ |
| (62) Vossoughi, GE, 2014 | Modèle d'exposition estimée -médianes (IQR) PM10/PM2.5 intérieures : 26.4 (2.26)/17.4 (2.06) µg/m ³ Une augmentation de 2.06 µg/m ³ (=1 IQR) de PM2.5 est associée à une augmentation de 16% des dérivés de NO, de 25% des LTB4 et de 15% de TNFa dans le sputum (pourcentages estimés sur le graphique) Une augmentation de 2.26 µg/m ³ (=1 IQR) de PM10 a été associée à une augmentation de 16% de LTB4 dans le sputum (pourcentage estimé sur le |

| | |
|-----------------------------|---|
| | graphique) <i>Étude effectuée uniquement avec des femmes</i> |
| (63) Hoppe, USA, 2012 | Moyennes géométriques iPM significativement plus élevée dans les domiciles en rénovation qu'après rénovation ($p=0.012$) -domiciles en rénovation : $78 \mu\text{g}/\text{m}^3$ -domiciles après rénovation : $34 \mu\text{g}/\text{m}^3$ Les habitants des domiciles ayant subit une inondation ont rapporté significativement plus de respiration sifflante après l'inondation qu'avant ($\text{OR}=3.77$, 95% CI 2.06-6.92, $p<0.001$) et plus d'allergies durant les rénovations qu'après ($\text{OR}=3.08$, 95% CI 1.05-9.02) |
| (65) Bentayeb, EU, 2015 | Des concentrations de PM0.1 élevées ($>11'000 \text{pt}/\text{cm}^3$ =médiane estimée sur le graphique) ont été associées à plus de respiration sifflante ($\text{OR}=2.82$, 95% CI 1.15-7.02, $p=0.023$) et à un rapport FEV1/FVC inférieur à 70% ($\text{OR}=8.16$, 95% CI 2.24-29.3, $p=0.001$) Des concentrations de PM10 élevées ($>25 \mu\text{g}/\text{m}^3$ =médiane estimée sur le graphique) ont été associées à plus de dyspnée ($\text{OR}=1.53$, 95% CI 1.15-2.07, $p=0.003$) et plus de toux ($\text{OR}=1.73$, 95% CI 1.20-2.50, $p=0.002$) |
| (69) Bakke, Norway, 2012 | Moyenne PM10 : $15 \mu\text{g}/\text{m}^3$ Une association a été montrée entre la concentration de PM10 et des symptômes de rhinite, gorge sèche/enrouée et toux parmi les personnes souffrant d'eczéma. Malheureusement, la seule concentration de PM citée dans l'article est la moyenne. |
| (70) Rylance, EN, 2015 | <i>Étude effectuée in vitro</i> <i>Ni la taille, ni la concentration des PM n'est mentionnée</i> |
| (71) Taner, Turkey, 2013 | <i>Risque cancérogène calculé par rapport à la composition des PM2.5 produites par la combustion de charbon dans la cuisine des restaurants</i> <i>Les concentrations en PM2.5 ne sont pas mentionnées</i> |